

TROODOS GREEN 15KM RACE 2019

Place	Name	Type	Bib #	Time	Pace	Speed	Sex	Age
1	TOM ADAMS	RUNNER	363	00:58:04.94	03:52	15.5kph	M	36
2	ROMAN KARAKULOV	RUNNER	346	01:04:26.86	04:17	14.0kph	M	34
3	CHRISTOFOROS PROTOPAPAS	RUNNER	201	01:05:38.32	04:22	13.7kph	M	30
4	PANIKOS STYLIANOU	RUNNER	333	01:09:10.63	04:36	13.0kph	M	52
5	DIMITRIS SARMA	RUNNER	254	01:09:21.63	04:37	13.0kph	M	40
6	ALEXANDER BEREZHNOY	RUNNER	207	01:10:04.79	04:40	12.8kph	M	32
7	SAM LITTLEWOOD	RUNNER	348	01:10:23.55	04:41	12.8kph	M	31
8	VASILIS ADAMOY	RUNNER	367	01:11:12.82	04:44	12.6kph	M	29
9	SIMOS NEOFITOU	RUNNER	352	01:12:03.26	04:48	12.5kph	M	33
10	MARKELLO ACHNIOTIS	RUNNER	302	01:13:34.42	04:54	12.2kph	M	38
11	JAVIER MARELLI	RUNNER	284	01:15:09.04	05:00	12.0kph	M	34
12	PAULA HAVU	RUNNER	339	01:15:41.99	05:02	11.9kph	F	38
13	YIANNIS PANAYIDES	RUNNER	370	01:15:45.86	05:03	11.9kph	M	35
14	NIKOLAS NIKOLAIDES	RUNNER	326	01:16:45.27	05:07	11.7kph	M	38
15	GEORGE POSNAKIDIS	RUNNER	386	01:16:55.81	05:07	11.7kph	M	34
16	MARIOS MARKIDES	RUNNER	300	01:17:27.79	05:09	11.6kph	M	31
17	MARIA SOTERIOU	RUNNER	295	01:19:37.80	05:18	11.3kph	F	38
18	ACHILLEAS SKOYROY	RUNNER	384	01:23:26.28	05:33	10.8kph	M	38
19	TONY QUINCI	RUNNER	364	01:23:42.75	05:34	10.8kph	M	41
20	KOSTAS EFSTATHIOU	RUNNER	379	01:24:11.79	05:36	10.7kph	M	50
21	MICHALIS PHILIPPOU	RUNNER	311	01:24:11.84	05:36	10.7kph	M	43
22	ADRIAN GABRIEL RAMOS	RUNNER	203	01:24:12.29	05:36	10.7kph	M	32
23	NATALIA LEVASHOVA CHARALAMPOUS	RUNNER	316	01:24:15.35	05:37	10.7kph	F	40
24	GELU LIVIU TIMOFTE	RUNNER	269	01:24:16.74	05:37	10.7kph	M	50
25	NICOS GEORGIOU	RUNNER	398	01:25:02.54	05:40	10.6kph	M	43
26	SOPHIE SQUIRES	RUNNER	390	01:25:36.32	05:42	10.5kph	F	37
27	CHRISTOFOROS CONSTANTINOU	RUNNER	239	01:27:14.97	05:48	10.3kph	M	42
28	IAKOVOS SAVVA	RUNNER	281	01:27:27.76	05:49	10.3kph	M	41
29	CHARALAMPOS NIKOLAOU	RUNNER	232	01:27:32.55	05:50	10.3kph	M	39
30	ALEXANDROS ALEXANDROU	RUNNER	210	01:27:57.29	05:51	10.2kph	M	41
31	MILOŠ MRAZIK	RUNNER	313	01:28:36.28	05:54	10.2kph	M	37
32	SOTIRIS CHRISTOFI	RUNNER	353	01:28:44.24	05:54	10.1kph	M	31
33	MARKOS MARKIDES	RUNNER	303	01:29:10.50	05:56	10.1kph	M	42
34	AGIS TARAMIDES	RUNNER	204	01:29:20.21	05:57	10.1kph	M	47
35	JOANNE ADAMS	RUNNER	285	01:29:36.76	05:58	10.0kph	F	36
36	GEORGIOS MAVROGEORGOS	RUNNER	276	01:29:41.21	05:58	10.0kph	M	39
37	CHARALAMBOS CHRISTOFI	RUNNER	231	01:29:56.81	05:59	10.0kph	M	31
38	MICHALIS EFTHIMIOU	RUNNER	310	01:29:58.73	05:59	10.0kph	M	30
39	HARRIS ALEXANDROU	RUNNER	278	01:30:08.74	06:00	10.0kph	M	32
40	MARINA BEREZHNAIA	RUNNER	297	01:30:31.45	06:02	9.9kph	F	31
41	MICHALIS HADJISPYROU	RUNNER	312	01:30:48.27	06:03	9.9kph	M	48
42	CHRISTOS PAPAGEORGIOU	RUNNER	381	01:30:51.81	06:03	9.9kph	M	42
43	CHARALAMBOS CHARALAMBOUS	RUNNER	229	01:31:36.23	06:06	9.8kph	M	54
44	EVAGORAS XYDAS	RUNNER	263	01:31:42.96	06:06	9.8kph	M	43
45	PAMBOS SOLOMOU	RUNNER	330	01:32:00.46	06:08	9.8kph	M	43
46	PANAGIOTIS TOPALOUDIS	RUNNER	331	01:32:11.96	06:08	9.8kph	M	31
47	CONSTANTINOS LOIZOU	RUNNER	245	01:32:38.50	06:10	9.7kph	M	33
48	IOANNA PETROU	RUNNER	282	01:32:55.22	06:11	9.7kph	F	50
49	GEORGE NATHANAEL	RUNNER	270	01:33:02.72	06:12	9.7kph	M	39
50	PAVLOS ASHIOTIS	RUNNER	340	01:33:13.99	06:12	9.7kph	M	51
51	STELIOS IOANNOU	RUNNER	355	01:33:30.16	06:14	9.6kph	M	49
52	OMIROS ANTONIOU	RUNNER	327	01:33:35.24	06:14	9.6kph	M	24
53	PANIKOS ANTONIOU	RUNNER	334	01:33:37.00	06:14	9.6kph	M	56
54	RICHARD PEARCE	RUNNER	393	01:33:58.93	06:15	9.6kph	M	35
55	IDO FISCHMAN	RUNNER	396	01:34:02.49	06:16	9.6kph	M	31
56	PATRIK BARIČ	RUNNER	338	01:34:07.97	06:16	9.6kph	M	43
57	DEMETRIS DEMETRIOU	RUNNER	248	01:34:27.95	06:17	9.5kph	M	47
58	ELEFTHERIOS SOLEAS	RUNNER	257	01:34:39.43	06:18	9.5kph	M	44
59	NEOFYTOS KLEANTHOUS	RUNNER	320	01:34:51.17	06:19	9.5kph	M	42
60	KYRIACOS CHARALAMBOUS	RUNNER	291	01:35:00.50	06:20	9.5kph	M	49
61	NAYIRI YILDIZIAN	RUNNER	318	01:35:28.25	06:21	9.4kph	F	37
62	CHARIS KALLONAS	RUNNER	234	01:35:33.74	06:22	9.4kph	M	34
63	RADOVAN ROSTECKY	RUNNER	343	01:35:53.79	06:23	9.4kph	M	42
64	GEORGIOS BEKAS	RUNNER	275	01:36:27.18	06:25	9.3kph	M	46
65	ANDRI SOTERIOU	RUNNER	219	01:36:52.44	06:27	9.3kph	F	30
66	STYLIANOS POLYDOROU	RUNNER	357	01:36:59.52	06:27	9.3kph	M	38
67	VASILIKI CHARALAMBOUS	RUNNER	376	01:38:13.51	06:32	9.2kph	F	38

68	MARIOS ATHANASIOU	RUNNER	394	01:38:29.50	06:33	9.1kph	M	36
69	DEMETRIS HADJIERACLEOUS	RUNNER	249	01:38:34.72	06:34	9.1kph	M	37
70	GIORGOS AKLADOS	RUNNER	277	01:38:39.47	06:34	9.1kph	M	42
71	ANDREAS KOUIS	RUNNER	215	01:39:09.99	06:36	9.1kph	M	44
72	ZACHARIAS ZACHARIA	RUNNER	373	01:39:20.39	06:37	9.1kph	M	43
73	DARRELL JONES	RUNNER	391	01:39:46.46	06:39	9.0kph	M	46
74	STELIOS ARISTODEMOU	RUNNER	354	01:39:59.22	06:39	9.0kph	M	45
75	ANDREW WARD	RUNNER	218	01:40:09.53	06:40	9.0kph	M	46
76	TASOS NICOLAOU	RUNNER	359	01:40:25.98	06:41	9.0kph	M	52
77	EVAGORAS GAVRIELIDES	RUNNER	262	01:40:26.92	06:41	9.0kph	M	51
78	TIMEA BENCZIK	RUNNER	362	01:40:45.83	06:43	8.9kph	F	36
79	GEORGIOS GEORGIUO	RUNNER	392	01:41:24.95	06:45	8.9kph	M	40
80	STAVROS ARODITIS	RUNNER	380	01:41:26.96	06:45	8.9kph	M	43
81	LAOURA MICHAELIDOU	RUNNER	292	01:41:35.40	06:46	8.9kph	F	38
82	DEMETRIS ZEVLARIS	RUNNER	250	01:41:45.10	06:47	8.8kph	M	46
83	CHRYOSOS KOULLOUPAS	RUNNER	241	01:41:52.47	06:47	8.8kph	M	44
84	THEODOROS NICOLAOU	RUNNER	361	01:41:53.42	06:47	8.8kph	M	44
85	ANGELOS TSIANAKKA	RUNNER	222	01:42:10.70	06:48	8.8kph	M	45
86	ANDREAS DAMASKINOS	RUNNER	212	01:42:17.94	06:49	8.8kph	M	53
87	JOZEF BARAN-TOMIK	RUNNER	287	01:42:33.42	06:50	8.8kph	M	46
88	NASSO AGAPIOU	RUNNER	315	01:42:35.91	06:50	8.8kph	F	38
89	CHRISTOS SOLOMOU	RUNNER	240	01:42:35.96	06:50	8.8kph	M	36
90	MICHAEL BEYS	RUNNER	307	01:42:36.53	06:50	8.8kph	M	40
91	DOROS IOANNOU	RUNNER	255	01:42:43.99	06:50	8.8kph	M	47
92	YIANNOS SKALIOTIS	RUNNER	371	01:42:45.51	06:51	8.8kph	M	46
93	PANAYIOTIS MICHAEL	RUNNER	332	01:42:47.23	06:51	8.8kph	M	42
94	GEORGE CHARALAMBOUS	RUNNER	271	01:42:49.97	06:51	8.8kph	M	31
95	CONSTANTINOS MICHAELAS	RUNNER	244	01:42:58.40	06:51	8.7kph	M	35
96	SANJAY LIMBU	RUNNER	350	01:43:31.69	06:54	8.7kph	M	29
97	GEORGIOS SHIAMMAS	RUNNER	383	01:43:36.14	06:54	8.7kph	M	53
98	CONSTANTINOS KAPARIS	RUNNER	243	01:43:41.43	06:54	8.7kph	M	35
99	CHARIS CHRISTODOULOU	RUNNER	233	01:43:48.95	06:55	8.7kph	F	41
100	ALESSANDRO BIANCIARDI	RUNNER	206	01:43:55.71	06:55	8.7kph	M	49
101	FOTIS HADJIGEORGIUO	RUNNER	266	01:44:04.45	06:56	8.6kph	M	47
102	GABRIELA MARANGO	RUNNER	267	01:44:09.20	06:56	8.6kph	F	43
103	THEODOROS CHRISTODOULIDES	RUNNER	360	01:44:28.20	06:57	8.6kph	M	39
104	NECTARIOS GEORGIUO	RUNNER	319	01:44:29.67	06:57	8.6kph	M	43
105	CHARALAMBOS VARNAKKIDES	RUNNER	230	01:44:43.65	06:58	8.6kph	M	31
106	GEORGE PAPASAVVAS	RUNNER	273	01:45:16.68	07:01	8.5kph	M	35
107	PATRICIA MATSOUKA	RUNNER	336	01:45:30.21	07:02	8.5kph	F	34
108	DESPO EFSTATHIOU	RUNNER	377	01:46:00.37	07:04	8.5kph	F	41
109	KOSTAS SHIPETTARIS	RUNNER	378	01:46:20.37	07:04	8.5kph	M	42
110	PATRICK MAINA	RUNNER	337	01:46:47.41	07:07	8.4kph	M	29
111	DEMETRIS VATYLIOTIS	RUNNER	251	01:47:06.92	07:08	8.4kph	M	35
112	KYRIACOS PATTOURAS	RUNNER	290	01:47:12.40	07:08	8.4kph	M	30
113	IOANNIS SAVVA	RUNNER	283	01:47:24.89	07:09	8.4kph	M	38
114	PIERIS ACHILLEOS	RUNNER	342	01:47:35.15	07:10	8.4kph	M	32
115	VICTOR IORDANOUS	RUNNER	368	01:47:57.90	07:11	8.3kph	M	35
116	ANTONIS LOIZOU	RUNNER	226	01:48:56.40	07:15	8.3kph	M	30
117	ERAKLIS MICHAEL	RUNNER	260	01:49:15.10	07:17	8.2kph	M	35
118	DAVID DAVIES	RUNNER	246	01:49:42.79	07:18	8.2kph	M	48
119	ANTONIS YIASEMIDES	RUNNER	225	01:49:51.12	07:19	8.2kph	M	52
120	ZENIOS HADJISYMEOU	RUNNER	374	01:49:59.64	07:19	8.2kph	M	44
121	CHRIS PEERMAN	RUNNER	387	01:50:02.60	07:20	8.2kph	M	37
122	BETH GOOD	RUNNER	389	01:50:02.91	07:20	8.2kph	F	30
123	HELENA KAPAKIOTIS	RUNNER	395	01:50:08.17	07:20	8.2kph	M	40
124	FITOS HADJIGEORGIUO	RUNNER	265	01:50:21.69	07:21	8.2kph	M	42
125	PHILIPPOS CONSTANTINO	RUNNER	341	01:50:22.15	07:21	8.2kph	M	51
126	ANDREAS PARPAS	RUNNER	213	01:50:23.92	07:21	8.2kph	M	39
127	GEORGE KLEANTHOUS	RUNNER	272	01:51:14.89	07:24	8.1kph	M	32
128	PANTELIS THEODOULOU	RUNNER	385	01:51:20.60	07:25	8.1kph	M	32
129	FILIOS PAPTAEODOULOU	RUNNER	264	01:51:24.15	07:25	8.1kph	M	54
130	LAZAROS HOPPAS	RUNNER	293	01:51:25.16	07:25	8.1kph	M	52
131	KALIA CHRYSANTHOU	RUNNER	289	01:51:35.64	07:26	8.1kph	F	31
132	ANDREAS NEARCHOU	RUNNER	375	01:51:51.18	07:27	8.0kph	M	51
133	ANTONIS TEKLOS	RUNNER	397	01:52:13.64	07:28	8.0kph	M	40
134	EUGENIA OLKHOVAYA	RUNNER	261	01:52:34.90	07:30	8.0kph	F	43
135	ANDROS NEOFYTOU	RUNNER	220	01:52:57.35	07:31	8.0kph	M	51
136	YIANNOS YIANNAKOU	RUNNER	372	01:53:22.09	07:33	7.9kph	M	41
137	ANDREAS POLYKARPOU	RUNNER	217	01:53:25.78	07:33	7.9kph	M	72
138	VITALII GOROBETS	RUNNER	369	01:53:41.09	07:34	7.9kph	M	33
139	GEORGIA HAJIPANAYIOTOU	RUNNER	274	01:53:43.78	07:34	7.9kph	F	40

140	PABLO TEVES	RUNNER	329	01:53:59.61	07:35	7.9kph	M	46
141	ELENI CHRISTOUDIA	RUNNER	259	01:54:17.45	07:37	7.9kph	F	25
142	ALEXANDER GEORGIOU	RUNNER	208	01:54:34.58	07:38	7.9kph	M	35
143	NIKOLAOS PAPADOPOULOS	RUNNER	325	01:54:50.17	07:39	7.8kph	M	45
144	ATHANASIA SHIAMMA	RUNNER	382	01:55:02.09	07:40	7.8kph	F	53
145	ALEXANDRA BELL	RUNNER	209	01:55:04.09	07:40	7.8kph	F	30
146	ACHILLEAS VYRIDES	RUNNER	202	01:55:25.88	07:41	7.8kph	M	37
147	MICHALIS POURIOS	RUNNER	309	01:57:31.68	07:50	7.7kph	M	45
148	MARIOS NEOKLEOUS	RUNNER	301	01:57:35.84	07:50	7.7kph	M	45
149	SVETLANA GOLOBOKOVA	RUNNER	358	01:58:11.58	07:52	7.6kph	F	53
150	MARYANA KHODYRYEVA	RUNNER	306	01:58:12.55	07:52	7.6kph	F	42
151	ANTONIS STAMATAKIS	RUNNER	224	01:58:16.42	07:53	7.6kph	M	43
152	MARTIN ŠTULRAJTER	RUNNER	305	01:58:40.84	07:54	7.6kph	M	35
153	JAMES BALLARD	RUNNER	388	02:00:06.84	08:00	7.5kph	M	38
154	DOROTHY MEIKLE	RUNNER	256	02:00:44.80	08:02	7.5kph	F	56
155	NIKODIMOS THEODOTOU	RUNNER	324	02:01:23.05	08:05	7.4kph	M	27
156	ARISTOS ARISTODEMOU	RUNNER	227	02:02:19.10	08:09	7.4kph	M	42
157	NICOLETTA MICHAEL	RUNNER	322	02:03:14.28	08:12	7.3kph	F	38
158	CHRISTIA ZENIOU	RUNNER	236	02:04:02.13	08:16	7.3kph	F	35
159	ANDREAS CHRISTODOULOU	RUNNER	214	02:04:22.78	08:17	7.2kph	M	64
160	MARINA MICHAEL	RUNNER	298	02:05:13.62	08:20	7.2kph	F	42
161	MICHALIS HATZIOANNOY	RUNNER	344	02:05:58.08	08:23	7.1kph	F	48
162	SAM STEPHEN TUCKER	RUNNER	349	02:06:20.51	08:25	7.1kph	M	66
163	ANGELA MCGILL	RUNNER	221	02:07:33.56	08:30	7.1kph	F	59
164	MARIA TSIAKKA	RUNNER	296	02:07:56.31	08:31	7.0kph	F	38
165	DEMETRIS NATHANAEL	RUNNER	247	02:09:27.32	08:37	7.0kph	M	47
166	ANDREAS THEODOTOU	RUNNER	211	02:09:37.29	08:38	6.9kph	M	54
167	VALERIA MAKARYCHEVA	RUNNER	366	02:09:54.03	08:39	6.9kph	F	27
168	CHRISTODOULOS IAKOVOU	RUNNER	238	02:10:02.22	08:40	6.9kph	M	42
169	HARUN DENIZKAN	RUNNER	279	02:12:09.21	08:48	6.8kph	M	57
170	ANTIGONI ANDREOU	RUNNER	223	02:12:42.22	08:50	6.8kph	F	26
171	NATASSA DEMETRIOY	RUNNER	317	02:14:11.81	08:56	6.7kph	M	43
172	GARY ADAMS	RUNNER	268	02:17:52.21	09:11	6.5kph	M	38
173	MICHAELINA MICHAEL	RUNNER	308	02:18:57.70	09:15	6.5kph	F	46
174	TONY MARRIOTT	RUNNER	365	02:24:12.67	09:36	6.2kph	M	64
175	ROSANNA MINOSHIS	RUNNER	347	02:27:03.21	09:48	6.1kph	F	40
176	MARIA MILTIADOUS	RUNNER	294	02:27:17.46	09:49	6.1kph	F	33
177	CLAIRE RINKES	RUNNER	242	02:31:10.40	10:04	6.0kph	F	55
178	CATHERINE TONKS	RUNNER	228	02:31:10.70	10:04	6.0kph	F	44
179	MARLEN KOUNNAPI	RUNNER	304	02:34:48.42	10:19	5.8kph	F	41
180	ELENI ANTONIOU	RUNNER	258	02:45:15.36	11:01	5.4kph	F	47
181	DIMIS CACOYIANNIS	RUNNER	252	03:04:01.50	12:16	4.9kph	M	56
182	MINA KATSAFADOU	RUNNER	314	03:41:11.47	14:44	4.1kph	F	39
183	SAVVAS SAVVA	RUNNER	351	03:41:15.29	14:45	4.1kph	M	45
184	NICHOLAS ANTONIOU	RUNNER	321	03:48:01.18	15:12	3.9kph	M	19
185	RODOULA ATHANASIOU	RUNNER	345	03:48:01.18	15:12	3.9kph	F	44
186	ANDREAS HADJIZINOVIU	RUNNER	216	03:48:02.91	15:12	3.9kph	M	28
187	NIKI TELONI	RUNNER	323	03:48:03.45	15:12	3.9kph	F	36
188	OURANIOS TZAMALOUKAS	RUNNER	328	03:48:03.45	15:12	3.9kph	M	46
189	AISTIS MIKALOUSKAS	RUNNER	205	03:48:03.59	15:12	3.9kph	M	27
190	PANTELIS PANTELI	RUNNER	335	03:48:03.59	15:12	3.9kph	M	60
191	STELIOS STYLIANOU	RUNNER	356	03:48:03.93	15:12	3.9kph	M	44

