

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish	
1	1	1	1	1447	MENIS GEORGIOS Άνδρας - 1988 (M35) - GRC	00:00:01 00:00:00	00:05:36 00:05:36	00:09:22 00:09:22	00:13:17 00:13:17	00:17:05 00:17:05	00:21:02 00:21:02	00:24:46 00:24:45	00:28:42 00:28:42	00:32:24 00:32:24	00:32:53 00:32:53	
2	2	2	2	1005	SPITSYN DMITRII Άνδρας - 1985 (M35) - RUS Korolevskie Lasi	00:00:01 00:00:00	00:05:42 00:05:42	00:09:35 00:09:35	00:13:46 00:13:46	00:17:45 00:17:45	00:21:55 00:21:55	00:25:53 00:25:53	00:30:00 00:30:00	00:33:53 00:33:53	00:34:19 00:34:19	
3	3	1	3	1451	THEODOROU KONSTANTINOS Άνδρας - 1999 (M) - GRC	00:00:01 00:00:00	00:05:42 00:05:42	00:09:36 00:09:36	00:13:48 00:13:48	00:17:47 00:17:47	00:21:57 00:21:57	00:25:53 00:25:53	00:30:03 00:30:03	00:33:56 00:33:56	00:34:24 00:34:24	
4	4	2	4	1003	GEORGIOULIS ARGYRIS Άνδρας - 1989 (M) - GRC DRC_ATHENS	00:00:01 00:00:00	00:05:49 00:05:49	00:09:49 00:09:49	00:13:58 00:13:58	00:17:58 00:17:58	00:22:06 00:22:06	00:26:07 00:26:07	00:30:16 00:30:16	00:34:07 00:34:07	00:34:34 00:34:34	
5	5	3	5	1274	ΠΑΠΑΗΑΡΑΛΑΜΠΟΥΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 2003 (M) - GRC ΓΣ Γλυφάδας	00:00:01 00:00:00	00:05:37 00:05:37	00:09:29 00:09:29	00:13:42 00:13:42	00:17:45 00:17:45	00:22:02 00:22:02	00:26:08 00:26:08	00:30:31 00:30:31	00:34:35 00:34:35	00:35:06 00:35:06	
6	6	4	6	1113	ΓΑΛΑΤΑΣ ΧΕΝΟΦΟΝ Άνδρας - 2000 (M) - GRC SPORTIVE	00:00:03 00:00:00	00:06:17 00:06:15	00:10:19 00:10:17	00:14:32 00:14:30	00:18:45 00:18:43	00:23:12 00:23:09	00:27:21 00:27:19	00:31:45 00:31:43	00:35:46 00:35:44	00:36:10 00:36:07	
7	7	5	7	1002	ΖΕΙΜΠΕΚΑΚΙΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 2003 (M) - GRC ΠΑΟ ΘΕΡΣΙΠΠΟΣ ΠΕΡΙΣΤΕΡΙΟΥ	00:00:01 00:00:00	00:05:42 00:05:42	00:09:36 00:09:36	00:13:48 00:13:48	00:17:58 00:17:58	00:23:10 00:23:10	00:27:20 00:27:20	00:31:45 00:31:45	00:35:46 00:35:46	00:36:16 00:36:16	
8	8	1	8	1006	ΤΖΑΝΕΤΟΠΟΥΛΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1982 (M40) - GRC Poros island	00:00:02 00:00:00	00:06:19 00:06:17	00:10:42 00:10:40	00:15:22 00:15:21	00:19:49 00:19:48	00:24:33 00:24:32	00:28:56 00:28:55	00:33:36 00:33:34	00:37:50 00:37:49	00:38:24 00:38:23	
9	9	1	9	1007	ΤΖΑΒΑΡΑΣ ΒΑΓΓΕΛΙΣ Άνδρας - 1978 (M45) - GRC	00:00:02 00:00:00	00:06:18 00:06:16	00:10:42 00:10:41	00:15:23 00:15:21	00:19:59 00:19:58	00:24:53 00:24:51	00:29:35 00:29:33	00:34:31 00:34:29	00:39:02 00:39:01	00:39:38 00:39:36	
10	10	2	10	1048	ΒΑΖΟΣ ΔΙΜΙΤΡΙΟΣ Άνδρας - 1980 (M40) - GRC	00:00:04 00:00:00	00:06:46 00:06:43	00:11:14 00:11:11	00:15:59 00:15:55	00:20:32 00:20:29	00:25:31 00:25:27	00:30:11 00:30:08	00:35:10 00:35:07	00:39:43 00:39:39	00:40:13 00:40:10	
11	11	2	11	1010	ΚΟΛΟΜΤΣΑΣ ΖΑΧΑΡΙΑΣ Άνδρας - 1977 (M45) - GRC ΚΟΥΚΟΥ	00:00:01 00:00:00	00:06:30 00:06:29	00:11:00 00:10:59	00:15:47 00:15:47	00:20:25 00:20:24	00:25:27 00:25:26	00:30:09 00:30:08	00:35:09 00:35:09	00:39:44 00:39:43	00:40:15 00:40:14	
12	12	3	12	1247	ΝΑΚΟΣ ΘΟΔΩΡΙΣ Άνδρας - 1978 (M45) - GRC VASKOS TRAINING TEAM	00:00:01 00:00:00	00:06:47 00:06:46	00:11:25 00:11:24	00:16:16 00:16:15	00:20:54 00:20:53	00:25:53 00:25:52	00:30:27 00:30:26	00:35:15 00:35:14	00:39:47 00:39:46	00:40:22 00:40:21	
13	13	6	13	1240	ΜΙΤΤΑΣ ΙΩΑΝΝΙΣ Άνδρας - 1993 (M) - GRC	00:00:01 00:00:00	00:07:10 00:07:10	00:11:52 00:11:52	00:16:44 00:16:44	00:21:22 00:21:22	00:26:07 00:26:07	00:30:40 00:30:40	00:35:28 00:35:28	00:39:58 00:39:58	00:40:29 00:40:29	
14	14	3	14	1009	ΝΤΟΜΟΡΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1986 (M35) - GRC TrainSmartProject	00:00:02 00:00:00	00:06:50 00:06:49	00:11:32 00:11:30	00:16:23 00:16:21	00:20:57 00:20:56	00:25:44 00:25:43	00:30:25 00:30:24	00:35:18 00:35:17	00:39:56 00:39:55	00:40:30 00:40:28	
15	15	3	15	1028	ΑΛΟΙ ΕΜΑΝΟΥΕΛ Άνδρας - 1980 (M40) - ITA	00:00:04 00:00:00	00:06:47 00:06:43	00:11:24 00:11:20	00:16:20 00:16:16	00:21:02 00:20:59	00:26:01 00:25:57	00:30:46 00:30:42	00:36:09 00:36:05	00:40:56 00:40:52	00:41:31 00:41:27	
16	16	1	1	1424	ΚΟΖΑΝΙΤΙ ΕΛΕΝΙ Γυναίκα - 1995 (F) - GRC ΑΠΚ ΝΕΑΠΟΛΗΣ	00:00:01 00:00:00	00:07:05 00:07:05	00:11:53 00:11:53	00:17:01 00:17:01	00:21:49 00:21:49	00:26:56 00:26:56	00:31:44 00:31:44	00:36:40 00:36:40	00:41:15 00:41:15	00:41:46 00:41:46	
17	17	7	16	1427	ΛΟΥΚΙΔΙΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1994 (M) - GRC	00:00:03 00:00:00	00:06:54 00:06:52	00:11:40 00:11:38	00:16:43 00:16:41	00:21:36 00:21:34	00:26:45 00:26:43	00:31:41 00:31:39	00:36:41 00:36:39	00:41:19 00:41:17	00:41:48 00:41:45	
18	18	4	17	1014	ΚΟΚΚΟΝΙΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1982 (M40) - GRC	00:00:05 00:00:00	00:07:17 00:07:13	00:12:13 00:12:09	00:17:15 00:17:11	00:22:04 00:21:59	00:27:00 00:26:56	00:31:45 00:31:41	6:41 00:36:11	00:41:18	00:41:53	00:41:49
19	19	2	2	1019	ΓΙΑΝΝΑΔΑΚΙ ΑΝΝΑ Γυναίκα - 1996 (F) - GRC ΑΠΣ ΔΡΟΜΕΙΣ ΖΥΡΟΥ	00:00:01 00:00:00	00:06:43 00:06:42	00:11:39 00:11:38	00:16:46 00:16:45	00:21:40 00:21:40	00:26:46 00:26:46	00:31:40	00:36:40	00:41:30	00:42:07	00:42:06
20	20	4	18	1011	ΡΕΤΡΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1977 (M45) - GRC	00:00:02 00:00:00	00:06:49 00:06:48	00:11:33 00:11:32	00:16:41 00:16:40	00:21:33 00:21:32	00:26:55 00:26:54	00:31:50 00:31:49	7:06 00:37:11	00:42:56	00:44:29	00:42:28
21	21	8	19	1315	ΣΑΔΡΑΖΑΜΙΣ ΓΕΩΡΓΙΟΣ-ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 2004 (M) - GRC Σχολή Αξιωματικών Νοσηλευτικής	00:00:04 00:00:00	00:06:51 00:06:48	00:11:31 00:11:28	00:16:33 00:16:30	00:21:24 00:21:20	00:26:39 00:26:36	00:31:41 00:31:38	7:15 00:37:13	00:42:48	00:42:45	
22	22	3	3	1015	ΚΙΤΣΙΟΔΙΜΟΥ ΧΑΡΟΟΥΛΑ Γυναίκα - 1991 (F) - GRC AV	00:00:01 00:00:00	00:07:16 00:07:16	00:12:15 00:12:15	00:17:21 00:17:21	00:22:21 00:22:20	00:27:31 00:27:30	00:32:31 00:32:30	00:37:44 00:37:43	00:42:33 00:42:33	43:04 00:43:03	
23	23	4	20	1394	ΒΑΣΙΛΑΚΙΣ ΑΝΤΩΝΙΣ Άνδρας - 1987 (M35) - GRC AV	00:00:01 00:00:00	00:07:16 00:07:16	00:12:15 00:12:15	00:17:21 00:17:21	00:22:20 00:22:20	00:27:30 00:27:30	00:32:30 00:32:30	00:37:43 00:37:43	12:33 00:42:35	00:43:05	
24	24	5	21	1193	ΚΡΟΚΟΣ ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 1978 (M45) - GRC	00:00:03 00:00:00	00:07:07 00:07:05	00:11:54 00:11:52	00:17:06 00:17:03	00:22:04 00:22:01	00:27:30 00:27:27	00:32:29 00:32:27	00:37:42 00:37:39	12:34 00:42:33	00:43:10	
25	25	5	22	1070	ΧΟΝΔΡΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1984 (M35) - GRC Primal	00:00:05 00:00:00	00:07:11 00:07:07	00:12:00 00:11:56	00:17:03 00:16:59	00:21:57 00:21:53	00:27:09 00:27:04	00:32:12 00:32:08	00:37:31 00:37:26	00:42:37 00:42:33	00:43:15 00:43:11	
26	26	9	23	1377	ΤΣΙΑΠΡΑΣ ΤΙΛΕΜΑΧΟΣ Άνδρας - 1997 (M) - GRC	00:00:13 00:00:00	00:07:22 00:07:10	00:12:24 00:12:12	00:17:41 00:17:28	00:22:44 00:22:31	00:27:59 00:27:46	00:33:07 00:32:54	00:38:11 00:37:59	00:42:48 00:42:36	00:43:19 00:43:07	
27	27	10	24	1174	ΚΟΡΜΠΑΚΙΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1992 (M) - GRC	00:00:10 00:00:00	00:07:20 00:07:11	00:12:21 00:12:12	00:17:29 00:17:19	00:22:21 00:22:12	00:27:33 00:27:23	00:32:40 00:32:30	00:37:54 00:37:44	00:42:56 00:42:47	00:43:37 00:43:27	
28	28	11	25	1112	ΓΑΛΑΝΟΣ ΑΝΔΡΕΑΣ Άνδρας - 1992 (M) - GRC	00:00:05 00:00:00	00:07:20 00:07:16	00:12:21 00:12:17	00:17:30 00:17:26	00:22:25 00:22:21	00:27:39 00:27:35	00:32:45 00:32:41	00:38:00 00:37:56	00:43:01 00:42:57	00:43:37 00:43:33	
29	29	12	26	1129	ΓΙΔΑΚΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1990 (M) - GRC	00:00:02 00:00:00	00:07:08 00:07:07	00:11:58 00:11:57	00:17:10 00:17:08	00:22:17 00:22:16	00:27:37 00:27:36	00:32:57 00:32:55	00:38:32 00:38:31	00:43:40 00:43:39	00:44:14 00:44:12	
30	30	6	27	1169	ΚΛΙΣ ΤΡΥΦΟΝ Άνδρας - 1988 (M35) - GRC	00:00:20 00:00:00	00:08:06 00:07:46	00:12:48 00:12:29	00:17:48 00:17:29	00:22:42 00:22:22	00:28:02 00:27:43	00:33:06 00:32:47	00:38:40 00:38:21	00:43:40 00:43:21	14:22 00:44:03	
31	31	5	28	1170	ΚΟΙΤΣΙΔΙΣ ΧΡΗΣΤΟΣ Άνδρας - 1980 (M40) - GRC	00:00:09 00:00:00	00:07:26 00:07:17	00:12:30 00:12:21	00:17:52 00:17:43	00:23:08 00:22:59	00:28:32 00:28:23	00:33:51 00:33:42	00:39:19 00:39:10	00:44:29 00:44:20	15:01 00:44:52	
32	32	13	29	1150	ΚΑΡΑΧΑΛΙΟΣ ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 1993 (M) - GRC	00:00:15 00:00:00	00:07:37 00:07:22	00:12:46 00:12:32	00:18:12 00:17:58	00:23:26 00:23:12	00:28:58 00:28:44	00:34:05 00:33:50	00:39:30 00:39:16	00:44:31 00:44:16	00:45:01 00:44:47	
33	33	1	30	1383	ΤΥΠΑΛΔΟΣ ΔΙΜΙΤΡΙΣ Άνδρας - 1971 (M50) - GRC ADVANTAGE FSE RUNNING TEAM	00:00:02 00:00:00	00:07:06 00:07:05	00:12:13 00:12:11	00:17:38 00:17:36	00:22:55 00:22:53	00:28:29 00:28:27	00:33:45 00:33:43	00:39:16 00:39:14	00:44:28 00:44:26	15:06 00:45:04	
34	34	1	4	1020	ΑΛΕΞΙΟΥ ΚΕΛΛΥ Γυναίκα - 1988 (F35) - GRC TrainSmartProject	00:00:01 00:00:00	00:07:14 00:07:14	00:12:15 00:12:15	00:17:40 00:17:40	00:23:03 00:23:03	00:28:31 00:28:31	00:33:45 00:33:45	00:39:19 00:39:19	00:44:31 00:44:31	15:09 00:45:09	
35	35	7	31	1302	ΠΡΙΜΙΚΙΡΙΣ ΒΑΣΙΛΙΣ Άνδρας - 1984 (M35) - GRC BETTERSELF.GR	00:00:06 00:00:00	00:07:34 00:07:29	00:12:41 00:12:35	00:18:03 00:17:57	00:23:21 00:23:16	00:28:48 00:28:42	00:34:01 00:33:55	00:39:29 00:39:24	00:44:34 00:44:29	00:45:14 00:45:08	
36	36	14	32	1281	ΡΑΠΙΓΚΙΟΤΙΣ ΕΡΑΜΕΙΝΟΔΑΣ Άνδρας - 1998 (M) - GRC	00:00:03 00:00:00	00:07:33 00:07:30	00:12:44 00:12:41	00:18:17 00:18:15	00:23:36 00:23:33	00:29:09 00:29:06	00:34:15 00:34:13	00:39:44 00:39:41	00:44:51 00:44:48	00:45:20 00:45:17	
37	37	15	33	1084	ΔΙΟΜΙΔΙΣ ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 1993 (M) - GRC	00:00:12 00:00:00	00:07:51 00:07:40	00:13:05 00:12:53	00:18:32 00:18:21	00:23:47 00:23:36	00:29:12 00:29:01	00:34:23 00:34:11	00:39:39 00:39:28	00:44:45 00:44:33	00:45:20 00:45:08	
38	38	16	34	1236	ΜΙΤΡΟΦΑΝΙΣ ΙΩΑΝΝΙΣ Άνδρας - 2002 (M) - GRC SNFCC Running Team	00:00:05 00:00:00	00:07:29 00:07:24	00:12:40 00:12:36	0							

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
42	42	6	36	1201	LENTZOS DIMITRIOS Άνδρας - 1978 (M45) - GRC	00:00:04 00:00:00	00:07:46 00:07:43	00:12:53 00:12:50	00:18:17 00:18:14	00:23:33 00:23:30	00:29:06 00:29:03	00:34:33 00:34:29	00:40:19 00:40:16	00:45:46 00:45:43	00:46:28 00:46:25
43	43	17	37	1347	STATHOPOULOS VALENTINOS Άνδρας - 1993 (M) - GRC	00:00:06 00:00:00	00:07:22 00:07:17	00:12:25 00:12:19	00:17:51 00:17:46	00:23:17 00:23:11	00:29:10 00:29:04	00:34:51 00:34:45	00:40:47 00:40:41	00:46:13 00:46:07	00:46:50 00:46:44
44	44	2	7	1023	MARTIN DONNA Γυναίκα - 1984 (F35) - GBR Cambridge Harriers	00:00:03 00:00:00	00:07:21 00:07:18	00:12:35 00:12:32	00:18:15 00:18:13	00:23:37 00:23:34	00:29:31 00:29:29	00:35:02 00:34:59	00:40:58 00:40:56	00:46:27 00:46:24	00:47:05 00:47:03
45	45	18	38	1374	TSELIOS PANAGIOTIS Άνδρας - 1993 (M) - GRC	00:00:11 00:00:00	00:07:41 00:07:31	00:12:51 00:12:41	00:18:24 00:18:14	00:23:52 00:23:42	00:29:54 00:29:44	00:35:22 00:35:12	00:41:14 00:41:04	00:46:41 00:46:31	00:47:16 00:47:06
46	46	1	39	1289	PELTIAN ROBERT Άνδρας - 1968 (M55) - GRC εμεϊς οι δρομείς	00:00:11 00:00:00	00:07:57 00:07:46	00:13:03 00:12:52	00:18:29 00:18:18	00:23:37 00:23:26	00:29:34 00:29:23	00:35:04 00:34:53	00:41:07 00:40:56	00:46:43 00:46:32	00:47:24 00:47:13
47	47	19	40	1208	LUSHIN MIKHAIL Άνδρας - 1991 (M) - RUS	00:00:13 00:00:00	00:07:30 00:07:18	00:12:38 00:12:26	00:18:15 00:18:03	00:23:34 00:23:22	00:29:45 00:29:33	00:35:24 00:35:12	00:41:17 00:41:05	00:46:49 00:46:37	00:47:25 00:47:13
48	48	20	41	1380	TSIRIKAS MARGARITIS Άνδρας - 1994 (M) - GRC	00:00:04 00:00:00	00:07:27 00:07:24	00:12:43 00:12:39	00:18:13 00:18:10	00:23:43 00:23:39	00:29:37 00:29:34	00:35:20 00:35:17	00:41:16 00:41:12	00:46:55 00:46:52	00:47:31 00:47:28
49	49	7	42	1046	BASLIS KONSTANTINOS Άνδρας - 1978 (M45) - GRC	00:00:11 00:00:00	00:07:59 00:07:48	00:13:21 00:13:10	00:18:57 00:18:46	00:24:19 00:24:09	00:29:59 00:29:49	00:35:26 00:35:15	00:41:19 00:41:08	00:46:50 00:46:40	00:47:33 00:47:22
50	50	2	43	1224	MARATSINOS STELIOS Άνδρας - 1968 (M55) - GRC	00:00:09 00:00:00	00:07:58 00:07:50	00:13:09 00:13:01	00:18:42 00:18:34	00:24:00 00:23:51	00:29:54 00:29:46	00:35:30 00:35:21	00:41:26 00:41:17	00:46:55 00:46:47	00:47:33 00:47:25
51	51	2	44	1358	THEODOROPOULOS ARGYRIS Άνδρας - 1973 (M50) - GRC MESTA CHIOS RUNNING	00:00:09 00:00:00	00:07:35 00:07:26	00:12:45 00:12:36	00:18:20 00:18:11	00:23:46 00:23:37	00:29:39 00:29:30	00:35:21 00:35:12	00:41:22 00:41:13	00:46:56 00:46:47	00:47:35 00:47:26
52	52	8	45	1356	TETSIOS GIORGOS Άνδρας - 1977 (M45) - GRC	00:00:02 00:00:00	00:07:57 00:07:56	00:13:24 00:13:23	00:19:02 00:19:01	00:24:29 00:24:28	00:30:18 00:30:16	00:35:50 00:35:49	00:41:36 00:41:35	00:47:02 00:47:01	00:47:41 00:47:40
53	53	8	46	1249	NATSIS ANGELOS Άνδρας - 1987 (M35) - GRC	00:00:29 00:00:00	00:08:34 00:08:05	00:13:52 00:13:23	00:19:28 00:19:00	00:24:54 00:24:26	00:30:32 00:30:03	00:36:00 00:35:31	00:41:43 00:41:15	00:47:05 00:46:37	00:47:43 00:47:15
54	54	3	47	1342	STAMATAKIS GEORGIOS Άνδρας - 1969 (M50) - GRC	00:00:02 00:00:00	00:07:57 00:07:56	00:13:24 00:13:23	00:19:03 00:19:02	00:24:29 00:24:28	00:30:18 00:30:17	00:35:51 00:35:50	00:41:39 00:41:37	00:47:04 00:47:02	00:47:44 00:47:42
55	55	21	48	1186	KOUTSONASIOS IOANNIS Άνδρας - 1989 (M) - GRC	00:00:27 00:00:00	00:08:39 00:08:13	00:14:14 00:13:48	00:20:00 00:19:34	00:25:29 00:25:03	00:31:06 00:30:40	00:36:32 00:36:06	00:42:14 00:41:47	00:47:13 00:46:47	00:47:46 00:47:20
56	56	7	49	1177	KOSMIDIS STYLIANOS Άνδρας - 1980 (M40) - GRC	00:00:13 00:00:00	00:08:12 00:07:59	00:13:34 00:13:21	00:19:19 00:19:06	00:24:49 00:24:36	00:30:31 00:30:18	00:36:01 00:35:48	00:41:50 00:41:38	00:47:11 00:46:58	00:47:47 00:47:34
57	57	9	50	1329	SIOUHLERIS VASILIS Άνδρας - 1984 (M35) - GRC	00:00:24 00:00:00	00:08:40 00:08:17	00:14:14 00:13:50	00:19:59 00:19:36	00:25:28 00:25:04	00:31:05 00:30:41	00:36:31 00:36:08	00:42:13 00:41:49	00:47:13 00:46:49	00:47:47 00:47:23
58	58	1	8	1148	KANTOUNI LADA ELLI Γυναίκα - 2005 (F15) - GRC ΝΑΞΙΑΚΟΣ Γ.Σ.	00:00:01 00:00:00	00:08:00 00:08:00	00:13:33 00:13:33	00:19:16 00:19:16	00:24:48 00:24:48	00:30:32 00:30:32	00:36:11 00:36:11	00:41:52 00:41:52	00:47:12 00:47:12	00:47:48 00:47:48
59	59	8	51	1284	PAPPAS IOANNIS Άνδρας - 1979 (M40) - GRC	00:00:14 00:00:00	00:08:17 00:08:03	00:13:45 00:13:32	00:19:30 00:19:17	00:25:02 00:24:49	00:30:47 00:30:34	00:36:18 00:36:05	00:42:02 00:41:48	00:47:14 00:47:01	00:47:49 00:47:35
60	60	1	9	1416	FILIA THEONI Γυναίκα - 1980 (F40) - GRC TOP GYM	00:00:04 00:00:00	00:08:11 00:08:07	00:13:46 00:13:42	00:19:30 00:19:26	00:25:02 00:24:58	00:30:47 00:30:43	00:36:18 00:36:14	00:42:02 00:41:58	00:47:15 00:47:11	00:47:53 00:47:49
61	61	10	52	1277	PAPANIKOLAOU XENOFON Άνδρας - 1988 (M35) - GRC	00:00:03 00:00:00	00:08:04 00:08:02	00:13:36 00:13:33	00:19:28 00:19:26	00:25:04 00:25:01	00:30:52 00:30:50	00:36:28 00:36:26	00:42:15 00:42:13	00:47:28 00:47:26	00:48:01 00:47:59
62	62	11	53	1321	SAVVAS POLITIS Άνδρας - 1987 (M35) - GRC Stoiximan running team	00:00:16 00:00:00	00:07:37 00:07:21	00:12:36 00:12:20	00:18:05 00:17:49	00:23:25 00:23:10	00:30:03 00:29:47	00:35:52 00:35:37	00:41:50 00:41:35	00:47:23 00:47:08	00:48:01 00:47:46
63	63	4	10	1024	OLIVER ERIKA Γυναίκα - 1989 (F) - ITA	00:00:05 00:00:00	00:07:50 00:07:46	00:13:17 00:13:13	00:19:03 00:18:59	00:24:33 00:24:28	00:30:24 00:30:20	00:35:57 00:35:52	00:41:49 00:41:45	00:47:24 00:47:20	00:48:01 00:47:57
64	64	1	54	1245	MOYRELATOS GEORGIOS Άνδρας - 1954 (M65) - GRC ΣΕΒΑΣ	00:00:02 00:00:00	00:07:53 00:07:51	00:13:15 00:13:13	00:18:58 00:18:56	00:24:28 00:24:26	00:30:21 00:30:19	00:35:58 00:35:56	00:41:57 00:41:55	00:47:25 00:47:23	00:48:06 00:48:04
65	65	4	55	1265	PALIOURAS PANAGIOTIS Άνδρας - 1973 (M50) - GRC	00:00:06 00:00:00	00:07:52 00:07:47	00:13:13 00:13:08	00:18:56 00:18:51	00:24:26 00:24:21	00:30:22 00:30:17	00:35:56 00:35:51	00:41:56 00:41:51	00:47:32 00:47:27	00:48:17 00:48:12
66	66	22	56	1295	POLYMENAKOS IOANNIS Άνδρας - 1993 (M) - GRC	00:00:43 00:00:00	00:08:34 00:07:51	00:13:54 00:13:12	00:19:47 00:19:04	00:25:24 00:24:42	00:31:19 00:30:37	00:36:49 00:36:07	00:42:38 00:41:56	00:47:54 00:47:12	00:48:26 00:47:44
67	67	23	57	1220	MANTAS LAMPROS Άνδρας - 1997 (M) - GRC	00:00:19 00:00:00	00:08:46 00:08:27	00:14:21 00:14:02	00:20:08 00:19:49	00:25:40 00:25:22	00:31:25 00:31:06	00:36:59 00:36:40	00:42:37 00:42:18	00:47:54 00:47:35	00:48:29 00:48:10
68	68	24	58	1086	DOUROS MARINOS Άνδρας - 2002 (M) - GRC	00:00:19 00:00:00	00:08:46 00:08:27	00:14:20 00:14:02	00:20:08 00:19:49	00:25:40 00:25:21	00:31:26 00:31:07	00:36:58 00:36:40	00:42:37 00:42:18	00:47:54 00:47:35	00:48:29 00:48:10
69	69	25	59	1432	NIKOPOULOS PAISIOS Άνδρας - 1997 (M) - GRC PRIMAL Fitness	00:00:16 00:00:00	00:07:59 00:07:43	00:13:14 00:12:59	00:18:59 00:18:43	00:24:28 00:24:12	00:30:24 00:30:08	00:36:02 00:35:47	00:42:12 00:41:56	00:48:15 00:48:00	00:48:46 00:48:31
70	70	1	60	1013	LU XIAOYU Άνδρας - 2005 (M15) - CHN	00:00:09 00:00:00	00:07:39 00:07:30	00:12:56 00:12:48	00:18:43 00:18:35	00:24:32 00:24:24	00:30:42 00:30:33	00:36:40 00:36:31	00:42:49 00:42:41	00:48:12 00:48:03	00:48:46 00:48:38
71	71	26	61	1223	MARANTIDIS ALEXANDROS Άνδρας - 1990 (M) - GRC	00:00:02 00:00:00	00:07:59 00:07:57	00:13:31 00:13:30	00:19:27 00:19:26	00:25:09 00:25:08	00:31:09 00:31:08	00:36:50 00:36:49	00:42:49 00:42:48	00:48:15 00:48:14	00:48:48 00:48:47
72	72	27	62	1075	DARMAROS KONSTANTINOS Άνδρας - 1996 (M) - GRC	00:00:10 00:00:00	00:08:13 00:08:03	00:13:26 00:13:16	00:19:07 00:18:57	00:24:48 00:24:38	00:30:47 00:30:38	00:36:51 00:36:41	00:43:02 00:42:52	00:48:13 00:48:03	00:48:55 00:48:45
73	73	9	63	1397	VAZIOURAKIS VASSILIS Άνδρας - 1977 (M45) - GRC	00:00:23 00:00:00	00:08:31 00:08:08	00:14:05 00:13:42	00:19:56 00:19:33	00:25:27 00:25:04	00:31:19 00:30:56	00:36:50 00:36:27	00:42:48 00:42:25	00:48:22 00:47:59	00:49:07 00:48:44
74	74	28	64	1444	TOUNAS NIKITAS Άνδρας - 1992 (M) - GRC	00:00:49 00:00:00	00:09:25 00:08:37	00:14:56 00:14:08	00:20:49 00:20:01	00:26:18 00:25:30	00:32:02 00:31:14	00:37:27 00:36:39	00:43:15 00:42:27	00:48:36 00:47:48	00:49:15 00:48:27
75	75	29	65	1157	KARAVOKIRIS PANOS Άνδρας - 1991 (M) - GRC	00:00:08 00:00:00	00:08:08 00:08:01	00:13:41 00:13:34	00:19:29 00:19:22	00:25:14 00:25:07	00:31:13 00:31:06	00:37:02 00:36:55	00:43:01 00:42:53	00:48:41 00:48:34	00:49:23 00:49:16
76	76	9	66	1080	DIMARAS ALEX Άνδρας - 1981 (M40) - GRC	00:00:08 00:00:00	00:08:21 00:08:13	00:13:50 00:13:42	00:19:51 00:19:43	00:25:26 00:25:18	00:31:35 00:31:28	00:37:18 00:37:11	00:43:19 00:43:11	00:48:50 00:48:43	00:49:30 00:49:22
77	77	30	67	1111	GALANIS MARIOS Άνδρας - 1992 (M) - GRC	00:00:47 00:00:00	00:08:08 00:07:22	00:13:30 00:12:43	00:19:14 00:18:27	00:24:40 00:23:53	00:30:30 00:29:43	00:36:07 00:35:20	00:42:16 00:41:29	00:48:41 00:47:54	00:49:31 00:48:44
78	78	1	11	1145	KAKOMITA ANASTASIA Γυναίκα - 1964 (F55) - GRC SNFCC RUNNING TEAM	00:00:06 00:00:00	00:07:59 00:07:54	00:13:32 00:13:27	00:19:28 00:19:23	00:25:07 00:25:02	00:31:14 00:31:08	00:37:04 00:36:58	00:43:13 00:43:08	00:48:56 00:48:51	00:49:34 00:49:29
79	79	5	68	1200	LEIVADITIS KOSTAS Άνδρας - 1971 (M50) - GRC PRIMAL	00:00:10 00:00:00	00:08:14 00:08:04	00:13:45 00:13:35	00:19:30 00:19:20	00:25:21 00:25:11	00:31:32 00:31:22	00:37:29 00:37:19	00:43:35 00:43:25	00:49:09 00:48:59	00:49:46 00:49:36
8															

A/A	Σειρά ά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ λο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
83	83	33	72	1333	SMYRΝΑΙΟΣ CHRISTOS Άνδρας - 1990 (M) - GRC	00:00:07 00:00:00	00:08:00 00:07:54	00:13:33 00:13:27	00:19:26 00:19:19	00:25:18 00:25:11	00:31:32 00:31:25	00:37:22 00:37:16	00:43:34 00:43:27	00:49:18 00:49:12	00:49:57 00:49:51
84	84	5	12	1436	SAKELLARIOY MIRANDA Γυναίκα - 1993 (F) - GRC	00:00:37 00:00:00	00:11:17 00:10:40	00:18:27 00:17:50	00:26:00 00:25:23	00:33:58 00:33:21	00:41:40 00:41:03	00:49:03 00:48:27	-	-	00:49:58 00:49:51
85	85	6	13	1159	KASIMATI KATERINA Γυναίκα - 1990 (F) - GRC Primal Fitness	00:00:09 00:00:00	00:08:14 00:08:05	00:13:45 00:13:36	00:19:29 00:19:21	00:25:21 00:25:13	00:31:42 00:31:33	00:37:30 00:37:21	00:43:43 00:43:35	00:49:17 00:49:09	00:49:58 00:49:49
86	86	3	14	1225	MARGA ANGELIKI Γυναίκα - 1988 (F35) - GRC	00:00:36 00:00:00	00:11:33 00:10:57	00:19:05 00:18:30	00:26:37 00:26:02	00:33:58 00:33:22	00:41:41 00:41:05	00:49:04 00:48:28	-	-	00:49:58 00:49:23
87	87	7	15	1226	MARGA MARIA Γυναίκα - 1991 (F) - GRC	00:00:37 00:00:00	00:11:33 00:10:57	00:19:06 00:18:29	00:26:37 00:26:01	00:33:58 00:33:22	00:41:41 00:41:05	00:49:03 00:48:27	-	-	00:49:58 00:49:22
88	88	12	73	1248	NANOS PANTELIS Άνδρας - 1987 (M35) - GRC Primal	00:00:10 00:00:00	00:08:19 00:08:09	00:13:53 00:13:44	00:19:54 00:19:45	00:25:38 00:25:29	00:31:41 00:31:32	00:37:30 00:37:21	00:43:38 00:43:29	00:49:20 00:49:10	00:50:01 00:49:52
89	89	6	74	1209	LYKOURGOS DIMITRIOS Άνδρας - 1973 (M50) - GRC	00:00:37 00:00:00	00:08:45 00:08:08	00:14:18 00:13:41	00:20:10 00:19:34	00:25:45 00:25:09	00:31:47 00:31:11	00:37:32 00:36:56	00:43:38 00:43:02	00:49:18 00:48:41	00:50:01 00:49:25
90	90	10	75	1268	PANAGOPOULOS LEONIDAS Άνδρας - 1983 (M40) - GRC	00:00:36 00:00:00	00:09:02 00:08:26	00:14:41 00:14:06	00:20:36 00:20:01	00:26:18 00:25:43	00:32:17 00:31:42	00:38:02 00:37:26	00:43:58 00:43:23	00:49:22 00:48:47	00:50:02 00:49:27
91	91	34	76	1287	PASCHOS IOANNIS Άνδρας - 1993 (M) - GRC Primal Team	00:00:12 00:00:00	00:08:08 00:07:56	00:13:42 00:13:30	00:19:30 00:19:18	00:25:16 00:25:04	00:31:14 00:31:02	00:37:09 00:36:57	00:43:29 00:43:17	00:49:23 00:49:11	00:50:03 00:49:51
92	92	11	77	1257	NTELLOS FOTIS Άνδρας - 1983 (M40) - GRC	00:00:06 00:00:00	00:08:43 00:08:38	00:14:33 00:14:28	00:20:32 00:20:27	00:26:19 00:26:14	00:32:20 00:32:15	00:38:04 00:37:59	00:44:03 00:43:58	00:49:27 00:49:22	00:50:07 00:50:02
93	93	13	78	1365	TRASANIDIS CHARALAMPOS Άνδρας - 1988 (M35) - GRC ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΕΟΡΔΑΙΑΣ	00:01:02 00:00:00	00:09:23 00:08:21	00:14:54 00:13:53	00:20:55 00:19:53	00:26:32 00:25:30	00:32:27 00:31:25	00:38:03 00:37:02	00:43:59 00:42:57	00:49:30 00:48:28	00:50:10 00:49:08
94	94	35	79	1057	BLETSAΣ ODYSSEAS Άνδρας - 1998 (M) - GRC TPEXTEΣ	00:00:25 00:00:00	00:08:37 00:08:13	00:14:12 00:13:48	00:20:12 00:19:48	00:25:58 00:25:34	00:31:55 00:31:31	00:37:46 00:37:21	00:44:01 00:43:37	00:49:37 00:49:12	00:50:15 00:49:50
95	95	4	16	1254	NIKOLAOU ELENA Γυναίκα - 1987 (F35) - GRC	00:00:01 00:00:00	00:07:59 00:07:59	00:13:32 00:13:32	00:19:26 00:19:26	00:25:08 00:25:08	00:31:26 00:31:26	00:37:22 00:37:22	00:43:50 00:43:50	00:49:31 00:49:31	00:50:15 00:50:15
96	96	36	80	1071	CHRISTIAS GEORGE Άνδρας - 1993 (M) - GRC	00:00:15 00:00:00	00:08:29 00:08:15	00:14:00 00:13:46	00:19:57 00:19:43	00:25:46 00:25:32	00:31:52 00:31:38	00:37:51 00:37:37	00:43:57 00:43:43	00:49:49 00:49:35	00:50:31 00:50:17
97	97	14	81	1188	KRAIAS STERGIOS Άνδρας - 1984 (M35) - GRC	00:00:09 00:00:00	00:08:52 00:08:43	00:14:43 00:14:34	00:20:54 00:20:45	00:26:45 00:26:36	00:32:54 00:32:45	00:38:35 00:38:26	00:44:40 00:44:31	00:49:59 00:49:50	00:50:42 00:50:33
98	98	37	82	1135	GOULAS SPYROS Άνδρας - 1991 (M) - GRC	00:00:26 00:00:00	00:09:56 00:09:30	00:17:01 00:16:35	00:25:03 00:24:37	00:33:12 00:32:46	00:41:45 00:41:20	00:49:59 00:49:34	-	-	00:50:49 00:50:23
99	99	1	83	1355	TASIKAS NIKOLAOS Άνδρας - 1962 (M60) - GRC	00:00:03 00:00:00	00:07:50 00:07:48	00:13:24 00:13:21	00:19:25 00:19:22	00:25:12 00:25:10	00:31:33 00:31:30	00:37:36 00:37:34	00:44:02 00:43:59	00:50:09 00:50:07	00:50:56 00:50:54
100	100	38	84	1395	VASILAKIS VASILIS Άνδρας - 1993 (M) - GRC	00:00:10 00:00:00	00:08:27 00:08:17	00:14:14 00:14:04	00:20:11 00:20:01	00:26:00 00:25:50	00:32:18 00:32:08	00:38:15 00:38:06	00:44:38 00:44:28	00:50:24 00:50:14	00:51:05 00:50:55
101	101	4	85	1311	REMYGIAKHS GEORGE Άνδρας - 1964 (M55) - GRC ΠΥΡΟΣΒΕΣΤΙΚΗ	00:00:07 00:00:00	00:08:22 00:08:15	00:13:50 00:13:43	00:19:51 00:19:44	00:25:37 00:25:30	00:31:54 00:31:47	00:37:57 00:37:50	00:44:29 00:44:22	00:50:26 00:50:19	00:51:06 00:50:59
102	102	39	86	1029	ALSIDDIKI KHALED Άνδρας - 1992 (M) - SYR	00:00:17 00:00:00	00:07:56 00:07:39	00:13:29 00:13:13	00:19:28 00:19:11	00:24:55 00:24:39	00:31:35 00:31:18	00:37:27 00:37:10	00:44:40 00:44:23	00:50:27 00:50:11	00:51:15 00:50:59
103	103	7	87	1191	KRITHIS PANAGIOTIS Άνδρας - 1973 (M50) - GRC	00:00:14 00:00:00	00:08:27 00:08:14	00:13:56 00:13:43	00:19:54 00:19:40	00:25:37 00:25:23	00:31:52 00:31:38	00:38:07 00:37:54	00:44:44 00:44:30	00:50:39 00:50:25	00:51:22 00:51:08
104	104	5	17	1266	PANAGIOTIFI MARIA EIRINI Γυναίκα - 1987 (F35) - GRC	00:00:29 00:00:00	00:09:35 00:09:06	00:15:31 00:15:02	00:21:36 00:21:07	00:27:23 00:26:54	00:33:22 00:32:54	00:39:04 00:38:35	00:45:01 00:44:32	00:50:39 00:50:10	00:51:23 00:50:54
105	105	12	88	1406	ZACHARIADIS ALEXIOS Άνδρας - 1982 (M40) - GRC PRIMAL FITNESS	00:00:16 00:00:00	00:08:37 00:08:22	00:14:09 00:13:54	00:20:08 00:19:53	00:25:54 00:25:39	00:32:11 00:31:56	00:38:14 00:37:58	00:44:44 00:44:29	00:50:44 00:50:28	00:51:25 00:51:09
106	106	15	89	1219	MANOS SOTIRIS Άνδρας - 1985 (M35) - GRC	00:00:44 00:00:00	00:08:52 00:08:08	00:14:18 00:13:34	00:20:09 00:19:25	00:25:47 00:25:03	00:31:54 00:31:10	00:37:55 00:37:11	00:44:26 00:43:42	00:50:40 00:49:56	00:51:27 00:50:43
107	107	40	90	1058	BOSMIS BILLY Άνδρας - 1995 (M) - GRC	00:00:30 00:00:00	00:09:51 00:09:22	00:16:05 00:15:36	00:22:37 00:22:08	00:28:22 00:27:53	00:34:34 00:34:04	00:40:18 00:39:49	00:45:52 00:45:22	00:50:54 00:50:25	00:51:28 00:50:58
108	108	10	91	1448	PRASINOS LOUCAS Άνδρας - 1978 (M45) - GRC	00:00:54 00:00:00	00:09:06 00:08:13	00:14:40 00:13:47	00:20:41 00:19:47	00:26:25 00:25:31	00:32:37 00:31:43	00:38:37 00:37:43	00:45:02 00:44:08	00:50:43 00:49:49	00:51:28 00:50:35
109	109	16	92	1147	KALLIORAS DIMITRIS Άνδρας - 1985 (M35) - GRC	00:00:23 00:00:00	00:08:59 00:08:37	00:14:52 00:14:30	00:21:03 00:20:40	00:27:01 00:26:38	00:33:08 00:32:45	00:39:01 00:38:38	00:45:00 00:44:38	00:50:46 00:50:24	00:51:30 00:51:07
110	110	8	93	1255	NIKOLAOU SWTIRIOS Άνδρας - 1971 (M50) - GRC	00:00:09 00:00:00	00:08:29 00:08:21	00:14:06 00:13:58	00:20:10 00:20:01	00:26:02 00:25:53	00:32:19 00:32:11	00:38:23 00:38:14	00:44:54 00:44:46	00:50:49 00:50:40	00:51:33 00:51:24
111	111	17	94	1047	BASOUKOS KONSTANTINOS Άνδρας - 1985 (M35) - GRC Ιατροπολις	00:00:20 00:00:00	00:11:57 00:11:38	00:19:52 00:19:32	00:28:21 00:28:01	00:36:10 00:35:50	00:43:20 00:43:00	00:50:36 00:50:17	-	-	00:51:34 00:51:14
112	112	8	18	1025	LIKO JESSICA Γυναίκα - 1996 (F) - GRC	00:00:16 00:00:00	00:08:26 00:08:11	00:14:03 00:13:48	00:20:09 00:19:53	00:26:01 00:25:46	00:32:35 00:32:19	00:38:51 00:38:36	00:45:10 00:44:54	00:50:50 00:50:34	00:51:35 00:51:19
113	113	5	95	1106	FOUNTOKIS CHRISTOS Άνδρας - 1965 (M55) - GRC ADIDAS RUNER	00:00:12 00:00:00	00:08:49 00:08:37	00:14:28 00:14:17	00:20:39 00:20:28	00:26:33 00:26:22	00:32:50 00:32:38	00:38:42 00:38:31	00:45:04 00:44:53	00:50:58 00:50:47	00:51:42 00:51:31
114	114	41	96	1051	BELESIS DIMITRIS Άνδρας - 1998 (M) - GRC	00:00:28 00:00:00	00:09:05 00:08:37	00:14:56 00:14:28	00:21:18 00:20:50	00:27:30 00:27:02	00:34:10 00:33:42	00:40:06 00:39:38	00:45:48 00:45:20	00:51:08 00:50:40	00:51:47 00:51:19
115	115	18	97	1061	BOUTSALIS DIMITRIS Άνδρας - 1986 (M35) - GRC	00:00:01 00:00:00	00:08:23 00:08:12	00:14:13 00:14:12	00:20:48 00:20:47	00:26:59 00:26:59	00:33:24 00:33:23	00:39:33 00:39:32	00:45:43 00:45:42	00:51:22 00:51:21	00:51:54 00:51:53
116	116	3	19	1212	MAKOS IWONA Γυναίκα - 1977 (F45) - POL	00:00:09 00:00:00	00:08:28 00:08:20	00:14:12 00:14:04	00:20:16 00:20:08	00:26:11 00:26:03	00:32:33 00:32:25	00:38:37 00:38:29	00:45:09 00:45:01	00:51:12 00:51:04	00:51:55 00:51:47
117	117	42	98	1056	BLETSAΣ ALEXANDROS Άνδρας - 1997 (M) - GRC TPEXTEΣ	00:00:27 00:00:00	00:08:42 00:08:15	00:14:24 00:13:58	00:20:31 00:20:04	00:26:30 00:26:03	00:32:50 00:32:23	00:38:51 00:38:25	00:45:08 00:44:41	00:51:10 00:50:43	00:51:55 00:51:28
118	118	43	99	1093	EMMANUEL KALLAY Άνδρας - 2001 (M) - SLE	00:00:08 00:00:00	00:08:04 00:07:57	00:13:34 00:13:27	00:19:26 00:19:19	00:25:31 00:25:24	00:32:22 00:32:14	00:38:40 00:38:33	00:45:15 00:45:08	00:51:15 00:51:08	00:51:58 00:51:51
119	119	44	100	1330	SKALKOS NIKOLAOS Άνδρας - 1997 (M) - GRC	00:00:17 00:00:00	00:08:28 00:08:12	00:14:11 00:13:55	00:20:12 00:19:56	00:26:12 00:25:56	00:32:35 00:32:19	00:38:57 00:38:41	00:45:28 00:45:12	00:51:25 00:51:09	00:52:05 00:51:49
120	120	19	101	1409	ZIOGAS APOSTOLIS Άνδρας - 1985 (M35) - GRC	00:00:21 00:00:00	00:09:03 00:08:43	00:14:50 00:14:29	00:21:02 00:20:41	00:27:05 00:26:44	00:33:21 00:33:01	00:39:17 00:38:56	00:45:28 00:45:08	00:51:23 00:51:02	00:52:06 00:51:45
121	121	45	102	1370	TSAKIRIS IOANNIS Άνδρας - 2002 (M) - GRC ERGON LAB	00:00:39 00:00:00	00:09:39 								

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
124	124	13	105	1199	LEI XUN Άνδρας - 1981 (M40) - CHN	00:00:40 00:00:00	00:08:50 00:08:11	00:14:21 00:13:41	00:20:34 00:19:55	00:26:30 00:25:51	00:32:58 00:32:19	00:39:06 00:38:26	00:45:37 00:44:58	00:51:37 00:50:58	00:52:16 00:51:37
125	125	48	106	1419	IOANNIDIS AGGELOS Άνδρας - 2002 (M) - GRC	00:00:34 00:00:00	00:09:17 00:08:44	00:15:02 00:14:28	00:21:05 00:20:31	00:27:10 00:26:36	00:33:38 00:33:04	00:39:55 00:39:21	00:46:17 00:45:44	00:51:43 00:51:10	00:52:19 00:51:45
126	126	14	107	1083	DIMITRIOU GEORGIOS Άνδρας - 1983 (M40) - GRC	00:00:19 00:00:00	00:09:09 00:08:51	00:14:50 00:14:31	00:20:57 00:20:39	00:26:50 00:26:32	00:32:58 00:32:40	00:39:08 00:38:49	00:45:31 00:45:12	00:51:38 00:51:20	00:52:19 00:52:01
127	127	6	20	1099	FAKOU OURANIA Γυναίκα - 1987 (F35) - GRC	00:00:19 00:00:00	00:09:10 00:08:51	00:14:50 00:14:31	00:20:57 00:20:39	00:26:51 00:26:32	00:32:59 00:32:40	00:39:08 00:38:50	00:45:31 00:45:13	00:51:39 00:51:20	00:52:20 00:52:01
128	128	15	108	1440	THEODORIDIS GEORGE Άνδρας - 1983 (M40) - GRC SANTA RUNNING TEAM	00:00:30 00:00:00	00:09:13 00:08:43	00:15:03 00:14:34	00:21:21 00:20:51	00:27:14 00:26:45	00:33:33 00:33:03	00:39:33 00:39:04	00:45:55 00:45:25	00:51:40 00:51:10	00:52:27 00:51:58
129	129	1	21	1109	FRANTZI SEVASTI Γυναίκα - 1972 (F50) - GRC	00:00:16 00:00:00	00:09:00 00:08:44	00:14:49 00:14:34	00:21:02 00:20:46	00:27:04 00:26:48	00:33:21 00:33:05	00:39:23 00:39:07	00:45:49 00:45:33	00:51:42 00:51:27	00:52:29 00:52:13
130	130	2	22	1325	SFETSA MARGARITA Γυναίκα - 1967 (F55) - GRC	00:00:06 00:00:00	00:10:46 00:10:41	00:18:23 00:18:17	00:26:44 00:26:39	00:34:34 00:34:29	00:43:10 00:43:05	00:51:20 00:51:14	-	-	00:52:32 00:52:26
131	131	49	109	1072	CHRISTOS GKELIS Άνδρας - 1993 (M) - GRC Primal fitness	00:00:19 00:00:00	00:08:42 00:08:23	00:14:17 00:13:59	00:20:27 00:20:08	00:26:25 00:26:07	00:32:59 00:32:41	00:39:21 00:39:03	00:46:05 00:45:46	00:51:54 00:51:36	00:52:34 00:52:15
132	132	50	110	1450	AVLONITIS KONSTANTINOS Άνδρας - 1992 (M) - GRC	00:00:12 00:00:00	00:09:08 00:08:56	00:15:07 00:14:56	00:21:32 00:21:21	00:27:33 00:27:22	00:33:58 00:33:47	00:40:04 00:39:53	00:46:22 00:46:10	00:51:59 00:51:48	00:52:38 00:52:27
133	133	7	23	1114	GAVRILOU KONSTANTINA Γυναίκα - 1985 (F35) - GRC -	00:00:13 00:00:00	00:09:01 00:08:49	00:15:09 00:14:56	00:21:34 00:21:21	00:27:39 00:27:27	00:33:59 00:33:46	00:40:03 00:39:51	00:46:17 00:46:05	00:52:00 00:51:48	00:52:39 00:52:27
134	134	16	111	1425	KRITIKOS PANAGIOTIS Άνδρας - 1980 (M40) - GRC SANTA RUNNING TEAM	00:00:28 00:00:00	00:08:35 00:08:08	00:14:12 00:13:45	00:20:46 00:20:19	00:27:04 00:26:37	00:33:33 00:33:06	00:39:34 00:39:07	00:45:54 00:45:27	00:51:54 00:51:27	00:52:43 00:52:16
135	135	51	112	1340	SPYREAS PANAGIOTIS Άνδρας - 1990 (M) - GRC	00:00:32 00:00:00	00:09:23 00:08:51	00:14:58 00:14:26	00:21:09 00:20:37	00:26:54 00:26:22	00:33:16 00:32:44	00:39:31 00:38:59	00:45:57 00:45:25	00:51:59 00:51:27	00:52:47 00:52:15
136	136	17	113	1418	GIOVANAKIS NIKOS Άνδρας - 1982 (M40) - GRC ERGON LAB	00:00:40 00:00:00	00:09:38 00:08:59	00:15:28 00:14:49	00:21:41 00:21:02	00:27:27 00:26:48	00:33:55 00:33:16	00:39:59 00:39:20	00:46:16 00:45:37	00:52:10 00:51:31	00:52:53 00:52:14
137	137	6	114	1423	KLADIS CHARALAMPOS Άνδρας - 1967 (M55) - GRC	00:00:07 00:00:00	00:08:49 00:08:43	00:14:43 00:14:37	00:20:59 00:20:53	00:27:01 00:26:55	00:33:29 00:33:23	00:39:34 00:39:28	00:46:06 00:46:00	00:52:12 00:52:06	00:52:55 00:52:49
138	138	52	115	1181	KOUKOUULAS DIONYSIOS Άνδρας - 1991 (M) - GRC	00:00:18 00:00:00	00:09:18 00:09:01	00:15:31 00:15:14	00:22:02 00:21:45	00:28:08 00:27:50	00:34:33 00:34:15	00:40:30 00:40:12	00:46:34 00:46:16	00:52:18 00:52:01	00:52:56 00:52:38
139	139	2	116	1095	EVANGELOU CHRISTOS Άνδρας - 2008 (M15) - GRC	00:00:25 00:00:00	00:08:03 00:07:38	00:13:12 00:12:48	00:19:14 00:18:49	00:25:06 00:24:42	00:31:41 00:31:17	00:38:18 00:37:53	00:45:58 00:45:33	00:52:27 00:52:03	00:52:57 00:52:33
140	140	18	117	1382	TSONIS PANAGIOTIS Άνδρας - 1983 (M40) - GRC	00:00:27 00:00:00	00:08:41 00:08:15	00:14:13 00:13:47	00:20:30 00:20:03	00:26:33 00:26:06	00:33:05 00:32:39	00:39:12 00:38:46	00:45:56 00:45:29	00:52:09 00:51:42	00:52:59 00:52:32
141	141	53	118	1166	KIOSES MANOS Άνδρας - 1993 (M) - GRC ERGONLAB	00:00:42 00:00:00	00:11:59 00:11:17	00:19:47 00:19:05	00:27:58 00:27:16	00:35:55 00:35:13	00:44:10 00:43:28	00:52:04 00:51:22	-	-	00:53:01 00:52:19
142	142	9	24	1317	SALOMIDOU XRISA Γυναίκα - 1999 (F) - GRC	00:00:28 00:00:00	00:09:05 00:08:37	00:14:55 00:14:28	00:21:18 00:20:50	00:27:30 00:27:02	00:34:09 00:33:41	00:40:13 00:39:45	00:46:41 00:46:13	00:52:32 00:52:04	00:53:03 00:52:35
143	143	9	119	1446	AVAKIAN KAROLOS Άνδρας - 1973 (M50) - GRC	00:00:18 00:00:00	00:08:40 00:08:23	00:14:32 00:14:14	00:20:41 00:20:23	00:26:37 00:26:19	00:33:09 00:32:52	00:39:28 00:39:11	00:46:18 00:46:01	00:52:27 00:52:10	00:53:07 00:52:50
144	144	54	120	1185	KOUTOULIAS STAVROS Άνδρας - 1997 (M) - GRC	00:00:23 00:00:00	00:10:18 00:09:56	00:16:46 00:16:24	00:23:23 00:23:01	00:29:27 00:29:04	00:35:37 00:35:15	00:41:23 00:41:01	00:47:19 00:46:56	00:52:44 00:52:21	00:53:21 00:52:58
145	145	55	121	1353	TALLAROS DIMITRIS Άνδρας - 2001 (M) - GRC	00:00:35 00:00:00	00:09:37 00:09:02	00:15:23 00:14:48	00:21:35 00:21:00	00:27:31 00:26:56	00:34:00 00:33:25	00:40:15 00:39:40	00:46:48 00:46:13	00:52:43 00:52:09	00:53:22 00:52:47
146	146	56	122	1354	TALLAROS IOANNIS Άνδρας - 1998 (M) - GRC	00:00:35 00:00:00	00:09:37 00:09:02	00:15:23 00:14:48	00:21:35 00:21:01	00:27:31 00:26:56	00:34:01 00:33:26	00:40:15 00:39:40	00:46:48 00:46:13	00:52:43 00:52:09	00:53:22 00:52:47
147	147	20	123	1230	MAVROSKOTIS DIONYSIOS Άνδρας - 1985 (M35) - GRC STOIXIMAN RUNNING TEAM	00:00:15 00:00:00	00:08:34 00:08:19	00:14:25 00:14:10	00:20:56 00:20:42	00:27:00 00:26:45	00:33:45 00:33:30	00:40:03 00:39:48	00:46:46 00:46:31	00:52:43 00:52:28	00:53:30 00:53:16
148	148	19	124	1292	PIKROS MICHAEL Άνδρας - 1979 (M40) - GRC	00:00:25 00:00:00	00:09:23 00:08:58	00:15:20 00:14:55	00:21:35 00:21:10	00:27:35 00:27:11	00:33:59 00:33:35	00:40:05 00:39:40	00:46:38 00:46:14	00:52:49 00:52:24	00:53:39 00:53:14
149	149	10	25	1421	JUILLERAT EMMANUELLE Γυναίκα - 2002 (F) - CHE	00:00:29 00:00:00	00:08:51 00:08:23	00:14:36 00:14:08	00:20:46 00:20:17	00:26:35 00:26:07	00:33:19 00:32:50	00:39:43 00:39:14	00:46:25 00:45:57	00:52:52 00:52:24	00:53:43 00:53:14
150	150	20	125	1158	KARDOULAKIS DIMITRIOS Άνδρας - 1979 (M40) - GRC	00:00:50 00:00:00	00:09:52 00:09:03	00:15:26 00:14:37	00:21:40 00:20:51	00:27:37 00:26:48	00:34:08 00:33:19	00:40:21 00:39:32	00:47:04 00:46:15	00:53:03 00:52:14	00:53:43 00:52:54
151	151	11	126	1276	PAPAIOORDANOU GIORGOS Άνδρας - 1974 (M45) - GRC	00:00:43 00:00:00	00:10:09 00:09:26	00:16:12 00:15:29	00:22:21 00:21:39	00:28:26 00:27:43	00:34:42 00:33:59	00:40:53 00:40:11	00:47:07 00:46:24	00:52:57 00:52:14	00:53:44 00:53:02
152	152	21	127	1134	GONIDAKIS MANOLIS Άνδρας - 1986 (M35) - GRC	00:00:08 00:00:00	00:08:09 00:08:01	00:13:44 00:13:37	00:20:16 00:20:08	00:26:34 00:26:27	00:33:38 00:33:31	00:40:02 00:39:54	00:46:33 00:46:25	00:52:59 00:52:52	00:53:45 00:53:37
153	153	57	128	1030	AMPELIKIOTIS STYLIANOS Άνδρας - 1990 (M) - GRC	00:00:35 00:00:00	00:09:16 00:08:41	00:15:17 00:14:42	00:21:47 00:21:13	00:28:16 00:27:42	00:34:49 00:34:15	00:40:49 00:40:14	00:47:26 00:46:52	00:53:15 00:52:41	00:53:45 00:53:11
154	154	11	26	1198	LAMPROU MARIA Γυναίκα - 1989 (F) - GRC	00:00:03 00:00:00	00:09:02 00:09:00	00:15:03 00:15:01	00:21:27 00:21:25	00:27:34 00:27:32	00:33:57 00:33:55	00:40:13 00:40:11	00:46:51 00:46:49	00:53:01 00:52:59	00:53:46 00:53:44
155	155	4	27	1040	ATHANASIOU THEMELINA Γυναίκα - 1975 (F45) - GRC	00:00:18 00:00:00	00:09:05 00:08:48	00:15:05 00:14:48	00:21:30 00:21:13	00:27:48 00:27:31	00:34:19 00:34:02	00:40:32 00:40:15	00:47:03 00:46:45	00:53:06 00:52:48	00:53:49 00:53:31
156	156	22	129	1300	POUPAKIS DIMITRIS Άνδρας - 1985 (M35) - GRC	00:00:29 00:00:00	00:10:12 00:09:43	00:17:26 00:16:58	00:25:57 00:25:29	00:34:45 00:34:16	00:44:02 00:43:33	00:52:42 00:52:13	-	-	00:53:53 00:53:24
157	157	58	130	1413	CHALKIDIS NIKOLAOS Άνδρας - 1994 (M) - GRC	00:00:33 00:00:00	00:10:01 00:09:29	00:16:23 00:15:51	00:22:53 00:22:21	00:29:04 00:28:32	00:35:24 00:34:52	00:41:30 00:40:57	00:47:40 00:47:08	00:53:17 00:52:45	00:53:53 00:53:21
158	158	59	131	1049	BEIS DIMITRIOS Άνδρας - 1994 (M) - GRC	00:00:39 00:00:00	00:09:27 00:08:48	00:15:10 00:14:31	00:21:38 00:20:59	00:27:34 00:26:56	00:34:11 00:33:32	00:40:12 00:39:34	00:47:00 00:46:21	00:53:04 00:52:25	00:53:54 00:53:15
159	159	10	132	1197	LAMPROPOULOS STAMATIOS Άνδρας - 1969 (M50) - GRC PERIKLIS DIMITRIOU CYPRUS	00:00:30 00:00:00	00:10:14 00:09:44	00:16:29 00:15:59	00:22:53 00:22:23	00:28:58 00:28:28	00:35:14 00:34:45	00:41:14 00:40:45	00:47:37 00:47:08	00:53:13 00:52:43	00:53:57 00:53:28
160	160	2	28	1252	NIKITOPOULOU MARY Γυναίκα - 1979 (F40) - GRC SKY WOMEN RUNNING TEAM	00:00:29 00:00:00	00:09:24 00:08:56	00:15:34 00:15:05	00:22:09 00:21:41	00:28:17 00:27:48	00:34:46 00:34:17	00:40:52 00:40:23	00:47:20 00:46:51	00:53:17 00:52:48	00:53:59 00:53:31
161	161	21	133	1393	VARTSANELLIS IOANNIS Άνδρας - 1979 (M40) - GRC	00:00:49 00:00:00	00:09:40 00:08:51	00:15:33 00:14:44	00:22:01 00:21:13	00:28:06 00:27:18	00:34:35 00:33:47	00:40:49 00:40:01	00:47:23 00:46:34	00:53:19 00:52:31	00:54:00 00:53:11

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
165	165	61	137	1142	ILIOPOULOS FRAGKISKOS Ανδρας - 1992 (M) - GRC	00:00:16 00:00:00	00:10:22 00:10:06	00:17:02 00:16:46	00:23:51 00:23:36	00:30:26 00:30:10	00:37:02 00:36:46	00:42:36 00:42:20	00:48:09 00:47:53	00:53:18 00:53:03	00:54:09 00:53:53
166	166	24	138	1367	TRICHIAS KOSTAS Ανδρας - 1984 (M35) - GRC	00:00:33 00:00:00	00:09:20 00:08:47	00:15:03 00:14:30	00:21:13 00:20:40	00:27:07 00:26:34	00:33:46 00:33:13	00:40:08 00:39:35	00:46:57 00:46:24	00:53:23 00:52:50	00:54:13 00:53:40
167	167	25	139	1251	NICUSOR VIOREL PANGHE Ανδρας - 1985 (M35) - ROU	00:00:13 00:00:00	00:08:20 00:08:08	00:14:04 00:13:51	00:20:35 00:20:22	00:27:32 00:27:19	00:34:09 00:33:57	00:40:28 00:40:15	00:47:06 00:46:54	00:53:29 00:53:16	00:54:18 00:54:05
168	168	12	140	1369	TRZASKA KRZYSZTOF Ανδρας - 1969 (M50) - POL	00:00:21 00:00:00	00:09:34 00:09:13	00:15:33 00:15:12	00:22:04 00:21:43	00:28:12 00:27:51	00:34:39 00:34:18	00:41:00 00:40:40	00:47:36 00:47:15	00:53:44 00:53:23	00:54:21 00:54:01
169	169	13	141	1038	ARTEMAKIS NIKOS Ανδρας - 1973 (M50) - GRC	00:00:08 00:00:00	00:08:52 00:08:44	00:14:54 00:14:47	00:21:33 00:21:25	00:27:48 00:27:41	00:34:40 00:34:33	00:40:55 00:40:48	00:47:32 00:47:25	00:53:34 00:53:26	00:54:23 00:54:15
170	170	26	142	1283	PAPPAS CHRISTOS Ανδρας - 1987 (M35) - GRC	00:00:38 00:00:00	00:09:33 00:08:56	00:15:26 00:14:49	00:21:53 00:21:16	00:27:53 00:27:16	00:34:30 00:33:53	00:41:05 00:40:27	00:47:35 00:46:58	00:53:45 00:53:08	00:54:25 00:53:47
171	171	22	143	1326	SFOUNIS DIMITRIOS Ανδρας - 1982 (M40) - GRC	00:00:22 00:00:00	00:09:42 00:09:21	00:16:03 00:15:42	00:22:29 00:22:08	00:28:51 00:28:30	00:35:24 00:35:03	00:41:29 00:41:08	00:47:40 00:47:19	00:53:39 00:53:18	00:54:25 00:54:04
172	172	62	144	1043	BAKIS DIONISIS Ανδρας - 1999 (M) - GRC	00:00:23 00:00:00	00:09:47 00:09:24	00:16:08 00:15:45	00:22:51 00:22:28	00:29:17 00:28:55	00:35:47 00:35:25	00:42:10 00:41:47	00:48:19 00:47:57	00:53:54 00:53:32	00:54:33 00:54:11
173	173	63	145	1324	SEYFERTH TIM Ανδρας - 1993 (M) - DEU PRIMAL TEAM	00:00:11 00:00:00	00:08:58 00:08:48	00:14:59 00:14:48	00:21:29 00:21:18	00:27:42 00:27:31	00:34:29 00:34:18	00:41:05 00:40:55	00:47:50 00:47:40	00:53:58 00:53:48	00:54:40 00:54:30
174	174	23	146	1458	OIKONOMOU ILIAS Ανδρας - 1983 (M40) - GRC	00:00:04 00:00:00	00:09:12 00:09:08	00:15:22 00:15:19	00:21:56 00:21:52	00:28:14 00:28:11	00:34:57 00:34:54	00:41:23 00:41:19	00:48:00 00:47:56	00:54:02 00:53:58	00:54:47 00:54:43
175	175	24	147	1214	MAMOUCHAS NIKOS Ανδρας - 1980 (M40) - GRC PRIMAL	00:00:11 00:00:00	00:08:36 00:08:26	00:14:13 00:14:03	00:20:20 00:20:10	00:26:30 00:26:20	00:33:53 00:33:42	00:40:36 00:40:25	00:47:43 00:47:32	00:54:02 00:53:52	00:54:47 00:54:36
176	176	12	29	1035	ARAPI STAVROULA Γυναίκα - 1992 (F) - GRC PRIMAL	00:00:09 00:00:00	00:08:58 00:08:49	00:14:58 00:14:50	00:21:27 00:21:18	00:27:34 00:27:26	00:34:21 00:34:13	00:40:48 00:40:39	00:47:51 00:47:42	00:54:04 00:53:55	00:54:47 00:54:38
177	177	64	148	1168	KLEIDOPOULOS PARASKEYAS Ανδρας - 1999 (M) - GRC	00:00:43 00:00:00	00:10:11 00:09:28	00:16:14 00:15:31	00:22:32 00:21:49	00:28:42 00:28:00	00:35:12 00:34:29	00:41:32 00:40:50	00:47:56 00:47:13	00:54:10 00:53:27	00:54:50 00:54:08
178	178	8	30	1175	KORONIOU ANGELIANNA Γυναίκα - 1987 (F35) - GRC	00:00:28 00:00:00	00:09:52 00:09:24	00:16:11 00:15:43	00:22:40 00:22:12	00:28:53 00:28:25	00:35:20 00:34:52	00:41:29 00:41:01	00:48:02 00:47:34	00:54:04 00:53:36	00:54:52 00:54:24
179	179	65	149	1122	GERMENIS DIMITRIS Ανδρας - 1993 (M) - GRC ERGON LAB	00:00:42 00:00:00	00:09:38 00:08:57	00:15:36 00:14:55	00:21:52 00:21:11	00:28:06 00:27:25	00:34:55 00:34:13	00:41:24 00:40:42	00:48:25 00:47:44	00:54:09 00:53:28	00:54:53 00:54:12
180	180	66	150	1027	ALMPANIS STELIOS Ανδρας - 1992 (M) - GRC	00:00:34 00:00:00	00:09:57 00:09:23	00:16:19 00:15:46	00:23:01 00:22:28	00:29:29 00:28:55	00:36:14 00:35:41	00:42:26 00:41:53	00:48:37 00:48:04	00:54:15 00:53:42	00:54:53 00:54:20
181	181	2	151	1352	STRUK MIROSLAW Ανδρας - 1962 (M60) - POL	00:00:03 00:00:00	00:08:15 00:08:12	00:14:10 00:14:08	00:20:45 00:20:43	00:27:02 00:26:59	00:34:04 00:34:02	00:40:32 00:40:29	00:47:44 00:47:41	00:54:05 00:54:02	00:54:56 00:54:53
182	182	12	152	1036	ARAPOGLOU DIMITRIS Ανδρας - 1974 (M45) - GRC	00:00:01 00:00:00	00:08:09 00:08:09	00:14:01 00:14:00	00:20:31 00:20:31	00:26:48 00:26:47	00:33:39 00:33:39	00:40:10 00:40:09	00:47:34 00:47:33	00:54:10 00:54:09	00:54:56 00:54:56
183	183	67	153	1123	GIAGKOS SPYROS Ανδρας - 1995 (M) - GRC PRIMAL TEAM	00:00:10 00:00:00	00:08:05 00:07:55	00:13:45 00:13:35	00:20:21 00:20:11	00:27:06 00:26:56	00:34:26 00:34:17	00:41:01 00:40:51	00:48:14 00:48:05	00:54:09 00:53:59	00:54:57 00:54:47
184	184	68	154	1216	MANIATOPOULOS EVANGELOS Ανδρας - 1995 (M) - GRC Primal team	00:00:12 00:00:00	00:08:08 00:07:57	00:13:44 00:13:33	00:20:15 00:20:03	00:26:58 00:26:47	00:34:07 00:33:56	00:40:27 00:40:15	00:47:42 00:47:30	00:54:07 00:53:56	00:54:58 00:54:46
185	185	3	31	1293	PITURA ALEXANDRA Γυναίκα - 1983 (F40) - GRC	00:00:07 00:00:00	00:09:18 00:09:11	00:15:18 00:15:12	00:21:52 00:21:45	00:28:09 00:28:02	00:34:49 00:34:42	00:41:09 00:41:02	00:47:54 00:47:47	00:54:12 00:54:05	00:54:59 00:54:52
186	186	27	155	1417	GIAMPANAS KONSTANTINOS Ανδρας - 1986 (M35) - GRC	00:00:19 00:00:00	00:09:36 00:09:18	00:15:46 00:15:27	00:22:13 00:21:55	00:28:23 00:28:05	00:34:51 00:34:33	00:41:17 00:40:59	00:47:59 00:47:40	00:54:21 00:54:03	00:55:07 00:54:49
187	187	69	156	1402	VOUKELATOS ATHANASIOS Ανδρας - 2002 (M) - GRC	00:00:32 00:00:00	00:11:24 00:10:53	00:18:20 00:17:49	00:25:21 00:24:49	00:31:15 00:30:44	00:37:14 00:36:43	00:42:56 00:42:25	00:48:54 00:48:23	00:54:24 00:53:53	00:55:09 00:54:37
188	188	13	32	1032	ANGELAKA KONSTANTINA Γυναίκα - 1991 (F) - GRC	00:00:35 00:00:00	00:09:43 00:09:09	00:15:43 00:15:09	00:22:10 00:21:36	00:28:27 00:27:53	00:35:15 00:34:41	00:41:37 00:41:03	00:48:13 00:47:39	00:54:23 00:53:48	00:55:11 00:54:36
189	189	14	157	1096	EVANGELOU VASSILIOS Ανδρας - 1972 (M50) - GRC	00:00:24 00:00:00	00:09:29 00:09:05	00:15:38 00:15:14	00:22:15 00:21:51	00:28:34 00:28:10	00:35:16 00:34:53	00:41:28 00:41:04	00:48:10 00:47:46	00:54:22 00:53:58	00:55:11 00:54:47
190	190	2	33	1074	DAMIANOU EVDOKIA Γυναίκα - 1972 (F50) - GRC Γερμανική Σχολή Αθηνών	00:00:32 00:00:00	00:10:14 00:09:42	00:16:25 00:15:53	00:22:54 00:22:22	00:29:07 00:28:35	00:35:37 00:35:06	00:41:47 00:41:16	00:48:18 00:47:47	00:54:26 00:53:54	00:55:16 00:54:44
191	191	13	158	1428	MILLAS THEODOROS Ανδρας - 1978 (M45) - GRC	00:00:20 00:00:00	00:09:44 00:09:25	00:16:05 00:15:46	00:22:39 00:22:19	00:29:00 00:28:41	00:35:34 00:35:15	00:41:44 00:41:25	00:48:18 00:47:59	00:54:33 00:54:14	00:55:22 00:55:03
192	192	70	159	1422	KALOGERAKIS ARIS Ανδρας - 1999 (M) - GRC New Step	00:00:31 00:00:00	00:08:53 00:08:22	00:14:36 00:14:05	00:21:34 00:21:04	00:28:20 00:27:49	00:35:07 00:34:36	00:41:43 00:41:12	00:48:23 00:47:52	00:54:48 00:54:17	00:55:40 00:55:09
193	193	4	34	1344	STAMOULOU MARTHA Γυναίκα - 1983 (F40) - GRC PRIMAL FITNESS	00:00:05 00:00:00	00:09:04 00:08:59	00:15:16 00:15:11	00:21:53 00:21:49	00:28:20 00:28:15	00:35:08 00:35:04	00:41:42 00:41:38	00:48:29 00:48:24	00:54:54 00:54:49	00:55:42 00:55:37
194	194	71	160	1309	RAPTIS PETROS PAVLOS Ανδρας - 1993 (M) - GRC	00:00:18 00:00:00	00:09:32 00:09:14	00:15:29 00:15:11	00:22:13 00:21:55	00:28:30 00:28:12	00:35:11 00:34:53	00:41:32 00:41:14	00:48:27 00:48:09	00:54:55 00:54:37	00:55:42 00:55:24
195	195	14	35	1155	KARAMPLI VASILIKI Γυναίκα - 1997 (F) - GRC	00:00:10 00:00:00	00:08:50 00:08:41	00:14:52 00:14:43	00:21:31 00:21:22	00:27:47 00:27:38	00:34:49 00:34:40	00:41:41 00:41:32	00:48:37 00:48:28	00:54:50 00:54:41	00:55:45 00:55:36
196	196	9	36	1351	STRAMARKOU TONIA Γυναίκα - 1988 (F35) - GRC Primal Athens	00:00:15 00:00:00	00:08:51 00:08:36	00:14:47 00:14:33	00:21:40 00:21:25	00:28:10 00:27:56	00:35:01 00:34:46	00:41:30 00:41:16	00:48:44 00:48:30	00:55:05 00:54:51	00:55:49 00:55:35
197	197	14	161	1391	VANGELIS COSTAS Ανδρας - 1977 (M45) - GRC	00:00:05 00:00:00	00:08:54 00:08:49	00:14:57 00:14:52	00:21:27 00:21:22	00:27:34 00:27:29	00:34:37 00:34:32	00:41:19 00:41:14	00:48:34 00:48:29	00:55:06 00:55:01	00:55:56 00:55:52
198	198	28	162	1385	TZIALLILAS KLEANTHIS Ανδρας - 1984 (M35) - GRC	00:00:27 00:00:00	00:09:40 00:09:14	00:15:49 00:15:23	00:22:23 00:21:56	00:28:49 00:28:22	00:35:35 00:35:08	00:42:07 00:41:40	00:48:56 00:48:29	00:55:09 00:54:43	00:55:58 00:55:31
199	199	15	163	1392	VARDANGALOS GEORGIOS Ανδρας - 1971 (M50) - GRC GV	00:00:26 00:00:00	00:09:22 00:08:57	00:15:26 00:15:01	00:22:01 00:21:35	00:28:27 00:28:01	00:35:11 00:34:45	00:41:53 00:41:28	00:48:48 00:48:23	00:55:13 00:54:48	00:56:04 00:55:39
200	200	16	164	1364	TOULIATOS YIANNIS Ανδρας - 1969 (M50) - GRC	00:00:25 00:00:00	00:11:36 00:11:11	00:19:15 00:18:50	00:27:41 00:27:16	00:36:11 00:35:47	00:45:27 00:45:03	00:55:02 00:54:37	-	-	00:56:08 00:55:44
201	201	72	165	1412	ANTONIADIS PANAGIOTIS Ανδρας - 2000 (M) - GRC	00:00:48 00:00:00	00:10:10 00:09:23	00:16:27 00:15:40	00:22:55 00:22:08	00:29:11 00:28:24	00:35:54 00:35:07	00:42:24 00:41:36	00:49:10 00:48:23	00:55:36 00:54:48	00:56:15 00:55:27
202	202	15	166	1052	BENETATOS CHRISTOS Ανδρας - 1974 (M45) - GRC	00:00:56 00:00:00	00:10:12 00:09:17	00:16:17 00:15:22	00:22:54 00:21:59	00:29:06 00:28:11	00:35:37 00:34:42	00:41:52 00:40:57	00:48:46 00:47:51	00	

A/A	Σειρά ά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ λο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
207	207	3	170	1107	FOUNTOULAKIS MICHAEL Ανδρας - 1962 (M60) - GRC	00:00:53 00:00:00	00:12:47 00:11:55	00:20:35 00:19:42	00:29:46 00:28:54	00:37:43 00:36:51	00:46:36 00:45:44	00:55:19 00:54:26	-	-	00:56:33 00:55:40
208	208	11	38	1339	SPIRIDAKI ATHINA Γυναίκα - 1988 (F35) - GRC	00:00:29 00:00:00	00:09:27 00:08:59	00:15:20 00:14:52	00:22:07 00:21:38	00:28:35 00:28:06	00:35:33 00:35:04	00:42:08 00:41:40	00:49:12 00:48:43	00:55:46 00:55:17	00:56:35 00:56:07
209	209	74	171	1076	DEFINGOS NIKITAS Ανδρας - 2002 (M) - GRC	00:00:04 00:00:00	00:09:18 00:09:15	00:15:31 00:15:27	00:22:12 00:22:09	00:28:21 00:28:17	00:35:16 00:35:12	00:41:48 00:41:45	00:49:16 00:49:12	00:55:47 00:55:43	00:56:38 00:56:35
210	210	16	172	1271	PANTAZIS PANAGIOTIS Ανδρας - 1978 (M45) - GRC	00:00:33 00:00:00	00:10:15 00:09:43	00:16:24 00:15:51	00:22:57 00:22:25	00:29:12 00:28:39	00:36:11 00:35:38	00:42:33 00:42:00	00:49:25 00:48:52	00:55:54 00:55:21	00:56:43 00:56:10
211	211	25	173	1384	TZAMOURANIS NIKOLAOS Ανδρας - 1981 (M40) - GRC	00:00:20 00:00:00	00:09:38 00:09:19	00:15:33 00:15:13	00:22:26 00:22:06	00:29:04 00:28:44	00:35:56 00:35:36	00:42:39 00:42:19	00:49:47 00:49:27	00:56:24 00:56:04	00:57:06 00:56:46
212	212	30	174	1115	GEITONAS KONSTANTINOS Ανδρας - 1985 (M35) - GRC	00:00:38 00:00:00	00:10:12 00:09:34	00:16:23 00:15:45	00:22:59 00:22:21	00:29:33 00:28:55	00:36:25 00:35:48	00:42:56 00:42:18	00:49:56 00:49:18	00:56:24 00:55:46	00:57:06 00:56:29
213	213	31	175	1272	PANTIORAS DIMITRIS Ανδρας - 1985 (M35) - GRC	00:00:38 00:00:00	00:10:12 00:09:34	00:16:23 00:15:45	00:22:59 00:22:21	00:29:33 00:28:55	00:36:25 00:35:47	00:42:56 00:42:18	00:49:56 00:49:18	00:56:24 00:55:46	00:57:07 00:56:29
214	214	32	176	1132	GKEVROS GEORGIOS Ανδρας - 1986 (M35) - GRC	00:00:14 00:00:00	00:09:10 00:08:57	00:15:25 00:15:12	00:22:13 00:22:00	00:28:44 00:28:31	00:36:04 00:35:51	00:42:55 00:42:42	00:50:18 00:50:05	00:56:23 00:56:10	00:57:09 00:56:56
215	215	17	177	1298	PORIAZIS MANOS Ανδρας - 1978 (M45) - GRC	00:00:20 00:00:00	00:09:41 00:09:21	00:15:50 00:15:30	00:22:27 00:22:07	00:29:04 00:28:44	00:35:59 00:35:39	00:42:42 00:42:22	00:49:50 00:49:30	00:56:30 00:56:10	00:57:16 00:56:56
216	216	75	178	1256	NOMIKOS KONSTANTINOS Ανδρας - 1997 (M) - GRC	00:00:56 00:00:00	00:10:05 00:09:10	00:16:13 00:15:18	00:22:48 00:21:52	00:29:10 00:28:15	00:35:45 00:34:50	00:42:40 00:41:45	00:49:49 00:48:53	00:56:34 00:55:39	00:57:26 00:56:31
217	217	15	39	1438	SKENTOU IOANNA Γυναίκα - 1994 (F) - GRC	00:00:08 00:00:00	00:11:23 00:11:16	00:19:53 00:19:46	00:29:49 00:29:42	00:37:59 00:37:52	00:48:04 00:47:57	00:56:36 00:56:28	-	-	00:57:37 00:57:30
218	218	26	179	1213	MALISIOVAS NIKOLAOS Ανδρας - 1983 (M40) - GRC	00:00:19 00:00:00	00:09:51 00:09:33	00:16:15 00:15:56	00:23:06 00:22:47	00:29:36 00:29:18	00:36:39 00:36:20	00:43:14 00:42:55	00:50:15 00:49:56	00:56:54 00:56:35	00:57:42 00:57:23
219	219	27	180	1337	SPANOS ANDREAS Ανδρας - 1979 (M40) - GRC	00:00:33 00:00:00	00:09:19 00:08:46	00:15:30 00:14:58	00:22:23 00:21:50	00:29:23 00:28:51	00:37:06 00:36:33	00:43:54 00:43:22	00:50:42 00:50:10	00:56:59 00:56:27	00:57:43 00:57:10
220	220	18	181	1037	ARCHIMANDRITIS EVANGELOS Ανδρας - 1972 (M50) - GRC	00:00:13 00:00:00	00:09:57 00:09:45	00:16:24 00:16:12	00:23:07 00:22:55	00:29:41 00:29:29	00:36:35 00:36:23	00:43:13 00:43:01	00:50:12 00:50:00	00:56:55 00:56:43	00:57:48 00:57:36
221	221	33	182	1091	DROSOS ATHANASIOS Ανδρας - 1987 (M35) - GRC GOUDI CITY RUNNING TEAM	00:00:11 00:00:00	00:09:07 00:08:57	00:15:31 00:15:21	00:22:32 00:22:22	00:29:09 00:28:58	00:36:27 00:36:16	00:43:00 00:42:49	00:50:17 00:50:06	00:56:59 00:56:48	00:57:52 00:57:41
222	222	4	183	1204	LIGOURAS NIKOLAOS Ανδρας - 1963 (M60) - GRC ΣΔΥ ΕΛΕΥΣΙΝΑΣ	00:00:19 00:00:00	00:09:51 00:09:33	00:16:15 00:15:57	00:23:06 00:22:48	00:29:37 00:29:18	00:36:39 00:36:20	00:43:15 00:42:57	00:50:24 00:50:05	00:57:04 00:56:45	00:57:57 00:57:39
223	223	18	184	1327	SIDIROPOULOS KIMON Ανδρας - 1974 (M45) - GRC ΣΦΑΦΑΝΣ	00:00:49 00:00:00	00:10:03 00:09:14	00:16:14 00:15:25	00:22:45 00:21:56	00:29:12 00:28:24	00:36:17 00:35:29	00:42:55 00:42:06	00:50:08 00:49:19	00:57:12 00:56:23	00:58:11 00:57:22
224	224	28	185	1064	CHALVATZIS VAGGELIS Ανδρας - 1980 (M40) - GRC Ποη Waterpolo	00:00:13 00:00:00	00:09:34 00:09:21	00:15:48 00:15:35	00:22:36 00:22:23	00:29:11 00:28:58	00:36:19 00:36:06	00:43:17 00:43:05	00:50:34 00:50:21	00:57:31 00:57:18	00:58:24 00:58:11
225	225	7	186	1357	THANOS CHARALAMBOS Ανδρας - 1964 (M55) - GRC	00:00:12 00:00:00	00:09:23 00:09:11	00:15:42 00:15:30	00:22:32 00:22:20	00:29:14 00:29:02	00:36:22 00:36:10	00:43:19 00:43:08	00:50:43 00:50:31	00:57:36 00:57:24	00:58:27 00:58:15
226	226	16	40	1441	VELISSARI DIMITRA Γυναίκα - 1989 (F) - GRC	00:00:27 00:00:00	00:10:14 00:09:48	00:16:32 00:16:06	00:23:17 00:22:50	00:30:00 00:29:33	00:37:01 00:36:34	00:43:47 00:43:21	00:50:54 00:50:28	00:57:35 00:57:09	00:58:28 00:58:01
227	227	76	187	1087	DOUROS NIKOLAOS Ανδρας - 1993 (M) - GRC	00:00:44 00:00:00	00:10:05 00:09:21	00:16:32 00:15:48	00:24:01 00:23:17	00:30:39 00:29:56	00:37:55 00:37:12	00:44:32 00:43:48	00:51:44 00:51:00	00:57:53 00:57:09	00:58:39 00:57:55
228	228	19	188	1390	VAN LEUSDEN DIMITRIS Ανδρας - 1977 (M45) - NLD	00:00:14 00:00:00	00:10:00 00:09:47	00:16:36 00:16:23	00:23:36 00:23:23	00:30:18 00:30:05	00:37:29 00:37:15	00:44:11 00:43:58	00:51:08 00:50:55	00:57:54 00:57:41	00:58:43 00:58:29
229	229	17	41	1171	KONSTANTAKOPOULOU MARIA Γυναίκα - 1992 (F) - GRC	00:00:53 00:00:00	00:10:26 00:09:33	00:17:07 00:16:14	00:24:02 00:23:09	00:30:38 00:29:46	00:37:41 00:36:48	00:44:39 00:43:47	00:51:36 00:50:43	00:58:02 00:57:10	00:58:52 00:57:59
230	230	77	189	1237	MITROPOULOS NIKOLAOS Ανδρας - 1992 (M) - GRC	00:00:53 00:00:00	00:10:25 00:09:32	00:17:07 00:16:14	00:24:02 00:23:09	00:30:38 00:29:45	00:37:41 00:36:48	00:44:39 00:43:46	00:51:36 00:50:43	00:58:01 00:57:09	00:58:52 00:57:59
231	231	78	190	1039	ASVESTOPOULOS CHRISTOS Ανδρας - 1991 (M) - GRC	00:00:10 00:00:00	00:10:12 00:10:03	00:17:03 00:16:53	00:24:07 00:23:58	00:30:47 00:30:38	00:37:58 00:37:49	00:44:41 00:44:31	00:52:02 00:51:52	00:58:09 00:58:00	00:58:54 00:58:44
232	232	34	191	1229	MAVROPOULOS MICHAEL Ανδρας - 1988 (M35) - GRC	00:00:22 00:00:00	00:09:42 00:09:21	00:16:03 00:15:42	00:22:49 00:22:27	00:29:25 00:29:03	00:36:24 00:36:03	00:43:31 00:43:09	00:50:49 00:50:27	00:58:02 00:57:41	00:58:57 00:58:35
233	233	18	42	1401	VOLAKI FOTEINI Γυναίκα - 1997 (F) - GRC	00:00:24 00:00:00	00:10:04 00:09:41	00:16:36 00:16:12	00:23:40 00:23:17	00:30:27 00:30:03	00:37:33 00:37:10	00:44:26 00:44:02	00:51:30 00:51:07	00:58:09 00:57:46	00:58:58 00:58:35
234	234	1	192	1319	SARRIS EFSTRATIOS Ανδρας - 2009 (M<15) - GRC ΣΔΥΠ	00:00:23 00:00:00	00:10:31 00:10:08	00:17:14 00:16:52	00:24:38 00:24:15	00:31:12 00:30:49	00:38:42 00:38:19	00:45:45 00:45:22	00:52:41 00:52:18	00:58:20 00:57:57	00:59:00 00:58:37
235	235	20	193	1320	SARRIS EVANGELOS Ανδρας - 1976 (M45) - GRC ΣΔΥΠ	00:00:23 00:00:00	00:10:31 00:10:08	00:17:14 00:16:51	00:24:38 00:24:15	00:31:12 00:30:49	00:38:42 00:38:19	00:45:45 00:45:22	00:52:41 00:52:18	00:58:20 00:57:57	00:59:00 00:58:37
236	236	79	194	1100	FARAAARIS Ανδρας - 1990 (M) - GRC	00:00:37 00:00:00	00:10:25 00:09:48	00:17:10 00:16:33	00:24:18 00:23:41	00:31:14 00:30:38	00:38:29 00:37:53	00:45:14 00:44:37	00:51:52 00:51:16	00:58:15 00:57:39	00:59:01 00:58:25
237	237	29	195	1290	PETRIDIS DIMITRIOS Ανδρας - 1982 (M40) - GRC	00:00:26 00:00:00	00:10:35 00:10:10	00:17:21 00:16:56	00:24:34 00:24:09	00:31:22 00:30:57	00:38:24 00:37:59	00:45:08 00:44:43	00:52:07 00:51:42	00:58:24 00:57:59	00:59:03 00:58:38
238	238	80	196	1227	MATHIOUDAKIS MANOS Ανδρας - 1992 (M) - GRC PRIMAL TEAM	00:00:16 00:00:00	00:10:23 00:10:07	00:17:03 00:16:47	00:23:52 00:23:36	00:30:27 00:30:11	00:37:11 00:36:56	00:43:54 00:43:38	00:50:58 00:50:42	00:58:07 00:57:51	00:59:04 00:58:48
239	239	81	197	1110	FYLAKTOS OMIROS Ανδρας - 1995 (M) - GRC	00:00:21 00:00:00	00:10:17 00:09:56	00:17:00 00:16:39	00:24:03 00:23:42	00:30:54 00:30:33	00:37:54 00:37:33	00:44:52 00:44:31	00:52:03 00:51:42	00:58:26 00:58:05	00:59:06 00:58:45
240	240	19	198	1192	KROKIDIS DIMITRIS Ανδρας - 1972 (M50) - GRC	00:00:38 00:00:00	00:10:38 00:10:01	00:17:30 00:16:53	00:24:37 00:24:00	00:31:21 00:30:43	00:38:19 00:37:42	00:44:57 00:44:20	00:52:06 00:51:29	00:58:27 00:57:49	00:59:08 00:58:31
241	241	82	199	1345	STAMPOLIDIS MILTOS Ανδρας - 1991 (M) - GRC	00:00:45 00:00:00	00:10:12 00:09:28	00:16:35 00:15:51	00:23:23 00:22:38	00:30:14 00:29:30	00:37:18 00:36:34	00:44:16 00:43:31	00:51:27 00:50:43	00:58:19 00:57:35	00:59:09 00:58:25
242	242	83	200	1044	BAMPAS MICHAEL Ανδρας - 1996 (M) - GRC	00:00:25 00:00:00	00:09:30 00:09:05	00:15:34 00:15:09	00:22:11 00:21:47	00:28:33 00:28:08	00:35:34 00:35:10	00:42:38 00:42:13	00:50:12 00:49:47	00:58:12 00:57:47	00:59:12 00:58:47
243	243	35	201	1253	NIKOLAKAKOS DIMITRIS Ανδρας - 1985 (M35) - GRC	00:00:28 00:00:00	00:09:15 00:08:48	00:15:18 00:14:51	00:21:53 00:21:26	00:28:41 00:28:14	00:36:08 00:35:41	00:43:39 00:43:12	00:51:28 00:51:01	00:58:29 00:58:02	00:59:12 00:58:45
244	244	8	202	1232	MEMETOGLIOU GIOUXEL Ανδρας - 1968 (M55) - GRC	00:00:32 00:00:00	00:10:52 00:10:20	00:17:38 00:17:06	00:24:36 00:24:04	00:31:20 00:30:48					

A/A	Σειρά	Σειρά	Σειρά	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ.	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
	ά	/Ηλικ.	/Φύλο	Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ λο										
248	248	36	204	1334 SOTIROPOULOS NIKOLAOS Άνδρας - 1987 (M35) - GRC	00:00:30 00:00:00	00:10:19 00:09:49	00:16:50 00:16:20	00:23:30 00:23:01	00:30:11 00:29:41	00:37:22 00:36:53	00:44:44 00:44:14	00:51:48 00:51:18	00:58:35 00:58:05	00:59:21 00:58:51
249	249	37	205	1373 TSEKOURAS GRIGORIOS Άνδρας - 1987 (M35) - GRC	00:00:31 00:00:00	00:10:18 00:09:48	00:16:50 00:16:19	00:23:30 00:23:00	00:30:10 00:29:40	00:37:21 00:36:50	00:44:44 00:44:14	00:51:52 00:51:22	00:58:35 00:58:04	00:59:22 00:58:51
250	250	22	206	1045 BAMPOULAS KLEARCHOS Άνδρας - 1978 (M45) - GRC	00:01:33 00:00:00	00:11:31 00:09:59	00:18:21 00:16:49	00:25:19 00:23:46	00:31:55 00:30:23	00:38:49 00:37:16	00:45:22 00:43:49	00:52:14 00:50:41	00:58:34 00:57:01	00:59:22 00:57:50
251	251	5	45	1022 ANASTASSINI KORNILIA Γυναίκα - 1982 (F40) - GRC	00:00:40 00:00:00	00:10:50 00:10:10	00:17:29 00:16:49	00:24:28 00:23:48	00:31:15 00:30:35	00:38:19 00:37:39	00:45:06 00:44:26	00:52:09 00:51:30	00:58:36 00:57:56	00:59:23 00:58:43
252	252	5	46	1228 MAVRIKA MARIA Γυναίκα - 1977 (F45) - GRC	00:00:10 00:00:00	00:10:24 00:10:15	00:17:20 00:17:11	00:24:27 00:24:17	00:31:20 00:31:10	00:38:29 00:38:20	00:45:15 00:45:06	00:52:19 00:52:09	00:58:42 00:58:32	00:59:29 00:59:20
253	253	30	207	1433 NTOVAS IOANNIS Άνδρας - 1983 (M40) - GRC	00:00:03 00:00:00	00:09:12 00:09:10	00:16:02 00:16:00	00:23:35 00:23:33	00:30:30 00:30:28	00:37:46 00:37:43	00:44:46 00:44:43	00:52:16 00:52:13	00:59:04 00:59:02	00:59:39 00:59:37
254	254	84	208	1137 GRAFAKOS STAVROS Άνδρας - 1992 (M) - GRC	00:00:45 00:00:00	00:10:51 00:10:06	00:17:42 00:16:57	00:25:07 00:24:23	00:31:45 00:31:01	00:37:54 00:37:10	00:45:43 00:44:59	00:52:51 00:52:07	00:58:58 00:58:14	00:59:40 00:58:56
255	255	21	47	1062 BOUZONTITS KATERINA Γυναίκα - 1994 (F) - GRC	00:00:44 00:00:00	00:10:51 00:10:07	00:17:45 00:17:01	00:25:07 00:24:24	00:31:45 00:31:01	00:38:55 00:38:11	00:45:43 00:45:00	00:52:50 00:52:07	00:58:59 00:58:15	00:59:40 00:58:57
256	256	31	209	1173 KORDAS GEORGIOS Άνδρας - 1981 (M40) - GRC	00:00:28 00:00:00	00:09:57 00:09:30	00:16:25 00:15:57	00:23:18 00:22:51	00:30:03 00:29:36	00:37:04 00:36:37	00:44:06 00:43:39	00:51:34 00:51:07	00:58:45 00:58:18	00:59:41 00:59:13
257	257	85	210	1332 SKYRLAS GIANNIS Άνδρας - 1989 (M) - GRC	00:00:30 00:00:00	00:10:15 00:09:45	00:16:44 00:16:14	00:23:44 00:23:14	00:30:34 00:30:05	00:37:57 00:37:27	00:44:33 00:44:03	00:52:08 00:51:38	00:58:57 00:58:27	00:59:41 00:59:11
258	258	32	211	1435 PETRAKOS KYRIAKOS Άνδρας - 1979 (M40) - GRC	00:00:22 00:00:00	00:09:42 00:09:20	00:16:14 00:15:52	00:23:21 00:23:00	00:29:55 00:29:33	00:37:24 00:37:02	00:44:31 00:44:09	00:51:54 00:51:32	00:58:57 00:58:36	00:59:41 00:59:20
259	259	86	212	1196 LAMPAOUNAS ALEXANDROS Άνδρας - 1992 (M) - GRC	00:00:45 00:00:00	00:10:50 00:10:06	00:17:41 00:16:57	00:25:06 00:24:22	00:31:45 00:31:01	00:38:42 00:37:58	00:45:07 00:44:22	00:51:58 00:51:14	00:58:59 00:58:15	00:59:41 00:58:57
260	260	33	213	1449 NAOUMIS CHRISTOS Άνδρας - 1980 (M40) - GRC	00:00:29 00:00:00	00:10:54 00:10:26	00:17:44 00:17:15	00:24:57 00:24:29	00:31:40 00:31:12	00:38:47 00:38:19	00:45:29 00:45:01	00:52:34 00:52:06	00:58:57 00:58:28	00:59:44 00:59:16
261	261	87	214	1180 KOTOLOULIS ELEFTHERIOS Άνδρας - 1995 (M) - GRC	00:00:38 00:00:00	00:10:06 00:09:28	00:16:33 00:15:56	00:23:27 00:22:50	00:30:13 00:29:36	00:37:33 00:36:55	00:44:28 00:43:50	00:51:42 00:51:04	00:58:55 00:58:17	00:59:44 00:59:06
262	262	23	215	1286 PARLIAROS NIKOS Άνδρας - 1974 (M45) - GRC	00:00:10 00:00:00	00:10:20 00:10:11	00:17:21 00:17:12	00:24:39 00:24:30	00:31:26 00:31:16	00:38:30 00:38:21	00:45:13 00:45:04	00:52:16 00:52:07	00:58:55 00:58:46	00:59:46 00:59:37
263	263	24	216	1411 ZTOUKOS LAMBROS Άνδρας - 1977 (M45) - GRC	00:00:19 00:00:00	00:10:11 00:09:53	00:16:55 00:16:37	00:24:01 00:23:42	00:30:50 00:30:32	00:38:09 00:37:51	00:45:03 00:44:44	00:52:11 00:51:52	00:59:01 00:58:42	00:59:53 00:59:35
264	264	20	217	1307 PSATHAS PARASKEVAS Άνδρας - 1973 (M50) - GRC	00:00:50 00:00:00	00:10:04 00:09:15	00:16:24 00:15:34	00:22:58 00:22:09	00:30:09 00:29:19	00:37:37 00:36:47	00:45:05 00:44:15	00:52:18 00:51:28	00:59:05 00:58:16	00:59:55 00:59:05
265	265	6	48	1149 KAPNIA MARITINA Γυναίκα - 1974 (F45) - GRC	00:00:09 00:00:00	00:10:02 00:09:54	00:16:45 00:16:37	00:23:58 00:23:50	00:30:49 00:30:41	00:38:03 00:37:55	00:45:03 00:44:55	00:52:25 00:52:17	00:59:11 00:59:03	01:00:00 00:59:52
266	266	88	218	1415 CHRISTOPOULOS NIKOLAOS Άνδρας - 1993 (M) - GRC	00:00:09 00:00:00	00:10:50 00:10:41	00:17:38 00:17:29	00:24:30 00:24:21	00:31:12 00:31:03	00:38:24 00:38:15	00:45:20 00:45:12	00:52:31 00:52:23	00:59:12 00:59:04	01:00:04 00:59:56
267	267	34	219	1244 MOUZAKITIS SPIROS Άνδρας - 1983 (M40) - GRC	00:00:35 00:00:00	00:10:24 00:09:49	00:16:59 00:16:25	00:24:05 00:23:31	00:30:44 00:30:09	00:37:56 00:37:21	00:45:01 00:44:26	00:52:28 00:51:54	00:59:23 00:58:48	01:00:14 00:59:39
268	268	89	220	1312 ROKOPOULOS SOKRATIS Άνδρας - 1990 (M) - GRC	00:00:32 00:00:00	00:11:24 00:10:53	00:18:20 00:17:48	00:25:43 00:25:11	00:32:43 00:32:11	00:40:00 00:39:28	00:46:19 00:45:48	00:53:05 00:52:34	00:59:30 00:58:59	01:00:15 00:59:43
269	269	25	221	1233 MERTINOS STATHIS Άνδρας - 1976 (M45) - GRC	00:00:27 00:00:00	00:10:20 00:09:53	00:16:57 00:16:31	00:24:03 00:23:37	00:31:02 00:30:35	00:38:27 00:38:00	00:45:21 00:44:54	00:52:37 00:52:11	00:59:26 00:59:00	01:00:17 00:59:51
270	270	3	222	1445 POULIOS PANAGIOTIS Άνδρας - 2005 (M15) - GRC	00:00:42 00:00:00	00:10:27 00:09:46	00:17:12 00:16:31	00:24:26 00:23:44	00:31:06 00:30:24	00:38:15 00:37:34	00:45:23 00:44:42	00:52:42 00:52:01	00:59:40 00:58:58	01:00:18 00:59:37
271	271	38	223	1189 KRASAKIS DIMOSTHENIS Άνδρας - 1985 (M35) - GRC	00:00:24 00:00:00	00:10:15 00:09:52	00:17:10 00:16:47	00:24:35 00:24:12	00:31:41 00:31:18	00:39:03 00:38:40	00:46:04 00:45:41	00:53:18 00:52:55	00:59:45 00:59:22	01:00:31 01:00:08
272	272	90	224	1190 KRIKELAS CHRISTOS Άνδρας - 2002 (M) - GRC PRIMAL FITNESS	00:00:07 00:00:00	00:09:29 00:09:23	00:16:21 00:16:15	00:23:46 00:23:40	00:30:41 00:30:35	00:37:52 00:37:45	00:45:15 00:45:09	00:52:53 00:52:47	00:59:49 00:59:43	01:00:33 01:00:27
273	273	39	225	1218 MANOS ANDROULAKIS Άνδρας - 1985 (M35) - GRC TSIRI TSIRI POP!	00:00:50 00:00:00	00:10:37 00:09:48	00:17:19 00:16:30	00:24:31 00:23:42	00:31:30 00:30:41	00:38:51 00:38:02	00:45:52 00:45:03	00:53:14 00:52:25	00:59:47 00:58:58	01:00:35 00:59:46
274	274	35	226	1405 XENIOS STRATOS Άνδρας - 1982 (M40) - GRC TSIRI TSIRI POP!	00:00:45 00:00:00	00:10:37 00:09:52	00:17:19 00:16:34	00:24:32 00:23:48	00:31:31 00:30:47	00:38:51 00:38:07	00:45:52 00:45:08	00:53:14 00:52:30	00:59:46 00:59:01	01:00:36 00:59:51
275	275	91	227	1054 BINTERIS LAMPROS Άνδρας - 1995 (M) - GRC	00:00:26 00:00:00	00:10:27 00:10:01	00:17:08 00:16:43	00:24:26 00:24:00	00:31:29 00:31:04	00:38:53 00:38:27	00:45:55 00:45:29	00:53:10 00:52:45	00:59:53 00:59:28	01:00:37 01:00:12
276	276	22	49	1278 PAPAPOSTOLOU ILIANA Γυναίκα - 1995 (F) - GRC PRIMAL FITNESS	00:00:19 00:00:00	00:10:28 00:10:10	00:17:23 00:17:05	00:24:50 00:24:32	00:31:55 00:31:37	00:39:26 00:39:08	00:46:22 00:46:04	00:53:24 00:53:06	00:59:54 00:59:36	01:00:40 01:00:21
277	277	92	228	1303 PRINIANAKIS KOSTAS Άνδρας - 1993 (M) - GRC TSIRI TSIRI POP!	00:00:45 00:00:00	00:10:37 00:09:52	00:17:18 00:16:34	00:24:33 00:23:48	00:31:31 00:30:46	00:38:51 00:38:06	00:45:53 00:45:08	00:53:15 00:52:30	00:59:53 00:59:08	01:00:41 00:59:56
278	278	6	50	1059 BOUNTA VILMA Γυναίκα - 1980 (F40) - ALB	00:00:44 00:00:00	00:10:35 00:09:51	00:17:17 00:16:33	00:24:23 00:23:40	00:31:13 00:30:30	00:38:55 00:38:12	00:45:53 00:45:10	00:53:06 00:52:22	00:59:52 00:59:09	01:00:46 01:00:03
279	279	26	229	1116 GEORGAKAKIS YANNIS Άνδρας - 1977 (M45) - GRC	00:00:07 00:00:00	00:09:08 00:08:46	00:15:27 00:15:20	00:22:52 00:22:46	00:30:02 00:29:56	00:37:54 00:37:48	00:44:57 00:44:51	00:53:01 00:52:54	01:00:01 00:59:55	01:00:49 01:00:43
280	280	7	51	1242 MOUNTZOURI DESPINA Γυναίκα - 1978 (F45) - GRC ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:07 00:00:00	00:09:08 00:09:01	00:15:27 00:15:21	00:22:52 00:22:45	00:30:02 00:29:55	00:37:54 00:37:48	00:44:57 00:44:50	00:53:01 00:52:54	01:00:01 00:59:55	01:00:49 01:00:42
281	281	40	230	1217 MANOLAKOS GIORGOS Άνδρας - 1987 (M35) - GRC	00:00:13 00:00:00	00:11:08 00:10:56	00:18:42 00:18:30	00:25:50 00:25:37	00:32:25 00:32:12	00:39:51 00:39:39	00:47:09 00:46:56	00:54:19 00:54:06	01:01:20 01:01:07	01:01:08 01:00:55
282	282	27	231	1082 DIMITRAKOPOULOS STAVROS Άνδρας - 1974 (M45) - GRC	00:00:27 00:00:00	00:09:28 00:09:01	00:15:47 00:15:20	00:23:07 00:22:40	00:30:05 00:29:38	00:37:42 00:37:15	00:45:02 00:44:35	00:52:37 00:52:10	01:00:18 00:59:51	01:01:09 01:00:42
283	283	41	232	1026 ALEXIOU AGGELOS Άνδρας - 1985 (M35) - GRC	00:00:23 00:00:00	00:10:48 00:10:26	00:17:49 00:17:27	00:25:05 00:24:43	00:31:59 00:31:36	00:39:15 00:38:53	00:46:16 00:45:54	00:53:33 00:53:11	01:00:26 01:00:04	01:01:15 01:00:52
284	284	93	233	1328 SIFAKIS STAVROS Άνδρας - 1992 (M) - GRC	00:00:35 00:00:00	00:10:05 00:09:30	00:16:42 00:16:07	00:24:25 00:23:50	00:31:45 00:31:10	00:39:28 00:38:53	00:46:37 00:46:02	00:53:46 00:53:11	01:00:29 00:59:55	01:01:25 01:00:51
285	285	42	234	1141 HOLEVAS DIMITRIOS Άνδρας - 1984 (M35) - GRC	00:00:36 00:00:00	00:10:05 00:09:30	00:16:42 00:16:07	00:24:25 00:23:50	00:31:45 00:31:09	00:39:28 00:38:53	00:46:37 00:46:02	00:53:46 00:53:11	01:00:29 00:59:54	01:01:25 01:00:50

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ Λο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
290	290	95	238	1285	PARADISIS GIORGOS Άνδρας - 1995 (M) - GRC	00:00:11 00:00:00	00:10:12 00:10:02	00:17:03 00:16:53	00:24:20 00:24:10	00:31:35 00:31:25	00:39:01 00:38:51	00:46:22 00:46:12	00:54:06 00:53:56	01:01:17 01:01:07	01:02:06 01:01:56
291	291	5	239	1288	PASSAKOS STYLIANOS Άνδρας - 1962 (M60) - GRC	00:00:08 00:00:00	00:10:37 00:10:30	00:17:45 00:17:38	00:25:15 00:25:08	00:32:19 00:32:12	00:39:46 00:39:38	00:46:58 00:46:51	00:54:23 00:54:16	01:01:23 01:01:16	01:02:09 01:02:02
292	292	43	240	1221	MARAGKOUDAKIS MANOLIS Άνδρας - 1987 (M35) - GRC	00:00:13 00:00:00	00:11:09 00:10:57	00:18:44 00:18:32	00:26:13 00:26:01	00:33:32 00:33:20	00:40:41 00:40:29	00:47:36 00:47:24	00:54:16 00:54:04	01:01:19 01:01:07	01:02:10 01:01:58
293	293	96	241	1089	DRAKOPOULOS IOANNIS Άνδρας - 1996 (M) - GRC	00:00:28 00:00:00	00:09:58 00:09:30	00:16:11 00:15:43	00:22:52 00:22:24	00:30:08 00:29:40	00:38:24 00:37:56	00:45:55 00:45:27	00:54:07 00:53:39	01:01:17 01:00:49	01:02:10 01:01:42
294	294	13	53	1343	STAMATOPOULOU HARA Γυναίκα - 1987 (F35) - GRC	00:00:49 00:00:00	00:11:21 00:10:33	00:18:11 00:17:23	00:25:34 00:24:46	00:32:35 00:31:47	00:39:58 00:39:10	00:47:04 00:46:16	00:54:31 00:53:43	01:01:23 01:00:35	01:02:14 01:01:26
295	295	97	242	1183	KOUMIANAKIS DIMITRIOS Άνδρας - 1994 (M) - GRC	00:00:40 00:00:00	00:10:40 00:10:01	00:17:26 00:16:46	00:24:41 00:24:01	00:31:39 00:30:59	00:39:06 00:38:26	00:46:20 00:45:40	00:53:53 00:53:13	01:01:30 01:00:50	01:02:19 01:01:40
296	296	8	54	1164	KERAMIDA IRO Γυναίκα - 1977 (F45) - GRC	00:00:18 00:00:00	00:09:47 00:09:30	00:16:30 00:16:13	00:24:01 00:23:44	00:31:16 00:30:59	00:39:29 00:39:12	00:46:50 00:46:33	00:54:33 00:54:16	01:01:28 01:01:11	01:02:20 01:02:03
297	297	98	243	1176	KOSKOLETOS ORESTIS Άνδρας - 1992 (M) - GRC	00:00:51 00:00:00	00:11:04 00:10:14	00:17:46 00:16:56	00:24:36 00:23:46	00:31:24 00:30:34	00:38:43 00:37:53	00:46:03 00:45:12	00:53:43 00:52:53	01:01:09 01:00:19	01:02:23 01:01:32
298	298	9	244	1408	ZEPPOS ANASTASIOS Άνδρας - 1968 (M55) - GRC	00:00:22 00:00:00	00:10:14 00:09:53	00:17:10 00:16:48	00:24:35 00:24:13	00:31:42 00:31:20	00:39:12 00:38:50	00:46:28 00:46:06	00:54:25 00:54:03	01:01:28 01:01:07	01:02:23 01:02:01
299	299	2	245	1222	MARAGKOULIAS DIMITRIS Άνδρας - 1958 (M65) - GRC ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:19 00:00:00	00:10:47 00:10:28	00:17:45 00:17:27	00:25:14 00:24:55	00:32:19 00:32:00	00:39:50 00:39:32	00:47:01 00:46:43	00:54:29 00:54:11	01:01:30 01:01:11	01:02:26 01:02:08
300	300	99	246	1172	KORAKIS PANAGIOTIS Άνδρας - 1989 (M) - GRC	00:00:55 00:00:00	00:12:36 00:11:42	00:20:00 00:19:05	00:27:32 00:26:38	00:34:37 00:33:43	00:41:38 00:40:44	00:48:23 00:47:29	00:55:11 00:54:17	01:01:51 01:00:56	01:02:34 01:01:40
301	301	23	55	1376	TSIAMAKI MARIA Γυναίκα - 2002 (F) - GRC	00:00:26 00:00:00	00:10:45 00:10:19	00:17:52 00:17:26	00:25:14 00:24:48	00:32:09 00:31:44	00:39:44 00:39:18	00:47:02 00:46:36	00:54:38 00:54:12	01:01:48 01:01:22	01:02:36 01:02:10
302	302	24	56	1182	KOUKOUSI DIMITRA Γυναίκα - 1994 (F) - GRC	00:00:43 00:00:00	00:13:09 00:12:26	00:21:52 00:21:10	00:31:40 00:30:58	00:40:58 00:40:16	00:51:20 00:50:37	01:01:38 01:00:56	-	-	01:02:43 01:02:01
303	303	100	247	1156	KARANDREAS DIMITRIOS Άνδρας - 1999 (M) - GRC	00:00:22 00:00:00	00:10:31 00:10:10	00:17:35 00:17:14	00:24:51 00:24:29	00:32:16 00:31:55	00:40:34 00:40:13	00:48:17 00:47:56	00:55:53 00:55:32	01:02:07 01:01:45	01:02:48 01:02:26
304	304	28	248	1386	TZIOLAS NIKOLAOS Άνδρας - 1975 (M45) - GRC	00:00:36 00:00:00	00:10:50 00:10:14	00:17:48 00:17:12	00:25:21 00:24:46	00:32:29 00:31:53	00:40:04 00:39:28	00:47:16 00:46:40	00:54:47 00:54:11	01:01:54 01:01:18	01:02:49 01:02:13
305	305	25	57	1323	SEVCIKOVA LAURA Γυναίκα - 1995 (F) - SVK	00:00:36 00:00:00	00:09:57 00:09:21	00:16:36 00:16:01	00:23:53 00:23:17	00:31:02 00:30:27	00:38:26 00:37:51	00:45:43 00:45:08	00:53:29 00:52:54	01:00:57 01:00:22	01:02:56 01:02:20
306	306	101	249	1078	DIAMANTIS VALANTIS Άνδρας - 1995 (M) - GRC	00:00:26 00:00:00	00:09:31 00:09:06	00:16:07 00:15:42	00:23:31 00:23:06	00:30:46 00:30:20	00:38:28 00:38:03	00:46:00 00:45:35	00:54:18 00:53:53	01:02:01 01:01:36	01:03:06 01:02:41
307	307	14	58	1262	OIKONOMOU ANNAMARIA Γυναίκα - 1984 (F35) - GRC	00:00:24 00:00:00	00:10:19 00:09:55	00:17:15 00:16:51	00:24:34 00:24:11	00:31:44 00:31:20	00:39:14 00:38:50	00:46:25 00:46:01	00:53:49 00:53:25	01:00:42 01:00:18	01:03:11 01:02:47
308	308	26	59	1336	SOURLA FANI Γυναίκα - 1990 (F) - GRC	00:00:24 00:00:00	00:10:57 00:10:34	00:17:49 00:17:25	00:25:09 00:24:45	00:31:57 00:31:33	00:39:25 00:39:02	00:46:44 00:46:20	00:54:28 00:54:04	01:02:22 01:01:59	01:03:16 01:02:53
309	309	29	250	1304	PROTOPAPAS VASILIS Άνδρας - 1977 (M45) - GRC	00:00:43 00:00:00	00:11:14 00:10:32	00:17:59 00:17:17	00:25:29 00:24:47	00:32:34 00:31:52	00:40:14 00:39:32	00:47:35 00:46:53	00:55:24 00:54:42	01:02:32 01:01:50	01:03:19 01:02:37
310	310	15	60	1088	DOUROU KONSTANTINA Γυναίκα - 1987 (F35) - GRC	00:00:07 00:00:00	00:10:09 00:10:03	00:17:07 00:17:00	00:24:51 00:24:45	00:34:08 00:34:01	00:41:00 00:40:54	00:48:04 00:47:58	00:55:31 00:55:24	01:02:36 01:02:29	01:03:28 01:03:22
311	311	30	251	1179	KOSTOPOULOS KOSTAS Άνδρας - 1976 (M45) - GRC	00:00:14 00:00:00	00:10:50 00:10:36	00:17:58 00:17:44	00:25:18 00:25:04	00:32:20 00:32:06	00:39:52 00:39:38	00:47:27 00:47:13	00:55:37 00:55:23	01:02:52 01:02:38	01:03:33 01:03:20
312	312	44	252	1162	KATSIORIS GEORGE Άνδρας - 1984 (M35) - GRC	00:00:26 00:00:00	00:10:35 00:10:09	00:17:22 00:16:56	00:24:41 00:24:15	00:31:47 00:31:21	00:39:42 00:39:16	00:47:13 00:46:47	00:55:14 00:54:48	01:02:50 01:02:24	01:03:35 01:03:09
313	313	27	61	1279	PAPASTAMOU ANGELIKI Γυναίκα - 1999 (F) - GRC	00:00:21 00:00:00	00:10:21 00:10:01	00:17:11 00:16:51	00:24:39 00:24:18	00:31:57 00:31:37	00:39:55 00:39:35	00:47:39 00:47:19	00:55:23 00:55:03	01:02:41 01:02:21	01:03:43 01:03:22
314	314	1	62	1389	VAGENA GEORGIA Γυναίκα - 1956 (F65) - GRC	00:00:06 00:00:00	00:10:17 00:10:11	00:17:12 00:17:02	00:24:44 00:24:38	00:31:49 00:31:43	00:39:37 00:39:31	00:47:01 00:46:55	00:55:18 00:55:12	01:02:48 01:02:42	01:03:45 01:03:39
315	315	31	253	1210	LYMPERIS CHRISTOS Άνδρας - 1976 (M45) - GRC ΣΑΦΑΝΣ	00:00:34 00:00:00	00:12:30 00:11:57	00:19:20 00:18:47	00:26:29 00:25:56	00:33:27 00:32:53	00:40:52 00:40:19	00:47:50 00:47:17	00:55:39 00:55:06	01:03:21 01:02:48	01:04:03 01:03:30
316	316	32	254	1108	FOUSEKIS IOANNIS Άνδρας - 1977 (M45) - GRC	00:00:31 00:00:00	00:10:41 00:10:10	00:17:50 00:17:19	00:25:17 00:24:46	00:32:28 00:31:58	00:40:12 00:39:42	00:47:44 00:47:13	00:55:29 00:54:59	01:03:07 01:02:36	01:04:07 01:03:37
317	317	102	255	1403	VOULGARIS SOTIRIS Άνδρας - 1989 (M) - GRC	00:00:32 00:00:00	00:11:25 00:10:53	00:18:20 00:17:49	00:25:43 00:25:11	00:32:53 00:32:21	00:40:17 00:39:46	00:47:34 00:47:03	00:55:31 00:55:00	01:03:04 01:02:33	01:04:07 01:03:36
318	318	7	63	1410	ZIOUTI NIKOLETA Γυναίκα - 1979 (F40) - GRC	00:00:53 00:00:00	00:11:46 00:10:54	00:19:03 00:18:11	00:26:48 00:25:56	00:34:25 00:33:33	00:42:47 00:41:55	00:49:42 00:48:50	00:56:57 00:56:05	01:03:46 01:02:54	01:04:39 01:03:47
319	319	103	256	1127	GIANNAKAS APOSTOLOS Άνδρας - 1998 (M) - GRC	00:00:22 00:00:00	00:10:30 00:10:09	00:17:35 00:17:13	00:24:51 00:24:30	00:32:18 00:31:56	00:40:37 00:40:16	00:48:17 00:47:55	00:56:25 00:56:03	01:04:08 01:03:47	01:04:56 01:04:34
320	320	33	257	1178	KOSTIS THOMAS Άνδρας - 1978 (M45) - GRC Γ.Σ. ΑΠΟΛΛΩΝ ΣΜΥΡΝΗΣ	00:00:36 00:00:00	00:10:13 00:09:38	00:16:27 00:15:52	00:23:34 00:22:58	00:30:55 00:30:19	00:38:57 00:38:21	00:46:33 00:45:58	00:55:44 00:55:09	01:04:06 01:03:30	01:04:58 01:04:23
321	321	34	258	1161	KATSAROS ACHILLEAS Άνδρας - 1975 (M45) - GRC IAPR	00:00:21 00:00:00	00:10:26 00:10:06	00:17:40 00:17:19	00:25:32 00:25:12	00:32:52 00:32:31	00:40:39 00:40:19	00:48:15 00:47:55	00:56:15 00:55:55	01:04:00 01:03:40	01:05:05 01:04:45
322	322	23	259	1291	PETROPOULOS GEORGE Άνδρας - 1971 (M50) - GRC	00:00:48 00:00:00	00:11:30 00:10:42	00:18:16 00:17:28	00:25:44 00:24:56	00:33:03 00:32:15	00:41:02 00:40:14	00:48:40 00:47:52	00:56:48 00:56:00	01:04:25 01:03:37	01:05:17 01:04:30
323	323	24	260	1092	ELEOTRIVARIS IOANNIS Άνδρας - 1972 (M50) - GRC	00:00:17 00:00:00	00:11:32 00:11:15	00:19:05 00:18:49	00:26:50 00:26:34	00:34:21 00:34:05	00:42:08 00:41:52	00:49:46 00:49:30	00:57:39 00:57:23	01:04:28 01:04:12	01:05:23 01:05:07
324	324	35	261	1077	DERIZIOTIS GEORGIOS Άνδρας - 1974 (M45) - GRC	00:00:30 00:00:00	00:11:26 00:10:57	00:18:51 00:18:21	00:26:34 00:26:04	00:34:05 00:33:36	00:42:05 00:41:35	00:49:41 00:49:12	00:57:38 00:57:09	01:04:55 01:04:25	01:05:47 01:05:17
325	325	9	64	1184	KOURI MYRTO Γυναίκα - 1975 (F45) - GRC PRIMAL ATHENS	00:00:06 00:00:00	00:10:16 00:10:10	00:17:19 00:17:14	00:25:06 00:25:00	00:32:37 00:32:32	00:40:46 00:40:40	00:48:30 00:48:25	00:57:04 00:56:59	01:04:51 01:04:46	01:05:50 01:05:45
326	326	10	65	1211	MAILI MARIA Γυναίκα - 1978 (F45) - GRC	00:00:18 00:00:00	00:10:42 00:10:24	00:17:49 00:17:32	00:25:33 00:25:16	00:33:09 00:32:51	00:41:35 00:41:17	00:49:09 00:48:51	00:57:23 00:57:06	01:04:57 01:04:39	01:05:51 01:05:34
327	327	45	262	1361	THOMAS GEORGIU Άνδρας - 1987 (M35) - GRC	00:00:13 00:00:00	00:11:10 00:10:57	00:18:46 00:18:33	00:26:25 00:26:12	00:33:47 00:33:34	00:41:53 00:41:40	00:49:26 00:49:14			

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/ΑΑ Λο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
332	332	25	264	1443	LEOUNAKIS XARALAMPOS Άνδρας - 1972 (M50) - GRC	00:00:41 00:00:00	00:10:32 00:09:52	00:17:23 00:16:42	00:24:40 00:23:59	00:31:45 00:31:05	00:39:21 00:38:41	00:46:56 00:46:15	00:56:44 00:56:04	01:04:30 01:03:50	01:06:19 01:05:39
333	333	105	265	1050	BEKAS KONSTANTINOS Άνδρας - 1991 (M) - GRC	00:00:24 00:00:00	00:10:39 00:10:16	00:17:44 00:17:21	00:25:18 00:24:55	00:32:40 00:32:17	00:41:04 00:40:41	00:49:07 00:48:44	00:57:42 00:57:19	01:05:40 01:05:17	01:06:41 01:06:18
334	334	8	69	1368	TRONTI DIONYSIA Γυναίκα - 1981 (F40) - GRC ΒΡΑΔΥΠΟΔΕΣ	00:00:48 00:00:00	00:11:40 00:10:53	00:19:00 00:18:13	00:26:58 00:26:11	00:34:29 00:33:42	00:42:44 00:41:57	00:50:25 00:49:38	00:58:31 00:57:44	01:05:53 01:05:05	01:06:43 01:05:56
335	335	36	266	1120	GEORGIU MICHAEL Άνδρας - 1983 (M40) - GRC	00:00:50 00:00:00	00:11:40 00:10:50	00:18:52 00:18:03	00:26:55 00:26:06	00:34:21 00:33:31	00:42:27 00:41:38	00:49:54 00:49:05	00:58:02 00:57:12	01:05:46 01:04:57	01:06:44 01:05:55
336	336	12	70	1346	STASINOU MARGARITA Γυναίκα - 1976 (F45) - GRC	00:00:06 00:00:00	00:10:33 00:10:28	00:17:44 00:17:38	00:25:53 00:25:48	00:33:44 00:33:39	00:42:05 00:41:59	00:49:59 00:49:53	00:58:34 00:58:28	01:06:01 01:05:56	01:06:55 01:06:49
337	337	13	71	1042	BAIRAKTARI IOULIA Γυναίκα - 1976 (F45) - GRC Primal Athens	00:00:17 00:00:00	00:11:27 00:11:11	00:18:50 00:18:34	00:26:28 00:26:12	00:34:07 00:33:51	00:42:20 00:42:03	00:50:17 00:50:00	00:58:36 00:58:20	01:06:09 01:05:53	01:07:03 01:06:47
338	338	3	267	1259	NTOUKAS ZOIS Άνδρας - 1956 (M65) - GRC	00:00:35 00:00:00	00:11:05 00:10:31	00:18:20 00:17:46	00:26:21 00:25:46	00:33:42 00:33:08	00:42:15 00:41:41	00:50:09 00:49:35	00:58:36 00:58:02	01:06:09 01:05:35	01:07:10 01:06:36
339	339	106	268	1297	PORIAZIS IOANNIS Άνδρας - 1996 (M) - GRC	00:00:20 00:00:00	00:10:49 00:10:29	00:17:59 00:17:39	00:25:33 00:25:13	00:33:31 00:33:11	00:42:00 00:41:40	00:50:13 00:49:53	00:58:51 00:58:32	01:06:26 01:06:06	01:07:11 01:06:51
340	340	29	72	1102	FLEVARAKI MARIALENA Γυναίκα - 1994 (F) - GRC	00:00:39 00:00:00	00:11:37 00:10:58	00:19:03 00:18:24	00:26:36 00:25:57	00:34:13 00:33:34	00:42:15 00:41:36	00:50:18 00:49:39	00:58:40 00:58:01	01:06:24 01:05:45	01:07:17 01:06:38
341	341	3	73	1094	ERGIKOUNGER FATMA Γυναίκα - 1971 (F50) - GRC	00:00:33 00:00:00	00:12:27 00:11:54	00:19:54 00:19:21	00:27:45 00:27:12	00:35:14 00:34:41	00:43:19 00:42:46	00:50:52 00:50:19	00:59:04 00:58:31	01:06:25 01:05:52	01:07:22 01:06:50
342	342	36	269	1202	LEVOGIANNIS DIMITRIOS Άνδρας - 1976 (M45) - GRC	00:00:31 00:00:00	00:11:32 00:11:01	00:18:48 00:18:18	00:26:34 00:26:04	00:34:01 00:33:31	00:42:01 00:41:31	00:50:03 00:49:33	00:58:42 00:58:12	01:06:46 01:06:16	01:07:35 01:07:05
343	343	46	270	1260	NTZOUROPANOS FOTIOS Άνδρας - 1984 (M35) - GRC	00:00:43 00:00:00	00:12:10 00:11:28	00:19:50 00:19:08	00:27:39 00:26:56	00:35:25 00:34:43	00:43:48 00:43:06	00:51:27 00:50:45	00:59:47 00:59:05	01:07:06 01:06:24	01:07:51 01:07:09
344	344	30	74	1439	SKOULIKARITI CHRYSA Γυναίκα - 1991 (F) - GRC	00:00:07 00:00:00	00:11:20 00:11:13	00:18:41 00:18:34	00:26:15 00:26:08	00:33:36 00:33:29	00:42:37 00:42:30	00:50:07 00:50:01	00:59:14 00:59:07	01:06:55 01:06:48	01:07:54 01:07:47
345	345	31	75	1098	EXINTAVELONI DANAI SOFIA Γυναίκα - 1997 (F) - GRC	00:00:21 00:00:00	00:10:23 00:10:03	00:17:40 00:17:20	00:25:48 00:25:27	00:33:28 00:33:08	00:41:49 00:41:29	00:49:59 00:49:39	00:58:27 00:58:06	01:06:55 01:06:34	01:07:57 01:07:37
346	346	107	271	1338	SPINGOS IOANNIS Άνδρας - 1992 (M) - GRC	00:00:40 00:00:00	00:11:23 00:10:43	00:18:42 00:18:02	00:26:41 00:26:01	00:34:17 00:33:38	00:43:30 00:42:50	00:51:16 00:50:36	01:00:00 00:59:21	01:07:21 01:06:42	01:08:26 01:07:47
347	347	47	272	1261	OIKONOMAKIS GEORGE Άνδρας - 1986 (M35) - GRC	00:00:41 00:00:00	00:11:24 00:10:43	00:18:42 00:18:01	00:26:41 00:26:00	00:34:16 00:33:36	00:43:30 00:42:50	00:51:16 00:50:35	01:00:00 00:59:20	01:07:21 01:06:41	01:08:27 01:07:46
348	348	37	273	1068	CHAVLIS PATAPIOS Άνδρας - 1981 (M40) - GRC Απόλλων δυτικής Αττικής	00:00:05 00:00:00	00:11:39 00:11:35	00:18:57 00:18:53	00:27:11 00:27:07	00:34:56 00:34:52	00:43:23 00:43:19	00:51:56 00:51:52	01:00:39 01:00:35	01:07:50 01:07:46	01:08:47 01:08:43
349	349	6	274	1349	STEMPILIS ODISSEAS Άνδρας - 1963 (M60) - GRC PILALIEN	00:00:58 00:00:00	00:11:49 00:10:52	00:19:13 00:18:16	00:27:18 00:26:21	00:35:00 00:34:03	00:43:15 00:42:18	00:51:12 00:50:15	00:59:57 00:58:59	01:07:55 01:06:58	01:08:51 01:07:54
350	350	32	76	1151	KARAGIANNIDI ANDRONIKI Γυναίκα - 1990 (F) - GRC	00:00:37 00:00:00	00:11:52 00:11:22	00:19:46 00:19:10	00:27:49 00:27:13	00:36:02 00:35:25	00:44:34 00:43:58	00:52:45 00:52:08	01:01:00 01:00:23	01:08:29 01:07:52	01:09:28 01:08:51
351	351	33	77	1429	MOROGIANNI VASILIKI Γυναίκα - 1989 (F) - GRC DT	00:00:51 00:00:00	00:12:11 00:11:21	00:20:00 00:19:09	00:28:11 00:27:20	00:35:58 00:35:07	00:44:38 00:43:47	00:52:15 00:51:24	01:01:18 01:00:27	01:08:50 01:07:59	01:09:36 01:08:46
352	352	38	275	1318	SARELAS NIKOLAOS Άνδρας - 1980 (M40) - GRC	00:01:04 00:00:00	00:11:46 00:10:43	00:19:04 00:18:01	00:26:50 00:25:46	00:34:26 00:33:23	00:42:49 00:41:46	00:50:59 00:49:56	01:00:14 00:59:11	01:08:49 01:07:46	01:09:41 01:08:38
353	353	108	276	1128	GIANNAKOPOULOS DIMITRIS Άνδρας - 1996 (M) - GRC	00:00:26 00:00:00	00:10:09 00:09:43	00:16:51 00:16:25	00:25:36 00:25:10	00:34:07 00:33:41	00:43:44 00:43:18	00:52:14 00:51:49	01:01:56 01:01:31	01:09:33 01:09:07	01:10:26 01:10:01
354	354	34	78	1063	CHALIOTI ELENA Γυναίκα - 1993 (F) - GRC	00:00:15 00:00:00	00:11:17 00:11:03	00:19:06 00:18:52	00:27:36 00:27:21	00:35:31 00:35:17	00:44:26 00:44:12	00:52:40 00:52:25	01:01:19 01:01:04	01:09:32 01:09:17	01:10:28 01:10:14
355	355	10	277	1101	FATSIS PANAGIOTIS Άνδρας - 1967 (M55) - GRC Γερμανική Σχολή Αθηνών	00:00:33 00:00:00	00:11:32 00:10:59	00:19:01 00:18:28	00:27:27 00:26:54	00:35:15 00:34:42	00:44:27 00:43:54	00:53:07 00:52:34	01:02:06 01:01:33	01:09:54 01:09:21	01:10:45 01:10:12
356	356	35	79	1282	PAPPA XRYSA Γυναίκα - 1989 (F) - GRC	00:08:55 00:00:00	00:16:07 00:07:13	00:23:10 00:14:16	00:30:51 00:21:57	00:38:07 00:29:13	00:45:52 00:36:58	00:53:26 00:44:32	01:01:42 00:52:48	01:09:52 01:00:58	01:10:52 01:01:58
357	357	11	278	1167	KLEIDOPOULOS PANAGIOTIS Άνδρας - 1964 (M55) - GRC	00:00:43 00:00:00	00:11:57 00:11:15	00:19:50 00:19:08	00:28:27 00:27:45	00:36:42 00:35:59	00:45:28 00:44:46	00:53:50 00:53:08	01:02:15 01:01:33	01:09:57 01:09:15	01:10:53 01:10:10
358	358	109	279	1420	IONICA LIVIU-GABRIEL Άνδρας - 1998 (M) - ROU	00:00:36 00:00:00	00:12:02 00:11:27	00:19:59 00:19:24	00:28:30 00:27:55	00:36:31 00:35:56	00:45:06 00:44:31	00:53:19 00:52:44	01:02:05 01:01:30	01:10:13 01:09:38	01:11:05 01:10:30
359	359	36	80	1360	THEODOROU XENI Γυναίκα - 1996 (F) - GRC	00:10:01 00:00:00	00:19:36 00:09:35	00:25:49 00:15:48	00:32:27 00:22:26	00:38:55 00:28:54	00:46:20 00:36:19	00:53:51 00:43:50	01:01:01 00:51:00	01:09:55 00:59:54	01:11:07 01:01:06
360	360	110	280	1359	THEODOROU THEODOROS Άνδρας - 1995 (M) - GRC	00:10:01 00:00:00	00:20:00 00:09:59	00:29:07 00:19:06	00:41:04 00:31:03	00:50:26 00:40:25	01:00:27 00:50:26	01:09:56 00:59:55	-	-	01:11:08 01:01:07
361	361	7	281	1105	FOTIADIS KONSTANTINOS Άνδρας - 1960 (M60) - GRC	00:00:43 00:00:00	00:12:30 00:11:48	00:20:05 00:19:22	00:28:22 00:27:40	00:36:17 00:35:35	00:44:58 00:44:15	00:53:26 00:52:43	01:02:19 01:01:36	01:10:37 01:09:55	01:11:39 01:10:57
362	362	111	282	1430	MYTALOULIS PANAGIOTIS Άνδρας - 1999 (M) - GRC Primal Athens	00:00:07 00:00:00	00:10:22 00:10:16	00:17:53 00:17:47	00:26:22 00:26:16	00:34:30 00:34:24	00:43:37 00:43:31	00:52:12 00:52:05	01:01:40 01:01:34	01:10:45 01:10:39	01:11:51 01:11:45
363	363	37	81	1239	MITSA KLEANTHI Γυναίκα - 1994 (F) - GRC	00:00:25 00:00:00	00:11:49 00:11:25	00:19:41 00:19:16	00:28:44 00:28:19	00:36:36 00:36:11	00:45:41 00:45:16	00:53:39 00:53:14	01:02:56 01:02:31	01:11:02 01:10:37	01:11:52 01:11:27
364	364	48	283	1053	BIMPLIS NIKOLAOS Άνδρας - 1986 (M35) - GRC 360 PANEPΣ	00:00:26 00:00:00	00:11:49 00:11:24	00:19:41 00:19:16	00:28:43 00:28:18	00:36:36 00:36:11	00:45:41 00:45:16	00:53:38 00:53:13	01:02:56 01:02:31	01:11:01 01:10:36	01:11:52 01:11:27
365	365	37	284	1118	GEORGIOS TASOULIS Άνδρας - 1974 (M45) - GRC	00:00:38 00:00:00	00:11:50 00:11:12	00:19:43 00:19:05	00:28:55 00:28:17	00:36:47 00:36:09	00:45:46 00:45:08	00:54:00 00:53:22	01:02:55 01:02:17	01:11:13 01:10:36	01:12:04 01:11:26
366	366	39	285	1121	GERMANIDIS ARGYRIS Άνδρας - 1981 (M40) - GRC	00:00:34 00:00:00	00:11:35 00:11:01	00:19:16 00:18:42	00:27:42 00:27:09	00:36:12 00:35:39	00:44:55 00:44:22	00:53:41 00:53:08	01:03:02 01:02:28	01:11:06 01:10:32	01:12:07 01:11:33
367	367	40	286	1437	SARAFPOPOULOS VASILEIOS Άνδρας - 1980 (M40) - GRC	00:00:47 00:00:00	00:12:04 00:11:18	00:19:58 00:19:12	00:28:48 00:28:02	00:37:11 00:36:25	00:46:03 00:45:17	00:54:40 00:53:54	01:03:41 01:02:55	01:11:49 01:11:03	01:12:46 01:12:00
368	368	112	287	1079	DIMANIS KONSTANTINOS Άνδρας - 1989 (M) - GRC	00:00:46 00:00:00	00:13:14 00:12:28	00:21:23 00:20:37	00:30:12 00:29:26	00:38:40 00:37:54	00:47:52 00:47:06	00:56:32 00:55:46	01:05:19 01:04:33	01:11:56 01:11:10	01:12:46 01:12:01
369	369	26	288	1414	CHATZISMALIS THEODOROS Άνδρας - 1972 (M50) - GRC	00:00:48 00:00:00	00:12:59 00:12:11	00:21:10 00:20:22	00:29:47 00:28:59	00:38:07 00:37:19	00:47:				

A/A	Σειρά	Σειρά	Σειρά	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρεία/Οργανισμός/Άλλο	Start	Split1	Split2	Split3	Split4	Split5	Split6	Split7	Split8	Finish
374	374	9	83	1305	PSALLA FOTINI Γυναίκα - 1980 (F40) - GRC	00:00:17 00:00:00	00:11:40 00:11:24	00:19:30 00:19:13	00:28:29 00:28:12	00:37:27 00:37:10	00:46:53 00:46:36	00:55:59 00:55:43	01:05:29 01:05:12	01:14:15 01:13:59	01:15:14 01:14:58
375	375	10	84	1306	PSALLA ZOI Γυναίκα - 1979 (F40) - GRC	00:00:17 00:00:00	00:11:41 00:11:25	00:19:30 00:19:14	00:28:29 00:28:12	00:37:27 00:37:11	00:46:53 00:46:37	00:55:59 00:55:43	01:05:29 01:05:13	01:14:16 01:13:59	01:15:14 01:14:58
376	376	50	292	1407	ZAFEIROPOULOS IOANNIS Άνδρας - 1986 (M35) - GRC -	00:00:23 00:00:00	00:11:47 00:11:25	00:19:59 00:19:36	00:28:57 00:28:35	00:37:33 00:37:10	00:46:59 00:46:37	00:55:47 00:55:24	01:05:35 01:05:12	01:14:22 01:14:00	01:15:33 01:15:10
377	377	114	293	1316	SAKELLAROPOULOS KONSTANTINOS Άνδρας - 1995 (M) - GRC	00:00:31 00:00:00	00:11:55 00:11:25	00:20:03 00:19:33	00:30:08 00:29:38	00:38:35 00:38:04	00:46:42 00:46:12	00:56:55 00:56:25	01:06:27 01:05:57	01:15:07 01:14:37	01:15:57 01:15:27
378	378	41	294	1399	VLACOS GEORGIOS Άνδρας - 1980 (M40) - GRC	00:00:19 00:00:00	00:11:03 00:10:44	00:19:15 00:18:56	00:28:46 00:28:27	00:37:59 00:37:40	00:48:17 00:47:59	00:58:03 00:57:45	01:08:33 01:08:14	01:18:20 01:18:01	01:19:24 01:19:06
379	379	39	85	1130	GIROUKI STELLA Γυναίκα - 1989 (F) - GRC	00:00:05 00:00:00	00:12:52 00:12:48	00:21:51 00:21:46	00:31:34 00:31:29	00:40:40 00:40:35	00:50:42 00:50:37	01:00:09 01:00:04	01:09:44 01:09:39	01:19:09 01:19:05	01:20:14 01:20:09
380	380	42	295	1258	NTIROKALTSIS ODYSSEAS Άνδρας - 1982 (M40) - GRC	00:00:27 00:00:00	00:12:21 00:11:54	00:20:39 00:20:12	00:29:51 00:29:24	00:39:17 00:38:50	00:50:27 00:50:01	01:00:47 01:00:20	01:11:13 01:10:46	01:20:23 01:19:57	01:21:36 01:21:10
381	381	12	296	1124	GIAGTZOGLOU EYAGELOS Άνδρας - 1968 (M55) - GRC	00:00:42 00:00:00	00:13:21 00:12:40	00:22:02 00:21:21	00:31:43 00:31:02	00:40:42 00:40:00	00:50:44 00:50:03	01:00:01 00:59:20	01:10:12 01:09:31	01:19:36 01:18:54	01:21:38 01:20:57
382	382	8	297	1203	LIANERIS IOANNIS Άνδρας - 1963 (M60) - GRC	00:00:10 00:00:00	00:12:23 00:12:14	00:21:02 00:20:52	00:30:33 00:30:24	00:39:40 00:39:30	00:49:46 00:49:36	00:59:11 00:59:02	01:09:57 01:09:47	01:20:35 01:20:26	01:21:52 01:21:43
383	383	40	86	1117	GEORGIA TOURNAZOUNTA Γυναίκα - 1999 (F) - GRC	00:00:04 00:00:00	00:12:02 00:11:59	00:21:08 00:21:04	00:30:50 00:30:46	00:40:08 00:40:04	00:50:03 00:49:59	00:59:55 00:59:51	01:10:36 01:10:33	01:20:41 01:20:37	01:21:57 01:21:53
384	384	115	298	1081	DIMAS STAVRO ELEFTHERIOS Άνδρας - 1995 (M) - GRC Stefis Running Team	00:00:28 00:00:00	00:13:06 00:12:39	00:23:34 00:23:07	00:33:37 00:33:09	00:44:25 00:43:57	00:53:54 00:53:26	01:04:16 01:03:48	01:14:09 01:13:41	01:22:52 01:22:24	01:23:17 01:22:49
385	385	116	299	1143	IOAKEIM GIORGOS Άνδρας - 1997 (M) - GRC	01:31:02 00:00:00	01:38:01 00:06:59	01:43:56 00:12:54	01:50:13 00:19:11	01:56:19 00:25:17	-	-	-	-	01:56:57 00:25:55