

1o Nymfes Waterfall Trail 10 km trail

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	FINISH 10KM
1	1	1	18-39M	Male	520		KONSTANTINOS VEDOURAS	2005	ΚΕΡΚΥΡΑ	0:00:01.873(00:00:00)	1:04:53.553(01:04:51)
2	2	2	18-39M	Male	606		ERVIS ZELA	1985		0:00:05.093(00:00:00)	1:05:21.833(01:05:16)
3	3	3	18-39M	Male	548		ΓΙΩΡΓΟΣ ΚΟΣΚΙΝΑΣ	1993	COFFEEHOUSE	0:00:01.047(00:00:00)	1:07:44.537(01:07:43)
4	4	1	40-55M	Male	582		ΓΙΩΡΓΟΣ ΣΤΑΣΙΝΟΣ	1976	S-BIKES	0:00:05.797(00:00:00)	1:09:00.020(01:08:54)
5	5	4	18-39M	Male	511		ANTONIOS MILIOTIS	1984	CAVA TZORTZATOS	0:00:06.077(00:00:00)	1:09:21.043(01:09:14)
6	6	5	18-39M	Male	592		ΣΤΕΦΑΝΟΣ ΦΑΡΑΖΗΣ	1989		0:00:05.313(00:00:00)	1:10:22.617(01:10:17)
7	7	2	40-55M	Male	537		ΣΠΥΡΟΣ ΙΩΑΚΕΙΜΙΔΗΣ	1981		0:00:00.517(00:00:00)	1:10:49.207(01:10:48)
8	8	6	18-39M	Male	566		ΠΕΤΡΟΣ ΕΜΜΑΝΟΥΗΛ ΠΑΠΟΥΤΣΗΣ	2003		0:00:01.873(00:00:00)	1:11:42.363(01:11:40)
9	1	1	40+W	Female	555		ΣΟΦΙΑ ΜΑΖΗ	1978		0:00:00.093(00:00:00)	1:12:08.397(01:12:08)
10	9	7	18-39M	Male	532		ΑΝΑΣΤΑΣΙΟΣ ΒΡΑΔΗΣ	1990	KOURKOURIKISTRAINING GROUP MOUNTAIN LOVERS	0:00:00.093(00:00:00)	1:14:38.993(01:14:38)
11	10	3	40-55M	Male	527		ΓΙΑΝΝΗΣ ΒΛΑΧΟΣ	1974		-	1:15:57.320 (--:--:--)
12	11	8	18-39M	Male	518		SPIROS STRAVORAVDIS	1992		0:00:02.717(00:00:00)	1:16:13.700(01:16:10)
13	2	2	40+W	Female	610		ΧΡΙΣΤΙΝΑ ΑΝΔΡΙΩΤΗ	1980		0:00:00.843(00:00:00)	1:16:33.610(01:16:32)
14	12	9	18-39M	Male	612		ΙΣΑΑΚ ΕΛΕΥΘΕΡΙΑΔΗΣ	1997		0:00:04.217(00:00:00)	1:17:24.570(01:17:20)
15	13	10	18-39M	Male	609		ΔΗΜΗΤΡΗΣ ΤΣΕΝΕΜΠΗΣ	2003		0:00:02.717(00:00:00)	1:17:24.570(01:17:21)
16	14	11	18-39M	Male	541		ΜΑΡΙΝΟΣ ΚΕΦΑΛΛΗΝΟΣ	1997		0:00:02.717(00:00:00)	1:17:24.680(01:17:21)
17	15	12	18-39M	Male	559		ΓΡΗΓΟΡΗΣ ΜΕΤΑΛΛΗΝΟΣ	1986		0:00:02.717(00:00:00)	1:17:51.600(01:17:48)
18	16	4	40-55M	Male	549		ΔΗΜΟΣΘΕΝΗΣ ΚΟΣΚΙΝΑΣ	1976		0:00:04.217(00:00:00)	1:20:16.107(01:20:11)
19	17	5	40-55M	Male	523		ΚΩΣΤΑΝΤΙΝΟΣ ΑΣΠΙΩΤΗΣ	1981	Κ	0:00:04.217(00:00:00)	1:21:22.727(01:21:18)
20	18	6	40-55M	Male	571		ΔΗΜΗΤΡΗΣ ΠΡΙΦΤΗΣ	1973		0:00:01.267(00:00:00)	1:22:24.520(01:22:23)
21	3	3	40+W	Female	563		ΑΡΙΣΤΕΑ ΝΤΙΓΚΟΥ	1974	ΟΠΑ	-	1:23:12.130 (--:--:--)
22	19	7	40-55M	Male	591		ΔΗΜΗΤΡΗΣ ΤΣΙΡΙΓΩΤΗΣ	1973	ROCK N ROLL	0:00:01.547(00:00:00)	1:23:38.483(01:23:36)
23	20	8	40-55M	Male	534		ΓΕΩΡΓΙΟΣ ΓΝΕΣΟΥΛΗΣ	1979	MOUNTAIN LOVERS CORFU	0:00:01.873(00:00:00)	1:23:42.097(01:23:40)
24	21	9	40-55M	Male	522		ΜΙΧΑΛΗΣ ΑΛΕΞΑΚΗΣ	1971		0:00:06.733(00:00:00)	1:24:35.277(01:24:28)
25	4	4	40+W	Female	565		ΑΛΕΞΑΝΔΡΑ ΠΑΠΟΥΤΣΗ	1978	MOUNTAIN LOVERS CORFU TEAM	0:00:00.093(00:00:00)	1:24:35.497(01:24:35)
26	5	5	40+W	Female	504		ΦΙΟΝΑ FITZROY	1979	MOUNTAIN LOVERS	0:00:04.217(00:00:00)	1:27:21.650(01:27:17)
27	22	10	40-55M	Male	506		LEONIDAS GREKO	1976		0:00:04.217(00:00:00)	1:27:21.883(01:27:17)

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28	23	13	18-39M	Male	543		ΘΩΜΑΣ ΚΟΛΙΣΙΑΝΙΣ	1986	ΟΠΑ ΠΕΖΟΠΟΡΙΑ	0:00:04.217(00:00:00)	1:27:29.457(01:27:25)
29	24	11	40-55M	Male	505		KOSTAS GARDIKIOTIS	1979	SOUTH CORFU RUNNERS	0:00:00.093(00:00:00)	1:27:37.327(01:27:37)
30	25	12	40-55M	Male	501		KONSTANTINOS BANOS	1982		0:00:06.390(00:00:00)	1:28:03.353(01:27:56)
31	6	1	18-39W	Female	594		ΕΛΙΣΣΑΒΕΤ ΧΕΙΜΑΡΙΟΥ	1991		0:00:02.717(00:00:00)	1:28:29.490(01:28:26)
32	7	2	18-39W	Female	583		ΙΩΑΝΝΑ ΣΤΟΓΙΑΝΝΟΥ	1992		0:00:01.873(00:00:00)	1:28:33.877(01:28:32)
33	8	6	40+W	Female	535		ΣΟΦΙΑ ΔΑΛΑΜΠΙΡΑ	1987		0:00:00.093(00:00:00)	1:29:01.983(01:29:01)
34	26	13	40-55M	Male	595		ΓΕΩΡΓΙΟΣ ΧΟΝΔΡΟΓΙΑΝΝΗΣ	1967	IL CAPRICCIO	0:00:03.030(00:00:00)	1:29:55.457(01:29:52)
35	27	14	18-39M	Male	616		ΤΑΣΣΟΣ ΝΕΡΑΝΤΖΗΣ	1993		0:00:01.267(00:00:00)	1:31:15.107(01:31:13)
36	9	7	40+W	Female	547		ΣΟΦΙΑ ΚΟΣΚΙΝΑ	1973		0:00:01.267(00:00:00)	1:31:40.783(01:31:39)
37	10	8	40+W	Female	607		ΗΛΕΚΤΡΑ ΜΠΟΛΗ	1976		-	1:31:56.787 (-:--:-)
38	28	14	40-55M	Male	580		ΤΕΡΡΥΣ ΣΟΡΔΙΝΑΣ	1967		0:00:07.907(00:00:00)	1:31:59.967(01:31:52)
39	29	15	40-55M	Male	576		ΘΑΝΑΣΗΣ ΣΑΡΑΚΗΝΟΣ	1969	SKOUTZIKAS	0:00:08.123(00:00:00)	1:32:00.743(01:31:52)
40	30	1	56+M	Male	614		ΓΙΑΝΝΗΣ ΣΑΛΒΑΝΟΣ	1967		0:00:08.593(00:00:00)	1:32:00.857(01:31:52)
41	31	15	18-39M	Male	589		ΑΛΕΞΑΝΔΡΟΣ ΤΣΙΑΚΑΛΟΣ	1989		0:00:04.217(00:00:00)	1:32:29.637(01:32:25)
42	32	16	40-55M	Male	575		ΝΙΚΟΣ ΡΙΖΟΣ	1981		0:00:05.093(00:00:00)	1:33:28.800(01:33:23)
43	33	17	40-55M	Male	512		SPYRIDON PAOULINIS	1980		0:00:05.093(00:00:00)	1:33:29.137(01:33:24)
44	11	9	40+W	Female	521		NADIA VRADI	1991	BAMBOOZA	0:00:01.267(00:00:00)	1:35:48.047(01:35:46)
45	34	18	40-55M	Male	507		YANNIS KONTOS	1981	BAMBOOZA	0:00:01.547(00:00:00)	1:35:48.263(01:35:46)
46	35	19	40-55M	Male	552		ΣΠΥΡΟΣ ΜΠΙΣΚΟΣ	1982		0:00:04.217(00:00:00)	1:36:32.670(01:36:28)
47	12	10	40+W	Female	516		ELENI SARAKINOU	1971		-	1:37:04.623 (-:--:-)
48	13	11	40+W	Female	561		ΜΑΡΙΑ ΝΕΡΑΝΖΗ	1973	IL CAPRICCIO	0:00:02.717(00:00:00)	1:37:17.563(01:37:14)
49	14	12	40+W	Female	538		ΙΩΑΝΝΑ ΚΑΤΕΧΗ	1982		-	1:37:41.967 (-:--:-)
50	36	20	40-55M	Male	536		ΝΙΚΟΣ ΔΑΦΝΗΣ	1974	ΚΕΡΚΥΡΑ	0:00:09.873(00:00:00)	1:38:45.837(01:38:35)
51	15	13	40+W	Female	596		ΕΛΕΝΗ ΧΡΥΣΙΚΟΠΟΥΛΟΥ	1971	SOUTH CORFU RUNNERS	0:00:01.547(00:00:00)	1:40:05.353(01:40:03)
52	16	14	40+W	Female	593		ΕΛΕΝΗ ΧΑΖΑΡΙΔΟΥ	1988	RODA KERKYRA	0:00:04.217(00:00:00)	1:40:19.920(01:40:15)
53	17	15	40+W	Female	558		ΒΑΣΙΛΙΚΗ ΜΕΡΚΟΥΡΗ	1984	ΟΠΑ ΠΕΖΟΠΟΡΙΑ	-	1:40:46.397 (-:--:-)
54	37	1	30-44M	Male	608		ΗΛΙΑΣ ΜΠΟΥΡΓΑΝΗΣ	1978		0:00:09.233(00:00:00)	1:41:34.760(01:41:25)
55	38	16	18-39M	Male	599		ΘΑΝΑΣΗΣ ΣΤΟΓΙΑΝΝΟΣ	1990		0:00:05.093(00:00:00)	1:42:13.503(01:42:08)
56	39	17	18-39M	Male	588		ΣΠΥΡΙΔΩΝ ΤΣΕΝΕΜΠΗΣ	1995		0:00:03.030(00:00:00)	1:44:55.503(01:44:52)
57	40	18	18-39M	Male	567		ΠΑΝΑΓΙΩΤΗΣ ΠΟΛΙΤΗΣ	1991		0:00:05.547(00:00:00)	1:45:34.250(01:45:28)
58	41	21	40-55M	Male	581		ΠΑΝΑΓΙΩΥΗΣ ΣΠΙΓΓΟΣ	1975		0:00:04.500(00:00:00)	1:46:51.567(01:46:47)

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59	18	16	40+W	Female	515		LUCY RHODES	1978		0:00:07.907(00:00:00)	1:47:36.673(01:47:28)
60	42	2	56+M	Male	570		ΧΑΡΑΛΑΜΠΟΣ ΠΟΥΛΙΑΣΗΣ	1959		0:00:10.937(00:00:00)	1:49:24.093(01:49:13)
61	19	17	40+W	Female	564		ΡΑΝΙΑ ΠΑΟΥΛΙΝΗ	1983		0:00:00.093(00:00:00)	1:49:35.023(01:49:34)
62	20	18	40+W	Female	569		ΜΑΡΙΑ ΠΟΥΛΙΑΣΗ	1971	ΑΧΑΡΑΒΗ	0:00:00.670(00:00:00)	1:51:24.417(01:51:23)
63	21	19	40+W	Female	590		ΕΛΕΝΑ ΤΣΙΡΙΓΩΤΗ	1984		0:00:00.093(00:00:00)	1:53:30.533(01:53:30)
64	22	3	18-39W	Female	604		ΑΓΓΕΛΙΚΗ ΣΤΟΓΙΑΝΝΟΥ	1988		0:00:02.717(00:00:00)	2:02:40.953(02:02:38)
65	23	4	18-39W	Female	603		ΑΝΑΣΤΑΣΙΑ ΡΙΓΓΑ	1989		0:00:03.407(00:00:00)	2:02:44.900(02:02:41)
66	24	20	40+W	Female	539		ΚΑΤΕΡΙΝΑ ΚΑΤΩΜΕΡΗ	1988		0:00:09.873(00:00:00)	2:05:40.253(02:05:30)
67	25	21	40+W	Female	531		ΑΡΕΖΙΝΑ ΒΟΝΤΕΤΣΙΑΝΟΥ	1987		0:00:10.297(00:00:00)	2:05:43.320(02:05:33)
68	26	22	40+W	Female	557		ΚΑΒΒΑΔΙΑ ΜΑΡΙΑ	1994	SOUTH CORFU RUNNERS	0:00:01.873(00:00:00)	2:05:43.427(02:05:41)
69	27	23	40+W	Female	550		ΛΙΤΣΑ ΚΟΥΡΣΑΡΗ	1979		0:00:06.390(00:00:00)	2:08:15.260(02:08:08)
70	43	19	18-39M	Male	598		ΩΩ ΩΩ	-		-	2:15:33.960 (---:--)
71	44	22	40-55M	Male	600		ΜΙΧΑΛΗΣ ΠΑΠΠΑΣ	1973		0:00:09.733(00:00:00)	2:17:13.180(02:17:03)
72	28	24	40+W	Female	513		ΚΑΤΕΡΙΝΑ ΡΑΡΟΥΤΣΙ	1982		0:00:03.407(00:00:00)	2:19:46.137(02:19:42)
73	29	25	40+W	Female	572		ΧΡΥΣΑΝΘΗ ΠΡΟΒΑΤΑ	1989		0:00:03.030(00:00:00)	2:19:46.363(02:19:43)
74	30	26	40+W	Female	613		ΜΑΡΙΝΑ ΑΡΒΑΝΙΤΗ	1977		0:00:08.750(00:00:00)	2:21:13.557(02:21:04)
75	31	27	40+W	Female	529		ΣΟΦΙΑ ΒΛΑΧΟΥ	1980		0:00:07.093(00:00:00)	2:21:13.993(02:21:06)
76	32	28	40+W	Female	568		ΕΛΕΝΗ ΠΟΥΛΙΑΣΗ	1973		0:00:07.093(00:00:00)	2:21:51.517(02:21:44)
77	33	29	40+W	Female	556		ΑΛΕΞΑΝΔΡΑ ΜΑΝΔΥΛΑ	1972		0:00:11.983(00:00:00)	2:21:54.587(02:21:42)
78	34	30	40+W	Female	542		ΤΟΥΛΑ ΜΑΛΑΧΑ	1978		0:14:35.853(00:00:00)	2:26:55.740(02:12:19)
79	35	31	40+W	Female	530		ΧΡΥΣΑΝΘΗ ΒΛΑΧΟΥ	1982		0:00:11.453(00:00:00)	2:27:33.610(02:27:22)
80	36	32	40+W	Female	528		ΑΦΡΟΔΙΤΗ ΒΛΑΧΟΥ	1973		0:00:09.873(00:00:00)	2:27:34.263(02:27:24)
81	37	33	40+W	Female	525		ΣΟΦΙΑ ΑΥΓΕΡΙΝΟΥ	1978		0:00:07.907(00:00:00)	2:29:05.913(02:28:58)
82	38	34	40+W	Female	524		ΓΕΩΡΓΙΑ ΑΥΓΕΡΙΝΟΘ	1983		0:00:09.390(00:00:00)	2:29:09.303(02:28:59)
83	39	35	40+W	Female	519		ΑΝΤΟΥΛΑ ΤΣΙΡΙΜΙΑΓΟΥ	1966	KASSIOS DIAS	0:00:07.093(00:00:00)	2:35:26.327(02:35:19)
84	45	20	18-39M	Male	508		KONSTANTINOS MALACHAS	1986	AMEA KASTELLANOI	0:00:10.467(00:00:00)	2:44:38.443(02:44:27)
85	40	36	40+W	Female	551		ΜΑΡΙΑ ΚΟΥΡΣΑΡΗ	1998		0:00:09.733(00:00:00)	2:45:23.220(02:45:13)
86	41	37	40+W	Female	586		ΑΜΑΛΙΑ ΤΡΥΦΩΝΑ	1982	KASSIOS DIAS	0:00:10.703(00:00:00)	2:47:22.117(02:47:11)
87	42	5	18-39W	Female	615		ΜΑΡΙΑ ΚΟΥΤΣΟΥΡΗ	2003		0:00:08.593(00:00:00)	2:47:22.350(02:47:13)
88	43	38	40+W	Female	577		ΕΦΗ ΣΑΡΑΚΗΝΟΥ	1966	KASSIOS DIAS	0:00:05.797(00:00:00)	2:49:25.763(02:49:19)
89	44	39	40+W	Female	517		SYLVIA SAWICKA DNF	1985	ΟΠΑ ΠΕΖΟΠΟΡΙΑ	0:00:00.093(00:00:00)	-

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90	46	23	40-55M	Male	562		ΘΕΟΔΩΡΟΣ ΝΙΚΟΜΑΝΗΣ	1971	SOUTH CORFU RUNNERS	0:00:00.093(00:00:00)	-
91	47	21	18-39M	Male	553		ΣΤΑΜΑΤΗΣ ΤΣΙΡΙΓΚΑΚΗΣ DNF	1996		0:00:01.047(00:00:00)	-
92	45	40	40+W	Female	578		ΜΑΡΙΑ ΣΑΡΑΚΗΝΟΥ	1969	KASSIOS DIAS	0:00:07.907(00:00:00)	-
93	46	41	40+W	Female	544		ΧΡΙΣΤΙΝΑ ΚΟΜΙΝΟΥ	1993		0:00:09.873(00:00:00)	-