

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Swim	T1	Bike	T2	Run-SP1	Run-SP2	Run-SP3	Run	Total
Sprint														
A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Swim	T1	Bike	T2	Run-SP1	Run	Total		
1	1	1	1	4057	DIMΟΡΟΥΛΟΣ ΠΑΝΑΓΙΟΤΙΣ Άνδρας - 1989 (M35) VIPS	0:08:35	0:01:02	0:42:51	00:00:52	00:08:44	00:17:03	1:10:21		
2	2	1	2	4023	BANTIS APOSTOLOS SOTIRIOS Άνδρας - 2007 (M15) EPILEKTOI	0:08:32	0:01:15	0:46:30	00:01:00	00:08:57	0:17:23	1:14:38		
3	3	1	3	4341	ZARAFONITIS PARIS Άνδρας - 1982 (M40)	0:10:15	0:01:28	0:44:14	00:01:06	00:09:09	0:17:37	1:14:38		
4	4	1	4	4138	KUMLE JULIAN Άνδρας - 1990 (M30)	0:10:12	0:01:20	0:44:05	00:00:55	00:09:47	0:18:42	1:15:12		
5	5	1	5	4006	ALYFANTIS GEORGE Άνδρας - 1979 (M45)	0:08:56	0:01:09	0:46:06	00:01:07	00:10:13	0:19:49	1:17:05		
6	6	1	6	4094	KALOGEROPOULOS THEOHARIS Άνδρας - 2001 (M) TOP FOTIA	0:11:30	0:01:46	0:45:41	00:01:04	00:10:23	0:19:41	1:19:39		
7	7	2	7	4131	KOUROUMBAS KONSTANTINOS Άνδρας - 1994 (M30)	0:12:03	0:01:30	0:47:42	00:01:07	00:09:57	0:19:22	1:21:43		
8	8	2	8	4248	SILIGARDOS GEORGIOS Άνδρας - 1975 (M45)	0:11:46	0:01:52	0:47:41	00:01:31	00:10:28	0:20:01	1:22:48		
9	9	1	1	4227	POLICHRONIADI STEFANIA Γυναίκα - 1993 (F30) VIP	0:10:30	0:01:18	0:49:04	00:01:17	00:10:57	0:21:01	1:23:07		
10	10	2	9	4289	TSAPELAS DIMITRIS Άνδρας - 1989 (M35) Melissa Kikizas	0:13:19	0:01:45	0:48:18	00:01:15	00:09:41	0:18:41	1:23:17		
11	11	1	10	4068	GAREFIS CHRISTOS Άνδρας - 1955 (M65+) VIPS	0:10:14	0:01:19	0:47:54	00:01:21	00:12:01	0:22:44	1:23:29		
12	12	1	2	4266	SYNTZANAKI NANTIA Γυναίκα - 1976 (F45) MELISSA TEAM	0:12:23	0:01:26	0:49:31	00:01:18	00:09:53	0:18:59	1:23:34		
13	13	3	11	4343	KOLLIAS THEOFANIS Άνδρας - 1987 (M35) PANATHINAIKOS	0:12:29	0:01:50	0:49:09	00:01:15	00:09:55	0:19:16	1:23:56		
14	14	3	12	4025	BAVAS MILTIADIS Άνδρας - 1990 (M30) Melissa Kikizas	0:13:36	0:01:09	0:48:12	00:01:10	00:10:37	0:20:04	1:24:09		
15	15	3	13	4175	MICHALIS STEFANOS Άνδρας - 1975 (M45) PANATHINAIKOS	0:11:42	0:01:47	0:47:47	00:01:45	00:11:23	0:21:44	1:24:43		
16	16	2	14	4203	PAPADOPOULOS ANDREAS Άνδρας - 1980 (M40) ARLA PROTEIN TEAM	0:11:13	0:01:54	0:50:01	00:01:29	00:10:44	0:20:19	1:24:55		
17	17	4	15	4153	ARGYRIS ALEXANDROS Άνδρας - 1976 (M45) ARLA PROTEIN TEAM	0:11:55	0:01:24	0:50:00	00:01:19	00:11:07	0:21:15	1:25:51		
18	18	3	16	4105	KARPOUZIS IOANNIS Άνδρας - 1982 (M40) Melissa Kikizas	0:13:17	0:01:38	0:50:50	00:01:03	00:10:46	0:19:54	1:26:41		
19	19	5	17	4054	DIMAKIS ATHANASIOS Άνδρας - 1979 (M45) ARLA PROTEIN TEAM	0:13:43	0:02:04	0:50:14	00:01:03	00:10:18	0:19:45	1:26:46		
20	20	6	18	1094	VIDRAS IOANNIS Άνδρας - 1976 (M45) AVRA RUNNING TEAM	0:12:25	0:01:31	0:49:40	00:01:43	00:11:15	0:21:39	1:26:55		
21	21	7	19	4286	TSAGKARIS ARISTOTELIS Άνδρας - 1979 (M45) PANATHINAIKOS	0:11:42	0:02:00	0:52:27	00:01:23	00:10:17	0:19:36	1:27:06		
22	22	8	20	4018	ATHANASAKIS IOANNIS Άνδρας - 1977 (M45)	0:14:49	0:01:50	0:47:32	00:01:42	00:11:05	0:21:27	1:27:17		
23	23	2	3	4194	NOMIKOU RANIA Γυναίκα - 1991 (F30) TRIATHLON ACADEMY	0:10:42	0:01:44	0:52:24	00:01:27	00:10:58	0:21:02	1:27:18		
24	24	9	21	4156	MAKRYMICHALOS MILTOS Άνδρας - 1978 (M45) TRIATHLON ACADEMY	0:12:44	0:01:57	0:49:00	00:01:28	00:11:56	0:22:35	1:27:44		
25	25	1	4	4348	MARLAGKOUTSOU AGGELIKI Γυναίκα - 1980 (F40)	0:10:55	0:01:23	0:51:44	00:01:34	00:12:08	0:22:53	1:28:27		
26	26	10	22	4146	LITSAS GEORGIOS Άνδρας - 1978 (M45) TRIATHLON ACADEMY	0:11:08	0:01:58	0:52:07	00:01:26	00:11:36	0:22:20	1:28:56		
27	27	1	5	4196	OBERBOSEL KIRA Γυναίκα - 1988 (F35)	0:11:36	0:01:52	0:51:45	00:01:16	00:11:57	0:22:35	1:29:01		
28	28	4	23	4082	GLEN JAMES Άνδρας - 1990 (M30)	0:13:09	0:02:53	0:50:43	00:01:47	00:11:04	0:20:34	1:29:05		
29	29	3	6	4317	ΑΛΕΞΑΝΔΡΙΔΟΥ ΣΤΕΛΛΑ Γυναίκα - 1994 (F30) ARLA PROTEIN TEAM	0:10:32	0:02:33	0:56:03	00:01:43	00:09:45	0:18:20	1:29:09		
30	30	4	24	1099	ZOUBOULAKIS ANDREAS Άνδρας - 1983 (M40) KROMMYDAS	0:12:32	0:02:01	0:50:57	00:01:41	00:11:38	0:22:25	1:29:33		
31	31	5	25	4296	VAGENAS LYSSANDROS Άνδρας - 1993 (M30) WESWIM	0:14:46	0:55:15	-	00:01:32	00:10:06	0:19:47	1:29:47		
32	32	6	26	4285	TRYPAS TILEMACHOS Άνδρας - 1991 (M30) ARLA PROTEIN TEAM	0:13:49	0:02:51	0:50:24	00:01:35	00:11:41	0:21:21	1:29:59		
33	33	7	27	4114	KERAMEIANAKIS NIKOLAOS CHRYSOSTOMOS Άνδρας - 1991 (M30) PNOE ARCHITECTS	0:11:01	0:01:59	0:54:13	00:01:39	00:11:10	0:21:20	1:30:10		
34	34	4	7	4051	DELIALI NELLY Γυναίκα - 1994 (F30) ARLA PROTEIN TEAM	0:11:56	0:01:43	0:53:01	00:01:08	00:11:54	0:23:06	1:30:53		
35	35	4	28	4140	LAGOS KONSTANTINOS Άνδρας - 1987 (M35) PPA	0:12:40	0:02:03	0:52:14	00:01:40	00:11:49	0:22:31	1:31:05		
36	36	5	29	4103	KARATZOGIANNIS NIKOS Άνδρας - 1989 (M35)	0:12:28	0:01:58	0:53:27	00:01:13	00:11:59	0:22:18	1:31:22		
37	37	6	30	4346	KARYDIS ALEXANDROS Άνδρας - 1987 (M35) ARLA PROTEIN TEAM	0:10:35	0:01:42	0:54:17	00:01:25	00:12:31	0:23:27	1:31:24		
38	38	5	31	4085	GOUSKOS DIMITRIOS Άνδρας - 1984 (M40)	0:14:57	0:02:57	0:49:35	00:01:58	00:11:47	0:22:07	1:31:33		
39	39	8	32	4315	ZYGOURAS CHRISTOS Άνδρας - 1994 (M30) PEAK PERFORMANCE	0:13:47	0:02:28	0:52:07	00:01:28	00:11:36	0:21:53	1:31:42		
40	40	2	33	4147	LITSAS ALEXANDROS Άνδρας - 2000 (M) NAUTICAL CLUB OF CHANIA	0:10:28	0:02:33	0:53:23	00:01:25	00:12:41	0:24:04	1:31:51		
41	41	7	34	4024	BARRY ALEXANDROS Άνδρας - 1987 (M35) TRIBE TRIATHLON TEAM	0:14:42	0:02:02	0:50:01	00:01:03	00:12:47	0:24:27	1:32:14		
42	42	9	35	4321	ΚΟΥΛΟΥΡΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1991 (M30) ARLA PROTEIN TEAM	0:10:12	0:01:59	0:56:56	00:01:43	00:10:59	0:21:27	1:32:15		
43	43	1	36	4338	ANDREADIS STELIOS Άνδρας - 1967 (M55)	0:11:08	0:01:59	0:53:05	00:01:31	00:12:44	0:24:39	1:32:21		
44	44	10	37	4011	ANDRIS GEORGIOS Άνδρας - 1990 (M30)	0:13:50	0:02:26	0:52:27	00:01:15	00:11:40	0:22:47	1:32:43		
45	45	6	38	4154	MAJDAN CHRISTOPH Άνδρας - 1983 (M40)	0:14:06	0:02:06	0:54:37	00:01:33	00:10:57	0:20:56	1:33:16		
46	46	1	39	4038	CHARATISIS EVANGELOS Άνδρας - 1962 (M60) LOS VATHROS	0:14:00	0:02:08	0:53:23	00:01:46	00:11:39	0:22:06	1:33:22		
47	47	11	40	4161	MANN LAWRENCE Άνδρας - 1991 (M30)	0:11:40	0:02:58	0:55:50	00:01:37	00:11:17	0:21:23	1:33:27		
48	48	7	41	4258	SPACHIS IOANNIS Άνδρας - 1983 (M40) TRIATHLON ACADEMY	0:13:56	0:01:57	0:56:42	00:01:28	00:10:04	0:19:26	1:33:29		

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα)	Swim	T1	Bike	T2	Run-SP1	Run-SP2	Run-SP3	Run	Total
3	3	1	5010		SAKELLI E. - SAKELLIS V. - TSIAPAS P. Μεικτή SAK ATTACK	0:16:35	0:01:03	0:43:27	0:00:49	0:09:57	0:19:23	1:21:16		
4	4	3	5045		KELLAS V. - ΚΟΥΚΛΕΛΙΣ Α. - ROTAS R. Άνδρας Vip_3	0:10:11	0:01:03	0:56:56	0:00:50	0:10:49	0:21:00	1:29:57		
5	5	2	5023		ΚΑΚΟΓΙΑΝΝΑΚΙΣ Ε. - ΝΙΚΟΛΑΚΑΚΙΣ Ν. - ΚΑΡΑΒΟΙΚΙΣ Μ. Μεικτή MYATHLETE	0:10:50	0:00:55	0:55:22	0:01:00	0:11:28	0:22:02	1:30:08		
6	6	1	5044		PENNA I. - ΜΠΙΚΟΦ Μ. - SAPARI K. Γυναίκα Los Mamas	0:10:31	0:01:03	0:57:02	0:00:58	0:10:44	0:20:51	1:30:22		
7	7	4	5025		VRONTORINAKIS G. - PANTAZIS N. - SPOURDALAKIS G. Άνδρας Tri-Marine	0:18:21	0:01:16	0:48:16	0:01:01	0:11:44	0:22:23	1:31:16		
8	8	3	5013		KOMNINOS D. - SKLAVOUNOY N. - SKLAVOUNOY N. Μεικτή PALOMA	0:11:14	0:01:08	0:55:16	0:00:55	0:12:28	0:23:49	1:32:21		
9	9	4	2017		ROUMELIOTIS S. - PANTELIA S. - EVRO K. Μεικτή Training Room 1	0:14:49	0:01:16	0:52:40	0:01:02	0:11:49	0:22:40	1:32:25		
10	10	5	5012		GEORGOULIS P. - KOUNELIS T. - BILIANIS I. Άνδρας BUSCOPAN3	0:14:31	0:01:14	0:54:27	0:00:54	0:10:56	0:21:43	1:32:48		
11	11	6	5017		LAFKAS D. - LAFKAS I. - LAFKAS D. Άνδρας LAFKAS-FAMILY	0:14:39	0:00:48	0:47:48	0:01:03	0:16:40	0:30:43	1:34:59		
12	12	5	5054		CHARALAMPAKIS P. - PETSITIS D. - TSIOURI M. Μεικτή	0:14:47	0:01:21	0:54:45	0:01:11	0:11:28	0:23:01	1:35:02		
13	13	6	5001		LAVRENTIADIS N. - LAVRENTIADIS N. - KERAMIDA I. Μεικτή ILIANORA	0:14:46	0:02:34	0:51:04	0:01:03	0:14:13	0:28:14	1:37:40		
14	14	7	5040		ΠΑΥΛΙΔΗΣ Γ. - ΚΟΥΛΟΥΡΗΣ Γ. - DIMAS S. Άνδρας ARLA PROTEIN TEAM 1	0:15:12	0:01:29	0:54:00	0:01:00	0:13:32	0:26:11	1:37:51		
15	15	7	5030		THEODOSIOU D. - GIDOPOULOS C. - MELISSARI M. Μεικτή Η ΟΜΑΔΑ ΤΟΥ ΔΙΟΝΥΣΙ	0:14:37	0:01:40	0:59:29	0:00:57	0:11:06	0:21:29	1:38:11		
16	16	8	5024		GATSOS G. - PANAGIOTOPOULOS G. - XENAKOUIDIS F. Άνδρας LOS PEFKANOS	0:12:45	0:01:08	1:02:52	0:00:53	0:11:07	0:22:56	1:40:32		
17	17	8	5051		ZOCHIOS G. - ANTONELOS TH. - SIAFAKA D. Μεικτή	0:11:01	0:01:27	1:02:22	0:01:03	0:13:07	0:25:35	1:41:27		
18	18	9	5022		ATHANASOPOULOU C. - GALONIS L. - PEGIANOVITS T. Μεικτή AMATEURS	0:14:27	0:01:22	0:58:54	0:01:11	0:13:18	0:25:42	1:41:34		
19	19	2	5004		ANASTASIOU S. - ADAOU A. - KIOCHOU A. Γυναίκα SACK TEAM	0:16:15	0:01:28	0:58:53	0:01:04	0:12:52	0:24:42	1:42:20		
20	20	10	5050		PIPPA E. - MARTINOS G. - MERKOUROGLOU M. Μεικτή NEFEL TEAM	0:15:09	0:01:27	1:07:52	0:00:53	0:10:55	0:20:58	1:46:17		
21	21	9	5007		SMYRLAKIS N. - MAGKLARAS V. - MAGKLARAS V. Άνδρας TRI-ATHLIOI	0:17:31	0:01:27	0:56:50	0:02:05	0:15:46	0:30:16	1:48:07		
22	22	10	5048		MAVROTAS G. - FERNANDES CH. - MPellos G. Άνδρας VIP	0:11:16	0:01:12	1:07:33	0:01:00	0:14:46	0:28:50	1:49:49		
23	23	11	4210		PAPATHANASIOU P. - PAPATHANASIOU M. - PAPATHANASIOU M.. Άνδρας LOS VATHROS	0:14:18	0:01:26	1:03:59	0:01:29	0:15:34	0:30:09	1:51:19		
24	24	11	5016		KRIKZONI M. - FOTIADOU G. - TSAPANTZIS N. Μεικτή THE BOOMERS	0:14:24	0:01:34	1:08:38	0:01:01	0:13:06	0:25:48	1:51:23		
25	25	12	4185		MOUZENIDOU E.- SKENDERIS L. - MOUZENIDOU E. Μεικτή ZORLE	0:22:27	0:01:18	0:59:17	0:01:00	0:14:11	0:27:35	1:51:35		
26	26	3	5020		PAPADIMITRIOU F. - SILIVRIDOU K. - PAPADIMITRIOU F. Γυναίκα SUMA 2022	0:13:38	0:01:17	1:09:05	0:01:06	0:13:58	0:26:53	1:51:56		
27	27	12	5035		KOULARMANIS G. - THEODORAKIS C. - KARDASIS A. Άνδρας ASKISI FUNCTIONALTRAINING	0:16:49	0:01:53	1:02:29	0:01:19	0:15:15	0:29:41	1:52:09		
28	28	13	5021		MANOLARAKIS A. - ANDRITSOS C. - KLADIDIS A. Άνδρας LORIDA TIS GAZAS	0:15:21	0:01:21	1:05:01	0:00:58	0:15:17	0:29:50	1:52:28		
29	29	14	5053		PAPAGIANNPOULOS G. - ROUSSO E. - BENOS P. Άνδρας	0:16:05	0:01:45	1:11:21	0:01:10	0:11:57	0:23:24	1:53:43		
30	30	4	5036		AKRIOTI H. - MANOLAKI F. - STAVROU H. Γυναίκα FANTASTIC 3	0:13:59	0:01:16	1:13:11	0:01:15	0:13:05	0:25:26	1:55:05		
31	31	15	5041		KAPETANAKIS K. - BARDIS P. - KAPETANAKIS K. Άνδρας Melissa Kikizas 1	0:20:00	0:01:55	1:02:57	0:01:15	0:14:47	0:29:36	1:55:42		
32	32	13	5018		KOSTOUROU G. - DIMITRIOU N. - EPITROPAKI E. Μεικτή YPOGA	0:20:10	0:01:40	1:09:26	0:01:19	0:13:18	0:26:01	1:58:33		
33	33	14	5002		KARAKATSANIS K. - KARAKATSANIS K. - KALOGERAKEI E. Μεικτή LK007	0:16:38	0:03:44	1:01:57	0:02:24	0:19:20	0:37:36	2:02:17		
34	34	15	5003		TZAVARA G. - DIMAKIS N. - MOSCHOU M. Μεικτή GRE-A-TEAM	0:16:30	0:01:42	1:15:23	0:01:21	0:14:10	0:27:30	2:02:24		
35	35	5	5008		PARASKEVA X. - PARASKEVA M. - KATSOUPI M. Γυναίκα M X M	0:20:03	0:01:44	1:10:05	0:01:12	0:15:11	0:29:32	2:02:33		
36	36	16	5019		IONAS N. - SKENTERIS T. - IONAS N. Άνδρας ERMIS	0:23:58	0:01:30	1:08:48	0:01:01	0:13:59	0:27:21	2:02:36		
37	37	6	5031		KOUNI E. - GARZONI E. - FRENTZOU A. Γυναίκα ASKISI FUNCTIONAL TRAINING	0:12:33	0:01:27	1:22:42	0:01:04	0:15:27	0:29:40	2:07:24		
38	38	16	5046		DERMITSAKIS I. - KALARAS M. - KINIGOPOULOU P.-SKAFIDA Y. Μεικτή Vip_1	0:21:45	0:01:11	1:06:10	0:00:59	0:20:31	0:38:51	2:08:54		
39	39	17	5033		TAMPIZIVA E. - KOTSOS T. - MARKOULAKI L. Μεικτή ASKISI FUNCTIONAL TRAINING	0:18:36	0:01:47	1:18:18	0:01:01	0:15:10	0:29:47	2:09:26		
40	40	18	5026		CHATZIDAKI A. - CHATZIDAKI A. - ALIBERTIS P. Μεικτή BRAZIL	0:20:22	0:03:14	1:21:59	0:01:38	0:12:14	0:23:58	2:11:09		
41	41	17	5034		DAMASKINAKIS X. - GEROCHRISTOS C. - MPAMPALIS K. Άνδρας ASKISI FUNCTIONAL TRAINING	0:16:54	0:01:45	1:20:06	0:00:56	0:15:16	0:31:55	2:11:35		
42	42	19	5032		GEORGIU G. - KONSTANTINOS S. - GEORGAKOPOULOU K. Μεικτή ASKISI FUNCTIONAL TRAINING	0:18:01	0:01:30	1:22:39	0:01:10	0:14:36	0:29:10	2:12:28		
43	43	20	5042		VOUDALIKA I. - GRAMMENOPOULOU E. - KIKIZAS A. Μεικτή Melissa Kikizas 2	0:19:52	0:01:57	1:25:10	0:01:05	0:13:11	0:25:25	2:13:27		
44	44	18	5006		GIANNOPOULOS G. - XIROUCHAKIS A. - MAKRINIOTIS P. Άνδρας 3TIMESYOU	0:18:04	0:02:06	1:26:02	0:01:42	0:15:06	0:30:10	2:18:02		
45	45	7	5028		PAPATHANOU M. - PAPATHANOU M. - STATHOPOULOU L. Γυναίκα LOS GORTSOS	0:17:47	0:01:23	1:34:08	0:01:29	0:17:01	0:33:15	2:28:00		

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Όργανισμός/Άλλο	Swim	T1	Bike	T2	Run-SP1	Run-SP2	Run-SP3	Run	Total
46	46	21	5011		GKAVELA G. - KONSTANTINOS L. - SISKOS C. Μεικτή THE INCREDIBLES	0:18:55	0:01:48	1:58:35	0:00:51	0:10:20	0:19:40	2:39:46		
47	47	22	5043		YFANTIS N. - YFANTIS N. - SAMANTA K. Μεικτή SYCHEM SA 1	0:20:39	0:13:29	1:33:17	0:01:37	0:17:19	0:35:25	2:44:25		