



ARKOYDILAS TRAIL 2023

Results

Pl.	Bib Name	Nat.	YoB	Club	ChipTim	GunTime
Arkoudilas Trail 22km						
Female						
Female 18-39						
1.	166 LIEBERHERR, PETRA		1988		2:30:14	2:30:14
2.	133 SANDU, OLIVIA DIANA		1994	CROSSFITCORFU	2:47:56	2:48:00
3.	159 CHYTIRI, SOFIA		1985		3:03:02	3:03:06
4.	147 PENSOU, KATERINA		1992	KRI KRI	3:58:34	3:58:39
Female 40+						
1.	120 PANIC, TIJANA		1982	KASSIOS DIAS/MYATHLETE	2:44:24	2:44:25
2.	119 NIKOLENKO, ELENA		1978	DROMEA RACING CYPRUS	2:55:23	2:55:24
3.	143 KOTSI, TETI		1975	LEON TRIATHLON	2:58:19	2:58:19
4.	168 PANAYIOTA, ANDREA		1972		3:26:14	3:26:16
5.	186 Koutsoukali, Olga		1976		3:43:51	3:43:56
6.	175 Havlova, Petra		1976		4:00:33	4:00:39
Male						
Male 18-39						
1.	131 PAPAPOSTOULOU, SOTIRIOS		1996		1:54:54	1:54:54
2.	129 VASILAKIS, STAMATIOS		1988	TRAIL TEAM CORFU	2:04:37	2:04:37
3.	130 ERVIS, ZELA		1985	S-BIKES	2:25:59	2:26:00
4.	163 MILIOTIS, ANTONIS		1984		2:27:42	2:27:43
5.	105 KOURKOULOS, CHRISTOS		1985		2:41:44	2:41:45
6.	157 REVIS, SPYROS		1993		2:42:12	2:42:14
7.	124 PAGKRATIS, GIORGOS		1990		2:55:40	2:55:46
8.	135 GRAIKOS, SPYROS		1989		2:57:24	2:57:24
9.	190 VARAGOULIS, AIAS		1984		3:04:44	3:05:01
10.	126 VRADIS, ANASTASIOS		1990	KOURJIYRUJUS TRAINING GROUP	3:11:21	3:11:22
11.	187 Raftopoulos, Cristos		1991		3:11:49	3:11:52
12.	156 LEPESIS, ALEXANDROS		1987		3:18:49	3:18:52
13.	144 DOULIS, GIORGOS		1986	SINDETIRAS.GR	3:20:56	3:20:59
14.	138 NIKOLAOU, SPYROS		1991		3:32:20	3:32:22
15.	103 KOULOOURIS, CHARALAMPOS		1985	HOKA	3:39:01	3:39:05
16.	148 IWAVVIDNS, ALEX		1987	KRI KRI	3:57:56	3:58:01
Male 40+						
1.	121 TSIRIMIAGKOS, ATHANASIOS		1979	KASSIOS DIAS	2:22:27	2:22:27
2.	127 MAVRONAS, ALEXANDROS		1978	KASSIOS DIAS	2:26:09	2:26:10
3.	141 KOURIS, ALEXANDROS		1977	SOUTH CORFU RUNNERS	2:32:12	2:32:13
4.	171 CHEIMARIOS, ALEXANDROS		1976		2:35:03	2:35:04
5.	137 PANARETOS, ALEXANDROS		1979		2:36:21	2:36:22
6.	136 MOURMOURIS, PROKOPIS		1974	LEON TRIATHLON	2:38:21	2:38:21
7.	104 MALTEZOS, PANAGIOTIS		1968	KATOUNA	2:40:41	2:40:42
8.	140 NIKOMANIS, THEODOSIS		1975	SOUTH CORFU RUNNERS	2:42:48	2:42:50
9.	155 CHYTIRIS, GIORGOS		1983		2:43:07	2:43:10

ARKOYDILAS TRAIL 2023

Results

Pl.	Bib Name	Nat.	YoB	Club	ChipTim	GunTime
10.	132		1977	S.D.Y.THESSALONIKIS	2:43:17	2:43:20
11.	113		1982	LYKOI	2:47:54	2:47:58
12.	189		1973		2:54:39	2:54:43
13.	185		1973		2:55:43	2:55:47
14.	179		1974		2:57:55	2:57:56
15.	149		1971		3:03:59	3:04:01
16.	180		1974		3:04:42	3:04:43
17.	122		1979		3:06:48	3:06:51
18.	107		1978		3:08:01	3:08:06
19.	146		1981		3:12:46	3:12:49
20.	139		1982	ARCADION RUNNING TEAM	3:18:47	3:18:50
21.	109		1978		3:18:48	3:18:51
22.	102		1977	MOUN/ TRAIN/SOLUTION	3:23:56	3:23:58
23.	134		1978		3:28:03	3:28:07
24.	110		1973		3:41:53	3:41:57
25.	125		1979	MOUNTAIN LOVERS CCT	3:43:53	3:43:55
26.	150		1976	CROSSFIT CORFU	3:52:38	3:52:41
27.	153		1980		3:54:05	3:54:09
28.	182		1972		4:00:36	4:00:39

Monastery Run 10 km








Female

Female

1.	324		2000		1:19:56	1:19:57
2.	344		1980		1:21:22	1:21:23
3.	414		2000		1:24:05	1:24:10
4.	409		2000		1:33:15	1:33:20
5.	335		2001		1:33:55	1:34:04
6.	373		1979		1:37:41	1:37:47
7.	181		1990		1:40:16	1:40:25
8.	106		1971	CROSSFIT	1:40:17	1:40:27
9.	426		2000		1:42:29	1:42:31
10.	417		2000		1:46:10	1:46:19
11.	428		2000		1:50:06	1:50:12
12.	313		1971		1:55:10	1:55:15
13.	333		1977		1:55:44	1:55:47
14.	358		1982		1:55:45	1:55:53
15.	342		1988		1:57:58	1:58:01
16.	178		1965		1:58:22	1:58:29
17.	369		1982		2:02:43	2:02:54
18.	363		1980		2:07:04	2:07:14
19.	434		2000		2:13:17	2:13:54
20.	433		1977		2:13:18	2:13:54
21.	403		2000		2:15:43	2:15:53
22.	317		1989		2:17:51	2:18:03

ARKOYDILAS TRAIL 2023

Results

Pl.	Bib Name	Nat.	YoB	Club	ChipTim	GunTime
23.	316 SCHLEINITZ, PEGGY		1983		2:17:52	2:18:04
24.	306 KONTOMARI, SOFIA		1980		2:17:52	2:18:04
25.	308 VARELI, ASIMINA ELENI		2000		2:20:21	2:20:23
26.	444 Theodorani, Maria		2000		2:21:33	2:21:45
27.	445 Biskou, Afroditi		2000		2:21:34	2:21:46
28.	359 SIOMOU, ELEFThERIA		1989		2:21:53	2:22:02
29.	437 Mpeka, Gianoula		2000		2:47:32	2:47:43

Male

Male

1.	416 FAITAS, MARIOS		2000		1:02:25	1:02:27
2.	362 ARKOUDIS, PROKOPIOS		1966		1:03:59	1:04:00
3.	384 NIKOLOUZOS, SPYROS		2000		1:05:39	1:05:41
4.	349 MARTIS, MENELAOS		1977		1:07:19	1:07:21
5.	352 KEFALLINOS, SPYROS		1979		1:07:53	1:07:54
6.	327 ARLETOS, THEODOROS		1969		1:08:26	1:08:31
7.	432 VLACHOS, VASILEIOS		2000		1:08:53	1:08:54
8.	441 Rados, Dimitrios		2000		1:11:01	1:11:03
9.	379 SPATOULAS, SPIROS		2000		1:11:50	1:11:53
10.	389 MAKANTANIS, VASILEIOS		2000		1:11:53	1:11:54
11.	337 LYSSEAS, GIORGOS		1988		1:12:23	1:12:24
12.	399 GOURDOUKIS, SIFIS		2000		1:13:02	1:13:04
13.	381 POULIASIS, SPIROS		2000		1:13:22	1:13:25
14.	343 KARAGEORGIOY, GEORGE		1984		1:13:37	1:13:37
15.	420 KAKOS, ANASTASIOS		2000		1:14:24	1:14:27
16.	390 FARAZIS, STEFANOS		2000		1:15:53	1:15:57
17.	419 RINA, GIORGIOS		2000		1:16:34	1:16:37
18.	421 ASPIOTIS, ALEKOS		2000		1:16:37	1:16:40
19.	387 ATHANASIOU, GEORGIOS		2000		1:17:03	1:17:05
20.	355 Spinoulas, Fillipos		1986		1:17:39	1:17:41
21.	401 VANZYL, MORNE		2000		1:18:21	1:18:26
22.	353 KORAKIANITIS, GIORGOS		1983		1:19:35	1:19:39
23.	329 BISKOS, THEODOROS		1972		1:19:35	1:19:40
24.	365 LOUVROS, ANDREAS		1984		1:20:20	1:20:28
25.	304 POULIS, NIKOLAOS		1965		1:21:10	1:21:11
26.	192 Faitas, Stathis		2000		1:21:16	1:21:21
27.	449 Lastiotakis, Giannis		2000		1:22:39	1:22:45
28.	388 PINAKOULAS, ANGELOS		2000		1:24:05	1:24:09
29.	319 SKEVOULIS, ATHANASIOS		1985		1:24:12	1:24:13
30.	307 KAPOURANIS, DIMITRIOS		1982		1:25:47	1:25:53
31.	336 SANTAS, CHARILAOS		1983		1:26:18	1:26:20
32.	184 Alamanos, Christos		2000		1:29:25	1:29:25
33.	338 BANOS, STAMATIS		1974		1:33:13	1:33:20
34.	446 Goro, Kliton		2000		1:35:59	1:36:06
35.	447 Zochios, Nikos		2000		1:35:59	1:36:06

ARKOYDILAS TRAIL 2023

Results

Pl.	Bib Name	Nat.	YoB	Club	ChipTim	GunTime
36.	415 BRUSBY, BENJAMIN		2000		1:36:08	1:36:15
37.	439 Sidiropoulos, Evaggelos		2000		1:37:50	1:37:52
38.	323 MONASTIRIOTIS, VASILEIOS		2000		1:38:42	1:38:45
39.	321 MONASTIRIOTIS, NIKOLAOS		1978		1:38:43	1:38:46
40.	341 VLACHOS, CHARALAMPOS		1972		1:40:44	1:40:52
41.	418 PAPADATOS, KOSTAS		2000		1:48:40	1:48:51
42.	328 TROUS, VASILEIOS		1988		1:52:01	1:52:07
43.	193 Monastiriotis, George		2000		1:54:08	1:54:11
44.	320 RAPSOMANIKIS, THEOCHARIS		1980		1:55:03	1:55:10
45.	309 CHEIMARIOS, STAMATIS		1984		1:57:28	1:57:29
46.	301 SOUEREFF, KON/NOS		1982		1:57:56	1:58:03
47.	395 MANATOS, PETROS		2000		2:09:40	2:09:50
48.	450 Iseris, Vladimiro		2000		2:09:42	2:09:52
49.	372 ARMENIAKOS, CHARALAMPOS		1970		2:12:30	2:12:38
50.	371 ARMENIAKOS, CHARIS		1965		2:13:04	2:13:12
51.	435 Vamvakas, Fragiskos		2000		2:15:42	2:15:53
52.	191 Vassilakis, Xarilaos		2000		2:18:45	2:18:53
53.	305 GIOCHALAS, GIORGOS		1973		2:18:46	2:18:55
54.	339 ARVANITAKIS, ALEKOS		1966		2:20:51	2:20:56
55.	443 Vlachos, Apostolis		2000		2:21:34	2:21:45
56.	357 NIKOMANIS, GIORGOS		1972		2:29:42	2:29:49
57.	431 NIKOMANHS, THANASIS		2000		2:29:40	2:29:53
58.	351 KASTRINOS, IOANNIS		1993		2:47:39	2:47:43
n.a.	86 86, N.N.		2000			