

8ο Lefkas Trail Run 2023 Trail Race 23km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 23KM	KOLYVATA 7KM	FINISH 23KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	26	GREECE	ΧΑΡΑΛΑΜΠΟΣ ΚΑΛΑΜΠΟΥΚΑΣ	-	-	0:00:00.234(00:00:00)	0:53:22.780(00:53:22)	2:06:36.974(02:06:36)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	12	GREECE	KONSTANTINOS TOUSE	-	-	0:00:00.454(00:00:00)	0:54:39.800(00:54:39)	2:15:39.407(02:15:38)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	38	GREECE	ΣΩΤΗΡΙΟΣ ΠΑΠΑΠΟΣΤΟΛΟΥ	-	-	0:00:01.517(00:00:00)	0:54:46.114(00:54:44)	2:16:39.917(02:16:38)
4	4	1	M40-49	Male	47	GREECE	ΑΝΑΣΤΑΣΙΟΣ ΤΟΜΑΡΑΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:02.530(00:00:00)	1:01:09.147(01:01:06)	2:25:11.574(02:25:09)
5	5	1	M18-39	Male	21	GREECE	ΑΡΙΣΤΕΙΔΗΣ ΓΚΙΖΛΗΣ	-	VASKOS TRAINING TEAM	0:00:02.897(00:00:00)	0:59:10.347(00:59:07)	2:27:12.480(02:27:09)
6	1	1	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	46	GREECE	ΔΗΜΗΤΡΑ ΤΖΑΛΟΚΩΣΤΑ	-	-	0:00:00.234(00:00:00)	1:03:15.847(01:03:15)	2:33:48.447(02:33:48)
7	6	2	M40-49	Male	57	GREECE	Spiros Krokidas	-	-	0:00:02.530(00:00:00)	1:01:12.350(01:01:09)	2:35:28.167(02:35:25)
8	7	2	M18-39	Male	18	GREECE	ΔΙΟΝΥΣΗΣ ΑΡΓΥΡΟΣ	-	THE FUNCTIONAL DEPARTMENT	0:00:03.907(00:00:00)	1:03:21.010(01:03:17)	2:36:20.557(02:36:16)
9	8	3	M18-39	Male	55	GREECE	ΠΑΡΑΣΚΕΥΑΣ ΧΡΥΣΟΒΙΤΣΑΝΟΣ	-	THE FUNCTIONAL DEPARTMENT	0:00:02.530(00:00:00)	1:03:43.534(01:03:41)	2:45:37.677(02:45:35)
10	9	4	M18-39	Male	69	GREECE	ΔΗΜΗΤΡΗΣ ΚΡΙΑΡΑΣ	-	THE FUNCTIONAL DEPARTMENT	0:00:02.530(00:00:00)	1:03:58.730(01:03:56)	2:45:37.897(02:45:35)
11	10	3	M40-49	Male	14	GREECE	Athanasios Tsirimiagkos	-	KASSIOS DIAS	0:00:01.517(00:00:00)	1:07:11.764(01:07:10)	2:45:59.374(02:45:57)
12	11	4	M40-49	Male	10	GREECE	ALEXANDROS MAVRONAS	-	KASSIOS DIAS	0:00:02.530(00:00:00)	1:07:57.564(01:07:55)	2:46:00.580(02:45:58)
13	2	2	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	31	GREECE	ΦΩΤΕΙΝΗ ΚΟΛΟΚΑ	-	SALOMON HELLAS	0:00:02.530(00:00:00)	1:06:25.264(01:06:22)	2:48:39.600(02:48:37)
14	12	5	M40-49	Male	32	GREECE	ΟΔΥΣΣΕΑΣ ΚΟΥΚΕΣΗΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:02.530(00:00:00)	1:09:11.017(01:09:08)	2:51:24.337(02:51:21)
15	13	6	M40-49	Male	64	GREECE	ΦΩτης ΛιΟντος	-	-	0:00:04.750(00:00:00)	1:07:14.320(01:07:09)	2:54:28.007(02:54:23)
16	14	7	M40-49	Male	44	GREECE	ΒΑΣΙΛΕΙΟΣ ΣΙΩΧΟΣ	-	ΔΡΟΜΕΙΣ ΣΟΥΛΙΟΥ	0:00:03.907(00:00:00)	1:09:33.697(01:09:29)	2:54:30.060(02:54:26)
17	15	8	M40-49	Male	54	GREECE	ΠΟΛΥΔΕΥΚΗΣ ΧΑΝΤΖΙΑΡΑΣ	-	Nscoaching	0:00:01.897(00:00:00)	1:09:35.274(01:09:33)	2:54:30.387(02:54:28)
18	3	3	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	33	GREECE	ΚΡΥΣΤΑΛΙΑ ΚΟΥΤΣΙΜΑΝΗ	-	VASKOS TRAINING TEAM	0:00:02.530(00:00:00)	1:11:41.480(01:11:38)	3:00:47.404(03:00:44)
19	16	1	M50+	Male	45	GREECE	ΒΑΣΙΛΕΙΟΣ ΣΤΑΥΡΑΚΑΣ	-	ΑΣΛ ΦΙΛΑΝΔΡΟΣ	0:00:02.530(00:00:00)	1:12:29.140(01:12:26)	3:02:03.517(03:02:00)
20	17	2	M50+	Male	71		ΤΑΣΟΣ ΡΟΒΥΘΑΚΗΣ	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:02.530(00:00:00)	1:09:38.900(01:09:36)	3:02:44.980(03:02:42)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 23KM	KOLYVATA 7KM	FINISH 23KM
21	4	1	W40-49	Female	11	GREECE	TIJANA PANIC	-	KASSIOS DIAS/MY ATHLETE	0:00:03.907(00:00:00)	1:12:41.014(01:12:37)	3:03:13.520(03:03:09)
22	18	5	M18-39	Male	58	GREECE	Apollonas Sinapidis	-	-	0:00:03.907(00:00:00)	1:12:39.570(01:12:35)	3:04:12.050(03:04:08)
23	19	6	M18-39	Male	29	GREECE	ΝΙΚΟΣ ΚΑΤΣΑΝΟΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:04.750(00:00:00)	1:12:18.550(01:12:13)	3:07:40.460(03:07:35)
24	20	7	M18-39	Male	50	GREECE	ΓΙΩΡΓΟΣ ΤΣΕΡΝΤΑΚΙΔΗΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:04.750(00:00:00)	1:15:40.210(01:15:35)	3:09:30.800(03:09:26)
25	21	3	M50+	Male	2	GREECE	SIMON COLE	-	THE FUNCTIONAL DEPARTMENT	0:00:02.530(00:00:00)	1:14:56.964(01:14:54)	3:10:54.604(03:10:52)
26	22	4	M50+	Male	15	GREECE	ΑΛΕΞΑΝΔΡΟΣ ΑΛΕΞΑΝΔΡΟΥ	-	ΣΔΙ	0:00:06.110(00:00:00)	1:18:58.717(01:18:52)	3:13:54.464(03:13:48)
27	23	9	M40-49	Male	53	GREECE	ΑΠΟΣΤΟΛΟΣ ΧΑΝΤΖΗΣ	-	Σ.Δ.Υ. ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:04.750(00:00:00)	1:20:16.114(01:20:11)	3:14:45.904(03:14:41)
28	24	10	M40-49	Male	67	GREECE	ΔΗΜΗΤΡΙΟΣ ΤΑΤΣΗΣ	-	RUNAWAY_ZLR	0:00:03.907(00:00:00)	1:15:35.677(01:15:31)	3:16:13.957(03:16:10)
29	25	8	M18-39	Male	17	GREECE	ΙΩΑΝΝΗΣ ΑΠΕΡΓΗΣ	-	SOUTH CORFU RUNNERS	0:00:02.530(00:00:00)	1:13:21.247(01:13:18)	3:16:34.034(03:16:31)
30	26	1	M60+	Male	70		ΓΕΡΑΣΙΜΟΣ ΜΗΤΣΟΥΛΗΣ	-	ΠΑΡΓΑ	0:00:06.110(00:00:00)	1:18:28.290(01:18:22)	3:16:58.194(03:16:52)
31	5	1	W50+	Female	1	GREECE	ROBYN CHARLTON	-	THE FUNCTIONAL DEPARTMENT	0:00:00.127(00:00:00)	1:20:54.094(01:20:53)	3:18:45.387(03:18:45)
32	27	11	M40-49	Male	48	GREECE	ΠΑΝΤΕΛΗΣ ΤΣΩΛΗΣ	-	-	0:00:07.327(00:00:00)	1:19:24.204(01:19:16)	3:21:24.350(03:21:17)
33	28	12	M40-49	Male	51	GREECE	ΙΩΑΝΝΗΣ ΦΡΑΓΚΟΥΛΗΣ	-	-	0:00:04.750(00:00:00)	1:19:27.034(01:19:22)	3:21:38.910(03:21:34)
34	29	13	M40-49	Male	52	GREECE	ΕΛΕΥΘΕΡΙΟΣ ΧΑΛΙΚΙΑΣ	-	THE FUNCTIONAL DEPARTMENT	0:00:02.530(00:00:00)	1:18:04.127(01:18:01)	3:22:09.110(03:22:06)
35	30	14	M40-49	Male	3	GREECE	VASILIS DERLERES	-	ME AND LAZARIS	0:00:03.897(00:00:00)	1:16:42.184(01:16:38)	3:22:14.624(03:22:10)
36	31	15	M40-49	Male	9	GREECE	Evangelos Lazaris	-	ME AND LAZARIS	0:00:04.750(00:00:00)	1:16:57.210(01:16:52)	3:22:15.740(03:22:10)
37	32	9	M18-39	Male	35	GREECE	ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΗΛΑΚΑΣ	-	THE FUNCTIONAL DEPARTMENT	0:00:01.517(00:00:00)	1:20:55.754(01:20:54)	3:22:36.810(03:22:35)
38	33	16	M40-49	Male	7	BULGARIA	Alexander Ivanov	-	-	0:00:06.110(00:00:00)	1:12:07.774(01:12:01)	3:23:19.254(03:23:13)
39	34	17	M40-49	Male	40	GREECE	Σωτήρης-Νικόλαος Πετρόπουλος	-	Λύκειος Απόλλων	0:00:02.530(00:00:00)	1:17:58.474(01:17:55)	3:23:53.750(03:23:51)
40	35	5	M50+	Male	62	GREECE	ΘΕΟΔΩΡΟΣ ΒΟΥΛΙΣΤΙΩΤΗΣ	-	-	0:00:07.327(00:00:00)	1:20:50.080(01:20:42)	3:24:39.574(03:24:32)
41	36	18	M40-49	Male	36	GREECE	Αντώνης Μηλιώτης	-	Πανελλήνιος ΓΣ	0:00:03.907(00:00:00)	1:19:08.434(01:19:04)	3:26:55.887(03:26:51)
42	37	6	M50+	Male	28	GREECE	ΚΩΣΤΑΣ ΚΑΡΑΣΑΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:04.750(00:00:00)	1:14:06.350(01:14:01)	3:27:14.804(03:27:10)
43	38	19	M40-49	Male	25	GREECE	Κωνσταντίνος Ζακυνθινός	-	ΑΣΛ ΦΙΛΑΝΔΡΟΣ	0:00:01.517(00:00:00)	1:23:39.397(01:23:37)	3:27:17.874(03:27:16)
44	39	10	M18-39	Male	41	GREECE	ΗΛΙΑΣ ΠΙΝΑΚΟΥΛΙΑΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ	0:00:03.907(00:00:00)	1:22:58.087(01:22:54)	3:31:25.030(03:31:21)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 23KM	KOLYVATA 7KM	FINISH 23KM
									ΤΡΙΚΑΛΩΝ			
45	6	1	W18-39	Female	20	GREECE	ΖΩΗ ΓΑΚΗ	-	-	0:00:07.327(00:00:00)	1:25:39.274(01:25:31)	3:37:51.687(03:37:44)
46	40	20	M40-49	Male	8	GREECE	Giorgos Kourmousis	-	-	0:00:07.140(00:00:00)	1:25:34.380(01:25:27)	3:37:51.787(03:37:44)
47	41	11	M18-39	Male	68	GREECE	ΑΝΤΩΝΙΟΣ ΧΡΥΣΟΒΙΤΣΑΝΟΣ	-	DANCE SPORT CLUB	0:00:07.327(00:00:00)	1:18:05.630(01:17:58)	3:39:50.210(03:39:42)
48	42	21	M40-49	Male	34	GREECE	ΚΩΝΣΤΑΝΤΙΝΟΣ ΛΕΤΣΑΣ	-	ΩΚΥΑΛΟΣ	0:00:06.110(00:00:00)	1:21:47.090(01:21:40)	3:42:16.184(03:42:10)
49	7	2	W18-39	Female	4	GREECE	Isabella Drake	-	-	0:00:07.327(00:00:00)	1:33:31.110(01:33:23)	3:51:08.654(03:51:01)
50	43	7	M50+	Male	66	GREECE	ΔΗΜΗΤΡΙΟΣ ΤΑΤΣΗΣ	-	Zero Lake Run	0:00:04.750(00:00:00)	1:33:32.604(01:33:27)	4:09:23.720(04:09:18)
51	44	22	M40-49	Male	27	GREECE	ΙΕΡΟΘΕΟΣ ΚΑΡΑΜΠΟΥΛΗΣ	-	-	0:00:07.327(00:00:00)	1:32:18.327(01:32:11)	4:12:32.897(04:12:25)
52	8	2	W50+	Female	56	GREECE	VASSILIKI KARAGEORGIΟΥ	-	ABS+	0:00:06.110(00:00:00)	1:42:35.274(01:42:29)	4:13:29.014(04:13:22)
53	45	12	M18-39	Male	30	GREECE	ΦΩΤΙΟΣ ΚΑΤΩΠΟΔΗΣ	-	-	0:00:07.327(00:00:00)	1:38:39.900(01:38:32)	4:15:30.200(04:15:22)
54	46	8	M50+	Male	59	GREECE	ΣΤΥΛΙΑΝΟΣ SKLIVANAKIS	-	ABS+	0:00:04.750(00:00:00)	1:43:55.707(01:43:50)	4:17:57.034(04:17:52)
55	47	23	M40-49	Male	16	GREECE	ΘΑΝΑΣΗΣ ΑΝΤΩΝΑΚΑΚΗΣ	-	-	0:00:03.907(00:00:00)	1:33:59.124(01:33:55)	4:18:46.630(04:18:42)
56	48	24	M40-49	Male	65	GREECE	ΔΗΜΗΤΡΗΣ ΜΑΛΦΑΣ	-	-	0:00:01.897(00:00:00)	1:35:57.700(01:35:55)	4:19:38.890(04:19:36)
57	49	25	M40-49	Male	61	GREECE	ΣΠΥΡΟΣ ΑΡΚΟΥΜΑΝΗΣ	-	-	0:00:02.530(00:00:00)	1:38:00.974(01:37:58)	4:20:16.987(04:20:14)
58	50	13	M18-39	Male	23	GREECE	Κωνσταντίνος Γραμμένος	-	-	0:00:04.750(00:00:00)	1:37:59.327(01:37:54)	4:20:17.424(04:20:12)
59	51	9	M50+	Male	37	GREECE	ΧΡΗΣΤΟΣ ΜΠΑΛΤΖΩΗΣ	-	ΣΤΗ ΣΚΙΑ ΤΟΥ ΚΡΙΑΚΟΥΡΑ	0:00:04.750(00:00:00)	1:33:57.000(01:33:52)	4:27:13.140(04:27:08)
60	9	3	W50+	Female	13	GREECE	MANDY TRUSLER	-	THE FUNCTIONAL DEPARTMENT	0:00:04.750(00:00:00)	1:38:38.434(01:38:33)	4:34:07.507(04:34:02)
61	52	26	M40-49	Male	63	GREECE	ΑΛΕΞΑΝΔΡΟΣ ΚΑΤΑΓΗΣ DNF	-	ΑΣΛ ΦΙΛΑΝΔΡΟΣ	0:00:02.530(00:00:00)	-	-
62	53	14	M18-39	Male	22	GREECE	ΑΡΗΣ ΓΚΟΓΚΑΣ DNF	-	THE FUNCTIONAL DEPARTMENT	0:00:03.907(00:00:00)	-	-