

## Stymphalia Lake Run 2022 γ. 5km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	2.5km/5km	Finish 5km
1	1	1	ALL	Male	535		ΓΙΩΡΓΟΣ ΣΙΔΕΡΗΣ	-		0:00:01.186(00:00:00)	0:08:56.273(00:08:55)	0:18:34.750(00:18:33)
2	2	2	ALL	Male	610		ΗΛΙΑΣ ΣΤΡΟΦΥΛΛΑΣ	1988	ΜΕΓΓΑΛΟΝΗΣΟΣ ΚΡΗΤΗ	0:00:01.090(00:00:00)	0:09:57.886(00:09:56)	0:20:27.890(00:20:26)
3	3	3	ALL	Male	625		ΙΩΑΝΝΗΣ ΤΣΟΚΑΡΗΣ	1996		0:00:01.586(00:00:00)	0:11:49.736(00:11:48)	0:24:06.240(00:24:04)
4	4	4	ALL	Male	579		ΣΤΑΥΡΟΣ ΜΠΙΚΑΣ	1981		0:00:16.163(00:00:00)	0:14:46.780(00:14:30)	0:28:52.866(00:28:36)
5	5	5	ALL	Male	531		ΙΩΑΝΝΗΣ ΒΑΣΙΛΟΠΟΥΛΟΣ	1969	ADIDASRUNNERSATHENS	0:00:03.920(00:00:00)	0:14:22.536(00:14:18)	0:30:09.210(00:30:05)
6	1	6	ALL	Female	633		ΑΛΕΞΑΝΔΡΑ ΧΡΙΣΤΟΦΟΡΙΔΟΥ	1976	ADIDASRUNNERSATHENS	0:00:03.056(00:00:00)	0:14:23.246(00:14:20)	0:30:09.210(00:30:06)
7	6	7	ALL	Male	596		ΑΘΑΝΑΣΙΟΣ ΣΑΪΣΑΝΑΣ	1982	ΤΡΑΠΕΖΑ ΠΕΙΡΑΙΩΣ	0:00:25.000(00:00:00)	0:14:56.846(00:14:31)	0:30:13.920(00:29:48)
8	2	8	ALL	Female	564		ΝΙΚΟΛΙΑ ΚΩΣΤΟΥΡΟΥ	2002		0:00:02.386(00:00:00)	0:13:57.560(00:13:55)	0:30:17.090(00:30:14)
9	7	9	ALL	Male	510		ΠΕΡΙΚΛΗΣ ΚΙΟΥΡΚΑΣ	2011		0:00:03.920(00:00:00)	0:13:38.733(00:13:34)	0:30:39.750(00:30:35)
10	3	10	ALL	Female	541		ΠΕΛΑΓΙΑ ΔΗΜΗΤΡΑΚΟΠΟΥΛΟΥ	1971	ΣΔΥΠ ΠΑΤΡΑΣ	0:00:03.920(00:00:00)	0:14:46.713(00:14:42)	0:31:18.903(00:31:14)
11	8	11	ALL	Male	607		ΙΩΑΝΝΗΣ ΣΤΑΜΑΤΟΠΟΥΛΟΣ	1992		0:00:27.630(00:00:00)	0:16:48.250(00:16:20)	0:31:51.423(00:31:23)
12	9	12	ALL	Male	619		ΓΡΗΓΟΡΙΟΣ ΤΣΑΓΓΟΥΡΗΣ	1973	ΤΡΑΠΕΖΑ ΠΕΙΡΑΙΩΣ 62764	0:00:20.030(00:00:00)	0:15:49.100(00:15:29)	0:31:59.426(00:31:39)
13	10	13	ALL	Male	631		ΣΤΥΛΙΑΝΟΣ ΧΑΝΟΠΟΥΛΟΣ	1972		0:00:11.563(00:00:00)	0:16:09.566(00:15:58)	0:32:19.043(00:32:07)
14	11	14	ALL	Male	543		ΓΙΑΝΝΗΣ ΔΙΑΜΑΝΤΙΔΗΣ	1987		0:00:15.563(00:00:00)	0:16:30.686(00:16:15)	0:32:43.783(00:32:28)
15	4	15	ALL	Female	608		ΔΗΜΗΤΡΑ-ΤΖΕΜΑ ΣΤΕΦΗ	1991		0:00:17.636(00:00:00)	0:16:44.443(00:16:26)	0:32:50.030(00:32:32)
16	12	16	ALL	Male	639		NONAME_2021 ΩΩ_Γ. 5KM_4	-		0:00:15.840(00:00:00)	0:16:52.946(00:16:37)	0:33:14.040(00:32:58)
17	5	17	ALL	Female	627		ΕΥΘΥΜΙΑ ΤΣΟΥΛΟΥΧΑ	1993		0:00:15.840(00:00:00)	-	0:33:30.350(00:33:14)
18	13	18	ALL	Male	637		NONAME_2021 ΩΩ_Γ. 5KM_2	-		0:00:16.540(00:00:00)	0:16:36.010(00:16:19)	0:34:05.280(00:33:48)
19	6	19	ALL	Female	609		ΟΛΙΒΙΑ ΣΤΕΦΗ	1988		0:00:16.163(00:00:00)	0:16:44.120(00:16:27)	0:34:05.390(00:33:49)
20	7	20	ALL	Female	584		ANNA ΝΙΚΑ	1999		0:00:13.970(00:00:00)	0:16:36.683(00:16:22)	0:34:15.243(00:34:01)
21	8	21	ALL	Female	542		ΚΩΝΣΤΑΝΤΙΝΑ ΔΗΜΗΤΡΕΛΛΟΥ	1991		0:00:26.970(00:00:00)	0:16:37.456(00:16:10)	0:34:35.510(00:34:08)
22	14	22	ALL	Male	598		ΧΡΗΣΤΟΣ ΣΑΧΙΝΟΓΛΟΥ	1954		0:00:18.613(00:00:00)	0:17:26.530(00:17:07)	0:34:37.916(00:34:19)
23	15	23	ALL	Male	548		ΚΩΝΣΤΑΝΤΙΝΟΣ ΘΕΟΔΩΡΟΠΟΥΛΟΣ	1956		0:00:05.833(00:00:00)	0:16:26.106(00:16:20)	0:34:43.390(00:34:37)
24	16	24	ALL	Male	556		ΦΩΤΗΣ ΚΑΤΣΑΪΤΗΣ	1971		0:00:11.726(00:00:00)	0:17:19.096(00:17:07)	0:35:11.530(00:34:59)
25	17	25	ALL	Male	636		NONAME_2021 ΩΩ_Γ. 5KM_10	-		0:00:16.163(00:00:00)	0:17:01.506(00:16:45)	0:35:23.020(00:35:06)
26	9	26	ALL	Female	559		ΒΑΣΙΛΙΚΗ ΚΟΝΤΟΓΙΑΝΝΗ	1981		0:00:17.373(00:00:00)	0:16:36.383(00:16:19)	0:35:34.426(00:35:17)
27	18	27	ALL	Male	529		ΜΙΧΑΗΛ ΒΑΜΒΑΚΑΡΗΣ	1975	-	0:00:04.230(00:00:00)	0:17:30.296(00:17:26)	0:35:44.170(00:35:39)

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28	19	28	ALL	Male	601		ΣΩΤΗΡΙΟΣ ΣΙΩΜΗΣ	1957		0:00:02.150(00:00:00)	0:16:25.303(00:16:23)	0:35:45.406(00:35:43)
29	20	29	ALL	Male	604		ΠΕΤΡΟΣ ΣΠΗΛΙΟΠΟΥΛΟΣ	2008		0:00:06.396(00:00:00)	0:16:31.220(00:16:24)	0:35:49.003(00:35:42)
30	10	30	ALL	Female	569		ΕΛΕΝΗ ΜΑΡΓΑΡΑ	1969		0:00:10.906(00:00:00)	0:19:02.766(00:18:51)	0:37:17.333(00:37:06)
31	21	31	ALL	Male	630		ΝΙΚΟΣ ΦΕΙΔΟΠΙΑΣΤΗΣ	1970		0:00:10.403(00:00:00)	-	0:37:17.440(00:37:07)
32	11	32	ALL	Female	605		ΜΑΡΙΑ ΣΠΥΡΟΠΟΥΛΟΥ	1962	ΣΔΥΠ ΠΑΤΡΑΣ	0:00:04.950(00:00:00)	0:17:34.913(00:17:29)	0:37:25.536(00:37:20)
33	12	33	ALL	Female	567		ΦΛΩΡΑ ΜΑΓΚΑΝΑΡΗ	1966		0:00:11.093(00:00:00)	0:18:21.146(00:18:10)	0:37:27.853(00:37:16)
34	13	34	ALL	Female	557		ΕΛΠΙΔΑ ΜΑΡΙΑ ΚΑΤΣΟΥΡΑΝΗ	2002		0:00:11.966(00:00:00)	0:17:09.426(00:16:57)	0:37:28.390(00:37:16)
35	22	35	ALL	Male	617		ΣΠΥΡΙΔΩΝ ΤΖΕΚΟΣ	1981	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:20.506(00:00:00)	0:18:28.270(00:18:07)	0:38:05.766(00:37:45)
36	23	36	ALL	Male	554		ΓΕΩΡΓΙΟΣ ΚΑΠΑΡΔΕΛΗΣ	1988		0:00:13.130(00:00:00)	0:18:56.043(00:18:42)	0:38:17.253(00:38:04)
37	24	37	ALL	Male	540		ΠΑΝΑΓΙΩΤΗΣ ΔΗΜΑΣ	1955	ΜΑΡΑΘΩΝΟΔΡΟΜΟΙ ΔΡΟΜΕΙΣ ΑΡΓΟΛΙΔΟΣ	0:00:06.870(00:00:00)	0:18:41.463(00:18:34)	0:38:44.533(00:38:37)
38	14	38	ALL	Female	626		ΕΙΡΗΝΗ ΤΣΟΥΛΟΥΧΑ	1989		0:00:16.163(00:00:00)	0:19:05.610(00:18:49)	0:39:16.846(00:39:00)
39	15	39	ALL	Female	594		ΣΤΑΜΑΤΙΑ ΡΟΥΣΟΥΛΗ	1986		0:00:05.833(00:00:00)	0:19:45.796(00:19:39)	0:39:41.913(00:39:36)
40	16	40	ALL	Female	606		ΑΝΔΡΙΑΝΗ ΣΤΑΘΟΥΛΗ	1980		0:00:05.833(00:00:00)	0:19:45.570(00:19:39)	0:39:42.123(00:39:36)
41	17	41	ALL	Female	544		ΑΝΑΣΤΑΣΙΑ ΔΡΕΒΕΡΙΔΑ	2010		0:00:01.186(00:00:00)	0:16:28.580(00:16:27)	0:39:46.603(00:39:45)
42	18	42	ALL	Female	539		ΠΗΝΕΛΟΠΗ ΔΕΔΑΚΗ	2011		0:00:01.186(00:00:00)	0:16:27.983(00:16:26)	0:39:47.050(00:39:45)
43	25	43	ALL	Male	509		BASILEIOS KIOURKAS	2010		0:00:03.920(00:00:00)	0:15:18.576(00:15:14)	0:40:55.123(00:40:51)
44	26	44	ALL	Male	621		ΔΗΜΗΤΡΗΣ ΤΣΕΛΙΟΣ	1988		0:00:13.380(00:00:00)	0:20:20.870(00:20:07)	0:41:13.526(00:41:00)
45	19	45	ALL	Female	574		ΑΛΙΚΗ ΜΠΑΚΑΤΣΙΑ	2011		0:00:14.716(00:00:00)	-	0:41:28.650(00:41:13)
46	27	46	ALL	Male	640		ΡΑΦΑΗΛ ΚΟΚΚΩΝΗΣ	-		0:00:15.563(00:00:00)	0:19:51.180(00:19:35)	0:41:34.006(00:41:18)
47	20	47	ALL	Female	538		ΜΑΡΙΝΑ ΓΡΑΜΜΑΤΙΚΟΥ	1957		0:00:04.950(00:00:00)	0:19:33.430(00:19:28)	0:41:43.656(00:41:38)
48	21	48	ALL	Female	623		ΜΑΙΡΗ ΤΣΙΡΙΜΩΚΟΥ	1991		0:00:11.726(00:00:00)	0:21:02.866(00:20:51)	0:42:17.446(00:42:05)
49	22	49	ALL	Female	578		ΜΑΡΙΑ ΜΠΕΓΕΤΗ - ΝΙΚΑ	1976		0:00:14.716(00:00:00)	0:20:14.653(00:19:59)	0:42:17.446(00:42:02)
50	23	50	ALL	Female	558		ΣΟΦΙΑ ΚΟΛΛΙΑ	1994		0:00:13.640(00:00:00)	0:21:02.153(00:20:48)	0:42:18.666(00:42:05)
51	24	51	ALL	Female	588		ΙΩΑΝΝΑ ΠΑΠΑΧΡΗΣΤΟΥ	1993		0:00:13.130(00:00:00)	0:19:27.183(00:19:14)	0:42:19.096(00:42:05)
52	28	52	ALL	Male	523		ΔΗΜΗΤΡΗΣ ΑΛΕΞΑΝΔΡΟΠΟΥΛΟΣ	2014		0:00:16.540(00:00:00)	0:19:48.670(00:19:32)	0:42:29.910(00:42:13)
53	29	53	ALL	Male	612		ΑΝΑΣΤΑΣΗΣ ΣΩΤΗΡΟΠΟΥΛΟΣ	2012		0:00:17.373(00:00:00)	0:19:47.286(00:19:29)	0:42:38.773(00:42:21)
54	25	54	ALL	Female	552		ΕΙΡΗΝΗ ΚΑΛΛΙΑΝΙΩΤΗ	1976		-	-	0:42:40.663 (-:-:-)
55	26	55	ALL	Female	520		ΓΕΩΡΓΙΑ ΑΓΓΕΛΟΠΟΥΛΟΥ	1966		0:00:21.110(00:00:00)	0:21:08.336(00:20:47)	0:42:46.790(00:42:25)
56	27	56	ALL	Female	530		ΑΓΓΕΛΙΚΗ ΒΑΡΔΑΚΑ	1985		0:00:13.380(00:00:00)	0:21:04.910(00:20:51)	0:43:10.423(00:42:57)
57	28	57	ALL	Female	622		ΑΛΕΞΑ ΤΣΕΡΩΝΗ	1976		0:00:05.833(00:00:00)	0:20:22.260(00:20:16)	0:43:32.320(00:43:26)

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58	30	58	ALL	Male	613		ΓΙΑΝΝΗΣ ΣΩΤΗΡΟΠΟΥΛΟΣ	1975		0:00:18.330(00:00:00)	0:21:30.240(00:21:11)	0:43:43.283(00:43:24)
59	29	59	ALL	Female	537		ΣΤΑΥΡΟΥΛΑ ΓΚΟΤΖΗ	1981		0:00:01.300(00:00:00)	0:19:37.186(00:19:35)	0:44:50.946(00:44:49)
60	30	60	ALL	Female	527		ΕΛΕΝΗ ΑΝΔΡΙΟΠΟΥΛΟΥ	1965		0:00:22.740(00:00:00)	0:22:07.916(00:21:45)	0:45:25.086(00:45:02)
61	31	61	ALL	Female	592		ΧΡΙΣΤΙΝΑ ΠΡΟΥΝΤΖΟΥ	1969		0:00:03.056(00:00:00)	0:20:50.113(00:20:47)	0:45:38.970(00:45:35)
62	32	62	ALL	Female	549		ΣΤΑΥΡΟΥΛΑ ΘΕΟΦΙΛΗ	1958	NEMEA RUNNERS	0:00:12.516(00:00:00)	0:22:57.320(00:22:44)	0:46:56.280(00:46:43)
63	31	63	ALL	Male	585		ΜΑΡΙΚΑΙΤΗ ΞΙΦΑΡΑ	1981		0:00:17.636(00:00:00)	0:21:49.310(00:21:31)	0:47:06.316(00:46:48)
64	33	64	ALL	Female	629		ΣΟΦΙΑ ΤΣΟΥΤΣΟΥΛΟΠΟΥΛΟΥ	1976		0:00:09.090(00:00:00)	0:23:20.016(00:23:10)	0:47:51.156(00:47:42)
65	32	65	ALL	Male	522		ΑΓΓΕΛΟΣ ΑΛΕΞΑΝΔΡΟΠΟΥΛΟΣ	2016		0:00:17.636(00:00:00)	0:19:49.796(00:19:32)	0:49:00.093(00:48:42)
66	34	66	ALL	Female	517		MARINA SIARKARA	1980		0:00:18.920(00:00:00)	0:22:18.163(00:21:59)	0:49:04.060(00:48:45)
67	35	67	ALL	Female	899		ΜΑΡΙΑ ΣΤΑΜΟΥΛΗ	1972	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:11.093(00:00:00)	0:23:49.013(00:23:37)	0:54:02.780(00:53:51)
68	36	68	ALL	Female	644		ΜΑΡΙΑ ΓΕΩΡΓΟΠΟΥΛΟΥ	-		0:00:05.833(00:00:00)	0:28:02.476(00:27:56)	0:58:08.396(00:58:02)
69	37	69	ALL	Female	518		MARIA SKOURTI	1970		0:00:19.263(00:00:00)	-	1:15:14.240(01:14:54)
70	38	70	ALL	Female	516		THEODORA SARLA	1977		0:00:15.563(00:00:00)	0:25:04.720(00:24:49)	-