

ZMR 2023 TeRA

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
1	1	1	MEN	Male	249		ALEXANDROS TZOUMAKAS	-	DRC ATHENS / FIFTH ELEMENT RUNNING TEAM	0:00:01.623(00:00:00)	2:26:44.450(02:26:42)	4:22:13.466(04:22:11)	5:47:57.866(05:47:56)
2	2	2	MEN	Male	294		EVANGELOS NOULAS	-	KASIMIS TRAINING - LA SPORTIVA	0:00:00.266(00:00:00)	2:22:25.663(02:22:25)	4:15:46.086(04:15:45)	5:50:18.253(05:50:17)
3	3	3	MEN	Male	32		XARALAMPOS KALABOUKAS	-		0:00:00.293(00:00:00)	2:28:01.186(02:28:00)	4:23:10.930(04:23:10)	5:57:07.800(05:57:07)
4	4	4	MEN	Male	3		THEODOROS ZISIS	-	URSA TEAM - MYBIO ΠΡΕΒΕΖΑ - THESPEAKES	0:00:01.266(00:00:00)	2:27:52.130(02:27:50)	4:29:18.833(04:29:17)	6:02:41.813(06:02:40)
5	5	5	MEN	Male	284		GEORGIOS DIMOULAS	-	ALL TERRAIN RUNNERS	0:00:01.983(00:00:00)	2:26:25.410(02:26:23)	4:36:56.116(04:36:54)	6:10:36.066(06:10:34)
6	6	6	MEN	Male	126		AGGELOS ZIAKAS	-	KASIMIS TRAINING	0:00:03.610(00:00:00)	2:28:07.650(02:28:04)	4:29:35.233(04:29:31)	6:10:41.643(06:10:38)
7	7	7	MEN	Male	191		CHRISTOS PARASKEVAS	-	KASIMIS TRAINING/NIKI VOLOU	0:00:02.513(00:00:00)	2:26:34.650(02:26:32)	4:39:13.073(04:39:10)	6:22:29.086(06:22:26)
8	8	8	MEN	Male	84		CHRISTOS SAKKAS	-	PERIKLIS TRAINING	0:00:01.983(00:00:00)	2:38:45.633(02:38:43)	4:44:43.466(04:44:41)	6:29:26.423(06:29:24)
9	9	1	M50-59	Male	285		IOANNIS PAPAILIAS	-		0:00:01.983(00:00:00)	2:41:27.580(02:41:25)	4:53:54.430(04:53:52)	6:44:11.366(06:44:09)
10	10	9	MEN	Male	7		CHRISTOS VASILEIOU	-	KASIMIS TRAINING	0:00:01.266(00:00:00)	2:37:02.880(02:37:01)	4:46:10.930(04:46:09)	6:38:06.040(06:38:04)
11	11	10	MEN	Male	281		THOMAS PARTSANIS	-		0:00:00.266(00:00:00)	2:35:43.763(02:35:43)	4:43:29.063(04:43:28)	6:36:57.020(06:36:56)
12	12	11	MEN	Male	8		ALEXANDROS KARYKAS	-	KASIMIS TRAINING	0:00:01.623(00:00:00)	2:39:25.580(02:39:23)	4:51:08.636(04:51:07)	6:43:59.583(06:43:57)
13	13	12	MEN	Male	232		AKAKIOS TZABAHATZE	-	KOURKOURIKIS TRAINING GROUP	0:00:03.780(00:00:00)	2:35:31.476(02:35:27)	4:49:06.203(04:49:02)	6:38:13.083(06:38:09)
14	14	13	MEN	Male	13		CHRISTOS PARMAKIS	-	ALLTERRAINRUNNERS ΣΔΥΚ	0:00:01.623(00:00:00)	2:52:55.260(02:52:53)	5:18:48.903(05:18:47)	7:07:27.643(07:07:26)
15	1	1	WOMEN	Female	37		SOPHIA SCHNABL	-		0:00:04.653(00:00:00)	2:55:33.313(02:55:28)	5:15:20.153(05:15:15)	7:07:01.780(07:06:57)
16	2	2	WOMEN	Female	239		NIKI ZIOGA	-	COMPRESSPORT/L-CREW	0:00:01.796(00:00:00)	3:04:19.256(03:04:17)	5:20:53.080(05:20:51)	7:10:58.730(07:10:56)
17	15	2	M50-59	Male	290		IOANNIS KOURKOURIKIS	-	KOURKOURIKIS TRAINING GROUP	0:00:01.623(00:00:00)	2:55:56.320(02:55:54)	5:15:34.810(05:15:33)	7:15:31.650(07:15:30)
18	16	14	MEN	Male	68		STELIOS PETROUTSOS	-	MAURTEN GR	0:00:03.046(00:00:00)	2:39:15.080(02:39:12)	5:01:51.700(05:01:48)	7:10:34.200(07:10:31)
19	17	15	MEN	Male	228		KONSTANTINOS GREVENIOTIS	-		0:00:02.513(00:00:00)	2:52:04.103(02:52:01)	5:15:09.880(05:15:07)	7:11:07.500(07:11:04)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
20	18	16	MEN	Male	122		NIKOLAOS KONTOGIANNIS	-		0:00:04.653(00:00:00)	3:03:14.010(03:03:09)	5:29:24.083(05:29:19)	7:23:56.983(07:23:52)
21	19	17	MEN	Male	14		MAKIS FORTIS	-	Σ.Δ.Υ.ΠΑΤΡΑΣ	0:00:03.610(00:00:00)	3:01:19.840(03:01:16)	5:26:52.186(05:26:48)	7:25:23.370(07:25:19)
22	20	18	MEN	Male	230		LEONIDAS GIOKAS	-	ALL TERRAIN RUNNERS	0:00:04.653(00:00:00)	3:02:57.206(03:02:52)	5:27:30.883(05:27:26)	7:27:21.553(07:27:16)
23	21	19	MEN	Male	158		EVANGELOS DIMZAS	-		0:00:02.513(00:00:00)	2:57:52.980(02:57:50)	5:26:38.710(05:26:36)	7:24:57.760(07:24:55)
24	22	20	MEN	Male	304		SPYRIDON LOGOTHETIS	-		0:00:10.340(00:00:00)	3:34:45.493(03:34:35)	5:48:39.596(05:48:29)	7:37:59.203(07:37:48)
25	23	3	M50-59	Male	262		NIKOLAOS BIRMPILIS	-		0:00:09.826(00:00:00)	3:03:09.273(03:02:59)	5:23:41.773(05:23:31)	7:23:18.000(07:23:08)
26	24	21	MEN	Male	221		SYMEON MANTZAVELAS	-	KASIMIS TRAINING	0:00:01.623(00:00:00)	3:01:31.370(03:01:29)	5:30:26.480(05:30:24)	7:35:15.526(07:35:13)
27	3	3	WOMEN	Female	286		NIKOLETA TZAVARA	-		0:00:00.266(00:00:00)	3:03:03.823(03:03:03)	5:30:48.783(05:30:48)	7:35:08.233(07:35:07)
28	25	22	MEN	Male	208		KONSTANTINOS VOZIOS	-	KASIMIS	0:00:07.966(00:00:00)	3:16:09.230(03:16:01)	5:42:15.300(05:42:07)	7:41:05.913(07:40:57)
29	26	23	MEN	Male	73		PETROS TZENERALIS	-	MAD GOATS	0:00:15.330(00:00:00)	3:04:25.636(03:04:10)	5:27:27.913(05:27:12)	7:38:30.103(07:38:14)
30	27	24	MEN	Male	121		GEORGE LOGOTHETIS	-		0:00:01.983(00:00:00)	2:55:16.813(02:55:14)	5:36:58.823(05:36:56)	7:48:43.670(07:48:41)
31	28	25	MEN	Male	255		VASILEIOS VAVLIAKIS	-	KOURKOURIKIS GROUP	0:00:02.513(00:00:00)	2:54:09.050(02:54:06)	5:40:44.903(05:40:42)	7:55:35.306(07:55:32)
32	29	26	MEN	Male	95		GEORGIOS MANOS	-		0:00:09.826(00:00:00)	3:03:16.453(03:03:06)	5:49:19.863(05:49:10)	8:00:52.000(08:00:42)
33	30	27	MEN	Male	124		GIORGOS TSOUMANIS	-	ΟΡΕΙΒΑΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΛΟΥΤΡΑΚΙΟΥ	0:00:02.513(00:00:00)	2:51:37.463(02:51:34)	5:40:48.360(05:40:45)	7:55:42.496(07:55:39)
34	31	28	MEN	Male	172		CHRISTOS TRAPEZIOTIS	-		0:00:09.826(00:00:00)	3:03:19.946(03:03:10)	5:49:17.156(05:49:07)	8:04:13.770(08:04:03)
35	32	29	MEN	Male	293		ALEXANDROS PIPERIDIS	-	KASIMIS TRAINING	0:00:32.763(00:00:00)	3:16:13.406(03:15:40)	5:52:43.230(05:52:10)	8:11:18.676(08:10:45)
36	33	30	MEN	Male	253		KONSTANTINOS MAROS	-	ULTRA PELION TRAIL	0:00:06.576(00:00:00)	3:02:54.290(03:02:47)	5:46:08.943(05:46:02)	8:10:40.410(08:10:33)
37	34	4	M50-59	Male	274		KONSTANTINOS KARTSAKAS	-	ALLTERRAINRUNNERS	0:00:09.826(00:00:00)	3:17:57.323(03:17:47)	6:01:02.980(06:00:53)	8:19:28.310(08:19:18)
38	35	31	MEN	Male	156		ANDREAS SIBARDIS	-		0:00:24.076(00:00:00)	3:20:03.363(03:19:39)	6:03:24.273(06:03:00)	8:25:15.243(08:24:51)
39	36	5	M50-59	Male	192		DIMITRIOS ZIAMPARAS	-	ΚΡΗΚΕΛΛΟ ΕΡΡΥΤΑΝΕΙΑΣ	0:00:10.340(00:00:00)	3:20:29.936(03:20:19)	-	8:25:24.623(08:25:14)
40	37	32	MEN	Male	235		VASILEIOS BOURAZANAS	-	T.R.G. FITNESS TEMPO ΤΡΙΚΑΛΑ	0:00:11.310(00:00:00)	3:29:41.513(03:29:30)	6:09:14.616(06:09:03)	8:27:42.446(08:27:31)
41	4	4	WOMEN	Female	209		DIMITRA	-	ZNTILA RUNNING TEAM/SDY	0:00:01.266(00:00:00)	3:12:10.936(03:12:09)	5:52:39.903(05:52:38)	8:21:04.820(08:21:03)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
							CHAIROPOULOU		KOZANIS				
42	38	33	MEN	Male	199		VASILEIOS BAMPAS	-	ZNTILA RUNNING TEAM	0:00:07.903(00:00:00)	3:12:14.356(03:12:06)	5:53:08.376(05:53:00)	8:21:10.540(08:21:02)
43	39	34	MEN	Male	155		VASILIS KOURVELOS	-	#THE3MULES	0:00:12.653(00:00:00)	3:18:33.250(03:18:20)	5:56:03.080(05:55:50)	8:19:18.063(08:19:05)
44	40	6	M50-59	Male	67		CHRISTOS CHOLOPULOS	-	KASIMIS TRAINING	0:00:09.826(00:00:00)	3:13:53.580(03:13:43)	6:03:34.643(06:03:24)	8:31:11.866(08:31:02)
45	41	7	M50-59	Male	217		GIANNIS MATZARIS	-	KOURKOURIKISTRAINNINGGROUP	0:00:04.653(00:00:00)	3:12:18.020(03:12:13)	6:01:56.996(06:01:52)	8:25:35.526(08:25:30)
46	5	5	WOMEN	Female	85		MARIANNA TILAVERIDOU	-	XANTHI RUNNERS-OSBET	0:00:06.576(00:00:00)	3:19:48.540(03:19:41)	6:06:53.343(06:06:46)	8:34:00.303(08:33:53)
47	42	35	MEN	Male	72		PANAGIOTIS PANARITIS	-	SCARPA GR - POLO CENTER	0:00:06.576(00:00:00)	3:19:45.580(03:19:39)	6:06:42.276(06:06:35)	8:33:54.933(08:33:48)
48	43	36	MEN	Male	145		BASILEIOS SIOCHOS	-	ΔΠΟΜΕΙΣ ΣΟΥΛΙΟΥ	0:00:16.140(00:00:00)	3:12:24.366(03:12:08)	6:09:33.556(06:09:17)	8:29:17.750(08:29:01)
49	6	6	WOMEN	Female	280		MARCELLA VAN HEMERT	-	TRAIL TEAM/APERGHITRAVEL.GR	0:00:29.686(00:00:00)	3:31:27.053(03:30:57)	6:15:02.366(06:14:32)	8:38:22.966(08:37:53)
50	44	37	MEN	Male	160		GIORGOS POTAMIAS	-	MAD GOATS	0:00:15.330(00:00:00)	3:23:18.146(03:23:02)	6:03:19.946(06:03:04)	8:40:10.810(08:39:55)
51	45	8	M50-59	Male	279		SPIRIDON APERGIS	-	TRAIL TEAM/APERGHITRAVEL.GR	0:00:31.686(00:00:00)	3:24:21.450(03:23:49)	6:19:38.993(06:19:07)	8:42:21.566(08:41:49)
52	46	38	MEN	Male	138		KONSTANTINOS ANGELIDIS	-		0:00:10.106(00:00:00)	3:34:38.576(03:34:28)	6:15:38.273(06:15:28)	8:42:47.706(08:42:37)
53	47	39	MEN	Male	267		CHRISTOS CHARISIS	-	MOUNTAIN TRAINING SOLUTIONS	0:00:21.873(00:00:00)	3:04:09.753(03:03:47)	5:56:49.283(05:56:27)	8:29:22.133(08:29:00)
54	48	40	MEN	Male	264		APOSTOLOS BARMPOULIS	-	MOUNTAIN TRAINING SOLUTIONS	0:00:24.983(00:00:00)	3:26:26.806(03:26:01)	6:16:53.780(06:16:28)	8:44:11.593(08:43:46)
55	49	41	MEN	Male	196		THEODOROS KOUSANDAS	-		0:00:09.826(00:00:00)	3:03:31.770(03:03:21)	6:16:16.183(06:16:06)	8:38:31.206(08:38:21)
56	50	42	MEN	Male	113		PANAGIOTIS SAKELLARIS	-	MOUNTAIN TRAINING SOLUTIONS - TRACHINA	0:00:21.873(00:00:00)	3:20:16.133(03:19:54)	6:09:22.630(06:09:00)	8:44:30.456(08:44:08)
57	51	43	MEN	Male	210		ALEXANDROS SAMARAS	-	MOUNTAIN TRAINING SOLUTIONS	0:00:30.013(00:00:00)	3:05:22.950(03:04:52)	6:05:19.340(06:04:49)	8:44:21.186(08:43:51)
58	52	44	MEN	Male	164		VASILEIOS SMPILIRIS	-	NITRO2POWER - ΔΠΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:16.360(00:00:00)	3:31:03.880(03:30:47)	6:19:56.103(06:19:39)	8:48:43.580(08:48:27)
59	53	45	MEN	Male	131		GEORGE PARASYRIS	-	KASIMIS TRAINING	0:00:15.330(00:00:00)	3:31:51.640(03:31:36)	6:17:12.403(06:16:57)	8:48:36.413(08:48:21)
60	54	9	M50-59	Male	206		KONSTANTINOS KONSTANTOPOULOS	-	AGNOSTOS DROMEAS	0:00:15.936(00:00:00)	3:18:55.846(03:18:39)	6:15:21.393(06:15:05)	8:47:26.196(08:47:10)
61	55	46	MEN	Male	28		CHRISTOS PAPALIOZIS	-	ΚΥΡΙΑΚΟΣ ΛΑΖΑΡΙΔΗΣ	0:00:17.280(00:00:00)	3:14:07.780(03:13:50)	6:11:21.656(06:11:04)	8:47:53.513(08:47:36)
62	56	10	M50-59	Male	29		DIMITRIOS	-		0:00:12.653(00:00:00)	3:19:06.576(03:18:53)	-	8:48:08.113(08:47:55)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
							GERASIMOS KOUROUKLIS						
63	57	47	MEN	Male	161		IOANNIS KATSAROS	-	KOURKOURIKIS TRAINING GROUP	0:00:24.983(00:00:00)	3:18:39.080(03:18:14)	5:57:39.170(05:57:14)	8:43:58.600(08:43:33)
64	58	48	MEN	Male	184		IOANNIS PEKOPOULOS TSIKARDANIS	-	KOURKOURIKIS TRAINING GROUP	0:00:31.686(00:00:00)	3:57:25.683(03:56:53)	7:10:37.090(07:10:05)	9:07:47.813(09:07:16)
65	59	49	MEN	Male	165		IORDANIS MAKROPOULOS	-	NITRO2POWER - ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:16.140(00:00:00)	3:30:05.606(03:29:49)	6:43:31.306(06:43:15)	9:06:51.970(09:06:35)
66	60	50	MEN	Male	202		ALEKSANDROS NATSIOPOULOS	-	MOUNTAIN TRAININGS SOLUTIONS (TEAM ΓΙΑΝΝΟΠΟΥΛΟΣ)	0:00:09.826(00:00:00)	3:29:47.796(03:29:37)	6:19:44.763(06:19:34)	8:56:43.273(08:56:33)
67	61	51	MEN	Male	108		NIKOS LYMPEROPOULOS	-		0:00:10.340(00:00:00)	3:21:07.296(03:20:56)	-	8:56:15.703(08:56:05)
68	62	52	MEN	Male	150		NIKOLAOS KRITIKOS	-	L-CREW	0:00:12.653(00:00:00)	3:27:40.403(03:27:27)	6:30:06.543(06:29:53)	8:58:47.526(08:58:34)
69	63	11	M50-59	Male	231		KONSTANTINOS VENETIS	-	DREPANOS RUNNING TEAM IGOUMENITSA	0:00:15.330(00:00:00)	3:18:21.560(03:18:06)	6:36:10.903(06:35:55)	9:01:46.410(09:01:31)
70	64	53	MEN	Male	115		PETROS KAMPAS	-		-	-	-	-
71	65	54	MEN	Male	141		GEORGIOS KAVARATZIS	-	KARYA OLYMPUS TRAIL	0:00:09.826(00:00:00)	3:33:29.456(03:33:19)	6:22:59.276(06:22:49)	9:05:50.070(09:05:40)
72	66	55	MEN	Male	183		JERZY BADOWSKI	-	TRI AMIGOS	-	3:37:17.490 (-:-:-)	6:47:04.836 (-:-:-)	9:13:45.040 (-:-:-)
73	67	12	M50-59	Male	144		ALEXIOS ANDROYTSOS	-	FIFTHELEMENT / Σ. Δ. ΙΩΑΝΝΙΝΩΝ	0:00:06.576(00:00:00)	3:24:56.806(03:24:50)	6:25:27.280(06:25:20)	9:05:25.123(09:05:18)
74	68	1	M60+	Male	299		DASHAMIR CALI	-	Maraton Albania	0:00:37.826(00:00:00)	3:51:35.006(03:50:57)	6:49:48.423(06:49:10)	9:16:32.430(09:15:54)
75	69	56	MEN	Male	91		ARISTEIDIS ANDRIOPOULOS	-		0:00:15.046(00:00:00)	3:40:57.690(03:40:42)	6:49:08.306(06:48:53)	9:24:36.550(09:24:21)
76	7	1	W50-59	Female	269		VASILEIA PANTERI	-		0:00:21.873(00:00:00)	3:53:14.456(03:52:52)	6:42:09.756(06:41:47)	9:18:22.286(09:18:00)
77	70	57	MEN	Male	236		GIORGOS KAKAITSAS	-	T.R.G	0:00:12.653(00:00:00)	3:39:25.720(03:39:13)	6:43:33.350(06:43:20)	9:22:52.300(09:22:39)
78	71	58	MEN	Male	272		GIANNIS NETZIPIS	-		0:00:09.826(00:00:00)	3:20:55.413(03:20:45)	6:23:18.850(06:23:09)	9:10:11.313(09:10:01)
79	72	13	M50-59	Male	62		PANAGIOTIS MASTROPERROS	-		0:00:21.873(00:00:00)	3:32:30.053(03:32:08)	6:37:54.220(06:37:32)	9:11:54.836(09:11:32)
80	8	7	WOMEN	Female	159		PANAGIOTA DIMAKAKOU	-	MAD GOATS	0:00:12.653(00:00:00)	3:19:00.820(03:18:48)	6:21:17.503(06:21:04)	9:11:48.096(09:11:35)
81	73	14	M50-59	Male	163		PANAGIOTIS LIONTOS	-		0:00:22.170(00:00:00)	3:38:42.070(03:38:19)	6:41:13.050(06:40:50)	9:19:58.326(09:19:36)
82	74	59	MEN	Male	229		AGGELOS	-	ΒΕΓΓΟΣ	0:00:12.653(00:00:00)	3:34:35.176(03:34:22)	6:32:20.733(06:32:08)	9:21:44.556(09:21:31)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
							CHRISTODOULIDIS						
83	75	60	MEN	Male	112		DIMITRIOS AIKATERINIS	-	ΟΡΕΙΒΑΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΛΟΥΤΡΑΚΙΟΥ	0:00:04.653(00:00:00)	3:29:37.556(03:29:32)	6:32:22.620(06:32:17)	9:21:51.160(09:21:46)
84	76	61	MEN	Male	125		FADI AL SAMISTI	-		0:00:21.873(00:00:00)	3:24:38.076(03:24:16)	6:30:21.413(06:29:59)	9:18:53.760(09:18:31)
85	77	62	MEN	Male	96		IOANNIS TSINTZOS	-		0:00:24.983(00:00:00)	3:24:41.923(03:24:16)	6:30:16.163(06:29:51)	9:19:22.010(09:18:57)
86	78	63	MEN	Male	139		DIMITRIS MPITOS	-	Σ.Δ. ΤΡΙΚΑΛΩΝ	0:00:08.890(00:00:00)	3:17:05.353(03:16:56)	6:13:39.666(06:13:30)	9:17:05.123(09:16:56)
87	79	64	MEN	Male	70		MICHALIS MPITOS	-		0:00:26.903(00:00:00)	3:48:53.130(03:48:26)	6:45:26.196(06:44:59)	9:26:12.953(09:25:46)
88	80	65	MEN	Male	135		VASILEIOS TSIAPROUNIS	-	ALL TERRAIN RUNNERS	0:00:16.140(00:00:00)	2:54:03.566(02:53:47)	6:02:38.686(06:02:22)	9:13:34.530(09:13:18)
89	81	66	MEN	Male	89		FOTIS KOKKINOS	-	RADIOURGIES.COM	0:00:22.170(00:00:00)	3:47:23.563(03:47:01)	6:48:51.213(06:48:29)	9:31:52.966(09:31:30)
90	82	15	M50-59	Male	55		ZACHARIAS ECONOMOU	-		0:00:05.466(00:00:00)	3:29:31.416(03:29:25)	6:38:58.296(06:38:52)	9:23:02.203(09:22:56)
91	83	67	MEN	Male	79		ANTONIOS NTASIOS	-		0:00:03.610(00:00:00)	3:33:33.476(03:33:29)	6:39:33.150(06:39:29)	9:24:25.190(09:24:21)
92	84	68	MEN	Male	182		THANASSIS VASILOPOULOS	-	MOUNTAIN TRAINING SOLUTIONS	0:00:22.170(00:00:00)	3:53:24.736(03:53:02)	6:52:50.800(06:52:28)	9:35:19.256(09:34:57)
93	85	16	M50-59	Male	265		KONSTANTINOS FAGKRIDAS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:30.013(00:00:00)	3:31:13.120(03:30:43)	6:44:37.400(06:44:07)	9:33:00.450(09:32:30)
94	86	17	M50-59	Male	197		GEORGIOS PAPAIOANNOU	-		0:00:12.653(00:00:00)	3:45:40.060(03:45:27)	6:42:27.976(06:42:15)	9:30:00.410(09:29:47)
95	87	69	MEN	Male	50		GEORGIOS VRETTOS	-	ALL TERRAIN RUNNERS	0:00:11.310(00:00:00)	3:37:49.440(03:37:38)	6:52:15.493(06:52:04)	9:38:17.330(09:38:06)
96	88	18	M50-59	Male	190		DIMITRIOS XIROGIANNIS	-	ΕΦΥΡΑΙΟΙ ΩΚΥΠΙΟΔΕΣ	0:00:04.653(00:00:00)	3:34:12.200(03:34:07)	6:53:41.713(06:53:37)	9:34:09.576(09:34:04)
97	89	70	MEN	Male	273		JEROME COLSON	-		0:00:12.653(00:00:00)	3:49:54.756(03:49:42)	6:42:16.343(06:42:03)	9:34:35.250(09:34:22)
98	90	19	M50-59	Male	256		CHRISTOS TZIMAS	-		0:00:16.936(00:00:00)	3:54:40.223(03:54:23)	7:03:31.323(07:03:14)	9:43:22.283(09:43:05)
99	91	71	MEN	Male	278		EUSTATHIOS GEVREKIS	-	RODOPI RUNNERS	0:00:15.330(00:00:00)	3:39:44.190(03:39:28)	6:55:17.233(06:55:01)	9:43:14.833(09:42:59)
100	9	8	WOMEN	Female	171		CHRISTINA CHANOU	-	ALL TERRAIN RUNNERS BY THEODORAKAKOS / ΔΡΟΜΕΙΣ ΣΥΡΟΥ	0:00:24.623(00:00:00)	3:41:07.953(03:40:43)	6:59:23.900(06:58:59)	9:42:35.823(09:42:11)
101	92	72	MEN	Male	227		GIANNOS EFE	-	DROMEIA RACING CLUB	0:00:03.610(00:00:00)	3:45:51.363(03:45:47)	6:47:30.076(06:47:26)	9:42:30.580(09:42:26)
102	93	73	MEN	Male	177		VALENTIN JOCKS	-		0:00:12.653(00:00:00)	3:31:08.356(03:30:55)	6:59:40.926(06:59:28)	9:52:01.966(09:51:49)
103	94	20	M50-59	Male	151		IOANNIS CHATZIOANNOU	-	ΣΜΝΛΑΡΙΣΑΣ	-	3:54:33.880 (--:--:--)	7:03:43.316 (--:--:--)	9:51:12.796 (--:--:--)
104	10	2	W50-59	Female	133		THEODORA ANASTASIADI	-	3P/ SKYWOMEN RUNNING TEAM	0:00:16.360(00:00:00)	3:54:30.363(03:54:14)	7:17:29.863(07:17:13)	9:56:19.373(09:56:03)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
105	95	21	M50-59	Male	134		ALEKOS GIOTIS	-	3P	0:00:16.360(00:00:00)	3:54:23.503(03:54:07)	7:17:17.350(07:17:00)	9:56:14.616(09:55:58)
106	96	74	MEN	Male	257		SPYRIDON LEIVADIOTIS	-	KASIMIS TRAINING/ZANTE TRAIL RUNNERS	0:00:12.653(00:00:00)	3:46:10.250(03:45:57)	6:58:27.176(06:58:14)	9:47:20.770(09:47:08)
107	97	75	MEN	Male	114		APOSTOLOS ROUVAS	-	KASIMIS TRAINING	0:00:19.513(00:00:00)	4:04:05.556(04:03:46)	7:19:07.006(07:18:47)	10:06:33.320(10:06:13)
108	98	76	MEN	Male	282		PANOS VLAMIS	-		0:00:24.983(00:00:00)	3:53:18.480(03:52:53)	7:13:37.800(07:13:12)	9:56:03.043(09:55:38)
109	99	77	MEN	Male	105		GEORGE CHANTZIS	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ/ FEEL STRONG DO SPORTS	0:00:24.983(00:00:00)	3:37:20.453(03:36:55)	7:10:14.146(07:09:49)	10:06:21.816(10:05:56)
110	100	78	MEN	Male	277		IOANNIS TSAVOS	-	VELTSISTA RUNNING	0:00:16.623(00:00:00)	3:51:53.503(03:51:36)	7:00:28.510(07:00:11)	9:57:51.400(09:57:34)
111	101	79	MEN	Male	103		VASILIS ANAGNOPOULOS	-	REFORM PHYSIO	0:00:19.513(00:00:00)	3:45:58.276(03:45:38)	6:48:43.170(06:48:23)	9:48:56.543(09:48:37)
112	102	22	M50-59	Male	65		IOANNIS GKERLES	-		0:00:21.873(00:00:00)	3:50:31.143(03:50:09)	7:08:01.006(07:07:39)	9:56:08.490(09:55:46)
113	103	23	M50-59	Male	205		FOTIS IOANNOU	-	ΝΑΟΥΣΑ ΒΕΡΜΙΟ TRAIL	0:00:05.466(00:00:00)	3:50:19.986(03:50:14)	6:59:10.630(06:59:05)	9:59:39.803(09:59:34)
114	104	80	MEN	Male	303		KONSTANTINOS GKANATSIOS	-		0:00:09.576(00:00:00)	3:34:51.236(03:34:41)	7:23:43.833(07:23:34)	10:21:56.370(10:21:46)
115	11	9	WOMEN	Female	100		ARETI SBENTZOURI	-		0:00:07.903(00:00:00)	3:59:10.200(03:59:02)	7:25:07.880(07:24:59)	10:09:00.690(10:08:52)
116	105	81	MEN	Male	60		ATHANASIOS MANGOS	-	KASIMIS TRAINING	0:00:15.330(00:00:00)	3:36:30.783(03:36:15)	7:13:16.073(07:13:00)	10:06:42.706(10:06:27)
117	106	82	MEN	Male	30		GEORGE KALLIMANIS	-	MY WAY.....	0:00:15.330(00:00:00)	3:46:20.910(03:46:05)	7:11:21.310(07:11:05)	10:08:56.590(10:08:41)
118	107	83	MEN	Male	23		GEORGIOS DRYMOUZIS	-		0:00:09.826(00:00:00)	4:03:41.503(04:03:31)	7:23:23.226(07:23:13)	10:15:21.170(10:15:11)
119	108	84	MEN	Male	90		GIORGOS GIALOURIS	-		-	3:39:01.490 (--:--:--)	7:04:18.300 (--:--:--)	10:25:33.980 (--:--:--)
120	109	85	MEN	Male	146		CHRISTOS KATSIROPOULOS	-	ΦΛΟΓΑ ΠΑΤΡΑΣ	0:00:22.483(00:00:00)	3:49:18.880(03:48:56)	7:10:34.950(07:10:12)	10:06:13.100(10:05:50)
121	110	24	M50-59	Male	59		IOANNIS MITSOS	-	ALL TERRAIN RUNNERS	0:00:09.826(00:00:00)	3:46:49.880(03:46:40)	6:55:58.976(06:55:49)	10:00:16.320(10:00:06)
122	12	10	WOMEN	Female	132		NATALIA EMINIDOU	-	KASIMIS TRAINING	0:00:07.903(00:00:00)	4:04:10.126(04:04:02)	7:24:29.503(07:24:21)	10:10:02.926(10:09:55)
123	13	11	WOMEN	Female	244		MARIA SOLAKIDOU	-	AUTOLINEA-JEEP	0:00:10.513(00:00:00)	-	7:01:32.320(07:01:21)	9:59:29.083(09:59:18)
124	111	86	MEN	Male	242		APOSTOLOS MPARKAS	-	AUTOLINEA-JEEP	0:00:11.310(00:00:00)	3:42:51.110(03:42:39)	7:05:17.153(07:05:05)	9:59:55.260(09:59:43)
125	112	87	MEN	Male	130		NIKOLAOS KARADIMAS	-	360 RUNNERS	0:00:33.983(00:00:00)	4:10:21.450(04:09:47)	7:33:47.846(07:33:13)	10:29:18.920(10:28:44)
126	113	25	M50-59	Male	234		NIKOLAOS GEORGIOULAS	-	EOS LASITHIOU	0:00:16.936(00:00:00)	3:50:17.000(03:50:00)	7:12:01.796(07:11:44)	10:07:26.770(10:07:09)
127	114	26	M50-59	Male	38		GEORGIOS KELAIDIS	-	SCIENCETRAINING	0:00:28.683(00:00:00)	3:51:09.816(03:50:41)	7:09:16.896(07:08:48)	10:13:32.773(10:13:04)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
128	115	88	MEN	Male	220		STERGIOS PAPASTERGIU	-		0:00:09.826(00:00:00)	4:03:37.980(04:03:28)	7:22:36.783(07:22:26)	10:23:50.676(10:23:40)
129	116	27	M50-59	Male	200		MICHAEL DELIGIANNIS	-	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:15.330(00:00:00)	3:56:05.696(03:55:50)	7:13:19.303(07:13:03)	10:18:24.900(10:18:09)
130	117	89	MEN	Male	47		DIMITRIOS KOLLIAS	-		0:00:20.296(00:00:00)	3:46:00.903(03:45:40)	7:23:35.893(07:23:15)	10:18:31.470(10:18:11)
131	118	90	MEN	Male	33		NIKOLAOS KALINDERIS	-	TACHOERIFIA	0:00:04.653(00:00:00)	3:49:43.400(03:49:38)	7:09:13.533(07:09:08)	10:24:41.596(10:24:36)
132	119	91	MEN	Male	117		NIKOLAOS BIMPLIS	-	360 RUNNERS	0:00:33.843(00:00:00)	4:10:05.436(04:09:31)	7:34:08.200(07:33:34)	10:29:28.780(10:28:54)
133	120	92	MEN	Male	118		PANAGIOTIS APERGIS	-	360 RUNNERS	0:00:36.280(00:00:00)	4:10:03.056(04:09:26)	7:34:13.570(07:33:37)	10:30:41.460(10:30:05)
134	14	12	WOMEN	Female	78		EIRINI STERGIOPOULOU	-	Σ.Δ.Υ.ΠΑΤΡΑΣ	0:00:04.653(00:00:00)	4:08:39.046(04:08:34)	7:37:18.290(07:37:13)	10:32:11.506(10:32:06)
135	121	93	MEN	Male	123		GEORGIOS HASKIS	-	FIFTH ELEMENT	0:00:18.953(00:00:00)	3:46:47.986(03:46:29)	7:17:22.576(07:17:03)	10:29:08.650(10:28:49)
136	15	13	WOMEN	Female	25		EIRINI MAVRIKOU	-	TELISSOS - EOS LASITHIU	0:00:16.936(00:00:00)	3:46:16.500(03:45:59)	7:09:58.186(07:09:41)	10:12:06.840(10:11:49)
137	122	2	M60+	Male	127		IOANNIS PAPAMICHAIL	-	ΣΜΚ/ΑΣΒ	0:00:22.483(00:00:00)	3:54:17.893(03:53:55)	7:22:33.296(07:22:10)	10:30:49.116(10:30:26)
138	123	94	MEN	Male	71		PANAGIOTIS DRAKOS	-	ALL TERAİN RUNNERS	0:00:23.233(00:00:00)	3:54:47.233(03:54:24)	7:20:27.010(07:20:03)	10:27:08.560(10:26:45)
139	124	95	MEN	Male	162		STYLIANOS PANAGIOTOPOULOS	-	KROMMIDAS TRAIL TEAM	0:00:08.623(00:00:00)	3:35:51.623(03:35:43)	6:44:03.336(06:43:54)	10:13:45.163(10:13:36)
140	125	96	MEN	Male	142		ANASTASIOS KASTORIS	-		0:00:26.903(00:00:00)	3:59:21.383(03:58:54)	7:26:13.323(07:25:46)	10:38:49.160(10:38:22)
141	126	97	MEN	Male	66		EFTHIMIOS FILIPPOU	-		0:00:28.466(00:00:00)	4:09:58.513(04:09:30)	7:33:49.510(07:33:21)	10:35:59.593(10:35:31)
142	127	3	M60+	Male	218		ARISTOTELIS DILINTAS	-	PERIKLIS TRAINING - SDY RETHYMNOU	0:00:30.013(00:00:00)	3:57:45.560(03:57:15)	7:31:57.653(07:31:27)	10:32:05.170(10:31:35)
143	128	98	MEN	Male	35		THEODOSIOS EBRIKIDIS	-	TAHOERIFIA	0:00:04.653(00:00:00)	3:49:35.296(03:49:30)	7:16:12.543(07:16:07)	10:26:40.660(10:26:36)
144	129	28	M50-59	Male	34		KONSTANTINOS NATSIOPOULOS	-	KASIMIS TRAINING	0:00:04.653(00:00:00)	3:49:39.716(03:49:35)	6:51:25.253(06:51:20)	10:26:35.633(10:26:30)
145	16	14	WOMEN	Female	193		ELENA NIKOLENKO	-	DROMEΑ RACING CLUB	0:00:03.610(00:00:00)	4:10:40.743(04:10:37)	7:38:19.110(07:38:15)	10:32:37.633(10:32:34)
146	130	29	M50-59	Male	147		VASILEIOS ANAGNOSTOPOULOS	-	FIFTH ELEMENT RUNNING TEAM/ DEREKAS ENDURANCE COACHING	0:00:09.826(00:00:00)	3:55:57.873(03:55:48)	7:12:07.403(07:11:57)	10:34:44.313(10:34:34)
147	131	30	M50-59	Male	254		GEORGIOS LAMPROU	-		0:00:09.826(00:00:00)	3:50:59.183(03:50:49)	7:11:55.906(07:11:46)	10:35:34.396(10:35:24)
148	132	31	M50-59	Male	148		DIMITRIOS KANNIS	-	FIFTH ELEMENT RUNNING TEAM/	-	3:56:02.286 (---:--)	7:11:42.683 (---:--)	10:34:55.420 (---:--)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
DEREKAS ENDURANCE C													
149	133	32	M50-59	Male	216		GIANNIS MILIARAS	-		0:00:10.106(00:00:00)	3:50:14.503(03:50:04)	7:26:06.680(07:25:56)	10:27:05.263(10:26:55)
150	134	99	MEN	Male	219		ANTONIOS KAMPERIS	-	ZNTILARUNNINGTEAM	0:00:10.106(00:00:00)	3:51:02.240(03:50:52)	7:23:03.780(07:22:53)	10:34:15.846(10:34:05)
151	135	100	MEN	Male	291		NIKOLAS MATZIARIS	-	MAD GOATS - ATHLOKINISI	0:00:17.780(00:00:00)	3:56:19.756(03:56:01)	7:45:39.366(07:45:21)	10:41:35.833(10:41:18)
152	136	101	MEN	Male	24		DIMITRIS DAMIANOS	-	KASIMIS TRAINING	0:00:17.280(00:00:00)	3:40:46.020(03:40:28)	7:17:04.130(07:16:46)	10:48:06.993(10:47:49)
153	137	33	M50-59	Male	75		GEORGIOS NIKAS	-		0:00:21.873(00:00:00)	3:51:13.963(03:50:52)	7:33:01.203(07:32:39)	10:45:25.186(10:45:03)
154	138	102	MEN	Male	188		APOSTOLOS SMARNAKIS	-	GRT	0:00:32.763(00:00:00)	4:20:00.723(04:19:27)	7:58:21.530(07:57:48)	10:59:01.030(10:58:28)
155	139	103	MEN	Male	44		VOLODYMYR SNIHUR	-	FOKIDA RUNNERS	0:00:19.513(00:00:00)	3:25:08.186(03:24:48)	6:50:54.466(06:50:34)	10:11:45.876(10:11:26)
156	140	104	MEN	Male	43		ANDREAS GALIOURAS	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:19.513(00:00:00)	3:45:47.553(03:45:28)	6:59:17.370(06:58:57)	10:11:48.913(10:11:29)
157	141	105	MEN	Male	169		PANAGIOTIS FLESSAS	-		0:00:10.106(00:00:00)	3:18:07.210(03:17:57)	7:04:32.330(07:04:22)	10:23:04.430(10:22:54)
158	142	34	M50-59	Male	98		MICHALIS EROKROITOU	-	DROMEARACING	0:00:24.983(00:00:00)	4:00:17.070(03:59:52)	7:41:25.720(07:41:00)	10:46:54.926(10:46:29)
159	143	106	MEN	Male	107		SERGIOS LAZARIDIS	-	KASIMIS TRAINING	0:00:04.653(00:00:00)	4:04:14.110(04:04:09)	7:40:17.660(07:40:13)	10:50:42.930(10:50:38)
160	144	35	M50-59	Male	180		IOANNIS CHONDROGIANNIS	-	ΣΔΥΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:46.950(00:00:00)	3:51:06.453(03:50:19)	7:25:53.126(07:25:06)	10:47:10.383(10:46:23)
161	145	107	MEN	Male	268		IOANNIS POLYMENAKOS	-	KIRON TEAM	0:00:31.686(00:00:00)	3:50:45.856(03:50:14)	7:26:10.276(07:25:38)	10:44:14.613(10:43:42)
162	146	108	MEN	Male	80		ANASTASIOS GALANIS	-	ATHENS RUNNING TOURS	0:00:27.700(00:00:00)	4:03:29.166(04:03:01)	7:34:05.056(07:33:37)	10:48:28.100(10:48:00)
163	17	3	W50-59	Female	69		GABI NAEGELE	-		0:00:27.700(00:00:00)	4:14:23.036(04:13:55)	7:29:36.623(07:29:08)	10:46:03.310(10:45:35)
164	147	109	MEN	Male	226		DIMITRIOS MANETAS	-	KOUMARIA TRAIL SERIES	0:00:19.513(00:00:00)	3:46:57.223(03:46:37)	7:20:21.896(07:20:02)	10:48:48.836(10:48:29)
165	148	110	MEN	Male	45		THEODOROS EVANGELIDIS	-		0:00:32.763(00:00:00)	4:13:24.180(04:12:51)	7:39:34.076(07:39:01)	10:50:34.746(10:50:01)
166	149	111	MEN	Male	41		ADRIAN CAMILLERI	-		0:00:24.983(00:00:00)	4:05:33.540(04:05:08)	7:39:46.900(07:39:21)	10:50:58.206(10:50:33)
167	150	112	MEN	Male	63		MICHALIS MANOLILOUDIS	-	XOXΛIOΣ TEAM	0:00:31.686(00:00:00)	3:54:42.853(03:54:11)	7:18:27.853(07:17:56)	10:51:24.040(10:50:52)
168	151	113	MEN	Male	306		LEONARD PECO	-	MARATHON ALBANIA	0:00:36.496(00:00:00)	4:02:51.786(04:02:15)	7:33:28.993(07:32:52)	10:53:35.640(10:52:59)
169	152	114	MEN	Male	74		PERIKLIS OIKONOMOU	-	E.CO. LIFT	0:00:15.330(00:00:00)	3:33:37.343(03:33:22)	6:48:27.960(06:48:12)	10:51:43.006(10:51:27)
170	153	115	MEN	Male	201		THEODOROS DIMITRAKAKIS	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:32.763(00:00:00)	3:04:16.756(03:03:43)	6:48:37.600(06:48:04)	10:45:48.910(10:45:16)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
171	154	116	MEN	Male	152		NIKOS TSAMPTRAS	-	ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ ΠΑΤΡΑΣ	0:00:16.623(00:00:00)	4:13:21.663(04:13:05)	7:49:24.406(07:49:07)	11:04:52.266(11:04:35)
172	155	117	MEN	Male	194		ILIAS MANTHOS	-	ΚΟΥΜΑΡΙΑ TRAIL SERIES	0:00:17.280(00:00:00)	4:00:22.673(04:00:05)	7:50:55.000(07:50:37)	11:04:41.220(11:04:23)
173	156	118	MEN	Male	173		PANAGIOTIS DAVIDOPOULOS	-		0:00:26.903(00:00:00)	4:07:20.060(04:06:53)	7:43:59.103(07:43:32)	11:04:36.293(11:04:09)
174	157	119	MEN	Male	36		EVANGELOS KATSAROS	-		0:00:07.903(00:00:00)	4:13:28.660(04:13:20)	7:42:23.630(07:42:15)	11:06:36.546(11:06:28)
175	158	120	MEN	Male	86		THEOFANIS CHAVELOS	-		0:00:31.686(00:00:00)	4:00:34.396(04:00:02)	7:26:43.590(07:26:11)	10:58:50.320(10:58:18)
176	159	121	MEN	Male	259		STELIOS PANTAZIS	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:31.686(00:00:00)	4:00:32.023(04:00:00)	7:26:37.290(07:26:05)	10:58:44.246(10:58:12)
177	18	15	WOMEN	Female	61		STYLIANI LASKOU	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:11.310(00:00:00)	4:07:52.636(04:07:41)	7:43:50.660(07:43:39)	11:16:24.873(11:16:13)
178	160	36	M50-59	Male	305		KONSTANTINOS KOTALAKIDIS	-	ΚΑΣΙΜΙΣ ΔΙΜΙΤΡΙΣ	0:00:31.686(00:00:00)	3:57:49.136(03:57:17)	7:48:34.113(07:48:02)	11:16:28.740(11:15:57)
179	19	16	WOMEN	Female	27		VASILIKI TZOI	-		0:00:08.623(00:00:00)	4:18:24.873(04:18:16)	7:49:18.650(07:49:10)	11:23:23.920(11:23:15)
180	20	17	WOMEN	Female	26		ELEANA TZOI	-		0:00:08.890(00:00:00)	4:18:15.210(04:18:06)	7:49:31.016(07:49:22)	11:23:15.450(11:23:06)
181	21	18	WOMEN	Female	237		DIMITRA KALTSI	-	ALL TERRAIN RUNNERS	0:00:15.330(00:00:00)	4:17:09.746(04:16:54)	-	11:27:26.886(11:27:11)
182	161	37	M50-59	Male	258		CHRISTOS NIFORAS	-		0:00:27.933(00:00:00)	4:14:19.626(04:13:51)	7:52:03.710(07:51:35)	11:26:46.800(11:26:18)
183	162	122	MEN	Male	51		MARKOS TSAKIRIS	-	OSB ENDURANCE TEAM	0:00:07.903(00:00:00)	3:56:15.060(03:56:07)	7:26:47.550(07:26:39)	11:23:27.333(11:23:19)
184	163	123	MEN	Male	212		VASILEIOS ZINTROS	-	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	0:00:19.513(00:00:00)	4:18:21.160(04:18:01)	8:07:28.080(08:07:08)	11:27:33.823(11:27:14)
185	164	124	MEN	Male	76		SELIM EL-GHERIANI	-	MAP TRAIL ESPACIOSALUD	0:00:22.843(00:00:00)	4:12:33.476(04:12:10)	8:03:06.143(08:02:43)	11:32:04.503(11:31:41)
186	165	38	M50-59	Male	136		ILIAS VARADAS	-	ΟΛΥΜΠΙΟΙ Ν Ι	-	4:07:34.056 (---:--)	7:51:28.696 (---:--)	11:22:16.066 (---:--)
187	166	125	MEN	Male	224		PANAGIOTIS ΟΙΚΟΝΟΜΟΠΟΥΛΟΣ	-	ΕΟΣ ΠΑΤΡΩΝ/ΣΔΥΠ	-	4:10:18.286 (---:--)	7:48:04.713 (---:--)	11:29:09.393 (---:--)
188	167	126	MEN	Male	225		DIONYSIS ΟΙΚΟΝΟΜΟΥ	-	LESS IS MORE	0:00:19.513(00:00:00)	4:10:25.570(04:10:06)	7:48:08.843(07:47:49)	11:29:32.053(11:29:12)
189	168	39	M50-59	Male	54		IOSIF CHRISTODOULIDIS	-	Ο.Μ.Γ.	0:00:26.903(00:00:00)	4:20:42.960(04:20:16)	7:52:24.950(07:51:58)	11:28:08.870(11:27:41)
190	169	127	MEN	Male	243		PANAGIOTIS KROMMUDAS	-	AUTOLINEA-JEEP	0:00:24.983(00:00:00)	4:19:28.880(04:19:03)	7:50:29.493(07:50:04)	11:38:03.100(11:37:38)
191	170	40	M50-59	Male	245		DIMITRIS PAPAIOANNOU	-	AUTOLINEA-JEEP	0:00:16.140(00:00:00)	4:11:25.080(04:11:08)	7:51:34.130(07:51:17)	11:47:02.030(11:46:45)
192	171	41	M50-59	Male	46		HARALABOS EFRAIMIDIS	-	IRON TEAM - ΣΔΥΘ	0:00:26.903(00:00:00)	4:27:31.596(04:27:04)	8:12:36.470(08:12:09)	11:48:36.586(11:48:09)
193	172	128	MEN	Male	106		DIMITRIS THIVAIOS	-	ΕΦΥΡΑΙΟΙ ΩΚΥΠΟΔΕΣ	0:00:04.653(00:00:00)	4:20:20.733(04:20:16)	8:03:08.630(08:03:03)	11:36:28.846(11:36:24)
194	173	129	MEN	Male	21		CHRISTOS	-		0:00:11.310(00:00:00)	4:04:21.220(04:04:09)	7:48:13.723(07:48:02)	11:17:13.573(11:17:02)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
195	174	42	M50-59	Male	222		KALAMIOTIS NIKOLAOS ALEXANDROU	-	PEAKS AND VALLEYS RUNNERS BY ALEXANDROU	0:00:24.983(00:00:00)	3:58:45.800(03:58:20)	7:46:27.650(07:46:02)	-
196	175	130	MEN	Male	157		LEONIDAS THANIOTIS	-		0:00:19.513(00:00:00)	4:08:36.036(04:08:16)	7:45:20.866(07:45:01)	11:27:58.713(11:27:39)
197	176	131	MEN	Male	39		ANDREAS EYSTATHOPOULOS	-	APS TRIAS	0:00:21.873(00:00:00)	4:06:41.120(04:06:19)	7:52:00.453(07:51:38)	11:38:43.813(11:38:21)
198	177	132	MEN	Male	250		GRIGORIS SINAKOS	-		0:00:26.903(00:00:00)	4:11:18.700(04:10:51)	7:56:37.136(07:56:10)	11:47:06.290(11:46:39)
199	178	43	M50-59	Male	153		NIKOLAOS MOSCHOVOS	-	MINETTA RUNNING TEAM	0:00:16.140(00:00:00)	3:50:36.776(03:50:20)	7:45:15.903(07:44:59)	11:52:18.720(11:52:02)
200	22	19	WOMEN	Female	129		ALINA VASILACHE	-		0:00:21.873(00:00:00)	4:25:07.430(04:24:45)	8:04:43.280(08:04:21)	11:52:44.176(11:52:22)
201	179	133	MEN	Male	52		ELEFTHERIOS VITSILAKIS DNF	-	ΠΑΛΑΙΟΧΩΡΑ TRT	0:00:07.373(00:00:00)	3:34:27.933(03:34:20)	6:46:31.030(06:46:23)	-
202	180	134	MEN	Male	154		KONSTANTINOS LIAKOPOULOS DNF	-	#THE3MULES	0:00:10.513(00:00:00)	3:28:15.360(03:28:04)	-	-
203	23	20	WOMEN	Female	266		ANGELIKI ZACHARAKI	-	ERGOPHARM	0:00:19.513(00:00:00)	4:28:35.200(04:28:15)	8:06:22.366(08:06:02)	11:52:50.186(11:52:30)
204	181	135	MEN	Male	233		EFSTATHIOS VRYNIOTIS	-		0:01:10.376(00:00:00)	-	-	-
205	182	136	MEN	Male	298		GIORGOS MOUSTANIS	-		0:00:27.700(00:00:00)	4:10:14.100(04:09:46)	7:48:37.070(07:48:09)	11:56:00.230(11:55:32)
206	183	44	M50-59	Male	296		PANAGIOTIS PAPANIKOLAOU	-	The Runner's Project	0:00:26.903(00:00:00)	4:10:10.433(04:09:43)	7:48:55.436(07:48:28)	11:56:04.086(11:55:37)
207	184	137	MEN	Male	186		IOANNIS KATSIKAVELAS	-	GRT	0:00:32.763(00:00:00)	4:20:09.350(04:19:36)	-	12:08:54.026(12:08:21)
208	185	45	M50-59	Male	261		ANDREAS KOMPOROZOS	-	ΣΔΥΠ	0:00:16.140(00:00:00)	4:22:42.786(04:22:26)	-	12:10:32.070(12:10:15)
209	186	46	M50-59	Male	140		KONSTANTINOS PRATSAS	-		0:00:30.013(00:00:00)	4:33:35.790(04:33:05)	-	12:10:20.496(12:09:50)
210	187	47	M50-59	Male	203		GEORGE KINIAKOS	-	VASKOS TRAINING	0:00:26.903(00:00:00)	4:27:39.320(04:27:12)	8:17:46.563(08:17:19)	12:11:10.706(12:10:43)
211	188	48	M50-59	Male	181		ANTONIOS EMMANOUILIDIS	-	IPA PIERIAS	0:00:16.140(00:00:00)	4:09:45.213(04:09:29)	8:04:13.983(08:03:57)	12:00:25.480(12:00:09)
212	189	49	M50-59	Male	204		NIKOS VASSIS	-		0:00:24.983(00:00:00)	4:08:19.990(04:07:55)	8:12:13.230(08:11:48)	12:10:38.986(12:10:14)
213	190	4	M60+	Male	215		CHARITON POLATOGLOU	-		0:00:16.140(00:00:00)	4:27:17.690(04:27:01)	8:12:34.083(08:12:17)	12:14:52.466(12:14:36)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
214	191	138	MEN	Male	87		ANDREAS MIKELOPOULOS	-	DIVRIS HARD TRAIL RACE	0:00:19.513(00:00:00)	4:13:19.223(04:12:59)	7:57:14.340(07:56:54)	12:01:22.833(12:01:03)
215	192	50	M50-59	Male	176		TASIOPOULOS PETROS	-	SIKO & POLEMA	0:00:27.700(00:00:00)	4:08:43.843(04:08:16)	8:02:31.580(08:02:03)	11:47:10.330(11:46:42)
216	193	5	M60+	Male	94		NIKOLAOS DIONYSOPOULOS	-	SDYA (ATHENS)	0:00:07.966(00:00:00)	4:20:34.030(04:20:26)	-	12:36:05.750(12:35:57)
217	194	6	M60+	Male	175		EVANGELOS DROSOS	-	ΚΕΡΑΥΝΟΣ ΑΓΙΟΥ ΓΕΩΡΓΙΟΥ	0:00:11.310(00:00:00)	4:28:27.716(04:28:16)	9:08:14.236(09:08:02)	12:40:55.780(12:40:44)
218	24	21	WOMEN	Female	137		INO STEFANI	-		0:00:06.576(00:00:00)	4:10:50.783(04:10:44)	7:45:31.600(07:45:25)	12:39:37.723(12:39:31)
219	195	139	MEN	Male	248		GEORGE GKOLIAS	-	ΤΕΡΨΙΘΕΑ ΝΑΥΠΑΚΤΙΑΣ	0:00:21.873(00:00:00)	4:34:15.056(04:33:53)	9:10:29.206(09:10:07)	12:51:20.910(12:50:59)
220	196	140	MEN	Male	149		SPYROS CHRYSIKOPOULOS	-	MINETTA	0:00:07.903(00:00:00)	4:10:34.540(04:10:26)	8:05:23.743(08:05:15)	12:38:40.990(12:38:33)
221	25	4	W50-59	Female	276		ELENI TZIMA	-	ΛΥΚΟΙ ΚΕΧΑΓΟΓΛΟΥ	0:00:19.513(00:00:00)	4:44:21.166(04:44:01)	9:10:02.073(09:09:42)	12:51:05.253(12:50:45)
222	197	141	MEN	Male	223		SPIRIDON KOUNAVIS	-	ΜΠΑΡΟΥΤΟΚΑΠΝΙΣΜΕΝΟΙ	0:00:19.920(00:00:00)	4:35:37.950(04:35:18)	-	12:51:13.033(12:50:53)
223	26	22	WOMEN	Female	207		NAFSIKA AGIANNITI	-	ΣΔΥ ΑΛΜΩΠΙΑΣ/ΚΟΥΡΚΟΥΡΙΚIS TRAINING GROUP/ΝΑΟΥΣΑ ΒΕΡΜΙΟ TRAIL	0:00:16.140(00:00:00)	4:43:14.080(04:42:57)	9:09:47.313(09:09:31)	12:51:01.263(12:50:45)
224	198	51	M50-59	Male	195		YIANNIS KOSTAKIS	-	ΣΗΚΩ ΚΑΙ ΠΟΛΕΜΑ	0:00:28.466(00:00:00)	4:25:01.716(04:24:33)	9:08:17.390(09:07:48)	13:09:16.940(13:08:48)
225	199	7	M60+	Male	198		DIMITRIOS LAMPRINIDIS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:47.873(00:00:00)	4:14:13.740(04:13:25)	7:46:57.753(07:46:09)	-
226	200	142	MEN	Male	168		VASILIS PERIVOLARIS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:49.293(00:00:00)	4:51:31.776(04:50:42)	-	-
227	201	52	M50-59	Male	120		SOKRATIS OUSANTZOPOULOS	-	ΣΥΛ.ΔΡ.ΚΥΡΙΑΚΟΣ ΛΑΖΑΡΙΔΗΣ	0:00:07.903(00:00:00)	4:36:54.163(04:36:46)	9:08:30.406(09:08:22)	13:03:35.130(13:03:27)
228	202	143	MEN	Male	179		GEORGIOS KALIONTZIS	-	KASIMIS TEAM	0:00:21.873(00:00:00)	4:44:41.990(04:44:20)	-	13:29:34.863(13:29:12)
229	203	53	M50-59	Male	213		DIMITRIS RAFTOPOULOS	-	ANIXNEYTHS	0:00:27.700(00:00:00)	4:45:47.876(04:45:20)	-	13:39:21.900(13:38:54)
230	204	144	MEN	Male	238		GIORGOS LOUFEKIS DNF	-	COMPRESSPORT/DYNAFIT	0:00:01.796(00:00:00)	2:52:46.860(02:52:45)	5:20:31.820(05:20:30)	7:10:53.596(07:10:51)
231	205	54	M50-59	Male	174		CHRISTIAN PAPACHRISANTHOU	-		0:00:09.826(00:00:00)	3:47:04.130(03:46:54)	7:11:34.380(07:11:24)	10:07:20.403(10:07:10)
232	206	55	M50-59	Male	185		DIMITRIOS PEKOPOULOS DNF VRADETO	-	ΤΡΕΧΑΛΛΑΚΗΔΕΣ ΣΕΡΒΙΩΝ	0:00:12.293(00:00:00)	3:57:30.570(03:57:18)	7:33:45.870(07:33:33)	11:42:29.306(11:42:17)
233	207	56	M50-59	Male	53		AGGELOS TSALAVOS	-	KASIMISTRAINING	0:00:05.466(00:00:00)	4:00:15.550(04:00:10)	8:06:15.033(08:06:09)	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start TeRA	Moni Stomiou TeRA	Astraka Refuge TeRA	Vradeto TeRA
234	208	145	MEN	Male	246		ANASTASIOS MITROPAPAS DNF	-	ZAGORI WATER	0:00:04.653(00:00:00)	3:12:29.430(03:12:24)	-	-
235	209	146	MEN	Male	275		PANAGIOTIS KAPONIS DNF	-	VASKOS TRAINING - EOS PATRAS	0:00:11.310(00:00:00)	3:38:55.676(03:38:44)	-	-
236	210	8	M60+	Male	263		MILTADIS SAKELLARIDIS DNF	-		0:00:09.826(00:00:00)	3:56:37.333(03:56:27)	-	-
237	211	57	M50-59	Male	93		MILTADIS XENOS DNF	-	HAPPY RUNNERS	0:00:27.700(00:00:00)	4:06:46.470(04:06:18)	-	-
238	212	147	MEN	Male	102		STELIOS DERMENAKIS DNF	-	SANS FILLES/A21 - ABOLISH SLAVERY	0:00:30.013(00:00:00)	4:07:57.303(04:07:27)	-	-
239	213	148	MEN	Male	110		GRIGORIS KARADISOGLOU DNF	-		0:00:36.280(00:00:00)	4:20:12.343(04:19:36)	-	-
240	214	149	MEN	Male	111		PANAGIOTIS KEKELIS DNF	-		0:00:36.936(00:00:00)	4:20:15.196(04:19:38)	-	-
241	215	150	MEN	Male	57		SPYRIDON GIANNOS DNF	-	MOUNTAINTRAILS360	0:00:19.513(00:00:00)	4:27:45.183(04:27:25)	-	-
242	216	58	M50-59	Male	22		GEORGIOS BOULOUGOURIS DNF	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ - ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:26.903(00:00:00)	4:28:39.620(04:28:12)	-	-
243	217	151	MEN	Male	270		KONSTANTINOS DIABATIS DNF	-	BALLOTIS NATURE TRAIL	0:00:09.826(00:00:00)	4:58:57.693(04:58:47)	-	-
244	218	9	M60+	Male	302		GEORGIOS TSAGKERAS DNF	-	FIFTY MILES RUN	0:00:32.763(00:00:00)	4:59:51.850(04:59:19)	-	-
245	27	5	W50-59	Female	271		ELENI PSAROMYALOU DNF	-	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΔΡΟΜΕΩΝ ΛΙΒΑΔΕΙΑΣ	0:00:05.466(00:00:00)	-	-	-
246	28	6	W50-59	Female	308		ANASTASIA KARYDI DNF	-	ΣΔΥ ΠΑΤΡΑΣ	0:00:16.360(00:00:00)	-	-	-
247	219	10	M60+	Male	178		CHRISTOS KAKKOS DNF	-		0:00:24.983(00:00:00)	-	-	-
248	220	152	MEN	Male	40		ATHANASIOS DOLIAS DNF	-		0:00:24.983(00:00:00)	-	-	-
249	221	153	MEN	Male	82		HARALAMPOS TZELETAS DNF	-	SOUGIOL_TEAM	0:00:31.623(00:00:00)	-	-	-
250	222	59	M50-59	Male	101		NIKOLAOS ANTONARAKOS DNF	-	KOURKOURIKIS TRAINING TEAM	0:00:31.686(00:00:00)	-	-	-