

OR	CR	BIB	ATHLET	GEN	CAT	CLUB	TIME	Swim A	T1	Run A	Bike B	Run B	Swim B
Tri M-W 16-39													
1	1	204	ΦΙΛΙΠΠΟΣ ΒΟΚΟΣ	M	Men		01:03:11.194	00:02:47.327	00:00:22.954	00:11:07.707	00:14:31.049	00:06:31.392	00:03:07.783
2	2	212	ΓΡΗΓΟΡΗΣ ΣΟΥΒΑΤΖΟΓΛΟΥ	M	Men	ARLA FOODS	01:03:50.036	00:02:39.469	00:00:28.013	00:11:41.935	00:14:10.204	00:06:56.150	00:02:57.721
3	3	210	ΜΑΝΟΣ ΜΟΙΡΑΣ	M	Men	TriathlonChalkidaTeam	01:04:54.320	00:02:27.629	00:00:33.177	00:11:47.702	00:14:13.010	00:07:02.824	00:02:56.002
4	4	201	ORESTIS CHARACHOUSIS	M	Men	Triathlon Academy	01:06:10.511	00:02:33.350	00:00:43.521	00:12:56.975	00:13:17.893	00:07:17.651	00:02:59.776
5	5	199	ΑΛΕΞΑΝΔΡΟΣ ΑΡΓΥΡΗΣ	M	Men		01:07:44.678	00:03:10.428	00:00:31.305	00:12:19.668	00:13:39.992	00:06:40.290	00:03:49.150
6	6	211	ΓΙΑΝΝΙΚΟΣ ΡΑΜΑΝΤΑΝΗΣ	M	Men	ScienceTraining.gr	01:09:05.502	00:03:21.132	00:00:39.772	00:13:38.268	00:12:17.100	00:07:49.361	00:04:02.662
7	7	200	Νικόλαος ΔΗΜΗΤΡΑΚΑΚΗΣ	M	Men	ΟΦΚΑ ΑΓΙΑΣ ΠΑΡΑΣΚΕΥΗΣ	01:10:22.300	00:03:51.396	00:00:46.177	00:13:54.873	00:11:33.829	00:07:41.197	00:05:09.055
8	8	206	ΙΟΡΔΑΝΗΣ ΚΕΡΑΜΕΚΗΣ	M	Men	ASN V PROODOS	01:11:19.610	00:03:41.888	00:00:40.615	00:13:26.380	00:12:22.451	00:07:14.748	00:04:12.492
9	9	203	ΣΤΕΛΙΟΣ ΒΑΣΙΛΑΣ	M	Men		01:12:12.943	00:03:14.489	00:00:56.803	00:15:10.274	00:11:31.933	00:08:14.413	00:04:06.657
10	10	207	ΓΙΩΡΓΟΣ ΚΟΡΟΜΙ	M	Men	VIKOS	01:13:50.294	00:04:49.430	00:01:12.897	00:14:37.910	00:09:39.043	00:07:43.411	00:05:54.946
11	11	209	ΓΙΩΡΓΟΣ ΜΑΛΙΓΙΑΝΝΗΣ	M	Men		01:13:57.439	00:05:26.278	00:01:05.351	00:15:06.766	00:08:52.118	00:07:25.652	00:06:11.506
DNS	DNS	1208	ΜΙΧΑΛΗΣ ΚΩΝΣΤΑΝΤΙΝΙΔΗΣ	M	Men		00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000

Aqua														
OR	CR	BIB	ATHLET	GEN	CAT	CLUB	TIME	Swim A	Run A	T1	Swim B	Run B	T2	Swim C
1	1	286	ΜΑΞΙΜΟΣ ΑΙΒΑΤΙΔΗΣ	M	Men		00:18:03.235	00:02:28.577	00:03:05.494	00:00:12.461	00:02:49.291	00:03:16.849	00:00:12.537	00:02:53.321
2	2	216	ΔΗΜΗΤΡΙΟΣ-ΑΛΚΗΣ ΚΑΦΩΡΟΣ	M	Men	ΓΝΟΑ	00:19:39.362	00:03:07.578	00:02:57.553	00:00:08.331	00:03:29.016	00:03:08.579	00:00:08.882	00:03:36.647
3	3	287	ΑΛΕΞΑΝΔΡΟΣ ΜΠΟΥΖΑΣ- ΠΛΑΤΑΡΗΣ	M	Men		00:20:02.241	00:02:52.132	00:03:19.118	00:00:11.204	00:03:24.550	00:03:21.260	00:00:10.466	00:03:29.056
4	1	230	ΚΑΤΕΡΙΝΑ ΣΑΠΑΡΗ	F	Women		00:20:16.051	00:02:59.631	00:03:09.028	00:00:18.662	00:03:28.635	00:03:18.329	00:00:14.073	00:03:32.714
5	2	223	Melanie Dalacouras	F	Women	Tsakona 3	00:20:35.544	00:03:24.092	00:03:17.419	00:00:13.731	00:03:56.923	00:03:16.382	00:00:09.924	00:03:06.813
6	4	217	ΒΑΣΙΛΕΙΟΣ ΚΟΡΚΟΝΔΕΙΛΑΣ	M	Men	ΤΗΛΕΦΩΝΙΚΗ ΕΓΓΡΑΦΗ	00:22:07.370	00:03:16.299	00:03:39.323	00:00:09.822	00:03:46.936	00:03:38.979	00:00:11.745	00:03:53.270
7	3	228	ΕΥΗ ΜΗΝΙΩΤΗ	F	Women		00:24:22.239	00:03:50.345	00:03:50.179	00:00:40.971	00:03:45.023	00:04:04.508	00:00:36.247	00:03:41.915
8	5	218	ΠΕΤΡΟΣ ΚΩΝΣΤΑΝΤΙΝΙΔΗΣ	M	Men	Wellbeingr	00:27:24.070	00:04:23.331	00:04:06.069	00:00:19.243	00:05:01.957	00:04:09.236	00:00:16.772	00:05:05.662
9	6	222	ΝΙΚΟΣ ΣΚΟΥΡΙΑΣ	M	Men	Wellbeingr	00:27:26.140	00:05:03.233	00:03:33.608	00:00:18.527	00:05:37.241	00:03:36.894	00:00:16.271	00:05:33.585
10	7	220	ΑΧΙΛΛΕΑΣ ΜΑΝΤΑΙΟΣ	M	Men		00:27:45.447	00:04:16.410	00:04:32.572	00:00:18.244	00:05:20.240	00:04:10.858	00:00:15.131	00:05:06.344
11	4	227	ΜΑΡΙΑ ΜΑΡΓΕΛΗ	F	Women	Wellbeingr	00:28:34.675	00:04:44.492	00:03:58.015	00:00:31.977	00:05:23.179	00:04:09.182	00:00:24.563	00:05:23.783
12	8	214	ΤΕΛΗΣ ΖΕΡΒΟΥΔΗΣ	M	Men	Wellbeingr	00:30:49.872	00:03:57.899	00:05:01.844	00:00:31.715	00:04:39.734	00:05:37.012	00:00:39.832	00:04:42.657
13	5	229	ΙΖΑΜΠΕΛ ΡΑΖΗ	F	Women	Wellbeingr	00:31:05.532	00:05:01.172	00:04:55.254	00:00:16.919	00:05:41.698	00:04:36.381	00:00:15.252	00:05:36.238
14	6	224	ΧΑΡΑ ΔΗΛΕ	F	Women		00:31:47.128	00:04:35.001	00:04:52.363	00:00:17.701	00:05:42.497	00:05:04.442	00:00:14.772	00:05:56.217
15	9	221	ΝΙΚΟΣ ΜΠΑΚΑΣ	M	Men		00:32:06.131	00:04:36.391	00:04:30.239	00:00:31.391	00:06:01.561	00:04:43.482	00:00:33.925	00:07:00.269

Tri Women													
OR	CR	BIB	ATHLET	GEN	CAT	CLUB	TIME	Swim A	T1	Run A	Bike B	Run B	Swim B

OR	CR	BIB	ATHLET	GEN	CAT	CLUB	TIME	Swim A	T1	Run A	Bike B	Run B	Swim B
1	1	159	ΚΑΤΕΡΙΝΑ ΣΑΠΑΡΗ	F	Women		01:11:55.421	00:03:34.892	00:00:32.448	00:13:11.813	00:15:46.190	00:08:06.617	00:03:23.022
2	2	237	ΜΑΝΙΑ ΜΠΙΚΩΦ	F	Women		01:14:40.686	00:03:50.050	00:00:44.640	00:14:11.906	00:15:28.048	00:07:37.056	00:04:01.064
3	3	232	ΒΑΣΙΛΙΚΗ ΒΟΥΤΖΑΛΗ	F	Women	ARLA FOODS	01:15:20.025	00:05:52.552	00:00:41.584	00:13:17.953	00:13:37.034	00:08:27.031	00:05:39.632
4	4	192	ΗΛΕΚΤΡΑ ΜΗΤΡΟΠΑΠΑ	F	Women		01:15:50.637	00:04:50.053	00:00:46.760	00:16:21.636	00:00:00.000	00:56:06.390	00:03:45.982
5	5	158	ΛΕΝΑ ΚΑΡΑΒΑΝΗ	F	Women		01:18:27.946	00:05:12.693	00:01:04.611	00:14:06.758	00:14:35.398	00:07:54.341	00:05:21.922
6	6	235	ΜΑΡΙΑ ΚΑΠΙΩΤΑ	F	Women		01:20:52.549	00:05:49.194	00:00:55.504	00:16:00.777	00:11:42.911	00:09:33.816	00:06:40.397
7	7	234	ΧΑΡΑ ΔΗΛΕ	F	Women		01:22:22.197	00:05:25.652	00:00:52.804	00:16:45.195	00:13:47.831	00:08:55.235	00:05:35.234
8	8	208	ΛΙΝΑ ΣΤΑΘΟΠΟΥΛΟΥ	F	Women		01:22:59.784	00:05:24.154	00:01:48.630	00:17:53.496	00:10:49.766	00:10:29.671	00:05:29.674
9	9	288	ΖΟΖΙΑΝΝΑ ΚΑΡΑΜΠΑΤΣΙΟΥ	F	Women		01:23:34.178	00:06:29.483	00:01:59.758	00:15:47.655	00:10:03.393	00:10:33.389	00:06:56.054
DNS	DNS	233	ΡΑΝΙΑ ΓΙΑΝΝΑΚΟΠΟΥΛΟΥ	F	Women		00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000
DNS	DNS	236	ΣΟΦΙΑ ΜΑΛΤΛΕΖΟΥ	F	Women	ARLA FOODS	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000	00:00:00.000

Tri Men 40+

OR	CR	BIB	ATHLET	GEN	CAT	CLUB	TIME	Swim A	T1	Run A	Bike B	Run B	Swim B
1	1	258	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΩΣΤΙΜΠΑΣ	M	Men		01:07:19.166	00:03:07.461	00:00:25.895	00:12:57.302	00:15:17.774	00:07:07.994	00:03:22.561
2	2	244	GEORGIOS LITSAS	M	Men		01:08:02.910	00:03:10.895	00:00:39.148	00:13:09.390	00:15:13.220	00:07:26.798	00:02:43.434
3	3	300	ΓΙΑΝΝΗΣ ΒΙΔΡΑΣ	M	Men		01:08:06.930	00:03:09.937	00:00:35.726	00:13:02.419	00:15:23.244	00:07:11.200	00:03:27.009
4	4	246	MILTOS MAKRYMICHALOS	M	Men	96	01:08:15.162	00:03:30.773	00:00:43.604	00:12:31.382	00:15:03.647	00:06:48.519	00:04:03.803
5	5	264	ΒΑΣΙΛΕΙΟΣ ΤΣΟΥΜΑΣ	M	Men	CGS Triathlon club	01:08:47.614	00:03:19.154	00:00:34.054	00:12:56.936	00:15:06.786	00:07:29.021	00:03:45.684
6	6	256	ΒΑΙΟΣ ΚΑΤΣΑΡΟΣ	M	Men		01:09:02.585	00:03:29.594	00:00:59.253	00:12:32.606	00:14:43.950	00:08:02.908	00:03:44.206
7	7	261	ΠΕΤΡΟΣ ΡΟΤΑΣ	M	Men		01:09:30.186	00:03:18.842	00:00:36.652	00:13:37.648	00:14:45.025	00:07:06.597	00:03:55.644
8	8	249	KONSTANTINOS OIKONOMOPOULOS	M	Men	KROMMIDAS COACHING	01:09:54.170	00:03:28.875	00:00:58.470	00:13:43.113	00:14:08.827	00:07:24.360	00:03:53.584
9	9	197	ΒΑΣΙΛΕΙΟΣ ΚΟΡΚΟΝΔΕΙΛΑΣ	M	Men		01:10:29.879	00:03:09.136	00:00:46.529	00:13:26.758	00:14:57.952	00:07:50.997	00:03:38.804
10	10	262	ΒΑΣΙΛΗΣ ΣΠΗΛΙΟΠΟΥΛΟΣ	M	Men		01:11:53.003	00:03:27.374	00:00:43.064	00:14:28.783	00:14:18.435	00:07:55.137	00:04:19.379
11	11	243	STAMATIOS LAMPROPOULOS	M	Men	Periklis Dimitriou Cyprus	01:13:01.758	00:04:11.755	00:00:48.547	00:15:31.771	00:12:04.954	00:08:43.100	00:04:58.326
12	12	252	GEORGE TSAKALAKIS	M	Men	Peak Performance Team	01:13:19.169	00:04:03.935	00:01:13.802	00:14:17.708	00:13:27.065	00:07:38.614	00:05:29.808
13	13	241	THANASIS KATSADONIS	M	Men	Limitless Nea Peramos	01:13:25.289	00:03:43.942	00:00:28.414	00:12:58.000	00:15:00.158	00:07:17.031	00:05:06.344
14	14	247	JOHNNY MODIANO	M	Men	Los Vathros	01:13:44.651	00:04:27.743	00:00:54.237	00:14:03.010	00:13:46.337	00:07:36.838	00:05:30.474
15	15	253	ΚΩΣΤΑΣ ΒΕΛΛΩΡΑΣ	M	Men		01:13:47.550	00:04:36.823	00:01:07.364	00:14:54.619	00:12:29.249	00:08:20.992	00:05:42.463
16	16	255	ΠΑΝΑΓΙΩΤΗΣ ΚΑΝΛΗΣ	M	Men		01:14:19.294	00:04:30.774	00:01:08.743	00:15:54.340	00:12:00.459	00:08:44.563	00:05:22.903
17	17	260	ΑΝΤΩΝΗΣ ΜΠΟΥΡΝΟΥΣΟΥΖΗΣ	M	Men		01:14:41.945	00:05:05.234	00:01:19.796	00:14:59.083	00:11:39.773	00:08:39.543	00:05:51.333
18	18	254	ΓΙΑΝΝΗΣ ΚΑΛΟΓΕΡΟΠΟΥΛΟΣ	M	Men	LOS VATHROS	01:14:44.005	00:03:52.411	00:01:12.366	00:15:48.538	00:13:03.622	00:08:31.958	00:04:42.304

[illegible]