

## 7ος Ημιμαραθώνιος Ιωαννίνων ΑΓΩΝΑΣ 10KM

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	1169	Greek	NIKODEMOS NIKOLAKEAS	-	PUMA	0:00:00.017(00:00:00)	0:16:36.190(00:16:36)	0:33:11.033(00:33:11)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	1236	Greek	GEORGIOS TASIOULAS	-	ΑΓΣΙ	0:00:00.017(00:00:00)	0:17:27.500(00:17:27)	0:35:10.953(00:35:10)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	1027	Greek	DIMITRIOS AVGITAS	-	SDI/DRC	0:00:01.057(00:00:00)	0:17:47.070(00:17:46)	0:35:32.590(00:35:31)
4	4	1	M40-49	Male	1145	Greek	PAVLOS ZOIS	-	SDI	0:00:00.017(00:00:00)	0:18:21.870(00:18:21)	0:37:01.070(00:37:01)
5	5	1	M39-	Male	1102	Greek	MARIOS MPLANTZONIS	-	DRC	0:00:00.360(00:00:00)	0:18:29.360(00:18:29)	0:37:14.637(00:37:14)
6	6	2	M40-49	Male	1090	Greek	ATHANASIOS SKORDAS	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:02.087(00:00:00)	0:18:47.670(00:18:45)	0:37:38.057(00:37:35)
7	7	1	M50-59	Male	1057	Greek	THANOS MITRANTZAS	-	AOKERKYRA	0:00:00.017(00:00:00)	0:19:24.283(00:19:24)	0:38:36.767(00:38:36)
8	8	2	M39-	Male	1143	Greek	CHRISTOS KOUTROUMPAS	-	ΑΟ ΠΕΛΟΠΑΣ ΠΑΤΡΩΝ	0:00:00.017(00:00:00)	0:19:12.310(00:19:12)	0:38:49.517(00:38:49)
9	9	3	M39-	Male	1077	Greek	ANASTASIOS SAVVIDIS	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:02.727(00:00:00)	0:19:17.993(00:19:15)	0:39:03.660(00:39:00)
10	10	3	M40-49	Male	1136	Greek	MIXALIS TSENTSERIS	-		0:00:01.360(00:00:00)	0:19:33.053(00:19:31)	0:39:28.317(00:39:26)
11	11	2	M50-59	Male	1132	Greek	ILIAS NATSIAS	-	SDI	0:00:02.367(00:00:00)	0:19:37.907(00:19:35)	0:39:30.710(00:39:28)
12	12	3	M50-59	Male	1045	Greek	KONSTANTINOS LEKKAS	-	SDI	0:00:02.367(00:00:00)	0:19:29.353(00:19:26)	0:39:59.267(00:39:56)
13	13	4	M40-49	Male	1055	Greek	TASOS KEFALAS	-	ASOPIA	0:00:03.847(00:00:00)	0:19:49.340(00:19:45)	0:40:26.547(00:40:22)
14	14	4	M39-	Male	1194	Greek	GIORGOS PAROUSIS	-	PAROUSIS TEAM	0:00:02.367(00:00:00)	0:20:06.993(00:20:04)	0:40:27.953(00:40:25)
15	15	4	M50-59	Male	1241		ALEXANDROS BENEKOS	-		0:00:02.087(00:00:00)	0:20:39.360(00:20:37)	0:41:02.250(00:41:00)
16	16	5	M50-59	Male	1107	Greek	THEODOROS ARLETOS	-	SD IOANNINON	0:00:03.847(00:00:00)	0:21:22.403(00:21:18)	0:41:06.640(00:41:02)
17	17	5	M39-	Male	1014	Greek	GEORGIOS GKOGKOS	-	AGSI	0:00:00.017(00:00:00)	0:18:59.360(00:18:59)	0:41:10.240(00:41:10)
18	1	1	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	1097	Greek	ALEXANDRA GKIKOU	-	BODYWORKS PREVEZA	0:00:02.367(00:00:00)	0:20:37.967(00:20:35)	0:41:15.993(00:41:13)
19	18	5	M40-49	Male	1058	Greek	KONSTANTINOS BALATSOUKAS	-	Osteopath	0:00:04.503(00:00:00)	0:20:57.757(00:20:53)	0:41:28.057(00:41:23)
20	19	6	M40-49	Male	1026	Greek	YANNIS KOKALAKIS	-	Ι.ΚΑΠΟΔΙΣΤΡΙΑΣ	0:00:02.087(00:00:00)	0:20:22.233(00:20:20)	0:41:36.173(00:41:34)
21	20	6	M50-59	Male	1015	Greek	NIKOLAOS KOULIAS	-		0:00:04.503(00:00:00)	0:20:29.360(00:20:24)	0:41:51.360(00:41:46)
22	21	1	M60+	Male	1099	Greek	EFSTATHIOS TENTZIDIS	-	ΟΜΓ	0:00:02.727(00:00:00)	0:21:08.560(00:21:05)	0:42:10.260(00:42:07)
23	22	7	M50-59	Male	1243		EVANGELOS BALATSOS	-		0:00:07.563(00:00:00)	0:21:29.387(00:21:21)	0:42:16.003(00:42:08)
24	23	6	M39-	Male	1017	Greek	LEONIDAS TSIOURIS	-	ΣΔΙ	0:00:02.727(00:00:00)	0:20:02.837(00:20:00)	0:42:32.883(00:42:30)
25	24	8	M50-59	Male	1044	Greek	GERASIMOS PANOU	-	SDI	0:00:03.847(00:00:00)	0:21:02.517(00:20:58)	0:42:41.607(00:42:37)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
26	2	2	KATHΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	1010	Greek	ERMIONI CHASKI	-	Marathon club	0:00:02.087(00:00:00)	0:21:26.390(00:21:24)	0:42:42.943(00:42:40)
27	25	7	M39-	Male	1025	Greek	ONOUFRIOS RAIMONDIS	-	ΑΣ Ι. ΚΑΠΟΔΙΣΤΡΙΑΣ	0:00:00.360(00:00:00)	0:20:59.360(00:20:59)	0:42:43.483(00:42:43)
28	3	3	KATHΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	1101	Greek	CHAIDI THODI	-	Drc athens	0:00:01.930(00:00:00)	0:21:29.360(00:21:27)	0:43:34.277(00:43:32)
29	26	8	M39-	Male	1023	Greek	ATHANASIOS ZEMADANIS	-	DRC ATHENS/SDI	0:00:03.360(00:00:00)	0:20:53.390(00:20:50)	0:43:38.850(00:43:35)
30	27	7	M40-49	Male	1135	Greek	MENELAOS MARTIS	-		0:00:07.563(00:00:00)	0:21:32.360(00:21:24)	0:43:39.813(00:43:32)
31	4	1	W39-	Female	1078	Greek	XRISTINA KARAMPIKA	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:03.847(00:00:00)	0:21:33.887(00:21:30)	0:43:46.160(00:43:42)
32	28	9	M39-	Male	1032	Greek	KONSTANTINOS NASOULIS	-		0:00:03.847(00:00:00)	0:21:15.857(00:21:12)	0:44:45.243(00:44:41)
33	29	9	M50-59	Male	1191	Greek	ATHANASIOS GEORGAKIS	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:03.847(00:00:00)	0:22:01.260(00:21:57)	0:44:59.767(00:44:55)
34	30	10	M50-59	Male	1104	Greek	ALEXANDROS FLOROS	-		0:00:06.267(00:00:00)	0:21:56.760(00:21:50)	0:45:12.017(00:45:05)
35	31	10	M39-	Male	1011	Greek	EVANGELOS ATHANASIOU	-		0:00:04.503(00:00:00)	0:22:08.490(00:22:03)	0:45:34.453(00:45:29)
36	32	11	M39-	Male	1155	Greek	VASILEIOS PETRIS	-	SDI	0:00:04.893(00:00:00)	0:21:59.360(00:21:54)	0:45:41.517(00:45:36)
37	33	11	M50-59	Male	1063	Albanian	MENI GENTIAN	-	Σ Δ ΙΩΑΝΝΙΝΩΝ	0:00:08.910(00:00:00)	0:22:53.637(00:22:44)	0:45:44.897(00:45:35)
38	34	12	M39-	Male	1242		ALEXANDROS KOSTAS	-		0:00:09.753(00:00:00)	0:22:59.360(00:22:49)	0:45:47.093(00:45:37)
39	35	12	M50-59	Male	1005	Greek	CHRISTOS DEDELOUDIS	-	UNITED RUNNERS OF FALIROFORNIA	0:00:08.910(00:00:00)	0:22:36.573(00:22:27)	0:45:47.977(00:45:39)
40	36	13	M50-59	Male	1196	Greek	NIKOLAOS THEOCHARIS	-	ΣΔ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:08.910(00:00:00)	0:23:00.763(00:22:51)	0:45:52.910(00:45:44)
41	37	8	M40-49	Male	1154	Greek	VASILEIOS BAMPAS	-	ZNTILA RUNNING TEAM	0:00:07.563(00:00:00)	0:23:35.710(00:23:28)	0:46:04.717(00:45:57)
42	38	13	M39-	Male	1108	Greek	GIORGOS MONASTIRIOTIS	-		0:00:03.847(00:00:00)	0:22:59.360(00:22:55)	0:46:07.987(00:46:04)
43	39	14	M50-59	Male	1007	Greek	ZAXAPIΑΣ ΑΥΓΕΡΗΣ	-	ΜΕΣΣΟΛΟΓΓΙ	0:00:03.847(00:00:00)	0:22:49.167(00:22:45)	0:46:54.067(00:46:50)
44	40	14	M39-	Male	1227	Spanish	SAMUEL MARTIN SANTONI	-		0:00:15.707(00:00:00)	0:24:02.847(00:23:47)	0:46:58.113(00:46:42)
45	41	15	M39-	Male	1166	Greek	KONSTANTINOS LETSIOS	-		0:00:07.563(00:00:00)	0:22:59.360(00:22:51)	0:47:19.773(00:47:12)
46	5	1	W40-49	Female	1030	Greek	ALEXIA KATSIORA	-	Vivid graphics	0:00:02.727(00:00:00)	0:22:57.677(00:22:54)	0:47:28.313(00:47:25)
47	42	1	ALL	Male	1096	Greek	ACHILLEAS NOUTSOS	-		0:00:12.020(00:00:00)	0:23:29.360(00:23:17)	0:47:59.487(00:47:47)
48	43	2	ALL	Male	1085	Greek	KWSTAS PAPTATZIS	-	Σ.Δ.ΑΡΤΑΣ	0:00:02.360(00:00:00)	0:23:29.360(00:23:27)	0:48:14.323(00:48:11)
49	44	15	M50-59	Male	1043	Greek	ANDREAS PALIATSOS	-		0:00:03.847(00:00:00)	0:23:44.173(00:23:40)	0:48:24.053(00:48:20)
50	45	2	M60+	Male	1168	Greek	PETROS TZOUMAKAS	-	FIFTH ELEMENT	0:00:02.087(00:00:00)	0:24:24.043(00:24:21)	0:49:22.797(00:49:20)
51	46	9	M40-49	Male	1115	Greek	CHRISTOS GIOTIS	-	AUTOLINEA	0:00:20.050(00:00:00)	0:23:59.360(00:23:39)	0:49:31.127(00:49:11)
52	47	16	M39-	Male	1193	Greek	CHRISTOS GOUNARIS	-		0:00:08.910(00:00:00)	0:24:09.360(00:24:00)	0:49:43.237(00:49:34)
53	48	17	M39-	Male	1183	Greek	ANTONIOS DARLIS	-	LAMOYA RUNNERS	0:00:14.143(00:00:00)	0:24:37.670(00:24:23)	0:49:45.253(00:49:31)
54	49	10	M40-49	Male	1052	Greek	IOANNIS SPYROU	-	Fitness Factory	0:00:10.113(00:00:00)	0:24:32.360(00:24:22)	0:49:54.143(00:49:44)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
55	50	18	M39-	Male	1031	Greek	ALEXANDROS BLETSAS	-	BLETSAS FARM	0:00:07.563(00:00:00)	0:24:29.360(00:24:21)	0:49:55.187(00:49:47)
56	51	16	M50-59	Male	1119	Greek	GEORGIOS TZIMAS	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:02.087(00:00:00)	0:24:59.360(00:24:57)	0:50:14.430(00:50:12)
57	52	11	M40-49	Male	1064	Greek	FRIXOS MAVROMATIS	-	ΖΑΓΟΡΙ ΦΥΣΙΚΟ ΜΕΤΑΛΛΙΚΟ ΝΕΡΟ	0:00:07.563(00:00:00)	0:24:59.360(00:24:51)	0:50:21.220(00:50:13)
58	53	19	M39-	Male	1080	Greek	IWANNIS TORNIKIDIS	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:16.470(00:00:00)	0:24:59.360(00:24:42)	0:50:31.453(00:50:14)
59	54	12	M40-49	Male	1133	Greek	DIMITRIOS NTETSIKAS	-		0:00:20.050(00:00:00)	0:25:19.337(00:24:59)	0:50:47.207(00:50:27)
60	55	20	M39-	Male	1172	Greek	DIMITRIS KALTSOGIANNIS	-		0:00:12.020(00:00:00)	0:25:09.360(00:24:57)	0:50:52.057(00:50:40)
61	56	13	M40-49	Male	1128	Greek	DIMITRIOS THANOS	-		0:00:22.097(00:00:00)	0:25:49.043(00:25:26)	0:50:54.673(00:50:32)
62	57	14	M40-49	Male	1146	Greek	KYRIAKOS LAVASAS	-	SDI	0:00:04.893(00:00:00)	0:25:16.590(00:25:11)	0:50:56.943(00:50:52)
63	6	2	W40-49	Female	1049	Greek	ELENI FILIPPOU	-		0:00:08.910(00:00:00)	0:24:59.360(00:24:50)	0:51:11.827(00:51:02)
64	58	15	M40-49	Male	1245		NIKOLAOS KATSIOS	-		0:00:07.563(00:00:00)	0:24:59.360(00:24:51)	0:51:12.987(00:51:05)
65	7	2	W39-	Female	1075	Greek	VASILIKI NTOURNTA	-	AUTOLINEA	0:00:08.910(00:00:00)	0:24:59.360(00:24:50)	0:51:12.987(00:51:04)
66	59	16	M40-49	Male	1120	Greek	PETROS PEPONIS	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:06.360(00:00:00)	0:24:59.360(00:24:53)	0:51:23.510(00:51:17)
67	8	3	W40-49	Female	1024	Greek	ALEXANDRA SOROGA	-	Eka Dodoni Ioannina	0:00:03.847(00:00:00)	0:24:33.623(00:24:29)	0:51:27.877(00:51:24)
68	9	3	W39-	Female	1226	Spanish	MARINA BURKE RUIZ	-		0:00:15.707(00:00:00)	0:24:59.360(00:24:43)	0:51:45.877(00:51:30)
69	60	17	M50-59	Male	1175	Greek	SPYRIDON TASIOULAS	-		0:00:12.020(00:00:00)	0:24:59.360(00:24:47)	0:51:50.720(00:51:38)
70	61	3	M60+	Male	1066	Greek	MICHAIL TSES	-	AUTOLINEA	0:00:06.267(00:00:00)	0:25:24.780(00:25:18)	0:51:53.787(00:51:47)
71	62	4	M60+	Male	1159	Greek	BASILEIOS PAPPAS	-	SDI	0:00:16.470(00:00:00)	0:25:42.080(00:25:25)	0:51:59.807(00:51:43)
72	63	17	M40-49	Male	1153	Greek	NIKOLAS PACHATIROGLOU	-		0:00:12.020(00:00:00)	0:25:54.073(00:25:42)	0:52:06.353(00:51:54)
73	10	4	W40-49	Female	1053	Greek	AGGELIKI KOTSANI	-	Fitness Factory	0:00:09.753(00:00:00)	0:25:29.360(00:25:19)	0:52:08.877(00:51:59)
74	64	5	M60+	Male	1182	Greek	VASILIOS KLAGKOS	-		0:00:03.847(00:00:00)	0:25:59.360(00:25:55)	0:52:18.143(00:52:14)
75	65	18	M50-59	Male	1094	Greek	XPISTOS KOLLIAS	-	SDI	0:00:06.267(00:00:00)	0:25:31.173(00:25:24)	0:52:56.377(00:52:50)
76	11	4	W39-	Female	1232	Greek	EVAGGELIA GORGOLI	-		0:00:07.563(00:00:00)	0:25:59.360(00:25:51)	0:53:05.537(00:52:57)
77	66	6	M60+	Male	1151	Greek	IPPOKRATIS ALEXIS	-		0:00:03.847(00:00:00)	0:26:01.470(00:25:57)	0:53:08.507(00:53:04)
78	67	21	M39-	Male	1084	Greek	XRISTOS LIAXNIS	-	Σ.Δ.ΑΡΤΑΣ	0:00:12.020(00:00:00)	0:25:59.360(00:25:47)	0:53:11.910(00:52:59)
79	12	5	W40-49	Female	1121	Greek	MATILDA FLORENTIN	-		0:00:07.563(00:00:00)	0:26:49.627(00:26:42)	0:53:12.897(00:53:05)
80	68	22	M39-	Male	1105	Greek	SAVVAS ATHANAILIDIS	-		0:00:20.050(00:00:00)	0:27:39.723(00:27:19)	0:53:13.693(00:52:53)
81	69	18	M40-49	Male	1042	Greek	PANAGIOTIS SIONIS	-	SDI	0:00:07.360(00:00:00)	0:26:32.610(00:26:25)	0:53:26.257(00:53:18)
82	70	23	M39-	Male	1199	Greek	NIKOLAOS KOLIOS	-	Σ.Δ.ΑΡΤΑΣ	0:00:09.753(00:00:00)	0:25:59.360(00:25:49)	0:53:29.230(00:53:19)
83	71	24	M39-	Male	1187	Greek	APOSTOLOS NATSIS	-	REVOLUTION FIT	0:00:08.910(00:00:00)	0:25:59.360(00:25:50)	0:53:30.300(00:53:21)
84	72	19	M50-59	Male	1076	Greek	NEOKLIS AYGITAS	-	AUTOLINEA	0:00:20.050(00:00:00)	0:26:57.037(00:26:36)	0:53:32.077(00:53:12)
85	73	19	M40-49	Male	1210	Greek	LEFTERIS NTOKOS	-		0:00:18.470(00:00:00)	0:25:59.360(00:25:40)	0:53:34.123(00:53:15)

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86	13	5	W39-	Female	1129	Greek	VASILIKI TZAMPAZI	-		0:00:21.440(00:00:00)	0:26:45.923(00:26:24)	0:53:38.407(00:53:16)
87	74	20	M40-49	Male	1240		GEORGIOS GOUSIAS	-		0:00:06.267(00:00:00)	0:26:38.200(00:26:31)	0:53:50.107(00:53:43)
88	14	6	W39-	Female	1103	Greek	ZETA MARGONI	-		0:00:12.020(00:00:00)	0:26:29.360(00:26:17)	0:53:55.127(00:53:43)
89	15	1	W50-59	Female	1113	Greek	ARETI AGGELI	-	SDI	0:00:03.847(00:00:00)	0:26:27.417(00:26:23)	0:53:57.440(00:53:53)
90	75	20	M50-59	Male	1208	Greek	SOTIRIOS KARVOUNIS	-		0:00:14.143(00:00:00)	0:27:33.147(00:27:19)	0:53:57.970(00:53:43)
91	76	21	M50-59	Male	1106	Greek	DIMITRS MISIRLIS	-	ΣΚΑΜΕΤΕΩΡΩΝ	0:00:07.563(00:00:00)	0:25:46.007(00:25:38)	0:54:01.467(00:53:53)
92	16	7	W39-	Female	1173	Greek	HLIANA ANDREOU	-		0:00:07.563(00:00:00)	0:27:27.350(00:27:19)	0:54:02.447(00:53:54)
93	77	25	M39-	Male	1127	Greek	PAULOS ZANIKAS	-		0:00:21.440(00:00:00)	0:27:08.360(00:26:46)	0:54:04.630(00:53:43)
94	78	22	M50-59	Male	1028	Greek	VASILEIOS KOLCHOURIS	-		0:00:08.910(00:00:00)	0:26:22.197(00:26:13)	0:54:10.230(00:54:01)
95	79	26	M39-	Male	1056	Greek	AGGELOS MANOUSOS	-		0:00:15.237(00:00:00)	0:26:29.360(00:26:14)	0:54:11.790(00:53:56)
96	17	8	W39-	Female	1188	Greek	ELEFThERIA PAPANIMITRIOU	-	REVOLUTION FIT	0:00:08.910(00:00:00)	0:27:02.163(00:26:53)	0:54:12.330(00:54:03)
97	80	3	ALL	Male	1184		IOANNIS EFTHIMIOU	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:03.847(00:00:00)	0:27:29.360(00:27:25)	0:54:23.027(00:54:19)
98	81	23	M50-59	Male	1091	Greek	ATHANASIOS KOUTERIS	-		0:00:12.020(00:00:00)	0:26:18.360(00:26:06)	0:54:24.393(00:54:12)
99	18	9	W39-	Female	1222	Greek	GEORGIA XATZIMOURATIDOU	-	REVOLUTION FIT	0:00:20.050(00:00:00)	0:27:06.070(00:26:46)	0:54:46.813(00:54:26)
100	82	21	M40-49	Male	1008	Greek	NIKOLAOS KOSTOULAS	-		0:00:10.113(00:00:00)	0:27:17.197(00:27:07)	0:55:10.747(00:55:00)
101	83	27	M39-	Male	1138	Greek	DIMITRIS KOUTLAS	-		0:00:08.910(00:00:00)	0:29:29.360(00:29:20)	0:56:13.860(00:56:04)
102	19	10	W39-	Female	1093	Greek	MARIA TSANTILI	-		0:00:08.910(00:00:00)	0:27:14.430(00:27:05)	0:56:13.970(00:56:05)
103	84	28	M39-	Male	1202	Greek	ANDREAS PRINTEZIS	-		0:00:15.237(00:00:00)	0:26:59.360(00:26:44)	0:56:17.587(00:56:02)
104	20	6	W40-49	Female	1192	Greek	DIMITRA EFTHIMIOU	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:06.267(00:00:00)	0:27:59.360(00:27:53)	0:56:29.720(00:56:23)
105	21	11	W39-	Female	1177	Greek	CHRISTINA KRALLI	-		0:00:06.267(00:00:00)	0:27:59.360(00:27:53)	0:56:37.833(00:56:31)
106	22	12	W39-	Female	1189	Greek	AGGELIKI MAMAKI	-	REVOLUTION FIT	0:00:08.910(00:00:00)	0:27:59.360(00:27:50)	0:56:39.437(00:56:30)
107	85	4	ALL	Male	1116	Greek	GEORGIOS MAKRIS	-	AUTOLINEA	0:00:20.050(00:00:00)	0:26:17.867(00:25:57)	0:56:53.127(00:56:33)
108	23	13	W39-	Female	1170	Greek	KWNSTANTINA NTAI	-		0:00:07.563(00:00:00)	0:27:55.473(00:27:47)	0:56:55.987(00:56:48)
109	86	22	M40-49	Male	1167	Greek	CHRISTOS NIKOLAOU	-		0:00:21.440(00:00:00)	0:27:59.360(00:27:37)	0:57:09.317(00:56:47)
110	87	7	M60+	Male	1122	Greek	GEORGIOS GALANIS	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:12.020(00:00:00)	0:28:59.360(00:28:47)	0:57:17.723(00:57:05)
111	88	23	M40-49	Male	1207	Greek	GEORGIOS PAPANOUNAS	-		0:00:09.753(00:00:00)	0:27:45.447(00:27:35)	0:57:24.950(00:57:15)
112	89	24	M50-59	Male	1190	Greek	LEONIDAS BASDEKIS	-	REVOLUTION FIT	0:00:12.020(00:00:00)	0:26:59.360(00:26:47)	0:57:32.530(00:57:20)
113	90	25	M50-59	Male	1212	Greek	THEODOROS ZACHARIAS	-		0:00:08.910(00:00:00)	0:28:28.897(00:28:19)	0:57:36.250(00:57:27)
114	24	14	W39-	Female	1092	Greek	ELLI KLAOUDATOU	-		0:00:08.910(00:00:00)	0:27:50.610(00:27:41)	0:57:37.307(00:57:28)
115	91	26	M50-59	Male	1163	Greek	GEORGIOS HASKIS	-	FIFTH ELEMENT	0:00:09.753(00:00:00)	0:28:08.360(00:27:58)	0:57:38.347(00:57:28)
116	92	8	M60+	Male	1139	Greek	ANTONIOS NTOULAS	-	SDI	0:00:06.267(00:00:00)	0:28:17.200(00:28:10)	0:57:43.220(00:57:36)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
117	25	15	W39-	Female	1178	Greek	CHRISTINA BELLOU	-		0:00:08.910(00:00:00)	0:28:59.360(00:28:50)	0:58:06.247(00:57:57)
118	93	29	M39-	Male	1180	Greek	DIMITRIS ARVANITAKIS	-		0:00:08.910(00:00:00)	0:28:47.820(00:28:38)	0:58:06.247(00:57:57)
119	94	27	M50-59	Male	1020	Greek	AGATHON MYLONAS	-		0:00:12.020(00:00:00)	0:28:29.360(00:28:17)	0:58:12.497(00:58:00)
120	26	7	W40-49	Female	1230	Greek	SOFIA KALOGIROU	-	FIFTH ELEMENT	0:00:15.237(00:00:00)	0:29:15.850(00:29:00)	0:58:18.937(00:58:03)
121	95	9	M60+	Male	1162	Greek	KONSTANTINOS TSILIKAS	-		0:00:15.957(00:00:00)	0:28:59.360(00:28:43)	0:58:32.943(00:58:16)
122	96	24	M40-49	Male	1161	Greek	CHARALAMPOS TSILIKAS	-		0:00:16.470(00:00:00)	0:28:59.360(00:28:42)	0:58:34.027(00:58:17)
123	97	30	M39-	Male	1029	Greek	BYRON PAPPAS	-		0:00:02.367(00:00:00)	0:28:59.360(00:28:56)	0:58:47.847(00:58:45)
124	98	31	M39-	Male	1234	Albanian	NIKOLIN MANTERGKONA	-		0:00:03.847(00:00:00)	0:28:57.270(00:28:53)	0:58:59.160(00:58:55)
125	27	2	W50-59	Female	1235	Swedish	MARJETA MADERGONA	-		0:00:03.847(00:00:00)	0:29:00.590(00:28:56)	0:58:59.160(00:58:55)
126	99	28	M50-59	Male	1072	Greek	THEODOROS FRANTZELAS	-	AUTOLINEA	0:00:08.910(00:00:00)	0:29:48.453(00:29:39)	0:59:00.503(00:58:51)
127	100	25	M40-49	Male	1110	Greek	IOANNIS KALOGEROPOULOS	-		0:00:08.360(00:00:00)	0:28:29.360(00:28:21)	0:59:07.620(00:58:59)
128	28	16	W39-	Female	1126	Greek	LYDIA PAPPA	-		0:00:07.563(00:00:00)	0:28:49.977(00:28:42)	0:59:13.283(00:59:05)
129	29	8	W40-49	Female	1239		VICKY TSIRIGGAKI	-		0:00:09.360(00:00:00)	0:29:34.610(00:29:25)	0:59:25.360(00:59:16)
130	30	17	W39-	Female	1195	Greek	ARISTEA MAROU	-	LEVEL X	0:00:08.910(00:00:00)	0:29:06.110(00:28:57)	0:59:34.927(00:59:26)
131	31	18	W39-	Female	1214	Greek	VERA-PISTI ANTONOPOULOU	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:14.143(00:00:00)	0:30:07.360(00:29:53)	0:59:51.580(00:59:37)
132	101	26	M40-49	Male	1141	Greek	DIMITRIS AVDIS	-	SDI	0:00:14.143(00:00:00)	0:29:59.360(00:29:45)	1:00:01.243(00:59:47)
133	102	32	M39-	Male	1201	Greek	APOSTOLOS PAPADOUDIS	-		0:00:08.360(00:00:00)	0:29:31.317(00:29:22)	1:00:03.547(00:59:55)
134	32	9	W40-49	Female	1229	Greek	MARA KALOGIROU	-	FIFTH ELEMENT	0:00:15.237(00:00:00)	0:29:22.737(00:29:07)	1:00:09.337(00:59:54)
135	103	10	M60+	Male	1123	Greek	MARKOS ZAGKOUNTINOS	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:12.020(00:00:00)	0:28:59.360(00:28:47)	1:00:15.703(01:00:03)
136	33	19	W39-	Female	1213	French	LOUISE MAGIMEL	-		0:00:18.470(00:00:00)	0:28:59.360(00:28:40)	1:00:15.973(00:59:57)
137	104	33	M39-	Male	1221	Greek	DIMITRIS NOUSIAS	-	REVOLUTION FIT	0:00:21.440(00:00:00)	0:30:01.980(00:29:40)	1:00:34.277(01:00:12)
138	105	5	ALL	Male	1021	Greek	GEORGIOS ELEFThERIADIS	-		0:00:08.910(00:00:00)	0:29:27.207(00:29:18)	1:00:39.217(01:00:30)
139	106	6	ALL	Male	1041	Greek	CHARALAMBOS TSIKOS	-		0:00:07.360(00:00:00)	0:30:06.303(00:29:58)	1:00:59.360(01:00:52)
140	107	29	M50-59	Male	1004	Greek	DIMITRIOS THOMAS	-		0:00:14.143(00:00:00)	0:30:08.360(00:29:54)	1:01:11.833(01:00:57)
141	34	3	W50-59	Female	1198	Greek	FILITSA DELIGIORGI	-	Σ.Δ.Υ. ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:14.143(00:00:00)	0:30:16.887(00:30:02)	1:02:01.847(01:01:47)
142	108	34	M39-	Male	1181	Greek	NIKOLAS GONGAKIS	-		0:00:19.283(00:00:00)	0:31:11.960(00:30:52)	1:02:05.447(01:01:46)
143	109	35	M39-	Male	1134	Greek	KONSTANTINOS ANGELIS	-		0:00:21.440(00:00:00)	0:30:59.360(00:30:37)	1:02:08.273(01:01:46)
144	110	27	M40-49	Male	1130	Greek	THOMAS KARAPANOS	-		0:00:20.050(00:00:00)	0:30:11.177(00:29:51)	1:02:21.930(01:02:01)
145	111	36	M39-	Male	1100	Greek	SPYROS PAPAPETROS	-		0:00:09.753(00:00:00)	0:30:59.360(00:30:49)	1:02:54.717(01:02:44)
146	112	11	M60+	Male	1002	Greek	DIAMANTIS KOLOTOUROS	-		0:00:15.237(00:00:00)	0:30:51.850(00:30:36)	1:03:03.957(01:02:48)
147	35	20	W39-	Female	1065	Greek	SPYRIDOULA TRACHANA	-		0:00:20.050(00:00:00)	0:31:29.360(00:31:09)	1:03:05.110(01:02:45)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
148	113	12	M60+	Male	1068	Greek	VASILEIOS KALAMPOKIS	-	AUTOLINEA	0:00:20.050(00:00:00)	0:30:57.103(00:30:37)	1:03:10.987(01:02:50)
149	114	37	M39-	Male	1047	Greek	ILIAS THOMAKOS	-		0:00:12.020(00:00:00)	0:31:15.943(00:31:03)	1:03:12.187(01:03:00)
150	36	10	W40-49	Female	1131	Greek	SOFIA VOULGARI	-	A.Σ.Ο ΒΕΡΗΣ MakridisTeam	0:00:15.237(00:00:00)	0:32:46.177(00:32:30)	1:03:13.500(01:02:58)
151	115	28	M40-49	Male	1158	Greek	VAGGELIS EXARCHOS	-	SDI	0:00:07.563(00:00:00)	0:31:09.360(00:31:01)	1:03:15.813(01:03:08)
152	37	4	W50-59	Female	1197	Greek	EFI TZIMA	-	SDI	0:00:06.267(00:00:00)	0:31:21.357(00:31:15)	1:03:15.813(01:03:09)
153	116	29	M40-49	Male	1003	Greek	PAVLOS ABERIADIS	-		0:00:16.470(00:00:00)	0:31:31.057(00:31:14)	1:03:39.737(01:03:23)
154	38	21	W39-	Female	1179	Greek	RAFAILIA ANDREOU	-	GKOREZIS FITNESS CLUB	0:00:08.910(00:00:00)	0:31:51.840(00:31:42)	1:03:40.847(01:03:31)
155	117	13	M60+	Male	1228	Greek	KONSTANTINOS KALOGIROS	-	FIFTH ELEMENT	0:00:15.237(00:00:00)	0:31:05.667(00:30:50)	1:04:17.957(01:04:02)
156	118	30	M50-59	Male	1160	Greek	DIMITRIS CHALIASOS	-		0:00:08.910(00:00:00)	0:29:56.847(00:29:47)	1:04:27.163(01:04:18)
157	39	5	W50-59	Female	1038	Greek	BASO KEFALA	-	SDI	0:00:04.157(00:00:00)	0:31:39.423(00:31:35)	1:04:42.763(01:04:38)
158	40	22	W39-	Female	1185	Greek	THEODORA SOUMALA	-		0:00:20.050(00:00:00)	0:33:17.693(00:32:57)	1:04:43.937(01:04:23)
159	119	38	M39-	Male	1082	Greek	FWTIOS PANAGOS	-	Σ.Δ.ΑΡΤΑΣ	0:00:21.767(00:00:00)	0:32:42.677(00:32:20)	1:04:59.630(01:04:37)
160	41	23	W39-	Female	1186	Greek	DIMITRA NTOUSIOU	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:07.360(00:00:00)	0:33:20.007(00:33:12)	1:05:25.437(01:05:18)
161	120	31	M50-59	Male	1022	Greek	EVANGELOS SKLIVANITIS	-	PERITHORI RUNNERS	0:00:12.020(00:00:00)	0:31:59.360(00:31:47)	1:05:25.757(01:05:13)
162	121	39	M39-	Male	1219	Greek	DIMITRIS LIASKAS	-		0:00:21.440(00:00:00)	0:32:29.360(00:32:07)	1:05:44.990(01:05:23)
163	42	6	W50-59	Female	1069	Greek	GIANNA LIONTOU	-	AUTOLINEA	0:00:09.753(00:00:00)	0:31:46.070(00:31:36)	1:06:06.997(01:05:57)
164	122	40	M39-	Male	1039	Greek	THANASIS KOUVAKLIS	-		0:00:20.050(00:00:00)	0:32:30.433(00:32:10)	1:06:13.997(01:05:53)
165	43	24	W39-	Female	1040	Greek	PENY TRIANTAFYLLOU	-		0:00:20.050(00:00:00)	0:32:27.120(00:32:07)	1:06:13.997(01:05:53)
166	44	11	W40-49	Female	1215	Greek	MARIA KEFALA	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:15.237(00:00:00)	0:31:24.783(00:31:09)	1:06:21.767(01:06:06)
167	45	12	W40-49	Female	1152	Greek	KYRIAKI CHARISI	-		0:00:08.910(00:00:00)	0:32:15.020(00:32:06)	1:06:35.397(01:06:26)
168	123	14	M60+	Male	1081	Greek	PARASKEVAS MALTEZOS	-	Σ.Δ.ΑΡΤΑΣ	0:00:12.020(00:00:00)	0:32:10.677(00:31:58)	1:06:36.590(01:06:24)
169	124	15	M60+	Male	1111	Greek	KOSTAS PETALAS	-	Σ.Δ.ΑΡΤΑΣ	0:00:12.020(00:00:00)	0:32:36.573(00:32:24)	1:06:51.023(01:06:39)
170	46	13	W40-49	Female	1231	Greek	PARASKEVI RAPTI	-	360 PERSONAL	0:00:14.143(00:00:00)	0:33:29.360(00:33:15)	1:07:50.773(01:07:36)
171	125	30	M40-49	Male	1137	Greek	KONSTANTINOS TSIMOLOPOULOS	-		0:00:22.097(00:00:00)	0:34:59.360(00:34:37)	1:08:25.213(01:08:03)
172	47	7	W50-59	Female	1237		ELENI KESIDOU	-		0:00:15.237(00:00:00)	0:32:50.287(00:32:35)	1:08:33.823(01:08:18)
173	48	14	W40-49	Female	1018	Greek	IOANNA SIOTOU	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:15.957(00:00:00)	0:32:56.927(00:32:40)	1:08:35.830(01:08:19)
174	49	15	W40-49	Female	1098	Greek	MARIA MPAIRAMPA	-		0:00:08.910(00:00:00)	0:32:19.057(00:32:10)	1:09:35.970(01:09:27)
175	126	41	M39-	Male	1109	Greek	GEORGE TZIAKOS	-		0:00:20.050(00:00:00)	0:33:25.133(00:33:05)	1:09:43.287(01:09:23)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
176	127	16	M60+	Male	1225	Greek	KONSTANTINOS PAPADIMITRIOU	-	ΣΥΛΛΟΓΟΣ ΑΠΑΝΤΑΧΟΥ ΖΕΡΜΑΤΙΝΩΝ	0:00:12.020(00:00:00)	0:33:35.483(00:33:23)	1:09:55.627(01:09:43)
177	50	16	W40-49	Female	1142	Greek	EVI AVDI	-	SDI	0:00:15.237(00:00:00)	0:33:53.087(00:33:37)	1:10:14.247(01:09:59)
178	51	25	W39-	Female	1174	Greek	ELPINIKI BOTSI	-		0:00:16.470(00:00:00)	0:33:08.793(00:32:52)	1:10:28.657(01:10:12)
179	128	42	M39-	Male	1164	Greek	THEOFILOS CHRYSOSTOMOU	-		0:00:19.283(00:00:00)	0:36:11.093(00:35:51)	1:10:36.190(01:10:16)
180	129	43	M39-	Male	1067	Greek	KONSTANTINOS PAPPAS	-	AUTOLINEA	0:00:20.050(00:00:00)	0:35:59.360(00:35:39)	1:11:38.110(01:11:18)
181	130	17	M60+	Male	1034	Greek	DIMITRIS KALANTZIS	-	ΣΔ ΤΡΙΚΑΛΩΝ	0:00:19.283(00:00:00)	0:34:29.360(00:34:10)	1:11:55.927(01:11:36)
182	131	18	M60+	Male	1211	Greek	ILIAS TSALIS	-	SDI	0:00:15.957(00:00:00)	0:35:35.097(00:35:19)	1:13:19.297(01:13:03)
183	132	19	M60+	Male	1125	Greek	APOSTOLOS VALAKOS	-		0:00:15.237(00:00:00)	0:36:38.177(00:36:22)	1:15:12.403(01:14:57)
184	52	26	W39-	Female	1050	Greek	PANAGIOTA TZAVELLA	-		0:00:12.020(00:00:00)	0:36:58.983(00:36:46)	1:17:22.943(01:17:10)
185	53	8	W50-59	Female	1001	Greek	AGGELIKI ZOI	-		0:00:15.237(00:00:00)	0:36:50.873(00:36:35)	1:17:57.820(01:17:42)
186	133	32	M50-59	Male	1244		ARTAN MESHI	-		0:00:24.640(00:00:00)	0:43:26.263(00:43:01)	1:18:57.740(01:18:33)
187	54	27	W39-	Female	1206	Greek	ANGELIKI THEODOROU	-		0:00:20.050(00:00:00)	0:38:25.257(00:38:05)	1:20:02.743(01:19:42)
188	134	20	M60+	Male	1205	Greek	CHRISTAKIS THEODOROU	-		0:00:20.050(00:00:00)	0:38:59.360(00:38:39)	1:20:03.937(01:19:43)
189	135	33	M50-59	Male	1124	Greek	CHARALAMPOS KAMBOURIDIS	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:12.020(00:00:00)	0:39:24.130(00:39:12)	1:20:46.583(01:20:34)
190	55	28	W39-	Female	1171	Greek	ANNA TARASIDOU	-		0:00:12.020(00:00:00)	0:39:57.667(00:39:45)	1:22:18.867(01:22:06)
191	136	34	M50-59	Male	1112	Greek	FOTIS KAZIANIS	-	SDI	0:00:16.470(00:00:00)	0:38:46.587(00:38:30)	1:22:22.637(01:22:06)
192	137	31	M40-49	Male	1061	Greek	KON/NOS VENETIS	-		0:00:23.470(00:00:00)	0:37:33.177(00:37:09)	1:25:08.783(01:24:45)
193	56	29	W39-	Female	1046	Greek	KATERINA GIANNOPOULOU	-		0:00:14.143(00:00:00)	0:40:33.237(00:40:19)	1:28:12.103(01:27:57)
194	138	32	M40-49	Male	1140	Greek	ALEXIS AVDIS	-	SDI/SAUCONY	0:00:15.360(00:00:00)	0:45:20.580(00:45:05)	1:32:28.183(01:32:12)
195	57	1	W60+	Female	1088	Greek	EVAGGELIA KOUTSOKWSTA	-		0:00:19.283(00:00:00)	0:45:14.910(00:44:55)	1:32:28.183(01:32:08)
196	139	44	M39-	Male	1233	Greek	VASILEIOS VAGGELIS DNF	-		0:00:01.057(00:00:00)	0:18:25.020(00:18:23)	-
197	140	7	ALL	Male	1246		NONAME_2023 ΩΩ_ΑΓΩΝΑΣ 10KM_37 DNF	-		0:00:05.360(00:00:00)	0:26:09.183(00:26:03)	-