

| A/A | Σειρά  | Σειρά | Σειρά | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)                                         | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|--------|-------|-------|------|----------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| α   | /Ηλικ. | /Φύλο |       |      | Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο                               |                      |                      |                      |                      |                      |                      |                      |                      |                      |
| 1   | 1      | 1     | 1     | 1074 | ΒΩΚΟΣ ΦΙΛΙΠΠΟΣ Άνδρας - 2002 (M) krommidas coaching                  | 00:00:00<br>00:00:00 | 00:09:56<br>00:09:56 | 00:13:00<br>00:13:00 | 00:16:56<br>00:16:56 | 00:17:06<br>00:17:06 | 00:27:03<br>00:27:03 | 00:30:01<br>00:30:01 | 00:33:49<br>00:33:49 | 00:33:58<br>00:33:58 |
| 2   | 2      | 2     | 2     | 1038 | ΣΚΟΡΕΛΙΤΙΣ MICHAEL Άνδρας - 1992 (M) Θερσίππος Περιστερίου           | 00:00:00<br>00:00:00 | 00:10:19<br>00:10:19 | 00:13:32<br>00:13:32 | 00:17:39<br>00:17:39 | 00:17:49<br>00:17:49 | 00:28:30<br>00:28:30 | 00:31:41<br>00:31:41 | 00:35:42<br>00:35:42 | 00:35:50<br>00:35:50 |
| 3   | 3      | 1     | 1     | 1002 | ΤΣΟΥΡΑΚΙ ΕΙΡΙΝΙ Γυναίκα - 1994 (F) Γ.Σ.Αμαρουσίου                    | 00:00:00<br>00:00:00 | 00:10:41<br>00:10:41 | 00:13:51<br>00:13:51 | 00:17:57<br>00:17:57 | 00:18:06<br>00:18:06 | 00:28:40<br>00:28:40 | 00:31:48<br>00:31:48 | 00:35:43<br>00:35:43 | 00:35:52<br>00:35:52 |
| 4   | 4      | 3     | 3     | 1103 | ΖΕΙΜΠΕΚΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 2003 (M) ΠΑΟ ΘΕΡΣΙΠΠΟΣ ΠΕΡΙΣΤΕΡΙΟΥ | 00:00:00<br>00:00:00 | 00:10:41<br>00:10:41 | 00:13:49<br>00:13:49 | 00:17:57<br>00:17:57 | 00:18:07<br>00:18:07 | 00:28:57<br>00:28:57 | 00:32:17<br>00:32:17 | 00:36:27<br>00:36:27 | 00:36:35<br>00:36:35 |
| 5   | 5      | 1     | 2     | 1001 | ΑΣΗΜΑΚΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1982 (F40) Polias Runners           | 00:00:00<br>00:00:00 | 00:10:40<br>00:10:40 | 00:13:52<br>00:13:52 | 00:18:07<br>00:18:07 | 00:18:17<br>00:18:17 | 00:29:25<br>00:29:25 | 00:32:41<br>00:32:41 | 00:36:49<br>00:36:49 | 00:36:58<br>00:36:58 |
| 6   | 6      | 4     | 4     | 1225 | ΠΕΤΡΟΥ ΜΑΡΙΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1988 (M) ΓΣΑ                        | 00:00:00<br>00:00:00 | 00:10:42<br>00:10:42 | 00:13:57<br>00:13:57 | 00:18:12<br>00:18:12 | 00:18:22<br>00:18:22 | 00:29:33<br>00:29:33 | 00:32:48<br>00:32:48 | 00:36:56<br>00:36:56 | 00:37:06<br>00:37:06 |
| 7   | 7      | 5     | 5     | 1096 | ΔΙΟΝΥΣΗΣ ΠΕΤΡΟΣ Άνδρας - 1996 (M) Α. Γ. Σ. ΑΡΤΑΣ "ΔΡΟΜΕΑΣ"           | 00:00:02<br>00:00:00 | 00:10:43<br>00:10:41 | 00:14:02<br>00:14:00 | 00:18:22<br>00:18:21 | 00:18:33<br>00:18:31 | 00:30:18<br>00:30:17 | 00:33:45<br>00:33:44 | 00:37:54<br>00:37:53 | 00:38:04<br>00:38:03 |
| 8   | 8      | 6     | 6     | 1243 | ΣΑΡΡΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1989 (M) Α.Π.Σ. ΤΕΛΜΗΣΣΟΣ ΜΑΡΑΘΩΝΟΣ        | 00:00:02<br>00:00:00 | 00:11:20<br>00:11:19 | 00:14:37<br>00:14:35 | 00:18:53<br>00:18:51 | 00:19:03<br>00:19:01 | 00:30:28<br>00:30:26 | 00:33:47<br>00:33:45 | 00:37:58<br>00:37:56 | 00:38:07<br>00:38:05 |
| 9   | 9      | 1     | 7     | 1048 | ΑΓΙΟΜΑΥΡΙΤΗΣ ΛΕΥΤΕΡΗΣ Άνδρας - 1982 (M40) ΑΝΑΤΟΛΗ Ν. ΙΩΝΙΑΣ          | 00:00:02<br>00:00:00 | 00:11:37<br>00:11:36 | 00:15:04<br>00:15:03 | 00:19:35<br>00:19:34 | 00:19:47<br>00:19:45 | 00:31:37<br>00:31:36 | 00:35:08<br>00:35:07 | 00:39:34<br>00:39:33 | 00:39:42<br>00:39:41 |
| 10  | 10     | 2     | 8     | 1263 | ΤΖΑΒΑΡΑΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1978 (M40)                               | 00:00:00<br>00:00:00 | 00:11:34<br>00:11:34 | 00:15:07<br>00:15:07 | 00:19:44<br>00:19:44 | 00:19:56<br>00:19:56 | 00:32:05<br>00:32:05 | 00:35:40<br>00:35:40 | 00:40:15<br>00:40:15 | 00:40:26<br>00:40:26 |
| 11  | 11     | 7     | 9     | 1131 | ΚΑΤΣΑΟΥΝΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1991 (M)                               | 00:00:00<br>00:00:00 | 00:12:11<br>00:12:11 | 00:15:48<br>00:15:48 | 00:20:26<br>00:20:26 | 00:20:37<br>00:20:37 | 00:32:26<br>00:32:26 | 00:35:54<br>00:35:54 | 00:40:25<br>00:40:25 | 00:40:36<br>00:40:36 |
| 12  | 12     | 8     | 10    | 1235 | ΡΑΦΤΟΠΟΥΛΟΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1995 (M) RUNAWAY                       | 00:00:00<br>00:00:00 | 00:11:46<br>00:11:46 | 00:15:22<br>00:15:22 | 00:20:07<br>00:20:07 | 00:20:19<br>00:20:19 | 00:32:23<br>00:32:23 | 00:35:58<br>00:35:58 | 00:40:33<br>00:40:33 | 00:40:43<br>00:40:43 |
| 13  | 13     | 9     | 11    | 1176 | ΜΑΡΙΟΛΑΣ ΙΩΑΝΝΗΣ Άνδρας - 1986 (M)                                   | 00:00:00<br>00:00:00 | 00:11:46<br>00:11:46 | 00:15:21<br>00:15:21 | 00:20:08<br>00:20:08 | 00:20:20<br>00:20:20 | 00:32:43<br>00:32:43 | 00:36:30<br>00:36:30 | 00:41:17<br>00:41:17 | 00:41:27<br>00:41:27 |
| 14  | 14     | 10    | 12    | 1274 | ΤΣΙΤΣΙΛΙΔΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1990 (M)                               | 00:00:02<br>00:00:00 | 00:12:11<br>00:12:09 | 00:15:50<br>00:15:49 | 00:20:33<br>00:20:32 | 00:20:44<br>00:20:43 | 00:32:56<br>00:32:55 | 00:36:36<br>00:36:34 | 00:41:19<br>00:41:17 | 00:41:29<br>00:41:28 |
| 15  | 15     | 3     | 13    | 1014 | ΛΥΜΠΕΡΗΣ ΗΛΙΑΣ Άνδρας - 1980 (M40) Βίκος running team                | 00:00:02<br>00:00:00 | 00:11:46<br>00:11:44 | 00:15:23<br>00:15:21 | 00:20:08<br>00:20:06 | 00:20:20<br>00:20:19 | 00:32:36<br>00:32:35 | 00:36:16<br>00:36:14 | 00:41:17<br>00:41:16 | 00:41:30<br>00:41:29 |
| 16  | 16     | 11    | 14    | 1230 | ΠΡΕΒΕΝΑΣ ΓΙΩΡΓΟΣ Άνδρας - 1990 (M)                                   | 00:00:05<br>00:00:00 | 00:12:38<br>00:12:33 | 00:16:20<br>00:16:15 | 00:21:14<br>00:21:09 | 00:21:24<br>00:21:19 | 00:33:55<br>00:33:50 | 00:37:30<br>00:37:26 | 00:42:00<br>00:41:55 | 00:42:07<br>00:42:02 |
| 17  | 17     | 1     | 15    | 1045 | ΥΑΡΕΛΑΣ ΧΑΡΙΛΑΟΣ Άνδρας - 1968 (M50)                                 | 00:00:03<br>00:00:00 | 00:12:27<br>00:12:24 | 00:16:10<br>00:16:07 | 00:20:58<br>00:20:55 | 00:21:09<br>00:21:06 | 00:33:36<br>00:33:34 | 00:37:21<br>00:37:18 | 00:41:59<br>00:41:56 | 00:42:08<br>00:42:05 |
| 18  | 18     | 12    | 16    | 1296 | ΚΑΝΙΑΡΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1996 (M) SANTA RUNNING TEAM               | 00:00:02<br>00:00:00 | 00:12:12<br>00:12:11 | 00:15:52<br>00:15:51 | 00:20:39<br>00:20:38 | 00:20:51<br>00:20:50 | 00:33:33<br>00:33:32 | 00:37:19<br>00:37:18 | 00:42:01<br>00:42:00 | 00:42:10<br>00:42:09 |
| 19  | 19     | 13    | 17    | 1214 | ΠΑΠΑΖΟΓΛΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1990 (M)                                | 00:00:04<br>00:00:00 | 00:12:46<br>00:12:43 | 00:16:33<br>00:16:30 | 00:21:21<br>00:21:17 | 00:21:32<br>00:21:28 | 00:33:47<br>00:33:43 | 00:37:27<br>00:37:24 | 00:42:03<br>00:41:59 | 00:42:12<br>00:42:09 |
| 20  | 20     | 14    | 18    | 1261 | ΣΤΡΟΦΥΛΛΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1994 (M) ΠΑΝΩΛΕΝΙΑΚΟΣ ΚΑΡΑΤΟΥΛΑ         | 00:00:03<br>00:00:00 | 00:12:39<br>00:12:37 | 00:16:21<br>00:16:18 | 00:21:10<br>00:21:07 | 00:21:22<br>00:21:20 | 00:33:51<br>00:33:49 | 00:37:32<br>00:37:30 | 00:42:08<br>00:42:06 | 00:42:19<br>00:42:17 |
| 21  | 21     | 4     | 19    | 1233 | ΡΑΛΛΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1983 (M40)                                  | 00:00:05<br>00:00:00 | 00:13:17<br>00:13:13 | 00:17:13<br>00:17:08 | 00:22:10<br>00:22:06 | 00:22:22<br>00:22:17 | 00:34:56<br>00:34:52 | 00:38:25<br>00:38:21 | 00:42:33<br>00:42:29 | 00:42:44<br>00:42:40 |
| 22  | 22     | 15    | 20    | 1077 | ΓΑΛΑΝΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1989 (M) vaskos training                    | 00:00:08<br>00:00:00 | 00:12:41<br>00:12:34 | 00:16:30<br>00:16:23 | 00:21:27<br>00:21:20 | 00:21:39<br>00:21:32 | 00:34:07<br>00:34:00 | 00:37:55<br>00:37:48 | 00:42:38<br>00:42:31 | 00:42:46<br>00:42:39 |
| 23  | 23     | 5     | 21    | 1018 | ΔΗΜΑΚΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1979 (M40)                                | 00:00:00<br>00:00:00 | 00:12:30<br>00:12:30 | 00:16:18<br>00:16:18 | 00:21:07<br>00:21:07 | 00:21:19<br>00:21:19 | 00:33:54<br>00:33:54 | 00:37:41<br>00:37:41 | 00:42:37<br>00:42:37 | 00:42:48<br>00:42:48 |
| 24  | 24     | 16    | 22    | 1120 | ΚΑΜΟΛΙΝΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1986 (M) Runwithathanasia                | 00:00:04<br>00:00:00 | 00:12:37<br>00:12:34 | 00:16:25<br>00:16:22 | 00:21:22<br>00:21:19 | 00:21:34<br>00:21:31 | 00:34:08<br>00:34:05 | 00:37:56<br>00:37:53 | 00:42:45<br>00:42:42 | 00:42:55<br>00:42:52 |
| 25  | 25     | 17    | 23    | 1193 | ΜΠΙΡΜΠΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1998 (M)                                | 00:00:02<br>00:00:00 | 00:12:39<br>00:12:38 | 00:16:19<br>00:16:17 | 00:21:08<br>00:21:06 | 00:21:20<br>00:21:18 | 00:34:14<br>00:34:12 | 00:38:06<br>00:38:04 | 00:42:55<br>00:42:53 | 00:43:02<br>00:43:00 |
| 26  | 26     | 2     | 24    | 1316 | ΠΡΕΒΕΖΙΑΝΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1966 (M50) los vathros                  | 00:00:03<br>00:00:00 | 00:12:47<br>00:12:45 | 00:16:40<br>00:16:38 | 00:21:41<br>00:21:38 | 00:21:53<br>00:21:50 | 00:34:58<br>00:34:56 | 00:38:49<br>00:38:46 | 00:43:35<br>00:43:32 | 00:43:45<br>00:43:43 |
| 27  | 27     | 2     | 3     | 1322 | ΚΑΜΑΡΙΝΟΥ ΛΟΥΙΖΑ Γυναίκα - 1975 (F40) Los Vathros                    | 00:00:00<br>00:00:00 | 00:12:46<br>00:12:46 | 00:16:40<br>00:16:40 | 00:21:41<br>00:21:41 | 00:21:53<br>00:21:53 | 00:35:03<br>00:35:03 | 00:38:54<br>00:38:54 | 00:43:38<br>00:43:38 | 00:43:48<br>00:43:48 |
| 28  | 28     | 3     | 25    | 1177 | ΜΑΣΤΟΡΟΠΟΥΛΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1966 (M50) Α.Ο. ΓΛΥΚΩΝ ΝΕΡΩΝ        | 00:00:00<br>00:00:00 | 00:12:36<br>00:12:36 | 00:16:24<br>00:16:24 | 00:21:21<br>00:21:21 | 00:21:34<br>00:21:34 | 00:34:44<br>00:34:44 | 00:38:39<br>00:38:39 | 00:43:39<br>00:43:39 | 00:43:50<br>00:43:50 |
| 29  | 29     | 18    | 26    | 1250 | ΣΟΦΙΑΝΟΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1987 (M) RunningProjectTeam             | 00:00:03<br>00:00:00 | 00:13:05<br>00:13:03 | 00:17:00<br>00:16:58 | 00:22:03<br>00:22:00 | 00:22:14<br>00:22:12 | 00:34:57<br>00:34:55 | 00:38:48<br>00:38:46 | 00:43:43<br>00:43:40 | 00:43:53<br>00:43:51 |
| 30  | 30     | 3     | 4     | 1270 | ΤΣΑΝΤΗΛΑ ΕΛΕΝΗ Γυναίκα - 1983 (F40) L-Crew                           | 00:00:02<br>00:00:00 | 00:13:06<br>00:13:04 | 00:16:59<br>00:16:57 | 00:22:00<br>00:21:58 | 00:22:11<br>00:22:09 | 00:35:04<br>00:35:02 | 00:38:56<br>00:38:54 | 00:43:50<br>00:43:48 | 00:44:00<br>00:43:58 |
| 31  | 31     | 1     | 5     | 1092 | ΔΕΛΗΓΕΩΡΓΗ ΒΙΚΥ Γυναίκα - 1971 (F50) CGS triathlon club              | 00:00:00<br>00:00:00 | 00:13:22<br>00:13:22 | 00:17:23<br>00:17:23 | 00:22:28<br>00:22:28 | 00:22:42<br>00:22:42 | 00:35:30<br>00:35:30 | 00:39:13<br>00:39:13 | 00:43:53<br>00:43:53 | 00:44:02<br>00:44:02 |
| 32  | 32     | 4     | 27    | 1013 | ΘΕΟΔΩΡΟΥ ΣΠΥΡΟΣ Άνδρας - 1968 (M50) GU ENERGY GREECE                 | 00:00:00<br>00:00:00 | 00:12:31<br>00:12:31 | 00:16:19<br>00:16:19 | 00:21:18<br>00:21:18 | 00:21:29<br>00:21:29 | 00:34:52<br>00:34:52 | 00:38:53<br>00:38:53 | 00:43:53<br>00:43:53 | 00:44:03<br>00:44:03 |
| 33  | 33     | 5     | 28    | 1072 | ΒΛΑΧΟΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1969 (M50) ROUSSOS TEAM                    | 00:00:11<br>00:00:00 | 00:13:32<br>00:13:22 | 00:17:29<br>00:17:19 | 00:22:32<br>00:22:21 | 00:22:44<br>00:22:33 | 00:35:36<br>00:35:26 | 00:39:25<br>00:39:15 | 00:44:13<br>00:44:03 | 00:44:24<br>00:44:13 |
| 34  | 34     | 19    | 29    | 1330 | Άνδρας - 2024 (M)                                                    | 00:00:05<br>00:00:00 | 00:13:14<br>00:13:09 | 00:16:57<br>00:16:52 | 00:21:54<br>00:21:49 | 00:22:05<br>00:22:00 | 00:35:33<br>00:35:28 | 00:39:30<br>00:39:25 | 00:44:17<br>00:44:12 | 00:44:27<br>00:44:22 |
| 35  | 35     | 6     | 30    | 1020 | ΧΑΛΚΙΔΙΣ ΡΕΤΡΟΣ Άνδρας - 1983 (M40) DRC Athens                       | 00:00:04<br>00:00:00 | 00:13:15<br>00:13:12 | 00:17:18<br>00:17:15 | 00:22:34<br>00:22:31 | 00:22:47<br>00:22:43 | 00:35:58<br>00:35:55 | 00:39:53<br>00:39:49 | 00:44:39<br>00:44:35 | 00:44:49<br>00:44:45 |
| 36  | 36     | 7     | 31    | 1268 | ΤΡΟΥΣΑΣ ΓΙΑΝΝΗΣ Άνδρας - 1981 (M40) L-crew                           | 00:00:02<br>00:00:00 | 00:12:54<br>00:12:52 | 00:16:53<br>00:16:51 | 00:21:59<br>00:21:57 | 00:22:12<br>00:22:10 | 00:35:40<br>00:35:38 | 00:39:44<br>00:39:42 | 00:44:52<br>00:44:50 | 00:45:03<br>00:45:01 |
| 37  | 37     | 20    | 32    | 1138 | ΚΕΠΕΡΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1994 (M) ΡΟΔΟΣ                           | 00:00:05<br>00:00:00 | 00:13:00<br>00:12:55 | 00:17:03<br>00:16:59 | 00:22:14<br>00:22:10 | 00:22:25<br>00:22:21 | 00:36:00<br>00:35:55 | 00:39:55<br>00:39:51 | 00:45:02<br>00:44:57 | 00:45:12<br>00:45:07 |
| 38  | 38     | 6     | 33    | 1165 | ΛΕΜΠΕΣΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1971 (M50) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ          | 00:00:11<br>00:00:00 | 00:13:38<br>00:13:27 | 00:17:36<br>00:17:25 | 00:22:44<br>00:22:33 | 00:22:57<br>00:22:46 | 00:36:22<br>00:36:11 | 00:40:13<br>00:40:03 | 00:45:06<br>00:44:56 | 00:45:17<br>00:45:07 |
| 39  | 39     | 21    | 34    | 1174 | ΜΑΝΔΑΛΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1991 (M)                                  | 00:00:04<br>00:00:00 | 00:12:47<br>00:12:44 | 00:16:38<br>00:16:35 | 00:21:47<br>00:21:44 | 00:21:59<br>00:21:56 | 00:35:34<br>00:35:31 | 00:39:44<br>00:39:41 | 00:45:09<br>00:45:06 | 00:45:20<br>00:45:17 |

| A/A | Σειρά  | Σειρά | Σειρά | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)                                              | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|--------|-------|-------|------|---------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| ά   | /Ηλικ. | /Φύλο |       |      | Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο                                    |                      |                      |                      |                      |                      |                      |                      |                      |                      |
| 40  | 40     | 7     | 35    | 1298 | ΑΠΟΣΤΟΛΟΥ ΣΠΥΡΟΣ Άνδρας - 1968 (M50) ΑΠΣ ΤΕΛΜΗΣΣΟΣ                        | 00:00:00<br>00:00:00 | 00:13:16<br>00:13:16 | 00:17:14<br>00:17:14 | 00:22:24<br>00:22:24 | 00:22:36<br>00:22:36 | 00:36:16<br>00:36:16 | 00:40:13<br>00:40:13 | 00:45:14<br>00:45:14 | 00:45:28<br>00:45:28 |
| 41  | 41     | 1     | 36    | 1310 | ΠΡΕΒΕΖΙΑΝΟΣ ΛΑΖΑΡΟΣ Άνδρας - 1963 (M60) Los vathros                       | 00:00:03<br>00:00:00 | 00:13:22<br>00:13:19 | 00:17:27<br>00:17:25 | 00:22:49<br>00:22:46 | 00:23:02<br>00:22:59 | 00:36:14<br>00:36:12 | 00:40:18<br>00:40:15 | 00:45:25<br>00:45:22 | 00:45:36<br>00:45:33 |
| 42  | 42     | 22    | 37    | 1161 | ΚΩΝΣΤΑΝΤΙΝΙΔΗΣ ΓΕΡΑΣΙΜΟΣ Άνδρας - 1986 (M)                                | 00:00:00<br>00:00:00 | 00:13:36<br>00:13:36 | 00:17:37<br>00:17:37 | 00:22:47<br>00:22:47 | 00:23:00<br>00:23:00 | 00:36:26<br>00:36:26 | 00:40:24<br>00:40:24 | 00:45:27<br>00:45:27 | 00:45:37<br>00:45:37 |
| 43  | 43     | 8     | 38    | 1056 | ΑΝΤΩΝΑΚΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1968 (M50) ΣΔΥΑ                              | 00:00:00<br>00:00:00 | 00:13:14<br>00:13:14 | 00:17:15<br>00:17:15 | 00:22:22<br>00:22:22 | 00:22:33<br>00:22:33 | 00:36:19<br>00:36:19 | 00:40:23<br>00:40:23 | 00:45:36<br>00:45:36 | 00:45:47<br>00:45:47 |
| 44  | 44     | 23    | 39    | 1234 | ΡΑΦΤΟΠΟΥΛΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1995 (M)                                   | 00:00:03<br>00:00:00 | 00:12:46<br>00:12:43 | 00:16:47<br>00:16:44 | 00:21:58<br>00:21:55 | 00:22:11<br>00:22:08 | 00:36:21<br>00:36:18 | 00:40:28<br>00:40:26 | 00:45:45<br>00:45:43 | 00:45:58<br>00:45:55 |
| 45  | 45     | 8     | 40    | 1239 | ΣΑΚΕΛΛΑΡΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1977 (M40)                                  | 00:00:00<br>00:00:00 | 00:13:18<br>00:13:18 | 00:17:17<br>00:17:17 | 00:22:28<br>00:22:28 | 00:22:41<br>00:22:41 | 00:36:41<br>00:36:41 | 00:40:53<br>00:40:53 | 00:46:05<br>00:46:05 | 00:46:17<br>00:46:17 |
| 46  | 46     | 2     | 6     | 1266 | ΤΟΥΡΝΑΤΖΗ ΕΥΑΓΓΕΛΙΑ Γυναίκα - 1987 (F)                                    | 00:00:07<br>00:00:00 | 00:13:54<br>00:13:48 | 00:18:03<br>00:17:56 | 00:23:20<br>00:23:13 | 00:23:32<br>00:23:25 | 00:37:03<br>00:36:56 | 00:41:09<br>00:41:02 | 00:46:07<br>00:46:00 | 00:46:17<br>00:46:10 |
| 47  | 47     | 9     | 41    | 1029 | ΝΙΚΟΛΑΡΑΣ ΣΟΤΙΡΙΣ Άνδρας - 1982 (M40) Peak Performance Team               | 00:00:04<br>00:00:00 | 00:13:17<br>00:13:13 | 00:17:24<br>00:17:20 | 00:22:44<br>00:22:40 | 00:22:56<br>00:22:52 | 00:36:56<br>00:36:52 | 00:41:00<br>00:40:56 | 00:46:13<br>00:46:09 | 00:46:25<br>00:46:21 |
| 48  | 48     | 10    | 42    | 1167 | ΛΕΝΤΖΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1978 (M40)                                     | 00:00:09<br>00:00:00 | 00:14:02<br>00:13:54 | 00:18:06<br>00:17:58 | 00:23:22<br>00:23:14 | 00:23:35<br>00:23:26 | 00:37:10<br>00:37:02 | 00:41:11<br>00:41:02 | 00:46:17<br>00:46:09 | 00:46:29<br>00:46:20 |
| 49  | 49     | 2     | 43    | 1285 | ΧΑΡΑΤΣΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1962 (M60) LOS VATHROS                        | 00:00:03<br>00:00:00 | 00:13:22<br>00:13:20 | 00:17:28<br>00:17:25 | 00:22:51<br>00:22:48 | 00:23:04<br>00:23:02 | 00:37:08<br>00:37:06 | 00:41:22<br>00:41:19 | 00:46:47<br>00:46:45 | 00:46:59<br>00:46:57 |
| 50  | 50     | 24    | 44    | 1011 | ΛΟΥCΙΑΝΟ ΒΑΝΑΙ Άνδρας - 1987 (M) Σύλλογος δρομέων υγείας αθήνας           | 00:00:04<br>00:00:00 | 00:13:54<br>00:13:50 | 00:18:02<br>00:17:58 | 00:23:19<br>00:23:15 | 00:23:32<br>00:23:29 | 00:37:33<br>00:37:29 | 00:41:41<br>00:41:37 | 00:46:54<br>00:46:51 | 00:47:06<br>00:47:02 |
| 51  | 51     | 11    | 45    | 1197 | ΝΙΚΗΤΑΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1979 (M40) Ofka AP running team                | 00:00:06<br>00:00:00 | 00:13:45<br>00:13:39 | 00:17:56<br>00:17:50 | 00:23:23<br>00:23:17 | 00:23:36<br>00:23:30 | 00:37:33<br>00:37:27 | 00:41:41<br>00:41:35 | 00:47:04<br>00:46:58 | 00:47:15<br>00:47:09 |
| 52  | 52     | 12    | 46    | 1306 | ΚΟΪΤΣΙΔΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1980 (M40)                                     | 00:00:05<br>00:00:00 | 00:13:52<br>00:13:47 | 00:17:59<br>00:17:54 | 00:23:27<br>00:23:23 | 00:23:41<br>00:23:36 | 00:37:52<br>00:37:47 | 00:42:01<br>00:41:56 | 00:47:14<br>00:47:09 | 00:47:25<br>00:47:20 |
| 53  | 53     | 3     | 7     | 1196 | ΝΑΚΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1994 (F)                                          | 00:00:10<br>00:00:00 | 00:13:54<br>00:13:45 | 00:18:07<br>00:17:57 | 00:23:32<br>00:23:22 | 00:23:45<br>00:23:35 | 00:37:51<br>00:37:42 | 00:42:01<br>00:41:51 | 00:47:21<br>00:47:11 | 00:47:34<br>00:47:24 |
| 54  | 54     | 13    | 47    | 1227 | ΠΙΤΑΡΟΚΟΙΛΗΣ ΣΟΦΟΚΛΗΣ Άνδρας - 1978 (M40)                                 | 00:00:19<br>00:00:00 | 00:15:10<br>00:14:51 | 00:19:22<br>00:19:04 | 00:24:47<br>00:24:29 | 00:25:01<br>00:24:43 | 00:38:38<br>00:38:20 | 00:42:34<br>00:42:15 | 00:47:25<br>00:47:07 | 00:47:37<br>00:47:18 |
| 55  | 55     | 1     | 8     | 1178 | ΜΑΥΡΟΜΜΑΤΗ ΒΙΟΛΕΤΤΑ Γυναίκα - 1964 (F60) sciencetraining.gr               | 00:00:03<br>00:00:00 | 00:13:42<br>00:13:40 | 00:17:56<br>00:17:54 | 00:23:25<br>00:23:23 | 00:23:39<br>00:23:37 | 00:37:48<br>00:37:46 | 00:42:04<br>00:42:01 | 00:47:28<br>00:47:25 | 00:47:39<br>00:47:36 |
| 56  | 56     | 9     | 48    | 1132 | ΚΑΤΣΑΡΕΛΙΑΣ ΛΕΩΝΙΔΑΣ Άνδρας - 1974 (M50) ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ              | 00:00:05<br>00:00:00 | 00:13:56<br>00:13:52 | 00:18:09<br>00:18:04 | 00:23:35<br>00:23:31 | 00:23:49<br>00:23:44 | 00:37:49<br>00:37:45 | 00:42:05<br>00:42:01 | 00:47:31<br>00:47:27 | 00:47:43<br>00:47:39 |
| 57  | 57     | 14    | 49    | 1017 | ΠΑΠΑΔΟΠΟΥΛΟΣ ANDREAS Άνδρας - 1980 (M40)                                  | 00:00:00<br>00:00:00 | 00:13:33<br>00:13:33 | 00:17:49<br>00:17:49 | 00:23:27<br>00:23:27 | 00:23:42<br>00:23:42 | 00:37:55<br>00:37:55 | 00:42:14<br>00:42:14 | 00:47:40<br>00:47:40 | 00:47:52<br>00:47:52 |
| 58  | 58     | 15    | 50    | 1040 | ΤΑΛΙΟΣ ΑΙΜΙΛΙΑΝΟΣ Άνδρας - 1981 (M40) ACEMAN TEAM                         | 00:00:05<br>00:00:00 | 00:13:20<br>00:13:16 | 00:17:38<br>00:17:34 | 00:23:06<br>00:23:01 | 00:23:19<br>00:23:14 | 00:38:10<br>00:38:06 | 00:42:34<br>00:42:30 | 00:47:46<br>00:47:42 | 00:47:59<br>00:47:55 |
| 59  | 59     | 25    | 51    | 1299 | ΓΙΑΝΝΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1993 (M) The running project team               | 00:00:03<br>00:00:00 | 00:14:12<br>00:14:09 | 00:18:30<br>00:18:28 | 00:24:09<br>00:24:06 | 00:24:22<br>00:24:20 | 00:38:33<br>00:38:30 | 00:42:37<br>00:42:34 | 00:47:50<br>00:47:47 | 00:48:02<br>00:48:00 |
| 60  | 60     | 16    | 52    | 1076 | ΓΑΒΡΙΛΗΣ ΒΑΓΓΕΛΗΣ Άνδρας - 1977 (M40)                                     | 00:00:07<br>00:00:00 | 00:13:58<br>00:13:52 | 00:18:06<br>00:18:00 | 00:23:32<br>00:23:26 | 00:23:47<br>00:23:41 | 00:38:20<br>00:38:14 | 00:42:29<br>00:42:22 | 00:47:52<br>00:47:46 | 00:48:03<br>00:47:57 |
| 61  | 61     | 4     | 9     | 1312 | ΜΟΥΑΪΜΗ ΝΙΚΟΛΙΝΑ Γυναίκα - 1977 (F40) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ                | 00:00:11<br>00:00:00 | 00:14:04<br>00:13:53 | 00:18:15<br>00:18:05 | 00:23:42<br>00:23:31 | 00:23:56<br>00:23:45 | 00:38:19<br>00:38:08 | 00:42:33<br>00:42:23 | 00:47:55<br>00:47:44 | 00:48:07<br>00:47:56 |
| 62  | 62     | 1     | 53    | 1186 | ΜΟΥΡΕΛΑΤΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1954 (M70+) ΣΕΒΑΣ                            | 00:00:03<br>00:00:00 | 00:13:59<br>00:13:56 | 00:18:16<br>00:18:14 | 00:23:44<br>00:23:42 | 00:23:58<br>00:23:55 | 00:38:22<br>00:38:20 | 00:42:38<br>00:42:36 | 00:47:55<br>00:47:53 | 00:48:07<br>00:48:05 |
| 63  | 63     | 17    | 54    | 1244 | ΣΑΧΠΑΖΟΓΛΟΥ ΜΙΧΑΗΛΗΣ Άνδρας - 1980 (M40) MOTOROIL RUNNING TEAM            | 00:00:17<br>00:00:00 | 00:14:34<br>00:14:17 | 00:18:51<br>00:18:34 | 00:24:27<br>00:24:10 | 00:24:41<br>00:24:24 | 00:38:54<br>00:38:37 | 00:43:04<br>00:42:47 | 00:48:16<br>00:47:59 | 00:48:25<br>00:48:08 |
| 64  | 64     | 4     | 10    | 1070 | ΒΙΤΣΟΥ ΝΕΦΕΛΗ Γυναίκα - 2009 (F) ΓΥΜΝΑΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΚΕΡΚΥΡΑΣ 2018       | 00:00:00<br>00:00:00 | 00:13:26<br>00:13:26 | 00:17:36<br>00:17:36 | 00:23:06<br>00:23:06 | 00:23:19<br>00:23:19 | 00:38:52<br>00:38:52 | 00:43:10<br>00:43:10 | 00:48:15<br>00:48:15 | 00:48:25<br>00:48:25 |
| 65  | 65     | 5     | 11    | 1144 | ΚΟΚΟΥΛΑ ΣΤΕΛΛΑ Γυναίκα - 1980 (F40) Παλληνιοι Δρομεις                     | 00:00:04<br>00:00:00 | 00:14:08<br>00:14:05 | 00:18:21<br>00:18:17 | 00:23:48<br>00:23:44 | 00:24:02<br>00:23:58 | 00:39:03<br>00:38:59 | 00:43:13<br>00:43:09 | 00:48:34<br>00:48:30 | 00:48:50<br>00:48:46 |
| 66  | 66     | 10    | 55    | 1109 | ΘΑΝΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1971 (M50) L-CREW                                | 00:00:04<br>00:00:00 | 00:14:15<br>00:14:12 | 00:18:38<br>00:18:34 | 00:24:19<br>00:24:15 | 00:24:32<br>00:24:28 | 00:38:33<br>00:38:30 | 00:42:55<br>00:42:52 | 00:48:39<br>00:48:35 | 00:48:51<br>00:48:47 |
| 67  | 67     | 26    | 56    | 1021 | ΦΟΤΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1991 (M) F-Running Team                  | 00:00:07<br>00:00:00 | 00:14:20<br>00:14:13 | 00:19:03<br>00:18:56 | 00:24:42<br>00:24:35 | 00:24:56<br>00:24:49 | 00:39:33<br>00:39:26 | 00:43:42<br>00:43:36 | 00:48:42<br>00:48:35 | 00:48:53<br>00:48:46 |
| 68  | 68     | 11    | 57    | 1191 | ΜΠΕΝΕΤΑΤΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1974 (M50)                                    | 00:00:13<br>00:00:00 | 00:14:55<br>00:14:42 | 00:19:17<br>00:19:05 | 00:25:01<br>00:24:49 | 00:25:16<br>00:25:03 | 00:39:22<br>00:39:10 | 00:43:35<br>00:43:23 | 00:48:48<br>00:48:36 | 00:49:00<br>00:48:48 |
| 69  | 69     | 18    | 58    | 1113 | ΙΑΤΡΟΥ ΜΙΧΑΗΛΗΣ Άνδρας - 1983 (M40) Σύλλογος δρομέων υγείας Αθήνας        | 00:00:05<br>00:00:00 | 00:12:48<br>00:12:44 | 00:17:07<br>00:17:03 | 00:22:38<br>00:22:34 | 00:22:52<br>00:22:47 | 00:37:39<br>00:37:34 | 00:42:39<br>00:42:34 | 00:48:49<br>00:48:45 | 00:49:04<br>00:49:00 |
| 70  | 70     | 19    | 59    | 1280 | ΦΛΩΡΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1975 (M40) L-CREW                                | 00:00:02<br>00:00:00 | 00:13:55<br>00:13:54 | 00:18:18<br>00:18:17 | 00:24:02<br>00:24:01 | 00:24:16<br>00:24:15 | 00:39:00<br>00:38:59 | 00:43:37<br>00:43:36 | 00:49:25<br>00:49:24 | 00:49:37<br>00:49:36 |
| 71  | 71     | 2     | 12    | 1012 | ΑΝΑΣΤΑΣΟΠΟΥΛΟΥ ΙΩΑΝΝΑ Γυναίκα - 1974 (F50) Σύλλογος δρομέων υγείας αθήνας | 00:00:04<br>00:00:00 | 00:14:34<br>00:14:31 | 00:18:54<br>00:18:50 | 00:24:31<br>00:24:27 | 00:24:45<br>00:24:41 | 00:39:35<br>00:39:31 | 00:43:57<br>00:43:53 | 00:49:42<br>00:49:39 | 00:49:54<br>00:49:50 |
| 72  | 72     | 27    | 60    | 1206 | ΟΙΚΟΝΟΜΟΠΟΥΛΟΣ ΑΛΕΞΗΣ Άνδρας - 1993 (M)                                   | 00:00:07<br>00:00:00 | 00:14:13<br>00:14:06 | 00:18:33<br>00:18:27 | 00:24:19<br>00:24:12 | 00:24:32<br>00:24:26 | 00:39:44<br>00:39:37 | 00:44:11<br>00:44:05 | 00:49:47<br>00:49:40 | 00:49:58<br>00:49:52 |
| 73  | 73     | 28    | 61    | 1286 | ΧΟΧΛΟΒ ΓΙΑΝΝΗΣ Άνδρας - 1987 (M)                                          | 00:00:08<br>00:00:00 | 00:14:21<br>00:14:13 | 00:18:39<br>00:18:31 | 00:24:19<br>00:24:11 | 00:24:33<br>00:24:25 | 00:39:44<br>00:39:36 | 00:44:11<br>00:44:03 | 00:49:52<br>00:49:44 | 00:50:04<br>00:49:56 |
| 74  | 74     | 29    | 62    | 1175 | ΜΑΡΑΓΚΑΚΗΣ ΑΛΚΗΣ Άνδρας - 1990 (M) Triathlon Academy                      | 00:00:21<br>00:00:00 | 00:15:46<br>00:15:25 | 00:20:13<br>00:19:53 | 00:25:52<br>00:25:32 | 00:26:06<br>00:25:46 | 00:40:21<br>00:40:01 | 00:44:31<br>00:44:11 | 00:49:55<br>00:49:35 | 00:50:08<br>00:49:47 |
| 75  | 75     | 20    | 63    | 1288 | ΧΡΙΣΤΟΦΟΡΙΔΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1978 (M40)                               | 00:00:22<br>00:00:00 | 00:16:15<br>00:15:53 | 00:20:40<br>00:20:19 | 00:26:34<br>00:26:13 | 00:26:47<br>00:26:26 | 00:40:53<br>00:40:32 | 00:44:58<br>00:44:36 | 00:50:06<br>00:49:45 | 00:50:17<br>00:49:55 |
| 76  | 76     | 21    | 64    | 1136 | ΚΑΤΣΙΦΩΤΗΣ ΤΑΣΟΣ Άνδρας - 1983 (M40)                                      | 00:00:11<br>00:00:00 | 00:14:59<br>00:14:48 | 00:19:25<br>00:19:14 | 00:25:10<br>00:24:59 | 00:25:24<br>00:25:13 | 00:40:11<br>00:40:00 | 00:44:32<br>00:44:22 | 00:50:12<br>00:50:01 | 00:50:24<br>00:50:14 |
| 77  | 77     | 3     | 65    | 1117 | ΚΑΛΦΑΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1963 (M60)                                       | 00:00:13<br>00:00:00 | 00:14:43<br>00:14:30 | 00:19:08<br>00:18:56 | 00:24:45<br>00:24:33 | 00:25:00<br>00:24:48 | 00:40:23<br>00:40:11 | 00:44:54<br>00:44:42 | 00:50:31<br>00:50:18 | 00:50:44<br>00:50:32 |
| 78  | 78     | 5     | 13    | 1019 | ΑΛ ΚΗΑSHLOK HANIN Γυναίκα - 1998 (F)                                      | 00:00:03<br>00:00:00 | 00:14:11<br>00:14:08 | 00:18:58<br>00:18:56 | 00:25:13<br>00:25:10 | 00:25:27<br>00:25:24 | 00:40:38<br>00:40:35 | 00:45:03<br>00:45:00 | 00:50:35<br>00:50:33 | 00:50:47<br>00:50:44 |

| A/A | Σειρά<br>α | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο  | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|------------|-----------------|----------------|------|-------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 79  | 79         | 30              | 66             | 1173 | ΜΑΛΙΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1987 (M)                                      | 00:00:08<br>00:00:00 | 00:15:08<br>00:15:00 | 00:19:39<br>00:19:31 | 00:25:33<br>00:25:26 | 00:25:48<br>00:25:41 | 00:40:26<br>00:40:19 | 00:45:00<br>00:44:53 | 00:50:43<br>00:50:36 | 00:50:55<br>00:50:48 |
| 80  | 80         | 12              | 67             | 1110 | ΘΕΟΔΩΡΟΠΟΥΛΟΣ ΝΙΚΟΣ Άνδρας - 1965 (M50)<br>HELLENIQ ENERGY              | 00:00:07<br>00:00:00 | 00:15:07<br>00:15:01 | 00:19:39<br>00:19:32 | 00:25:33<br>00:25:27 | 00:25:48<br>00:25:41 | 00:40:26<br>00:40:19 | 00:45:00<br>00:44:54 | 00:50:43<br>00:50:37 | 00:50:55<br>00:50:49 |
| 81  | 81         | 22              | 68             | 1143 | ΚΟΚΚΙΝΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1977 (M40)                               | 00:00:10<br>00:00:00 | 00:15:17<br>00:15:08 | 00:19:53<br>00:19:43 | 00:25:34<br>00:25:25 | 00:25:48<br>00:25:39 | 00:40:58<br>00:40:49 | 00:45:35<br>00:45:26 | 00:50:54<br>00:50:44 | 00:51:05<br>00:50:56 |
| 82  | 82         | 4               | 69             | 1047 | ΑΓΓΕΛΗΣ ΣΤΥΛΙΑΝΟΣ Άνδρας - 1962 (M60)<br>ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΑΘΗΝΑΣ | 00:00:05<br>00:00:00 | 00:14:14<br>00:14:10 | 00:18:46<br>00:18:42 | 00:24:38<br>00:24:34 | 00:24:51<br>00:24:47 | 00:40:30<br>00:40:26 | 00:45:07<br>00:45:03 | 00:50:55<br>00:50:51 | 00:51:07<br>00:51:03 |
| 83  | 83         | 3               | 14             | 1309 | ΚΥΡΛΗ ΕΙΡΗΝΗ Γυναίκα - 1972 (F50) ΑΠΣ<br>ΤΕΛΜΗΣΣΟΣ                      | 00:00:02<br>00:00:00 | 00:15:02<br>00:15:00 | 00:19:31<br>00:19:29 | 00:25:27<br>00:25:26 | 00:25:43<br>00:25:41 | 00:41:03<br>00:41:02 | 00:45:31<br>00:45:29 | 00:50:57<br>00:50:56 | 00:51:10<br>00:51:08 |
| 84  | 84         | 23              | 70             | 1071 | ΒΛΑΧΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1977 (M40)                                      | 00:00:08<br>00:00:00 | 00:15:08<br>00:15:01 | 00:19:33<br>00:19:26 | 00:25:24<br>00:25:17 | 00:25:37<br>00:25:30 | 00:40:30<br>00:40:23 | 00:45:06<br>00:45:07 | 00:51:05<br>00:51:02 | 00:51:18<br>00:51:11 |
| 85  | 85         | 4               | 15             | 1315 | ΠΑΤΣΟΥΛΑΚΗ ΕΥΑΓΓΕΛΙΑ Γυναίκα - 1967 (F50)<br>Δρομείς ευβοίας            | 00:00:00<br>00:00:00 | 00:14:57<br>00:14:57 | 00:19:20<br>00:19:20 | 00:25:05<br>00:25:05 | 00:25:21<br>00:25:21 | 00:40:48<br>00:40:48 | 00:45:21<br>00:45:21 | 00:51:10<br>00:51:10 | 00:51:22<br>00:51:22 |
| 86  | 86         | 24              | 71             | 1252 | ΣΠΗΛΙΟΠΟΥΛΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1981 (M40)                                | 00:00:09<br>00:00:00 | 00:14:38<br>00:14:30 | 00:19:05<br>00:18:57 | 00:25:04<br>00:24:56 | 00:25:19<br>00:25:11 | 00:40:36<br>00:40:28 | 00:45:05<br>00:44:57 | 00:51:10<br>00:51:02 | 00:51:24<br>00:51:16 |
| 87  | 87         | 25              | 72             | 1100 | ΕΞΑΡΧΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1984 (M40)                                     | 00:00:11<br>00:00:00 | 00:14:57<br>00:14:47 | 00:19:31<br>00:19:21 | 00:25:34<br>00:25:24 | 00:25:49<br>00:25:39 | 00:41:12<br>00:41:02 | 00:45:47<br>00:45:37 | 00:51:15<br>00:51:05 | 00:51:26<br>00:51:16 |
| 88  | 88         | 31              | 73             | 1189 | ΜΠΕΛΛΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1992 (M) Helleniq<br>energy                    | 00:00:07<br>00:00:00 | 00:14:40<br>00:14:33 | 00:19:11<br>00:19:04 | 00:25:10<br>00:25:04 | 00:25:25<br>00:25:19 | 00:40:48<br>00:40:42 | 00:45:17<br>00:45:11 | 00:51:15<br>00:51:09 | 00:51:29<br>00:51:22 |
| 89  | 89         | 6               | 16             | 1003 | ΓΑΚΗ ΑΙΜΙΛΙΑ Γυναίκα - 1992 (F) Polias Runners                          | 00:00:11<br>00:00:00 | 00:15:32<br>00:15:21 | 00:20:07<br>00:19:56 | 00:26:04<br>00:25:53 | 00:26:17<br>00:26:07 | 00:41:17<br>00:41:06 | 00:45:48<br>00:45:38 | 00:51:23<br>00:51:12 | 00:51:34<br>00:51:24 |
| 90  | 90         | 32              | 74             | 1022 | GEORGAKOPOYLOS KONSTANTINOS Άνδρας -<br>1989 (M)                        | 00:00:13<br>00:00:00 | 00:16:10<br>00:15:58 | 00:20:56<br>00:20:44 | 00:27:04<br>00:26:52 | 00:27:18<br>00:27:05 | 00:42:13<br>00:42:01 | 00:46:23<br>00:46:11 | 00:51:24<br>00:51:12 | 00:51:36<br>00:51:24 |
| 91  | 91         | 2               | 17             | 1297 | HOLSCHER ESMERALDA Γυναίκα - 1964 (F60)                                 | 00:00:03<br>00:00:00 | 00:15:03<br>00:15:00 | 00:19:38<br>00:19:35 | 00:25:35<br>00:25:32 | 00:25:49<br>00:25:46 | 00:40:58<br>00:40:56 | 00:45:35<br>00:45:32 | 00:51:25<br>00:51:22 | 00:51:38<br>00:51:36 |
| 92  | 92         | 6               | 18             | 1218 | ΠΑΡΤΣΙΝΕΒΕΛΟΥ ANNA Γυναίκα - 1984 (F40)                                 | 00:00:25<br>00:00:00 | 00:15:34<br>00:15:09 | 00:20:10<br>00:19:45 | 00:26:04<br>00:25:39 | 00:26:17<br>00:25:53 | 00:41:17<br>00:40:53 | 00:45:52<br>00:45:27 | 00:51:28<br>00:51:03 | 00:51:41<br>00:51:16 |
| 93  | 93         | 26              | 75             | 1075 | ΓΑΒΡΙΗΛΟΓΛΟΥ ΑΛΕΞΗΣ Άνδρας - 1979 (M40)<br>Motor Oil Running Team       | 00:00:18<br>00:00:00 | 00:14:49<br>00:14:32 | 00:19:13<br>00:18:56 | 00:25:01<br>00:24:44 | 00:25:16<br>00:24:58 | 00:40:46<br>00:40:29 | 00:45:51<br>00:45:34 | 00:51:47<br>00:51:30 | 00:51:59<br>00:51:42 |
| 94  | 94         | 27              | 76             | 1156 | ΚΥΡΙΑΚΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1979 (M40)                                  | 00:00:05<br>00:00:00 | 00:14:57<br>00:14:53 | 00:19:27<br>00:19:23 | 00:25:20<br>00:25:16 | 00:25:35<br>00:25:31 | 00:41:47<br>00:41:42 | 00:46:15<br>00:46:10 | 00:52:18<br>00:52:13 | 00:52:32<br>00:52:27 |
| 95  | 95         | 28              | 77             | 1277 | ΤΣΟΥΠΑΚΗΣ ΜΑΚΗΣ Άνδρας - 1984 (M40)                                     | 00:00:05<br>00:00:00 | 00:15:16<br>00:15:12 | 00:20:00<br>00:19:56 | 00:26:05<br>00:26:01 | 00:26:20<br>00:26:16 | 00:42:02<br>00:41:58 | 00:46:43<br>00:46:39 | 00:52:22<br>00:52:18 | 00:52:35<br>00:52:31 |
| 96  | 96         | 7               | 19             | 1304 | ΚΑΡΟΥΣΗ ΔΗΜΗΤΡΑ Γυναίκα - 1979 (F40) ΣΕΒΑΣ<br>ΝΑΞΟΥ                     | 00:00:04<br>00:00:00 | 00:14:50<br>00:14:47 | 00:19:52<br>00:19:48 | 00:25:56<br>00:25:53 | 00:26:10<br>00:26:07 | 00:42:14<br>00:42:11 | 00:46:51<br>00:46:47 | 00:52:27<br>00:52:24 | 00:52:39<br>00:52:35 |
| 97  | 97         | 29              | 78             | 1192 | ΜΠΕΡΔΑΝΗΣ ΑΓΓΕΛΟΣ Άνδρας - 1981 (M40)                                   | 00:00:12<br>00:00:00 | 00:15:27<br>00:15:15 | 00:20:01<br>00:19:50 | 00:25:58<br>00:25:46 | 00:26:13<br>00:26:02 | 00:42:18<br>00:42:07 | 00:47:03<br>00:46:51 | 00:52:53<br>00:52:42 | 00:53:06<br>00:52:54 |
| 98  | 98         | 8               | 20             | 1082 | ΓΙΑΡΙΜΙΔΗ ΟΛΓΑ Γυναίκα - 1984 (F40) ΑΝΑΤΟΛΗ Ν.<br>ΙΩΝΙΑΣ                | 00:00:13<br>00:00:00 | 00:15:33<br>00:15:21 | 00:20:19<br>00:20:07 | 00:26:32<br>00:26:20 | 00:26:48<br>00:26:36 | 00:42:24<br>00:42:11 | 00:47:04<br>00:46:52 | 00:52:58<br>00:52:46 | 00:53:09<br>00:52:57 |
| 99  | 99         | 30              | 79             | 1190 | ΜΠΕΛΛΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1983 (M40)                                   | 00:00:09<br>00:00:00 | 00:15:26<br>00:15:18 | 00:20:16<br>00:20:08 | 00:26:37<br>00:26:29 | 00:26:52<br>00:26:44 | 00:42:51<br>00:42:43 | 00:47:26<br>00:47:18 | 00:53:10<br>00:53:02 | 00:53:22<br>00:53:14 |
| 100 | 100        | 31              | 80             | 1153 | ΚΟΥΤΣΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1976 (M40)                                | 00:00:16<br>00:00:00 | 00:16:16<br>00:16:01 | 00:20:53<br>00:20:38 | 00:26:54<br>00:26:39 | 00:27:08<br>00:26:52 | 00:42:13<br>00:41:58 | 00:47:07<br>00:46:52 | 00:53:22<br>00:53:06 | 00:53:35<br>00:53:20 |
| 101 | 101        | 13              | 81             | 1201 | ΝΟΥΣΙΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1967 (M50)                                    | 00:00:08<br>00:00:00 | 00:15:36<br>00:15:28 | 00:20:18<br>00:20:10 | 00:26:31<br>00:26:23 | 00:26:47<br>00:26:39 | 00:42:22<br>00:42:14 | 00:47:16<br>00:47:08 | 00:53:42<br>00:53:34 | 00:53:56<br>00:53:48 |
| 102 | 102        | 7               | 21             | 1049 | ΑΓΡΙΜΑΝΗ ΣΤΕΦΑΝΙΑ Γυναίκα - 1994 (F) L-Crew                             | 00:00:04<br>00:00:00 | 00:15:02<br>00:14:59 | 00:19:39<br>00:19:36 | 00:25:47<br>00:25:44 | 00:26:03<br>00:26:00 | 00:42:52<br>00:42:48 | 00:47:36<br>00:47:33 | 00:53:58<br>00:53:54 | 00:54:10<br>00:54:07 |
| 103 | 103        | 32              | 82             | 1158 | ΚΥΡΙΑΚΟΠΟΥΛΟΣ ΗΛΙΑΣ Άνδρας - 1984 (M40)                                 | 00:00:14<br>00:00:00 | 00:16:13<br>00:15:59 | 00:20:57<br>00:20:43 | 00:27:13<br>00:26:59 | 00:27:29<br>00:27:15 | 00:43:23<br>00:43:10 | 00:48:07<br>00:47:53 | 00:54:00<br>00:53:46 | 00:54:11<br>00:53:58 |
| 104 | 104        | 9               | 22             | 1164 | ΛΑΥΡΕΝΤΖΟΥ ΔΗΜΗΤΡΑ Γυναίκα - 1979 (F40)                                 | 00:00:03<br>00:00:00 | 00:15:29<br>00:15:27 | 00:20:24<br>00:20:22 | 00:26:33<br>00:26:31 | 00:26:47<br>00:26:45 | 00:43:20<br>00:43:17 | 00:48:10<br>00:48:07 | 00:54:07<br>00:54:05 | 00:54:19<br>00:54:17 |
| 105 | 105        | 10              | 23             | 1128 | ΚΑΡΑΝΤΑΝΗ-ΔΗΜΗΤΡΙΟΥ ΣΟΦΙΑ Γυναίκα - 1984<br>(F40) ΑΝΑΤΟΛΗ Ν. ΙΩΝΙΑΣ     | 00:00:13<br>00:00:00 | 00:15:34<br>00:15:21 | 00:20:20<br>00:20:07 | 00:26:32<br>00:26:20 | 00:26:48<br>00:26:36 | 00:43:03<br>00:42:51 | 00:48:00<br>00:47:48 | 00:54:17<br>00:54:05 | 00:54:28<br>00:54:16 |
| 106 | 106        | 11              | 24             | 1015 | ΝΙΚΟΛΑΪΔΟΥ ΕΥΑ Γυναίκα - 1981 (F40)                                     | 00:00:02<br>00:00:00 | 00:16:08<br>00:16:06 | 00:21:00<br>00:20:59 | 00:27:17<br>00:27:15 | 00:27:32<br>00:27:31 | 00:43:31<br>00:43:29 | 00:48:24<br>00:48:23 | 00:54:35<br>00:54:34 | 00:54:49<br>00:54:47 |
| 107 | 107        | 33              | 83             | 1147 | ΚΟΡΟΓΙΑΝΝΑΚΗΣ ΝΙΚΟΣ Άνδρας - 1979 (M40)<br>Σχολή Χατζήβεη Running Team  | 00:00:09<br>00:00:00 | 00:15:33<br>00:15:25 | 00:20:23<br>00:20:14 | 00:26:42<br>00:26:34 | 00:26:58<br>00:26:49 | 00:43:32<br>00:43:24 | 00:48:29<br>00:48:21 | 00:54:36<br>00:54:28 | 00:54:49<br>00:54:41 |
| 108 | 108        | 33              | 84             | 1016 | ΣΠΗΛΙΑΔΗΣ ΚΩΣΤΗΣ Άνδρας - 1985 (M)                                      | 00:00:02<br>00:00:00 | 00:16:08<br>00:16:06 | 00:21:00<br>00:20:59 | 00:27:17<br>00:27:15 | 00:27:32<br>00:27:30 | 00:43:31<br>00:43:30 | 00:48:25<br>00:48:23 | 00:54:35<br>00:54:34 | 00:54:50<br>00:54:48 |
| 109 | 109        | 34              | 85             | 1170 | ΜΑΘΙΟΥΔΑΚΗΣ ΗΛΙΑΣ Άνδρας - 1980 (M40)<br>ILIOULIS RUN TEAM              | 00:00:08<br>00:00:00 | 00:15:37<br>00:15:30 | 00:20:24<br>00:20:16 | 00:26:30<br>00:26:22 | 00:26:46<br>00:26:38 | 00:43:26<br>00:43:19 | 00:48:31<br>00:48:24 | 00:54:45<br>00:54:38 | 00:55:01<br>00:54:53 |
| 110 | 110        | 34              | 86             | 1257 | ΣΤΑΜΟΔΗΜΟΣ ΘΑΝΟΣ Άνδρας - 1988 (M) VASKOS<br>TRAINING                   | 00:00:04<br>00:00:00 | 00:16:56<br>00:16:52 | 00:21:58<br>00:21:54 | 00:28:38<br>00:28:34 | 00:28:53<br>00:28:50 | 00:44:40<br>00:44:37 | 00:49:06<br>00:49:03 | 00:54:50<br>00:54:47 | 00:55:02<br>00:54:59 |
| 111 | 111        | 35              | 87             | 1084 | ΓΚΑΡΑΓΚΟΥΝΗΣ ΑΧΙΛΛΕΑΣ Άνδρας - 1986 (M) L-<br>crew                      | 00:00:03<br>00:00:00 | 00:15:52<br>00:15:49 | 00:20:56<br>00:20:53 | 00:27:30<br>00:27:27 | 00:27:45<br>00:27:42 | 00:44:25<br>00:44:22 | 00:49:08<br>00:49:05 | 00:55:11<br>00:55:08 | 00:55:23<br>00:55:20 |
| 112 | 112        | 14              | 88             | 1119 | ΚΑΜΙΝΑΡΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1970 (M50) L-<br>crew                       | 00:00:09<br>00:00:00 | 00:16:14<br>00:16:06 | 00:21:11<br>00:21:03 | 00:27:30<br>00:27:22 | 00:27:45<br>00:27:37 | 00:44:24<br>00:44:16 | 00:49:21<br>00:49:12 | 00:55:18<br>00:55:09 | 00:55:30<br>00:55:22 |
| 113 | 113        | 5               | 89             | 1319 | ΤΣΙΑΜΠΟΥΡΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1957 (M60)<br>ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ       | 00:00:06<br>00:00:00 | 00:17:09<br>00:17:03 | 00:22:15<br>00:22:09 | 00:28:45<br>00:28:39 | 00:29:00<br>00:28:54 | 00:44:58<br>00:44:52 | 00:49:35<br>00:49:29 | 00:55:27<br>00:55:21 | 00:55:41<br>00:55:35 |
| 114 | 114        | 36              | 90             | 1200 | ΝΟΥΣΙΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 2010 (M)                                      | 00:00:09<br>00:00:00 | 00:15:36<br>00:15:27 | 00:20:18<br>00:20:10 | 00:26:31<br>00:26:23 | 00:26:47<br>00:26:39 | 00:44:29<br>00:44:21 | 00:49:27<br>00:49:19 | 00:55:35<br>00:55:27 | 00:55:47<br>00:55:39 |
| 115 | 115        | 12              | 25             | 1249 | ΣΟΥΛΤΑΝΗ ΣΤΑΥΡΟΥΛΑ Γυναίκα - 1983 (F40)                                 | 00:00:07<br>00:00:00 | 00:15:22<br>00:15:16 | 00:20:08<br>00:20:02 | 00:26:31<br>00:26:25 | 00:26:47<br>00:26:41 | 00:43:50<br>00:43:43 | 00:48:56<br>00:48:50 | 00:55:33<br>00:55:27 | 00:55:48<br>00:55:42 |
| 116 | 116        | 13              | 26             | 1220 | ΠΑΥΛΑΤΟΥ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1983 (F40)                                 | 00:00:03<br>00:00:00 | 00:16:09<br>00:16:07 | 00:21:01<br>00:20:59 | 00:27:29<br>00:27:26 | 00:27:45<br>00:27:43 | 00:44:30<br>00:44:28 | 00:49:27<br>00:49:25 | 00:55:42<br>00:55:39 | 00:55:55<br>00:55:52 |
| 117 | 117        | 35              | 91             | 1054 | ΑΛΕΞΑΝΔΡΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1981 (M40)                                  | 00:00:16<br>00:00:00 | 00:17:20<br>00:17:05 | 00:22:24<br>00:22:09 | 00:28:52<br>00:28:37 | 00:29:09<br>00:28:53 | 00:45:04<br>00:44:49 | 00:49:50<br>00:49:35 | 00:55:50<br>00:55:35 | 00:56:03<br>00:55:48 |

| A/A | Σειρά<br>α | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο  | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|------------|-----------------|----------------|------|-------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 118 | 118        | 8               | 27             | 1036 | PREGKA ANNA Γυναίκα - 1987 (F)                                          | 00:00:10<br>00:00:00 | 00:17:34<br>00:17:25 | 00:22:52<br>00:22:42 | 00:29:29<br>00:29:19 | 00:29:45<br>00:29:36 | 00:45:35<br>00:45:26 | 00:50:14<br>00:50:05 | 00:55:53<br>00:55:44 | 00:56:05<br>00:55:56 |
| 119 | 119        | 37              | 92             | 1124 | ΚΑΝΕΛΛΟΠΟΥΛΟΣ ΒΑΓΓΕΛΗΣ Άνδρας - 1994 (M)                                | 00:00:09<br>00:00:00 | 00:17:35<br>00:17:26 | 00:22:52<br>00:22:43 | 00:29:29<br>00:29:20 | 00:29:46<br>00:29:37 | 00:45:36<br>00:45:27 | 00:50:14<br>00:50:05 | 00:55:53<br>00:55:44 | 00:56:05<br>00:55:56 |
| 120 | 120        | 36              | 93             | 1320 | ΦΑΚΙΝΟΣ ΑΡΗΣ Άνδρας - 1976 (M40)                                        | 00:00:12<br>00:00:00 | 00:17:31<br>00:17:20 | 00:22:43<br>00:22:32 | 00:29:25<br>00:29:14 | 00:29:42<br>00:29:31 | 00:45:39<br>00:45:28 | 00:50:15<br>00:50:04 | 00:56:00<br>00:55:49 | 00:56:13<br>00:56:01 |
| 121 | 121        | 37              | 94             | 1050 | ΑΔΑΜΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1978 (M40)                                     | 00:00:07<br>00:00:00 | 00:16:48<br>00:16:42 | 00:21:59<br>00:21:53 | 00:28:39<br>00:28:33 | 00:28:55<br>00:28:49 | 00:45:19<br>00:45:12 | 00:50:08<br>00:50:02 | 00:56:20<br>00:56:14 | 00:56:35<br>00:56:29 |
| 122 | 122        | 38              | 95             | 1115 | ΚΑΛΑΝΤΖΗΣ ΟΔΥΣΣΕΑΣ Άνδρας - 1985 (M) ΣΔΥΑ                               | 00:00:24<br>00:00:00 | 00:16:49<br>00:16:26 | 00:21:47<br>00:21:24 | 00:28:07<br>00:27:44 | 00:28:24<br>00:28:01 | 00:45:19<br>00:44:56 | 00:50:04<br>00:49:41 | 00:56:26<br>00:56:03 | 00:56:39<br>00:56:16 |
| 123 | 123        | 38              | 96             | 1150 | ΚΟΥΡΟΣ ΖΑΧΑΡΙΑΣ Άνδρας - 1983 (M40) Helleniq<br>energy                  | 00:00:08<br>00:00:00 | 00:15:24<br>00:15:16 | 00:20:27<br>00:20:20 | 00:27:18<br>00:27:11 | 00:27:35<br>00:27:27 | 00:44:23<br>00:44:16 | 00:49:37<br>00:49:29 | 00:56:24<br>00:56:17 | 00:56:40<br>00:56:32 |
| 124 | 124        | 9               | 28             | 1052 | ΑΘΑΝΑΣΙΑΔΗ ΕΙΡΗΝΗ Γυναίκα - 1997 (F)                                    | 00:00:03<br>00:00:00 | 00:16:58<br>00:16:56 | 00:22:13<br>00:22:11 | 00:28:53<br>00:28:51 | 00:29:08<br>00:29:06 | 00:45:18<br>00:45:16 | 00:50:05<br>00:50:03 | 00:56:30<br>00:56:28 | 00:56:44<br>00:56:42 |
| 125 | 125        | 39              | 97             | 1195 | ΜΠΟΥΡΑΝΤΑΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1992 (M)                                 | 00:00:16<br>00:00:00 | 00:17:08<br>00:16:52 | 00:22:15<br>00:21:59 | 00:28:47<br>00:28:31 | 00:29:03<br>00:28:47 | 00:45:20<br>00:45:04 | 00:50:17<br>00:50:01 | 00:56:37<br>00:56:17 | 00:56:51<br>00:56:35 |
| 126 | 126        | 15              | 98             | 1046 | ΖΕΡΡΟΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1968 (M50)                                   | 00:00:06<br>00:00:00 | 00:16:16<br>00:16:11 | 00:21:10<br>00:21:05 | 00:27:35<br>00:27:30 | 00:27:50<br>00:27:44 | 00:45:01<br>00:44:55 | 00:50:13<br>00:50:08 | 00:56:53<br>00:56:48 | 00:57:08<br>00:57:03 |
| 127 | 127        | 10              | 29             | 1007 | ΣΟΥΡΛΑ ΦΕΝΙΑ Γυναίκα - 1991 (F) Polias Runners                          | 00:00:06<br>00:00:00 | 00:17:04<br>00:16:58 | 00:22:15<br>00:22:09 | 00:28:49<br>00:28:43 | 00:29:05<br>00:28:59 | 00:45:44<br>00:45:38 | 00:50:40<br>00:50:34 | 00:56:57<br>00:56:51 | 00:57:10<br>00:57:04 |
| 128 | 128        | 40              | 99             | 1169 | ΜΑΘΙΟΥΔΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1993 (M)                                   | 00:00:08<br>00:00:00 | 00:16:35<br>00:16:28 | 00:21:49<br>00:21:42 | 00:28:21<br>00:28:13 | 00:28:34<br>00:28:27 | 00:45:15<br>00:45:08 | 00:50:29<br>00:50:22 | 00:56:56<br>00:56:49 | 00:57:12<br>00:57:04 |
| 129 | 129        | 11              | 30             | 1111 | ΘΕΟΔΩΡΟΠΟΥΛΟΥ ΦΩΤΕΙΝΗ Γυναίκα - 1996 (F)                                | 00:00:12<br>00:00:00 | 00:16:51<br>00:16:39 | 00:21:48<br>00:21:37 | 00:28:26<br>00:28:14 | 00:28:42<br>00:28:30 | 00:45:48<br>00:45:36 | 00:50:41<br>00:50:29 | 00:57:00<br>00:56:48 | 00:57:12<br>00:57:01 |
| 130 | 130        | 39              | 100            | 1246 | ΣΙΟΛΟΣ ΣΠΥΡΟΣ Άνδρας - 1979 (M40)                                       | 00:00:14<br>00:00:00 | 00:16:39<br>00:16:26 | 00:21:34<br>00:21:20 | 00:28:05<br>00:27:51 | 00:28:20<br>00:28:07 | 00:45:20<br>00:45:06 | 00:50:31<br>00:50:17 | 00:57:09<br>00:56:55 | 00:57:24<br>00:57:10 |
| 131 | 131        | 40              | 101            | 1256 | ΣΤΑΘΕΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1978 (M40)                                 | 00:00:10<br>00:00:00 | 00:17:01<br>00:16:51 | 00:22:07<br>00:21:57 | 00:28:42<br>00:28:32 | 00:28:58<br>00:28:48 | 00:45:46<br>00:45:36 | 00:50:46<br>00:50:36 | 00:57:17<br>00:57:07 | 00:57:31<br>00:57:21 |
| 132 | 132        | 16              | 102            | 1216 | ΠΑΠΑΧΑΡΑΛΑΜΠΟΥΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1972<br>(M50) Kythira Runners         | 00:00:10<br>00:00:00 | 00:16:38<br>00:16:29 | 00:21:36<br>00:21:27 | 00:27:58<br>00:27:49 | 00:28:14<br>00:28:04 | 00:45:31<br>00:45:22 | 00:50:45<br>00:50:36 | 00:57:25<br>00:57:15 | 00:57:40<br>00:57:31 |
| 133 | 133        | 41              | 103            | 1126 | ΚΑΡΑΙΣΚΟΥ ΚΑΤΕΡΙΝΑ Άνδρας - 1995 (M)                                    | 00:00:25<br>00:00:00 | 00:17:00<br>00:16:36 | 00:22:09<br>00:21:45 | 00:28:48<br>00:28:24 | 00:29:05<br>00:28:41 | 00:45:37<br>00:45:13 | 00:51:07<br>00:50:43 | 00:57:34<br>00:57:10 | 00:57:48<br>00:57:24 |
| 134 | 134        | 42              | 104            | 1125 | ΚΑΡΑΙΣΚΟΥ ΕΥΑΝΘΙΑ Άνδρας - 1993 (M)                                     | 00:00:25<br>00:00:00 | 00:17:01<br>00:16:36 | 00:22:09<br>00:21:44 | 00:28:48<br>00:28:23 | 00:29:05<br>00:28:40 | 00:45:37<br>00:45:13 | 00:51:07<br>00:50:42 | 00:57:34<br>00:57:10 | 00:57:48<br>00:57:23 |
| 135 | 135        | 14              | 31             | 1269 | ΤΡΥΠΑΚΗ ΠΕΤΡΟΥΛΑ Γυναίκα - 1980 (F40)                                   | 00:00:07<br>00:00:00 | 00:16:08<br>00:16:02 | 00:21:10<br>00:21:03 | 00:27:52<br>00:27:46 | 00:28:07<br>00:28:01 | 00:45:37<br>00:45:31 | 00:50:57<br>00:50:51 | 00:57:39<br>00:57:33 | 00:57:55<br>00:57:48 |
| 136 | 136        | 41              | 105            | 1217 | ΠΑΡΑΣΚΕΥΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας -<br>1982 (M40)                     | 00:00:06<br>00:00:00 | 00:15:56<br>00:15:50 | 00:20:54<br>00:20:48 | 00:27:23<br>00:27:18 | 00:27:39<br>00:27:33 | 00:45:52<br>00:45:47 | 00:50:55<br>00:50:49 | 00:57:44<br>00:57:39 | 00:57:58<br>00:57:53 |
| 137 | 137        | 42              | 106            | 1065 | ΒΑΣΙΛΕΙΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1979 (M40)                                  | 00:00:07<br>00:00:00 | 00:17:19<br>00:17:13 | 00:22:44<br>00:22:37 | 00:29:27<br>00:29:20 | 00:29:43<br>00:29:37 | 00:46:02<br>00:45:56 | 00:51:08<br>00:51:02 | 00:57:46<br>00:57:39 | 00:58:01<br>00:57:55 |
| 138 | 138        | 43              | 107            | 1275 | ΤΣΟΥΝΗΣ ΘΟΔΩΡΗΣ Άνδρας - 1991 (M)                                       | 00:00:06<br>00:00:00 | 00:17:18<br>00:17:13 | 00:22:43<br>00:22:37 | 00:29:25<br>00:29:19 | 00:29:41<br>00:29:35 | 00:46:49<br>00:46:43 | 00:51:48<br>00:51:43 | 00:57:51<br>00:57:46 | 00:58:04<br>00:57:58 |
| 139 | 139        | 44              | 108            | 1245 | ΣΒΟΡΩΝΟΣ ΣΠΥΡΟΣ Άνδρας - 1990 (M)                                       | 00:00:18<br>00:00:00 | 00:17:40<br>00:17:22 | 00:22:51<br>00:22:34 | 00:29:26<br>00:29:08 | 00:29:43<br>00:29:25 | 00:46:50<br>00:46:32 | 00:51:49<br>00:51:31 | 00:58:01<br>00:57:43 | 00:58:12<br>00:57:54 |
| 140 | 140        | 17              | 109            | 1057 | ΑΡΧΟΝΤΙΔΗΣ ΝΙΚΟΣ Άνδρας - 1970 (M50)                                    | 00:00:09<br>00:00:00 | 00:16:58<br>00:16:49 | 00:22:10<br>00:22:01 | 00:28:55<br>00:28:46 | 00:29:12<br>00:29:03 | 00:46:50<br>00:46:41 | 00:51:36<br>00:51:27 | 00:58:00<br>00:57:51 | 00:58:12<br>00:58:03 |
| 141 | 141        | 6               | 110            | 2160 | ΔΗΜΟΠΟΥΛΟΣ ΚΥΡΙΑΚΟΣ Άνδρας - 1959 (M60)                                 | 00:00:06<br>00:00:00 | 00:18:30<br>00:18:25 | 00:23:50<br>00:23:45 | 00:30:29<br>00:30:24 | 00:30:45<br>00:30:39 | 00:46:27<br>00:46:21 | 00:51:45<br>00:51:39 | 00:58:02<br>00:57:56 | 00:58:15<br>00:58:09 |
| 142 | 142        | 45              | 111            | 1135 | ΚΑΤΣΙΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1986 (M) MPS                                   | 00:00:06<br>00:00:00 | 00:17:19<br>00:17:14 | 00:22:43<br>00:22:37 | 00:29:25<br>00:29:20 | 00:29:40<br>00:29:35 | 00:46:50<br>00:46:44 | 00:51:49<br>00:51:43 | 00:58:17<br>00:58:12 | 00:58:31<br>00:58:26 |
| 143 | 143        | 12              | 32             | 1051 | ΑΘΑΝΑΣΙΑΔΗ ΣΟΦΙΑ Γυναίκα - 1985 (F)                                     | 00:00:00<br>00:00:00 | 00:16:58<br>00:16:58 | 00:22:13<br>00:22:13 | 00:28:53<br>00:28:53 | 00:29:09<br>00:29:09 | 00:46:26<br>00:46:26 | 00:51:37<br>00:51:37 | 00:58:21<br>00:58:21 | 00:58:34<br>00:58:34 |
| 144 | 144        | 7               | 112            | 1301 | ΔΙΑΜΑΝΤΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1956 (M60) ΑΠΣ<br>ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ          | 00:00:18<br>00:00:00 | 00:17:59<br>00:17:41 | 00:23:16<br>00:22:58 | 00:29:56<br>00:29:38 | 00:30:13<br>00:29:56 | 00:47:10<br>00:46:53 | 00:52:01<br>00:51:44 | 00:58:21<br>00:58:04 | 00:58:36<br>00:58:19 |
| 145 | 145        | 5               | 33             | 1300 | ΓΚΕΚΑ ΜΑΡΙΑ Γυναίκα - 1972 (F50) ΑΠΣ ΑΘΗΝΑΙΟΙ<br>ΔΡΟΜΕΙΣ                | 00:00:18<br>00:00:00 | 00:18:01<br>00:17:43 | 00:23:16<br>00:22:58 | 00:29:56<br>00:29:39 | 00:30:13<br>00:29:55 | 00:47:11<br>00:46:53 | 00:52:02<br>00:51:45 | 00:58:22<br>00:58:04 | 00:58:36<br>00:58:18 |
| 146 | 146        | 13              | 34             | 1107 | ΖΗΚΟΥ ΦΙΛΙΠΠΙΑ Γυναίκα - 1988 (F) Mothersrunners                        | 00:00:11<br>00:00:00 | 00:17:40<br>00:17:30 | 00:22:59<br>00:22:49 | 00:29:40<br>00:29:30 | 00:29:56<br>00:29:46 | 00:47:05<br>00:46:55 | 00:52:18<br>00:52:08 | 00:58:48<br>00:58:38 | 00:59:03<br>00:58:53 |
| 147 | 147        | 43              | 113            | 1317 | ΣΕΛΛΗΣ ΜΑΡΚΟΣ Άνδρας - 1978 (M40)                                       | 00:00:19<br>00:00:00 | 00:18:36<br>00:18:18 | 00:23:56<br>00:23:38 | 00:30:44<br>00:30:25 | 00:31:00<br>00:30:42 | 00:48:31<br>00:48:13 | 00:53:24<br>00:53:05 | 00:58:54<br>00:58:36 | 00:59:05<br>00:58:47 |
| 148 | 148        | 6               | 35             | 1251 | ΣΠΑΝΟΥ ΕΙΡΗΝΗ Γυναίκα - 1974 (F50)                                      | 00:00:06<br>00:00:00 | 00:17:42<br>00:17:37 | 00:23:03<br>00:22:58 | 00:29:46<br>00:29:40 | 00:30:02<br>00:29:57 | 00:47:08<br>00:47:03 | 00:52:26<br>00:52:21 | 00:58:55<br>00:58:49 | 00:59:09<br>00:59:03 |
| 149 | 149        | 14              | 36             | 1073 | ΒΟΥΓΑΤΣΙΩΤΗ ΧΡΥΣΑΝΘΗ Γυναίκα - 1994 (F)                                 | 00:00:13<br>00:00:00 | 00:17:28<br>00:17:15 | 00:22:51<br>00:22:38 | 00:29:44<br>00:29:31 | 00:29:59<br>00:29:47 | 00:47:08<br>00:46:56 | 00:52:22<br>00:52:10 | 00:59:00<br>00:58:48 | 00:59:13<br>00:59:01 |
| 150 | 150        | 44              | 114            | 1293 | ΚΟΚΟΝΑΣ ΧΡΙΣΤΟΔΟΥΛΟΣ Άνδρας - 1975 (M40)<br>Polias Runners              | 00:00:21<br>00:00:00 | 00:18:46<br>00:18:25 | 00:24:14<br>00:23:53 | 00:31:27<br>00:31:06 | 00:31:43<br>00:31:22 | 00:49:05<br>00:48:44 | 00:53:41<br>00:53:20 | 00:59:02<br>00:58:41 | 00:59:15<br>00:58:54 |
| 151 | 151        | 15              | 37             | 1101 | ΕΥΑΓΓΕΛΙΟΥ ΧΡΙΣΤΙΝΑ Γυναίκα - 1994 (F) DRC<br>Athens                    | 00:00:04<br>00:00:00 | 00:17:20<br>00:17:16 | 00:22:49<br>00:22:46 | 00:29:57<br>00:29:54 | 00:30:13<br>00:30:10 | 00:47:33<br>00:47:29 | 00:52:44<br>00:52:41 | 00:59:10<br>00:59:07 | 00:59:24<br>00:59:21 |
| 152 | 152        | 45              | 115            | 1240 | ΣΑΜΑΡΑΣ ΒΑΓΓΕΛΗΣ Άνδρας - 1983 (M40)                                    | 00:00:19<br>00:00:00 | 00:18:36<br>00:18:18 | 00:23:56<br>00:23:38 | 00:30:44<br>00:30:25 | 00:31:01<br>00:30:43 | 00:48:31<br>00:48:13 | 00:53:24<br>00:53:06 | 00:59:27<br>00:59:08 | 00:59:37<br>00:59:19 |
| 153 | 153        | 18              | 116            | 1060 | ΒΑΛΚΑΝΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1972 (M50)                                 | 00:00:16<br>00:00:00 | 00:18:14<br>00:17:58 | 00:23:35<br>00:23:19 | 00:30:28<br>00:30:12 | 00:30:44<br>00:30:28 | 00:47:41<br>00:47:25 | 00:52:54<br>00:52:38 | 00:59:24<br>00:59:08 | 00:59:40<br>00:59:24 |
| 154 | 154        | 19              | 117            | 1058 | ΒΑΒΟΥΡΑΚΗΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1966 (M50)<br>ΕΤΑΙΡΕΙΑ ΓΕΥΣΗΝΟΥΣ ΑΒΕΕ     | 00:00:13<br>00:00:00 | 00:17:51<br>00:17:38 | 00:23:12<br>00:23:00 | 00:30:06<br>00:29:53 | 00:30:24<br>00:30:11 | 00:47:56<br>00:47:43 | 00:52:59<br>00:52:46 | 00:59:30<br>00:59:17 | 00:59:44<br>00:59:31 |
| 155 | 155        | 46              | 118            | 1102 | ΖΑΦΕΙΡΟΠΟΥΛΟΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1975<br>(M40) ΕΤΑΙΡΕΙΑ ΓΕΥΣΗΝΟΥΣ ΑΒΕΕ | 00:00:13<br>00:00:00 | 00:17:50<br>00:17:37 | 00:23:12<br>00:22:59 | 00:30:05<br>00:29:52 | 00:30:23<br>00:30:10 | 00:47:56<br>00:47:43 | 00:52:58<br>00:52:45 | 00:59:29<br>00:59:17 | 00:59:44<br>00:59:31 |
| 156 | 156        | 15              | 38             | 1282 | ΦΡΑΝΤΖΟΓΛΟΥ ΑΡΤΕΜΗΣΙΑ Γυναίκα - 1982 (F40)<br>L-crew                    | 00:00:08<br>00:00:00 | 00:16:27<br>00:16:19 | 00:22:04<br>00:21:56 | 00:28:40<br>00:28:33 | 00:28:57<br>00:28:49 | 00:47:23<br>00:47:15 | 00:52:52<br>00:52:45 | 00:59:41<br>00:59:34 | 00:59:56<br>00:59:49 |

| A/A | Σειρ<br>α | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|-----------|-----------------|----------------|------|------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 157 | 157       | 16              | 39             | 1181 | ΜΗΤΡΟΠΟΥΛΟΥ ΒΙΚΥ Γυναίκα - 1996 (F)                                    | 00:00:10<br>00:00:00 | 00:17:40<br>00:17:30 | 00:23:02<br>00:22:52 | 00:30:04<br>00:29:54 | 00:30:21<br>00:30:12 | 00:47:52<br>00:47:43 | 00:53:01<br>00:52:52 | 00:59:48<br>00:59:39 | 01:00:02<br>00:59:53 |
| 158 | 158       | 16              | 40             | 1122 | ΚΑΝΑΡΑΧΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1977 (F40)                                | 00:00:16<br>00:00:00 | 00:17:44<br>00:17:29 | 00:22:57<br>00:22:41 | 00:29:48<br>00:29:33 | 00:30:06<br>00:29:50 | 00:47:52<br>00:47:37 | 00:53:00<br>00:52:45 | 00:59:48<br>00:59:33 | 01:00:02<br>00:59:47 |
| 159 | 159       | 17              | 41             | 1163 | ΛΑΜΠΑΔΑΡΙΟΥ ΜΙΜΙΚΑ Γυναίκα - 1981 (F40) Energy lab                     | 00:00:15<br>00:00:00 | 00:18:26<br>00:18:11 | 00:23:40<br>00:23:25 | 00:30:27<br>00:30:12 | 00:30:43<br>00:30:28 | 00:48:29<br>00:48:15 | 00:53:32<br>00:53:18 | 00:59:50<br>00:59:36 | 01:00:05<br>00:59:51 |
| 160 | 160       | 20              | 119            | 1212 | ΠΑΠΑΔΟΠΟΥΛΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1971 (M50) Energy lab                    | 00:00:15<br>00:00:00 | 00:18:25<br>00:18:10 | 00:23:39<br>00:23:24 | 00:30:26<br>00:30:11 | 00:30:42<br>00:30:27 | 00:48:29<br>00:48:14 | 00:53:32<br>00:53:17 | 00:59:50<br>00:59:36 | 01:00:05<br>00:59:51 |
| 161 | 161       | 47              | 120            | 1159 | ΚΥΡΙΑΚΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1981 (M40)                                 | 00:00:20<br>00:00:00 | 00:18:47<br>00:18:28 | 00:24:16<br>00:23:57 | 00:31:21<br>00:31:01 | 00:31:37<br>00:31:17 | 00:48:23<br>00:48:04 | 00:53:26<br>00:53:07 | 00:59:53<br>00:59:34 | 01:00:08<br>00:59:48 |
| 162 | 162       | 21              | 121            | 1247 | ΣΚΑΡΕΑΣ ΣΠΥΡΟΣ Άνδρας - 1973 (M50) Rafina Runners                      | 00:00:17<br>00:00:00 | 00:18:27<br>00:18:11 | 00:23:43<br>00:23:27 | 00:30:41<br>00:30:25 | 00:30:59<br>00:30:43 | 00:48:22<br>00:48:06 | 00:53:34<br>00:53:17 | 01:00:19<br>01:00:02 | 01:00:34<br>01:00:18 |
| 163 | 163       | 22              | 122            | 1098 | ΔΡΑΓΑΝΙΓΟΣ ΑΡΙΣΤΕΙΔΗΣ Άνδρας - 1966 (M50)                              | 00:00:12<br>00:00:00 | 00:17:36<br>00:17:25 | 00:22:53<br>00:22:41 | 00:29:44<br>00:29:33 | 00:30:01<br>00:29:50 | 00:48:01<br>00:47:50 | 00:53:37<br>00:53:26 | 01:00:33<br>01:00:22 | 01:00:48<br>01:00:37 |
| 164 | 164       | 18              | 42             | 1094 | ΔΗΜΗΤΡΙΑΔΟΥ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1980 (F40) MOTHERSRUNNERS             | 00:00:11<br>00:00:00 | 00:17:41<br>00:17:31 | 00:23:01<br>00:22:50 | 00:29:55<br>00:29:45 | 00:30:13<br>00:30:02 | 00:48:16<br>00:48:06 | 00:53:37<br>00:53:26 | 01:00:36<br>01:00:20 | 01:00:53<br>01:00:42 |
| 165 | 165       | 48              | 123            | 1005 | ΛΕΚΚΑΣ ΧΑΡΗΣ Άνδρας - 1977 (M40) Polias Runners                        | 00:00:22<br>00:00:00 | 00:18:46<br>00:18:25 | 00:24:14<br>00:23:53 | 00:31:27<br>00:31:06 | 00:31:43<br>00:31:22 | 00:49:06<br>00:48:45 | 00:54:11<br>00:53:50 | 01:00:41<br>01:00:20 | 01:00:54<br>01:00:33 |
| 166 | 166       | 23              | 124            | 1231 | ΡΑΒΑΝΟΓΛΟΥ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1965 (M50)                               | 00:00:14<br>00:00:00 | 00:21:07<br>00:20:54 | 00:26:41<br>00:26:28 | 00:34:20<br>00:34:07 | 00:34:22<br>00:34:09 | 00:50:39<br>00:50:26 | 00:55:06<br>00:54:53 | 01:00:48<br>01:00:35 | 01:01:01<br>01:00:48 |
| 167 | 167       | 49              | 125            | 1154 | ΚΡΑΝΙΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1980 (M40)                               | 00:00:09<br>00:00:00 | 00:15:49<br>00:15:40 | 00:21:04<br>00:20:56 | 00:28:10<br>00:28:02 | 00:28:28<br>00:28:19 | 00:47:31<br>00:47:22 | 00:53:06<br>00:52:57 | 01:00:46<br>01:00:37 | 01:01:02<br>01:00:53 |
| 168 | 168       | 50              | 126            | 1294 | ΣΤΑΜΝΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1982 (M40) Polias Runners                    | 00:00:21<br>00:00:00 | 00:18:46<br>00:18:25 | 00:24:14<br>00:23:53 | 00:31:27<br>00:31:06 | 00:31:42<br>00:31:21 | 00:49:06<br>00:48:45 | 00:54:11<br>00:53:50 | 01:00:49<br>01:00:28 | 01:01:03<br>01:00:42 |
| 169 | 169       | 51              | 127            | 1039 | STEVENS LEE Άνδρας - 1978 (M40)                                        | 00:00:18<br>00:00:00 | 00:18:21<br>00:18:03 | 00:23:39<br>00:23:21 | 00:30:31<br>00:30:13 | 00:30:48<br>00:30:30 | 00:48:36<br>00:48:18 | 00:54:00<br>00:53:42 | 01:00:51<br>01:00:33 | 01:01:04<br>01:00:46 |
| 170 | 170       | 17              | 43             | 1089 | ΓΟΥΣΙΑ ΡΟΖΙΝΑ Γυναίκα - 1995 (F)                                       | 00:00:06<br>00:00:00 | 00:18:14<br>00:18:09 | 00:23:37<br>00:23:32 | 00:30:33<br>00:30:28 | 00:30:50<br>00:30:44 | 00:48:41<br>00:48:36 | 00:54:11<br>00:54:05 | 01:01:08<br>01:01:03 | 01:01:21<br>01:01:16 |
| 171 | 171       | 19              | 44             | 1215 | ΠΑΠΑΣΩΤΗΡΙΟΥ ΒΑΣΙΛΙΚΗ Γυναίκα - 1983 (F40)                             | 00:00:20<br>00:00:00 | 00:18:18<br>00:17:59 | 00:23:26<br>00:23:06 | 00:30:08<br>00:29:48 | 00:30:24<br>00:30:05 | 00:48:45<br>00:48:25 | 00:54:29<br>00:54:09 | 01:01:12<br>01:00:52 | 01:01:28<br>01:01:08 |
| 172 | 172       | 20              | 45             | 1061 | ΒΑΛΣΑΜΗ ΑΓΓΕΛΙΚΗ Γυναίκα - 1983 (F40) people in motion                 | 00:00:23<br>00:00:00 | 00:20:34<br>00:20:11 | 00:26:05<br>00:25:42 | 00:32:42<br>00:32:19 | 00:32:57<br>00:32:34 | 00:50:02<br>00:49:39 | 00:54:53<br>00:54:30 | 01:01:22<br>01:00:59 | 01:01:33<br>01:01:10 |
| 173 | 173       | 24              | 128            | 1105 | ΖΕΡΒΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1966 (M50) ΤΕΛΜΗΣΟΣ                       | 00:00:15<br>00:00:00 | 00:18:33<br>00:18:19 | 00:24:21<br>00:24:06 | 00:31:38<br>00:31:24 | 00:31:57<br>00:31:42 | 00:49:49<br>00:49:34 | 00:55:03<br>00:54:48 | 01:01:50<br>01:01:35 | 01:02:05<br>01:01:51 |
| 174 | 174       | 18              | 46             | 1031 | ΡΑΝΟΥΣΑΚΙ SONIA Γυναίκα - 1989 (F)                                     | 00:00:12<br>00:00:00 | 00:17:53<br>00:17:42 | 00:23:24<br>00:23:13 | 00:30:26<br>00:30:15 | 00:30:44<br>00:30:32 | 00:49:23<br>00:49:12 | 00:54:54<br>00:54:42 | 01:01:51<br>01:01:40 | 01:02:07<br>01:01:56 |
| 175 | 175       | 19              | 47             | 1127 | ΚΑΡΑΚΩΣΤΑ ΑΔΑΜΑΝΤΙΑ Γυναίκα - 1998 (F)                                 | 00:00:05<br>00:00:00 | 00:18:32<br>00:18:27 | 00:24:20<br>00:24:15 | 00:31:37<br>00:31:32 | 00:31:55<br>00:31:50 | 00:49:50<br>00:49:46 | 00:55:06<br>00:55:02 | 01:02:00<br>01:01:56 | 01:02:13<br>01:02:09 |
| 176 | 176       | 25              | 129            | 1027 | ΚΕΦΑΛΑΣ GEORGE Άνδρας - 1974 (M50)                                     | 00:00:26<br>00:00:00 | 00:18:20<br>00:17:55 | 00:23:42<br>00:23:17 | 00:30:49<br>00:30:24 | 00:31:07<br>00:30:42 | 00:49:03<br>00:48:38 | 00:54:41<br>00:54:16 | 01:01:58<br>01:01:33 | 01:02:15<br>01:01:50 |
| 177 | 177       | 46              | 130            | 1148 | ΚΟΡΩΝΑΚΗΣ ΙΕΡΟΝΥΜΟΣ Άνδρας - 1989 (M) ΕΤΑΙΡΕΙΑ ΓΕΥΣΗΝΟΥΣ ΑΒΕΕ          | 00:00:14<br>00:00:00 | 00:17:51<br>00:17:38 | 00:24:32<br>00:22:59 | 00:30:06<br>00:29:53 | 00:30:24<br>00:30:11 | 00:49:19<br>00:49:06 | 00:55:06<br>00:54:53 | 01:02:11<br>01:01:57 | 01:02:29<br>01:02:16 |
| 178 | 178       | 26              | 131            | 1069 | ΒΙΓΕΣ ΙΩΑΝΝΗΣ Άνδρας - 1968 (M50) ΑΙΟΛΟΣ RUNNING TEAM                  | 00:00:18<br>00:00:00 | 00:18:03<br>00:17:45 | 00:23:28<br>00:23:10 | 00:30:30<br>00:30:12 | 00:30:48<br>00:30:30 | 00:49:41<br>00:49:23 | 00:55:15<br>00:54:58 | 01:02:39<br>01:02:21 | 01:02:56<br>01:02:38 |
| 179 | 179       | 47              | 132            | 1236 | ΡΗΓΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1997 (M)                                   | 00:00:15<br>00:00:00 | 00:17:33<br>00:17:18 | 00:22:46<br>00:22:31 | 00:29:53<br>00:29:38 | 00:30:07<br>00:29:52 | 00:49:13<br>00:48:58 | 00:55:06<br>00:54:51 | 01:02:44<br>01:02:29 | 01:02:58<br>01:02:43 |
| 180 | 180       | 52              | 133            | 1305 | ΚΑΦΑΡΑΤΖΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1982 (M40)                                 | 00:00:15<br>00:00:00 | 00:19:40<br>00:19:25 | 00:25:24<br>00:25:10 | 00:32:49<br>00:32:35 | 00:33:07<br>00:32:53 | 00:51:14<br>00:51:00 | 00:56:20<br>00:56:05 | 01:02:53<br>01:02:38 | 01:03:06<br>01:02:52 |
| 181 | 181       | 20              | 48             | 1267 | ΤΡΙΑΝΤΑΦΥΛΛΟΥ ΤΑΝΙΑ Γυναίκα - 1989 (F)                                 | 00:00:09<br>00:00:00 | 00:18:55<br>00:18:46 | 00:24:33<br>00:24:24 | 00:31:40<br>00:31:31 | 00:31:59<br>00:31:50 | 00:50:20<br>00:50:11 | 00:55:52<br>00:55:43 | 01:02:55<br>01:02:46 | 01:03:12<br>01:03:03 |
| 182 | 182       | 53              | 134            | 1078 | ΓΕΩΡΓΙΚΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1979 (M40)                                  | 00:00:09<br>00:00:00 | 00:18:54<br>00:18:45 | 00:24:33<br>00:24:24 | 00:31:41<br>00:31:32 | 00:32:01<br>00:31:52 | 00:50:19<br>00:50:10 | 00:55:52<br>00:55:43 | 01:02:56<br>01:02:47 | 01:03:13<br>01:03:04 |
| 183 | 183       | 27              | 135            | 1086 | ΓΚΟΛΦΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1972 (M50) energy lab                        | 00:00:16<br>00:00:00 | 00:18:25<br>00:18:09 | 00:23:39<br>00:23:24 | 00:30:26<br>00:30:11 | 00:30:42<br>00:30:26 | 00:49:47<br>00:49:32 | 00:55:48<br>00:55:32 | 01:03:23<br>01:03:07 | 01:03:39<br>01:03:23 |
| 184 | 184       | 48              | 136            | 1262 | ΣΦΥΡΗ ΜΑΝΤΩ Άνδρας - 1988 (M) Energy lab                               | 00:00:15<br>00:00:00 | 00:18:26<br>00:18:11 | 00:23:39<br>00:23:25 | 00:30:27<br>00:30:12 | 00:30:44<br>00:30:29 | 00:49:48<br>00:49:33 | 00:55:48<br>00:55:33 | 01:03:23<br>01:03:08 | 01:03:39<br>01:03:24 |
| 185 | 185       | 21              | 49             | 1142 | ΚΟΚΚΑΛΗ ΠΗΝΕΛΟΠΗ Γυναίκα - 1987 (F)                                    | 00:00:18<br>00:00:00 | 00:19:55<br>00:19:38 | 00:25:35<br>00:25:18 | 00:32:31<br>00:32:14 | 00:32:49<br>00:32:31 | 00:51:23<br>00:51:06 | 00:56:46<br>00:56:29 | 01:03:26<br>01:03:09 | 01:03:40<br>01:03:23 |
| 186 | 186       | 7               | 50             | 1025 | KATERINA FOKA Γυναίκα - 1969 (F50) Chiosrunning                        | 00:00:17<br>00:00:00 | 00:19:56<br>00:19:39 | 00:25:35<br>00:25:18 | 00:32:31<br>00:32:14 | 00:32:48<br>00:32:32 | 00:51:23<br>00:51:06 | 00:56:46<br>00:56:29 | 01:03:26<br>01:03:09 | 01:03:41<br>01:03:24 |
| 187 | 187       | 22              | 51             | 1168 | ΛΟΓΟΘΕΤΗ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1995 (F)                                  | 00:00:05<br>00:00:00 | 00:18:44<br>00:18:39 | 00:24:21<br>00:24:16 | 00:31:46<br>00:31:42 | 00:32:05<br>00:32:00 | 00:51:07<br>00:51:02 | 00:56:37<br>00:56:33 | 01:03:29<br>01:03:24 | 01:03:44<br>01:03:39 |
| 188 | 188       | 2               | 137            | 1055 | ΑΝΑΓΝΩΣΤΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1954 (M70+)                      | 00:00:03<br>00:00:00 | 00:17:34<br>00:17:32 | 00:23:02<br>00:22:59 | 00:30:13<br>00:30:10 | 00:30:30<br>00:30:27 | 00:49:50<br>00:49:47 | 00:55:48<br>00:55:45 | 01:03:28<br>01:03:25 | 01:03:44<br>01:03:41 |
| 189 | 189       | 21              | 52             | 1130 | ΚΑΤΡΑΧΟΥΡΑ ΜΑΡΙΑ Γυναίκα - 1981 (F40)                                  | 00:00:11<br>00:00:00 | 00:17:43<br>00:17:33 | 00:23:04<br>00:22:53 | 00:30:04<br>00:29:54 | 00:30:21<br>00:30:11 | 00:50:12<br>00:50:02 | 00:56:14<br>00:56:04 | 01:03:33<br>01:03:23 | 01:03:47<br>01:03:37 |
| 190 | 190       | 8               | 53             | 1229 | ΠΟΥΛΟΥ ΘΕΟΔΩΡΑ Γυναίκα - 1974 (F50) ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ                  | 00:00:25<br>00:00:00 | 00:18:59<br>00:18:34 | 00:24:25<br>00:24:00 | 00:31:22<br>00:30:57 | 00:31:39<br>00:31:14 | 00:50:23<br>00:49:59 | 00:56:11<br>00:55:46 | 01:03:33<br>01:03:09 | 01:03:48<br>01:03:23 |
| 191 | 191       | 9               | 54             | 1307 | ΚΟΛΛΙΑ ΙΩΑΝΝΑ Γυναίκα - 1970 (F50) Δρομείς Εύβοιας                     | 00:00:05<br>00:00:00 | 00:18:25<br>00:18:21 | 00:24:03<br>00:23:58 | 00:31:17<br>00:31:13 | 00:31:34<br>00:31:29 | 00:50:38<br>00:50:33 | 00:56:18<br>00:56:14 | 01:03:34<br>01:03:29 | 01:03:50<br>01:03:46 |
| 192 | 192       | 23              | 55             | 1237 | ΡΟΥΜΕΛΙΩΤΗ ΙΣΜΗΝΗ Γυναίκα - 1985 (F) Klimat                            | 00:00:11<br>00:00:00 | 00:18:56<br>00:18:45 | 00:24:46<br>00:24:35 | 00:31:41<br>00:31:31 | 00:31:58<br>00:31:47 | 00:50:17<br>00:50:06 | 00:56:40<br>00:56:30 | 01:03:47<br>01:03:37 | 01:04:03<br>01:03:52 |
| 193 | 193       | 22              | 56             | 1141 | ΚΛΑΔΗ ΝΕΚΤΑΡΙΑ Γυναίκα - 1977 (F40) ΣΔΥ ΑΘΗΝΩΝ                         | 00:00:10<br>00:00:00 | 00:18:42<br>00:18:33 | 00:24:19<br>00:24:09 | 00:31:32<br>00:31:22 | 00:31:50<br>00:31:41 | 00:50:46<br>00:50:37 | 00:56:31<br>00:56:22 | 01:03:50<br>01:03:40 | 01:04:06<br>01:03:57 |
| 194 | 194       | 49              | 138            | 1260 | ΣΤΕΦΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1992 (M)                                       | 00:00:10<br>00:00:00 | 00:18:27<br>00:18:18 | 00:24:06<br>00:23:56 | 00:31:30<br>00:31:21 | 00:31:47<br>00:31:38 | 00:51:05<br>00:50:56 | 00:56:52<br>00:56:43 | 01:03:53<br>01:03:43 | 01:04:08<br>01:03:58 |
| 195 | 195       | 24              | 57             | 1208 | ΠΑΛΑΝΤΖΑ ΑΡΓΥΡΗ Γυναίκα - 1992 (F)                                     | 00:00:25<br>00:00:00 | 00:19:02<br>00:18:38 | 00:24:39<br>00:24:14 | 00:31:46<br>00:31:21 | 00:32:03<br>00:31:39 | 00:51:06<br>00:50:42 | 00:56:40<br>00:56:16 | 01:03:54<br>01:03:30 | 01:04:09<br>01:03:44 |

| A/A | Σειρά  | Σειρά | Σειρά | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)                                   | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|--------|-------|-------|------|----------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| α   | /Ηλικ. | /Φύλο |       |      | Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο                         |                      |                      |                      |                      |                      |                      |                      |                      |                      |
| 196 | 196    | 8     | 139   | 1087 | ΓΚΟΤΣΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1958 (M60)<br>MARATHON TEAM GREECE | 00:00:11<br>00:00:00 | 00:18:40<br>00:18:30 | 00:24:15<br>00:24:05 | 00:31:23<br>00:31:13 | 00:31:41<br>00:31:30 | 00:50:42<br>00:50:32 | 00:56:28<br>00:56:17 | 01:03:53<br>01:03:43 | 01:04:11<br>01:04:00 |
| 197 | 197    | 9     | 140   | 1194 | ΜΠΟΥΜΠΑΣ ΔΗΜΟΣΘΕΝΗΣ Άνδρας - 1959 (M60)                        | 00:00:11<br>00:00:00 | 00:18:10<br>00:18:00 | 00:23:43<br>00:23:32 | 00:30:52<br>00:30:42 | 00:31:11<br>00:31:00 | 00:50:34<br>00:50:24 | 00:56:34<br>00:56:23 | 01:03:55<br>01:03:44 | 01:04:12<br>01:04:01 |
| 198 | 198    | 10    | 58    | 1242 | ΣΑΡΑΝΤΟΥ ΣΙΑ Γυναίκα - 1972 (F50) L-crew                       | 00:00:12<br>00:00:00 | 00:18:05<br>00:17:54 | 00:23:35<br>00:23:24 | 00:30:43<br>00:30:31 | 00:31:00<br>00:30:48 | 00:51:18<br>00:51:07 | 00:56:58<br>00:56:47 | 01:04:13<br>01:04:02 | 01:04:29<br>01:04:17 |
| 199 | 199    | 1     | 59    | 1271 | ΤΣΑΝΤΟΥΛΑ ΠΗΝΕΛΟΠΗ Γυναίκα - 1953 (F70+)<br>ΣΣΒ                | 00:00:00<br>00:00:00 | 00:18:18<br>00:18:18 | 00:23:54<br>00:23:54 | 00:31:29<br>00:31:29 | 00:31:48<br>00:31:48 | 00:51:05<br>00:51:05 | 00:56:54<br>00:56:54 | 01:04:26<br>01:04:26 | 01:04:43<br>01:04:43 |
| 200 | 200    | 28    | 141   | 1129 | ΚΑΡΑΠΑΠΠΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1969 (M50) ΣΔΥ<br>ΤΡΙΠΟΛΗΣ        | 00:00:04<br>00:00:00 | 00:17:55<br>00:17:51 | 00:23:42<br>00:23:38 | 00:31:15<br>00:31:11 | 00:31:32<br>00:31:29 | 00:50:47<br>00:50:44 | 00:56:54<br>00:56:50 | 01:04:32<br>01:04:29 | 01:04:48<br>01:04:45 |
| 201 | 201    | 11    | 60    | 1273 | ΤΣΑΠΟΥΡΝΙΩΤΗ ΚΥΡΙΑΚΗ Γυναίκα - 1973 (F50)                      | 00:00:00<br>00:00:00 | 00:18:24<br>00:18:24 | 00:23:49<br>00:23:49 | 00:31:11<br>00:31:11 | 00:31:29<br>00:31:29 | 00:51:21<br>00:51:21 | 00:57:07<br>00:57:07 | 01:04:34<br>01:04:34 | 01:04:52<br>01:04:52 |
| 202 | 202    | 12    | 61    | 1067 | ΒΕΛΩΝΙΑ ΣΤΕΛΛΑ Γυναίκα - 1965 (F50)                            | 00:00:05<br>00:00:00 | 00:18:26<br>00:18:22 | 00:24:14<br>00:24:10 | 00:31:44<br>00:31:40 | 00:32:03<br>00:31:59 | 00:51:40<br>00:51:36 | 00:57:48<br>00:57:44 | 01:04:55<br>01:04:51 | 01:05:10<br>01:05:06 |
| 203 | 203    | 10    | 142   | 1290 | ΧΡΥΣΙΝΑΣ ΘΕΟΦΑΝΗΣ Άνδρας - 1958 (M60)<br>ΤΕΛΜΗΣΣΟΣ             | 00:00:15<br>00:00:00 | 00:18:34<br>00:18:20 | 00:24:21<br>00:24:06 | 00:31:38<br>00:31:24 | 00:31:57<br>00:31:43 | 00:50:55<br>00:50:41 | 00:57:02<br>00:56:48 | 01:05:07<br>01:05:03 | 01:05:23<br>01:05:09 |
| 204 | 204    | 29    | 143   | 1155 | ΚΥΡΙΑΖΗΣ ΣΤΕΛΙΟΣ Άνδρας - 1967 (M50) ΣΔΥΑ                      | 00:00:16<br>00:00:00 | 00:18:58<br>00:18:42 | 00:24:38<br>00:24:23 | 00:31:45<br>00:31:29 | 00:32:02<br>00:31:46 | 00:51:29<br>00:51:13 | 00:57:35<br>00:57:19 | 01:05:14<br>01:04:58 | 01:05:30<br>01:05:14 |
| 205 | 205    | 13    | 62    | 1114 | ΚΑΙΡΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1974 (F50)                            | 00:00:14<br>00:00:00 | 00:19:23<br>00:19:10 | 00:25:07<br>00:24:53 | 00:32:36<br>00:32:23 | 00:32:54<br>00:32:40 | 00:52:14<br>00:52:01 | 00:58:03<br>00:57:50 | 01:05:21<br>01:05:07 | 01:05:35<br>01:05:21 |
| 206 | 206    | 14    | 63    | 1004 | ΚΕΜΕΡΙΔΟΥ ΟΛΓΑ Γυναίκα - 1974 (F50) Polias<br>Runners          | 00:00:22<br>00:00:00 | 00:19:02<br>00:18:40 | 00:24:43<br>00:24:21 | 00:32:17<br>00:31:55 | 00:32:34<br>00:32:12 | 00:52:42<br>00:52:21 | 00:58:28<br>00:58:06 | 01:05:38<br>01:05:16 | 01:05:53<br>01:05:31 |
| 207 | 207    | 30    | 144   | 1064 | ΒΑΣΙΛΕΙΑΔΗΣ ΗΛΙΑΣ Άνδρας - 1971 (M50)                          | 00:00:17<br>00:00:00 | 00:19:53<br>00:19:36 | 00:25:34<br>00:25:18 | 00:32:46<br>00:32:29 | 00:33:04<br>00:32:48 | 00:52:49<br>00:52:33 | 00:58:41<br>00:58:24 | 01:06:18<br>01:06:01 | 01:06:35<br>01:06:18 |
| 208 | 208    | 15    | 64    | 1085 | ΓΚΟΛΤΣΙΟΥ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1972 (F50)                     | 00:00:17<br>00:00:00 | 00:19:54<br>00:19:37 | 00:25:35<br>00:25:18 | 00:32:46<br>00:32:30 | 00:33:05<br>00:32:49 | 00:52:50<br>00:52:34 | 00:58:41<br>00:58:24 | 01:06:18<br>01:06:02 | 01:06:36<br>01:06:19 |
| 209 | 209    | 23    | 65    | 1292 | ΚΟΖΥΡΑΚΗ ΜΑΡΙΝΑ Γυναίκα - 1976 (F40) Polias<br>Runners         | 00:00:08<br>00:00:00 | 00:18:59<br>00:18:52 | 00:24:48<br>00:24:41 | 00:32:14<br>00:32:06 | 00:32:32<br>00:32:24 | 00:52:39<br>00:52:32 | 00:58:30<br>00:58:23 | 01:06:36<br>01:06:29 | 01:06:54<br>01:06:47 |
| 210 | 210    | 24    | 66    | 1063 | ΒΑΣΔΕΚΗ ΔΙΟΝΥΣΙΑ Γυναίκα - 1980 (F40)                          | 00:00:15<br>00:00:00 | 00:21:05<br>00:20:50 | 00:27:00<br>00:26:46 | 00:34:41<br>00:34:27 | 00:34:59<br>00:34:45 | 00:54:25<br>00:54:11 | 01:00:20<br>01:00:06 | 01:07:45<br>01:07:30 | 01:07:59<br>01:07:45 |
| 211 | 211    | 16    | 67    | 1010 | ΣΚΑΛΟΥΜΠΑΚΑ ΟΛΙΝΑ Γυναίκα - 1970 (F50)<br>EveryDayRun          | 00:00:14<br>00:00:00 | 00:21:08<br>00:20:55 | 00:27:06<br>00:26:53 | 00:35:01<br>00:34:48 | 00:35:22<br>00:35:08 | 00:55:04<br>00:54:51 | 01:00:55<br>01:00:42 | 01:08:22<br>01:08:09 | 01:08:37<br>01:08:24 |
| 212 | 212    | 25    | 68    | 1182 | ΜΙΚΡΟΥΛΗ ΕΛΛΗ Γυναίκα - 1978 (F40)                             | 00:00:16<br>00:00:00 | 00:20:01<br>00:19:45 | 00:25:59<br>00:25:43 | 00:34:01<br>00:33:45 | 00:34:20<br>00:34:04 | 00:54:50<br>00:54:35 | 01:00:44<br>01:00:28 | 01:08:46<br>01:08:30 | 01:09:03<br>01:08:47 |
| 213 | 213    | 3     | 145   | 1272 | ΤΣΑΝΤΟΥΛΑΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1951 (M70+)                     | 00:00:00<br>00:00:00 | 00:19:58<br>00:19:58 | 00:26:16<br>00:26:16 | 00:34:03<br>00:34:03 | 00:34:22<br>00:34:22 | 00:54:31<br>00:54:31 | 01:01:12<br>01:01:12 | 01:08:53<br>01:08:53 | 01:09:09<br>01:09:09 |
| 214 | 214    | 54    | 146   | 1118 | ΚΑΜΑΡΑΣ ΦΩΝΤΑΣ Άνδρας - 1980 (M40)                             | 00:00:14<br>00:00:00 | 00:19:50<br>00:19:37 | 00:25:56<br>00:25:42 | 00:33:53<br>00:33:40 | 00:34:13<br>00:34:00 | 00:54:45<br>00:54:32 | 01:01:03<br>01:00:50 | 01:09:08<br>01:08:55 | 01:09:26<br>01:09:12 |
| 215 | 215    | 50    | 147   | 1079 | ΓΕΩΡΓΙΟΣ ΜΠΟΓΔΑΝΟΣ Άνδρας - 1988 (M)                           | 00:00:34<br>00:00:00 | 00:19:28<br>00:18:54 | 00:25:33<br>00:24:59 | 00:33:15<br>00:32:41 | 00:33:34<br>00:33:00 | 00:54:48<br>00:54:14 | 01:00:57<br>01:00:23 | 01:09:14<br>01:08:40 | 01:09:32<br>01:08:58 |
| 216 | 216    | 17    | 69    | 1009 | ΜΗΤΡΟΠΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1967 (F50)<br>EveryDayRun          | 00:00:14<br>00:00:00 | 00:21:08<br>00:20:55 | 00:27:07<br>00:26:54 | 00:35:02<br>00:34:49 | 00:35:21<br>00:35:08 | 00:55:46<br>00:55:33 | 01:01:38<br>01:01:24 | 01:09:23<br>01:09:10 | 01:09:39<br>01:09:25 |
| 217 | 217    | 26    | 70    | 1134 | ΚΑΤΣΗ ΠΗΝΕΛΟΠΗ Γυναίκα - 1975 (F40)                            | 00:00:17<br>00:00:00 | 00:21:12<br>00:20:55 | 00:27:11<br>00:26:54 | 00:35:08<br>00:34:51 | 00:35:25<br>00:35:08 | 00:55:46<br>00:55:30 | 01:01:39<br>01:01:22 | 01:09:30<br>01:09:13 | 01:09:46<br>01:09:30 |
| 218 | 218    | 51    | 148   | 1303 | ΚΑΡΕΛΛΑΣ ΣΤΑΥΡΟΣ Άνδρας - 2000 (M)                             | 00:00:08<br>00:00:00 | 00:17:42<br>00:17:34 | 00:24:05<br>00:23:58 | 00:32:57<br>00:32:49 | 00:33:15<br>00:33:07 | 00:55:08<br>00:55:00 | 01:01:44<br>01:01:37 | 01:09:41<br>01:09:33 | 01:09:57<br>01:09:50 |
| 219 | 219    | 2     | 71    | 1184 | ΜΙΧΑΛΟΓΙΑΝΝΑΚΗ ΜΑΝΩΛΙΑ Γυναίκα - 1952 (F70+)<br>ΣΔΥΠ           | 00:00:07<br>00:00:00 | 00:19:39<br>00:19:32 | 00:25:35<br>00:25:28 | 00:33:24<br>00:33:17 | 00:33:46<br>00:33:39 | 00:54:56<br>00:54:49 | 01:01:22<br>01:01:15 | 01:09:46<br>01:09:39 | 01:10:05<br>01:09:58 |
| 220 | 220    | 52    | 149   | 1028 | MILAS ORESTIS Άνδρας - 1993 (M)                                | 00:00:08<br>00:00:00 | 00:24:10<br>00:24:02 | 00:30:28<br>00:30:20 | 00:37:12<br>00:37:04 | 00:37:27<br>00:37:19 | 00:56:47<br>00:56:39 | 01:02:45<br>01:02:37 | 01:10:01<br>01:09:53 | 01:10:13<br>01:10:05 |
| 221 | 221    | 25    | 72    | 1328 | ΑΒΡΑΑΜ ΑΝΔΡΙΑΝΗ Γυναίκα - 1985 (F)                             | 00:00:21<br>00:00:00 | 00:22:23<br>00:22:02 | 00:28:37<br>00:28:17 | 00:36:39<br>00:36:18 | 00:36:58<br>00:36:37 | 00:56:53<br>00:56:32 | 01:02:49<br>01:02:28 | 01:10:09<br>01:09:48 | 01:10:26<br>01:10:05 |
| 222 | 222    | 18    | 73    | 1081 | ΓΙΑΜΠΙΛΗ ΜΑΤΙΝΑ Γυναίκα - 1974 (F50)                           | 00:00:23<br>00:00:00 | 00:21:25<br>00:21:03 | 00:27:53<br>00:27:31 | 00:36:24<br>00:36:02 | 00:36:46<br>00:36:24 | 00:56:47<br>00:56:25 | 01:02:31<br>01:02:09 | 01:10:10<br>01:09:48 | 01:10:27<br>01:10:04 |
| 223 | 223    | 26    | 74    | 1232 | ΡΑΓΚΟΥΣΗ ΙΩΑΝΝΑ Γυναίκα - 1992 (F)                             | 00:00:29<br>00:00:00 | 00:21:03<br>00:20:35 | 00:26:53<br>00:26:25 | 00:34:27<br>00:33:58 | 00:34:44<br>00:34:16 | 00:56:19<br>00:55:50 | 01:02:54<br>01:02:25 | 01:10:42<br>01:10:14 | 01:10:55<br>01:10:27 |
| 224 | 224    | 27    | 75    | 1133 | ΚΑΤΣΗ ΕΛΕΝΗ Γυναίκα - 1998 (F)                                 | 00:00:15<br>00:00:00 | 00:20:56<br>00:20:41 | 00:26:50<br>00:26:35 | 00:34:28<br>00:34:13 | 00:34:46<br>00:34:31 | 00:56:09<br>00:55:54 | 01:02:28<br>01:02:13 | 01:10:45<br>01:10:30 | 01:11:00<br>01:10:45 |
| 225 | 225    | 53    | 150   | 1314 | ΜΠΙΝΟΣ ΑΝΕΣΤΗΣ Άνδρας - 1989 (M)                               | 00:00:14<br>00:00:00 | 00:18:57<br>00:18:43 | 00:25:06<br>00:24:52 | 00:33:44<br>00:33:30 | 00:34:00<br>00:33:46 | 00:55:31<br>00:55:17 | 01:01:55<br>01:01:41 | 01:10:53<br>01:10:39 | 01:11:09<br>01:10:55 |
| 226 | 226    | 54    | 151   | 1108 | ΖΙΩΓΑΣ ΕΥΣΤΑΘΙΟΣ Άνδρας - 1987 (M)                             | 00:00:32<br>00:00:00 | 00:21:56<br>00:21:24 | 00:27:51<br>00:27:19 | 00:35:52<br>00:35:21 | 00:36:11<br>00:35:39 | 00:57:08<br>00:56:36 | 01:03:20<br>01:02:48 | 01:11:30<br>01:10:58 | 01:11:47<br>01:11:15 |
| 227 | 227    | 27    | 76    | 1258 | ΣΤΑΥΡΙΔΟΥ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1978 (F40)                      | 00:00:15<br>00:00:00 | 00:21:29<br>00:21:14 | 00:27:35<br>00:27:20 | 00:35:46<br>00:35:31 | 00:36:05<br>00:35:50 | 00:57:10<br>00:56:55 | 01:03:29<br>01:03:14 | 01:11:36<br>01:11:21 | 01:11:53<br>01:11:38 |
| 228 | 228    | 55    | 152   | 1090 | ΓΩΓΟΥΣΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1975 (M40)                         | 00:00:15<br>00:00:00 | 00:21:29<br>00:21:15 | 00:27:35<br>00:27:20 | 00:35:46<br>00:35:31 | 00:36:05<br>00:35:51 | 00:57:09<br>00:56:55 | 01:03:29<br>01:03:14 | 01:11:36<br>01:11:22 | 01:11:54<br>01:11:39 |
| 229 | 229    | 28    | 77    | 1228 | ΠΟΜΩΝΗ ΑΓΓΕΛΙΚΗ Γυναίκα - 1998 (F)                             | 00:00:11<br>00:00:00 | 00:21:14<br>00:21:04 | 00:27:37<br>00:27:27 | 00:36:02<br>00:35:52 | 00:36:20<br>00:36:10 | 00:57:11<br>00:57:01 | 01:03:31<br>01:03:21 | 01:11:40<br>01:11:30 | 01:11:58<br>01:11:48 |
| 230 | 230    | 31    | 153   | 1162 | ΚΩΣΤΟΜΟΙΡΗΣ ΑΓΓΕΛΟΣ Άνδρας - 1974 (M50)                        | 00:00:09<br>00:00:00 | 00:18:45<br>00:18:36 | 00:25:06<br>00:24:57 | 00:33:30<br>00:33:22 | 00:33:50<br>00:33:41 | 00:55:55<br>00:55:46 | 01:02:42<br>01:02:34 | 01:11:41<br>01:11:33 | 01:12:20<br>01:12:11 |
| 231 | 231    | 55    | 154   | 1302 | ΚΑΡΑΤΑΠΑΝΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1989<br>(M)                  | 00:00:31<br>00:00:00 | 00:21:06<br>00:20:36 | 00:27:40<br>00:27:10 | 00:36:31<br>00:36:01 | 00:36:53<br>00:36:23 | 00:58:03<br>00:57:33 | 01:04:18<br>01:03:47 | 01:12:10<br>01:11:40 | 01:12:26<br>01:11:56 |
| 232 | 232    | 56    | 155   | 1265 | ΤΖΑΜΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1988 (M)                               | 00:00:30<br>00:00:00 | 00:21:06<br>00:20:36 | 00:27:40<br>00:27:10 | 00:36:31<br>00:36:01 | 00:36:52<br>00:36:22 | 00:58:03<br>00:57:33 | 01:04:17<br>01:03:47 | 01:12:10<br>01:11:40 | 01:12:27<br>01:11:57 |
| 233 | 233    | 29    | 78    | 1287 | ΧΡΙΣΤΟΠΟΥΛΟΥ ΕΛΙΝΑ Γυναίκα - 1987 (F)                          | 00:00:05<br>00:00:00 | 00:19:57<br>00:19:53 | 00:26:20<br>00:26:16 | 00:34:29<br>00:34:24 | 00:34:48<br>00:34:44 | 00:56:54<br>00:56:50 | 01:03:33<br>01:03:29 | 01:12:16<br>01:12:11 | 01:12:32<br>01:12:28 |
| 234 | 234    | 19    | 79    | 1121 | ΚΑΜΤΣΙΩΡΑ ΧΡΥΣΟΘΕΜΙΣ Γυναίκα - 1972 (F50)<br>Παλλήνιοι Δρομείς | 00:00:21<br>00:00:00 | 00:21:33<br>00:21:12 | 00:28:05<br>00:27:45 | 00:36:22<br>00:36:02 | 00:36:44<br>00:36:24 | 00:58:07<br>00:57:47 | 01:04:45<br>01:04:25 | 01:12:39<br>01:12:18 | 01:12:52<br>01:12:32 |

| A/A | Σειρά<br>α | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο          | Start                | 2900m                | 3800m                | 4971m                | 5000m                | 7900m                | 8800m                | 9942m                | Finish               |
|-----|------------|-----------------|----------------|------|---------------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 235 | 235        | 20              | 80             | 1295 | ΔΕΣΙΠΡΗ ΕΡΙΚΑ Γυναίκα - 1968 (F50) SANTA<br>RUNNING TEAM                        | 00:00:18<br>00:00:00 | 00:21:35<br>00:21:17 | 00:28:08<br>00:27:50 | 00:36:36<br>00:36:19 | 00:36:58<br>00:36:41 | 00:58:15<br>00:57:57 | 01:04:43<br>01:04:25 | 01:12:39<br>01:12:22 | 01:12:56<br>01:12:38 |
| 236 | 236        | 3               | 81             | 1066 | ΒΑΣΙΛΟΠΟΥΛΟΥ ΑΛΚΜΗΝΗ Γυναίκα - 1963 (F60)                                       | 00:00:05<br>00:00:00 | 00:20:02<br>00:19:58 | 00:26:16<br>00:26:12 | 00:34:21<br>00:34:17 | 00:34:41<br>00:34:37 | 00:57:49<br>00:57:45 | 01:04:01<br>01:03:57 | 01:12:36<br>01:12:32 | 01:12:56<br>01:12:52 |
| 237 | 237        | 28              | 82             | 1035 | ΡΕΤΡΟΥ ΓΙΟΤΑ Γυναίκα - 1979 (F40)                                               | 00:00:17<br>00:00:00 | 00:21:12<br>00:20:56 | 00:27:12<br>00:26:56 | 00:35:19<br>00:35:02 | 00:35:38<br>00:35:22 | 00:57:20<br>00:57:04 | 01:03:53<br>01:03:37 | 01:12:43<br>01:12:26 | 01:13:03<br>01:12:46 |
| 238 | 238        | 57              | 156            | 1318 | ΣΠΑΘΗΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1992 (M)                                               | 00:00:15<br>00:00:00 | 00:20:00<br>00:19:46 | 00:26:51<br>00:26:37 | 00:35:27<br>00:35:13 | 00:35:45<br>00:35:31 | 00:57:50<br>00:57:36 | 01:04:38<br>01:04:24 | 01:13:17<br>01:13:02 | 01:13:30<br>01:13:16 |
| 239 | 239        | 30              | 83             | 1185 | ΜΟΤΣΚΑ ΜΕΙ Γυναίκα - 1989 (F)                                                   | 00:00:23<br>00:00:00 | 00:19:03<br>00:18:41 | 00:24:09<br>00:23:47 | 00:30:30<br>00:30:08 | 00:30:45<br>00:30:23 | 00:51:26<br>00:51:04 | 01:01:07<br>01:00:45 | 01:13:05<br>01:12:43 | 01:13:35<br>01:13:13 |
| 240 | 240        | 29              | 84             | 1166 | ΛΕΜΠΟΥΣΗ ΠΑΡΑΣΚΕΥΗ Γυναίκα - 1976 (F40)                                         | 00:00:20<br>00:00:00 | 00:21:02<br>00:20:42 | 00:27:31<br>00:27:11 | 00:35:48<br>00:35:29 | 00:36:08<br>00:35:48 | 00:58:17<br>00:57:58 | 01:04:56<br>01:04:36 | 01:13:51<br>01:13:31 | 01:14:08<br>01:13:48 |
| 241 | 241        | 31              | 85             | 1151 | ΚΟΥΡΟΥΝΟΥ ΜΑΡΙΑ Γυναίκα - 1995 (F)                                              | 00:00:05<br>00:00:00 | 00:20:02<br>00:19:57 | 00:26:56<br>00:26:51 | 00:35:56<br>00:35:51 | 00:36:16<br>00:36:11 | 00:59:02<br>00:58:57 | 01:06:04<br>01:05:59 | 01:14:41<br>01:14:36 | 01:14:56<br>01:14:51 |
| 242 | 242        | 30              | 86             | 1321 | ΧΡΙΣΤΟΠΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1983 (F40)                                         | 00:00:26<br>00:00:00 | 00:22:29<br>00:22:04 | 00:28:56<br>00:28:31 | 00:37:19<br>00:36:54 | 00:37:39<br>00:37:13 | 00:59:35<br>00:59:10 | 01:06:17<br>01:05:52 | 01:14:38<br>01:14:23 | 01:14:57<br>01:14:31 |
| 243 | 243        | 21              | 87             | 1008 | ΒΑΡΒΑΡΑ ΚΑΛΑΜΑΡΑ Γυναίκα - 1972 (F50)                                           | 00:00:14<br>00:00:00 | 00:22:06<br>00:21:53 | 00:28:50<br>00:28:37 | 00:37:28<br>00:37:15 | 00:37:56<br>00:37:43 | 00:59:55<br>00:59:41 | 01:06:26<br>01:06:13 | 01:14:52<br>01:14:38 | 01:15:11<br>01:14:58 |
| 244 | 244        | 22              | 88             | 1149 | ΚΟΤΣΕΤΑ ΕΥΗ Γυναίκα - 1969 (F50) ΣΔΥΑ                                           | 00:00:25<br>00:00:00 | 00:21:23<br>00:20:59 | 00:27:43<br>00:27:18 | 00:36:08<br>00:35:44 | 00:36:31<br>00:36:06 | 00:59:05<br>00:58:41 | 01:06:06<br>01:05:42 | 01:14:52<br>01:14:31 | 01:15:13<br>01:14:49 |
| 245 | 245        | 31              | 89             | 1106 | ΖΕΡΒΟΥ ΑΝΝΥ Γυναίκα - 1976 (F40)                                                | 00:00:23<br>00:00:00 | 00:21:33<br>00:21:10 | 00:27:56<br>00:27:33 | 00:36:17<br>00:35:55 | 00:36:36<br>00:36:14 | 00:59:43<br>00:59:20 | 01:06:43<br>01:06:20 | 01:15:41<br>01:15:18 | 01:16:00<br>01:15:37 |
| 246 | 246        | 32              | 90             | 1289 | ΧΡΥΣΙΝΑ ΔΗΜΗΤΡΑ Γυναίκα - 1982 (F40)                                            | 00:00:14<br>00:00:00 | 00:20:55<br>00:20:41 | 00:28:02<br>00:27:48 | 00:37:10<br>00:36:56 | 00:37:28<br>00:37:15 | 01:00:51<br>01:00:37 | 01:08:07<br>01:07:53 | 01:16:41<br>01:16:27 | 01:16:55<br>01:16:41 |
| 247 | 247        | 32              | 157            | 1030 | ΡΑΝΟΥ ΣΤΑΜΑΤΙΣ Άνδρας - 1974 (M50) ΑΙΟΛΟΣ<br>RUNNING TEAM                       | 00:00:21<br>00:00:00 | 00:22:04<br>00:21:44 | 00:28:47<br>00:28:27 | 00:37:33<br>00:37:13 | 00:37:54<br>00:37:34 | 01:01:04<br>01:00:44 | 01:08:15<br>01:07:55 | 01:16:58<br>01:16:38 | 01:17:15<br>01:16:55 |
| 248 | 248        | 23              | 91             | 1053 | ΑΛΕΒΙΖΟΠΟΥΛΟΥ ΜΠΕΤΤΥ Γυναίκα - 1965 (F50)<br>DEUTSCHE SCHULE ATHEN RUNNING TEAM | 00:00:14<br>00:00:00 | 00:22:37<br>00:22:23 | 00:29:33<br>00:29:19 | 00:38:23<br>00:38:09 | 00:38:43<br>00:38:29 | 01:01:54<br>01:01:40 | 01:08:36<br>01:08:22 | 01:17:05<br>01:16:51 | 01:17:19<br>01:17:05 |
| 249 | 249        | 33              | 92             | 1187 | ΜΠΑΡΤΖΩΚΑ ΓΛΥΚΕΡΙΑ Γυναίκα - 1978 (F40) Σ. Δ.<br>Υ. ΑΘΗΝΑΣ                      | 00:00:03<br>00:00:00 | 00:21:55<br>00:21:53 | 00:28:47<br>00:28:45 | 00:37:40<br>00:37:38 | 00:38:02<br>00:37:59 | 01:01:15<br>01:01:12 | 01:08:30<br>01:08:28 | 01:17:02<br>01:17:00 | 01:17:19<br>01:17:16 |
| 250 | 250        | 33              | 158            | 1276 | ΤΣΟΥΠΑΚΗΣ ΝΙΚΟΣ Άνδρας - 1966 (M50)                                             | 00:00:19<br>00:00:00 | 00:21:03<br>00:20:45 | 00:27:40<br>00:27:21 | 00:36:31<br>00:36:13 | 00:36:52<br>00:36:33 | 01:00:30<br>01:00:12 | 01:07:35<br>01:07:17 | 01:17:04<br>01:16:45 | 01:17:24<br>01:17:05 |
| 251 | 251        | 56              | 159            | 1171 | ΜΑΚΡΗΣ ΠΑΝΑΓΗΣ Άνδρας - 1981 (M40) ΑΠΣ<br>ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ               | 00:00:12<br>00:00:00 | 00:21:49<br>00:21:37 | 00:28:48<br>00:28:36 | 00:38:02<br>00:37:51 | 00:38:23<br>00:38:12 | 01:03:03<br>01:02:52 | 01:09:49<br>01:09:37 | 01:19:00<br>01:18:48 | 01:19:15<br>01:19:03 |
| 252 | 252        | 57              | 160            | 1160 | ΚΥΡΤΟΠΟΥΛΟΣ ΦΙΛΙΠΠΟΣ Άνδρας - 1980 (M40)<br>dDCSE                               | 00:00:26<br>00:00:00 | 00:22:08<br>00:21:43 | 00:28:41<br>00:28:16 | 00:38:00<br>00:37:35 | 00:38:23<br>00:37:58 | 01:03:00<br>01:02:35 | 01:10:31<br>01:10:06 | 01:19:56<br>01:19:30 | 01:20:13<br>01:19:48 |
| 253 | 253        | 58              | 161            | 1042 | TRICARDOS PANAGIS Άνδρας - 1993 (M)                                             | 00:00:10<br>00:00:00 | 00:26:07<br>00:25:57 | 00:32:56<br>00:32:46 | 00:41:48<br>00:41:38 | 00:42:08<br>00:41:58 | 01:06:41<br>01:06:31 | 01:13:27<br>01:13:17 | 01:22:05<br>01:21:55 | 01:22:23<br>01:22:13 |
| 254 | 254        | 4               | 93             | 1205 | ΞΥΔΗ ΚΑΚΙΑ Γυναίκα - 1958 (F60) Παλλήνιοι<br>Δρομείς                            | 00:00:21<br>00:00:00 | 00:23:04<br>00:22:44 | 00:30:13<br>00:29:53 | 00:39:28<br>00:39:08 | 00:39:52<br>00:39:32 | 01:05:10<br>01:04:50 | 01:12:43<br>01:12:23 | 01:22:26<br>01:22:06 | 01:22:43<br>01:22:23 |
| 255 | 255        | 34              | 162            | 1207 | ΟΥΔΕΝΙΩΤΗΣ ΘΕΜΙΣΤΟΚΛΗΣ Άνδρας - 1971 (M50)                                      | 00:00:07<br>00:00:00 | 00:23:35<br>00:23:28 | 00:30:50<br>00:30:44 | 00:40:36<br>00:40:29 | 00:41:07<br>00:41:01 | 01:06:48<br>01:06:42 | 01:14:36<br>01:14:29 | 01:23:50<br>01:23:44 | 01:24:07<br>01:24:01 |
| 256 | 256        | 34              | 94             | 1180 | ΜΗΛΙΟΥ ΝΑΤΑΛΙΑ Γυναίκα - 1979 (F40)                                             | 00:00:07<br>00:00:00 | 00:23:34<br>00:23:28 | 00:30:50<br>00:30:44 | 00:40:30<br>00:40:23 | 00:40:58<br>00:40:51 | 01:06:45<br>01:06:38 | 01:14:35<br>01:14:29 | 01:23:50<br>01:23:44 | 01:24:07<br>01:24:01 |
| 257 | 257        | 11              | 163            | 1145 | ΚΟΝΤΖΙΛΑΣ ΝΙΚΟΣ Άνδρας - 1958 (M60)<br>ΑΝΕΞΑΡΤΗΤΟΣ                              | 00:00:27<br>00:00:00 | 00:24:59<br>00:24:32 | 00:33:03<br>00:32:36 | 00:43:01<br>00:42:34 | 00:43:25<br>00:42:59 | 01:08:30<br>01:08:03 | 01:15:32<br>01:15:05 | 01:24:20<br>01:23:53 | 01:24:39<br>01:24:12 |
| 258 | 258        | 5               | 95             | 1255 | ΣΤΑΘΑΚΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1963 (F60)                                           | 00:12:13<br>00:00:00 | 00:32:20<br>00:20:07 | 00:38:28<br>00:26:15 | 00:46:23<br>00:34:10 | 00:46:42<br>00:34:29 | 01:07:50<br>00:55:37 | 01:15:11<br>01:02:58 | 01:24:27<br>01:12:14 | 01:24:48<br>01:12:35 |
| 259 | 259        | 4               | 164            | 1311 | ΜΑΝΟΥΣΟΓΙΑΝΝΑΚΗΣ ΙΩΣΗΦ Άνδρας - 1950<br>(M70+) ΕΥΚΛΗΣ                           | 00:00:06<br>00:00:00 | 00:24:41<br>00:24:36 | 00:32:55<br>00:32:50 | 00:43:26<br>00:43:21 | 00:43:52<br>00:43:47 | 01:10:39<br>01:10:34 | 01:19:02<br>01:18:57 | 01:29:43<br>01:29:38 | 01:30:03<br>01:29:58 |
| 260 | 260        | 5               | 165            | 1254 | ΣΤΑΓΑΚΗΣ ΜΑΝΩΛΗΣ Άνδρας - 1940 (M70+)<br>ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ                | 00:00:27<br>00:00:00 | 00:26:59<br>00:26:32 | 00:34:49<br>00:34:22 | 00:44:51<br>00:44:24 | 00:45:15<br>00:44:48 | 01:11:50<br>01:11:23 | 01:19:54<br>01:19:27 | 01:30:09<br>01:29:42 | 01:30:31<br>01:30:04 |
| 261 | 261        | 3               | 96             | 1222 | ΠΕΤΡΑΚΗ ΑΓΓΕΛΙΚΗ Γυναίκα - 1952 (F70+)<br>Παλλήνιοι Δρομείς                     | 00:00:20<br>00:00:00 | 00:26:07<br>00:25:47 | 00:34:31<br>00:34:11 | 00:45:18<br>00:44:59 | 00:45:47<br>00:45:27 | 01:13:53<br>01:13:34 | 01:23:10<br>01:22:51 | 01:34:47<br>01:34:27 | 01:35:12<br>01:34:53 |