

Rank Gen-Sex-Cat	Category	Gender	BIB	Country	Name	YOB	Club	FINISH 3K
1, 1, 1	MEN 3K	Male	323		ΓΙΩΡΓΟΣ ΒΛΑΧΑΚΗΣ	1972	KOURKOURIKIS TRAINING GROUP	0:26:35
2, 2, 2	MEN 3K	Male	328		ΓΙΩΡΓΟΣ ΚΗΡΙΔΗΣ	1977	FORMA VERA	0:29:10
3, 1, 1	WOMEN 3K	Female	342		ΝΕΦΕΛΗ ΧΡΥΣΟΥΛΑ	1997		0:30:39
4, 3, 3	MEN 3K	Male	321		VASILIS TSENTEMIDIS	1989	ΣΔΥΑ	0:30:41
5, 2, 2	WOMEN 3K	Female	341		ΣΤΕΛΛΑ ΦΩΤΙΑΔΟΥ	1985		0:30:48
6, 4, 4	MEN 3K	Male	330		ΓΙΑΝΝΗΣ ΛΑΖΑΡΙΔΗΣ	2006	KOURKOURIKIS TRAINING GROUP	0:30:57
7, 5, 5	MEN 3K	Male	329		ΧΡΗΣΤΟΣ ΚΟΛΕΤΣΟΣ	2006		0:31:17
8, 6, 6	MEN 3K	Male	320		LAZAROS KOURTIDIS	1988	HEARTCORE	0:31:37
9, 3, 3	WOMEN 3K	Female	364		ΕΥΓΕΝΙΑ ΚΟΝΤΟΥ	1973	KOURKOURIKIS TRAINING GROUP	0:31:55
10, 7, 7	MEN 3K	Male	344		ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΗΤΣΑΣ	1967		0:32:42
11, 8, 8	MEN 3K	Male	347		ΔΗΜΗΤΡΗΣ ΜΠΑΛΤΙΚΑΣ	1983		0:33:33
12, 9, 9	MEN 3K	Male	346		ΛΑΖΑΡΟΣ ΓΚΛΕΖΑΚΟΣ	1985		0:33:36
13, 10, 10	MEN 3K	Male	322		ΑΝΤΩΝΙΟΣ ΒΛΑΧΑΒΑΣ	1988	HEARTCORE	0:35:00
14, 4, 4	WOMEN 3K	Female	353		ΚΡΥΣΤΑΛΛΙΑ ΑΘΑΝΑΣΟΠΟΥΛΟΥ	1970	KOURKOURIKIS TRAINING GROUP	0:35:55
15, 5, 5	WOMEN 3K	Female	370		ΜΙΚΑΕΛΑ ΧΑΤΖΗΑΝΤΩΝΙΟΥ	2003	KOURKOURIKIS TRAINING GROUP	0:36:52
16, 6, 6	WOMEN 3K	Female	357		ΝΕΝΑ ΙΑΤΡΑΚΗ	1983		0:37:36
17, 7, 7	WOMEN 3K	Female	365		ΣΤΕΛΛΑ ΚΟΥΡΚΟΥΡΙΚΗ	1981	KOURKOURIKIS TRAINING GROUP	0:37:41
18, 8, 8	WOMEN 3K	Female	351		ΤΑΤΙΑΝΑ ΚΟΝΑΤΣΕΒΙΤΣ	1969	KOURKOURIKIS TRAINING GROUP	0:37:43
19, 9, 9	WOMEN 3K	Female	361		ΚΑΤΕΡΙΝΑ ΚΑΜΠΑΚΗ	2010	ΛΑΜΨΗ	0:37:44
20, 10, 10	WOMEN 3K	Female	362		ΒΙΚΤΩΡΙΑ ΚΑΡΑΝΑΣΙΟΥ	1977		0:38:08
21, 11, 11	WOMEN 3K	Female	355		ΙΩΑΝΝΑ ΖΙΩΓΑ	1976	KOURKOURIKIS TRAINING GROUP	0:40:01
22, 11, 11	MEN 3K	Male	327		ΙΩΑΝΝΗΣ ΚΑΡΑΓΚΙΟΖΑΚΗΣ	1983		0:41:40
23, 12, 12	WOMEN 3K	Female	367		ΔΗΜΗΤΡΑ ΜΠΟΥΓΑΤΣΑ	1985	KOURKOURIKIS TRAINING GROUP	0:42:41
24, 13, 13	WOMEN 3K	Female	359		ΕΛΕΝΗ ΚΑΜΠΑΚΗ	2010	ΛΑΜΨΗ	0:43:45
25, 14, 14	WOMEN 3K	Female	360		ΘΕΟΔΩΡΑ ΚΑΜΠΑΚΗ	1976	ΛΑΜΨΗ	0:43:45
26, 15, 15	WOMEN 3K	Female	354		ΝΑΤΑΛΗ ΔΗΜΟΣΘΕΝΟΥΣ	1999	Γ.Σ.Κ	0:44:34
27, 12, 12	MEN 3K	Male	336		ΠΑΣΧΑΛΗΣ ΣΤΑΜΑΤΙΑΔΗΣ	1972		0:46:45
28, 16, 16	WOMEN 3K	Female	363		ΒΕΡΑ ΚΑΡΕΛΛΑ	1978	KOURKOURIKIS TRAINING GROUP	0:46:48
29, 13, 13	MEN 3K	Male	331		ΓΙΩΡΓΟΣ ΜΠΑΚΑΛΙΑΝΗΣ	2009	KOURKOURIKIS TRAINING GROUP	0:47:04
30, 17, 17	WOMEN 3K	Female	369		ΙΦΙΓΕΝΕΙΑ ΤΡΑΠΕΖΑΝΟΓΛΟΥ	1975	KOURKOURIKIS TRAINING GROUP	0:47:20
31, 14, 14	MEN 3K	Male	348		ΒΑΣΙΛΗΣ ΟΥΣΑΝΤΖΟΠΟΥΛΟΣ	1974		0:47:36
32, 18, 18	WOMEN 3K	Female	352		OLGA MALLIARIDOU	1988	HEARTCORE	0:48:31
33, 15, 15	MEN 3K	Male	332		ΒΑΣΙΛΗΣ ΠΑΠΑΪΩΑΝΝΟΥ	1985		0:48:49
34, 19, 19	WOMEN 3K	Female	358		ΚΩΝΣΤΑΝΤΙΝΑ ΛΑΠΟΥ	1987	SDYTH	0:49:40
35, 20, 20	WOMEN 3K	Female	343		ΜΑΡΙΑ ΚΑΤΣΑΡΩΝΑ	1970		0:52:27
36, 16, 16	MEN 3K	Male	345		ΑΔΑΜ ΠΕΤΚΟΣ	1967		0:53:08
37, 21, 21	WOMEN 3K	Female	338		ΣΟΦΙΑ ΣΦΑΝΔΑ	1976	ΕΛΛΑΔΑ	0:55:16
38, 22, 22	WOMEN 3K	Female	339		ΟΛΥΜΠΙΑ ΓΑΚΗ	1966		0:55:35
39, 23, 23	WOMEN 3K	Female	366		ΜΑΡΙΑ ΜΑΛΛΙΟΥ	1978	KOURKOURIKIS TRAINING GROUP	1:05:17
40, 24, 24	WOMEN 3K	Female	356		ΓΕΩΡΓΙΑ ΓΚΑΒΑΝΟΥΔΗ	1973	---	1:12:48