

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
1	1	1	1	1427	PAPALEONIDAS IOANNIS Άνδρας - 1987 (M35) - GRC Α.Ο. ΤΡΙΤΩΝ ΧΑΛΚΙΔΑΣ	00:01:23 00:01:23	00:09:57 00:09:56	00:18:27 00:18:27	00:27:17 00:27:17	00:35:22 00:35:22
2	2	1	2	1529	SIFAKIS EMMANOUIL Άνδρας - 1973 (M50) - GRC ΟΦΗ	00:01:24 00:01:24	00:10:34 00:10:34	00:19:33 00:19:33	00:29:03 00:29:03	00:37:33 00:37:33
3	3	1	3	1011	LAVRENTAKIS GIANNIS Άνδρας - 1979 (M45) - GRC	00:01:26 00:01:26	00:10:38 00:10:38	00:19:35 00:19:35	00:29:10 00:29:10	00:37:53 00:37:53
4	4	1	4	1308	ANASTASAKIS PANTELEIMON Άνδρας - 1983 (M40) - GRC ΟΦΗ /ΣΔΥ Μεγαλόνησος	00:01:29 00:01:29	00:11:01 00:11:01	00:20:08 00:20:08	00:29:47 00:29:47	00:38:26 00:38:26
5	5	2	5	1339	ANYFANTAKIS ALEXANDROS Άνδρας - 1970 (M50) - GRC ΟΦΗ	00:01:29 00:01:29	00:11:01 00:11:01	00:20:11 00:20:11	00:29:57 00:29:57	00:38:33 00:38:33
6	6	3	6	1377	PAPADAKIS STAMATIS Άνδρας - 1974 (M50) - GRC	00:01:40 00:01:40	00:11:26 00:11:26	00:20:41 00:20:41	00:30:16 00:30:16	00:38:50 00:38:50
7	7	1	7	1001	KAMPAXIS PANTELIS Άνδρας - 1968 (M55) - GRC S.M.K. Ο ΙΚΑΡΟΣ	00:01:27 00:01:27	00:10:54 00:10:54	00:20:31 00:20:31	00:30:44 00:30:44	00:40:04 00:40:04
8	8	2	8	1071	MANIOTIS DIMITRIOS Άνδρας - 1984 (M40) - GRC Galatsi Runners	00:01:27 00:01:27	00:11:07 00:11:07	00:20:48 00:20:47	00:30:55 00:30:55	00:40:26 00:40:26
9	9	1	9	1289	ZIDIANAKIS NIKOLAOS Άνδρας - 2005 (M) - GRC	00:01:29 00:01:27	00:11:08 00:11:06	00:20:51 00:20:49	00:31:12 00:31:10	00:40:41 00:40:39
10	10	2	10	1487	KOKOLOGIANNAKIS KONSTANTINOS Άνδρας - 1976 (M45) - GRC ΚΑΡΔΙΑ ΤΟΥ ΠΑΙΔΙΟΥ	00:01:35 00:01:34	00:11:49 00:11:48	00:21:39 00:21:38	00:32:04 00:32:03	00:41:46 00:41:45
11	11	3	11	1016	CHOURDAKIS EMMANOUIL Άνδρας - 1978 (M45) - GRC ΓΕΛ ΚΑΣΤΕΛΛΙΟΥ	00:01:35 00:01:32	00:11:36 00:11:33	00:21:42 00:21:39	00:32:29 00:32:26	00:42:27 00:42:25
12	12	1	1	1002	PROTOGERAKI AIMILI Γυναίκα - 1992 (F) - GRC	00:01:42 00:01:42	00:12:18 00:12:18	00:22:22 00:22:22	00:32:52 00:32:52	00:42:38 00:42:38
13	13	2	12	1316	KAFOUSIS KONSTANTINOS Άνδρας - 2003 (M) - GRC	00:01:35 00:01:34	00:12:39 00:12:38	00:23:23 00:23:22	00:33:37 00:33:36	00:42:51 00:42:50
14	14	3	13	1033	MASTORAKIS IASONAS Άνδρας - 1994 (M) - GRC CARV	00:01:44 00:01:44	00:12:24 00:12:24	00:22:48 00:22:48	00:33:28 00:33:28	00:42:52 00:42:51
15	15	1	14	1073	SARIDAKIS IOANNIS Άνδρας - 1954 (M65+) - GRC ΟΦΗ/ ΣΔΥ Μεγαλόνησος	00:01:42 00:01:42	00:12:18 00:12:18	00:22:22 00:22:22	00:33:03 00:33:03	00:42:56 00:42:56
16	16	3	15	1013	MOCHIANAKIS MANOS Άνδρας - 1981 (M40) - GRC	00:01:45 00:01:43	00:12:24 00:12:23	00:22:49 00:22:47	00:33:28 00:33:27	00:43:07 00:43:06
17	17	4	16	1015	AKROTIRIANAKIS STYLIANOS Άνδρας - 1974 (M50) - GRC ΣΔΥΧ	00:01:42 00:01:42	00:12:18 00:12:18	00:22:24 00:22:24	00:33:27 00:33:27	00:43:10 00:43:10
18	18	4	17	1387	APOSTOLAKAKIS AVRAAM Άνδρας - 1983 (M40) - GRC Σύλλογος Μαραθωνοδρόμων Κρήτης	00:01:38 00:01:37	00:12:30 00:12:28	00:23:02 00:23:01	00:33:46 00:33:44	00:43:10 00:43:09
19	19	5	18	1027	MANIATIS GEORGE Άνδρας - 1972 (M50) - GRC Αναπτυξιακός Σύλλογος Γυναικών Επιχειρηματιών Κρ	00:01:56 00:01:56	00:12:40 00:12:40	00:23:04 00:23:04	00:33:47 00:33:47	00:43:31 00:43:31
20	20	4	19	1466	KOUNDOURAKIS MARIOS Άνδρας - 1976 (M45) - GRC	00:01:38 00:01:37	00:12:17 00:12:16	00:22:49 00:22:48	00:33:44 00:33:42	00:43:39 00:43:37
21	21	5	20	1075	KOKOLAKIS EVAGGELOS Άνδρας - 1983 (M40) - GRC	00:01:42 00:01:41	00:12:45 00:12:44	00:23:42 00:23:40	00:34:20 00:34:19	00:43:48 00:43:46
22	22	5	21	1018	PARASYRIS DIMITRIS Άνδρας - 1976 (M45) - GRC	00:01:36 00:01:35	00:12:15 00:12:14	00:22:50 00:22:49	00:33:54 00:33:53	00:43:59 00:43:58
23	23	1	2	1410	SALASSA CAROLINA Γυναίκα - 1989 (F35) - ITA	00:01:45 00:01:45	00:12:33 00:12:33	00:23:00 00:23:00	00:33:56 00:33:56	00:44:09 00:44:09
24	24	6	22	1064	MATHIOUDAKIS GEORGIOS Άνδρας - 1980 (M40) - GRC	00:01:37 00:01:37	00:12:25 00:12:25	00:23:08 00:23:08	00:34:20 00:34:20	00:44:37 00:44:37
25	25	1	23	1019	FRANTZIKINAKIS MANOLIS Άνδρας - 2008 (M12) - GRC	00:01:41 00:01:38	00:12:27 00:12:25	00:22:32 00:22:29	00:33:52 00:33:49	00:44:45 00:44:42
26	26	6	24	1034	DAVIGLAKIS ZACHARIAS Άνδρας - 1976 (M45) - GRC	00:01:43 00:01:41	00:12:32 00:12:30	00:23:10 00:23:08	00:34:33 00:34:32	00:45:06 00:45:04
27	27	2	25	1041	KORNARAKIS KOSTAS Άνδρας - 1986 (M35) - GRC	00:02:14 00:01:55	00:12:52 00:12:33	00:23:42 00:23:23	00:34:48 00:34:29	00:45:18 00:44:59
28	28	4	26	1096	ARVANITIS GIORGOS Άνδρας - 1991 (M) - GRC	00:01:28 00:01:25	00:11:57 00:11:54	00:22:58 00:22:55	00:34:43 00:34:40	00:45:23 00:45:20

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
29	29	5	27	1056	CHAROULIS GIORGOS Άνδρας - 1992 (M) - GRC	00:02:07 00:01:59	00:12:58 00:12:50	00:23:58 00:23:50	00:35:10 00:35:02	00:45:24 00:45:15
30	30	6	28	1293	KIAOULIAS ORESTIS Άνδρας - 1998 (M) - GRC	00:01:57 00:01:53	00:12:54 00:12:50	00:23:35 00:23:31	00:35:01 00:34:57	00:45:32 00:45:28
31	31	7	29	1235	GIANNIKAKIS DIMITRIS Άνδρας - 1993 (M) - GRC AO Αντάϊος	00:02:05 00:01:54	00:13:13 00:13:01	00:24:15 00:24:04	00:35:25 00:35:13	00:45:36 00:45:24
32	32	6	30	1035	MAVRANTONAKIS KOSTIS Άνδρας - 1971 (M50) - GRC Σ.Δ.Υ.ΜΕΓΑΛ.	00:01:49 00:01:46	00:13:10 00:13:07	00:24:05 00:24:01	00:35:19 00:35:16	00:45:44 00:45:41
33	33	2	31	1040	KATSIROS ANASTASIOS Άνδρας - 1968 (M55) - GRC	00:01:48 00:01:45	00:12:47 00:12:44	00:23:32 00:23:29	00:35:03 00:35:01	00:45:49 00:45:46
34	34	8	32	1402	KOUTENTAKIS MARINOS Άνδρας - 1997 (M) - GRC Flow868	00:01:44 00:01:42	00:12:45 00:12:43	00:23:44 00:23:42	00:35:13 00:35:11	00:46:06 00:46:04
35	35	3	33	1545	VELIBASAKIS KONSTANTINOS Άνδρας - 1965 (M55) - GRC ΚΑΡΔΙΑ ΤΟΥ ΠΑΙΔΙΟΥ	00:01:59 00:01:49	00:13:10 00:13:00	00:24:21 00:24:10	00:35:42 00:35:31	00:46:10 00:46:00
36	36	7	34	1020	SOUFIS EVANGELOS Άνδρας - 1976 (M45) - GRC ΤΟ ΤΡΕΧΑΛΗΤΟ - ΧΟΧΛΙΟΣ TEAM	00:01:49 00:01:45	00:13:16 00:13:11	00:24:23 00:24:18	00:35:41 00:35:37	00:46:11 00:46:06
37	37	8	35	1025	MOUDATSOS GEORGIOS Άνδρας - 1979 (M45) - GRC ΣΔΗΡΑΚΛΕΙΟΥ ΜΥΡΥΝ ΜΑΝΕΛΑΚΙΣ	00:01:52 00:01:52	00:13:20 00:13:20	00:24:27 00:24:27	00:35:54 00:35:54	00:46:12 00:46:12
38	38	1	3	1400	FOURNARAKI EIRINI Γυναίκα - 1973 (F50) - GRC ΣΜΚ-ΙΚΑΡΟΣ	00:02:05 00:01:48	00:13:23 00:13:07	00:24:30 00:24:14	00:36:06 00:35:49	00:46:34 00:46:18
39	39	9	36	1024	DIALYNAS NIKITAS Άνδρας - 1992 (M) - GRC Leve-I Studio	00:01:45 00:01:45	00:12:45 00:12:45	00:23:47 00:23:47	00:35:52 00:35:52	00:46:42 00:46:42
40	40	1	4	1533	VLACHAKI EYAGGELIA Γυναίκα - 1976 (F45) - GRC ΣΗΤΕΙΑΚΟΣ Α.Ο	00:01:43 00:01:41	00:12:48 00:12:46	00:23:57 00:23:55	00:35:59 00:35:57	00:46:42 00:46:40
41	41	7	37	1077	VOLYRAKIS EPAMEINONDAS Άνδρας - 1983 (M40) - GRC Η Καρδιά του Παιδιού	00:01:57 00:01:55	00:13:44 00:13:42	00:25:12 00:25:09	00:36:33 00:36:31	00:46:45 00:46:42
42	42	8	38	1046	VAFIADIS KONSTANTINOS Άνδρας - 1981 (M40) - GRC	00:01:43 00:01:41	00:13:10 00:13:07	00:24:34 00:24:32	00:36:06 00:36:04	00:46:48 00:46:46
43	43	7	39	1004	POLITAKIS CHARALAMROS Άνδρας - 1970 (M50) - GRC	00:01:55 00:01:46	00:13:22 00:13:13	00:24:33 00:24:24	00:36:05 00:35:57	00:46:49 00:46:41
44	44	8	40	1009	PAPADAKIS DIMITRIOS Άνδρας - 1974 (M50) - GRC ERGO RUNNING TEAM	00:01:54 00:01:52	00:13:43 00:13:41	00:25:07 00:25:05	00:36:43 00:36:41	00:46:57 00:46:55
45	45	2	41	1539	BELIVANAKIS MICHAIL Άνδρας - 1955 (M65+) - GRC	00:01:45 00:01:45	00:13:24 00:13:24	00:25:01 00:25:01	00:36:33 00:36:33	00:47:01 00:47:01
46	46	9	42	1036	KARAKIDIS CHARALAMPOS Άνδρας - 1973 (M50) - GRC Σύλλογος Μαραθωνοδρόμων Κρήτης Ίκαρος	00:01:50 00:01:45	00:13:24 00:13:20	00:25:00 00:24:56	00:36:32 00:36:28	00:47:07 00:47:03
47	47	9	43	1042	APOSTOLAKIS DIMITRIOS Άνδρας - 1980 (M40) - GRC Ο.Υ.Κρήτης	00:02:14 00:02:01	00:14:10 00:13:57	00:25:33 00:25:20	00:37:03 00:36:51	00:47:13 00:47:00
48	48	2	44	1412	KAZAKOS NIKOLAOS Άνδρας - 2007 (M12) - GRC	00:01:45 00:01:39	00:12:40 00:12:35	00:23:52 00:23:46	00:36:06 00:36:01	00:47:21 00:47:15
49	49	10	45	1318	LAZAROU THEMISTOKLIS ARSENIOS Άνδρας - 2005 (M) - GRC	00:01:54 00:01:46	00:13:16 00:13:08	00:24:46 00:24:39	00:36:46 00:36:39	00:47:24 00:47:17
50	50	11	46	1553	GENNARAKIS NIKOLAOS Άνδρας - 2004 (M) - GRC	00:02:12 00:01:59	00:13:18 00:13:05	00:24:42 00:24:29	00:36:38 00:36:25	00:47:25 00:47:12
51	51	12	47	1032	GENNARAKIS THANOS Άνδρας - 1990 (M) - GRC	00:02:14 00:02:01	00:13:17 00:13:04	00:24:41 00:24:28	00:36:38 00:36:25	00:47:25 00:47:12
52	52	9	48	1288	PETROULAKIS ANDREAS Άνδρας - 1979 (M45) - GRC Xoxlios Team	00:01:51 00:01:45	00:12:43 00:12:37	00:24:16 00:24:10	00:36:18 00:36:12	00:47:26 00:47:20
53	53	13	49	1256	NISKOU AGGELOS Άνδρας - 2001 (M) - GRC	00:01:50 00:01:43	00:13:22 00:13:15	00:25:10 00:25:03	00:37:00 00:36:54	00:47:40 00:47:33
54	54	10	50	1418	ARABATZIS NIKOLAOS Άνδρας - 1975 (M45) - GRC	00:01:54 00:01:46	00:13:16 00:13:09	00:24:50 00:24:42	00:36:39 00:36:31	00:47:42 00:47:34
55	55	10	51	1012	MARNELLOS IOANNIS Άνδρας - 1972 (M50) - GRC HERAKLIONGYM	00:01:55 00:01:51	00:13:44 00:13:41	00:25:11 00:25:08	00:37:03 00:36:59	00:47:55 00:47:51
56	56	10	52	1472	PAPADAKIS GEORGIOS Άνδρας - 1984 (M40) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:11 00:01:54	00:13:20 00:13:03	00:25:00 00:24:43	00:36:59 00:36:42	00:47:58 00:47:41
57	57	11	53	1494	KIPRIOTAKIS LEFTERIS Άνδρας - 1977 (M45) - GRC AEROCROSS	00:02:13 00:01:49	00:13:42 00:13:18	00:25:16 00:24:52	00:37:06 00:36:42	00:48:05 00:47:41

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
58	58	11	54	1105	TROCHALAKIS ALEXANDROS Άνδρας - 1980 (M40) - GRC Χοχλιος	00:02:20 00:02:03	00:14:14 00:13:56	00:25:51 00:25:33	00:37:27 00:37:10	00:48:18 00:48:01
59	59	1	5	1057	MALEFITSAKI GEORGIA Γυναίκα - 1980 (F40) - GRC Η ΚΑΡΔΙΑ ΤΟΥ ΠΑΙΔΙΟΥ	00:01:57 00:01:52	00:13:43 00:13:38	00:25:17 00:25:12	00:37:14 00:37:09	00:48:21 00:48:16
60	60	12	55	1510	KALAITZAKIS NIKOLAOS Άνδρας - 1977 (M45) - GRC Σ.Μ. Κρήτης Ίκαρος	00:01:55 00:01:51	00:13:20 00:13:16	00:24:50 00:24:46	00:37:13 00:37:09	00:48:29 00:48:25
61	61	2	6	1053	MARKAKI ELENA Γυναίκα - 1985 (F35) - GRC	00:01:50 00:01:46	00:13:11 00:13:07	00:24:51 00:24:47	00:37:07 00:37:03	00:48:32 00:48:28
62	62	2	7	1328	KHAIBULAEVA ZANNA Γυναίκα - 1977 (F45) - RUS	00:02:10 00:02:04	00:13:51 00:13:45	00:25:31 00:25:25	00:37:35 00:37:28	00:48:34 00:48:28
63	63	11	56	1052	KAPNISTOS MICHALIS Άνδρας - 1973 (M50) - GRC	00:02:38 00:02:10	00:14:50 00:14:22	00:26:15 00:25:47	00:37:55 00:37:27	00:48:36 00:48:08
64	64	1	57	1048	MARKAKIS ATHANASIOS Άνδρας - 1961 (M60) - GRC RUNBEAT	00:01:55 00:01:53	00:13:59 00:13:57	00:25:52 00:25:49	00:37:46 00:37:44	00:48:44 00:48:41
65	65	2	8	1336	MOUSOURAKI ARTEMISIA Γυναίκα - 1980 (F40) - GRC	00:02:02 00:01:56	00:13:51 00:13:45	00:25:32 00:25:26	00:37:35 00:37:28	00:48:45 00:48:39
66	66	14	58	1517	ASLAMATZIDIS MINAS Άνδρας - 2000 (M) - GRC	00:01:47 00:01:45	00:13:35 00:13:33	00:25:07 00:25:05	00:37:30 00:37:28	00:48:47 00:48:45
67	67	12	59	1286	KALITSOUNAKIS PETROS Άνδρας - 1974 (M50) - GRC	00:01:53 00:01:48	00:13:19 00:13:14	00:24:44 00:24:40	00:37:03 00:36:58	00:48:51 00:48:46
68	68	12	60	1546	LABRAKIS KOSTAS Άνδρας - 1981 (M40) - GRC Σύλλογος δρομέων υγείας Μεγαλονησος	00:01:53 00:01:43	00:13:23 00:13:13	00:25:13 00:25:02	00:37:26 00:37:16	00:48:53 00:48:42
69	69	2	9	1031	PARINOU NEKTARIA Γυναίκα - 1971 (F50) - GRC Βισσέντζος Κορνάρος Σητείας	00:01:42 00:01:42	00:13:22 00:13:22	00:25:18 00:25:18	00:37:34 00:37:34	00:48:58 00:48:58
70	70	3	61	1039	LEONTAKIS GEORGIOS Άνδρας - 1987 (M35) - GRC MyRun Manelakis	00:02:00 00:01:51	00:13:37 00:13:27	00:25:17 00:25:08	00:37:25 00:37:16	00:48:59 00:48:49
71	71	3	10	1330	KOUZOULOGLOU MARIA Γυναίκα - 1984 (F40) - GRC	00:02:27 00:02:07	00:14:27 00:14:07	00:26:04 00:25:45	00:38:05 00:37:46	00:49:01 00:48:41
72	72	15	62	1121	SMYRLIS MICHALIS Άνδρας - 1994 (M) - GRC	00:02:03 00:01:58	00:14:13 00:14:07	00:26:18 00:26:12	00:38:27 00:38:21	00:49:04 00:48:59
73	73	4	63	1063	DELIA ARIS Άνδρας - 1989 (M35) - GRC Λεβελ	00:01:48 00:01:45	00:13:36 00:13:33	00:25:41 00:25:38	00:38:09 00:38:06	00:49:08 00:49:05
74	74	5	64	1476	KALTSAS IOANNIS Άνδρας - 1987 (M35) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:00 00:01:50	00:13:16 00:13:06	00:24:49 00:24:39	00:37:01 00:36:51	00:49:19 00:49:09
75	75	6	65	1395	ROULIOS ARIS Άνδρας - 1986 (M35) - GRC	00:01:54 00:01:47	00:14:01 00:13:54	00:26:00 00:25:54	00:38:12 00:38:06	00:49:19 00:49:13
76	76	13	66	1028	RAFTOPOULOS ARGIRIOS Άνδρας - 1981 (M40) - GRC	00:01:36 00:01:36	00:13:20 00:13:20	00:25:19 00:25:19	00:37:41 00:37:41	00:49:23 00:49:23
77	77	13	67	1006	STRATAKIS MANOS Άνδρας - 1975 (M45) - GRC	00:02:13 00:02:00	00:14:42 00:14:28	00:26:52 00:26:39	00:39:02 00:38:49	00:49:31 00:49:17
78	78	16	68	1480	PEROGIANNAKIS EMMANOUIL Άνδρας - 1991 (M) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:06 00:01:55	00:14:00 00:13:49	00:26:00 00:25:49	00:38:18 00:38:08	00:49:38 00:49:27
79	79	7	69	1043	MICHOS ANTONIS Άνδρας - 1987 (M35) - GRC Σύλλογος Μαραθωνοδρόμων Κρήτης	00:02:05 00:01:50	00:14:03 00:13:48	00:26:10 00:25:55	00:38:35 00:38:20	00:49:47 00:49:32
80	80	14	70	1078	FIorentZIS STELIOS Άνδρας - 1981 (M40) - GRC	00:02:03 00:01:55	00:13:52 00:13:45	00:26:06 00:25:59	00:38:23 00:38:16	00:49:48 00:49:41
81	81	14	71	1537	TZIOTIS NIKIFOROS Άνδρας - 1976 (M45) - GRC Ο.Φ.Η	00:01:52 00:01:50	00:13:59 00:13:57	00:26:34 00:26:32	00:39:02 00:39:00	00:49:56 00:49:54
82	82	15	72	1541	DOMALAKIS IOANNIS Άνδρας - 1983 (M40) - GRC	00:02:16 00:02:01	00:14:43 00:14:28	00:26:54 00:26:40	00:39:03 00:38:49	00:49:56 00:49:41
83	83	15	73	1050	BASHEV ANTONIS Άνδρας - 1976 (M45) - BGR	00:02:17 00:02:03	00:14:17 00:14:03	00:26:16 00:26:02	00:38:35 00:38:21	00:49:58 00:49:44
84	84	17	74	1337	TZIVIAS ANDREAS Άνδρας - 1992 (M) - GRC	00:02:06 00:01:51	00:13:29 00:13:13	00:25:14 00:24:59	00:38:11 00:37:56	00:49:58 00:49:43
85	85	3	75	1321	KARAPIDIS MANOS Άνδρας - 2008 (M12) - GRC Τσολακ	00:02:51 00:02:33	00:20:25 00:20:07	-	-	00:50:10 00:49:52
86	86	16	76	1401	ZEAKIS GEORGIOS Άνδρας - 1975 (M45) - GRC ΣΜΚ-ΙΚΑΡΟΣ	00:02:01 00:01:48	00:13:43 00:13:29	00:25:39 00:25:25	00:38:32 00:38:18	00:50:13 00:49:59

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
87	87	17	77	1066	NOMIKOS NIKOLAS Άνδρας - 1979 (M45) - GRC ΘΑ. Ν. Ο. Σ. Ηρακλείου	00:01:59 00:01:53	00:13:52 00:13:46	00:26:00 00:25:54	00:38:31 00:38:25	00:50:15 00:50:09
88	88	3	11	1051	RAPTI ALEKA Γυναίκα - 1979 (F45) - GRC	00:01:57 00:01:53	00:14:01 00:13:58	00:25:49 00:25:45	00:38:08 00:38:05	00:50:21 00:50:17
89	89	16	78	1558	PAPADAKIS GIANNIS Άνδρας - 1981 (M40) - GRC	00:01:52 00:01:49	00:13:21 00:13:18	00:24:49 00:24:46	00:37:11 00:37:08	00:50:32 00:50:29
90	90	2	12	1365	KALOGERAKI DESPOINA Γυναίκα - 1993 (F) - GRC	00:01:53 00:01:46	00:13:36 00:13:29	00:25:34 00:25:28	00:38:50 00:38:43	00:50:38 00:50:31
91	91	18	79	1393	TOUTOUDAKIS MICHAIL Άνδρας - 2003 (M) - GRC	00:01:44 00:01:40	00:12:37 00:12:33	00:24:37 00:24:33	00:38:10 00:38:06	00:50:42 00:50:39
92	92	13	80	1227	SOTIROPOULOS JIANNIS Άνδρας - 1974 (M50) - GRC	00:02:10 00:02:03	00:14:35 00:14:27	00:27:22 00:27:14	00:40:05 00:39:57	00:50:50 00:50:42
93	93	19	81	1054	VLACHAKIS GEORGIOS Άνδρας - 1991 (M) - GRC	00:02:00 00:01:51	00:13:09 00:13:00	00:25:14 00:25:06	00:38:58 00:38:49	00:50:51 00:50:42
94	94	17	82	1088	KOUBANAKIS GIANNIS Άνδρας - 1982 (M40) - GRC	00:01:59 00:01:53	00:14:18 00:14:13	00:26:48 00:26:43	00:39:37 00:39:32	00:50:54 00:50:49
95	95	20	83	1135	DIMOU NIKOLAOS Άνδρας - 1998 (M) - GRC CARV	00:02:03 00:01:57	00:14:13 00:14:07	00:26:18 00:26:12	00:38:32 00:38:26	00:50:59 00:50:53
96	96	14	84	1003	NIKAKIS KONSTADINOS Άνδρας - 1971 (M50) - GRC Alania Team	00:02:04 00:01:57	00:14:14 00:14:08	00:26:35 00:26:29	00:39:32 00:39:26	00:51:01 00:50:54
97	97	21	85	1094	TZAGKARAKIS DIMITRIOS Άνδρας - 1993 (M) - GRC HERAKLIONGYMS	00:01:55 00:01:51	00:13:46 00:13:42	00:26:13 00:26:09	00:39:20 00:39:16	00:51:11 00:51:07
98	98	3	13	1551	GIANNAKAKI EVAGGELIA MARIA Γυναίκα - 1986 (F35) - GRC MY RUN MANELAKIS	00:02:03 00:02:01	00:14:46 00:14:43	00:27:06 00:27:04	00:39:36 00:39:34	00:51:14 00:51:12
99	99	18	86	1092	PAPADAKIS CRISTOS Άνδρας - 1977 (M45) - GRC FREE AGENT	00:02:21 00:01:56	00:14:43 00:14:18	00:26:56 00:26:31	00:39:36 00:39:11	00:51:14 00:50:49
100	100	4	87	1243	SANOUDAKIS MARKOS Άνδρας - 1966 (M55) - GRC	00:02:13 00:02:03	00:14:39 00:14:29	00:27:13 00:27:02	00:40:04 00:39:54	00:51:18 00:51:07
101	101	19	88	1102	KANTARTZIS DIMITRIS Άνδρας - 1978 (M45) - GRC	00:02:02 00:01:57	00:14:55 00:14:49	00:27:35 00:27:30	00:40:04 00:39:59	00:51:18 00:51:13
102	102	4	14	1499	VOULTEPSI XARITINI Γυναίκα - 1983 (F40) - GRC Hraklion gyms	00:01:58 00:01:57	00:14:34 00:14:33	00:26:46 00:26:45	00:39:40 00:39:39	00:51:27 00:51:26
103	103	20	89	1560	KOUMIANAKIS GIORGOS Άνδρας - 1976 (M45) - GRC	00:01:53 00:01:50	00:14:16 00:14:12	00:26:42 00:26:38	00:39:34 00:39:30	00:51:28 00:51:24
104	104	8	90	1274	ZEAKIS KONSTANTINOS - CHRYSOVALANTIS Άνδρας - 1986 (M35) - GRC	00:02:18 00:02:03	00:14:44 00:14:29	00:27:01 00:26:46	00:39:47 00:39:32	00:51:36 00:51:21
105	105	5	15	1087	LIASOU CHRISTINA Γυναίκα - 1981 (F40) - GRC	00:01:59 00:01:54	00:14:19 00:14:14	00:26:49 00:26:44	00:39:46 00:39:41	00:51:37 00:51:32
106	106	9	91	1475	KALOMOIRIS GRIGORIS Άνδρας - 1986 (M35) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:40 00:02:14	00:15:12 00:14:46	00:27:12 00:26:46	00:39:43 00:39:17	00:51:38 00:51:12
107	107	22	92	1398	NTELIS IOANNIS Άνδρας - 2005 (M) - GRC Μαραθωνοδρόμοι Κρήτης	00:01:54 00:01:45	00:13:19 00:13:11	00:25:35 00:25:27	00:38:39 00:38:31	00:51:47 00:51:39
108	108	18	93	1352	PAPADOULAKIS STELIOS Άνδρας - 1980 (M40) - GRC	00:02:24 00:02:11	00:15:29 00:15:15	00:27:55 00:27:42	00:40:36 00:40:22	00:51:55 00:51:42
109	109	3	16	1085	LADA NIKOLETA Γυναίκα - 1990 (F) - GRC Αθλητικός Όμιλος Φλώρινας	00:01:52 00:01:50	00:14:00 00:13:58	00:26:34 00:26:32	00:39:49 00:39:47	00:52:01 00:51:59
110	110	2	94	1079	DIARMISAKIS KONSTANTINOS Άνδρας - 1962 (M60) - GRC ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΚΡΗΤΗΣ ΙΚΑΡΟΣ	00:02:20 00:02:08	00:15:15 00:15:03	00:27:52 00:27:40	00:40:42 00:40:30	00:52:25 00:52:13
111	111	4	95	1030	KAPNISTOS GIORGOS Άνδρας - 2007 (M12) - GRC	00:01:45 00:01:40	00:12:39 00:12:34	00:23:54 00:23:49	00:37:21 00:37:16	00:52:31 00:52:25
112	112	23	96	1255	MICHELAKIS GIORGOS Άνδρας - 2000 (M) - GRC	00:02:19 00:02:08	00:14:17 00:14:06	00:26:40 00:26:29	00:39:59 00:39:48	00:52:39 00:52:28
113	113	10	97	1038	PAPADAKIS DIMITRIS Άνδρας - 1988 (M35) - GRC	00:02:50 00:02:26	00:16:08 00:15:44	00:28:17 00:27:53	00:41:15 00:40:51	00:52:41 00:52:17
114	114	19	98	1262	OIKONOMOU VASILIS Άνδρας - 1981 (M40) - GRC	00:02:51 00:02:27	00:16:08 00:15:44	00:28:17 00:27:53	00:41:16 00:40:51	00:52:42 00:52:18
115	115	24	99	1060	FOTOS MANOLIS Άνδρας - 2005 (M) - GRC GYM HERAKLEION	00:02:03 00:01:55	00:14:27 00:14:18	00:27:40 00:27:32	00:41:22 00:41:14	00:52:54 00:52:45

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
116	116	3	17	1302	ΚΑΚΟΥΔΑΚΙ ΕΛΕΦΤΗΡΙΑ Γυναίκα - 1970 (F50) - GRC ERGO RUNNING TEAM	00:02:16 00:02:02	00:14:37 00:14:22	00:27:23 00:27:08	00:40:53 00:40:38	00:52:54 00:52:40
117	117	5	100	1259	ΚΑΛΟΥΔΑΚΙΣ ΓΙΟΡΓΟΣ Άνδρας - 2008 (M12) - GRC	00:01:40 00:01:38	00:12:28 00:12:25	00:22:59 00:22:57	00:36:38 00:36:36	00:52:59 00:52:56
118	118	20	101	1240	VIANNITAKIS IOSIF Άνδρας - 1982 (M40) - GRC	00:01:50 00:01:47	00:14:20 00:14:17	00:27:37 00:27:33	00:41:27 00:41:24	00:53:00 00:52:57
119	119	4	18	1081	ZACHARIOUDAKI GEORGIA Γυναίκα - 1986 (F35) - GRC Mikro Jim	00:01:58 00:01:54	00:14:07 00:14:03	00:26:47 00:26:44	00:40:14 00:40:11	00:53:07 00:53:03
120	120	21	102	1542	DOMALAKIS EMMANOUIL Άνδρας - 1981 (M40) - GRC	00:02:15 00:02:01	00:14:43 00:14:29	00:26:55 00:26:40	00:40:35 00:40:21	00:53:07 00:52:53
121	121	5	103	1122	GEORGITSIS PANAGIOTIS Άνδρας - 1969 (M55) - GRC	00:02:13 00:02:04	00:15:09 00:15:00	00:28:13 00:28:04	00:41:11 00:41:02	00:53:17 00:53:08
122	122	25	104	1133	VIDALIS KONSTANTINOS Άνδρας - 1994 (M) - GRC ΤΟΥΟΤΑ ΠΑΠΑΚΑΛΙΑΤΗΣ	00:02:07 00:02:00	00:14:41 00:14:34	00:27:31 00:27:24	00:41:09 00:41:02	00:53:27 00:53:20
123	123	21	105	1142	ΝΙΚΙΦΟΡΑΚΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1976 (M45) - GRC ΚΑΡΔΙΑ ΤΟΥ ΠΑΙΔΙΟΥ	00:02:22 00:02:08	00:15:09 00:14:55	00:27:59 00:27:45	00:41:13 00:40:59	00:53:28 00:53:14
124	124	15	106	1231	GRIGORIOU PANAGIOTIS Άνδρας - 1974 (M50) - GRC	00:02:29 00:02:05	00:15:41 00:15:17	00:28:47 00:28:24	00:42:07 00:41:43	00:53:29 00:53:06
125	125	6	107	1460	ΜΑΡΚΑΚΙΣ ΑΝΤΟΝΙΣ Άνδρας - 1966 (M55) - GRC ΥΠΑΛΛΗΛΟΙ ΠΕΡΙΦΕΡΕΙΑΣ ΚΡΗΤΗΣ	00:02:14 00:02:07	00:15:15 00:15:08	00:28:04 00:27:57	00:41:18 00:41:11	00:53:30 00:53:23
126	126	16	108	1069	ΚΕΛΕΣΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1971 (M50) - GRC The Bronze	00:02:14 00:02:03	00:15:01 00:14:50	00:28:10 00:27:59	00:41:39 00:41:28	00:53:32 00:53:20
127	127	22	109	1383	ΝΙΚΟΛΙΔΑΚΙΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1982 (M40) - GRC	00:02:01 00:01:58	00:14:40 00:14:38	00:27:21 00:27:19	00:40:49 00:40:47	00:53:35 00:53:32
128	128	26	110	1518	ΚΟΛΕΤΑΣ ΑΘΗΝΑΣΙΟΣ Άνδρας - 1998 (M) - GRC	00:02:10 00:01:59	00:14:29 00:14:18	00:26:59 00:26:48	00:40:35 00:40:24	00:53:38 00:53:27
129	129	27	111	1303	KALATZIS GEORGIOS Άνδρας - 1992 (M) - GRC	00:02:47 00:02:27	00:15:59 00:15:39	00:28:25 00:28:06	00:41:30 00:41:10	00:53:51 00:53:32
130	130	17	112	1090	MICHELAKIS VANGELIS Άνδρας - 1974 (M50) - GRC	00:02:12 00:02:09	00:15:40 00:15:37	00:28:44 00:28:41	00:41:59 00:41:55	00:53:55 00:53:52
131	131	28	113	1022	ATSALAKIS ARISTEIDIS Άνδρας - 1992 (M) - GRC ΧΟΧΛΙΟΣ TEAM	00:02:47 00:02:27	00:15:58 00:15:39	00:28:25 00:28:06	00:41:30 00:41:11	00:53:56 00:53:37
132	132	7	114	1083	MICHALAKIS EVANGELOS Άνδρας - 1969 (M55) - GRC ΣΜΚ Ίκαρος	00:02:12 00:02:02	00:15:21 00:15:11	00:28:21 00:28:11	00:41:40 00:41:30	00:53:57 00:53:47
133	133	11	115	1433	STEREOS STEFANOS Άνδρας - 1988 (M35) - GRC	00:02:32 00:02:03	00:15:37 00:15:08	00:28:43 00:28:14	00:42:00 00:41:31	00:54:02 00:53:33
134	134	29	116	1516	MAURISIO GJONI Άνδρας - 2005 (M) - ALB	00:03:00 00:01:34	00:14:32 00:13:06	00:27:34 00:26:07	00:42:11 00:40:44	00:54:07 00:52:40
135	135	18	117	1292	STEFANAKIS STYLIANOS Άνδρας - 1972 (M50) - GRC	00:02:13 00:02:10	00:15:45 00:15:43	00:28:52 00:28:49	00:42:09 00:42:06	00:54:10 00:54:08
136	136	19	118	1344	ΣΤΑΘΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1974 (M50) - GRC ΣΔΥΧΑΝΙΩΝ	00:02:23 00:02:11	00:15:23 00:15:10	00:28:18 00:28:06	00:41:46 00:41:33	00:54:18 00:54:06
137	137	6	119	1439	DASKALAKIS KONSTANTINOS Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:46 00:01:43	00:12:44 00:12:41	00:26:36 00:26:33	00:42:11 00:42:08	00:54:23 00:54:20
138	138	8	120	1008	ΣΟΥΜΕΛΙΔΙΣ ΜΑΝΘΟΣ Άνδρας - 1969 (M55) - GRC ERGO RUNNING TEAM	00:02:05 00:02:05	00:16:01 00:16:01	00:29:09 00:29:09	00:42:29 00:42:29	00:54:25 00:54:25
139	139	22	121	1275	ΚΑΡΟΥΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1978 (M45) - GRC	00:02:14 00:02:00	00:14:36 00:14:21	00:27:48 00:27:34	00:41:49 00:41:34	00:54:31 00:54:17
140	140	23	122	1076	ΚΙΡΙΑΚΙΔΙΣ ΦΑΝΟΥΡΙΟΣ Άνδρας - 1980 (M40) - GRC ΤΟΥΟΤΑ ΠΑΠΑΚΑΛΙΑΤΗΣ	00:02:07 00:02:00	00:14:41 00:14:34	00:27:31 00:27:23	00:41:09 00:41:01	00:54:32 00:54:24
141	141	24	123	1100	ΜΑΥΡΟΚΟΣΤΑΣ ΑΘΗΝΑΣΙΟΣ Άνδρας - 1983 (M40) - GRC	00:01:53 00:01:51	00:16:18 00:16:16	00:30:26 00:30:25	00:44:14 00:44:12	00:54:33 00:54:31
142	142	25	124	1492	ΑΝΔΡΙΑΝΙΣ ΜΙΛΤΙΑΔΙΣ Άνδρας - 1983 (M40) - GRC	00:02:51 00:02:25	00:16:42 00:16:16	00:30:47 00:30:21	00:42:58 00:42:33	00:54:36 00:54:11
143	143	3	125	1323	ΤΣΑΝΤΙΡΑΚΙΣ ΝΙΚΟΣ Άνδρας - 1959 (M65+) - GRC	00:02:28 00:02:16	00:15:33 00:15:21	00:28:16 00:28:04	00:41:43 00:41:31	00:54:38 00:54:26
144	144	12	126	1059	KARTSONAKIS IOANNIS Άνδρας - 1986 (M35) - GRC	00:01:46 00:01:44	00:13:48 00:13:46	00:26:38 00:26:36	00:41:05 00:41:03	00:54:39 00:54:37

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
145	145	20	127	1249	ANDROULAKIS MICHALIS Άνδρας - 1971 (M50) - GRC	00:02:44 00:02:23	00:15:27 00:15:06	00:28:33 00:28:12	00:42:05 00:41:44	00:54:41 00:54:20
146	146	4	19	1005	FLOROU EIRINI Γυναίκα - 1977 (F45) - GRC	00:02:16 00:02:09	00:15:46 00:15:40	00:28:46 00:28:39	00:42:09 00:42:02	00:54:48 00:54:41
147	147	26	128	1482	ANIFANTAKI IOANNIS Άνδρας - 1983 (M40) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:42 00:02:16	00:15:26 00:15:00	00:28:24 00:27:57	00:42:24 00:41:57	00:54:53 00:54:27
148	148	30	129	1386	NIKOLAOU ARSENIOS Άνδρας - 2002 (M) - GRC	00:02:13 00:02:07	00:15:16 00:15:09	00:28:05 00:27:59	00:42:11 00:42:05	00:54:54 00:54:48
149	149	27	130	1119	LOUTRIOTIS TIMOTHEOS Άνδρας - 1981 (M40) - GRC ΗΡΟΔΟΤΟΣ	00:01:45 00:01:44	00:14:02 00:14:02	00:27:34 00:27:34	00:41:47 00:41:47	00:54:58 00:54:58
150	150	5	20	1129	THEODOSAKI GEORGIA Γυναίκα - 1987 (F35) - GRC	00:01:56 00:01:52	00:14:38 00:14:34	00:27:58 00:27:54	00:42:13 00:42:08	00:55:00 00:54:56
151	151	31	131	1430	ZOGRAFAKIS DIMITRIOS Άνδρας - 1998 (M) - GRC	00:02:35 00:02:04	00:15:35 00:15:04	00:28:45 00:28:14	00:42:02 00:41:31	00:55:03 00:54:31
152	152	7	132	1442	LAPIDIS EMMANOYIL Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:46 00:01:42	00:12:44 00:12:40	00:26:37 00:26:33	00:42:11 00:42:07	00:55:04 00:55:00
153	153	13	133	1212	TROULLINOS MICHAEL Άνδρας - 1987 (M35) - GRC	00:01:52 00:01:50	00:15:14 00:15:12	00:28:39 00:28:37	00:42:38 00:42:36	00:55:09 00:55:07
154	154	23	134	1061	STAVROPOULOS SAKIS Άνδρας - 1978 (M45) - GRC ΑΘΛΗ.Σ.Υ.	00:02:39 00:02:13	00:15:54 00:15:28	00:29:22 00:28:56	00:42:36 00:42:10	00:55:15 00:54:49
155	155	14	135	1473	STAVRAKAKIS CHARALAMPOS Άνδρας - 1985 (M35) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:09 00:01:59	00:14:47 00:14:36	00:27:51 00:27:41	00:41:52 00:41:41	00:55:15 00:55:04
156	156	21	136	1311	GOUPIOΣ NIKOLAOS Άνδρας - 1974 (M50) - GRC	00:02:48 00:02:21	00:15:38 00:15:12	00:28:21 00:27:54	00:42:28 00:42:01	00:55:15 00:54:48
157	157	6	21	1317	BLYTHING JOANNE Γυναίκα - 1980 (F40) - GBR	00:02:03 00:01:58	00:15:24 00:15:20	00:28:56 00:28:52	00:42:49 00:42:45	00:55:18 00:55:14
158	158	24	137	1055	ZACHARIOUDAKIS HARRYS Άνδρας - 1975 (M45) - GRC	00:01:51 00:01:50	00:14:38 00:14:36	00:28:23 00:28:21	00:42:58 00:42:57	00:55:22 00:55:20
159	159	25	138	1206	ZACHARAKIS ANDREAS Άνδρας - 1975 (M45) - GRC	00:02:23 00:02:09	00:15:51 00:15:37	00:29:16 00:29:03	00:42:57 00:42:43	00:55:25 00:55:12
160	160	26	139	1233	GADRIS STELIOS Άνδρας - 1976 (M45) - GRC	00:03:08 00:02:28	00:16:32 00:15:52	00:29:34 00:28:53	00:42:58 00:42:18	00:55:32 00:54:52
161	161	28	140	1226	BREZAS SPYROS Άνδρας - 1981 (M40) - GRC	00:02:46 00:02:21	00:15:48 00:15:23	00:29:03 00:28:37	00:42:27 00:42:02	00:55:33 00:55:07
162	162	27	141	1114	DEVERAKIS STAVROS Άνδρας - 1978 (M45) - GRC	00:02:22 00:02:04	00:16:06 00:15:47	00:29:51 00:29:32	00:43:27 00:43:09	00:55:36 00:55:18
163	163	28	142	1108	PINON VICTOR Άνδρας - 1976 (M45) - ESP	00:02:37 00:02:17	00:16:05 00:15:45	00:29:29 00:29:08	00:43:31 00:43:10	00:55:37 00:55:17
164	164	15	143	1107	KAPETANAKIS LEFTERIS Άνδρας - 1985 (M35) - GRC	00:02:48 00:02:13	00:16:19 00:15:44	00:29:32 00:28:57	00:43:02 00:42:28	00:55:43 00:55:08
165	165	22	144	1229	PANAGIOTAKIS IOANNIS Άνδρας - 1974 (M50) - GRC	00:02:25 00:02:13	00:16:09 00:15:57	00:29:40 00:29:29	00:43:22 00:43:10	00:55:49 00:55:38
166	166	32	145	1556	PAPAEFTHYMIΟΥ ANASTASIOS Άνδρας - 1999 (M) - GRC	00:01:50 00:01:44	00:13:22 00:13:16	00:26:22 00:26:15	00:41:44 00:41:38	00:55:54 00:55:48
167	167	29	146	1300	LAMPRAKIS STEFANOS Άνδρας - 1982 (M40) - GRC ERGO RUNNING TEAM	00:02:50 00:02:30	00:16:44 00:16:24	00:29:38 00:29:18	00:43:08 00:42:48	00:55:56 00:55:36
168	168	6	22	1555	VOULGARAKI SAVINA Γυναίκα - 1986 (F35) - GRC Σύλλογος μαραθωνοδρομων κρητης ΙΚΑΡΟΣ	00:02:17 00:02:09	00:15:57 00:15:50	00:29:24 00:29:17	00:43:14 00:43:07	00:55:56 00:55:49
169	169	7	23	1325	PALAIAKI FOTEINI Γυναίκα - 1981 (F40) - GRC	00:02:39 00:02:22	00:16:00 00:15:43	00:29:13 00:28:56	00:43:21 00:43:04	00:55:57 00:55:40
170	170	30	147	1329	KOUZOULOGLOU IRAKLIS Άνδρας - 1982 (M40) - GRC	00:02:40 00:02:20	00:15:49 00:15:30	00:28:38 00:28:18	00:42:25 00:42:06	00:56:06 00:55:46
171	171	9	148	1200	VARDAS GEORGIOS Άνδρας - 1969 (M55) - GRC	00:02:33 00:02:19	00:16:41 00:16:26	00:30:29 00:30:15	00:44:01 00:43:46	00:56:09 00:55:54
172	172	4	149	1413	CHALVATZIS PANTELIS Άνδρας - 1953 (M65+) - GRC ΑΝΕΞΑΡΤΗΤΟΣ	00:02:40 00:02:24	00:16:53 00:16:37	00:30:19 00:30:03	00:43:34 00:43:18	00:56:10 00:55:54
173	173	10	150	1414	SELIANAKIS ALEXANDROS Άνδρας - 1968 (M55) - GRC ΟΥΚ	00:02:40 00:02:24	00:16:53 00:16:37	00:30:19 00:30:03	00:43:33 00:43:18	00:56:10 00:55:54

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
174	174	11	151	1324	PLATAKIS GIORGOS Άνδρας - 1969 (M55) - GRC	00:02:30 00:02:09	00:15:44 00:15:24	00:29:20 00:28:59	00:43:30 00:43:09	00:56:19 00:55:58
175	175	8	152	1446	DOURAKIS ELEFTHERIOS Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:46 00:01:43	00:13:27 00:13:24	00:26:39 00:26:36	00:42:24 00:42:21	00:56:21 00:56:18
176	176	9	153	1498	PAPADOPOULOS NTARIO Άνδρας - 2008 (M12) - GRC ΑΘΛΗΤΙΚΗ ΑΚΑΔΗΜΙΑ ΗΡΑΚΛΕΙΟΥ ΚΡΗΤΗΣ 2017	00:02:30 00:02:15	00:15:48 00:15:33	00:29:21 00:29:05	00:43:08 00:42:52	00:56:23 00:56:08
177	177	10	154	1497	APOSTOLAKIS VASILIS Άνδρας - 2008 (M12) - GRC ΑΘΛΗΤΙΚΗ ΑΚΑΔΗΜΙΑ ΗΡΑΚΛΕΙΟΥ ΚΡΗΤΗΣ 2017	00:02:30 00:02:14	00:15:48 00:15:33	00:29:21 00:29:06	00:43:08 00:42:52	00:56:23 00:56:08
178	178	11	155	1371	ROUSSAKIS GEORGIOS Άνδρας - 2007 (M12) - GRC	00:02:54 00:02:26	00:16:22 00:15:54	00:29:22 00:28:54	00:43:10 00:42:42	00:56:30 00:56:02
179	179	12	156	1097	MAVRAKAKIS ANDREAS Άνδρας - 1968 (M55) - GRC ΚΛΑΣΣΙΚΟ ΩΔΕΙΟ ΗΡΑΚΛΕΙΟΥ	00:02:56 00:02:23	00:16:30 00:15:56	00:29:25 00:28:51	00:43:18 00:42:45	00:56:34 00:56:01
180	180	16	157	1099	PASPARAKIS IOANNIS Άνδρας - 1985 (M35) - GRC	00:01:51 00:01:50	00:16:16 00:16:15	00:30:25 00:30:24	00:44:13 00:44:12	00:56:36 00:56:34
181	181	31	158	1477	TROULAKIS DIMITRIOS Άνδρας - 1984 (M40) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:23 00:02:11	00:15:55 00:15:42	00:30:12 00:30:00	00:43:24 00:43:12	00:56:36 00:56:24
182	182	23	159	1406	VIDAKIS DIMITRIOS Άνδρας - 1974 (M50) - GRC	00:02:35 00:02:10	00:16:08 00:15:44	00:29:56 00:29:32	00:43:57 00:43:33	00:56:39 00:56:14
183	183	33	160	1559	GALANAKI DIMITRIS Άνδρας - 1991 (M) - GRC	00:02:58 00:02:27	00:16:50 00:16:19	00:30:30 00:29:59	00:44:14 00:43:43	00:56:41 00:56:10
184	184	32	161	1384	MOCHIANAKIS EFTHIMIS Άνδρας - 1984 (M40) - GRC	00:02:21 00:02:07	00:14:43 00:14:29	00:27:37 00:27:24	00:42:21 00:42:08	00:56:41 00:56:27
185	185	34	162	1562	PAPADEROS DIMITRIS Άνδρας - 1995 (M) - GRC	00:01:58 00:01:52	00:14:45 00:14:39	00:29:10 00:29:04	00:43:49 00:43:43	00:56:45 00:56:38
186	186	17	163	1469	KAPELLAKIS ALEXANDROS Άνδρας - 1986 (M35) - GRC Hraklion gyms	00:02:47 00:02:17	00:16:15 00:15:45	00:30:04 00:29:34	00:43:54 00:43:25	00:56:51 00:56:21
187	187	35	164	1459	KOUTSOGIANNAKIS GIANNIS Άνδρας - 2001 (M) - GRC ΥΠΑΛΛΗΛΟΙ ΠΕΡΙΦΕΡΕΙΑΣ ΚΡΗΤΗΣ	00:02:02 00:01:54	00:14:49 00:14:42	00:29:20 00:29:12	00:43:36 00:43:28	00:56:55 00:56:48
188	188	8	24	1154	HIDERSHA BRUNILDA Γυναίκα - 1980 (F40) - ALB	00:02:09 00:02:05	00:15:34 00:15:30	00:29:13 00:29:09	00:43:33 00:43:29	00:56:57 00:56:53
189	189	4	25	1182	DASKALOGIANNAKI XANTHIPPI Γυναίκα - 1990 (F) - GRC	00:02:51 00:02:27	00:16:25 00:16:01	00:29:40 00:29:15	00:43:40 00:43:16	00:56:59 00:56:35
190	190	33	165	1470	ASKOXILAKIS VARDIS Άνδρας - 1982 (M40) - GRC Hraklion gyms	00:02:56 00:02:31	00:17:28 00:17:03	00:31:46 00:31:21	00:45:23 00:44:59	00:57:00 00:56:35
191	191	29	166	1493	PSALIDAKIS MARIOS Άνδρας - 1976 (M45) - GRC ΣΜΚ/ KATSILAS RUNNING TEAM	00:02:34 00:02:18	00:16:46 00:16:30	00:30:50 00:30:34	00:44:49 00:44:33	00:57:02 00:56:46
192	192	30	167	1347	MAVRIKAKIS IOANNIS Άνδρας - 1977 (M45) - GRC ΟΥΚ	00:02:50 00:02:27	00:17:08 00:16:45	00:31:20 00:30:57	00:44:53 00:44:30	00:57:03 00:56:40
193	193	31	168	1010	VELIDAKIS GEORGIOS Άνδρας - 1975 (M45) - GRC Ηράκλειο για σένα	00:03:02 00:02:34	00:17:54 00:17:26	00:31:31 00:31:04	00:45:01 00:44:33	00:57:05 00:56:37
194	194	24	169	1479	MOULIANAKIS KONSTANTINOS Άνδρας - 1973 (M50) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:19 00:02:10	00:15:25 00:15:16	00:28:51 00:28:42	00:43:24 00:43:15	00:57:10 00:57:01
195	195	36	170	1484	MITSOU PETROS Άνδρας - 1991 (M) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:21 00:02:10	00:15:48 00:15:36	00:29:06 00:28:55	00:43:04 00:42:53	00:57:13 00:57:01
196	196	25	171	1478	VEZYRTZOGLU PARASKEUAS Άνδρας - 1974 (M50) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:21 00:02:09	00:15:47 00:15:36	00:29:06 00:28:54	00:43:04 00:42:52	00:57:13 00:57:01
197	197	26	172	1068	KAZAMIAKIS IRAKLIS Άνδρας - 1970 (M50) - GRC 11ο ΓΕΛ ΗΡΑΚΛΕΙΟΥ	00:02:54 00:02:25	00:17:11 00:16:43	00:31:20 00:30:52	00:44:56 00:44:27	00:57:14 00:56:45
198	198	32	173	1301	PERAKIS GEORGIOS Άνδρας - 1975 (M45) - GRC ERGO RUNNING TEAM	00:02:41 00:02:22	00:16:53 00:16:34	00:30:19 00:30:01	00:44:18 00:44:00	00:57:17 00:56:58
199	199	33	174	1269	KALOMOIRIS ODYSSEAS Άνδρας - 1977 (M45) - GRC	00:02:44 00:02:26	00:16:25 00:16:08	00:30:03 00:29:45	00:44:00 00:43:42	00:57:24 00:57:07
200	200	5	26	1520	KALOGERAKI LIDA Γυναίκα - 1979 (F45) - GRC	00:02:45 00:02:30	00:16:55 00:16:40	00:30:36 00:30:22	00:44:38 00:44:23	00:57:26 00:57:11
201	201	13	175	1103	CHRISTODOULAKIS EMMANOUIL Άνδρας - 1969 (M55) - GRC	00:03:05 00:02:25	00:17:43 00:17:04	00:31:22 00:30:43	00:45:20 00:44:41	00:57:35 00:56:55

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
202	202	3	176	1390	ΤΟΥΤΟΥΔΑΚΙΣ ΝΙΚΟΣ Άνδρας - 1964 (M60) - GRC ΦΡΕΝΤΟΚΑΠΟΥΤΣΙΝΑΔΕΣ	00:02:06 00:02:03	00:16:04 00:16:01	00:29:57 00:29:54	00:44:23 00:44:20	00:57:38 00:57:35
203	203	4	177	1120	ΦΑΚΙΔΙΣ ΑΝΤΟΝΙΟΣ Άνδρας - 1964 (M60) - GRC ΦΡΕΝΤΟΚΑΠΟΥΤΣΙΝΑΔΕΣ	00:02:07 00:02:05	00:16:05 00:16:03	00:29:57 00:29:56	00:44:24 00:44:22	00:57:38 00:57:36
204	204	18	178	1195	ΑΝΤΟΝΑΚΑΚΙΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1989 (M35) - GRC	00:02:04 00:01:57	00:14:45 00:14:37	00:28:36 00:28:29	00:43:31 00:43:24	00:57:46 00:57:39
205	205	12	179	1320	ΔΙΑΚΑΚΙΣ ΓΙΩΡΓΟΣ Άνδρας - 2008 (M12) - GRC Τσολακ	00:02:51 00:02:33	00:17:13 00:16:56	00:30:31 00:30:14	00:44:54 00:44:37	00:57:46 00:57:29
206	206	6	27	1204	ΒΡΑΧΑΣΟΤΑΚΙ ΑΛΙΚΗ Γυναίκα - 1977 (F45) - GRC	00:02:21 00:02:10	00:15:33 00:15:22	00:29:06 00:28:55	00:43:52 00:43:41	00:57:49 00:57:38
207	207	5	180	1058	ΚΟΤΣΙΟΠΟΥΛΟΣ ΔΙΜΗΤΡΙΟΣ Άνδρας - 1962 (M60) - GRC ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΧΑΝΙΩΝ	00:02:24 00:02:18	00:17:03 00:16:57	00:31:03 00:30:57	00:44:59 00:44:53	00:57:49 00:57:43
208	208	9	28	1506	ΠΑΤΕΡΑΚΙ ΜΑΡΙΑ Γυναίκα - 1981 (F40) - GRC	00:02:49 00:02:31	00:16:42 00:16:25	00:30:18 00:30:01	00:44:27 00:44:09	00:57:54 00:57:37
209	209	34	181	1130	ΑΝΑΣΤΑΣΑΚΙΣ ΕΜΜΑΝΟΥΙΛ Άνδρας - 1983 (M40) - GRC	00:02:58 00:02:18	00:17:24 00:16:45	00:31:39 00:30:59	00:45:15 00:44:35	00:57:56 00:57:16
210	210	35	182	1128	ΤΣΟΜΠΑΝΙΔΙΣ ΒΑΣΙΛΙΣ Άνδρας - 1981 (M40) - GRC	00:02:42 00:02:20	00:16:33 00:16:12	00:30:22 00:30:01	00:44:51 00:44:30	00:57:57 00:57:36
211	211	27	183	1134	ΑΝΓΕΛΑΚΙΣ ΔΙΜΗΤΡΙΣ Άνδρας - 1970 (M50) - GRC	00:02:41 00:02:25	00:16:54 00:16:38	00:30:19 00:30:03	00:44:07 00:43:51	00:58:14 00:57:58
212	212	34	184	1471	ΑΣΚΟΧΙΛΑΚΙΣ ΖΑΧΑΡΙΑΣ Άνδρας - 1978 (M45) - GRC Hraklion gyms	00:02:56 00:02:31	00:17:28 00:17:04	00:31:47 00:31:22	00:46:01 00:45:36	00:58:35 00:58:10
213	213	28	185	1382	ΤΣΑΠΑΚΙΣ ΜΑΝΟΛΙΣ Άνδρας - 1971 (M50) - GRC	00:02:46 00:02:28	00:16:48 00:16:29	00:31:01 00:30:43	00:45:26 00:45:08	00:58:35 00:58:17
214	214	35	186	1111	ΚΑΛΕΜΑΚΙΣ ΕΜΜΑΝΟΥΙΛ Άνδρας - 1979 (M45) - GRC	00:02:25 00:02:14	00:16:09 00:15:58	00:29:40 00:29:29	00:44:13 00:44:02	00:58:39 00:58:28
215	215	13	187	1490	ΚΙΡΙΑΚΑΚΙΣ ΜΑΡΙΟΣ Άνδρας - 2009 (M12) - GRC	00:02:36 00:02:15	00:15:37 00:15:17	00:28:40 00:28:20	00:43:44 00:43:23	00:58:42 00:58:21
216	216	37	188	1397	ΔΙΜΗΤΡΙΑΔΙΣ ΒΑΛΕΝΤΙΝΟΣ Άνδρας - 2000 (M) - GRC	00:02:25 00:02:13	00:16:21 00:16:08	00:30:24 00:30:11	00:44:53 00:44:41	00:58:47 00:58:35
217	217	36	189	1124	ΚΟΝΤΑΡΑΚΙΣ ΓΙΩΡΓΟΣ Άνδρας - 1979 (M45) - GRC	00:02:08 00:02:03	00:15:11 00:15:06	00:29:45 00:29:40	00:44:48 00:44:44	00:58:47 00:58:43
218	218	19	190	1481	ΣΑΚΑΒΕΛΙΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1987 (M35) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:23 00:02:11	00:15:55 00:15:43	00:30:13 00:30:01	00:44:47 00:44:35	00:58:55 00:58:43
219	219	37	191	1250	ΤΑΜΙΟΛΑΚΙΣ ΜΑΝΟΥΣΟΣ Άνδρας - 1975 (M45) - GRC	00:02:19 00:02:11	00:16:37 00:16:29	00:30:42 00:30:34	00:45:14 00:45:06	00:58:59 00:58:51
220	220	29	192	1268	ΧΑΛΚΙΑΔΑΚΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1974 (M50) - GRC	00:02:46 00:02:23	00:16:28 00:16:05	00:30:18 00:29:56	00:45:01 00:44:38	00:58:59 00:58:37
221	221	38	193	1307	ΛΑΜΒΡΙ ΗΑΡΙΛΛΑΟΣ Άνδρας - 1997 (M) - GRC	00:02:19 00:02:08	00:15:32 00:15:21	00:30:04 00:29:53	00:45:21 00:45:10	00:59:00 00:58:49
222	222	7	29	1257	ΚΑΡΑΤΖΑ ΒΑΣΟ Γυναίκα - 1985 (F35) - GRC	00:02:27 00:02:15	00:15:56 00:15:44	00:29:43 00:29:31	00:44:48 00:44:36	00:59:00 00:58:48
223	223	8	30	1123	ΔΑΡΕΜΑ ΚΑΤΕΡΙΝΑ Γυναίκα - 1988 (F35) - GRC	00:02:14 00:02:07	00:16:41 00:16:34	00:31:04 00:30:56	00:45:47 00:45:40	00:59:02 00:58:55
224	224	4	31	1153	ΣΤΑΒΡΙΔΙ ΑΡΓΥΡΟ Γυναίκα - 1972 (F50) - GRC	00:02:19 00:02:14	00:16:39 00:16:33	00:30:50 00:30:45	00:45:25 00:45:19	00:59:17 00:59:11
225	225	30	194	1251	ΜΑΥΡΟΥΔΙΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1970 (M50) - GRC	00:02:48 00:02:22	00:15:39 00:15:12	00:30:02 00:29:36	00:45:32 00:45:06	00:59:24 00:58:58
226	226	20	195	1017	ΣΤΑΥΡΟΥΛΑΚΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1987 (M35) - GRC	00:02:12 00:02:07	00:15:33 00:15:29	00:29:44 00:29:39	00:44:52 00:44:48	00:59:27 00:59:22
227	227	38	196	1272	ΒΛΑΣΙΑΔΙΣ ΝΙΚΟΣ Άνδρας - 1975 (M45) - GRC	00:02:43 00:02:27	00:17:13 00:16:56	00:31:31 00:31:14	00:46:18 00:46:02	00:59:38 00:59:22
228	228	14	197	1117	ΝΑΚΑΤΣΙΑΔΙΣ ΓΙΑΝΝΙΣ Άνδρας - 1967 (M55) - GRC ΣΜΚ	00:02:55 00:02:26	00:17:11 00:16:43	00:31:30 00:31:01	00:46:19 00:45:50	00:59:38 00:59:10
229	229	5	32	1486	ΚΟΥΝΔΟΥΡΑΚΙ ΑΓΓΕΛΙΚΗ Γυναίκα - 1991 (F) - GRC MyRun_Manelakiscoach	00:02:09 00:02:05	00:15:46 00:15:43	00:30:06 00:30:03	00:45:32 00:45:29	00:59:39 00:59:36
230	230	31	198	1113	ΘΕΟΔΟΡΑΚΙΣ ΜΑΡΚΟΣ Άνδρας - 1973 (M50) - GRC ΚΙΝΗΣΙΣ GYM	00:02:36 00:02:18	00:16:39 00:16:20	00:30:31 00:30:13	00:45:29 00:45:10	00:59:44 00:59:26

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
231	231	39	199	1370	PINAKOULAKIS MICHAEL Άνδρας - 1992 (M) - GRC	00:02:47 00:02:28	00:17:22 00:17:03	00:31:51 00:31:32	00:46:26 00:46:07	00:59:45 00:59:27
232	232	21	200	1368	SENETAKIS MICHALIS Άνδρας - 1985 (M35) - GRC	00:02:47 00:02:28	00:17:22 00:17:03	00:31:51 00:31:32	00:46:27 00:46:07	00:59:45 00:59:26
233	233	36	201	1554	TAMPAKIOTIS DIMITRIS Άνδρας - 1980 (M40) - GRC	00:02:43 00:02:18	00:17:02 00:16:37	00:31:46 00:31:21	00:46:46 00:46:21	00:59:48 00:59:23
234	234	10	33	1116	ASSARIOTI MARIA Γυναίκα - 1983 (F40) - GRC	00:02:34 00:02:21	00:17:28 00:17:15	00:31:55 00:31:43	00:46:45 00:46:32	00:59:49 00:59:36
235	235	40	202	1483	GIANNOULAKAKIS KONSTANTINOS Άνδρας - 1991 (M) - GRC ΑΣΤΥΝΟΜΙΑ	00:02:58 00:02:22	00:16:49 00:16:13	00:30:44 00:30:08	00:45:40 00:45:04	00:59:53 00:59:18
236	236	37	203	1098	SPYROU SOTIRIS Άνδρας - 1984 (M40) - GRC	00:02:34 00:02:19	00:16:41 00:16:26	00:30:59 00:30:44	00:45:58 00:45:43	00:59:59 00:59:44
237	237	5	34	1143	FOUSTANAKI MARIA Γυναίκα - 1974 (F50) - GRC	00:02:36 00:02:23	00:16:57 00:16:44	00:31:10 00:30:57	00:46:13 00:46:00	01:00:00 00:59:47
238	238	1	35	1106	MIGADI MARIA Γυναίκα - 1967 (F55) - GRC ΧΡΥΣΑΛΙΔΑ	00:02:24 00:02:12	00:16:07 00:15:56	00:30:29 00:30:17	00:45:49 00:45:37	01:00:02 00:59:51
239	239	6	204	1236	ATHANASIOY THEODOROS Άνδρας - 1961 (M60) - GRC	00:02:18 00:02:09	00:16:35 00:16:26	00:31:00 00:30:51	00:45:58 00:45:50	01:00:03 00:59:54
240	240	7	36	1176	LAGOUDAKI EVANGELIA Γυναίκα - 1976 (F45) - GRC	00:02:01 00:01:56	00:15:47 00:15:43	00:30:18 00:30:13	00:45:30 00:45:25	01:00:05 01:00:00
241	241	6	37	1549	BOURTZOU NIKOLETA POLIXENI Γυναίκα - 1998 (F) - GRC	00:02:07 00:02:02	00:15:52 00:15:47	00:30:31 00:30:26	00:45:38 00:45:33	01:00:22 01:00:18
242	242	39	205	1527	VASILEIOU IOANNIS Άνδρας - 1976 (M45) - GRC Hraklion gyms	00:02:53 00:02:27	00:16:59 00:16:33	00:31:02 00:30:35	00:46:08 00:45:42	01:00:34 01:00:07
243	243	5	206	1157	TZANODASKALAKIS GRIGORIS Άνδρας - 1956 (M65+) - GRC	00:02:53 00:02:29	00:16:58 00:16:34	00:30:46 00:30:21	00:46:00 00:45:36	01:00:34 01:00:09
244	244	41	207	1165	GIANNOULAKIS EVANGELOS Άνδρας - 1993 (M) - GRC ΟΦΗ	00:02:12 00:02:07	00:15:33 00:15:28	00:29:56 00:29:51	00:45:16 00:45:11	01:00:35 01:00:30
245	245	42	208	1366	FANOURLAKIS MICHAEL Άνδρας - 1997 (M) - GRC	00:02:11 00:02:08	00:17:31 00:17:28	00:32:10 00:32:06	00:46:27 00:46:24	01:00:40 01:00:37
246	246	7	38	1171	VASILEIADOU OLGA Γυναίκα - 1997 (F) - GRC -	00:02:09 00:02:04	00:16:08 00:16:03	00:30:21 00:30:16	00:46:19 00:46:14	01:00:43 01:00:38
247	247	6	39	1029	KALTSIDOU PARTHENA Γυναίκα - 1973 (F50) - GRC HERAKLIONGYM	00:02:15 00:02:12	00:17:27 00:17:24	00:32:40 00:32:37	00:48:06 00:48:02	01:00:58 01:00:55
248	248	40	209	1346	CHRONAKIS MATTHAIOS Άνδρας - 1975 (M45) - GRC	00:02:42 00:02:25	00:16:58 00:16:41	00:31:27 00:31:09	00:46:39 00:46:22	01:01:07 01:00:49
249	249	43	210	1175	BOUNAKIS GIORGOS Άνδρας - 1997 (M) - GRC VA FITNESS	00:03:05 00:02:36	00:18:28 00:17:59	00:32:52 00:32:23	00:47:39 00:47:10	01:01:09 01:00:40
250	250	22	211	1519	PAPADOGIANNAKIS EMMANOUIL Άνδρας - 1985 (M35) - GRC	00:02:51 00:02:26	00:16:43 00:16:18	00:30:49 00:30:24	00:46:13 00:45:48	01:01:09 01:00:45
251	251	15	212	1086	KYRIAKAKIS CHARALAMPOS Άνδρας - 1967 (M55) - GRC Πανεπιστήμιο Κρήτης	00:02:26 00:02:12	00:16:19 00:16:04	00:30:39 00:30:25	00:46:23 00:46:09	01:01:12 01:00:57
252	252	23	213	1432	SPEGKAS KOSTAS Άνδρας - 1988 (M35) - GRC	00:02:48 00:02:18	00:17:13 00:16:43	00:31:25 00:30:55	00:46:49 00:46:19	01:01:17 01:00:48
253	253	32	214	1298	GIALITAKIS HARIS Άνδρας - 1974 (M50) - GRC ERGO RUNNING TEAM	00:02:49 00:02:29	00:17:08 00:16:48	00:31:47 00:31:28	00:47:27 00:47:08	01:01:18 01:00:59
254	254	11	40	1137	XIMERAKI MARIA Γυναίκα - 1980 (F40) - GRC	00:02:50 00:02:33	00:17:27 00:17:10	00:32:10 00:31:54	00:47:16 00:46:59	01:01:20 01:01:03
255	255	8	41	1263	FASOULAKI POPI Γυναίκα - 1976 (F45) - GRC ΑΝΑΠΤΥΞΙΑΚΟΣ ΣΥΛΛΟΓΟΣ ΓΥΝΑΙΚΩΝ ΕΠΙΧΕΙΡΗΜΑΤΙΩΝΝ ΚΡ	00:02:49 00:02:31	00:17:27 00:17:09	00:32:11 00:31:53	00:47:16 00:46:59	01:01:20 01:01:02
256	256	12	42	1145	VOUMVOULAKI ANNA Γυναίκα - 1982 (F40) - GRC	00:02:15 00:02:04	00:15:56 00:15:44	00:30:38 00:30:26	00:46:20 00:46:08	01:01:23 01:01:12
257	257	13	43	1501	METAXAKI CHRISTINA Γυναίκα - 1983 (F40) - GRC ΑΘΛΗΣΥ	00:02:49 00:02:23	00:17:32 00:17:06	00:32:03 00:31:37	00:47:19 00:46:53	01:01:26 01:01:00
258	258	41	215	1161	FILIPPIDIS AGGELOS Άνδρας - 1976 (M45) - GRC	00:03:06 00:02:34	00:18:18 00:17:45	00:33:12 00:32:40	00:47:43 00:47:10	01:01:27 01:00:54
259	259	9	44	1147	TSIFA POPI Γυναίκα - 1978 (F45) - GRC HEAKLION GYMS	00:02:24 00:02:12	00:16:17 00:16:05	00:30:49 00:30:37	00:46:54 00:46:43	01:01:32 01:01:20

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
260	260	42	216	1093	FRAGOULIS ALEXANDROS Άνδρας - 1979 (M45) - GRC	00:02:17 00:02:07	00:16:40 00:16:30	00:30:45 00:30:34	00:45:51 00:45:41	01:01:35 01:01:25
261	261	16	217	1136	VOULGARAKIS ARISTODIMOS Άνδρας - 1968 (M55) - GRC Solgar running team	00:03:05 00:02:25	00:17:45 00:17:06	00:31:41 00:31:01	00:45:51 00:45:12	01:01:35 01:00:56
262	262	38	218	1391	TSIKANDYLAKIS MANOLIS Άνδρας - 1980 (M40) - GRC	00:02:56 00:02:33	00:18:11 00:17:48	00:33:08 00:32:45	00:47:52 00:47:29	01:01:35 01:01:12
263	263	7	219	1214	GRAMMATIKAKIS MILTOS Άνδρας - 1962 (M60) - GRC	00:02:48 00:02:34	00:18:00 00:17:47	00:32:31 00:32:17	00:47:59 00:47:45	01:01:45 01:01:31
264	264	10	45	1522	VASILEIOU MARIA Γυναίκα - 1979 (F45) - GRC Hraklion gyms	00:02:58 00:02:27	00:17:28 00:16:57	00:32:40 00:32:09	00:48:06 00:47:35	01:01:54 01:01:23
265	265	8	46	1070	KATSIMPRI EVANGELIA Γυναίκα - 1993 (F) - GRC	00:02:49 00:02:26	00:18:11 00:17:49	00:32:49 00:32:26	00:47:55 00:47:33	01:02:14 01:01:51
266	266	17	220	1173	KATSIMPRI NIKOLAOS Άνδρας - 1968 (M55) - GRC	00:02:49 00:02:27	00:18:09 00:17:47	00:32:49 00:32:27	00:47:54 00:47:32	01:02:14 01:01:51
267	267	9	47	1310	PANAGIOTOPOULOU ANASTASIA Γυναίκα - 1995 (F) - GRC	00:02:53 00:02:30	00:16:56 00:16:33	00:32:09 00:31:46	00:47:56 00:47:33	01:02:19 01:01:56
268	268	44	221	1112	CHRYSOS EMMANOUIL Άνδρας - 1993 (M) - GRC	00:02:26 00:02:11	00:16:24 00:16:09	00:31:07 00:30:52	00:46:57 00:46:42	01:02:20 01:02:05
269	269	8	222	1138	PAPADAKIS CHARITON Άνδρας - 1960 (M60) - GRC	00:02:20 00:02:15	00:16:43 00:16:38	00:30:57 00:30:51	00:46:47 00:46:42	01:02:22 01:02:17
270	270	14	223	1448	SOTIRIOY IOANNIS Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:46 00:01:41	00:14:07 00:14:03	00:31:09 00:31:05	00:47:13 00:47:09	01:02:25 01:02:21
271	271	45	224	1420	SAMPANI NTENIS Άνδρας - 2002 (M) - GRC	00:02:42 00:02:30	00:16:48 00:16:35	00:30:35 00:30:22	00:45:27 00:45:14	01:02:26 01:02:14
272	272	14	48	1463	KOSMADAKI MARINA Γυναίκα - 1983 (F40) - GRC	00:02:21 00:02:11	00:16:57 00:16:47	00:32:09 00:31:58	00:48:04 00:47:53	01:03:03 01:02:53
273	273	18	225	1230	PRINIANAKIS ANDREAS Άνδρας - 1966 (M55) - GRC	00:02:52 00:02:31	00:18:11 00:17:50	00:33:11 00:32:50	00:48:46 00:48:25	01:03:04 01:02:43
274	274	24	226	1172	PATEMTZIS GIORGOS Άνδρας - 1987 (M35) - GRC	00:02:47 00:02:28	00:17:22 00:17:03	00:31:52 00:31:32	00:48:14 00:47:54	01:03:10 01:02:51
275	275	46	227	1095	TOTOMIS SOTIRIS Άνδρας - 1994 (M) - GRC CARV	00:02:25 00:02:18	00:17:55 00:17:47	00:33:42 00:33:34	00:49:42 00:49:34	01:03:15 01:03:08
276	276	39	228	1367	MICHELAKAKIS STYLIANOS Άνδρας - 1982 (M40) - GRC ΟΥΚ ΚΡΗΤΗΣ, ΣΔΥΡ	00:02:45 00:02:28	00:17:36 00:17:19	00:32:37 00:32:20	00:48:35 00:48:18	01:03:21 01:03:04
277	277	43	229	1312	TAVLADORAKIS XARILAOS Άνδρας - 1977 (M45) - GRC S.M.K. Ο ΙΚΑΡΟΣ	00:02:06 00:02:06	00:15:34 00:15:34	00:29:31 00:29:31	00:46:46 00:46:46	01:03:21 01:03:21
278	278	11	49	1361	MOURTZAKI PELAGIA Γυναίκα - 1977 (F45) - GRC	00:03:02 00:02:34	00:17:54 00:17:25	00:31:58 00:31:30	00:48:37 00:48:09	01:03:22 01:02:54
279	279	40	230	1110	SPANAKIS MARIOS Άνδρας - 1983 (M40) - GRC ΑΘΛΗ.Σ.Υ.	00:02:53 00:02:26	00:17:37 00:17:11	00:32:51 00:32:25	00:48:45 00:48:19	01:03:25 01:02:58
280	280	7	50	1252	MAVROU EIRINI Γυναίκα - 1972 (F50) - GRC	00:02:35 00:02:23	00:17:26 00:17:15	00:32:42 00:32:30	00:48:41 00:48:29	01:03:26 01:03:14
281	281	9	51	1304	ZOURARI ELEFThERIA Γυναίκα - 1985 (F35) - GRC ERGO RUNNING TEAM	00:02:25 00:02:11	00:16:30 00:16:16	00:32:03 00:31:49	00:48:35 00:48:21	01:03:30 01:03:16
282	282	41	231	1299	TSIFETAKIS GIORGOS Άνδρας - 1983 (M40) - GRC	00:03:12 00:02:33	00:18:42 00:18:02	00:34:10 00:33:30	00:49:42 00:49:02	01:03:45 01:03:06
283	283	33	232	1170	ANGELETOS PROKOPIOS Άνδρας - 1974 (M50) - GRC	00:02:49 00:02:26	00:17:23 00:17:01	00:32:29 00:32:07	00:48:27 00:48:04	01:03:49 01:03:27
284	284	10	52	1403	MAUROKOUKOULAKI SPYRIDOULA Γυναίκα - 1987 (F35) - GRC	00:02:20 00:02:16	00:18:03 00:17:58	00:33:25 00:33:21	00:49:33 00:49:28	01:03:53 01:03:48
285	285	15	53	1404	AVRAAM OLGA Γυναίκα - 1983 (F40) - GRC XOXLIOS TEAM	00:02:20 00:02:14	00:17:02 00:16:57	00:32:17 00:32:12	00:48:12 00:48:07	01:03:55 01:03:49
286	286	47	233	1411	STAMPOLIS GEORGIOS Άνδρας - 2003 (M) - GRC	00:01:48 00:01:44	00:14:37 00:14:33	00:29:58 00:29:54	00:48:39 00:48:35	01:03:58 01:03:54
287	287	48	234	1355	MILAKIS GIANNIS Άνδρας - 1998 (M) - GRC	00:03:18 00:02:40	00:19:19 00:18:41	00:34:46 00:34:08	00:50:08 00:49:30	01:04:03 01:03:25
288	288	49	235	1356	MOUNTRAKIS ANTONIS Άνδρας - 1998 (M) - GRC	00:03:18 00:02:40	00:19:18 00:18:39	00:34:46 00:34:08	00:50:08 00:49:30	01:04:03 01:03:25

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
289	289	15	236	1265	PETOUSIS GEORGIOS Άνδρας - 2009 (M12) - GRC	00:02:11 00:02:03	00:15:17 00:15:09	00:29:49 00:29:41	00:48:31 00:48:24	01:04:11 01:04:03
290	290	11	54	1567	GKIKI OLGA Γυναίκα - 1986 (F35) - GRC	00:03:01 00:02:31	00:18:28 00:17:57	00:33:56 00:33:26	00:50:20 00:49:49	01:04:13 01:03:42
291	291	50	237	1131	NIKOLIDAKIS OWENS DAVID Άνδρας - 1999 (M) - GRC	00:02:57 00:02:26	00:17:11 00:16:40	00:32:17 00:31:45	00:49:01 00:48:29	01:04:16 01:03:45
292	292	34	238	1141	DASKALAKIS EMMANOUIL Άνδρας - 1972 (M50) - GRC FREE RUNNERS	00:02:37 00:02:24	00:17:47 00:17:34	00:33:12 00:32:59	00:49:22 00:49:09	01:04:28 01:04:15
293	293	51	239	1348	CHATZIANDREOY PANAGIOTIS Άνδρας - 1996 (M) - GRC	00:03:08 00:02:36	00:19:22 00:18:50	00:34:50 00:34:18	00:50:10 00:49:38	01:04:34 01:04:02
294	294	52	240	1525	FOURNARIS NIKOS Άνδρας - 1994 (M) - GRC Hraklion gyms	00:02:58 00:02:29	00:18:02 00:17:33	00:32:40 00:32:11	00:48:07 00:47:38	01:04:39 01:04:10
295	295	1	55	1185	TSAPAKI ASIMENIA Γυναίκα - 2008 (F12) - GRC	00:02:46 00:02:28	00:17:25 00:17:06	00:32:47 00:32:29	00:49:20 00:49:02	01:04:40 01:04:21
296	296	12	56	1253	MATVIENCO LIA Γυναίκα - 1988 (F35) - MDA	00:02:25 00:02:11	00:17:13 00:16:59	00:32:54 00:32:40	00:49:32 00:49:18	01:04:43 01:04:29
297	297	16	57	1507	RAKINTZAKI MARIA Γυναίκα - 1983 (F40) - GRC	00:02:48 00:02:30	00:17:48 00:17:30	00:33:07 00:32:49	00:49:25 00:49:07	01:04:43 01:04:25
298	298	6	241	1488	PAPADOPOULOS EYTHIMIOS Άνδρας - 1957 (M65+) - GRC	00:03:18 00:02:45	00:20:23 00:19:50	00:36:41 00:36:08	00:51:34 00:51:01	01:04:44 01:04:11
299	299	10	58	1561	SAPOUNAKI VASILIKI Γυναίκα - 1998 (F) - GRC	00:02:08 00:02:00	00:16:55 00:16:47	00:32:42 00:32:34	00:49:42 00:49:34	01:04:55 01:04:47
300	300	8	59	1118	NTAMPOUDI MARIA Γυναίκα - 1974 (F50) - GRC	00:02:46 00:02:30	00:17:48 00:17:32	00:32:28 00:32:12	00:48:41 00:48:25	01:04:56 01:04:40
301	301	9	60	1394	FRAGAKI LENA Γυναίκα - 1973 (F50) - GRC	00:02:45 00:02:30	00:17:48 00:17:33	00:32:28 00:32:13	00:48:41 00:48:26	01:04:56 01:04:41
302	302	12	61	1180	TEREZAKI ELETHERIA Γυναίκα - 1977 (F45) - GRC	00:02:12 00:02:06	00:16:03 00:15:57	00:32:18 00:32:12	00:49:21 00:49:15	01:05:02 01:04:56
303	303	13	62	1342	GAREFALAKI CHRYSOULA Γυναίκα - 1979 (F45) - GRC	00:02:15 00:02:08	00:16:46 00:16:39	00:32:26 00:32:19	00:49:19 00:49:12	01:05:03 01:04:56
304	304	53	242	1421	MARA EMILIANO Άνδρας - 2002 (M) - GRC	00:02:41 00:02:29	00:16:48 00:16:35	00:30:34 00:30:22	00:49:44 00:49:31	01:05:07 01:04:55
305	305	44	243	1552	SFAKIANAKIS MANOLIS Άνδρας - 1976 (M45) - GRC	00:02:30 00:02:20	00:17:36 00:17:26	00:33:13 00:33:03	00:50:13 00:50:03	01:05:13 01:05:03
306	306	17	63	1297	PSATHA THEONI Γυναίκα - 1981 (F40) - GRC	00:02:10 00:02:05	00:17:10 00:17:05	00:32:48 00:32:43	00:49:14 00:49:08	01:05:15 01:05:09
307	307	45	244	1181	LAVRENIDIS KOSTAS Άνδρας - 1979 (M45) - GRC	00:02:52 00:02:31	00:18:26 00:18:05	00:33:50 00:33:28	00:50:02 00:49:41	01:05:15 01:04:54
308	308	13	64	1148	ILIA EYA Γυναίκα - 1985 (F35) - GRC	00:02:51 00:02:30	00:18:26 00:18:05	00:33:50 00:33:29	00:50:02 00:49:42	01:05:16 01:04:55
309	309	16	245	1237	LAGOS THISEAS Άνδρας - 2009 (M12) - GRC	00:02:36 00:02:16	00:16:08 00:15:48	00:32:47 00:32:27	00:49:40 00:49:20	01:05:28 01:05:07
310	310	14	65	1151	STAVROPOULOU MARIA Γυναίκα - 1987 (F35) - GRC ΑΘΛΗ.Σ.Υ.	00:02:53 00:02:26	00:18:04 00:17:37	00:33:46 00:33:20	00:50:13 00:49:46	01:05:30 01:05:03
311	311	46	246	1534	ROUMELIOTAKIS MANOS Άνδρας - 1976 (M45) - GRC Hraklion gyms	00:03:02 00:02:34	00:19:24 00:18:56	00:35:17 00:34:49	00:51:17 00:50:49	01:05:31 01:05:03
312	312	11	66	1526	KOKA IOANNA Γυναίκα - 1994 (F) - GRC Hraklion gyms	00:03:02 00:02:33	00:19:23 00:18:55	00:35:17 00:34:49	00:51:17 00:50:49	01:05:32 01:05:04
313	313	54	247	1468	KONSTANTINOMANOLAKIS GIORGOS Άνδρας - 1990 (M) - GRC Hraklion gyms	00:02:58 00:02:29	00:18:20 00:17:51	00:33:37 00:33:08	00:50:17 00:49:48	01:05:52 01:05:23
314	314	47	248	1353	MALLIS LAZAROS Άνδρας - 1977 (M45) - GRC	00:02:29 00:02:20	00:17:22 00:17:13	00:32:33 00:32:24	00:49:17 00:49:09	01:05:54 01:05:46
315	315	12	67	1189	ZERVAKI AGAPI Γυναίκα - 1991 (F) - GRC Va fitness	00:03:07 00:02:36	00:19:53 00:19:23	00:36:13 00:35:42	00:51:54 00:51:23	01:05:59 01:05:29
316	316	15	68	1338	KYRIAKAKI DESPOINA Γυναίκα - 1985 (F35) - GRC	00:02:53 00:02:38	00:19:51 00:19:36	00:36:15 00:36:00	00:52:21 00:52:06	01:06:00 01:05:45
317	317	19	249	1162	PAPADAKIS GEORGE Άνδρας - 1965 (M55) - GRC ΠΑΝΕΠΙΣΤΗΜΙΟ ΚΡΗΤΗΣ	00:03:06 00:02:32	00:18:17 00:17:44	00:33:14 00:32:40	00:49:44 00:49:10	01:06:03 01:05:29

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
318	318	20	250	1245	DOULAMIS THEODOROS Άνδρας - 1967 (M55) - GRC	00:02:53 00:02:30	00:18:39 00:18:16	00:34:33 00:34:10	00:50:49 00:50:26	01:06:07 01:05:44
319	319	48	251	1152	LAVENTZAKIS GIORGOS Άνδρας - 1979 (M45) - GRC	00:02:53 00:02:35	00:18:36 00:18:17	00:34:35 00:34:16	00:50:59 00:50:40	01:06:19 01:06:00
320	320	55	252	1261	MILIARAKIS KONSTANTINOS Άνδρας - 1990 (M) - GRC	00:03:00 00:02:33	00:18:16 00:17:48	00:34:14 00:33:47	00:51:19 00:50:52	01:06:32 01:06:04
321	321	25	253	1489	DRAKAKIS EMMANOUIL Άνδρας - 1985 (M35) - GRC MyRUN	00:02:53 00:02:39	00:19:51 00:19:36	00:36:15 00:36:01	00:52:21 00:52:06	01:06:32 01:06:18
322	322	26	254	1241	KALOGERAKIS EMMANOUIL Άνδρας - 1988 (M35) - GRC	00:03:00 00:02:33	00:18:16 00:17:48	00:34:14 00:33:47	00:51:19 00:50:52	01:06:33 01:06:05
323	323	7	255	1159	KARNIKIS EMMANOUIL Άνδρας - 1959 (M65+) - GRC	00:03:09 00:02:30	00:17:57 00:17:17	00:33:32 00:32:52	00:50:40 00:50:01	01:06:56 01:06:16
324	324	17	256	1447	PAPADAKIS MICHAIL- GEORGIOS Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:53 00:01:48	00:16:34 00:16:29	00:34:44 00:34:39	00:51:56 00:51:52	01:07:20 01:07:16
325	325	56	257	1392	ANETAKIS STELIOS Άνδρας - 1993 (M) - GRC	00:02:49 00:02:30	00:17:27 00:17:08	00:32:51 00:32:32	00:50:20 00:50:00	01:07:23 01:07:04
326	326	18	69	1326	PALAIAKI ELENI Γυναίκα - 1980 (F40) - GRC manelakis-myrun	00:02:50 00:02:33	00:18:29 00:18:12	00:35:02 00:34:44	00:51:32 00:51:15	01:07:24 01:07:07
327	327	10	70	1282	ZAHARIOUDAKI MARIA Γυναίκα - 1973 (F50) - GRC	00:02:46 00:02:37	00:19:09 00:19:00	00:35:16 00:35:07	00:51:33 00:51:23	01:07:27 01:07:17
328	328	13	71	1215	GRAMMATIKAKI ANGELIKI Γυναίκα - 1999 (F) - GRC	00:02:48 00:02:34	00:18:09 00:17:55	00:34:43 00:34:29	00:51:31 00:51:17	01:07:35 01:07:21
329	329	14	72	1528	KOKA MARINA Γυναίκα - 1990 (F) - GRC Hraklion gyms	00:03:00 00:02:30	00:18:59 00:18:30	00:35:04 00:34:35	00:51:55 00:51:25	01:07:36 01:07:07
330	330	2	73	1313	BETY FLORA Γυναίκα - 1965 (F55) - GRC S.M.K. Ο ΙΚΑΡΟΣ	00:02:44 00:02:27	00:18:26 00:18:09	00:34:55 00:34:39	00:52:09 00:51:52	01:07:42 01:07:25
331	331	18	258	1425	MAKRIDAKIS KOSTIS Άνδρας - 2009 (M12) - GRC	00:02:14 00:02:06	00:16:03 00:15:55	00:31:26 00:31:18	00:48:29 00:48:21	01:08:18 01:08:10
332	332	19	259	1357	XAGORARIS DIMITRIS Άνδρας - 2008 (M12) - GRC	00:02:14 00:02:06	00:16:02 00:15:54	00:31:24 00:31:17	00:48:21 00:48:14	01:08:18 01:08:10
333	333	15	74	1194	TSAKONIKOU MARIA Γυναίκα - 2000 (F) - GRC	00:03:00 00:02:36	00:18:35 00:18:11	00:35:09 00:34:46	00:52:37 00:52:14	01:08:27 01:08:04
334	334	49	260	1223	MANASAKIS KONSTANTINOS Άνδρας - 1978 (M45) - GRC	00:03:05 00:02:46	00:20:10 00:19:51	00:37:26 00:37:06	00:54:36 00:54:16	01:08:37 01:08:17
335	335	57	261	1415	CHATZIVASILEIOU ANTONIOS Άνδρας - 1994 (M) - GRC	00:02:25 00:02:17	00:17:55 00:17:48	00:33:42 00:33:34	00:49:42 00:49:35	01:08:40 01:08:32
336	336	9	262	1563	VOULGARAKIS NIKOLAOS Άνδρας - 1963 (M60) - GRC ΧΑΛΚΙΑΔΑΚΗΣ Team	00:02:36 00:02:28	00:20:12 00:20:04	00:37:16 00:37:08	00:54:35 00:54:27	01:08:47 01:08:39
337	337	27	263	1216	TALAGANIS IOANNIS Άνδρας - 1985 (M35) - GRC ΠαΓΝΗ	00:03:10 00:02:36	00:20:05 00:19:31	00:37:28 00:36:54	00:55:19 00:54:44	01:08:59 01:08:25
338	338	50	264	1544	MAKRIDAKIS KONSTANTINOS Άνδρας - 1976 (M45) - GRC	00:03:19 00:02:46	00:20:23 00:19:50	00:36:45 00:36:12	00:53:40 00:53:07	01:09:18 01:08:45
339	339	3	75	1205	VENERI TONIA Γυναίκα - 1969 (F55) - GRC MYRUN/ΠΕΔΑΣ ΜΙΝΩΣ	00:03:18 00:02:45	00:20:23 00:19:50	00:36:45 00:36:12	00:53:40 00:53:07	01:09:18 01:08:46
340	340	19	76	1399	LIONTAKI MARIA Γυναίκα - 1980 (F40) - GRC	00:02:41 00:02:36	00:18:29 00:18:24	00:34:41 00:34:36	00:52:35 00:52:30	01:09:19 01:09:13
341	341	58	265	1211	MAMAKAS IOANNIS Άνδρας - 2005 (M) - GRC GYM HERAKLEION	00:02:08 00:01:59	00:16:42 00:16:33	00:34:39 00:34:31	00:52:10 00:52:01	01:09:20 01:09:11
342	342	10	266	1264	KAMPAXIS SPYROS Άνδρας - 1961 (M60) - GRC S.M.K. Ο ΙΚΑΡΟΣ	00:02:11 00:02:06	00:17:32 00:17:27	00:34:27 00:34:21	00:52:37 00:52:31	01:09:39 01:09:34
343	343	11	267	1169	PAPADAKIS KYRIAKOS Άνδρας - 1961 (M60) - GRC	00:03:10 00:02:30	00:18:34 00:17:54	00:34:30 00:33:50	00:51:53 00:51:13	01:09:41 01:09:01
344	344	16	77	1149	BAKANTAKI IOANNA Γυναίκα - 1996 (F) - GRC	00:03:02 00:02:44	00:19:58 00:19:41	00:36:45 00:36:27	00:53:30 00:53:12	01:09:47 01:09:29
345	345	8	268	1280	KOHLER RALF Άνδρας - 1957 (M65+) - DEU	00:03:19 00:02:36	00:19:51 00:19:08	00:36:42 00:35:59	00:54:29 00:53:46	01:09:57 01:09:14
346	346	14	78	1281	TRAPIERI MARINA Γυναίκα - 1977 (F45) - GRC	00:02:46 00:02:36	00:19:09 00:18:59	00:35:41 00:35:31	00:53:26 00:53:16	01:10:14 01:10:04

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
347	347	15	79	1464	SALOUSTROY STELLA Γυναίκα - 1979 (F45) - GRC	00:02:20 00:02:13	00:18:19 00:18:12	00:35:22 00:35:15	00:53:14 00:53:08	01:10:15 01:10:08
348	348	16	80	1014	ΜΑΝΟΥ ΕΛΕΝΑ Γυναίκα - 1989 (F35) - GRC	00:01:57 00:01:57	00:17:51 00:17:51	00:34:20 00:34:20	00:52:00 00:52:00	01:10:15 01:10:15
349	349	20	81	1523	ΠΕΡΑΚΙ ΚΑΤΕΡΙΝΑ Γυναίκα - 1982 (F40) - GRC Hraklion gyms	00:03:05 00:02:36	00:19:29 00:18:59	00:35:18 00:34:49	00:51:34 00:51:05	01:10:20 01:09:51
350	350	9	269	1550	ΚΟΥΚΟΥΒΕΛΟΣ CHRISTOS Άνδρας - 1953 (M65+) - GRC	00:02:46 00:02:36	00:19:12 00:19:02	00:35:43 00:35:33	00:53:36 00:53:26	01:10:26 01:10:16
351	351	42	270	1508	ΧΥΛΟΥΡΙΣ ΔΙΜΙΤΡΙΣ Άνδρας - 1982 (M40) - GRC	00:03:06 00:02:46	00:20:11 00:19:51	00:37:26 00:37:06	00:54:36 00:54:16	01:10:29 01:10:09
352	352	17	82	1379	ΚΟΥΤΕΝΤΑΚΙ THEODORA Γυναίκα - 1991 (F) - GRC ΠΑΓΚΡΗΤΙΑ ΣΥΝΕΛΕΥΣΗ ΝΕΩΝ	00:02:47 00:02:29	00:17:55 00:17:36	00:35:21 00:35:03	00:53:46 00:53:28	01:10:31 01:10:13
353	353	18	83	1296	ΡΙΤΣΙΓΑΒΔΑΚΙ ΣΟΦΙΑ Γυναίκα - 1991 (F) - GRC	00:03:11 00:02:37	00:20:05 00:19:31	00:37:28 00:36:54	00:55:18 00:54:44	01:10:35 01:10:01
354	354	59	271	1381	ΚΑΦΟΥΣΙΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1998 (M) - GRC	00:02:22 00:02:09	00:17:30 00:17:17	00:34:59 00:34:47	00:53:22 00:53:10	01:10:37 01:10:24
355	355	10	272	1167	ΣΦΑΚΙΑΝΑΚΙΣ ΜΥΡΟΝ Άνδρας - 1946 (M65+) - GRC Ο.Υ. ΚΡΗΤΗΣ	00:03:17 00:02:40	00:20:41 00:20:04	00:37:38 00:37:01	00:54:50 00:54:13	01:10:39 01:10:02
356	356	21	84	1422	ΔΙΜΙΤΡΑΚΟΡΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1981 (F40) - GRC	00:03:23 00:02:49	00:20:05 00:19:31	00:37:28 00:36:54	00:55:18 00:54:44	01:10:39 01:10:05
357	357	43	273	1495	ΒΟΥΡΛΙΟΤΙΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1982 (M40) - GRC	00:02:52 00:02:24	00:17:41 00:17:13	00:34:31 00:34:03	00:53:28 00:53:00	01:10:42 01:10:14
358	358	20	274	1451	ΦΡΑΓΚΙΑΔΑΚΙΣ ΜΑΡΙΟΣ Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:47 00:01:43	-	00:33:01 00:32:57	00:53:52 00:53:48	01:10:55 01:10:51
359	359	21	275	1452	ΧΑΤΖΙΡΑΠΠΑΣ ΙΟΑΝΝΙΣ Άνδρας - 2007 (M12) - GRC ΓΕΝΙΚΟ ΛΥΚΕΙΟ ΑΡΧΑΝΩΝ	00:01:46 00:01:43	-	00:33:01 00:32:57	00:53:51 00:53:47	01:10:56 01:10:52
360	360	11	276	1536	ΜΠΕΝΕΣΑΚΙΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1947 (M65+) - GRC	00:03:18 00:02:48	00:19:22 00:18:52	00:35:34 00:35:04	00:52:52 00:52:22	01:11:00 01:10:30
361	361	4	85	1178	ΣΚΟΥΡΑΔΑΚΙ ΙΡΕΝΕ Γυναίκα - 1969 (F55) - GRC	00:03:19 00:02:46	00:20:10 00:19:37	00:36:56 00:36:23	00:54:29 00:53:55	01:11:27 01:10:53
362	362	1	86	1543	ΣΚΟΥΛΙΚΑΡΙ ΕΛΕΦΘΕΡΙΑ Γυναίκα - 1964 (F60) - GRC	00:03:09 00:02:34	00:19:27 00:18:53	00:36:12 00:35:38	00:54:25 00:53:50	01:11:27 01:10:53
363	363	35	277	1203	ΦΛΟΥΡΙΣ ΜΙΡΟΣ Άνδρας - 1970 (M50) - GRC	00:02:44 00:02:27	00:18:28 00:18:11	00:36:02 00:35:46	00:53:58 00:53:41	01:11:32 01:11:15
364	364	44	278	1538	ΚΑΤΣΑΒΟΧΑΚΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1980 (M40) - GRC	00:02:51 00:02:34	00:19:18 00:19:02	00:36:32 00:36:16	00:54:25 00:54:08	01:11:57 01:11:41
365	365	19	87	1380	ΣΤΕΦΑΝΑΚΙ ΕΒΕΛΙΝΑ Γυναίκα - 2001 (F) - GRC Heraklion Gyms	00:03:00 00:02:31	00:19:19 00:18:50	00:36:33 00:36:03	00:55:18 00:54:49	01:11:59 01:11:30
366	366	21	279	1271	ΚΟΥΦΑΚΙΣ ΕΜΜΑΝΟΥΙΛ Άνδρας - 1967 (M55) - GRC	00:03:22 00:02:51	00:18:36 00:18:06	00:35:04 00:34:34	00:53:51 00:53:21	01:12:00 01:11:30
367	367	60	280	1431	ΜΑΡΚΟΜΙΧΕΛΑΚΙΣ ΔΙΜΙΤΡΙΟΣ Άνδρας - 1998 (M) - GRC	00:03:06 00:02:35	00:19:50 00:19:20	00:36:47 00:36:16	00:54:43 00:54:13	01:12:22 01:11:52
368	368	61	281	1407	ΚΑΤΑΦΥΓΙΟΤΙΣ ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 1993 (M) - GRC	00:02:45 00:02:32	00:19:04 00:18:52	00:36:27 00:36:14	00:54:56 00:54:44	01:12:38 01:12:26
369	369	62	282	1408	ΤΗΕΟΔΟΡΟΥ ΙΟΑΝΝΙΣ Άνδρας - 1992 (M) - GRC	00:02:45 00:02:33	00:19:04 00:18:52	00:36:27 00:36:14	00:54:56 00:54:44	01:12:39 01:12:27
370	370	45	283	1474	ΚΑΓΙΑΦΤΑΚΙΣ ΛΕΟΝΙΔΑΣ Άνδρας - 1984 (M40) - GRC ΑΣΤΥΝΟΜΙΑ	00:03:02 00:02:27	00:19:01 00:18:26	00:36:34 00:35:58	00:55:15 00:54:39	01:12:40 01:12:05
371	371	46	284	1358	ΑΝΤΟΝΑΤΟΣ ΣΠΙΡΟΣ Άνδρας - 1981 (M40) - GRC	00:02:55 00:02:27	00:18:27 00:17:59	00:34:47 00:34:20	00:54:26 00:53:58	01:13:21 01:12:53
372	372	22	285	1127	ΜΑΡΑΚΙΣ ΜΥΡΟΝ Άνδρας - 1968 (M55) - GRC Σύλλογος μαραθωνοδρομων κρητης	00:03:26 00:03:02	00:21:22 00:20:59	00:38:43 00:38:19	00:56:26 00:56:02	01:13:34 01:13:11
373	373	23	286	1535	ΚΙΡΙΑΚΑΚΙΣ ΜΙΧΑΙΛ Άνδρας - 1969 (M55) - GRC	00:02:59 00:02:37	00:18:48 00:18:27	00:36:16 00:35:55	00:56:06 00:55:44	01:14:42 01:14:21
374	374	5	88	1511	ΚΕΦΑΛΟΓΙΑΝΝΙ ΚΑΛΛΙΟΠΙ Γυναίκα - 1969 (F55) - GRC	00:02:13 00:02:09	00:19:48 00:19:44	00:39:10 00:39:06	00:58:18 00:58:14	01:14:50 01:14:46
375	375	20	89	1426	ΦΙΛΙΚΑ ΓΕΩΡΓΙΑ Γυναίκα - 2003 (F) - GRC	00:02:18 00:02:10	00:19:03 00:18:55	00:38:15 00:38:07	00:57:20 00:57:11	01:14:53 01:14:44

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
376	376	63	287	1360	ΝΥΚΤΑΡΙΣ GEORGE Άνδρας - 1992 (M) - GRC	00:02:26 00:02:17	00:18:26 00:18:17	00:37:43 00:37:34	00:57:15 00:57:06	01:15:08 01:14:59
377	377	17	90	1372	ΑΙΒΑΖΙ ΝΙΚΟΛΕΤΤΑ Γυναίκα - 1988 (F35) - GRC ΣΔΥΜεγαλονησος	00:02:31 00:02:23	00:19:55 00:19:47	00:38:13 00:38:05	00:57:25 00:57:17	01:15:10 01:15:02
378	378	64	288	1359	DIMITRAKIS STELIOS Άνδρας - 1994 (M) - GRC	00:02:26 00:02:16	00:18:26 00:18:17	00:37:43 00:37:34	00:57:15 00:57:06	01:15:15 01:15:05
379	379	16	91	1242	ΠΑΠΑΔΑΚΙ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1979 (F45) - GRC	00:02:58 00:02:33	00:20:18 00:19:54	00:38:33 00:38:08	00:57:35 00:57:11	01:15:17 01:14:52
380	380	6	92	1232	ΜΑΝΟΛΙΤΣΑΚΙ ΕΛΕΤΗΡΙΑ Γυναίκα - 1969 (F55) - GRC	00:02:17 00:02:15	00:20:00 00:19:58	00:38:55 00:38:53	00:57:43 00:57:41	01:15:48 01:15:46
381	381	65	289	1333	ΚΡΑΝΙΟΤΑΚΙΣ ΓΙΟΡΓΟΣ Άνδρας - 1990 (M) - GRC	00:02:58 00:02:42	00:20:39 00:20:23	00:39:17 00:39:01	00:57:57 00:57:41	01:16:25 01:16:09
382	382	22	93	1465	ΧΑΤΖΑΚΙ ΚΑΤΕΡΙΝΑ Γυναίκα - 1984 (F40) - GRC	00:02:51 00:02:32	00:20:09 00:19:50	00:39:09 00:38:51	00:58:25 00:58:06	01:16:46 01:16:28
383	383	12	290	1270	ΜΑΡΚΑΚΙΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1962 (M60) - GRC Κ.ΜΠΑΝΤΟΥΒΑΣ Α.Ε.	00:02:06 00:02:01	00:16:14 00:16:09	00:32:41 00:32:37	01:00:39 01:00:35	01:17:29 01:17:25
384	384	7	94	1276	ΒΟΥΛΓΑΡΟΠΟΥΛΟΥ ΓΕΛΙ Γυναίκα - 1968 (F55) - GRC	00:03:04 00:02:42	00:21:02 00:20:40	00:39:30 00:39:08	00:58:55 00:58:33	01:17:56 01:17:33
385	385	47	291	1179	ΠΛΟΥΜΙΔΙΣ ΙΟΑΝΝΙΣ Άνδρας - 1983 (M40) - GRC ΟΥΚ	00:03:01 00:02:40	00:20:33 00:20:12	00:40:01 00:39:40	00:59:57 00:59:37	01:18:30 01:18:09
386	386	36	292	1186	ΠΑΠΑΔΑΚΙΣ ΜΑΝΟΣ Άνδρας - 1973 (M50) - GRC	00:02:56 00:02:34	00:20:43 00:20:22	00:40:14 00:39:52	00:59:51 00:59:30	01:18:37 01:18:16
387	387	21	95	1198	ΜΟΔΙΝΟΥ ΜΑΡΙΑΝΝΑ Γυναίκα - 2003 (F) - GRC	00:02:59 00:02:28	00:20:38 00:20:07	00:39:37 00:39:05	01:00:30 00:59:59	01:19:39 01:19:08
388	388	2	96	1007	ΛΑΓΟΥΔΙΑΝΑΚΙ ΑΣΠΑΣΙΑ Γυναίκα - 1962 (F60) - GRC ΧΟΧΛΙΟΣ ΤΕΑΜ	00:02:51 00:02:41	00:21:25 00:21:14	00:40:41 00:40:31	01:00:50 01:00:40	01:19:41 01:19:30
389	389	37	293	1207	ΠΕΡΡΑΚΙΣ ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 1972 (M50) - GRC ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΚΡΗΤΗΣ ΙΚΑΡΟΣ	00:02:26 00:02:16	00:19:21 00:19:11	00:39:18 00:39:07	01:01:05 01:00:55	01:20:03 01:19:53
390	390	18	97	1225	ΤΣΑΓΔΙ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1986 (F35) - GRC	00:03:16 00:02:41	00:21:28 00:20:54	00:40:41 00:40:07	01:01:07 01:00:33	01:20:58 01:20:24
391	391	8	98	1416	ΠΑΠΑΓΙΑΝΝΑΚΙ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1967 (F55) - GRC -	00:03:24 00:02:59	00:23:28 00:23:03	00:42:54 00:42:29	01:02:45 01:02:20	01:21:38 01:21:13
392	392	13	294	1364	ΒΕΡΒΕΡΙΔΙΣ ΦΙΛΙΠΠΟΣ Άνδρας - 1963 (M60) - GRC ΕΛΜΕΠΑ	00:02:46 00:02:36	00:22:21 00:22:11	00:42:11 00:42:02	01:02:58 01:02:48	01:21:40 01:21:30
393	393	12	295	1373	ΜΟΡΑΙΤΑΚΙΣ ΠΑΝΤΕΛΙΣ Άνδρας - 1947 (M65+) - GRC Σ.Δ.Υ.Χ.	00:03:26 00:03:08	00:23:57 00:23:39	00:43:46 00:43:28	01:03:34 01:03:16	01:21:59 01:21:41
394	394	1	99	1496	ΣΤΑΜΑΤΟΠΟΥΛΟΥ ΗΡΑΛΑΜΠΙΑ Γυναίκα - 1959 (F65+) - GRC	00:02:53 00:02:50	00:21:21 00:21:18	00:42:57 00:42:54	01:03:16 01:03:13	01:24:54 01:24:51
395	395	66	296	1504	ΜΑΝΟΥΣΑΚΙΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1990 (M) - GRC	00:03:54 00:03:37	00:23:04 00:22:48	00:44:03 00:43:47	01:04:58 01:04:42	01:25:57 01:25:40
396	396	22	100	1334	ΜΑΝΟΛΑΚΑΚΙ ΜΑΡΙΝΑ Γυναίκα - 1997 (F) - GRC	00:02:57 00:02:45	00:23:05 00:22:53	00:44:17 00:44:05	01:05:40 01:05:27	01:26:36 01:26:24
397	397	2	101	1349	ΡΙΝΑΚΑΚΙ ΟΥΡΑΝΙΑ Γυναίκα - 1958 (F65+) - GRC ΕΝΩΣΗ ΠΤΥΧΙΟΥΧΩΝ ΦΥΣΙΚΗΣ ΑΓΩΓΗΣ Ν. ΗΡΑΚΛΕΙΟΥ	00:03:02 00:02:45	00:22:54 00:22:37	00:44:20 00:44:03	01:06:11 01:05:55	01:26:43 01:26:27
398	398	67	297	1248	ΠΡΟΜΠΟΝΑΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1998 (M) - GRC	00:02:37 00:02:22	00:21:03 00:20:48	00:41:58 00:41:42	01:05:54 01:05:39	01:27:01 01:26:46
399	399	3	102	1224	ΠΛΟΥΜΙ ΑΡΓΥΡΟ Γυναίκα - 1952 (F65+) - GRC S.M.K. Ο ΙΚΑΡΟΣ	00:03:08 00:02:58	00:23:17 00:23:07	00:44:10 00:44:00	01:06:45 01:06:35	01:27:47 01:27:37
400	400	23	103	1217	ΤΥΡΑΚΙ ΣΠΥΡΙΔΟΥΛΑ Γυναίκα - 2001 (F) - GRC	00:02:44 00:02:35	00:21:23 00:21:14	00:44:16 00:44:07	01:06:21 01:06:12	01:30:17 01:30:08
401	401	24	104	1218	ΠΕΤΡΑΚΙ ΚΑΤΕΡΙΝΑ Γυναίκα - 1990 (F) - GRC	00:02:45 00:02:36	00:21:24 00:21:15	00:44:42 00:44:33	01:06:39 01:06:31	01:30:20 01:30:12
402	402	25	105	1540	ΚΑΡΟΥΖΟΥ ΜΑΤΗΙΟΥΔΑΚΙ ΜΑΡΙΑ ΓΕΟΡΓΙΑ Γυναίκα - 2001 (F) - GRC	00:03:03 00:02:33	00:20:56 00:20:26	00:43:12 00:42:42	01:06:47 01:06:16	01:32:43 01:32:13
403	403	26	106	1219	ΤΥΡΑΚΙ ΣΟΦΙΑ Γυναίκα - 1998 (F) - GRC	00:02:45 00:02:36	00:23:19 00:23:10	00:45:14 00:45:05	01:09:25 01:09:16	01:33:35 01:33:26

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Όργανισμός/Άλλο	400m	2.8 Km	5.3 Km	7.7 Km	Finish
404	404	24	298	1378	PAGOUDIS IOANNIS Άνδρας - 1966 (M55) - GRC	00:04:11 00:03:44	00:28:37 00:28:09	-	01:13:53 01:13:25	01:37:38 01:37:11
405	405	9	107	1376	KANAKI MARINA Γυναίκα - 1967 (F55) - GRC	00:04:13 00:03:46	00:28:37 00:28:09	-	01:13:54 01:13:26	01:37:41 01:37:13
406	406	68	299	1530	LAZAROU THEMISTOKLIS Άνδρας - 2005 (M) - GRC ΧΑΛΚΙΑΔΑΚΗΣ Team	-	02:21:01 00:22:30	-	-	02:44:18 00:45:47
407	407	48	300	1503	CHATZIDAVID DAVID Άνδρας - 1981 (M40) - GRC	02:03:02 00:04:35	02:27:52 00:29:25	-	-	02:49:26 00:51:00
408	408	10	108	1192	KALOYDAKI MARINA Γυναίκα - 1969 (F55) - GRC	02:02:46 00:04:12	02:28:56 00:30:22	-	-	02:54:48 00:56:14
409	409	69	301	1532	ANTONAKAKIS NIKOLAOS Άνδρας - 1996 (M) - GRC ΧΑΛΚΙΑΔΑΚΗΣ Team	02:03:05 00:04:31	02:30:23 00:31:49	-	-	02:57:56 00:59:22