

Place	Gen der Ran k	AG Rank	Bib	Name	AG	Year	Gen de r	3300m	Finish	Pace	Club
1	1	1	50230	KOLIOS NESTORAS	M18-34	2001	m	0:10:37	0:16:26	3:17:00	A.Γ.Σ.Ι.
2	2	2	50122	GEORGIU ALEXANDROS	M18-34	1999	m	0:10:37	0:16:38	3:19:00	
3	3	1	50225	TASIOULAS GEORGIOS	M18-	2006	m	0:10:38	0:16:45	3:20:00	A.Γ.Σ.Ι.
4	4	3	50362	LOLIS PETROS	M18-34	2001	m	0:10:49	0:17:23	3:28:00	E.K.A. Δωδώνη Ιωαννίνων
5	5	1	50099	KONTAKAS ANTONIOS	M40-44	1978	m	0:10:50	0:17:27	3:29:00	ΑΘΛΟΚΙΝΗΣΗ ΜΥΤΙΑΗΝΗΣ
6	6	2	50131	NITSOS VASILEIOS	M40-44	1978	m	0:11:03	0:18:05	3:36:00	ΣΕΒΑΣ ΝΑΞΟΥ
7	7	2	50222	SIOMOS-GKIZAS PHILIPPOS	M18-	2006	m	0:11:07	0:18:13	3:38:00	A.Γ.Σ.Ι.
8	8	4	50138	CHOUSIDIS IEREMIAS	M18-34	1991	m	0:11:19	0:18:17	3:39:00	Stoikos Running Team
9	9	1	50156	GORGOLIS STERGIOS	M35-39	1983	m	0:11:45	0:18:49	3:45:00	
10	10	5	50111	LYTIS DIMITRIS	M18-34	1996	m	0:11:50	0:18:50	3:45:00	
11	11	6	50045	KALLIMANIS MICHAIL	M18-34	1997	m	0:11:56	0:19:00	3:47:00	
12	1	1	50026	FLOROU EFI	F18-34	1999	f	0:11:44	0:19:03	3:48:00	ΝΙΚΗ ΒΟΛΟΥ ΣΤΙΒΟΣ
13	12	7	50150	SOUTZIOS SOKRATIS	M18-34	1998	m	0:11:55	0:19:09	3:49:00	ΣΔΙ
14	13	8	50205	MOURATAS BASILIS	M18-34	2001	m	0:11:34	0:19:17	3:51:00	A. O. ΠΡΕΒΕΖΑΣ
15	14	3	50001	CHRISTOU GIORGOS	M40-44	1980	m	0:12:00	0:19:24	3:52:00	SYLLOGOS DROMEON PREVEZAS
16	2	2	50024	TSITSAKI APOSTOLIA	F18-34	2001	f	0:12:13	0:19:43	3:56:00	ΝΙΚΗ ΒΟΛΟΥ ΣΤΙΒΟΣ
17	3	1	50238	ANDROUTSOU XRYSA	F18-	2004	f	0:12:22	0:19:57	3:59:00	A.Γ.Σ.Ι.
18	15	1	50166	BAROS APOSTOLOS	M45-49	1972	m	0:12:24	0:20:05	4:00:00	ΣΕΒΑΣ ΔΡΑΜΑΣ
19	16	2	50037	GIOTAKIS CHRISTOS	M45-49	1975	m	0:12:30	0:20:16	4:03:00	σύλλογος δρομέων Ιωαννίνων
20	17	1	50457	CHIRAS MARINOS	M50-54	1968	m	0:12:28	0:20:21	4:04:00	
21	18	3	50466	PAPADOPOULOS GIORGOS	M45-49	1974	m	0:12:39	0:20:34	4:06:00	A.Γ.Σ.Ι.
22	19	2	50348	LABROU KAROLOS	M35-39	1984	m	0:12:41	0:20:38	4:07:00	
23	4	2	50234	PAPAXRISTOU ILIANA	F18-	2008	f	0:12:43	0:20:43	4:08:00	A.Γ.Σ.Ι.
24	5	3	50232	PAPADOPOULOU STAVROULA	F18-	2007	f	0:12:41	0:20:50	4:09:00	A.Γ.Σ.Ι.
25	20	9	50385	TIKTAPANIDIS ALEXANDROS	M18-34	1999	m	0:12:32	0:20:59	4:11:00	
26	21	10	50167	ZARAGKAS THOMAS	M18-34	1998	m	0:12:52	0:21:01	4:12:00	JUDO ΝΙΚΗΦΟΡΟΣ ΑΝΑΤΟΛΗΣ
27	22	3	50364	GIOUGLIS DIMITRIOS	M18-	2006	m	0:13:09	0:21:09	4:13:00	E.K.A. Δωδώνη Ιωαννίνων
28	23	4	50125	ZOLOTAS DIMITRIS	M18-	2004	m	0:13:34	0:21:24	4:16:00	A.Σ. ΑΘΛΗΤΗΣ ΓΑΣΤΟΥΝΗΣ
29	6	1	50107	MARAGIANNI CHRISTINA	F45-49	1972	f	0:13:42	0:21:43	4:20:00	ΣΥΒΑΣ ΛΑΡΙΣΑΣ
30	24	4	50476	VARELIS DIMITRIS	M45-49	1976	m	0:13:25	0:21:59	4:23:00	ΕΛ.ΑΣ.
31	25	11	50259	BENETOS SPYROS	M18-34	2001	m	0:13:23	0:22:05	4:24:00	
32	26	5	50315	BALTOGIANNIS NAPOLEON	M18-	2008	m	0:13:53	0:22:11	4:26:00	
33	27	4	50189	TZOUMAS CHRISTOFOROS	M40-44	1977	m	0:13:45	0:22:11	4:26:00	
34	28	6	50330	KATSANAKIS GEORGIOS	M18-	2004	m	0:13:56	0:22:21	4:28:00	
35	7	3	50126	GOUTSIA MARIA	F18-34	1988	f	0:13:44	0:22:23	4:28:00	Fitness factory arta
36	29	2	50035	MENAGIAS PANAGIOTIS	M50-54	1970	m	0:13:30	0:22:24	4:28:00	Oxford Company
37	8	4	50143	MENAGIA MARINA	F18-	2008	f	0:13:31	0:22:25	4:28:00	OXFORD COMPANY
38	30	1	50060	PAPAGIANNIS THEODOROS	M55-59	1963	m	0:13:56	0:22:32	4:30:00	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ
39	31	7	50499	KEGOS LEFTERIS	M18-	2006	m	0:13:50	0:22:41	4:32:00	
40	32	12	50398	NOUSIS PANAGIOTIS	M18-34	1987	m	0:14:27	0:22:44	4:32:00	REVOLUTIONFIT
41	33	13	50387	EFSTATHOPOULOS VASILEIOS	M18-34	1989	m	0:14:29	0:22:45	4:32:00	REVOLUTIONFIT
42	34	14	50231	TOULGARIDIS NIKOS	M18-34	2001	m	0:14:06	0:22:49	4:33:00	A.Γ.Σ.Ι.
43	35	15	50239	KOTSIAPTIS XRISTOS	M18-34	1994	m	0:14:13	0:22:53	4:34:00	A.Γ.Σ.Ι.
44	36	8	50228	GIAKIS GEORGIOS	M18-	2006	m	0:14:38	0:22:55	4:34:00	A.Γ.Σ.Ι.
45	9	5	50233	LAMA TATIANA	F18-	2006	f	0:14:03	0:22:58	4:35:00	A.Γ.Σ.Ι.
46	37	5	50011	MALANDRINOS GERASIMOS	M45-49	1972	m	0:14:09	0:23:08	4:37:00	360 PERSONAL
47	38	9	50221	KOSMAS ELEUTHERIOS	M18-	2005	m	0:13:56	0:23:23	4:40:00	A.Γ.Σ.Ι.
48	39	16	50262	KATSANAKIS NIKOLAOS	M18-34	2000	m	0:13:57	0:23:25	4:40:00	
49	40	3	50353	PAPPAS PANTELIS	M50-54	1971	m	0:14:28	0:23:26	4:41:00	
50	41	6	50303	MARGONIS GEORGIOS	M45-49	1973	m	0:14:05	0:23:26	4:41:00	ΑΝΕΞΑΡΤΗΤΟΣ
51	10	6	50044	DIMOU MARIA	F18-	2006	f	0:14:10	0:23:30	4:41:00	A.Γ.Σ. ΙΩΑΝΝΙΝΩΝ
52	42	17	50021	KITSIOS-GIANNAKIS KWNSTANTINOS	M18-34	1991	m	0:14:26	0:23:32	4:42:00	
53	11	1	50003	AVDI EVDOXIA	F35-39	1982	f	0:14:27	0:23:33	4:42:00	Fifth Element
54	12	1	50354	KAZOUKA JENNY	F55-59	1966	f	0:15:24	0:24:02	4:48:00	
55	43	10	50368	SIOZOS IASONAS	M18-	2008	m	0:16:01	0:24:03	4:48:00	E.K.A. Δωδώνη Ιωαννίνων
56	44	4	50074	FILIPPOU KONSTANTINOS	M50-54	1971	m	0:14:42	0:24:12	4:50:00	ΔΡΟΜΕΙΣ ΕΚΑΒ
57	45	18	50101	KYRKOS VASILEIOS	M18-34	1997	m	0:14:54	0:24:16	4:51:00	
58	46	3	50458	AVGERIS GEORGIOS	M35-39	1983	m	0:15:26	0:24:20	4:51:00	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ- ΠΑΣ ΓΙΑΝΝΙΝΑ

Place	Gen der Ran k	AG Rank	Bib	Name	AG	Year	Gen de r	3300m	Finish	Pace	Club
59	47	4	50135	NTAGKAS PAVLOS	M35-39	1983	m	0:15:17	0:24:26	4:53:00	
60	48	1	50304	PAPPAS VASILIS	M60+	1960	m	0:14:59	0:24:28	4:53:00	SDI
61	49	19	50220	KOUTALIS MIXALIS	M18-34	2003	m	0:16:13	0:24:34	4:54:00	
62	50	5	50066	ASPIOTIS PAVLOS	M50-54	1971	m	0:15:28	0:24:54	4:58:00	
63	51	5	50053	GOULIOS DIMITRIS	M35-39	1983	m	0:15:00	0:25:01	5:00:00	ΣΩΦΡΑΤΙΚΑ
64	52	20	50397	GALANIS AXILLEAS	M18-34	1994	m	0:15:41	0:25:08	5:01:00	REVOLUTIONFIT
65	53	21	50337	ZARKADIS NIKOS	M18-34	1992	m	0:15:59	0:25:09	5:01:00	
66	54	6	50251	FRANGELAS THEODOROS	M50-54	1967	m	0:15:29	0:25:09	5:01:00	
67	55	22	50108	KYRTSIAS GEORGIOS	M18-34	1996	m	0:15:16	0:25:10	5:01:00	
68	56	5	50453	YFANTIS APOSTOLIS	M40-44	1979	m	0:15:40	0:25:12	5:02:00	REVOLUTIONFIT
69	57	11	50340	YFANTIS IOANNIS	M18-	2008	m	0:15:05	0:25:16	5:03:00	
70	58	6	50082	VARDALIS KONSTANTINOS	M35-39	1985	m	0:15:37	0:25:19	5:03:00	
71	13	4	50201	SICHLIMIRI MARINA	F18-34	1997	f	0:15:52	0:25:19	5:03:00	
72	59	7	50022	MILTSAKAKIS CHRISTOS	M45-49	1975	m	0:15:25	0:25:20	5:03:00	
73	60	23	50119	TREMPERIS KONSTANTINOS PARIS	M18-34	1999	m	0:15:50	0:25:20	5:03:00	
74	61	24	50429	KOMTZIAS XRISTOS	M18-34	1987	m	0:16:05	0:25:29	5:05:00	REVOLUTIONFIT
75	62	12	50214	STAVROU GEORGIOS	M18-	2006	m	0:15:47	0:25:34	5:06:00	
76	14	7	50224	OIKONOMOY TATIANA	F18-	2006	f	0:15:22	0:25:36	5:07:00	A.Γ.Σ.Ι.
77	15	8	50223	TSIGARA SOTIRIA	F18-	2006	f	0:15:22	0:25:36	5:07:00	A.Γ.Σ.Ι.
78	63	25	50039	OIKONOMOU GEORGIOS	M18-34	1997	m	0:15:29	0:25:37	5:07:00	
79	64	26	50410	KOLIAKIS ALEXIS	M18-34	1988	m	0:17:09	0:25:39	5:07:00	REVOLUTIONFIT
80	65	7	50051	TASIOYLAS SPIROS	M50-54	1971	m	0:16:00	0:25:40	5:07:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
81	66	27	50261	STAVROU ILIAS	M18-34	2001	m	0:15:39	0:25:43	5:08:00	ΟΡΑΡ RUNNING TEAM
82	16	5	50177	PANTAZOPOULOU NATALIA	F18-34	2003	f	0:15:35	0:25:46	5:09:00	ΜΕΣΣΗΝΙΑΚΟΣ ΓΣ
83	67	2	50456	PANTOULAS VASILIS	M60+	1959	m	0:15:53	0:25:47	5:09:00	
84	68	28	50193	TSIAPALIS DIMITRIOS	M18-34	2000	m	0:15:53	0:25:47	5:09:00	BEEP BEEPS
85	69	6	50160	NTARAS ALEXANTROS	M40-44	1977	m	0:16:13	0:25:52	5:10:00	
86	70	13	50372	MACTSIRA EIRINI	M18-	2008	m	0:15:53	0:25:54	5:10:00	E.K.A. Δωδώνη Ιωαννίνων
87	71	14	50339	YFANTIS ATHANASIOS	M18-	2008	m	0:15:48	0:25:55	5:10:00	
88	72	15	50318	KYRITSIS CHRISTOS	M18-	2004	m	0:15:49	0:26:03	5:12:00	
89	17	6	50194	TSARA KONSTANTINA	F18-34	1999	f	0:15:54	0:26:05	5:12:00	
90	18	7	50370	PAPANTONIOU MAGDA	F18-34	2001	f	0:15:53	0:26:10	5:13:00	E.K.A. Δωδώνη Ιωαννίνων
91	73	29	50134	KOSTIS MICHALIS	M18-34	1992	m	0:16:02	0:26:10	5:13:00	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΒΟΛΟΥ
92	74	7	50422	SEVASTIADIS STEFANOS	M35-39	1983	m	0:16:41	0:26:13	5:14:00	REVOLUTIONFIT
93	19	8	50123	MASTORA KATERINA	F18-34	1993	f	0:16:08	0:26:15	5:14:00	
94	20	9	50311	VASILAKI STAMATELA	F18-34	1993	f	0:16:19	0:26:24	5:16:00	
95	75	8	50312	BLATSIOS SPYRIDON	M35-39	1984	m	0:16:19	0:26:24	5:16:00	
96	76	1	50087	MOURKAS KONSTANTINOS		2009	m	0:16:31	0:26:24	5:16:00	360personal
97	21	10	50162	GIAKOUMI NEFELI	F18-34	1996	f	0:16:23	0:26:25	5:16:00	
98	77	30	50216	MPILAS VASILEIOS	M18-34	1997	m	0:17:13	0:26:26	5:17:00	
99	78	8	50047	GALINAS PANAGIOTIS	M45-49	1974	m	0:16:15	0:26:36	5:19:00	IRON GYM ARTA
100	79	9	50049	KARALIS POL	M35-39	1986	m	0:16:29	0:26:44	5:20:00	
101	80	8	50186	SIAMALEKAS KOSTAS	M50-54	1970	m	0:16:40	0:26:54	5:22:00	ΑΝΕΞΑΡΤΗΤΟΣ
102	81	9	50185	SIAMALEKAS ILIAS	M45-49	1972	m	0:16:40	0:26:54	5:22:00	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ
103	22	1	50320	SOUTZOGLU MARIA	F50-54	1969	f	0:16:54	0:26:54	5:22:00	ΦΕΙΔΙΠΙΔΗΣ
104	82	31	50338	BELLOS ALEXANDROS	M18-34	1997	m	0:16:51	0:26:55	5:22:00	
105	23	11	50459	KAMMENOU ANGELIKI	F18-34	2000	f	0:16:45	0:26:56	5:23:00	
106	83	32	50386	TSIMPOUKAS THEOFILOS	M18-34	1995	m	0:16:58	0:26:56	5:23:00	
107	84	33	50061	NIKOULIS IOANNIS	M18-34	1999	m	0:17:18	0:26:56	5:23:00	
108	24	12	50018	KOUTSOUKOU ANNA LALYN	F18-34	1992	f	0:16:56	0:26:58	5:23:00	
109	25	13	50506	VOGGELI CHRISTIANA	F18-34	2003	f	0:16:41	0:26:59	5:23:00	
110	26	1	50310	SOROGA ALEXANDRA	F40-44	1981	f	0:17:06	0:27:04	5:24:00	Εκα Δωδώνη
111	85	34	50070	GOULAS CHRYSOSTOMOS	M18-34	1992	m	0:17:02	0:27:13	5:26:00	
112	86	35	50322	VOUKAKIS IOANNIS	M18-34	2001	m	0:17:04	0:27:13	5:26:00	
113	87	10	50058	GOULAS VASILEIOS	M35-39	1985	m	0:17:00	0:27:13	5:26:00	
114	88	9	50159	MATHEOU IOANNIS	M50-54	1967	m	0:16:10	0:27:17	5:27:00	ΣΜΑΧ ΦΕΙΔΙΠΙΔΗΣ
115	89	2	50137	YFANTIS ARIS	M55-59	1964	m	0:16:27	0:27:19	5:27:00	
116	90	7	50325	DOSIS GEORGIOS	M40-44	1979	m	0:16:51	0:27:20	5:27:00	
117	91	16	50401	KAKAIDIS IOANNIS	M18-	2006	m	0:17:23	0:27:21	5:28:00	REVOLUTIONFIT

Place	Gen der Ran k	AG Rank	Bib	Name	AG	Year	Gen de r	3300m	Finish	Pace	Club
118	92	2	50089	BALATSOS STEFANOS		2009	m	0:17:33	0:27:21	5:28:00	A.Γ.Σ. ΙΩΑΝΝΙΝΩΝ
119	93	10	50402	KAKAIDIS DHMHTRIOS	M45-49	1975	m	0:17:23	0:27:22	5:28:00	REVOLUTIONFIT
120	94	3	50202	SICHLIMIRIS VASILEIOS	M55-59	1962	m	0:16:31	0:27:26	5:29:00	
121	95	36	50217	VLACHOS EVAGGELOS	M18-34	1990	m	0:17:13	0:27:28	5:29:00	
122	96	11	50350	TSAPARLIS IASON	M35-39	1982	m	0:17:22	0:27:31	5:30:00	
123	97	37	50484	KOLOKAS PANTELIS	M18-34	1992	m	0:17:39	0:27:40	5:31:00	ΕΨΕΠ
124	27	2	50184	TSINIA AIKATERINI	F50-54	1967	f	0:16:57	0:27:42	5:32:00	ΦΕΙΔΙΠΙΔΗΣ
125	28	14	50029	VLACHOPOULOU VARVARA	F18-34	1989	f	0:16:46	0:27:45	5:32:00	
126	98	38	50431	KOSTAKOS KONSTANTINOS	M18-34	2002	m	0:17:33	0:27:49	5:33:00	
127	99	39	50494	MASTORAS MILTIADIS	M18-34	1992	m	0:17:23	0:27:50	5:33:00	ΕΨΕΠ
128	100	10	50446	MANTZIOS EVAGGELOS	M50-54	1970	m	0:17:21	0:27:50	5:33:00	REVOLUTIONFIT
129	101	11	50209	TSOUMPOS MICHALIS	M45-49	1973	m	0:16:35	0:27:53	5:34:00	
130	29	15	50396	KYRIAKOY DIMITRA	F18-34	1994	f	0:17:22	0:28:06	5:37:00	REVOLUTIONFIT
131	102	40	50158	PAPIGKIOTIS GRIGORIS	M18-34	1993	m	0:17:14	0:28:18	5:39:00	
132	103	8	50445	RAPTIS ELEFThERIOS	M40-44	1980	m	0:17:51	0:28:18	5:39:00	REVOLUTIONFIT
133	104	9	50014	KYRIAZIS IOANNIS	M40-44	1977	m	0:16:58	0:28:23	5:40:00	Gidoprata Running Team
134	105	41	50407	NTOMARIS STAYROS	M18-34	1990	m	0:16:58	0:28:26	5:41:00	REVOLUTIONFIT
135	106	11	50332	PAPAKOSTAS DHMHTRHS	M50-54	1968	m	0:18:30	0:28:43	5:44:00	
136	30	16	50403	MITOLI ELENA	F18-34	1997	f	0:18:17	0:28:44	5:44:00	REVOLUTIONFIT
137	31	17	50389	GEORGIU ELENI	F18-34	1993	f	0:18:25	0:28:44	5:44:00	REVOLUTIONFIT
138	32	2	50260	CHARISI KYRIAKI	F40-44	1981	f	0:17:16	0:28:51	5:46:00	OPAP RUNNING TEAM
139	33	2	50314	TSANELI PANAGIOTA	F55-59	1965	f	0:17:38	0:28:54	5:46:00	ΑΝΕΞΑΡΤΗΤΗ
140	107	42	50334	SPATHARIS CHRISTOS	M18-34	1992	m	0:17:10	0:28:54	5:46:00	-
141	108	43	50329	AMARANTOS STAMATIOS	M18-34	2001	m	0:17:23	0:29:06	5:49:00	
142	109	12	50326	PAPPAS GEORGE	M50-54	1969	m	0:18:12	0:29:07	5:49:00	
143	110	44	50425	KIGKAS VASILIS	M18-34	1991	m	0:17:18	0:29:10	5:49:00	REVOLUTIONFIT
144	34	2	50319	LEKKA SOFIA	F45-49	1976	f	0:17:51	0:29:11	5:50:00	Σ.Δ.Ιωάννινων
145	35	18	50104	VLACHOPOULOU MARIA	F18-34	1992	f	0:17:55	0:29:12	5:50:00	Osteopath
146	111	45	50393	GLIKOS DIMITRIS	M18-34	1995	m	0:17:26	0:29:16	5:51:00	REVOLUTIONFIT
147	36	9	50375	GIOTI KONSTANTINA	F18-	2008	f	0:17:59	0:29:21	5:52:00	E.K.A. Δωδώνη Ιωαννίνων
148	112	10	50367	VASILEIU ILIAS	M40-44	1977	m	0:18:20	0:29:24	5:52:00	ΕΝΕΡΓΕΙΑΚΑ ΚΤΙΡΙΑ
149	113	17	50141	TSIOKIS GRIGORIOS	M18-	2008	m	0:18:51	0:29:50	5:57:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
150	37	19	50345	ITTI NAOUMA	F18-34	1998	f	0:18:34	0:29:53	5:58:00	
151	114	46	50149	BEKIARIS KONSTANTINOS	M18-34	2001	m	0:18:14	0:29:55	5:58:00	
152	38	3	50316	ANASTASIOU MARIA	F40-44	1979	f	0:18:19	0:29:56	5:59:00	
153	39	3	50176	TSAVALIA FEDRA	F45-49	1972	f	0:17:49	0:29:58	5:59:00	CONTOURS EXPRESS
154	40	10	50327	GIANNOPOULOU MELINA	F18-	2004	f	0:17:45	0:30:05	6:00:00	
155	115	13	50211	KARAKITSOS PANAGIOTIS	M50-54	1971	m	0:18:27	0:30:06	6:01:00	
156	41	20	50146	PAPAGEORGIU CHRISTINA	F18-34	1993	f	0:18:46	0:30:08	6:01:00	
157	116	12	50073	NIKOLAOU CHARILAOS	M45-49	1972	m	0:18:32	0:30:08	6:01:00	Ruliman
158	117	4	50317	BALAMATSIAS THEODOROS	M55-59	1963	m	0:18:02	0:30:10	6:01:00	
159	118	12	50034	TSOUMANIS GEORGIOS	M35-39	1984	m	0:18:39	0:30:22	6:04:00	
160	42	21	50449	SDOUKA IRA	F18-34	1996	f	0:19:12	0:30:25	6:04:00	REVOLUTIONFIT
161	43	22	50492	KARALA MARIA	F18-34	1992	f	0:19:00	0:30:30	6:05:00	ΕΨΕΠ
162	119	47	50399	NASSIS DIMITRIS	M18-34	1993	m	0:19:13	0:30:33	6:06:00	REVOLUTIONFIT
163	44	4	50412	KOUMPI SOFIA	F40-44	1978	f	0:19:09	0:30:33	6:06:00	REVOLUTIONFIT
164	120	13	50356	KATSAOUNOS NIKOS	M45-49	1972	m	0:18:44	0:30:34	6:06:00	
165	45	3	50379	NTATSIS KRISTINE	F50-54	1971	f	0:19:12	0:30:37	6:07:00	
166	121	3	50012	GALANIS GEORGIOS	M60+	1960	m	0:18:54	0:30:38	6:07:00	Avra Running Team
167	122	14	50095	KARAMITSOS VISSARION	M45-49	1976	m	0:18:34	0:30:39	6:07:00	
168	123	48	50493	TSIMOGIANNIS VASILEIOS	M18-34	1992	m	0:19:07	0:30:45	6:08:00	ΕΨΕΠ
169	46	4	50461	TSOUP I LITSA	F50-54	1970	f	0:19:42	0:30:51	6:10:00	
170	124	14	50463	TSAKANELIS NAPOLEON	M50-54	1968	m	0:19:43	0:30:53	6:10:00	
171	125	18	50452	BLETSAS DIMITRIOS	M18-	2004	m	0:19:38	0:31:01	6:12:00	REVOLUTIONFIT
172	126	49	50207	MOSCHOS STEFANOS	M18-34	1996	m	0:18:46	0:31:01	6:12:00	
173	47	23	50206	THEMELI AIKATERINI	F18-34	1996	f	0:18:45	0:31:02	6:12:00	
174	48	24	50390	ANIFANTI DIMITRA	F18-34	1991	f	0:18:41	0:31:05	6:12:00	REVOLUTIONFIT
175	49	25	50515	PANAGIOTOU DESPOINA	F18-34	1999	f	0:19:15	0:31:05	6:12:00	REVOLUTIONFIT
176	127	50	50428	MERTZANIDIS PANAGIOTIS	M18-34	1998	m	0:19:15	0:31:05	6:12:00	REVOLUTIONFIT

Place	Gen der Rank	AG Rank	Bib	Name	AG	Year	Gender	3300m	Finish	Pace	Club
177	128	51	50495	PAPAPETROU VASILEIOS	M18-34	1992	m	0:19:03	0:31:06	6:13:00	ΕΨΕΠ
178	50	4	50464	PAPAGEORGIOU EVAGGELIA	F45-49	1976	f	0:18:47	0:31:10	6:13:00	
179	129	19	50100	KYRIAZIS ATHANASIOS	M18-	2007	m	0:18:46	0:31:13	6:14:00	
180	130	15	50142	PAPAZOTOS EVANGELOS	M50-54	1967	m	0:18:58	0:31:25	6:16:00	
181	131	15	50324	GKOUZGKOUNIS NIKOS	M45-49	1973	m	0:19:45	0:31:28	6:17:00	Σύλλογος Δρομέων Υγείας Κοζάνης
182	51	5	50040	HIRA DIMITRA	F40-44	1981	f	0:19:00	0:31:32	6:18:00	
183	52	6	50154	STAVRATI AGGELIKI	F40-44	1978	f	0:19:48	0:31:33	6:18:00	
184	132	52	50067	KATSAKOS SPYRIDON	M18-34	1998	m	0:19:10	0:31:41	6:20:00	
185	133	53	50511	KATSAROS PANAGIOTIS	M18-34	1988	m	0:20:06	0:31:44	6:20:00	
186	53	26	50308	MPALTA ATHINA	F18-34	1995	f	0:19:09	0:31:47	6:21:00	
187	134	54	50114	GKALPINOS VASILEIOS	M18-34	1993	m	0:19:09	0:31:47	6:21:00	
188	54	7	50033	XARITOU RANIA	F40-44	1979	f	0:19:34	0:31:54	6:22:00	360 PERSONAL
189	135	11	50381	KATSALIGKOS GEORGIOS	M40-44	1977	m	0:19:22	0:32:02	6:24:00	
190	136	3	50102	KYRIAZIS DIMITRIOS		2009	m	0:19:22	0:32:03	6:24:00	ΑΓΣΙωαννίνων Στίβος
191	137	16	50416	PETROY APOSTOLOS	M45-49	1975	m	0:20:05	0:32:07	6:25:00	REVOLUTIONFIT
192	55	5	50169	MANTZIOU KONSTANTINA	F45-49	1973	f	0:20:36	0:32:13	6:26:00	360 PERSONAL
193	138	17	50336	GIAKIS SOKRATIS	M45-49	1973	m	0:19:40	0:32:19	6:27:00	
194	56	5	50075	PANTOU AMALIA	F50-54	1971	f	0:20:25	0:32:38	6:31:00	360 personal
195	139	55	50342	STYLOS PERIKLIS	M18-34	1994	m	0:21:28	0:32:39	6:31:00	
196	140	20	50023	KONSTANTINIDIS KONSTANTINOS	M18-	2008	m	0:20:03	0:32:45	6:32:00	
197	141	18	50118	KONSTANTINIDIS ANESTIS	M45-49	1976	m	0:20:03	0:32:46	6:33:00	
198	142	56	50355	GKORLAS SPYRIDON	M18-34	1999	m	0:20:57	0:32:48	6:33:00	
199	57	8	50406	KURIAKOU NATALIA	F40-44	1981	f	0:20:42	0:32:57	6:35:00	REVOLUTIONFIT
200	58	27	50071	NAKIA ASPASIA	F18-34	1995	f	0:20:10	0:33:00	6:35:00	
201	59	9	50097	CHRONI VASILIKI	F40-44	1978	f	0:20:53	0:33:03	6:36:00	
202	60	28	50351	BIZOGLU ELENI	F18-34	1999	f	0:20:53	0:33:11	6:38:00	
203	61	10	50437	BARBATSI KONSTANTINA	F40-44	1978	f	0:20:40	0:33:17	6:39:00	REVOLUTIONFIT
204	62	29	50352	MAKRI ANASTASIA	F18-34	1999	f	0:20:57	0:33:17	6:39:00	
205	143	57	50200	TSOULAKAS IOANNIS	M18-34	1995	m	0:21:19	0:33:25	6:40:00	
206	63	6	50448	GEORGITSI ELENA	F45-49	1974	f	0:20:38	0:33:30	6:41:00	REVOLUTIONFIT
207	64	30	50514	TSITSI IFIGENEIA	F18-34	2000	f	0:20:22	0:33:31	6:42:00	REVOLUTIONFIT
208	65	31	50424	PROTOPAPPA ANTIGONI	F18-34	2000	f	0:20:24	0:33:31	6:42:00	REVOLUTIONFIT
209	66	32	50408	GIANNAKOPOULOU ARXONTOULA	F18-34	1995	f	0:20:26	0:33:34	6:42:00	REVOLUTIONFIT
210	67	33	50152	VARELI IOANNA	F18-34	1991	f	0:21:28	0:33:36	6:43:00	Ατομικά
211	68	34	50341	ANDRIKOU KONSTANTINA	F18-34	1997	f	0:21:27	0:33:52	6:46:00	
212	69	6	50017	ZOI KALLIOPI	F50-54	1970	f	0:20:55	0:33:54	6:46:00	
213	144	12	50512	MICHAIL PANAGIOTIS	M40-44	1979	m	0:20:10	0:33:55	6:46:00	
214	145	16	50388	TZIMAS THOMAS	M50-54	1969	m	0:20:26	0:33:56	6:47:00	REVOLUTIONFIT
215	70	2	50516	LIAGKOU ANTHI	F35-39	1985	f	0:20:10	0:33:56	6:47:00	
216	71	35	50481	BAZAKASOVA EVA	F18-34	1992	f	0:21:39	0:34:11	6:50:00	ΕΨΕΠ
217	72	36	50192	PANAGIOTOU EVANGELIA	F18-34	2001	f	0:20:35	0:34:18	6:51:00	
218	146	13	50127	TZATSOS PANAGIOTIS	M40-44	1980	m	0:20:43	0:34:26	6:53:00	
219	73	7	50208	GOULA MARIA	F45-49	1973	f	0:20:59	0:34:30	6:53:00	
220	147	58	50323	TZIAKOS GEORGIOS	M18-34	1988	m	0:21:01	0:34:34	6:54:00	Παναθηναϊκός
221	74	3	50443	LIALIAGKA STAVROULA	F35-39	1982	f	0:20:37	0:34:36	6:55:00	REVOLUTIONFIT
222	75	37	50423	ZAMPARA STEFANIA	F18-34	1999	f	0:20:38	0:34:36	6:55:00	REVOLUTIONFIT
223	76	38	50421	FRAGKAKI IOANNA	F18-34	1999	f	0:20:40	0:34:36	6:55:00	REVOLUTIONFIT
224	77	39	50188	BROZOU KONSTANTINA	F18-34	2001	f	0:21:01	0:34:43	6:56:00	
225	78	8	50199	THEODOSIADOU GEORGIA	F45-49	1972	f	0:21:01	0:34:51	6:58:00	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ
226	148	59	50433	KAGKELIS THEMISTOKLIS	M18-34	2002	m	0:20:52	0:34:51	6:58:00	
227	79	40	50507	MARKOPOULOU EFTYCHIA	F18-34	2002	f	0:21:30	0:35:08	7:01:00	
228	80	7	50510	MICHAIL MARINA	F50-54	1971	f	0:20:08	0:35:21	7:04:00	
229	149	60	50482	PAPPAS EVAGGELOS	M18-34	1992	m	0:22:15	0:35:44	7:08:00	ΕΨΕΠ
230	81	41	50415	MPANDELI ZOI	F18-34	1994	f	0:22:12	0:35:49	7:09:00	REVOLUTIONFIT
231	82	42	50256	VAGENA NATALIA	F18-34	1993	f	0:23:12	0:35:50	7:09:00	
232	83	43	50360	VROSGOU EVELINA	F18-34	1999	f	0:21:25	0:35:52	7:10:00	
233	84	44	50198	ELENI MARIA	F18-34	1996	f	0:23:12	0:35:52	7:10:00	
234	85	45	50419	TZIKA KATERINA	F18-34	2001	f	0:22:26	0:35:55	7:10:00	REVOLUTIONFIT
235	86	11	50109	KOSTOULA EFTICHIA	F40-44	1980	f	0:22:05	0:35:56	7:11:00	

Place	Gen der Ran k	AG Rank	Bib	Name	AG	Year	Gen de r	3300m	Finish	Pace	Club
236	87	46	50420	KOLOVETSIOY ELENI	F18-34	2001	f	0:22:26	0:35:56	7:11:00	REVOLUTIONFIT
237	150	4	50500	GIANNAKIS VASILIS	M60+	1954	m	0:21:56	0:36:01	7:12:00	
238	151	61	50016	DIAMANTIS DIMITRIOS	M18-34	1992	m	0:22:07	0:36:09	7:13:00	
239	88	47	50057	KOSTAGIANNI ANDRONIKI	F18-34	1992	f	0:21:50	0:36:09	7:13:00	
240	89	4	50148	TZIMA NATASA	F35-39	1985	f	0:22:48	0:36:11	7:14:00	360personal
241	90	48	50444	TAMVAKAKI MARIA EIRINI	F18-34	2002	f	0:22:15	0:36:20	7:15:00	REVOLUTIONFIT
242	91	9	50357	OIKONOMI KATERINA	F45-49	1974	f	0:22:25	0:36:21	7:16:00	
243	92	49	50418	KATSIORA XENIA	F18-34	1997	f	0:22:54	0:36:42	7:20:00	REVOLUTIONFIT
244	93	50	50307	GIANNIOTI ELEFThERIA	F18-34	1996	f	0:22:20	0:36:52	7:22:00	
245	94	10	50170	APOSTOLOU MELINA	F45-49	1973	f	0:22:46	0:37:08	7:25:00	
246	152	13	50038	AGRAFIOTIS ALEXANDROS	M35-39	1985	m	0:23:39	0:37:16	7:27:00	
247	95	8	50078	KARDASI VERA	F50-54	1967	f	0:23:05	0:37:19	7:27:00	
248	96	12	50094	DEMERTZI EIRINI	F40-44	1981	f	0:23:02	0:37:38	7:31:00	
249	153	62	50145	TZINEROS TILEMACHOS	M18-34	1987	m	0:23:04	0:37:40	7:31:00	
250	97	51	50480	VLACHASOVA MICHAELA	F18-34	1992	f	0:23:01	0:37:48	7:33:00	ΕΨΕΠ
251	98	52	50479	KARADIDMA MARIA	F18-34	1992	f	0:23:01	0:37:49	7:33:00	ΕΨΕΠ
252	154	63	50006	VRETTOS EIRINAIOS	M18-34	1992	m	0:22:06	0:38:12	7:38:00	
253	99	13	50196	EVANGELINOU MARIA	F40-44	1980	f	0:23:00	0:38:19	7:39:00	
254	100	53	50255	TSACHPINI EROFILY	F18-34	2000	f	0:25:46	0:38:22	7:40:00	
255	101	54	50213	MERKOURI MARIA	F18-34	1993	f	0:24:08	0:38:39	7:43:00	
256	155	17	50005	ROVYTHAKIS ANASTASIOS	M50-54	1971	m	0:23:19	0:38:42	7:44:00	Avra Running Team
257	156	19	50013	TSIKNIAS KOSTAS	M45-49	1974	m	0:24:13	0:39:00	7:47:00	
258	102	14	50460	PAPAKOSTA EYAGGELIA	F40-44	1978	f	0:23:15	0:39:15	7:50:00	
259	157	64	50485	PANOU DIMITRIOS	M18-34	1992	m	0:24:16	0:39:16	7:51:00	ΕΨΕΠ
260	158	18	50028	LENIS KIMON	M50-54	1967	m	0:23:47	0:39:21	7:52:00	
261	103	11	50183	LAZARIDOU ARGYROULA	F45-49	1976	f	0:24:07	0:39:43	7:56:00	
262	159	20	50065	ATHANASIOY PANAGIOTIS	M45-49	1974	m	0:24:08	0:39:45	7:56:00	
263	104	55	50489	KRANA PANAGIOTA	F18-34	1992	f	0:25:17	0:40:05	8:00:00	ΕΨΕΠ
264	105	56	50417	GKONTZARIDOY ELENA	F18-34	1995	f	0:24:38	0:40:05	8:00:00	REVOLUTIONFIT
265	106	11	50438	DIAMANTI VASILIKI	F18-	2007	f	0:24:39	0:40:06	8:01:00	REVOLUTIONFIT
266	107	1	50164	SWANBERG MARGARET	F60+	1952	f	0:24:48	0:40:08	8:01:00	
267	108	15	50116	KATSOULI ERMIONI	F40-44	1977	f	0:25:34	0:40:21	8:04:00	360personal
268	109	9	50128	STEFANIDI OLIVIA	F50-54	1967	f	0:25:35	0:40:22	8:04:00	360 personal
269	110	57	50405	PAPPA EVELYN	F18-34	1997	f	0:24:26	0:40:30	8:05:00	REVOLUTIONFIT
270	111	58	50404	KOUFOU EUA	F18-34	2000	f	0:24:26	0:40:30	8:05:00	REVOLUTIONFIT
271	112	12	50085	GIANNOPOULOU KLEOPATRA	F45-49	1972	f	0:25:46	0:40:50	8:09:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
272	113	59	50140	SOFIA VALENTINA	F18-34	1989	f	0:25:46	0:40:50	8:09:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
273	114	16	50031	VASSILIOU ELINA	F40-44	1978	f	0:25:46	0:40:50	8:09:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
274	115	60	50432	GEORGOULOPOULOU ATHANASIA	F18-34	2002	f	0:25:43	0:41:15	8:14:00	
275	116	61	50477	TSOURI EVDOKSIA	F18-34	1992	f	0:25:29	0:41:20	8:15:00	ΕΨΕΠ
276	117	62	50486	KOULA MARIA	F18-34	1992	f	0:25:37	0:41:27	8:17:00	ΕΨΕΠ
277	160	65	50490	MASTORAS NIKOS	M18-34	1992	m	0:25:38	0:41:27	8:17:00	ΕΨΕΠ
278	118	63	50491	PAPANIKOLAOU ELENI	F18-34	1992	f	0:25:51	0:41:43	8:20:00	ΕΨΕΠ
279	119	64	50487	DROSOU CHRISIIDA	F18-34	1992	f	0:25:51	0:41:44	8:20:00	ΕΨΕΠ
280	120	5	50212	EFSTATHIOU MARIA	F35-39	1983	f		0:41:48	8:21:00	
<b>281</b>	121	65	50496	TZECHANI PELAGIA	F18-34	1992	f		0:42:02	8:24	ΕΨΕΠ
<b>282</b>	<b>122</b>	<b>66</b>	50497	KATSANOU KATINA	F18-34	1992	f		0:42:02	8:24:00	ΕΨΕΠ
283	123	67	50488	EVAGGELOU MARIA	F18-34	1992	f		0:42:03	8:24:00	ΕΨΕΠ
284	124	68	50498	DALLA ELENI	F18-34	1992	f		0:42:03	8:24:00	ΕΨΕΠ
285	125	69	50504	TARASIDOU ANNA	F18-34	2003	f	0:25:57	0:42:07	8:25:00	
286	161	14	50349	ARVANITIS ORESTIS	M40-44	1981	m	0:26:20	0:42:15	8:26:00	
287	162	5	50469	VRANIAS CHRISTOS	M60+	1957	m	0:26:07	0:42:17	8:27:00	
288	163	66	50503	GYRNAS ALEXANDROS	M18-34	2000	m	0:26:09	0:42:19	8:27:00	
289	126	3	50468	VRANIA CHRISTINA	F55-59	1962	f	0:26:20	0:42:57	8:35:00	
290	127	13	50121	MPAGIA AGGELIKI	F45-49	1975	f	0:26:16	0:43:34	8:42:00	
291	128	10	50195	PREVEZIANOU ELENI	F50-54	1967	f	0:27:06	0:43:54	8:46:00	
292	129	70	50203	KOTROTSIOU STAVROULA	F18-34	1999	f	0:27:08	0:44:02	8:48:00	
293	130	11	50139	STAMOULI MARIA	F50-54	1969	f	0:27:19	0:44:19	8:51:00	
294	164	19	50151	PALAIOPANOS IOANNIS	M50-54	1969	m	0:27:20	0:44:20	8:51:00	

Place	Gen der Ran k	AG Rank	Bib	Name	AG	Year	Gende r	3300m	Finish	Pace	Club
295	131	12	50358	CHRISTODOULOU SOULTANA	F50-54	1970	f	0:27:19	0:44:27	8:53:00	VILLAGE MARE HOTEL
296	132	71	50359	EMMANOUIL ELENA	F18-34	2002	f	0:27:46	0:44:42	8:56:00	
297	133	72	50361	VLASSI MARIA SOFIA	F18-34	2001	f	0:27:47	0:44:43	8:56:00	
298	165	21	50052	AVDIS ALEXIS	M45-49	1976	m	0:27:27	0:44:48	8:57:00	Fifth Element Running Team
299	166	67	50309	LENIS ACHILLEAS	M18-34	1997	m	0:28:13	0:44:59	8:59:00	
300	134	17	50062	KOUTOUVA LAMBRINI	F40-44	1979	f	0:28:33	0:45:36	9:07:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
301	135	73	50378	MARGARITI SPIRIDOULA	F18-34	2001	f	0:27:52	0:45:51	9:10:00	
302	167	20	50508	KOUSOURIS ANASTASIOS	M50-54	1971	m	0:28:48	0:47:45	9:32:00	
303	136	14	50328	MPEZA KONSTANTINA	F45-49	1975	f	0:29:29	0:48:15	9:38:00	
304	137	15	50467	TASSI PANAGIOTA	F45-49	1975	f	0:29:47	0:49:42	9:56:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
305	138	6	50115	CHATZI VASILIKI	F35-39	1982	f	0:29:46	0:49:43	9:56:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
306	168	22	50020	SKOYRTIS DIMITRIOS	M45-49	1973	m	0:29:45	0:49:43	9:56:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
307	139	13	50105	ZEKA-PASCHOU STYLIANI	F50-54	1971	f	0:29:46	0:49:44	9:56:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
308	140	4	50113	SIONTI ANTONIA	F55-59	1964	f	0:35:18	0:56:41	11:20:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
309	141	5	50252	KATERI AIKATERINI	F55-59	1965	f	0:37:55	0:57:52	11:34:00	
310	142	2	50253	KATERI ANDROMAXI	F60+	1950	f	0:37:54	0:57:52	11:34:00	
311	169	21	50178	HARALAMPIDIS STAVROS	M50-54	1968	m	0:35:17	0:57:58	11:35:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ
312	143	6	50112	KARAGIANNI ANDROMAGHI	F55-59	1966	f	0:35:28	0:57:59	11:35:00	ΔΕΥΤΕΡΟΒΑΘΜΙΑ ΕΚΠΑΙΔΕΥΣΗ