

Rank By Gen. Cat. Gender BIB Country Name Club Loop1 Loop2 Loop3 Loop4 Loop5 Loop6 Loop7 Loop8 Loop9 Loop10 Finish TOTAL

137 105 MASTERS MALE Male 804 GR ΔΗΜΗΤΡΙΟΣ ΚΟΡΝΑΡΟΣ 0:05:29 (00:05:24) 0:13:49 (00:08:19) 0:20:35 (00:06:45) 0:31:27 (00:10:52) 0:39:10 (00:07:43) 0:52:08 (00:12:57) 1:02:44 (00:10:36) 1:12:25 (00:09:41) 1:16:44 (00:04:18) 1:28:29 (00:11:44) 1:41:22 (00:12:53) 1:41:22

138 106 MASTERS MALE Male 57 GR ΑΓΓΕΛΟΣ ΚΑΠΑΔΑΗΣ 0:05:16 (00:05:13) 0:13:26 (00:08:10) 0:20:00 (00:06:33) 0:28:25 (00:08:25) 0:37:06 (00:08:40) 0:49:09 (00:12:02) 0:59:10 (00:10:01) 1:07:50 (00:08:40) 1:10:43 (00:02:52) 1:27:16 (00:16:32) 1:41:37 (00:14:21) 1:41:37

139 107 ALL Male 412 GR ΣΤΑΘΗΣ ΦΙΛΤΙΣΑΚΟΣ 0:05:00 (00:04:55) 0:12:02 (00:07:01) 0:19:31 (00:07:28) 0:31:04 (00:11:33) 0:40:33 (00:09:28) 0:49:39 (00:09:05) 1:01:02 (00:11:22) 1:08:47 (00:07:44) 1:13:20 (00:04:33) 1:27:45 (00:14:25) 1:42:45 (00:14:59) 1:42:45

140 108 ALL Male 709 GR ΝΙΚΟΣ ΜΠΑΚΑΣ 0:05:56 (00:05:50) 0:14:28 (00:08:31) 0:21:53 (00:07:24) 0:31:16 (00:09:23) 0:38:16 (00:06:59) 0:50:41 (00:12:25) 0:59:58 (00:09:17) 1:10:47 (00:10:48) 1:14:53 (00:04:05) 1:29:03 (00:14:10) 1:43:21 (00:14:17) 1:43:21

141 109 ALL Male 1114 GR ΔΗΜΗΤΡΗΣ ΧΑΑΤΖΟΒΟΥΛΟΣ THE WAY OUT PROJECT 0:06:06 (00:06:01) 0:14:46 (00:08:39) 0:22:03 (00:07:16) 0:31:56 (00:09:52) 0:40:35 (00:08:39) 0:53:30 (00:12:54) 1:05:18 (00:11:48) 1:15:52 (00:10:33) 1:19:25 (00:03:33) 1:31:27 (00:12:01) 1:44:19 (00:12:52) 1:44:19

142 33 ALL Female 512 GR ΕΛΕΝΗ ΠΟΥΛΜΕΡΟΥ THE WAY OUT 0:06:27 (00:06:21) 0:16:28 (00:10:01) 0:24:31 (00:08:02) 0:33:57 (00:09:25) 0:42:47 (00:08:49) 0:54:13 (00:11:26) 1:06:09 (00:11:55) 1:17:14 (00:11:05) 1:21:52 (00:04:38) 1:31:54 (00:10:01) 1:45:14 (00:13:20) 1:45:14

143 34 MASTERS FEMALE Female 708 GR ΑΝΘΙΑ ΜΕΓΑ-ΧΑΒΡΕ 0:06:22 (00:06:20) 0:16:43 (00:10:20) 0:23:48 (00:07:05) 0:32:41 (00:08:53) 0:42:23 (00:09:41) 0:55:30 (00:13:06) 1:06:08 (00:10:37) 1:15:22 (00:09:14) 1:19:20 (00:03:57) 1:32:33 (00:13:12) 1:45:50 (00:13:17) 1:45:50

144 110 MASTERS MALE Male 107 GR ΓΕΩΡΓΙΟΣ ΜΑΡΑΒΑΣ LEVELX 0:05:11 (00:05:08) 0:14:19 (00:09:07) 0:21:06 (00:06:47) 0:31:11 (00:10:04) 0:39:38 (00:08:27) 0:50:49 (00:11:10) 1:00:14 (00:09:25) 1:14:18 (00:14:04) 1:18:11 (00:03:52) 1:31:51 (00:13:39) 1:46:07 (00:14:16) 1:46:07

145 111 ALL Male 1007 GR ΠΑΝΑΓΙΩΤΗΣ ΚΟΤΟΦΩΛΗΣ GA FITNESS 0:05:46 (00:05:41) 0:14:42 (00:08:55) 0:22:21 (00:07:38) 0:31:59 (00:09:38) 0:40:06 (00:08:07) 0:47:59 (00:07:53) 0:56:08 (00:08:08) 1:03:58 (00:07:49) 1:07:54 (00:03:55) 1:29:31 (00:21:37) 1:47:31 (00:17:59) 1:47:31

146 112 ALL Male 1514 GR ΧΡΗΣΤΟΣ ΤΣΟΥΧΛΑΡΗΣ 0:05:21 (00:05:18) 0:14:51 (00:09:29) 0:23:10 (00:08:18) 0:34:10 (00:11:00) 0:44:06 (00:09:55) 0:55:56 (00:11:50) 1:06:30 (00:10:33) 1:15:43 (00:09:13) 1:20:28 (00:04:44) 1:33:37 (00:13:09) 1:48:58 (00:15:21) 1:48:58

147 113 ALL Male 702 GR ΑΛΕΞΑΝΔΡΟΣ ΓΙΑΝΝΑΚΟΠΟΥΛΟΣ 0:05:54 (00:05:49) 0:15:38 (00:09:44) 0:23:19 (00:07:40) 0:32:40 (00:09:21) 0:41:09 (00:08:29) 0:52:19 (00:11:10) 1:01:27 (00:09:07) 1:09:59 (00:08:32) 1:13:56 (00:03:56) 1:36:46 (00:22:49) 1:49:41 (00:12:54) 1:49:41

148 114 ALL Male 1301 ΚΩΝΣΤΑΝΤΙΝΟΣ ΛΟΙΖΟΣ - - - - - 1:49:46 (-:-:-) 1:49:46

149 35 ALL Female 803 GR ΝΙΚΗ ΓΙΑΝΝΟΥΤΣΟΥ 0:05:48 (00:05:45) 0:16:09 (00:10:21) 0:23:47 (00:07:38) 0:34:16 (00:10:28) 0:44:24 (00:10:07) 0:55:56 (00:11:31) 1:06:08 (00:10:11) 1:16:27 (00:10:18) 1:21:07 (00:04:40) 1:34:01 (00:12:53) 1:51:17 (00:17:15) 1:51:17

150 115 ALL Male 602 GR GIORGOS TRIKAS BODY SHAPE STUDIO 0:07:03 (00:06:58) 0:18:53 (00:11:50) 0:28:10 (00:09:16) 0:38:36 (00:10:26) 0:48:02 (00:09:26) 1:00:39 (00:12:36) 1:10:47 (00:10:07) 1:22:17 (00:11:30) 1:27:29 (00:05:11) 1:40:26 (00:12:57) 1:56:06 (00:15:39) 1:56:06

151 116 ALL Male 707 GR ΑΝΔΡΕΑΣ ΛΟΒΕΡΔΟΣ 0:05:54 (00:05:48) 0:15:38 (00:09:43) 0:23:18 (00:07:40) 0:32:39 (00:09:20) 0:41:07 (00:08:28) 0:52:19 (00:11:11) 1:01:26 (00:09:07) 1:09:59 (00:08:32) 1:13:54 (00:03:55) 1:44:55 (00:31:01) 2:07:21 (00:22:26) 2:07:21

152 117 MASTERS MALE Male 1206 GR ΑΛΕΞΑΝΔΡΟΣ ΤΣΙΤΟΥΡΑΣ 0:06:40 0:19:05 (00:12:24) 0:27:42 (00:08:37) 0:37:59 (00:10:16) 0:47:13 (00:09:14) 1:06:18 (00:19:04) 1:21:38 (00:15:20) 1:35:15 (00:13:36) 1:40:05 (00:04:49) 1:55:26 (00:15:21) 2:11:43 (00:16:17) 2:11:43

153 118 MASTERS MALE Male 1401 GR ΣΥΜΕΟΝ ΤΣΙΚΡΙΚΙΣ ΤΡΕΧΩ ΜΕ ΤΟΝ ΔΗΜΗΤΡΑΚΗ/ΔΡΟΜΕΙΣ ΕΛΠΙΔΑΣ 0:06:29 (00:06:26) 0:20:59 (00:14:29) 0:28:27 (00:07:28) 0:43:09 (00:14:41) 1:01:27 (00:18:18) 1:16:27 (00:14:59) 1:25:45 (00:09:18) 1:37:50 (00:12:04) 1:43:14 (00:05:24) 2:04:10 (00:20:56) 2:20:52 (00:16:41) 2:20:52

154 119 ALL Male 710 GR ΔΗΜΗΤΡΗΣ ΠΑΓΩΝΗΣ 0:16:48 (00:09:50) 0:24:59 (00:08:10) 0:39:58 (00:14:58) 0:48:55 (00:08:57) 0:58:37 (00:09:41) 1:02:48 (00:04:11) 1:15:38 (00:12:49) 1:28:42 (00:13:04) - - - -

155 120 ALL Male 802 GR ΜΑΡΙΟΣ ΑΝΔΡΙΑΝΟΣ 0:07:05 (00:06:59) 0:16:42 (00:09:36) 0:24:05 (00:07:23) 0:32:23 (00:08:17) 0:40:17 (00:07:53) 0:48:02 (00:07:45) 0:56:57 (00:08:54) 1:06:01 (00:09:04) 1:15:48 (00:09:46) 1:27:44 (00:11:55) - -

156 121 ALL Male 809 GR ΔΗΜΗΤΡΗΣ ΧΟΥΤΟΠΟΥΛΟΣ 0:06:09 (00:06:03) 0:15:26 (00:09:17) 0:22:44 (00:07:18) 0:33:04 (00:10:19) 0:40:26 (00:07:21) 0:50:51 (00:10:24) 0:59:53 (00:09:01) 1:10:54 (00:11:01) 1:24:23 (00:13:28) 1:40:08 (00:15:45) - -

157 36 ALL Female 1510 GR ΕΒΙΤΑ ΠΙΣΣΑ 0:06:37 (00:06:33) - - - - -

Rank By Cat. Cat. BIB Club Loop1 Loop2 Loop3 Loop4 Loop5 Loop6 Loop7 Loop8 Loop9 Loop10 Finish TOTAL

1 1 MIXED 20008 LEVEL X 0:03:19 (00:03:17) 0:08:06 (00:04:47) 0:11:39 (00:03:32) 0:16:05 (00:04:25) 0:20:29 (00:04:24) 0:25:01 (00:04:32) 0:30:07 (00:05:05) 0:34:46 (00:04:38) 0:36:18 (00:01:32) 0:41:15 (00:04:56) 0:48:49 (00:07:33) 0:48:49

2 2 MIXED 10010 PANDAFIT 0:03:24 (00:03:20) 0:08:20 (00:04:56) 0:12:06 (00:03:45) 0:17:06 (00:05:00) 0:21:33 (00:04:26) 0:26:41 (00:05:07) 0:32:35 (00:05:54) 0:38:00 (00:05:24) 0:40:02 (00:02:02) 0:45:01 (00:04:58) 0:53:02 (00:08:00) 0:53:02

3 1 MALE 10008 ΒΑΔΒΟΥΣ/NITRO2POWER 0:03:06 (00:03:03) 0:08:08 (00:05:02) 0:12:04 (00:03:55) 0:17:23 (00:05:18) 0:21:35 (00:04:12) 0:27:48 (00:06:12) 0:33:53 (00:06:05) 0:39:00 (00:05:06) 0:40:54 (00:01:54) 0:46:48 (00:05:53) 0:55:26 (00:08:37) 0:55:26

4 2 MALE 20003 FIGHT BOX ATHENS 0:03:30 (00:03:27) 0:08:52 (00:05:21) 0:13:24 (00:04:32) 0:19:07 (00:05:42) 0:23:51 (00:04:43) 0:29:31 (00:05:40) 0:35:13 (00:05:41) 0:40:32 (00:05:19) 0:42:48 (00:02:15) 0:48:26 (00:05:38) 0:56:41 (00:08:15) 0:56:41

5 3 MIXED 20014 LEVEL X 0:04:17 (00:04:14) 0:10:01 (00:05:43) 0:14:32 (00:04:30) 0:19:22 (00:04:49) 0:24:21 (00:04:59) 0:29:24 (00:05:03) 0:35:17 (00:05:52) 0:41:39 (00:06:22) 0:43:45 (00:02:05) 0:49:45 (00:05:59) 0:58:32 (00:08:47) 0:58:32

6 3 MALE 20006 TILOS STREET WORKOUT 0:03:24 (00:03:20) 0:08:57 (00:05:32) 0:13:40 (00:04:42) 0:18:57 (00:05:17) 0:23:52 (00:04:54) 0:29:41 (00:05:49) 0:35:22 (00:05:40) 0:41:08 (00:05:46) 0:43:00 (00:01:51) 0:50:43 (00:07:43) 0:59:43 (00:08:59) 0:59:43

7 4 MALE 10004 ΑΝΕΞΑΡΤΗΤΟΙ 0:03:19 (00:03:17) 0:09:02 (00:05:42) 0:13:43 (00:04:41) 0:19:59 (00:06:15) 0:25:30 (00:05:30) 0:31:32 (00:06:02) 0:37:19 (00:05:47) 0:42:53 (00:05:34) 0:45:03 (00:02:09) 0:51:23 (00:06:19) 1:00:11 (00:08:47) 1:00:11

8 1 FEMALE 10006 STIGMA BOX 0:04:08 (00:04:06) 0:10:53 (00:06:45) 0:15:26 (00:04:32) 0:20:54 (00:05:28) 0:26:20 (00:05:25) 0:32:02 (00:05:42) 0:38:53 (00:06:50) 0:44:20 (00:05:26) 0:46:29 (00:02:09) 0:52:10 (00:05:40) 1:00:49 (00:08:38) 1:00:49

9 4 MIXED 20004 BLACK BOX FITNESS COMMUNITY 0:04:14 (00:04:11) 0:09:58 (00:05:43) 0:14:26 (00:04:28) 0:20:07 (00:05:40) 0:25:29 (00:05:22) 0:31:09 (00:05:39) 0:37:28 (00:06:18) 0:44:17 (00:06:49) 0:46:06 (00:01:48) 0:51:40 (00:05:34) 1:00:52 (00:09:11) 1:00:52

10 5 MALE 10002 STIGMA BOX 0:03:23 (00:03:20) 0:09:34 (00:06:11) 0:14:27 (00:04:53) 0:20:49 (00:06:21) 0:26:00 (00:05:10) 0:32:31 (00:06:31) 0:39:40 (00:07:09) 0:45:22 (00:05:41) 0:47:42 (00:02:19) 0:53:07 (00:05:25) 1:01:56 (00:08:48) 1:01:56

11 5 MIXED 20005 PANDA FIT 0:03:59 (00:03:56) 0:11:37 (00:07:38) 0:16:33 (00:04:55) 0:22:46 (00:06:13) 0:28:11 (00:05:24) 0:37:27 (00:09:16) - 0:44:15 (-:-:-) 0:46:45 (00:02:30) 0:52:24 (00:05:39) 1:01:59 (00:09:35) 1:01:59

12 6 MALE 10003 NEMESIS TEAM 0:03:20 (00:03:17) 0:09:22 (00:06:02) 0:14:19 (00:04:56) 0:20:53 (00:06:33) 0:26:16 (00:05:23) 0:33:03 (00:06:46) 0:38:47 (00:05:44) 0:45:00 (00:06:12) 0:47:00 (00:02:00) 0:53:07 (00:06:06) 1:02:55 (00:09:47) 1:02:55

Rank By Gen. Cat. Gender BIB Country Name Club Loop1 Loop2 Loop3 Loop4 Loop5 Loop6 Loop7 Loop8 Loop9 Loop10 Finish TOTAL

13 7 MALE 20007 EXTRACO 0:03:32 (00:03:29) 0:09:11 (00:05:38) 0:13:57 (00:04:45) 0:21:14 (00:07:17) 0:27:19 (00:06:04) 0:34:17 (00:06:57) 0:40:49 (00:06:31) 0:46:04 (00:05:15) 0:48:10 (00:02:05) 0:55:07 (00:06:57) 1:04:16 (00:09:08) 1:04:16

14 8 MALE 20015 ΦΟΥΛΙΔΗΣ ΓΙΑΝΝΗΣ 0:04:02 (00:03:59) 0:09:42 (00:05:39) 0:14:46 (00:05:04) 0:21:53 (00:07:06) 0:27:40 (00:05:47) 0:34:18 (00:06:37) 0:40:24 (00:06:05) 0:46:04 (00:05:39) 0:48:28 (00:02:24) 0:55:09 (00:06:40) 1:04:22 (00:09:12) 1:04:22

15 9 MALE 10001 WIP 0:03:51 (00:03:48) 0:10:18 (00:06:26) 0:15:08 (00:04:49) 0:20:40 (00:05:31) 0:25:56 (00:05:16) 0:33:18 (00:07:21) 0:39:59 (00:06:40) 0:47:45 (00:07:46) 0:50:11 (00:02:26) 0:57:14 (00:07:02) 1:04:37 (00:07:22) 1:04:37

16 6 MIXED 20009 ΚΑΡΧΑΡΙΟΜΑΧΟΙ 0:04:10 (00:04:07) 0:10:08 (00:05:58) 0:15:11 (00:05:03) 0:22:01 (00:06:49) 0:27:48 (00:05:46) 0:35:52 (00:08:04) 0:42:22 (00:06:29) 0:49:44 (00:07:21) 0:52:10 (00:02:26) 0:58:39 (00:06:29) 1:08:39 (00:09:59) 1:08:39

17 7 MIXED 20010 PANDA RUNNERS 0:04:41 (00:04:38) 0:12:00 (00:07:19) 0:17:54 (00:05:53) 0:25:07 (00:07:12) 0:31:42 (00:06:35) 0:38:36 (00:06:53) 0:45:17 (00:06:40) 0:51:26 (00:06:08) 0:54:23 (00:02:57) 1:00:08 (00:05:44) 1:10:17 (00:10:09) 1:10:17

18 8 MIXED 10005 PANDAFIT 0:03:35 (00:03:32) 0:11:22 (00:07:46) 0:16:04 (00:04:42) 0:22:58 (00:06:53) 0:28:42 (00:05:43) 0:38:35 (00:09:52) 0:47:20 (00:08:45) 0:54:45 (00:07:25) 0:56:53 (00:02:07) 1:01:32 (00:04:38) 1:10:22 (00:08:49) 1:10:22

19 10 MALE 10012 PANDAFIT 0:04:19 (00:04:16) 0:10:42 (00:06:22) 0:15:40 (00:04:58) 0:22:40 (00:07:00) 0:28:40 (00:05:59) 0:38:49 (00:10:09) 0:47:24 (00:08:34) 0:54:52 (00:07:28) 0:57:25 (00:02:32) 1:05:31 (00:08:05) 1:15:02 (00:09:31) 1:15:02

20 11 MALE 10009 ΕΛΙΝΟΙΑ 0:04:11 (00:04:07) 0:10:41 (00:06:29) 0:16:08 (00:05:26) 0:23:29 (00:07:20) 0:30:40 (00:07:11) 0:38:31 (00:07:50) 0:45:16 (00:06:44) 0:53:06 (00:07:50) 0:55:47 (00:02:40) 1:04:36 (00:08:49) 1:15:06 (00:10:30) 1:15:06

21 2 FEMALE 20002 NAOV 0:05:01 (00:04:57) 0:12:12 (00:07:10) 0:18:18 (00:06:05) 0:24:01 (00:05:42) 0:29:51 (00:05:49) 0:37:23 (00:07:31) 0:43:51 (00:06:28) 0:50:29 (00:06:37) 0:57:45 (00:07:15) 1:08:04 (00:10:19) 1:21:05 (00:13:01) 1:21:05

22 3 FEMALE 20011 PUBLIC NEXT 0:05:44 (00:05:41) 0:14:07 (00:08:23) 0:20:00 (00:05:53) 0:28:48 (00:08:47) 0:36:02 (00:07:13) 0:42:52 (00:06:50) 0:51:40 (00:08:48) 1:00:51 (00:09:10) 1:03:20 (00:02:28) 1:12:06 (00:08:46) 1:22:38 (00:10:31) 1:22:38

23 9 MIXED 20001 MATOU FRANCE 0:06:21 (00:06:17) 0:18:18 (00:11:57) 0:25:26 (00:07:07) 0:32:41 (00:07:15) 0:40:32 (00:07:50) 0:47:22 (00:06:50) 0:56:46 (00:09:23) 1:06:13 (00:09:26) 1:12:50 (00:06:36) 1:22:07 (00:09:16) 1:28:23 (00:06:16) 1:28:23

24 12 MALE 20016 0:04:12 (00:04:09) 0:10:44 (00:06:31) 0:16:02 (00:05:18) 0:24:09 (00:08:07) 0:30:34 (00:06:24) 0:39:31 (00:08:57) 0:45:59 (00:06:27) 0:53:08 (00:07:09) 1:03:02 (00:09:53) - - -