

## 1ο Κριθαιριά Trail 2022 6.500 m URBAN

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	start urban	cp urban	finish urban
1	1	1	ALL	Male	608		ΔΗΜΗΤΡΗΣ ΒΛΙΩΡΑΣ	1989	ΔΡΟΜΕΙΣ ΤΥΡΝΑΒΟΥ	0:00:06.903(00:00:00)	0:13:20.027(00:13:13)	0:26:47.200(00:26:40)
2	2	2	ALL	Male	656		ΧΡΗΣΤΟΣ ΠΑΡΑΣΚΕΥΑΣ	1997	ΝΙΚΗ ΒΟΛΟΥ	0:00:07.847(00:00:00)	0:13:57.903(00:13:50)	0:28:24.493(00:28:16)
3	3	3	ALL	Male	652		ΗΛΙΑΣ ΝΟΛΗΣ	1994	ΣΔΥ ΒΟΛΟΥ	0:00:07.580(00:00:00)	0:14:31.260(00:14:23)	0:29:08.267(00:29:00)
4	4	4	ALL	Male	639		ΔΗΜΗΤΡΙΟΣ ΚΥΡΙΑΚΟΠΟΥΛΟΣ	1972	ΣΔΥ ΒΟΛΟΥ	0:00:08.473(00:00:00)	0:15:05.127(00:14:56)	0:29:37.630(00:29:29)
5	5	5	ALL	Male	641		ΓΙΩΡΓΟΣ ΚΩΣΤΑΣ	1983	ΚΕΝΤΑΥΡΟΣ ΒΟΛΟΥ	0:00:07.027(00:00:00)	0:14:55.850(00:14:48)	0:30:06.017(00:29:58)
6	6	6	ALL	Male	663		ΜΑΝΟΣ ΣΚΟΥΛΑΣ	1986	COMPLETE RUNNING TEAM	0:00:08.657(00:00:00)	0:15:41.790(00:15:33)	0:30:43.030(00:30:34)
7	7	7	ALL	Male	659		ΑΠΟΣΤΟΛΟΣ ΣΑΛΑΜΟΥΡΑΣ	1992	ΣΔΥ ΒΟΛΟΥ	0:00:08.143(00:00:00)	0:15:36.757(00:15:28)	0:30:58.823(00:30:50)
8	8	8	ALL	Male	673		ΚΩΝΣΤΑΝΤΙΝΟΣ ΤΣΟΥΡΑΠΑΣ	1974	GRE.A.T. / ΣΔΥΒ	0:00:07.923(00:00:00)	0:15:31.310(00:15:23)	0:30:59.173(00:30:51)
9	9	9	ALL	Male	676		ΧΡΗΣΤΟΣ ΓΙΑΝΝΗΣ	-		0:00:08.023(00:00:00)	-	0:31:40.870(00:31:32)
10	10	10	ALL	Male	603		ΓΙΩΡΓΟΣ ΑΝΤΩΝΙΟΥ	1974	ΣΔΥ ΒΟΛΟΥ	0:00:09.177(00:00:00)	0:16:20.937(00:16:11)	0:31:52.080(00:31:42)
11	11	11	ALL	Male	683		ΔΗΜΗΤΡΗΣ ΚΑΤΣΙΚΑΡΗΣ	-		0:00:10.113(00:00:00)	0:15:23.393(00:15:13)	0:31:54.193(00:31:44)
12	12	12	ALL	Male	612		ΓΙΩΡΓΟΣ ΓΙΑΝΝΟΥΧΟΣ	2006	GRE.A.T.	0:00:08.657(00:00:00)	-	0:32:16.840(00:32:08)
13	13	13	ALL	Male	687		FATMIR ALLUSHI	-		0:00:08.473(00:00:00)	-	0:32:22.970(00:32:14)
14	14	14	ALL	Male	614		ΚΩΣΤΑΣ ΓΚΟΛΤΣΙΟΣ	1968	ΔΡΟΜΕΙΣ ΦΑΛΑΝΗΣ	0:00:10.113(00:00:00)	0:17:45.510(00:17:35)	0:35:07.677(00:34:57)
15	15	15	ALL	Male	625		ΠΑΝΑΓΙΩΤΗΣ ΚΑΛΟΒΟΥΛΟΣ	1973	GREAT ΣΔΥΒ	0:00:11.330(00:00:00)	0:17:38.873(00:17:27)	0:35:15.337(00:35:04)
16	1	16	ALL	Female	650		ΝΙΚΗ ΜΟΥΛΑ	1981	ΚΕΝΤΑΥΡΟΣ ΒΟΛΟΥ	0:00:11.920(00:00:00)	0:17:52.027(00:17:40)	0:35:27.593(00:35:15)
17	16	17	ALL	Male	633		ΘΑΝΟΣ ΚΟΝΤΑΡΑΤΟΣ	2010	ΚΕΝΤΑΥΡΟΣ ΒΟΛΟΥ	0:00:12.290(00:00:00)	0:17:26.713(00:17:14)	0:35:51.243(00:35:38)
18	17	18	ALL	Male	607		ΛΙΝΟΣ ΒΙΓΚΛΑΣ	1971	ΣΔΥ ΒΟΛΟΥ	0:00:09.177(00:00:00)	0:18:07.590(00:17:58)	0:36:18.247(00:36:09)
19	18	19	ALL	Male	611		ΙΩΑΝΝΗΣ ΓΕΡΟΣΤΕΡΓΙΟΣ	1969		0:00:11.330(00:00:00)	0:18:35.747(00:18:24)	0:36:41.977(00:36:30)
20	2	20	ALL	Female	661		ΑΓΑΠΗ ΣΕΜΕΡΤΖΙΔΟΥ	2008		0:00:08.657(00:00:00)	0:18:47.767(00:18:39)	0:36:45.713(00:36:37)
21	19	21	ALL	Male	602		ΜΙΧΑΛΗΣ ΑΚΕΡΜΑΝ	1954	ΣΔΥ ΒΟΛΟΥ	0:00:11.330(00:00:00)	0:19:02.567(00:18:51)	0:37:22.427(00:37:11)
22	20	22	ALL	Male	654		ΙΟΡΔΑΝΗΣ ΠΑΠΑΔΟΠΟΥΛΟΣ	1994	ΔΡΟΜΕΙΣ ΤΥΡΝΑΒΟΥ	0:00:07.847(00:00:00)	0:18:30.583(00:18:22)	0:37:25.920(00:37:18)
23	21	23	ALL	Male	660		ΒΑΣΙΛΕΙΟΣ ΣΕΜΕΡΤΖΙΔΗΣ	1970	ΟΜΓ	0:00:08.657(00:00:00)	0:19:03.780(00:18:55)	0:37:43.890(00:37:35)
24	22	24	ALL	Male	692		ΧΡΗΣΤΟΣ ΚΟΥΤΣΟΥΜΠΑΣ	-		0:00:13.827(00:00:00)	0:18:34.117(00:18:20)	0:37:49.500(00:37:35)
25	23	25	ALL	Male	677		ΓΙΑΝΝΗΣ ΧΑΓΙΑΣ	1997	Α.Σ ΔΗΜΗΤΡΙΑΣ	0:00:11.330(00:00:00)	0:18:28.240(00:18:16)	0:37:57.067(00:37:45)
26	24	26	ALL	Male	647		ΓΕΩΡΓΙΟΣ ΜΙΧΑΛΗΣ	1996	Α. Σ. ΔΗΜΗΤΡΙΑΣ	0:00:11.920(00:00:00)	0:18:25.660(00:18:13)	0:37:57.067(00:37:45)
27	3	27	ALL	Female	665		ΒΑΝΑ ΣΠΥΡΟΥ	1966	ΣΔΥ ΒΟΛΟΥ	0:00:09.757(00:00:00)	0:18:53.513(00:18:43)	0:38:20.903(00:38:11)
28	4	28	ALL	Female	615		ΕΥΑ ΔΑΦΝΗ	1993		0:00:09.177(00:00:00)	0:19:27.480(00:19:18)	0:38:36.077(00:38:26)

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29	5	29	ALL	Female	653		ΜΑΡΙΑ ΠΑΠΑΔΗΜΗΤΡΙΟΥ	1972	ΣΥΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΛΑΡΙΣΑΣ	0:00:09.757(00:00:00)	0:19:07.457(00:18:57)	0:38:57.957(00:38:48)
30	25	30	ALL	Male	690		ΜΑΡΙΟΣ ΜΟΝΑΧΟΣ	1973		0:00:15.663(00:00:00)	0:19:42.897(00:19:27)	0:38:58.520(00:38:42)
31	6	31	ALL	Female	679		ΑΓΓΕΛΑ ΧΑΤΖΗΣΤΑΜΑΤΙΟΥ	1972	ΣΔΥ ΒΟΛΟΥ	0:00:13.167(00:00:00)	0:20:06.640(00:19:53)	0:39:39.630(00:39:26)
32	26	32	ALL	Male	651		ΒΑΣΙΛΗΣ ΜΠΑΡΔΑΣ	1978	ΣΔΥ ΒΟΛΟΥ	0:00:11.600(00:00:00)	0:20:08.907(00:19:57)	0:39:39.967(00:39:28)
33	27	33	ALL	Male	669		ΕΥΑΓΓΕΛΟΣ ΤΣΑΜΗΣ	1972	ΤΡΑΧΙΝΑ - T-TRAINING	0:00:10.113(00:00:00)	0:19:14.850(00:19:04)	0:39:57.613(00:39:47)
34	28	34	ALL	Male	636		ΜΑΚΗΣ ΚΟΣΜΙΔΗΣ	1966	ΣΔΥ ΒΟΛΟΥ	0:00:09.757(00:00:00)	0:19:47.170(00:19:37)	0:40:31.680(00:40:21)
35	29	35	ALL	Male	685		ΝΙΚΟΣ ΜΗΛΙΟΣ	-	ΣΔΥ ΒΟΛΟΥ	0:00:11.920(00:00:00)	0:20:20.990(00:20:09)	0:40:40.990(00:40:29)
36	30	36	ALL	Male	688		NONAME_2021 ΩΩ_6.500 M URBAN_2	-		0:00:11.330(00:00:00)	0:20:00.013(00:19:48)	0:41:04.217(00:40:52)
37	31	37	ALL	Male	642		ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΑΓΙΟΓΛΟΥ	1986		0:00:14.593(00:00:00)	0:20:23.960(00:20:09)	0:41:09.480(00:40:54)
38	32	38	ALL	Male	601		PASCHALIS STANIOS	1966		0:00:08.657(00:00:00)	0:20:18.213(00:20:09)	0:41:25.470(00:41:16)
39	33	39	ALL	Male	693		ΑΧΙΛΛΕΑΣ ΚΑΛΑΜΑΚΗΣ	-	ΣΔΥ ΒΟΛΟΥ	0:00:11.330(00:00:00)	0:19:55.897(00:19:44)	0:41:31.507(00:41:20)
40	34	40	ALL	Male	637		ΑΠΟΣΤΟΛΟΣ ΚΡΥΒΟΣΙΔΗΣ	1974	SPORTOFRUNNING	0:00:10.490(00:00:00)	0:20:34.050(00:20:23)	0:41:48.927(00:41:38)
41	35	41	ALL	Male	638		ΚΩΣΤΑΣ ΚΥΡΙΑΖΗΣ	1961	ΚΕΝΤΑΥΡΟΣ ΒΟΛΟΥ	0:00:12.290(00:00:00)	0:20:36.433(00:20:24)	0:41:49.143(00:41:36)
42	7	42	ALL	Female	680		ΑΝΤΩΝΙΑ ΕΛΕΥΘΕΡΑΚΗ	1965	ΣΔΥ ΒΟΛΟΥ	0:00:07.847(00:00:00)	0:20:45.530(00:20:37)	0:41:54.207(00:41:46)
43	36	43	ALL	Male	618		ΧΡΗΣΤΟΣ ΕΥΣΤΑΘΙΟΥ	1975		0:00:13.167(00:00:00)	0:20:02.887(00:19:49)	0:42:02.973(00:41:49)
44	8	44	ALL	Female	671		ΤΟΝΙΑ ΤΣΙΡΟΓΙΑΝΝΗ	1973	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΒΟΛΟΥ	0:00:11.330(00:00:00)	0:20:16.363(00:20:05)	0:42:30.973(00:42:19)
45	37	45	ALL	Male	655		ΣΤΕΦΑΝΟΣ ΠΑΠΑΣΤΕΡΙΑΔΗΣ	1993	SP	0:00:14.193(00:00:00)	0:21:01.980(00:20:47)	0:42:47.177(00:42:32)
46	38	46	ALL	Male	689		ΔΗΜΗΤΡΗΣ ΜΠΙΝΤΑΚΑΣ	-	ΣΔΥ ΒΟΛΟΥ	0:00:13.463(00:00:00)	0:21:09.980(00:20:56)	0:43:01.643(00:42:48)
47	39	47	ALL	Male	670		ΣΩΤΗΡΙΟΣ ΤΣΙΟΜΠΑΝΗΣ	1961		0:00:15.457(00:00:00)	0:21:18.690(00:21:03)	0:43:23.743(00:43:08)
48	40	48	ALL	Male	628		ΘΑΝΟΣ ΚΑΡΥΩΤΗΣ	1982	ΔΡΟΜΕΩΝ ΦΑΛΑΝΗΣ	0:00:09.443(00:00:00)	0:21:16.990(00:21:07)	0:45:14.930(00:45:05)
49	9	49	ALL	Female	635		ΕΥΓΕΝΙΑ ΚΟΠΑΝΟΥ	2011	ΣΔΥΒ	0:00:09.177(00:00:00)	0:20:49.787(00:20:40)	0:46:19.833(00:46:10)
50	41	50	ALL	Male	682		ΠΑΝΑΓΙΩΤΗΣ ΚΑΤΣΙΚΑΡΗΣ	-		0:00:12.290(00:00:00)	0:22:57.387(00:22:45)	0:46:55.930(00:46:43)
51	10	51	ALL	Female	606		ΚΛΕΟΠΑΤΡΑ ΒΑΣΙΛΕΙΟΥ	1984	ΣΔΥ ΒΟΛΟΥ	0:00:13.167(00:00:00)	0:23:03.797(00:22:50)	0:47:04.923(00:46:51)
52	42	52	ALL	Male	622		ΑΓΑΜΕΜΝΩΝ ΖΟΥΜΠΟΣ	1975		0:00:13.167(00:00:00)	0:23:17.983(00:23:04)	0:48:23.340(00:48:10)
53	43	53	ALL	Male	609		ΝΙΚΟΛΑΟΣ ΒΟΓΙΑΖΙΔΗΣ	1955	ΣΔΥ ΒΟΛΟΥ	0:00:11.330(00:00:00)	0:23:20.980(00:23:09)	0:48:24.773(00:48:13)
54	11	54	ALL	Female	681		ΔΗΜΗΤΡΑ ΚΩΣΤΗ	1982	ΣΔΥ ΒΟΛΟΥ	0:00:11.330(00:00:00)	0:24:42.353(00:24:31)	0:50:42.123(00:50:30)
55	44	55	ALL	Male	668		ΜΙΧΑΛΗΣ ΤΣΑΛΟΓΛΟΥ	1978	ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΒΟΛΟΥ	0:00:14.193(00:00:00)	0:24:50.703(00:24:36)	0:51:47.720(00:51:33)
56	12	56	ALL	Female	658		ΧΡΥΣΟΥΛΑ ΣΑΚΑΜΑΡΑ	1977	ΣΔΥ ΒΟΛΟΥ	0:00:13.167(00:00:00)	0:27:07.083(00:26:53)	0:54:19.947(00:54:06)
57	13	57	ALL	Female	649		ΕΛΙΣΣΑΒΕΤ ΜΟΥΛΑ	1986	ΣΔΥ ΒΟΛΟΥ	0:00:11.600(00:00:00)	0:26:27.007(00:26:15)	0:55:02.687(00:54:51)

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58	14	58	ALL	Female	620		ΧΡΙΣΤΙΝΑ ΖΑΡΚΑΔΑ	1979	-	0:00:13.463(00:00:00)	0:27:11.360(00:26:57)	0:55:12.753(00:54:59)
59	45	59	ALL	Male	626		ΠΕΤΡΟΣ ΚΑΛΟΓΕΡΟΠΟΥΛΟΣ	1962		0:00:15.457(00:00:00)	0:28:06.513(00:27:51)	0:56:06.907(00:55:51)
60	15	60	ALL	Female	675		ΑΠΟΣΤΟΛΙΑ ΦΛΩΡΟΥ	1972		0:00:11.330(00:00:00)	0:27:54.893(00:27:43)	0:56:56.920(00:56:45)
61	46	61	ALL	Male	610		ΣΤΕΡΓΙΟΣ ΓΑΚΗΣ	1968		0:00:11.330(00:00:00)	0:27:51.573(00:27:40)	0:56:59.457(00:56:48)
62	47	62	ALL	Male	629		ΝΕΣΤΟΡΑΣ ΚΑΤΡΑΝΑΣ	1991		0:00:15.457(00:00:00)	0:28:42.927(00:28:27)	0:58:27.237(00:58:11)
63	16	63	ALL	Female	634		ΧΡΙΣΤΙΝΑ ΦΩΤΕΙΝΗ ΚΟΝΤΟΓΙΑΝΝΗ	2000		0:00:13.827(00:00:00)	0:28:39.930(00:28:26)	0:58:27.343(00:58:13)
64	48	64	ALL	Male	691		ΓΙΟΥΛΗ ΦΥΤΙΛΛΗ	-		0:00:13.167(00:00:00)	0:28:48.367(00:28:35)	0:58:45.083(00:58:31)
65	17	65	ALL	Female	662		ΚΩΝΣΤΑΝΤΙΑ ΣΚΟΡΔΑ	1975	ANTHEMA RUNNING TEAM	0:00:11.600(00:00:00)	0:31:05.267(00:30:53)	1:03:05.997(01:02:54)
66	18	66	ALL	Female	644		ΦΩΤΕΙΝΗ ΜΑΡΚΑΚΗ	1977	ΣΔΥ ΒΟΛΟΥ	0:00:10.490(00:00:00)	0:31:08.823(00:30:58)	1:03:05.997(01:02:55)
67	49	67	ALL	Male	686		ΚΩΝΣΤΑΝΤΙΝΟΣ ΣΕΪΧΑΝΙΔΗΣ	-		0:33:29.817(00:00:00)	0:16:31.727(-00:16:58)	-