

Karpenissi Trail 2023 Lakomata Trail 13klm

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	13 KM START	13 KM FINISH
1	1	1	M GEN	Male	173		ΓΙΩΡΓΟΣ ΔΙΑΛΕΚΤΟΣ	-		0:00:00.843(00:00:00)	1:26:51.283(01:26:50)
2	2	2	M GEN	Male	168		ΧΡΗΣΤΟΣ ΚΥΡΙΑΖΑΚΟΣ	-		0:00:01.900(00:00:00)	1:30:27.130(01:30:25)
3	3	3	M GEN	Male	155	GR	ΑΝΤΩΝΗΣ ΜΑΝΤΖΙΟΥΤΑΣ	-		0:00:01.360(00:00:00)	1:34:39.006(01:34:37)
4	4	4	M GEN	Male	157	GR	ΕΜΜΑΝΟΥΗΛ ΤΑΜΠΑΚΑΚΗΣ	-	TSIAVTARIS ATHLETIC SCIENCE	0:00:00.983(00:00:00)	1:40:37.980(01:40:36)
5	5	5	M GEN	Male	142	GR	ΣΑΚΗΣ ΝΙΚΟΒΙΩΤΗΣ	-	PITSI TEAM	0:00:00.576(00:00:00)	1:49:34.506(01:49:33)
6	6	6	M GEN	Male	151	GR	ΝΙΚΟΣ ΛΙΑΠΗΣ	-	ΚΑΛΙΑΚΟΥΔΑ TRAIL	0:00:03.503(00:00:00)	1:53:10.490(01:53:06)
7	7	7	M GEN	Male	125	GR	ΧΡΟΝΗΣ ΔΟΥΚΑΤΑΣ	-	KUKLOS ZYMES	0:00:03.716(00:00:00)	1:53:24.233(01:53:20)
8	1	1	W GEN	Female	112	GR	ΣΤΑΥΡΟΥΛΑ ΑΓΓΕΛΟΠΟΥΛΟΥ	-		0:00:07.286(00:00:00)	1:58:27.996(01:58:20)
9	8	8	M GEN	Male	102		ANDREAS KOUTSIKOS	-	MY CHOZEN TEAM	0:00:01.283(00:00:00)	1:58:37.226(01:58:35)
10	9	9	M GEN	Male	130	GR	ΕΥΑΓΓΕΛΟΣ ΚΕΤΕΣΙΔΗΣ	-	MOUNTAIN TRAINING SOLUTIONS	0:00:02.596(00:00:00)	2:00:53.020(02:00:50)
11	10	10	M GEN	Male	118	GR	ΓΙΑΝΝΗΣ ΓΕΡΟΥ	-		0:00:06.536(00:00:00)	2:02:05.336(02:01:58)
12	11	11	M GEN	Male	123	GR	ΒΑΣΙΛΕΙΟΣ ΔΑΣΣΙΟΣ	-	KARYA OLYMPUS TRAIL	0:00:01.263(00:00:00)	2:04:25.923(02:04:24)
13	2	2	W GEN	Female	149	GR	ΕΛΙΣΑΒΕΤ ΠΑΠΑΔΗΜΑ	-		0:00:00.576(00:00:00)	2:05:57.896(02:05:57)
14	12	12	M GEN	Male	143	GR	ΚΩΣΤΑΣ ΝΙΚΟΠΑΣΧΟΣ	-	ΓΙΑ ΠΑΝΤΑ ΔΙΚΟΣ ΣΟΥ ☒ ☒	0:00:06.536(00:00:00)	2:08:06.506(02:07:59)
15	13	13	M GEN	Male	131	GR	ΑΣΤΕΡΙΟΣ ΚΙΣΚΙΝΗΣ	-		-	2:08:24.916 (--:--:--)
16	14	14	M GEN	Male	137	GR	ΠΑΝΑΓΙΩΤΗΣ ΙΝΤΖΙΡΤΖΗΣ	-		0:00:08.536(00:00:00)	2:08:27.866(02:08:19)
17	15	15	M GEN	Male	109	GR	ΙΩΑΝΝΗΣ ΑΛΕΞΙΟΥ	-		0:00:09.746(00:00:00)	2:09:35.326(02:09:25)
18	16	16	M GEN	Male	178		ΧΑΡΑΛΑΜΠΟΣ ΠΟΛΙΤΗΣ	-		0:00:03.316(00:00:00)	2:10:51.480(02:10:48)
19	3	3	W GEN	Female	121	GR	ΕΥΑ ΓΚΕΣΟΥΛΗ	-		0:00:03.183(00:00:00)	2:11:02.353(02:10:59)
20	17	17	M GEN	Male	156	GR	ΒΑΣΙΛΕΙΟΣ ΣΚΟΡΔΟΣ	-	PRIVATE WORKOUT ΚΟΛΟΝΑΚΙ	0:00:15.136(00:00:00)	2:11:34.293(02:11:19)
21	18	18	M GEN	Male	150	GR	ΧΡΙΣΤΟΦΟΡΟΣ ΤΣΙΑΚΑΛΟΣ	-	BODY LAB MAKIS	0:00:12.003(00:00:00)	2:13:04.843(02:12:52)
22	4	4	W GEN	Female	163	GR	ΒΑΣΙΛΙΚΗ ΧΑΝΤΖΗ	-	PITSI TEAM	0:00:03.410(00:00:00)	2:13:25.633(02:13:22)
23	19	19	M GEN	Male	161	GR	ΘΕΟΔΩΡΟΣ ΤΣΩΝΗΣ	-		0:00:02.026(00:00:00)	2:13:44.316(02:13:42)
24	5	5	W GEN	Female	101	GR	ΣΟΤΙΡΙΑ-ΜΑΡΙΑ ΓΙΑΝΝΕΛΟΥ	-	L_CREW	0:00:02.596(00:00:00)	2:15:21.046(02:15:18)
25	20	20	M GEN	Male	165	GR	ΑΛΕΞΑΝΔΡΟΣ ΣΚΟΡΔΟΣ	-		0:00:15.136(00:00:00)	2:15:44.700(02:15:29)
26	21	21	M GEN	Male	127	GR	ΔΗΜΗΤΡΗΣ ΚΑΡΛΟΣ	-		0:00:05.456(00:00:00)	2:16:12.010(02:16:06)
27	22	22	M GEN	Male	169		ΝΙΚΟΣ ΤΡΙΑΝΤΑΦΥΛΛΟΥ	-		0:00:05.130(00:00:00)	2:17:02.600(02:16:57)
28	23	23	M GEN	Male	124	GR	ΓΡΗΓΟΡΙΟΣ ΔΙΟΝΥΣΟΠΟΥΛΟΣ	-	AMORGOS RUNNING TEAM	0:00:08.536(00:00:00)	2:17:40.056(02:17:31)
29	24	24	M GEN	Male	128	GR	ΑΛΚΙΒΙΑΔΗΣ ΚΑΤΗΣ	-	ΣΥΝΟΔΟΙΠΟΡΟΙ	0:00:12.616(00:00:00)	2:21:37.666(02:21:25)

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30	25	25	M GEN	Male	111	GR	ΝΙΚΟΛΑΟΣ ΑΡΩΝΙΑΔΑΣ	-	ΣΥΝΟΔΟΙΠΟΡΟΙ	0:00:12.790(00:00:00)	2:21:37.666(02:21:24)
31	26	26	M GEN	Male	159	GR	ΔΙΟΝΥΣΗΣ ΜΗΤΡΟΠΟΥΛΟΣ	-		0:00:03.763(00:00:00)	2:22:37.916(02:22:34)
32	6	6	W GEN	Female	158	GR	ΜΑΡΙΝΑ ΤΕΡΖΗ	-	FLASH CATS	0:00:03.763(00:00:00)	2:23:29.690(02:23:25)
33	27	27	M GEN	Male	160	GR	ΕΥΑΓΓΕΛΟΣ ΤΣΑΜΗΣ	-	ΤΡΑΧΙΝΑ	0:00:11.500(00:00:00)	2:23:55.110(02:23:43)
34	28	28	M GEN	Male	175		ΑΝΔΡΕΑΣ ΦΑΡΣΑΛΙΝΟΣ	-		0:00:10.730(00:00:00)	2:25:27.633(02:25:16)
35	29	29	M GEN	Male	164	GR	ΧΑΡΑΛΑΜΠΟΣ ΧΑΝΤΖΟΠΟΥΛΟΣ	-	ΕΟΣ ΚΑΡΠΕΝΗΣΙΟΥ	0:00:08.613(00:00:00)	2:25:28.176(02:25:19)
36	30	30	M GEN	Male	105	GR	CHRISTOS VASILEIΟΥ	-		0:00:10.090(00:00:00)	2:25:40.983(02:25:30)
37	31	31	M GEN	Male	103	GR	ANTONIS SIMOTAS	-		0:00:10.380(00:00:00)	2:28:58.600(02:28:48)
38	32	32	M GEN	Male	145	GR	ΑΘΑΝΑΣΙΟΣ ΠΑΔΟΥΒΑΣ	-	ADIDAS RUNNERS ATHENS	0:00:08.426(00:00:00)	2:29:47.653(02:29:39)
39	33	33	M GEN	Male	126	GR	ΜΙΛΤΟΣ ΗΛΙΑΣ	-	ΕΟΣ ΕΛΕΥΣΙΝΑΣ	0:00:07.730(00:00:00)	2:30:47.600(02:30:39)
40	7	7	W GEN	Female	154	GR	ΕΥΑ ΡΗΓΟΥ	-		0:00:03.763(00:00:00)	2:32:52.813(02:32:49)
41	34	34	M GEN	Male	114	GR	ΙΩΑΝΝΗΣ ΒΟΓΙΑΝΤΖΗΣ	-	ΠΕΡΙΚΛΗΣ ΔΗΜΗΤΡΙΟΥ ΠΑΦΟΣ	0:00:10.476(00:00:00)	2:33:32.750(02:33:22)
42	35	35	M GEN	Male	162	GR	ΙΩΑΝΝΗΣ ΧΑΛΑΣΤΑΝΗΣ	-		0:00:06.536(00:00:00)	2:35:13.156(02:35:06)
43	36	36	M GEN	Male	167		ΝΙΚΟΣ ΚΟΜΠΟΡΟΖΟΣ	-		0:00:06.410(00:00:00)	2:35:52.323(02:35:45)
44	37	37	M GEN	Male	135	GR	ΠΑΝΑΓΙΩΤΗΣ ΜΑΡΑΓΚΟΣ	-		0:00:11.706(00:00:00)	2:37:59.290(02:37:47)
45	38	38	M GEN	Male	139	GR	ΘΕΟΔΩΡΟΣ ΜΠΕΛΕΖΟΣ	-		0:00:12.003(00:00:00)	2:37:59.503(02:37:47)
46	8	8	W GEN	Female	106	GR	ΠΑΝΑΓΙΩΤΑ ΠΑΠΑΔΗΜΗΤΡΙΟΥ	-	ΒΟΙΩΤΟΙ ΗΜΕΡΟΔΡΟΜΟΙ	0:00:02.913(00:00:00)	2:40:26.830(02:40:23)
47	39	39	M GEN	Male	176		ΕΥΘΥΜΙΟΣ ΠΑΠΑΘΑΝΑΣΙΟΥ	-		0:00:05.130(00:00:00)	2:43:49.490(02:43:44)
48	9	9	W GEN	Female	113	GR	ΚΑΛΛΙΟΠΗ ΑΣΠΙΩΤΗ	-	ΓΙΑ ΠΑΝΤΑ ΔΙΚΙΑ ΣΟΥ ☒ ☒	0:00:05.456(00:00:00)	2:44:56.303(02:44:50)
49	40	40	M GEN	Male	120	GR	ΧΡΗΣΤΟΣ ΓΙΑΝΝΟΠΟΥΛΟΣ	-		0:21:25.636(00:00:00)	2:46:48.140(02:25:22)
50	41	41	M GEN	Male	108	GR	KONSTANTINOS VASILOS	-		0:00:09.220(00:00:00)	2:49:20.903(02:49:11)
51	42	42	M GEN	Male	122	GR	ΕΥΣΤΑΘΙΟΣ ΔΑΔΙΩΤΗΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:08.613(00:00:00)	2:49:48.786(02:49:40)
52	43	43	M GEN	Male	152	GR	ΝΙΚΟΣ ΠΟΛΙΤΗΣ	-		0:00:13.683(00:00:00)	2:54:04.893(02:53:51)
53	44	44	M GEN	Male	171		ΒΑΣΙΛΗΣ ΘΕΟΔΩΡΟΠΟΥΛΟΣ	-		0:00:01.456(00:00:00)	3:03:18.343(03:03:16)
54	45	45	M GEN	Male	177		ΜΕΝΕΛΑΟΣ ΤΖΟΥΡΗΣ	-		0:00:02.596(00:00:00)	3:09:09.400(03:09:06)
55	46	46	M GEN	Male	136	GR	ΝΙΚΟΣ ΜΕΝΑΓΙΑΣ	-	G & M - ΧΡΩΜΑ... ΕΛΛΗΝΙΚΟ!	0:00:11.413(00:00:00)	3:10:39.666(03:10:28)
56	10	10	W GEN	Female	146	GR	ΒΑΣΙΛΙΚΗ ΚΟΡΩΝΑΙΟΥ	-		0:00:08.073(00:00:00)	3:12:14.686(03:12:06)
57	47	47	M GEN	Male	174		ΑΘΑΝΑΣΙΟΣ ΚΑΤΣΑΝΑΚΗΣ	-		0:00:08.073(00:00:00)	3:12:15.303(03:12:07)
58	11	11	W GEN	Female	170		ΑΓΓΕΛΙΚΗ ΑΝΔΡΕΑΔΑΚΗ	-		0:00:03.006(00:00:00)	3:12:36.993(03:12:33)
59	48	48	M GEN	Male	119	GR	ΙΩΑΝΝΗΣ ΓΕΩΡΓΙΟΥ	-	ΟΡΕΙΒΑΤΙΚΟΣ ΜΙΚΡΟΧΩΡΙΤΩΝ	-	3:17:54.120 (-:--:--)
60	49	49	M GEN	Male	117	GR	ΧΑΡΗΣ ΒΟΣΤΑΝΤΖΟΓΛΟΥ	-		0:00:01.283(00:00:00)	3:36:03.616(03:36:02)
61	12	12	W GEN	Female	148	GR	ΣΤΑΥΡΟΥΛΑ ΠΑΝΑΓΙΩΤΟΥ	-		0:00:08.286(00:00:00)	3:38:44.463(03:38:36)

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62	50	50	M GEN	Male	172		ΓΙΩΡΓΟΣ ΛΑΓΑΡΗΣ	-		0:00:05.130(00:00:00)	3:39:40.606(03:39:35)
63	51	51	M GEN	Male	132	GR	ΔΗΜΗΤΡΗΣ ΚΟΥΡΑΜΠΑΣ	-	ΣΔΥ ΜΕΣΣΗΝΙΑΣ	0:00:03.316(00:00:00)	4:46:04.526(04:46:01)
64	13	13	W GEN	Female	140	GR	ΣΟΦΙΑ ΜΠΟΥΣΙΑ DNF	-		0:00:06.653(00:00:00)	-
65	52	52	M GEN	Male	110	GR	ΔΗΜΗΤΡΗΣ ΑΝΤΩΝΟΠΟΥΛΟΣ DNF	-		0:00:06.853(00:00:00)	-
66	53	53	M GEN	Male	133	GR	ΑΡΓΥΡΗΣ ΚΡΙΘΑΡΟΥΛΑΣ DNF	-	IRUN	0:01:42.003(00:00:00)	-