

## 2o Lake Plastiras Trail 2024 42km trail

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 42KM	FINISH 42KM
1	1	1	ALL	Male	407	GR	EVANGELOS DIMZAS	-		0:00:00.407(00:00:00)	4:49:50.994(04:49:50)
2	2	2	ALL	Male	449	GR	ΒΑΓΓΕΛΗΣ ΠΑΠΑΣ	-	VMAXTRAINING	0:00:00.407(00:00:00)	4:51:06.647(04:51:06)
3	3	3	ALL	Male	405	GR	ΡΕΤΡΟΣ ΑΥΤΖΟΓΛΟΥ	-	OLYMPUS MARATHON	0:00:00.110(00:00:00)	4:58:27.154(04:58:27)
4	4	1	40-49M	Male	445	GR	ΑΠΟΣΤΟΛΟΣ ΝΙΚΟΛΑΟΥ	-	ΗΜΕΡΟΔΡΟΜΟΣ ΦΑΡΣΑΛΩΝ	0:00:00.407(00:00:00)	5:04:39.390(05:04:38)
5	1	4	ALL	Female	448	GR	ΛΕΜΟΝΙΑ ΠΑΝΑΓΙΩΤΟΥ	-	CHALANDRI FITNESSBOX	0:00:00.720(00:00:00)	5:09:20.624(05:09:19)
6	5	1	50-59M	Male	450	GR	ΓΙΩΡΓΟΣ ΠΑΧΝΕΛΗΣ	-	ALL TERRAIN RUNNERS	0:00:03.860(00:00:00)	5:34:17.830(05:34:13)
7	6	1	30-39M	Male	435	GR	ΒΑΣΙΛΗΣ ΚΑΛΛΙΝΙΩΤΗΣ	-		0:00:05.344(00:00:00)	5:36:26.527(05:36:21)
8	7	2	50-59M	Male	456	GR	ΓΑΝΝΗΣ ΤΖΙΜΑΣ	-	ΜΑΚΡΙΔΙΣ RUNNING TEAM	0:00:00.110(00:00:00)	5:36:46.227(05:36:46)
9	8	2	30-39M	Male	434	GR	ΔΙΟΝΥΣΗΣ ΘΕΟΔΟΣΗΣ	-	ΣΥΝΕΧΙΖΩ...	0:00:03.860(00:00:00)	5:37:27.844(05:37:23)
10	9	2	40-49M	Male	423	GR	ΠΕΤΡΟΣ ΕΙΡΗΝΑΙΟΣ ΒΙΔΑΛΗΣ	-		0:00:01.624(00:00:00)	5:41:22.520(05:41:20)
11	10	3	50-59M	Male	462	GR	ΔΗΜΗΤΡΙΟΣ ΣΑΒΒΑΛΑΣ	-		0:00:00.407(00:00:00)	5:46:18.737(05:46:18)
12	11	3	40-49M	Male	431	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΕΥΑΓΓΕΛΟΥ	-	CHALANDRI FITNESS BOX	0:00:00.407(00:00:00)	5:48:44.964(05:48:44)
13	12	4	50-59M	Male	444	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΝΑΤΣΙΟΠΟΥΛΟΣ	-	KASIMIS TRAINING	0:00:00.110(00:00:00)	5:51:36.464(05:51:36)
14	13	3	30-39M	Male	428	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΓΟΥΣΙΑΣ	-	GRE.A.T.-Σ.Δ.Υ.Β.	0:00:08.374(00:00:00)	5:52:43.940(05:52:35)
15	14	5	50-59M	Male	446	GR	ΔΗΜΗΤΡΗΣ ΝΙΚΟΛΑΟΥ	-	VMAXTRAINING	0:00:02.284(00:00:00)	5:53:53.500(05:53:51)
16	15	6	50-59M	Male	418	GR	DIMITRIOS XIROGIANNIS	-	UNDERGROUND RUNNING TEAM	0:00:00.720(00:00:00)	5:55:49.364(05:55:48)
17	16	5	ALL	Male	439	GR	ΓΙΑΝΝΗΣ ΛΕΤΣΙΟΣ	-	VMAXTRAINING	0:00:01.624(00:00:00)	6:02:59.730(06:02:58)
18	17	4	40-49M	Male	451	GR	ΛΟΥΚΑΣ ΠΡΑΤΙΛΑΣ	-	SALOMON HELLAS	0:00:01.624(00:00:00)	6:12:22.337(06:12:20)
19	18	5	40-49M	Male	460	GR	ΔΗΜΗΤΡΗΣ ΧΑΡΝΙΔΗΣ	-	MUSTUKULURU	0:00:06.267(00:00:00)	6:15:16.277(06:15:10)
20	19	7	50-59M	Male	411	GR	DIMITRIOS NIKOLOPOULOS	-	MRT	0:00:05.954(00:00:00)	6:25:13.304(06:25:07)
21	2	6	ALL	Female	457	GR	ΒΑΣΙΛΙΚΗ ΤΖΩΗ	-		0:00:02.624(00:00:00)	6:25:15.494(06:25:12)
22	20	8	50-59M	Male	436	GR	ΔΗΜΗΤΡΗΣ ΚΑΠΟΥΛΑΣ	-		0:00:03.234(00:00:00)	6:31:17.464(06:31:14)
23	21	6	40-49M	Male	464	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΥΤΖΙΑΚΟΥΤΖΙΔΗΣ	-		0:00:08.374(00:00:00)	6:32:46.827(06:32:38)
24	22	7	40-49M	Male	440	GR	ΝΙΚΟΣ ΛΙΑΠΗΣ	-	KARPENISSI TRAIL.GR	0:00:03.234(00:00:00)	6:32:55.947(06:32:52)
25	23	4	30-39M	Male	415	GR	ΠΑΝΑΓΙΟΤΙΣ ΣΑΚΕΛΛΑΡΙΣ	-	MOUNTAIN TRAINING SOLUTIONS - TRAHINA	0:00:02.624(00:00:00)	6:39:55.854(06:39:53)
26	24	8	40-49M	Male	447	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΝΤΟΛΚΑΣ	-	RITSONA TRAILS	0:00:00.110(00:00:00)	6:39:57.167(06:39:57)
27	25	5	30-39M	Male	424	GR	ΝΙΚΟΛΑΟΣ ΒΟΥΛΤΣΙΟΣ	-		0:00:05.344(00:00:00)	6:45:47.400(06:45:42)
28	26	9	40-49M	Male	429	GR	ΠΑΝΑΓΙΩΤΗΣ ΔΕΔΕΣ	-	WORKOUT LAB / PPE LAB	0:00:02.284(00:00:00)	6:57:44.124(06:57:41)
29	27	9	50-59M	Male	401	GR	VASILEIOS ANAGNOSTOPOULOS	-	DEREKAS ENDURANCE COACHING	0:00:02.624(00:00:00)	7:00:17.880(07:00:15)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 42KM	FINISH 42KM
30	28	10	50-59M	Male	417	GR	ANTONIOS TSIMPOGOS	-	PANTOFLA RUNNING TEAM	0:00:07.780(00:00:00)	7:00:18.214(07:00:10)
31	29	11	50-59M	Male	403	GR	GRIGORIOS APOSTOLIDIS	-		0:00:03.860(00:00:00)	7:00:19.160(07:00:15)
32	30	7	ALL	Male	465		ANDI TOSKA	-		0:00:08.374(00:00:00)	7:02:47.977(07:02:39)
33	31	10	40-49M	Male	406	GR	CHRISTOS BALDARIS	-	NG RADIO RUNNERS	0:00:09.564(00:00:00)	7:03:25.680(07:03:16)
34	32	11	40-49M	Male	437	GR	ΑΝΑΣΤΑΣΙΟΣ ΚΟΥΚΟΥΣΟΥΛΗΣ	-	LEUKOS PYRGOS RUNNING TEAM	0:00:09.564(00:00:00)	7:03:25.794(07:03:16)
35	3	8	ALL	Female	458	GR	ΕΛΕΑΝΑ ΤΖΩΗ	-		0:00:02.624(00:00:00)	7:08:26.864(07:08:24)
36	4	9	ALL	Female	421	GR	ΕΥΑ ΑΛΕΞΑΝΔΡΗ	-		0:00:05.954(00:00:00)	7:21:20.910(07:21:14)
37	33	12	40-49M	Male	422	CY	ΑΝΔΡΕΑΣ ΑΝΔΡΕΟΥ	-	ΝΑΥΤΙΚΟΣ ΟΜΙΛΟΣ ΚΕΡΥΝΕΙΑΣ	0:00:08.374(00:00:00)	7:21:23.437(07:21:15)
38	34	12	50-59M	Male	404	GR	LEANDROS ARVANITAKIS	-		0:00:05.674(00:00:00)	7:27:32.580(07:27:26)
39	35	13	50-59M	Male	409	GR	DIMITRIS KASINAS	-	MUSTUKULURU TRAIL TEAM	0:00:05.674(00:00:00)	7:33:58.774(07:33:53)
40	36	1	60+M	Male	441	GR	ΖΩΓΡΑΦΟΣ ΛΟΥΛΟΥΔΗΣ	-	ΣΔΥΒ / ΚΟΝΤΟΓΙΑΝΝΙΣ RUNNING TEAM	0:00:03.860(00:00:00)	7:36:25.260(07:36:21)
41	37	13	40-49M	Male	416	GR	SAVVAS TSAMADIAS	-		0:00:04.484(00:00:00)	7:36:26.474(07:36:21)
42	38	14	40-49M	Male	427	GR	ΓΙΩΡΓΟΣ ΓΚΟΛΙΑΣ	-	ERGOPHARM	0:00:04.484(00:00:00)	7:36:31.474(07:36:26)
43	5	1	40-49W	Female	426	GR	ΜΑΡΙΑ ΓΙΑΝΤΣΟΥ	-	IRON TEAM/TRAIL GIRL	0:00:01.330(00:00:00)	7:39:17.550(07:39:16)
44	39	15	40-49M	Male	410	GR	ARIS LAZARIDIS	-		0:00:07.780(00:00:00)	7:41:40.910(07:41:33)
45	6	1	50+W	Female	412	CY	CHRISTINA OUZOUNIDOU	-	KASIMIS TRAINING	0:00:02.624(00:00:00)	7:43:06.117(07:43:03)
46	40	6	30-39M	Male	430	GR	ΑΛΕΞΑΝΔΡΟΣ ΔΗΜΟΤΑΚΗΣ	-	ΣΔΥΒ	0:00:08.374(00:00:00)	7:45:22.847(07:45:14)
47	7	2	50+W	Female	419	GR	ANGELIKI ZACHARAKI	-	ERGOPHARM	0:00:05.344(00:00:00)	8:03:24.394(08:03:19)
48	41	16	40-49M	Male	438	GR	ΔΗΜΗΤΡΙΟΣ ΚΟΥΡΑΚΟΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:08.374(00:00:00)	8:07:30.684(08:07:22)
49	8	1	30-39W	Female	452	GR	ΦΩΤΕΙΝΗ ΣΒΑΡΝΑ	-	ΑΘΛΗΤΙΚΟ ΣΩΜΑΤΕΙΟ ΑΓΙΑΣ ΠΑΡΑΣΚΕΥΗΣ	0:00:05.674(00:00:00)	8:10:52.917(08:10:47)
50	42	14	50-59M	Male	453	GR	ΓΕΩΡΓΙΟΣ ΣΒΑΡΝΑΣ	-	ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΝΟΜΟΥ ΛΑΡΙΣΑΣ	0:00:05.674(00:00:00)	8:10:52.927(08:10:47)
51	43	17	40-49M	Male	414	GR	YANN RATHAT	-		0:00:07.780(00:00:00)	8:11:17.510(08:11:09)
52	44	2	60+M	Male	455	GR	ΧΑΡΙΤΟΣ ΣΤΑΥΡΙΔΗΣ	-	MUSTUKULURU TRAIL TEAM	0:00:07.780(00:00:00)	8:20:46.847(08:20:39)
53	9	3	50+W	Female	408	GR	ANDRONIKI GEORGIΟΥ DNF	-	DEREKAS ENDURANCE COACHING	0:00:04.484(00:00:00)	-
54	45	18	40-49M	Male	413	GR	ΕΦΣΤΑΘΙΟΣ ΡΑΠΠΑΣ DNF	-	LASER CREATION	0:00:04.484(00:00:00)	-
55	46	19	40-49M	Male	463	GR	ΣΠΥΡΙΔΩΝ ΣΤΟΓΙΑΝΝΟΣ	-		0:00:07.780(00:00:00)	-
56	47	10	ALL	Male	461	GR	ΘΕΟΔΩΡΟΣ ΧΟΥΤΟΣ	-		0:00:09.564(00:00:00)	-
57	48	15	50-59M	Male	454	GR	ΧΡΗΣΤΟΣ ΣΕΡΜΠΕΖΗΣ	-	RODOPI RUNNERS	0:00:10.734(00:00:00)	-
58	10	2	30-39W	Female	420	GR	ΧΑΙΔΩ ΑΓΓΕΛΟΠΟΥΛΟΥ	-		0:00:46.994(00:00:00)	-