

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
1	1	1	1	10101	BORODULIN ILIA Άνδρας - 1982 (M35) - RUS VLADIMIR	00:00:10 00:00:00	00:01:15 00:01:06	00:05:47 00:05:37	00:14:09 00:14:00	00:28:03 00:27:54	00:39:11 00:39:01
2	2	1	2	10234	ΜΠΑΝΕΛΛΑΣ ΙΩΑΝΝΗΣ Άνδρας - 1970 (M45) - GRC Cosmote Running Team	00:00:01 00:00:00	00:01:09 00:01:08	00:06:09 00:06:08	00:15:10 00:15:09	00:30:13 00:30:12	00:42:02 00:42:01
3	3	1	3	11466	ΤΣΙΑΚΑΛΟΣ ΝΙΚΟΣ Άνδρας - 1977 (M40) - GRC	00:00:01 00:00:00	00:01:09 00:01:09	00:06:26 00:06:26	00:16:15 00:16:15	00:32:12 00:32:12	00:44:01 00:44:01
4	4	1	1	22705	ΠΟΥΛΙΔΟΥ ΦΙΛΙΠΠΑ Γυναίκα - 1969 (F50) - GRC	00:00:01 00:00:00	00:01:18 00:01:18	00:06:41 00:06:41	00:16:17 00:16:16	00:32:24 00:32:24	00:45:14 00:45:14
5	5	1	4	11267	ΜΑΡΓΑΡΩΝΗΣ ΣΤΡΑΤΟΣ Άνδρας - 1986 (M30) - GRC 4M TRIATHLON TEAM / MARATHON CLUB	00:00:45 00:00:00	00:02:05 00:01:21	00:07:36 00:06:52	00:17:17 00:16:33	00:33:10 00:32:25	00:45:17 00:44:33
6	6	2	5	11473	ΒΑΞΕΒΑΝΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1974 (M45) - GRC	00:00:06 00:00:00	00:01:28 00:01:22	00:07:02 00:06:56	00:16:40 00:16:34	00:32:36 00:32:30	00:45:22 00:45:16
7	7	1	6	10242	ΜΩΛΕΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1969 (M50) - GRC	00:00:01 00:00:00	00:01:09 00:01:09	00:06:13 00:06:13	00:15:54 00:15:54	00:32:29 00:32:29	00:45:29 00:45:29
8	8	3	7	10201	ΚΟΥΤΑΛΙΑΝΟΣ ΘΑΝΟΣ Άνδρας - 1970 (M45) - GRC	00:00:05 00:00:00	00:01:24 00:01:20	00:07:00 00:06:55	00:16:44 00:16:40	00:33:11 00:33:07	00:45:57 00:45:53
9	9	2	8	11454	WARCHOLIK ADAM Άνδρας - 1977 (M40) - POL Adam Team	00:00:06 00:00:00	00:01:22 00:01:16	00:06:37 00:06:31	00:16:19 00:16:13	00:33:00 00:32:54	00:46:05 00:45:59
10	10	4	9	10318	ΤΣΙΓΚΑΝΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1971 (M45) - GRC Summit Runners Ermionida	00:00:05 00:00:00	00:01:20 00:01:15	00:06:53 00:06:48	00:16:59 00:16:54	00:33:35 00:33:30	00:46:09 00:46:05
11	11	1	2	10284	ΠΟΥΛΑΚΗ ΕΙΡΗΝΗ Γυναίκα - 1975 (F40) - GRC Novasports Running Team	00:00:01 00:00:00	00:01:18 00:01:17	00:06:52 00:06:52	00:17:03 00:17:02	00:33:30 00:33:29	00:46:12 00:46:11
12	12	1	10	11465	ΠΑΠΑΔΟΠΟΥΛΟΣ ΙΑΣΩΝ Άνδρας - 1997 (M20) - GRC	00:00:27 00:00:00	00:01:48 00:01:22	00:07:25 00:06:59	00:17:44 00:17:18	00:34:06 00:33:40	00:46:22 00:45:56
13	13	2	11	11432	ΠΑΠΑΔΑΚΗΣ ΓΡΗΓΟΡΗΣ Άνδρας - 1985 (M30) - GRC ΠΑΝΑΘΗΝΑΪΚΟΣ CYCLING	00:00:23 00:00:00	00:01:44 00:01:21	00:07:23 00:07:00	00:17:36 00:17:13	00:34:09 00:33:47	00:46:51 00:46:29
14	14	1	12	10282	ΠΟΛΥΔΩΡΟΣ ΜΑΝΟΣ Άνδρας - 1990 (M25) - GRC	00:00:18 00:00:00	00:01:40 00:01:23	00:07:22 00:07:04	00:17:05 00:16:47	00:33:41 00:33:23	00:47:04 00:46:47
15	15	5	13	10105	JAN LEJA Άνδρας - 1971 (M45) - POL	00:00:06 00:00:00	00:01:22 00:01:16	00:06:37 00:06:31	00:16:27 00:16:22	00:33:40 00:33:34	00:47:26 00:47:20
16	16	2	14	11170	ΓΙΑΝΝΟΠΟΥΛΟΣ ΠΟΛΥΧΡΟΝΗΣ Άνδρας - 1980 (M35) - GRC NEA SMYRNI RUNNING TEAM	00:00:17 00:00:00	00:01:41 00:01:25	00:06:59 00:06:42	00:16:54 00:16:38	00:34:17 00:34:01	00:47:56 00:47:40
17	17	3	15	10299	ΣΙΤΑΡΕΝΙΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1975 (M40) - GRC CHIOSRUNNING	00:00:30 00:00:00	00:01:59 00:01:30	00:07:47 00:07:18	00:18:12 00:17:43	00:35:24 00:34:55	00:48:34 00:48:05
18	18	3	16	11313	ΠΑΛΑΙΟΚΩΣΤΑΣ ΛΕΩΝΙΔΑΣ Άνδρας - 1987 (M30) - GRC Starttech Runners	00:00:25 00:00:00	00:01:49 00:01:24	00:07:36 00:07:11	00:18:01 00:17:36	00:35:17 00:34:52	00:48:42 00:48:18
19	19	2	17	11225	ΚΑΤΣΙΚΑΔΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1968 (M50) - GRC LAMDA FLISVOS MARINA A.E.	00:00:04 00:00:00	00:01:22 00:01:19	00:07:11 00:07:08	00:17:43 00:17:40	00:35:17 00:35:14	00:48:55 00:48:52
20	20	2	18	11122	RILEY WILLIAM Άνδρας - 1990 (M25) - GBR	00:00:36 00:00:00	00:02:16 00:01:40	00:08:04 00:07:28	00:18:49 00:18:13	00:35:55 00:35:19	00:49:05 00:48:29
21	21	6	19	11455	ΜΟΛΦΕΤΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1974 (M45) - GRC	00:00:11 00:00:00	00:01:35 00:01:24	00:07:20 00:07:09	00:17:48 00:17:38	00:35:36 00:35:25	00:49:34 00:49:23
22	22	7	20	10326	ΦΙΛΙΠΠΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1971 (M45) - GRC	00:00:03 00:00:00	00:01:24 00:01:21	00:07:12 00:07:09	00:17:45 00:17:42	00:35:31 00:35:28	00:49:37 00:49:35
23	23	1	3	11114	ΚΑΝΤΑ VASILIKI Γυναίκα - 1985 (F30) - GRC	00:00:38 00:00:00	00:02:28 00:01:50	00:08:27 00:07:49	00:19:03 00:18:25	00:36:26 00:35:48	00:49:55 00:49:17
24	24	3	21	11410	ΦΩΤΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1992 (M25) - GRC MELEKOS HEALTH CLUB	00:00:01 00:00:00	00:01:26 00:01:26	00:07:42 00:07:42	00:18:33 00:18:33	00:36:19 00:36:19	00:49:59 00:49:59
25	25	3	22	11231	ΚΟΛΙΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1984 (M35) - GRC AMSTEL FREE RUNNING TEAM	00:01:22 00:00:00	00:03:52 00:02:30	00:09:41 00:08:20	00:20:11 00:18:49	00:37:10 00:35:49	00:50:04 00:48:42
26	26	1	23	10319	ΤΣΙΓΚΡΗΣ ΠΑΡΑΣΚΕΥΑΣ Άνδρας - 1963 (M55) - GRC	00:00:06 00:00:00	00:01:41 00:01:36	00:07:51 00:07:45	00:18:39 00:18:34	00:36:24 00:36:19	00:50:13 00:50:07
27	27	4	24	11443	ΕΥΑΓΓΕΛΟΣ ΓΚΟΥΝΤΟΥΝΑΣ Άνδρας - 1978 (M40) - GRC LEGACY FIGHT CLUB	00:01:21 00:00:00	00:03:14 00:01:54	00:09:58 00:08:37	00:20:46 00:19:25	00:37:39 00:36:18	00:50:16 00:48:55
28	28	8	25	11458	ΣΙΟΥΛΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1974 (M45) - GRC ΤΕΛΜΗΣΣΟΣ	00:00:21 00:00:00	00:01:52 00:01:31	00:07:40 00:07:20	00:18:34 00:18:14	00:36:36 00:36:16	00:50:16 00:49:55
29	29	9	26	10198	ΚΟΣΥΒΑΣ ΛΑΖΑΡΟΣ Άνδρας - 1972 (M45) - GRC ΠΑΝΘΗΡΕΣ ΓΛΥΦΑΔΑΣ	00:00:27 00:00:00	00:01:54 00:01:28	00:07:52 00:07:26	00:18:45 00:18:19	00:36:56 00:36:30	00:50:28 00:50:02
30	30	4	27	10341	ΑΝΤΩΝΑΚΟΓΛΟΥ ΠΑΥΛΟΣ Άνδρας - 1981 (M35) - GRC ΠΟ.Α.ΚΕ. Δήμου Π. Φαλήρου	00:00:08 00:00:00	00:01:50 00:01:43	00:08:25 00:08:17	00:19:44 00:19:36	00:37:24 00:37:16	00:50:31 00:50:23
31	31	1	4	10302	ΣΟΡΟΛΗ ΣΠΥΡΙΔΟΥΛΑ Γυναίκα - 1963 (F55) - GRC ΣΑΦΑΝΣ	00:00:01 00:00:00	00:01:17 00:01:17	00:07:16 00:07:16	00:18:01 00:18:01	00:36:33 00:36:33	00:50:31 00:50:31
32	32	3	28	10106	KRUUSALU HEIKI Άνδρας - 1966 (M50) - EST	00:00:47 00:00:00	00:02:19 00:01:32	00:08:24 00:07:37	00:19:03 00:18:16	00:36:53 00:36:06	00:50:36 00:49:49
33	33	10	29	10110	MACCABRUNI DAVIDE Άνδρας - 1974 (M45) - CHE SSM	00:00:19 00:00:00	00:01:57 00:01:39	00:08:13 00:07:54	00:19:15 00:18:57	00:37:08 00:36:49	00:50:52 00:50:34
34	34	1	30	11385	ΤΖΟΥΒΑΡΑΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 2019 (M) - GRC ΕΛΑΣ	00:01:04 00:00:00	00:04:08 00:03:05	00:10:14 00:09:10	00:20:45 00:19:41	00:38:00 00:36:56	00:50:59 00:49:55

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
69	69	17	60	10192	ΚΙΟΛΕΟΓΛΟΥ ΙΩΑΝΝΗΣ Άνδρας - 1970 (M45) - GRC ΣΔΥΑ	00:00:23 00:00:00	00:02:11 00:01:49	00:08:58 00:08:36	00:20:35 00:20:13	00:39:48 00:39:26	00:54:29 00:54:07
70	70	6	61	10251	ΞΑΓΟΡΑΡΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1989 (M30) - GRC	00:00:44 00:00:00	00:02:27 00:01:43	00:09:04 00:08:20	00:20:40 00:19:56	00:39:50 00:39:06	00:54:41 00:53:57
71	71	18	62	11433	ΚΟΥΜΠΕΤΣΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1970 (M45) - GRC Top Gym	00:00:48 00:00:00	00:02:32 00:01:45	00:09:21 00:08:34	00:21:05 00:20:17	00:40:16 00:39:28	00:54:49 00:54:01
72	72	13	63	10266	ΠΑΠΑΛΥΜΠΕΡΗΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1977 (M40) - GRC MAGEIA A.C.	00:00:49 00:00:00	00:02:29 00:01:40	00:09:00 00:08:12	00:20:38 00:19:49	00:40:10 00:39:21	00:54:56 00:54:07
73	73	1	10	10111	ΜΑΪΕΛΑ ANDREZA Γυναίκα - 1995 (F20) - BRA	00:00:23 00:00:00	00:02:05 00:01:42	00:08:29 00:08:06	00:20:08 00:19:45	00:39:38 00:39:15	00:54:58 00:54:35
74	74	7	64	10121	ΑΑΝΔΡΙΑΝΟΣ ΠΕΡΙΚΛΗΣ Άνδρας - 1987 (M30) - GRC	00:00:46 00:00:00	00:02:21 00:01:36	00:08:44 00:07:59	00:20:12 00:19:27	00:39:45 00:39:00	00:55:02 00:54:17
75	75	9	65	11275	ΜΕΛΕΚΟΣ ΣΤΕΛΙΟΣ Άνδρας - 1969 (M50) - GRC MELEKOS HEALTH CLUB	00:01:11 00:00:00	00:02:59 00:01:49	00:09:50 00:08:39	00:21:18 00:20:07	00:40:07 00:38:56	00:55:03 00:53:53
76	76	10	66	21641	ΧΑΛΔΑΙΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1984 (M35) - GRC Novasports Running Team	00:00:50 00:00:00	00:02:25 00:01:36	00:08:57 00:08:08	00:20:42 00:19:53	00:40:15 00:39:26	00:55:08 00:54:19
77	77	19	67	11335	ΠΗΛΙΚΑΣ ΝΙΚΟΣ Άνδρας - 1971 (M45) - GRC NEA SMYRNI RUNNING TEAM	00:01:00 00:00:00	00:03:06 00:02:06	00:10:52 00:09:53	00:23:14 00:22:14	00:41:22 00:40:22	00:55:11 00:54:12
78	78	2	68	11453	ΦΟΡΟΣ ΝΙΚΟΣ Άνδρας - 2019 (M) - GRC	00:01:13 00:00:00	00:03:01 00:01:48	00:09:54 00:08:42	00:21:39 00:20:26	00:40:33 00:39:21	00:55:17 00:54:04
79	79	2	69	10138	ΒΕΡΤΕΟΥΡΗΣ ΣΠΥΡΟΣ Άνδρας - 1955 (M60) - GRC ΔΡΟΜΕΙΣ ΠΑΡΑΛΙΑΣ ΦΛΟΙΣΒΟΥ	00:00:16 00:00:00	00:01:59 00:01:43	00:08:37 00:08:21	00:20:29 00:20:13	00:39:56 00:39:40	00:55:19 00:55:04
80	80	3	70	10152	ΔΑΚΟΥΤΡΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1958 (M60) - GRC	00:00:16 00:00:00	00:01:59 00:01:43	00:08:37 00:08:21	00:20:29 00:20:13	00:39:56 00:39:40	00:55:19 00:55:04
81	81	3	11	10342	ΟΙΚΟΝΟΜΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1978 (F40) - GRC Π.Ο.Α.ΚΕ. Δήμου Π. Φαλήρου	00:00:09 00:00:00	00:01:50 00:01:42	00:08:34 00:08:25	00:20:33 00:20:24	00:40:07 00:39:58	00:55:20 00:55:12
82	82	20	71	10338	ΚΑΠΑΔΟΥΚΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1970 (M45) - GRC Π.Ο.Α.ΚΕ. Δήμου Π. Φαλήρου	00:00:03 00:00:00	00:01:51 00:01:48	00:08:50 00:08:47	00:21:28 00:21:25	00:40:45 00:40:42	00:55:20 00:55:18
83	83	5	72	10339	ΛΑΜΠΡΙΝΑΚΟΣ ΑΝΔΡΙΑΝΟΣ Άνδρας - 1994 (M25) - GRC Π.Ο.Α.ΚΕ. Δήμου Π. Φαλήρου	00:00:04 00:00:00	00:01:51 00:01:47	00:08:50 00:08:47	00:21:28 00:21:25	00:40:45 00:40:42	00:55:21 00:55:17
84	84	11	73	10261	ΠΑΠΑΔΑΤΟΣ ΚΑΡΟΛΟΣ Άνδρας - 1982 (M35) - GRC	00:00:09 00:00:00	00:01:41 00:01:32	00:07:57 00:07:48	00:19:38 00:19:30	00:39:49 00:39:41	00:55:22 00:55:13
85	85	6	74	10182	ΚΑΡΥΔΗΣ ΜΑΡΙΟΣ Άνδρας - 1990 (M25) - GRC	00:00:14 00:00:00	00:01:58 00:01:44	00:08:36 00:08:22	00:20:26 00:20:12	00:40:12 00:39:58	00:55:23 00:55:09
86	86	8	75	10298	ΣΙΑΣΙΟΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1985 (M30) - GRC FRAPORT	00:02:15 00:00:00	00:03:54 00:01:39	00:10:33 00:08:19	00:21:56 00:19:42	00:40:15 00:38:01	00:55:29 00:53:14
87	87	14	76	11288	ΜΠΑΚΟΓΙΩΡΓΟΣ ΧΑΡΗΣ Άνδρας - 1977 (M40) - GRC NEA SMYRNI RUNNING TEAM	00:00:19 00:00:00	00:01:56 00:01:38	00:08:44 00:08:26	00:20:49 00:20:31	00:40:39 00:40:21	00:55:41 00:55:23
88	88	3	12	11333	ΠΕΤΡΟΠΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1969 (F50) - GRC NEA SMYRNI RUNNING TEAM	00:00:17 00:00:00	00:01:56 00:01:40	00:08:45 00:08:28	00:20:49 00:20:33	00:40:40 00:40:24	00:55:42 00:55:26
89	89	2	13	11450	ΦΩΣΤΗΡΟΠΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1997 (F20) - GRC	00:00:43 00:00:00	00:02:26 00:01:44	00:09:03 00:08:21	00:20:45 00:20:03	00:40:23 00:39:41	00:55:49 00:55:07
90	90	21	77	11470	ΖΟΡΜΠΑΣ ΖΩΗΣ Άνδρας - 1973 (M45) - GRC	00:00:11 00:00:00	00:02:10 00:01:59	00:09:39 00:09:29	00:22:17 00:22:06	00:41:10 00:40:59	00:55:53 00:55:42
91	91	7	78	11286	ΜΟΦΡΙΔΗΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1992 (M25) - GRC	00:00:19 00:00:00	00:02:04 00:01:45	00:08:45 00:08:26	00:20:38 00:20:19	00:40:54 00:40:35	00:55:53 00:55:34
92	92	8	79	11408	ΦΩΤΙΟΣ ΑΝΔΡΙΚΟΠΟΥΛΟΣ Άνδρας - 1990 (M25) - GRC DESPORT	00:00:20 00:00:00	00:02:04 00:01:45	00:08:45 00:08:26	00:20:38 00:20:19	00:40:54 00:40:35	00:55:53 00:55:34
93	93	12	80	10102	ΦΑΝΑΡΙΟΤΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1982 (M35) - GRC	00:00:09 00:00:00	00:01:31 00:01:23	00:07:54 00:07:46	00:19:55 00:19:47	00:40:32 00:40:24	00:55:55 00:55:47
94	94	9	81	10120	ΖΙΝΤΡΟΣ ΚΛΕΑΝΘΗΣ Άνδρας - 1987 (M30) - GRC	00:00:23 00:00:00	00:01:56 00:01:33	00:07:50 00:07:27	00:19:17 00:18:54	00:40:11 00:39:48	00:55:59 00:55:36
95	95	22	82	10188	ΚΑΤΣΕΡΕΛΗΣ ΑΡΗΣ Άνδρας - 1970 (M45) - GRC	00:00:24 00:00:00	00:02:02 00:01:38	00:08:35 00:08:11	00:20:31 00:20:07	00:40:31 00:40:07	00:56:02 00:55:38
96	96	15	83	10285	ΠΟΥΛΑΚΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1978 (M40) - GRC runner7	00:00:08 00:00:00	00:01:45 00:01:38	00:08:25 00:08:18	00:20:31 00:20:24	00:40:31 00:40:24	00:56:02 00:55:55
97	97	10	84	10259	ΠΑΝΟΓΙΩΡΓΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1967 (M50) - GRC	00:00:07 00:00:00	00:01:45 00:01:38	00:08:25 00:08:18	00:20:31 00:20:24	00:40:31 00:40:24	00:56:02 00:55:56
98	98	9	85	11279	ΜΙΧΑΛΑΡΙΑΣ ΜΙΧΑΛΗΣ Άνδρας - 1992 (M25) - GRC MELEKOS HEALTH CLUB	00:01:52 00:00:00	00:03:59 00:02:08	00:10:17 00:08:25	00:21:26 00:19:35	00:41:00 00:39:09	00:56:05 00:54:14
99	99	11	86	10233	ΜΙΧΑΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1968 (M50) - GRC IKEA RUNNING TEAM - ΑΤΟΜΙΚΗ ΣΥΜΜΕΤΟΧΗ	00:00:20 00:00:00	00:01:52 00:01:33	00:08:27 00:08:08	00:20:31 00:20:12	00:40:34 00:40:14	00:56:11 00:55:52
100	100	4	87	11121	RAVION DIDIER Άνδρας - 1959 (M60) - FRA JOGGING CLUB DUNOIS	00:02:00 00:00:00	00:03:40 00:01:40	00:10:40 00:08:40	00:22:35 00:20:36	00:41:42 00:39:43	00:56:19 00:54:19
101	101	13	88	11373	ΣΩΤΗΡΟΠΟΥΛΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1983 (M35) - GRC	00:00:35 00:00:00	00:02:08 00:01:34	00:08:13 00:07:39	00:19:54 00:19:20	00:40:27 00:39:52	00:56:25 00:55:50
102	102	14	89	10222	ΜΑΚΡΙΔΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1982 (M35) - GRC My Athlete	00:00:54 00:00:00	00:02:48 00:01:54	00:10:02 00:09:08	00:22:30 00:21:36	00:42:00 00:41:07	00:56:27 00:55:34

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
137	137	16	119	10143	ΓΑΡΟΦΑΛΑΚΗΣ ΑΝΤΩΝΙΟΣ Άνδρας - 1981 (M35) - GRC	00:02:11 00:00:00	00:03:46 00:01:35	00:11:02 00:08:52	00:23:43 00:21:33	00:43:46 00:41:35	00:58:35 00:56:25
138	138	27	120	10262	ΠΑΠΑΔΗΜΗΤΡΙΟΥ ΑΓΓΕΛΟΣ Άνδρας - 1975 (M40) - GRC	00:00:43 00:00:00	00:02:39 00:01:57	00:10:03 00:09:21	00:23:01 00:22:19	00:43:30 00:42:48	00:58:37 00:57:55
139	139	28	121	10313	ΤΡΙΑΝΤΑΦΥΛΛΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1976 (M40) - GRC	00:01:06 00:00:00	00:02:56 00:01:51	00:10:18 00:09:12	00:22:42 00:21:37	00:42:58 00:41:52	00:58:38 00:57:32
140	140	5	19	10343	ΡΟΖΑ ΕΣΤΕΡ Γυναίκα - 1976 (F40) - BRA	00:00:16 00:00:00	00:01:47 00:01:32	00:08:27 00:08:12	00:20:37 00:20:22	00:41:44 00:41:29	00:58:39 00:58:24
141	141	4	122	10239	ΜΠΟΥΣΓΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1960 (M55) - GRC	00:02:10 00:00:00	00:03:46 00:01:36	00:11:02 00:08:52	00:23:43 00:21:33	00:43:46 00:41:36	00:58:42 00:56:32
142	142	6	20	10119	ΧΕΝΟΓΙΑΝΙ THEODORA Γυναίκα - 1975 (F40) - GRC	00:00:34 00:00:00	00:02:33 00:02:00	00:09:55 00:09:22	00:22:36 00:22:03	00:43:01 00:42:27	00:58:43 00:58:10
143	143	27	123	11331	ΠΕΛΤΕΚΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1970 (M45) - GRC BETTER PEOPLE	00:00:57 00:00:00	00:02:51 00:01:55	00:10:01 00:09:04	00:22:49 00:21:53	00:42:56 00:41:59	00:58:47 00:57:50
144	144	17	124	11159	ΒΡΑΔΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1982 (M35) - GRC	00:00:14 00:00:00	00:02:03 00:01:49	00:09:06 00:08:52	00:22:01 00:21:47	00:43:03 00:42:49	00:58:49 00:58:35
145	145	13	125	10178	ΚΑΡΑΠΙΔΑΚΗΣ ΕΛΕΥΘΕΡΙΟΣ Άνδρας - 1969 (M50) - GRC	00:01:11 00:00:00	00:02:54 00:01:43	00:09:41 00:08:30	00:22:00 00:20:49	00:42:31 00:41:20	00:58:52 00:57:41
146	146	28	126	11148	ΒΑΣΙΛΕΙΑΔΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1970 (M45) - CYP Run to Change Diabetes - Novo Nordisk Hellas	00:00:03 00:00:00	00:01:51 00:01:49	00:08:27 00:08:25	00:20:34 00:20:32	00:41:51 00:41:49	00:58:55 00:58:52
147	147	29	127	11430	ΒΛΑΒΙΑΝΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1972 (M45) - GRC	00:00:09 00:00:00	00:02:03 00:01:54	00:09:13 00:09:04	00:22:11 00:22:02	00:43:01 00:42:52	00:59:02 00:58:53
148	148	3	21	11400	ΤΣΟΥΜΠΑ ΜΑΡΙΑ Γυναίκα - 1989 (F30) - GRC SANTA RUNNING TEAM	00:00:43 00:00:00	00:02:44 00:02:01	00:09:37 00:08:54	00:22:08 00:21:25	00:43:11 00:42:28	00:59:04 00:58:21
149	149	29	128	10122	ΑΓΓΕΛΟΠΟΥΛΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1976 (M40) - GRC FRAPORT	00:02:25 00:00:00	00:03:54 00:01:30	00:10:36 00:08:12	00:22:38 00:20:14	00:42:57 00:40:33	00:59:06 00:56:42
150	150	7	22	10241	ΜΥΛΩΝΟΠΟΥΛΟΥ ΧΑΡΙΛΗ Γυναίκα - 1975 (F40) - GRC	00:02:15 00:00:00	00:03:52 00:01:37	00:10:38 00:08:24	00:23:11 00:20:56	00:43:17 00:41:03	00:59:08 00:56:54
151	151	30	129	11482	ΔΗΜΗΤΡΑΚΑΣ ΣΤΡΑΤΟΣ Άνδρας - 1974 (M45) - GRC	00:00:03 00:00:00	00:01:40 00:01:37	00:08:32 00:08:29	00:21:14 00:21:12	00:42:39 00:42:37	00:59:15 00:59:12
152	152	5	130	10325	ΥΦΑΝΤΗΣ ΦΩΤΙΟΣ Άνδρας - 1962 (M55) - GRC VERYCOOL RUNNING TEAM	00:01:15 00:00:00	00:03:00 00:01:45	00:10:04 00:08:50	00:22:52 00:21:37	00:43:54 00:42:40	00:59:17 00:58:03
153	153	16	131	10162	ΖΗΣΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1987 (M30) - GRC	00:01:32 00:00:00	00:03:08 00:01:36	00:10:15 00:08:44	00:23:15 00:21:43	00:43:48 00:42:16	00:59:20 00:57:48
154	154	17	132	10223	ΜΑΡΟΥΛΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1985 (M30) - GRC	00:01:43 00:00:00	00:03:08 00:01:26	00:10:07 00:08:25	00:22:27 00:20:45	00:43:17 00:41:35	00:59:28 00:57:45
155	155	4	23	10205	ΚΡΙΠΑ ΕΛΙΣΑΒΕΤ Γυναίκα - 1969 (F50) - GRC ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:20 00:00:00	00:02:07 00:01:47	00:08:57 00:08:37	00:21:45 00:21:25	00:42:52 00:42:32	00:59:29 00:59:09
156	156	3	24	11119	ΡΕΡΜΑΧΟΥ DESPOINA Γυναίκα - 1980 (F35) - GRC Only 15	00:01:30 00:00:00	00:03:25 00:01:55	00:10:58 00:09:28	00:23:41 00:22:12	00:43:52 00:42:23	00:59:32 00:58:02
157	157	6	133	11459	ΓΟΥΛΑΝΔΡΗΣ ΛΕΟΝΑΡΔΟΣ Άνδρας - 1964 (M55) - GRC COMPRESSPORT	00:00:22 00:00:00	00:02:10 00:01:48	00:09:13 00:08:51	00:21:59 00:21:37	00:43:21 00:43:00	00:59:34 00:59:12
158	158	30	134	10224	ΜΑΣΤΡΑΝΤΩΝΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1976 (M40) - GRC Maristes runners	00:00:14 00:00:00	00:02:10 00:01:57	00:09:44 00:09:30	00:23:22 00:23:08	00:44:25 00:44:11	01:00:03 00:59:50
159	159	14	135	11407	ΦΟΥΚΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1969 (M50) - GRC	00:00:21 00:00:00	00:02:19 00:01:59	00:09:47 00:09:27	00:22:42 00:22:22	00:43:33 00:43:13	01:00:03 00:59:43
160	160	3	136	11207	ΚΑΛΛΕΡΓΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1998 (M20) - GRC	00:00:08 00:00:00	00:02:03 00:01:56	00:09:00 00:08:53	00:21:25 00:21:18	00:42:54 00:42:46	01:00:08 01:00:01
161	161	15	137	11202	ΘΑΝΑΣΣΕΛΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1968 (M50) - GRC VERYCOOL RUNNING TEAM	00:01:16 00:00:00	00:03:05 00:01:50	00:10:00 00:08:44	00:21:51 00:20:35	00:43:08 00:41:53	01:00:10 00:58:54
162	162	7	138	11193	ΕΛΕΥΘΕΡΙΑΔΗΣ ΗΛΙΑΣ Άνδρας - 1963 (M55) - GRC GAND OIL	00:00:07 00:00:00	00:01:47 00:01:40	00:08:20 00:08:14	00:21:14 00:21:08	-	01:00:10 01:00:03
163	163	16	139	10255	ΠΑΛΑΙΟΛΟΓΟΣ ΜΙΧΑΗΛ Άνδρας - 1968 (M50) - GRC	00:00:09 00:00:00	00:01:55 00:01:46	00:08:53 00:08:44	00:21:42 00:21:34	00:43:27 00:43:18	01:00:15 01:00:06
164	164	5	25	11417	ΧΡΥΣΙΚΟΠΟΥΛΟΥ ΠΕΝΝΥ Γυναίκα - 1968 (F50) - GRC	00:01:30 00:00:00	00:03:25 00:01:56	00:10:56 00:09:26	00:23:42 00:22:12	00:43:57 00:42:28	01:00:17 00:58:48
165	165	6	26	11241	ΚΟΥΤΑΛΙΑΝΟΥ ΕΛΕΝΗ Γυναίκα - 1966 (F50) - GRC	00:00:06 00:00:00	00:01:42 00:01:37	00:08:39 00:08:34	00:21:19 00:21:14	00:43:02 00:42:56	01:00:17 01:00:12
166	166	17	140	11133	ΑΛΜΠΑΝΟΠΟΥΛΟΣ ΕΥΣΤΡΑΤΙΟΣ Άνδρας - 1965 (M50) - GRC	00:00:14 00:00:00	00:02:10 00:01:56	00:09:26 00:09:12	00:22:22 00:22:08	00:43:32 00:43:18	01:00:22 01:00:08
167	167	8	27	10130	ΑΡΒΑΝΙΤΗ ΜΑΡΙΑΝΝΑ Γυναίκα - 1978 (F40) - GRC	00:01:33 00:00:00	00:03:16 00:01:44	00:10:37 00:09:05	00:23:43 00:22:11	00:44:50 00:43:18	01:00:30 00:58:58
168	168	9	28	11259	ΛΟΡΕΝΤΖΟΥ ΣΤΕΛΛΑ Γυναίκα - 1975 (F40) - GRC	00:00:49 00:00:00	00:02:37 00:01:49	00:09:55 00:09:07	00:22:55 00:22:07	00:44:13 00:43:24	01:00:31 00:59:43
169	169	4	29	10226	ΜΕΓΑΛΟΟΙΚΟΝΟΜΟΥ ΜΑΙΡΗ Γυναίκα - 1984 (F35) - GRC	00:01:51 00:00:00	00:03:29 00:01:38	00:10:58 00:09:07	00:24:09 00:22:18	00:45:02 00:43:11	01:00:34 00:58:44
170	170	18	141	10315	ΤΣΑΡΟΥΧΑΣ ΘΑΝΟΣ Άνδρας - 1985 (M30) - GRC	00:00:19 00:00:00	00:01:49 00:01:30	00:07:47 00:07:28	00:19:32 00:19:13	00:41:59 00:41:40	01:00:34 01:00:15

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
273	273	10	208	11382	ΤΖΑΒΕΛΛΑΣ ΧΡΗΣΤΟΣ Άνδρας - 1963 (M55) - GRC ΟΜΙΛΟΣ ΗΡΑΚΛΗΣ	00:01:14 00:00:00	00:03:12 00:01:58	00:10:56 00:09:43	00:24:24 00:23:11	00:47:03 00:45:50	01:05:01 01:03:48
274	274	23	66	10129	ΑΡΒΑΝΙΤΗ ΜΑΝΤΩ Γυναίκα - 1975 (F40) - GRC	00:00:11 00:00:00	00:02:04 00:01:53	00:09:51 00:09:41	00:24:05 00:23:55	00:47:17 00:47:07	01:05:02 01:04:52
275	275	42	209	11340	ΠΟΡΕΒΗΣ ΣΩΤΗΡΙΟΣ Άνδρας - 1973 (M45) - GRC	00:01:41 00:00:00	00:03:37 00:01:57	00:11:26 00:09:45	00:25:38 00:23:58	00:47:51 00:46:11	01:05:09 01:03:29
276	276	8	67	10193	ΚΙΟΥΣΗ ΤΙΤΣΑ Γυναίκα - 1970 (F45) - GRC MARATHON TEAM GREECE by MARIA POLYZOU	00:00:40 00:00:00	00:02:35 00:01:55	00:10:35 00:09:55	00:24:38 00:23:58	00:47:43 00:47:03	01:05:12 01:04:33
277	277	9	68	10301	ΣΜΥΡΛΑΚΗ ΜΑΡΙΑ Γυναίκα - 1970 (F45) - GRC MARATHON TEAM GREECE by MARIA POLYZOU	00:00:40 00:00:00	00:02:35 00:01:55	00:10:34 00:09:55	00:24:37 00:23:58	00:47:43 00:47:03	01:05:12 01:04:32
278	278	10	69	11319	ΠΑΠΑΔΗΜΗΤΡΙΟΥ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1974 (F45) - GRC	00:00:45 00:00:00	00:02:53 00:02:08	00:10:35 00:09:51	00:23:55 00:23:10	00:47:07 00:46:23	01:05:17 01:04:33
279	279	43	210	10227	ΜΕΛΑΣ ΦΩΤΗΣ Άνδρας - 1972 (M45) - GRC	00:01:45 00:00:00	00:03:26 00:01:42	00:11:09 00:09:24	00:24:55 00:23:10	00:48:00 00:46:15	01:05:19 01:03:34
280	280	50	211	10257	ΠΑΝΑΓΩΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1978 (M40) - GRC VERYCOOL RUNNING TEAM	00:02:17 00:00:00	00:03:54 00:01:37	00:11:10 00:08:53	00:24:32 00:22:15	00:47:39 00:45:22	01:05:19 01:03:02
281	281	24	212	10238	ΜΠΟΥΡΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1984 (M35) - GRC PFRT	00:00:15 00:00:00	00:02:07 00:01:53	00:10:05 00:09:50	00:24:30 00:24:15	00:48:04 00:47:49	01:05:21 01:05:07
282	282	11	213	11297	ΜΠΟΥΚΟΥΒΑΛΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1963 (M55) - GRC	00:01:09 00:00:00	00:03:16 00:02:07	00:11:25 00:10:16	00:25:11 00:24:02	00:47:41 00:46:32	01:05:23 01:04:14
283	283	5	70	10237	ΜΠΟΥΡΑΚΗ ΕΙΡΗΝΗ Γυναίκα - 1996 (F20) - GRC PFRT	00:00:15 00:00:00	00:02:07 00:01:53	00:10:05 00:09:51	00:24:30 00:24:16	00:48:04 00:47:49	01:05:24 01:05:10
284	284	11	71	10133	ΑΤΣΑΛΗ ΔΕΣΠΟΙΝΑ Γυναίκα - 1973 (F45) - GRC CHIOSRUNNING	00:01:49 00:00:00	00:03:29 00:01:41	00:10:46 00:08:57	00:24:37 00:22:49	00:47:58 00:46:09	01:05:27 01:03:38
285	285	44	214	11186	ΔΙΟΝΥΣΣΙΩΤΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1974 (M45) - GRC	00:00:13 00:00:00	00:02:15 00:02:03	00:10:01 00:09:49	00:23:54 00:23:42	00:47:22 00:47:10	01:05:27 01:05:15
286	286	6	215	11185	ΔΙΟΝΥΣΟΠΟΥΛΟΣ ΠΑΥΛΟΣ Άνδρας - 1997 (M20) - GRC	00:01:43 00:00:00	00:03:42 00:02:00	00:11:51 00:10:08	00:26:27 00:24:45	00:48:57 00:47:14	01:05:30 01:03:47
287	287	51	216	22486	ΣΑΜΠΑΛΗΣ ΧΑΡΗΣ Άνδρας - 1978 (M40) - GRC Novasports Running Team	00:00:42 00:00:00	00:02:35 00:01:53	00:09:58 00:09:16	00:23:38 00:22:56	00:46:55 00:46:14	01:05:36 01:04:54
288	288	8	72	11199	ΖΙΑΝΙΚΑ ΦΑΝΗ Γυναίκα - 1969 (F50) - GRC NEA SMYRNI RUNNING TEAM	00:01:11 00:00:00	00:03:14 00:02:03	00:11:16 00:10:05	00:25:27 00:24:16	00:48:25 00:47:14	01:05:39 01:04:28
289	289	8	73	11398	ΤΣΙΤΙΝΗ ΧΡΥΣΑΝΘΗ Γυναίκα - 1981 (F35) - GRC	00:00:51 00:00:00	00:02:45 00:01:54	00:10:23 00:09:32	00:24:30 00:23:39	00:47:42 00:46:51	01:05:41 01:04:50
290	290	45	217	11195	ΕΥΘΥΜΙΟΥ ΕΥΡΙΠΙΔΗΣ Άνδρας - 1970 (M45) - GRC	00:00:58 00:00:00	00:02:56 00:01:58	00:10:57 00:10:00	00:25:05 00:24:07	00:48:09 00:47:11	01:05:45 01:04:47
291	291	25	218	10189	ΚΑΤΣΙΜΠΙΡΗΣ ΘΑΝΟΣ Άνδρας - 1983 (M35) - GRC	00:00:25 00:00:00	00:02:30 00:02:06	00:10:15 00:09:50	00:23:55 00:23:31	00:47:08 00:46:44	01:05:49 01:05:25
292	292	26	219	11361	ΣΜΑΗΛΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1980 (M35) - GRC	00:02:08 00:00:00	00:04:02 00:01:54	00:11:47 00:09:39	00:25:23 00:23:15	00:48:13 00:46:05	01:05:53 01:03:45
293	293	12	220	11147	ΒΑΣΙΛΑΚΟΣ ΝΑΣΟΣ Άνδρας - 1961 (M55) - GRC	00:01:28 00:00:00	00:03:35 00:02:08	00:11:46 00:10:19	00:25:47 00:24:19	00:48:20 00:46:52	01:05:56 01:04:29
294	294	9	221	11380	ΤΕΡΖΑΚΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 2019 (M) - GRC ΕΛΑΣ	00:00:56 00:00:00	00:02:53 00:01:58	00:11:01 00:10:05	00:25:05 00:24:10	00:49:02 00:48:07	01:05:58 01:05:03
295	295	26	222	10280	ΠΛΟΥΜΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1967 (M50) - GRC	00:00:21 00:00:00	00:02:13 00:01:53	00:09:31 00:09:11	00:23:07 00:22:47	00:46:59 00:46:38	01:06:00 01:05:40
296	296	10	223	11337	ΠΛΑΤΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 2019 (M) - GRC ΕΛΑΣ	00:00:56 00:00:00	00:02:53 00:01:57	00:11:01 00:10:05	00:25:05 00:24:10	00:49:02 00:48:06	01:06:01 01:05:05
297	297	9	74	11291	ΜΠΑΡΑΚΑΤ ΕΒΙΝ Γυναίκα - 1985 (F30) - GRC Adidas Runners Athens	00:00:10 00:00:00	00:02:08 00:01:58	00:09:57 00:09:47	00:24:00 00:23:51	00:47:27 00:47:18	01:06:01 01:05:52
298	298	27	224	11214	ΚΑΡΑΓΙΑΝΝΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1981 (M35) - GRC	00:00:28 00:00:00	00:02:42 00:02:14	00:11:10 00:10:42	00:25:29 00:25:01	00:48:17 00:47:50	01:06:01 01:05:34
299	299	28	225	10225	ΜΑΤΣΟΥΚΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M35) - GRC SPORTS DIVISION RUNNING TEAM	00:00:27 00:00:00	00:02:20 00:01:53	00:10:10 00:09:43	00:24:48 00:24:21	00:48:14 00:47:47	01:06:03 01:05:36
300	300	24	75	11412	ΧΑΛΚΙΑ ΓΕΩΡΓΙΑ Γυναίκα - 1978 (F40) - GRC	00:00:50 00:00:00	00:02:55 00:02:05	00:10:59 00:10:10	00:25:13 00:24:24	00:48:26 00:47:36	01:06:06 01:05:16
301	301	7	226	22568	ΧΩΡΙΑΤΑΚΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1999 (M20) - GRC	00:01:54 00:00:00	00:03:38 00:01:45	00:11:04 00:09:10	00:23:55 00:22:01	00:46:44 00:44:50	01:06:07 01:04:13
302	302	2	227	11461	ΛΑΜΠΡΟΠΟΥΛΟΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1944 (M70+) - GRC Σ Α Φ Α Ν Σ	00:00:07 00:00:00	00:01:59 00:01:53	00:09:48 00:09:41	00:24:28 00:24:21	00:48:15 00:48:08	01:06:08 01:06:01
303	303	25	76	10118	WESTLAKE ANNA Γυναίκα - 1979 (F40) - GBR(WLS) Brecon Athletic Club	00:00:33 00:00:00	00:02:21 00:01:49	00:09:48 00:09:16	00:23:24 00:22:52	00:47:55 00:47:22	01:06:08 01:05:36
304	304	10	77	11356	ΣΙΩΡΗ ΕΛΙΣΣΑΒΕΤ Γυναίκα - 1985 (F30) - GRC	00:00:21 00:00:00	00:02:23 00:02:03	00:10:29 00:10:08	00:24:46 00:24:26	00:47:54 00:47:33	01:06:13 01:05:52
305	305	27	228	10296	ΣΙΑΒΕΛΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1965 (M50) - GRC INTERSPORT RUNNING TEAM	00:00:04 00:00:00	00:01:39 00:01:36	00:08:48 00:08:45	00:22:20 00:22:17	00:45:58 00:45:55	01:06:14 01:06:11
306	306	52	229	10124	ΑΔΑΜ ΗΛΙΑΣ Άνδρας - 1978 (M40) - GRC	00:02:09 00:00:00	00:04:02 00:01:53	00:11:47 00:09:39	00:25:23 00:23:15	00:48:14 00:46:05	01:06:14 01:04:06

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
307	307	26	230	11166	ΓΕΩΡΓΑΔΑΚΗΣ ΑΠΟΣΤΟΛΗΣ Άνδρας - 1987 (M30) - GRC SANTA RUNNING TEAM	00:00:44 00:00:00	00:02:46 00:02:02	00:09:49 00:09:05	00:24:02 00:23:18	00:47:57 00:47:13	01:06:15 01:05:31
308	308	15	231	11149	ΒΑΣΙΛΕΙΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1993 (M25) - GRC LAMDA FLISVOS MARINA A.E.	00:00:25 00:00:00	00:02:30 00:02:05	00:10:49 00:10:25	00:25:51 00:25:27	00:49:48 00:49:24	01:06:18 01:05:54
309	309	16	232	11152	ΒΑΤΣΑΚΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1993 (M25) - GRC LAMDA FLISVOS MARINA A.E.	00:00:25 00:00:00	00:02:30 00:02:06	00:10:49 00:10:25	00:25:51 00:25:27	00:49:48 00:49:24	01:06:18 01:05:54
310	310	46	233	10177	ΚΑΡΑΟΓΛΑΝΟΓΛΟΥ ΛΑΖΑΡΟΣ Άνδρας - 1974 (M45) - GRC	00:01:24 00:00:00	00:03:27 00:02:03	00:11:03 00:09:39	00:24:05 00:22:41	00:47:20 00:45:56	01:06:26 01:05:02
311	311	6	78	10132	ΑΡΩΝΗ ANNA Γυναίκα - 1995 (F20) - GRC	00:01:50 00:00:00	00:03:49 00:01:59	00:12:21 00:10:31	00:27:12 00:25:22	00:50:13 00:48:24	01:06:32 01:04:43
312	312	29	234	11467	ΤΖΙΛΟΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1981 (M35) - GRC	00:01:54 00:00:00	00:03:49 00:01:55	00:12:25 00:10:31	00:27:12 00:25:18	00:50:00 00:48:06	01:06:33 01:04:39
313	313	11	79	11106	DRESLER MAUREEN Γυναίκα - 1989 (F30) - DEU	00:00:37 00:00:00	00:02:46 00:02:09	00:10:52 00:10:15	00:25:29 00:24:52	00:49:01 00:48:25	01:06:43 01:06:06
314	314	6	80	11110	GUECKLER JOHANNA MARIE Γυναίκα - 1990 (F25) - DEU	00:00:37 00:00:00	00:02:46 00:02:09	00:10:52 00:10:15	00:25:29 00:24:52	00:49:01 00:48:24	01:06:43 01:06:06
315	315	12	81	10235	ΜΠΑΡΚΑ ΣΟΦΙΑ Γυναίκα - 1985 (F30) - GRC	00:01:02 00:00:00	00:02:52 00:01:51	00:10:37 00:09:36	00:24:37 00:23:36	00:47:44 00:46:42	01:06:44 01:05:43
316	316	7	82	11330	ΠΑΤΣΗ ΚΑΛΛΙΟΠΗ Γυναίκα - 1990 (F25) - GRC	00:01:58 00:00:00	00:03:49 00:01:51	00:12:21 00:10:23	00:27:12 00:25:15	00:50:27 00:48:30	01:06:50 01:04:53
317	317	13	235	10156	ΔΕΜΕΡΟΥΤΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1962 (M55) - GRC ΣΔΥ ΑΘΗΝΑΣ	00:01:05 00:00:00	00:02:59 00:01:54	00:10:40 00:09:36	00:24:39 00:23:35	00:48:09 00:47:04	01:06:58 01:05:53
318	318	3	83	11117	OLIVEIRA CHAVAO OSWALDINA Γυναίκα - 1958 (F60) - BRA ΠΕΙΡΑΙΩΣ	00:00:02 00:00:00	00:01:37 00:01:36	00:09:30 00:09:29	00:24:12 00:24:10	00:48:24 00:48:23	01:07:02 01:07:01
319	319	8	236	11298	ΜΠΟΥΜΠΑΣ ΔΗΜΟΣΘΕΝΗΣ Άνδρας - 1959 (M60) - GRC	00:00:08 00:00:00	00:02:11 00:02:03	00:10:10 00:10:02	00:24:40 00:24:32	00:48:39 00:48:31	01:07:05 01:06:57
320	320	9	84	10333	ΧΛΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1968 (F50) - GRC My Athlete	00:00:10 00:00:00	00:02:02 00:01:53	00:09:51 00:09:42	00:24:13 00:24:04	00:48:03 00:47:54	01:07:08 01:06:59
321	321	11	237	11223	ΚΑΤΣΑΡΟΣ ΑΡΙΣΤΕΙΔΗΣ Άνδρας - 2005 (M) - GRC SANTA RUNNING TEAM	00:00:41 00:00:00	00:02:52 00:02:12	00:11:19 00:10:39	00:26:15 00:25:35	00:49:59 00:49:19	01:07:11 01:06:31
322	322	26	85	22541	ΤΣΟΥΧΛΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1977 (F40) - GRC CHIOSRUNNING	00:01:55 00:00:00	00:03:30 00:01:35	00:10:58 00:09:04	00:25:37 00:23:42	00:49:38 00:47:44	01:07:12 01:05:18
323	323	53	238	11329	ΠΑΡΑΣΚΕΥΟΠΟΥΛΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1979 (M40) - GRC	00:01:02 00:00:00	00:03:02 00:02:00	00:10:48 00:09:46	00:24:49 00:23:47	00:48:28 00:47:26	01:07:18 01:06:16
324	324	1	239	11464	ΑΝΤΩΝΟΠΟΥΛΟΣ ΣΩΤΗΡΙΟΣ Άνδρας - 1954 (M65) - GRC	00:01:27 00:00:00	00:03:32 00:02:05	00:11:44 00:10:18	00:26:03 00:24:36	00:49:57 00:48:30	01:07:19 01:05:52
325	325	27	86	10123	ΑΓΟΡΟΓΙΑΝΝΗ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1975 (F40) - GRC	00:01:28 00:00:00	00:03:35 00:02:07	00:12:00 00:10:33	00:26:39 00:25:12	00:49:30 00:48:03	01:07:21 01:05:54
326	326	12	240	11395	ΤΣΙΑΚΑΛΟΣ ΤΑΞΙΑΡΧΗΣ Άνδρας - 2019 (M) - GRC ΕΛΑΣ	00:00:58 00:00:00	00:02:55 00:01:57	00:10:47 00:09:49	00:25:03 00:24:05	00:48:44 00:47:46	01:07:22 01:06:24
327	327	10	87	11292	ΜΠΑΣΚΑΚΗ ΒΙΒΗ Γυναίκα - 1966 (F50) - GRC SANTA RUNNING TEAM	00:01:04 00:00:00	00:03:09 00:02:05	00:11:19 00:10:15	00:25:37 00:24:34	00:49:06 00:48:02	01:07:22 01:06:19
328	328	9	88	10305	ΣΤΡΟΥΜΠΟΥ ANNA Γυναίκα - 1983 (F35) - GRC	00:00:43 00:00:00	00:02:43 00:02:01	00:11:15 00:10:33	00:26:12 00:25:30	00:49:42 00:49:00	01:07:25 01:06:43
329	329	54	241	10336	FONG Ying Chi, Sharon Άνδρας - 1975 (M40) - GRC	00:00:18 00:00:00	00:02:01 00:01:44	00:09:31 00:09:13	00:23:56 00:23:38	00:48:31 00:48:14	01:07:30 01:07:12
330	330	28	89	10334	ΧΟΥΧΟΥΜΗ ΦΡΟΣΩ Γυναίκα - 1976 (F40) - GRC PFRT	00:02:19 00:00:00	00:04:07 00:01:48	00:12:12 00:09:53	00:26:41 00:24:22	00:49:40 00:47:22	01:07:35 01:05:17
331	331	30	242	10176	ΚΑΡΑΜΟΥΤΣΟΣ ΚΥΡΙΑΚΟΣ Άνδρας - 1981 (M35) - GRC PFRT	00:02:20 00:00:00	00:04:07 00:01:47	00:12:12 00:09:52	00:26:41 00:24:22	00:49:41 00:47:21	01:07:36 01:05:16
332	332	31	243	11351	ΣΙΓΑΛΑΣ ΜΑΡΚΟΣ Άνδρας - 1982 (M35) - GRC FITSPOT	00:01:54 00:00:00	00:03:57 00:02:03	00:12:51 00:10:57	00:28:16 00:26:23	00:50:33 00:48:40	01:07:36 01:05:43
333	333	17	244	11326	ΠΑΠΑΛΕΞΟΠΟΥΛΟΣ ΔΗΜΟΚΡΙΤΟΣ Άνδρας - 1993 (M25) - GRC	00:01:09 00:00:00	00:03:08 00:02:00	00:11:02 00:09:54	00:24:38 00:23:30	00:48:10 00:47:02	01:07:43 01:06:35
334	334	55	245	10151	ΓΡΑΜΜΑΤΙΚΟΓΛΟΥ ΓΡΗΓΟΡΗΣ Άνδρας - 1975 (M40) - GRC	00:00:37 00:00:00	00:02:34 00:01:58	00:10:00 00:09:23	00:24:07 00:23:30	00:47:57 00:47:21	01:07:48 01:07:11
335	335	29	90	11462	ΧΡΙΣΤΟΔΟΥΛΙΔΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1979 (F40) - GRC Top Gym	00:01:15 00:00:00	00:03:23 00:02:09	00:11:39 00:10:24	00:26:08 00:24:53	00:49:03 00:47:49	01:07:48 01:06:34
336	336	30	91	10236	ΜΠΕΛΛΟΥ ΝΑΤΑΣΣΑ Γυναίκα - 1976 (F40) - GRC PFRT	00:00:22 00:00:00	00:02:31 00:02:09	00:10:47 00:10:25	00:25:46 00:25:24	00:49:34 00:49:12	01:07:56 01:07:34
337	337	32	246	11426	ΣΙΣΚΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1981 (M35) - GRC	00:00:34 00:00:00	00:02:42 00:02:08	00:11:04 00:10:30	00:25:55 00:25:21	00:49:21 00:48:47	01:07:59 01:07:25
338	338	27	247	11444	ΒΑΣΙΛΕΙΟΣ ΧΑΤΖΗΚΩΝΣΤΑΝΤΙΝΟΥ Άνδρας - 1989 (M30) - GRC LEGACY FIGHT CLUB	00:01:21 00:00:00	00:03:21 00:02:01	00:10:50 00:09:30	00:25:27 00:24:06	00:49:12 00:47:52	01:08:06 01:06:46
339	339	28	248	11390	ΤΣΑΚΑΛΟΣ ΑΝΤΩΝΗΣ Άνδρας - 1967 (M50) - GRC Σύνδεσμος Υποτρόφων Ιδρύματος ΩνάσηΣύνδεσμος Υποτρόφων Ιδρύματος Ωνάση	00:01:19 00:00:00	00:03:30 00:02:12	00:12:15 00:10:56	00:27:08 00:25:50	00:50:25 00:49:07	01:08:10 01:06:51

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
340	340	10	92	10212	ΛΑΜΠΡΙΑΝΙΔΟΥ ΜΕΛΙΝΑ Γυναίκα - 1982 (F35) - GRC	00:00:18 00:00:00	00:02:13 00:01:56	00:10:18 00:10:00	00:25:22 00:25:04	00:49:06 00:48:48	01:08:10 01:07:52
341	341	12	93	11238	ΚΟΥΡΜΠΕΛΗ ANNA Γυναίκα - 1970 (F45) - GRC NEA SMYRNI RUNNING TEAM	00:01:11 00:00:00	00:03:14 00:02:03	00:11:17 00:10:06	00:25:35 00:24:24	00:49:51 00:48:40	01:08:15 01:07:04
342	342	14	249	11162	ΓΑΖΟΣ ΣΠΥΡΟΣ Άνδρας - 1962 (M55) - GRC	00:00:05 00:00:00	00:02:07 00:02:03	00:10:34 00:10:30	00:25:09 00:25:04	00:49:34 00:49:30	01:08:25 01:08:21
343	343	56	250	11481	ΔΗΜΗΤΡΙΑΔΗΣ ΝΙΚΟΣ Άνδρας - 1978 (M40) - GRC	00:01:05 00:00:00	00:03:12 00:02:08	00:11:29 00:10:25	00:26:21 00:25:17	00:49:55 00:48:51	01:08:27 01:07:23
344	344	18	251	11184	ΔΙΟΝΥΣΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1993 (M25) - GRC	00:01:44 00:00:00	00:03:43 00:02:00	00:11:57 00:10:14	00:26:28 00:24:45	00:49:57 00:48:14	01:08:30 01:06:47
345	345	9	252	11307	ΝΙΚΟΛΑΟΥ ΒΑΣΙΛΗΣ Άνδρας - 1956 (M60) - GRC AMSTEL FREE RUNNING TEAM	00:00:48 00:00:00	00:02:54 00:02:06	00:11:04 00:10:17	00:25:39 00:24:52	00:49:53 00:49:06	01:08:30 01:07:43
346	346	3	94	11113	JI ZIYU Γυναίκα - 2006 (F) - CHN	00:00:23 00:00:00	00:02:16 00:01:54	00:09:47 00:09:25	00:22:51 00:22:29	00:47:50 00:47:28	01:08:37 01:08:15
347	347	2	95	11157	ΒΛΑΧΟΔΗΜΟΥ ΜΙΡΑΝΤΑ Γυναίκα - 1963 (F55) - GRC SANTA RUNNING TEAM	00:00:23 00:00:00	00:02:24 00:02:02	00:10:32 00:10:10	00:24:47 00:24:25	00:49:38 00:49:16	01:08:38 01:08:16
348	348	31	96	11357	ΣΚΑΛΤΣΑ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1979 (F40) - GRC Run to Change Diabetes - Novo Nordisk Hellas	00:00:07 00:00:00	00:02:07 00:02:01	00:10:21 00:10:14	00:25:32 00:25:26	00:49:54 00:49:47	01:08:43 01:08:37
349	349	28	253	22249	ΔΡΟΣΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1987 (M30) - GRC G.C.R.T.	00:02:42 00:00:00	00:04:35 00:01:53	00:12:07 00:09:26	00:26:35 00:23:54	00:50:42 00:48:00	01:08:46 01:06:05
350	350	33	254	11265	ΜΑΝΩΛΗΣ ΤΑΜΙΩΛΑΚΗΣ Άνδρας - 1982 (M35) - GRC ΠΑΝΘΗΡΕΣ ΓΛΥΦΑΔΑΣ	00:00:48 00:00:00	00:02:57 00:02:10	00:11:17 00:10:30	00:25:59 00:25:11	00:50:09 00:49:22	01:08:49 01:08:02
351	351	57	255	11320	ΠΑΠΑΔΟΠΟΥΛΟΣ ΜΑΝΟΣ Άνδρας - 1975 (M40) - GRC	00:00:42 00:00:00	00:02:45 00:02:04	00:10:28 00:09:46	00:25:08 00:24:26	00:49:35 00:48:53	01:08:51 01:08:09
352	352	13	256	11295	ΜΠΙΡΜΠΑΣ ΣΩΤΗΡΙΟΣ Άνδρας - 2019 (M) - GRC ΕΛΑΣ	00:04:58 00:00:00	00:11:17 00:06:19	00:18:02 00:13:04	00:30:46 00:25:48	00:52:17 00:47:19	01:08:53 01:03:56
353	353	11	97	11270	ΜΑΥΡΟΓΙΑΝΝΗ ΜΑΡΙΑ Γυναίκα - 1980 (F35) - GRC	00:00:12 00:00:00	00:02:05 00:01:54	00:09:44 00:09:33	00:24:18 00:24:07	00:49:20 00:49:08	01:08:55 01:08:43
354	354	32	98	10158	ΕΥΣΤΑΘΙΟΥ ΤΑΝΙΑ Γυναίκα - 1976 (F40) - GRC	00:01:30 00:00:00	00:03:20 00:01:51	00:11:32 00:10:03	00:26:34 00:25:05	00:51:08 00:49:39	01:08:55 01:07:26
355	355	19	257	11134	ΑΛΜΠΑΝΤΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1990 (M25) - GRC FITSPOT	00:01:55 00:00:00	00:03:59 00:02:05	00:12:54 00:11:00	00:28:12 00:26:18	00:50:42 00:48:48	01:08:57 01:07:02
356	356	8	258	11256	ΛΙΑΚΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1995 (M20) - GRC FITSPOT	00:01:55 00:00:00	00:03:59 00:02:05	00:12:52 00:10:58	00:28:12 00:26:18	00:50:37 00:48:43	01:08:57 01:07:02
357	357	9	259	11161	ΓΑΖΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1999 (M20) - GRC	00:00:05 00:00:00	00:02:07 00:02:03	00:10:35 00:10:30	00:26:52 00:26:47	00:52:21 00:52:16	01:09:02 01:08:57
358	358	2	260	11429	ΛΑΜΠΡΟΠΟΥΛΟΣ ΑΠΟΣΤΟΛΟΣ Άνδρας - 1953 (M65) - GRC ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	00:01:07 00:00:00	00:03:15 00:02:08	00:11:29 00:10:23	00:25:17 00:24:10	00:49:39 00:48:32	01:09:06 01:08:00
359	359	47	261	10289	ΡΟΥΜΕΛΙΩΤΗΣ ΠΑΡΗΣ Άνδρας - 1971 (M45) - GRC FRAPORT	00:02:31 00:00:00	00:04:29 00:01:59	00:12:43 00:10:13	00:27:38 00:25:08	00:51:42 00:49:11	01:09:10 01:06:40
360	360	13	99	11306	ΝΙΚΟΛΑΙΔΟΥ ΜΑΡΙΛΙΖΑ Γυναίκα - 1974 (F45) - GRC Outdoor Games Running Team	00:01:09 00:00:00	00:03:13 00:02:04	00:11:24 00:10:16	00:25:21 00:24:12	00:49:36 00:48:27	01:09:14 01:08:05
361	361	34	262	11266	ΜΑΡΑΝΤΟΣ ΣΩΤΗΡΙΟΣ Άνδρας - 1984 (M35) - GRC	00:01:00 00:00:00	00:03:00 00:02:01	00:11:05 00:10:05	00:25:38 00:24:39	00:49:53 00:48:53	01:09:16 01:08:17
362	362	35	263	11389	ΤΣΑΓΚΑΝΗΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1980 (M35) - GRC	00:01:38 00:00:00	00:03:38 00:02:01	00:12:09 00:10:31	00:27:02 00:25:24	00:51:13 00:49:35	01:09:20 01:07:42
363	363	14	100	10253	ΞΗΡΟΓΙΑΝΝΗ ΕΛΕΝΗ Γυναίκα - 1971 (F45) - GRC	00:00:40 00:00:00	00:02:42 00:02:02	00:10:58 00:10:19	00:25:57 00:25:18	00:50:26 00:49:47	01:09:30 01:08:51
364	364	20	264	11218	ΚΑΣΟΜΟΥΛΗΣ ΑΡΤΕΜΗΣ Άνδρας - 1994 (M25) - GRC ΟΜΙΛΟΣ ΗΡΑΚΛΗΣ	00:01:25 00:00:00	00:03:23 00:01:59	00:11:07 00:09:43	00:25:24 00:24:00	00:49:33 00:48:08	01:09:40 01:08:15
365	365	33	101	11126	VOYCE JUDITH Γυναίκα - 1978 (F40) - GBR	00:00:49 00:00:00	00:02:54 00:02:06	00:11:08 00:10:20	00:25:43 00:24:55	00:49:58 00:49:10	01:10:00 01:09:12
366	366	48	265	11228	ΚΕΣΛΕΥ ΠΑΥΛΟΣ Άνδρας - 1974 (M45) - GRC Outdoor Games Running Team	00:01:04 00:00:00	00:03:14 00:02:10	00:10:55 00:09:51	00:24:55 00:23:51	00:49:27 00:48:23	01:10:02 01:08:58
367	367	8	102	11283	ΜΙΧΑΛΟΠΟΥΛΟΥ ΖΩΗ Γυναίκα - 1994 (F25) - GRC SANTA RUNNING TEAM	00:00:21 00:00:00	00:02:24 00:02:03	00:10:32 00:10:11	00:25:06 00:24:46	00:50:22 00:50:01	01:10:02 01:09:41
368	368	36	266	11323	ΠΑΠΑΘΑΝΑΣΙΟΥ ΧΡΙΣΤΟΦΟΡΟΣ Άνδρας - 1982 (M35) - GRC	00:00:36 00:00:00	00:02:54 00:02:19	00:12:16 00:11:40	00:28:52 00:28:17	00:52:17 00:51:42	01:10:07 01:09:31
369	369	29	267	11411	ΧΑΒΟΥΖΗΣ ΛΕΥΤΕΡΗΣ Άνδρας - 1969 (M50) - GRC	00:02:04 00:00:00	00:03:58 00:01:55	00:12:34 00:10:30	00:27:42 00:25:39	00:51:49 00:49:45	01:10:07 01:08:04
370	370	9	103	22261	ΗΛΙΑ ΙΣΙΔΩΡΑ Γυναίκα - 1991 (F25) - GRC FITSPOT	00:04:27 00:00:00	00:06:34 00:02:07	00:15:24 00:10:57	00:30:45 00:26:19	00:53:07 00:48:41	01:10:09 01:05:43
371	371	4	104	10210	ΚΩΝΣΤΑΝΤΙΝΙΔΟΥ ΚΥΡΙΑΚΗ Γυναίκα - 1956 (F60) - GRC	00:00:37 00:00:00	00:02:31 00:01:54	00:10:12 00:09:35	00:24:43 00:24:06	00:50:22 00:49:45	01:10:11 01:09:34
372	372	37	268	11366	ΣΤΑΜΑΤΗΣ ΜΙΧΑΛΗΣ Άνδρας - 1980 (M35) - GRC BETTER PEOPLE	00:01:06 00:00:00	00:04:07 00:03:02	00:11:44 00:10:39	00:26:06 00:25:01	00:50:57 00:49:52	01:10:12 01:09:07
373	373	15	105	11132	ΑΘΑΝΑΣΟΠΟΥΛΟΥ ΜΙΝΑ Γυναίκα - 1972 (F45) - GRC	00:00:27 00:00:00	00:02:34 00:02:07	00:10:40 00:10:14	00:25:37 00:25:11	00:50:50 00:50:23	01:10:26 01:10:00

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split1	Split2	Split3	Split4	Finish
374	374	10	269	11200	ΖΙΝΤΡΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1996 (M20) - GRC	00:00:55 00:00:00	00:02:57 00:02:02	00:10:54 00:10:00	00:24:41 00:23:46	00:50:04 00:49:10	01:10:28 01:09:34
375	375	13	106	11376	ΤΑΜΠΑΚΗ ΜΑΡΙΑ Γυναίκα - 1988 (F30) - GRC	00:01:00 00:00:00	00:03:05 00:02:06	00:11:28 00:10:28	00:26:43 00:25:43	00:51:43 00:50:43	01:10:39 01:09:39
376	376	30	270	10314	ΤΡΙΜΠΟΝΙΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1968 (M50) - GRC	00:00:02 00:00:00	00:01:45 00:01:44	00:09:40 00:09:39	00:24:15 00:24:14	00:49:48 00:49:46	01:10:52 01:10:51
377	377	21	271	11164	ΓΑΛΑΝΙΤΣΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1990 (M25) - GRC	00:01:10 00:00:00	00:03:28 00:02:19	00:12:48 00:11:39	00:29:12 00:28:02	00:53:02 00:51:53	01:10:55 01:09:45
378	378	12	107	10199	ΚΟΤΣΙΚΟΥ ΝΙΛΕΤΑ Γυναίκα - 1984 (F35) - GRC	00:00:48 00:00:00	00:02:48 00:02:00	00:10:35 00:09:47	00:24:51 00:24:04	00:50:53 00:50:06	01:10:55 01:10:08
379	379	14	108	11350	ΣΑΡΑΝΤΟΠΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1988 (F30) - GRC	00:00:51 00:00:00	00:03:03 00:02:12	00:11:42 00:10:51	00:26:41 00:25:50	00:51:30 00:50:39	01:10:56 01:10:05
380	380	29	272	11273	ΜΑΥΡΟΠΟΥΛΟΣ ΜΙΧΑΗΛ Άνδρας - 1988 (M30) - GRC	00:00:51 00:00:00	00:03:03 00:02:13	00:11:41 00:10:51	00:26:41 00:25:51	00:51:30 00:50:40	01:10:56 01:10:06
381	381	22	273	11243	ΚΡΑΣΣΑΣ ΞΕΝΑΚΗΣ Άνδρας - 1990 (M25) - GRC	00:01:10 00:00:00	00:03:29 00:02:19	00:12:48 00:11:39	00:29:11 00:28:01	00:53:02 00:51:52	01:10:57 01:09:48
382	382	30	274	11278	ΜΙΧΑΗΛΙΔΗΣ ΑΘΗΝΟΔΩΡΟΣ Άνδρας - 1985 (M30) - GRC ΟΜΑΔΑ ΝΕΑΠΟΛΗΣ	00:01:06 00:00:00	00:03:26 00:02:20	00:12:46 00:11:40	00:28:50 00:27:44	00:53:15 00:52:10	01:10:57 01:09:51
383	383	13	109	10207	ΚΥΡΑΝΝΟΥ ΙΩΑΝΝΑ Γυναίκα - 1980 (F35) - GRC ΟΜΑΔΑ ΝΕΑΠΟΛΗΣ	00:01:06 00:00:00	00:03:26 00:02:21	00:12:46 00:11:41	00:28:49 00:27:44	00:53:15 00:52:10	01:10:58 01:09:53
384	384	3	275	11469	ΒΛΑΣΕΡΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1951 (M65) - GRC ΤΡΟΚΑΝΤΕΡΟ	00:01:07 00:00:00	00:03:19 00:02:12	00:11:57 00:10:51	00:26:56 00:25:49	00:52:28 00:51:21	01:11:04 01:09:58
385	385	49	276	10311	ΤΟΥΝΤΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1970 (M45) - GRC Pantzari Team	00:00:12 00:00:00	00:02:25 00:02:13	00:09:50 00:09:39	00:25:01 00:24:49	00:51:35 00:51:23	01:11:06 01:10:54
386	386	31	277	11424	ΚΑΚΑΜΠΑΛΙΔΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1968 (M50) - GRC PROTON RUNNING TEAM	00:01:23 00:00:00	00:03:34 00:02:11	00:12:04 00:10:41	00:26:53 00:25:30	00:51:22 00:49:59	01:11:08 01:09:45
387	387	31	278	11377	ΤΑΡΝΑΡΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1986 (M30) - GRC	00:01:34 00:00:00	00:03:43 00:02:10	00:12:48 00:11:15	00:28:41 00:27:08	00:53:11 00:51:37	01:11:08 01:09:35
388	388	32	279	11254	ΛΕΟΝΤΑΡΙΤΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1968 (M50) - GRC ΣΔΥ ΑΘΗΝΑΣ	00:01:19 00:00:00	00:03:11 00:01:52	00:11:11 00:09:52	00:26:13 00:24:54	00:52:14 00:50:55	01:11:10 01:09:51
389	389	50	280	10331	ΧΑΤΖΗΜΑΝΩΛΑΚΗΣ ΜΙΛΤΙΑΔΗΣ Άνδρας - 1970 (M45) - GRC	00:00:30 00:00:00	00:02:39 00:02:09	00:11:13 00:10:43	00:26:37 00:26:07	00:51:14 00:50:44	01:11:15 01:10:45
390	390	33	281	11452	ΤΑΣΣΗΣ ΣΠΥΡΟΣ Άνδρας - 1969 (M50) - GRC	00:01:27 00:00:00	00:03:40 00:02:13	00:12:37 00:11:11	00:28:22 00:26:56	00:53:14 00:51:48	01:11:18 01:09:52
391	391	38	282	11136	ΑΝΔΡΕΟΠΟΥΛΟΣ ΑΓΓΕΛΟΣ Άνδρας - 1980 (M35) - GRC	00:01:33 00:00:00	00:03:45 00:02:12	00:12:17 00:10:44	00:27:37 00:26:04	00:52:03 00:50:30	01:11:19 01:09:46
392	392	51	283	10291	ΣΑΓΙΑΝΝΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1974 (M45) - GRC	00:01:34 00:00:00	00:03:45 00:02:12	00:12:17 00:10:44	00:27:37 00:26:04	00:52:03 00:50:30	01:11:19 01:09:46
393	393	32	284	10167	ΚΑΛΑΒΡΙΩΤΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1987 (M30) - GRC	00:01:22 00:00:00	00:03:29 00:02:07	00:11:53 00:10:31	00:27:09 00:25:47	00:52:15 00:50:53	01:11:21 01:09:59
394	394	15	110	10254	ΟΙΚΟΝΟΜΟΥ ΧΡΥΣΑ Γυναίκα - 1987 (F30) - GRC	00:00:33 00:00:00	00:02:47 00:02:15	00:11:18 00:10:46	00:26:36 00:26:03	00:51:39 00:51:06	01:11:21 01:10:49
395	395	33	285	11129	ΑΓΓΕΛΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1989 (M30) - GRC	00:01:24 00:00:00	00:03:30 00:02:06	00:11:53 00:10:30	00:27:09 00:25:46	00:52:15 00:50:51	01:11:22 01:09:59
396	396	52	286	11178	ΔΑΛΜΑΡΑΣ ΠΕΤΡΟΣ Άνδρας - 1972 (M45) - GRC AMSTEL FREE RUNNING TEAM	00:00:46 00:00:00	00:02:53 00:02:08	00:11:01 00:10:15	00:25:36 00:24:50	00:51:09 00:50:23	01:11:26 01:10:40
397	397	34	111	11250	ΚΩΝΣΤΑΝΤΙΝΑ ΚΟΥΛΟΥΡΙΔΟΥ Γυναίκα - 1977 (F40) - GRC Olympia runners	00:00:43 00:00:00	00:02:57 00:02:14	00:11:30 00:10:47	00:27:18 00:26:36	00:52:22 00:51:40	01:11:30 01:10:48
398	398	16	112	11120	ΡΙΚΚΙΟΣ ΡΗΕΑ Γυναίκα - 1989 (F30) - GRC	00:00:30 00:00:00	00:02:33 00:02:03	00:11:01 00:10:31	00:26:31 00:26:02	00:51:49 00:51:19	01:11:30 01:11:00
399	399	14	113	11247	ΚΥΡΙΑΚΙΔΗ ΑΝΘΟΥΛΑ Γυναίκα - 1983 (F35) - GRC THE SPOT	00:00:49 00:00:00	00:02:46 00:01:58	00:10:55 00:10:06	00:26:45 00:25:57	00:52:24 00:51:36	01:11:35 01:10:47
400	400	17	114	11391	ΤΣΑΛΟΥΦΗ ΜΑΡΙΝΑ Γυναίκα - 1989 (F30) - GRC	00:01:38 00:00:00	00:03:38 00:02:01	00:12:08 00:10:31	00:27:02 00:25:25	00:51:50 00:50:12	01:11:44 01:10:06
401	401	53	287	11478	ΑΝΤΩΝΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1971 (M45) - GRC	00:00:44 00:00:00	00:03:00 00:02:16	00:12:29 00:11:46	00:27:58 00:27:15	00:52:27 00:51:44	01:11:52 01:11:08
402	402	58	288	11477	ΚΑΡΑΠΑΝΟΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1976 (M40) - GRC	00:00:44 00:00:00	00:03:00 00:02:16	00:12:29 00:11:46	00:27:58 00:27:15	00:52:26 00:51:43	01:11:52 01:11:08
403	403	15	115	11264	ΜΑΝΤΖΙΝΟΥ ΠΕΝΥ Γυναίκα - 1981 (F35) - GRC Run to Change Diabetes - Novo Nordisk Hellas	00:00:08 00:00:00	00:02:08 00:02:01	00:10:21 00:10:14	00:25:32 00:25:25	00:50:47 00:50:40	01:11:54 01:11:47
404	404	35	116	21116	ΧΙΕCΗΙ PRELINI Γυναίκα - 1976 (F40) - GRC Ranelagh Harriers	00:00:56 00:00:00	00:02:50 00:01:55	00:11:04 00:10:09	00:26:07 00:25:11	00:51:39 00:50:43	01:11:57 01:11:02
405	405	18	117	11413	ΧΑΛΚΙΑΔΑΚΗ ΜΑΡΙΑΝΝΑ Γυναίκα - 1986 (F30) - GRC Outdoor Games Running Team	00:00:50 00:00:00	00:02:57 00:02:08	00:11:24 00:10:35	00:26:20 00:25:31	00:51:44 00:50:55	01:11:57 01:11:08
406	406	54	289	11104	BERSIS GEORGE Άνδρας - 1970 (M45) - GRC	00:01:26 00:00:00	00:03:40 00:02:14	00:12:37 00:11:12	00:28:22 00:26:56	00:53:15 00:51:49	01:12:00 01:10:34
407	407	7	118	10208	ΚΥΡΑΝΝΟΥ ΧΡΙΣΤΙΝΑ Γυναίκα - 1996 (F20) - GRC ΟΜΑΔΑ ΝΕΑΠΟΛΗΣ	00:01:26 00:00:00	00:03:26 00:02:01	00:12:46 00:11:21	00:28:51 00:27:25	00:53:17 00:51:52	01:12:06 01:10:40

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
408	408	36	119	11177	ΔΑΚΟΥΡΑ ΠΑΡΑΣΚΕΥΗ Γυναίκα - 1976 (F40) - GRC Outdoor Games Running Team	00:01:05 00:00:00	00:03:17 00:02:13	00:12:11 00:11:07	00:27:34 00:26:30	00:52:29 00:51:24	01:12:09 01:11:04
409	409	37	120	10112	RAMOS AGDA Γυναίκα - 1977 (F40) - BRA A.O.P.F	-	0:06:21	0:14:44	0:28:57	0:53:16	1:12:14
410	410	15	290	11396	ΤΣΙΑΚΑΣ ΘΩΜΑΣ Άνδρας - 1962 (M55) - GRC	00:01:23 00:00:00	00:03:16 00:01:54	00:11:19 00:09:57	00:26:02 00:24:40	00:51:06 00:49:44	01:12:37 01:11:15
411	411	38	121	11338	ΠΛΙΑΤΣΙΚΑ ΜΑΡΘΑ Γυναίκα - 1976 (F40) - GRC VERYCOOL RUNNING TEAM	00:00:24 00:00:00	00:02:34 00:02:11	00:10:45 00:10:21	00:25:38 00:25:14	00:51:03 00:50:40	01:12:41 01:12:18
412	412	19	122	11324	ΠΑΠΑΘΑΝΑΣΟΠΟΥΛΟΥ ΒΑΣΙΛΕΙΑ Γυναίκα - 1987 (F30) - GRC Σύνδεσμος Υποτρόφων Ιδρύματος Ωνάση	-	0:08:06	0:15:38	0:29:47	0:53:36	1:12:54
413	413	11	123	11476	CASTILLO MILDRED Γυναίκα - 1969 (F50) - MEX	00:00:36 00:00:00	00:02:45 00:02:10	00:11:46 00:11:11	00:27:04 00:26:28	00:53:09 00:52:34	01:12:59 01:12:24
414	414	39	124	11299	ΜΠΟΥΝΤΑ ΜΑΡΘΑ Γυναίκα - 1976 (F40) - GRC	00:00:20 00:00:00	00:02:29 00:02:09	00:11:23 00:11:04	00:27:29 00:27:10	00:53:33 00:53:14	01:13:01 01:12:41
415	415	16	125	11151	ΒΑΣΤΑΡΔΗ ΕΥΑ Γυναίκα - 1980 (F35) - GRC	00:00:36 00:00:00	00:02:44 00:02:08	00:11:16 00:10:40	00:26:40 00:26:05	00:52:27 00:51:51	01:13:05 01:12:29
416	416	34	291	11198	ΖΗΣΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1986 (M30) - GRC Starttech Runners	00:01:16 00:00:00	00:03:28 00:02:13	00:12:16 00:11:01	00:28:24 00:27:09	00:54:15 00:53:00	01:13:16 01:12:01
417	417	39	292	11245	ΚΡΥΠΩΤΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1982 (M35) - GRC Starttech Runners	00:01:16 00:00:00	00:03:29 00:02:13	00:12:17 00:11:01	00:28:24 00:27:08	00:54:15 00:52:59	01:13:16 01:12:01
418	418	16	293	22146	ΡΑΛΙΚΑΡΑΣ ΣΕΡΑΦΕΙΜ Άνδρας - 1962 (M55) - GRC	00:00:29 00:00:00	00:02:39 00:02:10	00:11:13 00:10:44	00:26:41 00:26:13	00:52:47 00:52:18	01:13:25 01:12:56
419	419	16	126	11334	ΠΕΤΥΚΑ ANNA Γυναίκα - 1971 (F45) - GRC	00:00:05 00:00:00	00:02:07 00:02:03	00:10:36 00:10:32	00:26:02 00:25:58	00:52:38 00:52:34	01:13:25 01:13:21
420	420	59	294	11354	ΣΙΜΟΝΟΒΙΚΗΣ ΝΙΚΟΛΑΣ Άνδρας - 1977 (M40) - GRC NEA SMYRNI RUNNING TEAM	00:01:02 00:00:00	00:03:06 00:02:04	00:10:54 00:09:52	00:23:14 00:22:12	00:42:27 00:41:25	01:13:25 01:12:23
421	421	55	295	11463	ΠΑΣΠΑΤΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1970 (M45) - GRC ΣΦΑΚΙΑΝΑΚΗΣ TEAM	00:00:04 00:00:00	00:01:45 00:01:41	00:09:17 00:09:13	00:24:57 00:24:53	00:51:55 00:51:51	01:13:29 01:13:25
422	422	23	296	11325	ΠΑΠΑΙΩΑΝΝΟΥ ΓΙΩΡΓΟΣ Άνδρας - 1993 (M25) - GRC	00:01:09 00:00:00	00:03:08 00:01:59	00:11:02 00:09:53	00:24:32 00:23:23	00:50:40 00:49:31	01:13:30 01:12:21
423	423	17	127	11310	ΞΕΝΙΤΙΔΟΥ ΜΑΡΙΑ Γυναίκα - 1970 (F45) - GRC	00:00:12 00:00:00	00:02:24 00:02:13	00:10:42 00:10:30	00:25:45 00:25:33	00:51:59 00:51:47	01:13:36 01:13:25
424	424	60	297	11236	ΚΟΤΣΙΦΑΚΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1977 (M40) - GRC	00:00:15 00:00:00	00:02:15 00:02:00	00:10:37 00:10:23	00:25:50 00:25:36	00:53:27 00:53:12	01:13:44 01:13:30
425	425	61	298	10278	ΠΕΤΣΙΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1977 (M40) - GRC Ores PooKee Team	00:00:15 00:00:00	00:02:15 00:02:00	00:10:37 00:10:23	00:25:51 00:25:36	00:53:27 00:53:13	01:13:44 01:13:30
426	426	17	299	11384	ΤΖΙΤΖΙΒΑΚΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1964 (M55) - GRC	00:01:21 00:00:00	00:03:16 00:01:55	00:11:19 00:09:58	00:26:05 00:24:45	00:51:51 00:50:30	01:13:45 01:12:25
427	427	12	128	11188	ΔΟΥΚΑΚΗ ΠΑΡΑΣΚΕΥΗ Γυναίκα - 1969 (F50) - GRC	00:00:58 00:00:00	00:03:05 00:02:08	00:11:53 00:10:56	00:28:20 00:27:23	00:54:16 00:53:19	01:13:49 01:12:52
428	428	62	300	11423	ΙΟΡΔΑΝΟΓΛΟΥ ΧΡΗΣΤΟΣ Άνδρας - 1976 (M40) - GRC	00:01:07 00:00:00	00:03:23 00:02:16	00:12:13 00:11:06	00:28:10 00:27:03	00:53:56 00:52:49	01:14:02 01:12:55
429	429	13	129	11374	ΤΑΖΕΔΑΚΗ ΚΑΛΛΙΟΠΗ Γυναίκα - 1966 (F50) - GRC Outdoor Games Running Team	00:01:05 00:00:00	00:03:17 00:02:12	00:11:48 00:10:43	00:27:20 00:26:16	00:53:18 00:52:13	01:14:03 01:12:58
430	430	56	301	11419	ΨΥΧΟΓΙΟΣ ΣΤΑΥΡΟΣ Άνδρας - 1971 (M45) - GRC	00:01:08 00:00:00	00:03:23 00:02:16	00:12:13 00:11:05	00:28:10 00:27:03	00:53:56 00:52:48	01:14:03 01:12:55
431	431	17	130	11213	ΚΑΠΕΤΑΝΟΠΟΥΛΟΥ ΠΕΤΡΗ Γυναίκα - 1981 (F35) - GRC	00:01:57 00:00:00	00:05:40 00:03:44	00:14:41 00:12:44	00:30:42 00:28:46	00:55:34 00:53:37	01:14:21 01:12:24
432	432	40	302	10131	ΑΡΓΥΡΟΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1983 (M35) - GRC	00:01:20 00:00:00	00:03:33 00:02:13	00:12:28 00:11:09	00:28:03 00:26:43	00:54:06 00:52:46	01:14:26 01:13:07
433	433	57	303	11221	ΚΑΤΣΑΜΠΕΚΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1971 (M45) - GRC	00:01:20 00:00:00	00:03:33 00:02:13	00:12:29 00:11:09	00:28:03 00:26:44	00:54:07 00:52:48	01:14:27 01:13:07
434	434	40	131	11302	ΜΥΛΩΝΑ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1975 (F40) - GRC	00:01:20 00:00:00	00:03:33 00:02:13	00:12:26 00:11:07	00:28:02 00:26:42	00:54:07 00:52:47	01:14:27 01:13:07
435	435	24	304	11314	ΠΑΛΑΙΟΚΩΣΤΑΣ ΧΡΗΣΤΟΣ Άνδρας - 1992 (M25) - GRC	00:00:31 00:00:00	00:02:31 00:02:01	00:11:08 00:10:38	00:27:04 00:26:34	00:54:08 00:53:38	01:14:34 01:14:04
436	436	20	132	10228	ΜΕΛΛΙΟΥ ΚΥΡΙΑΚΗ Γυναίκα - 1985 (F30) - GRC My Athlete	00:02:06 00:00:00	00:03:51 00:01:46	00:11:45 00:09:40	00:26:54 00:24:48	00:53:08 00:51:03	01:14:43 01:12:37
437	437	18	133	11215	ΚΑΡΑΚΟΥΣΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1980 (F35) - GRC	00:00:55 00:00:00	00:03:05 00:02:10	00:11:51 00:10:56	00:27:44 00:26:49	00:54:15 00:53:20	01:15:17 01:14:23
438	438	14	305	10324	ΥΦΑΝΤΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 2004 (M) - GRC VERYCOOL RUNNING TEAM	00:00:27 00:00:00	00:02:16 00:01:50	00:09:05 00:08:39	00:21:05 00:20:39	00:46:39 00:46:13	01:15:22 01:14:56
439	439	21	134	10345	ΣΑΔΑΚΗ ΔΗΜΗΤΡΑ Γυναίκα - 1987 (F30) - GRC	00:00:55 00:00:00	00:02:47 00:01:53	00:10:30 00:09:36	00:25:31 00:24:36	00:52:49 00:51:54	01:15:25 01:14:31
440	440	19	135	11103	ASTERATAKI STAVROULA Γυναίκα - 1981 (F35) - GRC xx	00:00:22 00:00:00	00:02:31 00:02:10	00:11:31 00:11:10	00:28:00 00:27:39	00:54:44 00:54:23	01:15:33 01:15:12
441	441	41	306	11269	ΜΑΥΡΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1982 (M35) - GRC FITSPOT	00:01:55 00:00:00	00:03:57 00:02:03	00:12:54 00:11:00	00:29:08 00:27:14	00:55:20 00:53:26	01:15:34 01:13:40

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
442	442	63	307	11220	ΚΑΤΡΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1979 (M40) - GRC	00:01:06 00:00:00	00:03:29 00:02:23	00:12:50 00:11:44	00:29:17 00:28:11	00:55:17 00:54:11	01:15:50 01:14:45
443	443	42	308	11365	ΣΠΥΡΟΣ ΣΤΑΥΡΟΣ Άνδρας - 1980 (M35) - GRC	00:01:09 00:00:00	00:03:29 00:02:20	00:12:49 00:11:41	00:29:17 00:28:09	00:55:17 00:54:09	01:15:51 01:14:43
444	444	4	309	11165	ΓΕΡΟΓΙΑΝΝΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1953 (M65) - GRC	00:00:57 00:00:00	00:04:35 00:03:38	00:12:49 00:11:52	00:27:55 00:26:58	00:54:30 00:53:33	01:15:56 01:14:59
445	445	20	136	11249	ΚΩΛΕΤΤΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1983 (F35) - GRC	00:00:10 00:00:00	00:02:47 00:02:37	00:12:35 00:12:25	00:29:37 00:29:27	00:56:36 00:56:27	01:15:57 01:15:47
446	446	58	310	11402	ΤΣΟΥΣΚΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1971 (M45) - GRC MOTOR OIL RUNNING TEAM	00:00:22 00:00:00	00:02:32 00:02:10	00:10:44 00:10:22	00:25:58 00:25:36	00:53:54 00:53:32	01:15:59 01:15:37
447	447	34	311	11311	ΟΙΚΟΝΟΜΟΥ ΦΙΛΙΠΠΟΣ Άνδρας - 1966 (M50) - GRC Σύνδεσμος Υποτρόφων Ιδρύματος Ονάση	00:01:19 00:00:00	00:03:30 00:02:11	00:12:15 00:10:56	00:28:01 00:26:42	00:54:28 00:53:09	01:16:08 01:14:49
448	448	22	137	11276	ΜΗΝΑΔΑΚΗ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1989 (F30) - GRC	00:01:00 00:00:00	00:03:12 00:02:13	00:12:27 00:11:27	00:29:17 00:28:17	00:55:58 00:54:58	01:16:38 01:15:39
449	449	15	312	11383	ΤΖΙΑΤΖΙΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 2019 (M) - GRC ΕΛΑΣ	00:00:33 00:00:00	00:02:36 00:02:03	00:10:53 00:10:20	00:26:21 00:25:48	00:53:41 00:53:08	01:16:43 01:16:10
450	450	18	138	11475	REINERT ΚΑΤΙΑ Γυναίκα - 1971 (F45) - BRA	00:00:36 00:00:00	00:02:45 00:02:10	00:11:46 00:11:10	00:27:26 00:26:50	00:55:20 00:54:45	01:16:57 01:16:22
451	451	10	313	11229	ΚΗΠΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1959 (M60) - GRC	00:00:56 00:00:00	00:03:17 00:02:22	00:12:45 00:11:50	00:29:13 00:28:18	00:55:34 00:54:39	01:17:12 01:16:17
452	452	18	314	11156	ΒΛΑΧΑΚΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1961 (M55) - GRC	00:00:55 00:00:00	00:03:14 00:02:19	00:12:13 00:11:18	00:28:06 00:27:11	00:53:51 00:52:56	01:17:28 01:16:33
453	453	14	139	11427	ΣΤΑΘΟΠΟΥΛΟΥ ΓΕΩΡΓΙΑ Γυναίκα - 1965 (F50) - GRC	00:00:57 00:00:00	00:03:13 00:02:17	00:12:05 00:11:08	00:27:50 00:26:54	00:54:44 00:53:48	01:17:36 01:16:39
454	454	15	140	11179	ΔΕΣΥΠΡΗ ΜΑΡΙΑ Γυναίκα - 1968 (F50) - GRC	00:00:58 00:00:00	00:03:14 00:02:17	00:12:17 00:11:20	00:28:03 00:27:06	00:55:10 00:54:13	01:17:47 01:16:50
455	455	35	315	11418	ΧΡΥΣΟΒΟΥΛΟΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1985 (M30) - GRC	00:01:41 00:00:00	00:03:48 00:02:07	00:13:03 00:11:22	00:29:22 00:27:42	00:56:38 00:54:58	01:18:01 01:16:20
456	456	41	141	11192	ΔΡΟΣΟΠΟΥΛΟΥ ΣΤΕΛΛΑ Γυναίκα - 1975 (F40) - GRC Novasports Running Team	00:00:51 00:00:00	00:03:11 00:02:20	00:12:04 00:11:14	00:28:35 00:27:45	00:56:49 00:55:59	01:18:02 01:17:12
457	457	36	316	10232	ΜΙΝΤΖΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1986 (M30) - GRC	-	0:20:55	0:27:26	0:39:36	1:00:59	1:18:19
458	458	16	142	11116	ΜΑΥΡΟΓΙΑΝΝΗ ΓΙΑΝΝΑ Γυναίκα - 1968 (F50) - GRC MARATHON TEAM GREECE by MARIA POLYZOU	00:01:31 00:00:00	00:03:31 00:02:00	00:12:33 00:11:03	00:29:21 00:27:51	00:56:54 00:55:23	01:18:29 01:16:58
459	459	59	317	11272	ΜΑΥΡΟΜΜΑΤΗΣ ΠΑΝΟΣ Άνδρας - 1970 (M45) - GRC	00:00:57 00:00:00	00:03:14 00:02:17	00:12:17 00:11:20	00:28:13 00:27:16	00:56:12 00:55:15	01:18:55 01:17:58
460	460	23	143	10135	ΒΑΣΙΛΕΙΑΔΟΥ ΣΤΥΛΙΑΝΑ Γυναίκα - 1986 (F30) - GRC	00:01:24 00:00:00	00:03:32 00:02:08	00:12:20 00:10:57	00:28:49 00:27:25	00:56:14 00:54:51	01:18:58 01:17:35
461	461	24	144	11130	ΑΗΔΟΝΗ ΣΠΥΡΙΔΟΥΛΑ Γυναίκα - 1986 (F30) - GRC	00:01:26 00:00:00	00:03:32 00:02:06	00:12:20 00:10:55	00:28:48 00:27:23	00:56:15 00:54:49	01:18:58 01:17:32
462	462	60	318	11226	ΚΑΦΑΣΗΣ ΓΡΗΓΟΡΙΟΣ Άνδρας - 1974 (M45) - GRC	00:00:51 00:00:00	00:03:01 00:02:10	00:11:24 00:10:34	00:26:41 00:25:50	00:54:34 00:53:43	01:19:33 01:18:43
463	463	11	319	11131	ΑΘΑΝΑΣΟΠΟΥΛΟΣ ΔΙΟΝΥΣΗΣ Άνδρας - 1958 (M60) - GRC	00:00:53 00:00:00	00:03:09 00:02:17	00:11:50 00:10:57	00:28:25 00:27:32	00:57:02 00:56:09	01:19:47 01:18:54
464	464	61	320	10281	ΠΟΛΙΤΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1973 (M45) - GRC	00:00:53 00:00:00	00:03:09 00:02:16	00:11:50 00:10:57	00:28:25 00:27:32	00:57:02 00:56:09	01:19:47 01:18:54
465	465	19	145	11414	ΧΑΡΤΑ ΕΥΓΕΝΙΑ Γυναίκα - 1974 (F45) - GRC	00:00:11 00:00:00	00:02:22 00:02:12	00:11:12 00:11:01	00:27:56 00:27:45	00:57:48 00:57:37	01:19:49 01:19:38
466	466	11	321	11277	ΜΗΤΡΟΠΟΥΛΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1995 (M20) - GRC FITSPOT	00:01:55 00:00:00	00:04:00 00:02:05	00:13:02 00:11:07	00:29:05 00:27:11	00:57:16 00:55:21	01:19:51 01:17:57
467	467	10	146	11262	ΜΑΙΣΤΡΕΛΛΗ ΝΑΤΑΛΙΑ Γυναίκα - 1993 (F25) - GRC FITSPOT	00:01:55 00:00:00	00:04:01 00:02:06	00:13:00 00:11:05	00:29:06 00:27:11	00:57:00 00:55:05	01:19:52 01:17:57
468	468	16	322	11112	JI YANGCHAO Άνδρας - 2005 (M) - CHN	00:00:23 00:00:00	00:02:16 00:01:54	00:09:48 00:09:25	00:24:44 00:24:21	00:55:43 00:55:21	01:20:06 01:19:44
469	469	37	323	11304	ΝΕΖΗΣ ΣΩΤΗΡΙΟΣ Άνδρας - 1987 (M30) - GRC	00:01:34 00:00:00	00:03:43 00:02:10	00:12:48 00:11:14	00:28:42 00:27:09	00:55:14 00:53:41	01:20:32 01:18:59
470	470	17	147	11368	ΣΤΑΜΟΥΛΗ ΝΙΚΗ Γυναίκα - 1967 (F50) - GRC	00:00:12 00:00:00	00:02:24 00:02:13	00:11:11 00:10:59	00:28:21 00:28:09	00:58:04 00:57:53	01:20:52 01:20:40
471	471	12	324	11189	ΔΡΑΚΟΠΟΥΛΟΣ ΣΠΥΡΟΣ Άνδρας - 1995 (M20) - GRC	-	0:41:52	-	-	1:04:09	1:20:52
472	472	42	148	11144	ΑΥΓΕΡΗ ΕΛΕΝΑ Γυναίκα - 1976 (F40) - GRC Novasports Running Team	00:00:45 00:00:00	00:02:55 00:02:11	00:11:44 00:11:00	00:29:49 00:29:05	00:59:07 00:58:22	01:21:27 01:20:43
473	473	62	325	11284	ΜΟΥΖΑΚΙΤΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1974 (M45) - GRC Novasports Running Team	00:00:45 00:00:00	00:02:55 00:02:10	00:11:44 00:10:59	00:29:49 00:29:04	00:59:06 00:58:22	01:21:27 01:20:42
474	474	43	326	10126	ΑΝΔΡΙΚΟΠΟΥΛΟΣ ΜΙΧΑΛΗΣ Άνδρας - 1982 (M35) - GRC	00:00:36 00:00:00	00:02:55 00:02:20	00:12:16 00:11:41	00:29:31 00:28:56	00:59:04 00:58:29	01:21:48 01:21:13
475	475	5	327	11125	ΤΥΑΔΩΡΣ YONNAN Άνδρας - 1954 (M65) - IRQ	00:00:14 00:00:00	00:02:03 00:01:50	00:10:38 00:10:25	00:26:56 00:26:43	00:56:52 00:56:39	01:21:53 01:21:39
476	476	43	149	11242	ΚΟΥΤΣΟΥΜΠΑ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1977 (F40) - GRC	00:01:00 00:00:00	00:03:20 00:02:21	00:13:01 00:12:01	00:30:18 00:29:19	00:58:34 00:57:35	01:22:12 01:21:12

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split1	Split2	Split3	Split4	Finish
477	477	20	150	11425	ΚΟΥΝΕΝΗ ΜΑΓΔΑ Γυναίκα - 1973 (F45) - GRC PROTON RUNNING TEAM	00:01:23 00:00:00	00:03:34 00:02:11	00:12:37 00:11:14	00:29:28 00:28:06	00:58:23 00:57:00	01:22:31 01:21:08
478	478	25	151	11353	ΣΙΔΕΡΗ ΧΡΙΣΤΙΝΑ Γυναίκα - 1988 (F30) - GRC ΠΕΑΝΔ	00:01:14 00:00:00	00:03:19 00:02:06	00:12:17 00:11:03	00:29:14 00:28:00	00:58:46 00:57:33	01:22:52 01:21:39
479	479	64	328	11300	ΜΠΟΥΡΝΗΣ ΣΠΥΡΙΔΩΝ Άνδρας - 1977 (M40) - GRC	00:00:35 00:00:00	00:03:02 00:02:28	00:12:59 00:12:24	00:30:27 00:29:53	00:59:34 00:59:00	01:24:06 01:23:32
480	480	11	152	22543	ΦΕΡΤΖΙΟΝΗ ANNA Γυναίκα - 1993 (F25) - GRC	00:03:44 00:00:00	00:06:04 00:02:21	00:15:30 00:11:46	00:32:15 00:28:32	01:00:20 00:56:36	01:24:07 01:20:23
481	481	3	153	11305	ΝΕΤΟΥ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1961 (F55) - GRC	00:00:06 00:00:00	00:02:06 00:02:01	00:11:27 00:11:21	00:29:12 00:29:06	00:59:23 00:59:17	01:24:19 01:24:13
482	482	3	329	11434	ΜΙΧΑΗΛΙΔΗΣ ΣΑΒΒΑΣ Άνδρας - 1944 (M70+) - GRC	00:00:47 00:00:00	00:03:11 00:02:25	00:12:24 00:11:38	00:29:43 00:28:56	01:00:14 00:59:28	01:24:19 01:23:32
483	483	63	330	11176	ΓΡΑΝΤΖΑΣ ΣΠΥΡΙΔΩΝ Άνδρας - 1974 (M45) - GRC	00:00:40 00:00:00	00:02:52 00:02:12	00:11:46 00:11:07	00:28:57 00:28:17	00:59:35 00:58:55	01:24:33 01:23:53
484	484	6	331	11457	ΠΟΥΛΗΣ ΑΝΔΡΟΝΙΚΟΣ Άνδρας - 1951 (M65) - GRC	00:00:48 00:00:00	00:02:56 00:02:08	00:11:50 00:11:02	00:28:25 00:27:37	00:58:42 00:57:55	01:24:37 01:23:49
485	485	4	154	11232	ΚΟΝΔΥΛΗ ΑΙΜΙΛΙΑ Γυναίκα - 1960 (F55) - GRC	00:01:09 00:00:00	00:03:57 00:02:48	00:14:54 00:13:46	00:34:44 00:33:35	01:04:25 01:03:16	01:26:58 01:25:49
486	486	35	332	11233	ΚΟΝΔΥΛΗΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1965 (M50) - GRC	00:01:10 00:00:00	00:03:56 00:02:47	00:14:56 00:13:47	00:34:43 00:33:34	01:04:24 01:03:15	01:26:59 01:25:49
487	487	44	155	10125	ΑΝΑΣΤΑΣΟΠΟΥΛΟΥ ΜΑΡΙΝΑ Γυναίκα - 1977 (F40) - GRC FRAPORT	00:00:52 00:00:00	00:03:01 00:02:10	00:12:21 00:11:29	00:30:39 00:29:47	01:02:04 01:01:13	01:27:03 01:26:11
488	488	21	156	11332	ΠΕΡΑΚΗ ΕΛΕΝΗ Γυναίκα - 1972 (F45) - GRC	-	0:06:23	0:15:26	0:32:44	1:03:16	1:28:03
489	489	18	157	11341	ΠΡΟΔΡΟΜΟΥ ΑΝΙΤΑ Γυναίκα - 1969 (F50) - GBR	00:00:06 00:00:00	00:02:19 00:02:14	00:12:19 00:12:14	00:31:45 00:31:40	01:03:40 01:03:35	01:28:48 01:28:43
490	490	65	333	11435	ΖΕΥΓΩΛΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1978 (M40) - GRC	00:00:41 00:00:00	00:02:38 00:01:57	00:11:40 00:10:59	00:30:34 00:29:53	01:03:30 01:02:49	01:28:54 01:28:13
491	491	7	334	11101	ARNOLD ANTHONY Άνδρας - 1950 (M65) - GBR	00:01:45 00:00:00	00:03:58 00:02:14	00:13:27 00:11:43	00:31:21 00:29:36	01:03:43 01:01:58	01:29:40 01:27:56
492	492	22	158	11102	ARNOLD-VOLAKOU JENNIFER Γυναίκα - 1974 (F45) - GBR	00:01:45 00:00:00	00:03:59 00:02:14	00:13:27 00:11:43	00:31:21 00:29:37	01:03:43 01:01:58	01:29:40 01:27:56
493	493	26	159	11124	ΤΑΜΑΝΓ ΗΑΝΝΑ Γυναίκα - 1989 (F30) - DEU	00:01:00 00:00:00	00:03:03 00:02:03	00:11:53 00:10:53	00:31:20 00:30:21	01:06:23 01:05:24	01:35:36 01:34:36
494	494	27	160	11293	ΜΠΕΚΟΥ ΔΗΜΗΤΡΑ Γυναίκα - 1988 (F30) - GRC	-	0:42:11	-	1:31:02	1:07:50	1:35:40
495	495	38	335	11375	ΤΑΚΑΤΖΟΓΛΟΥ ΝΙΚΟΣ Άνδρας - 1988 (M30) - GRC	-	0:17:59	-	0:41:49	1:07:50	1:35:40
496	496	39	336	22671	ΜΑΡΟΥΔΑΣ ΣΠΥΡΟΣ Άνδρας - 1989 (M30) - GRC	00:00:56 00:00:00	00:02:37 00:01:42	00:10:29 00:09:34	00:26:20 00:25:25	00:58:59 00:58:03	01:37:16 01:36:21
497	497	28	161	22286	ΚΑΡΑΝΙΚΟΛΑΟΥ ΜΑΡΙΑ Γυναίκα - 1988 (F30) - GRC	00:02:50 00:00:00	00:05:34 00:02:44	00:16:44 00:13:54	00:38:50 00:36:01	01:12:09 01:09:19	01:42:55 01:40:05
498	498	29	162	22245	ΔΙΑΜΑΝΤΕΛΛΗ ΧΡΙΣΤΙΝΑ Γυναίκα - 1989 (F30) - GRC	00:02:51 00:00:00	00:05:33 00:02:42	00:16:41 00:13:50	00:35:56 00:33:05	01:12:10 01:09:19	01:42:55 01:40:04
499	499	21	163	22211	ΒΙΛΛΙΩΤΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1980 (F35) - GRC	00:02:51 00:00:00	00:05:34 00:02:43	00:16:44 00:13:53	00:38:49 00:35:58	01:12:10 01:09:20	01:42:57 01:40:06
500	500	44	337	10267	ΠΑΠΑΧΡΗΣΤΟΥ ΝΕΚΤΑΡΙΟΣ Άνδρας - 1981 (M35) - GRC	00:01:12 00:00:00	00:03:01 00:01:49	00:10:40 00:09:28	00:24:16 00:23:05	00:45:49 00:44:37	02:00:14 01:59:03