

## 2o Coast to Coast 2024 Αγώνας 5KM

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 5K	2.5KM	Finish 5KM
1	1	1	ALL	Male	517	GR	ΠΑΡΗΣ ΚΑΜΠΑΓΕΩΡΓΙΟΥ	-	ΣΔΥ.ΚΟΜΟΤΗΝΗΣ-ΝΙΚΟΛΑΙΔΙΣΜΑΡΑΘΗΟΝΤΕΑΜ-ΣΕΒΑΣ ΑΛΕΞΠΟΛΗΣ	0:00:00.047(00:00:00)	0:13:36.240(00:13:36)	0:27:01.170(00:27:01)
2	2	2	ALL	Male	541	GR	ΦΑΤΗΧ ΟΥΖΟΥΝ	-	RODOPI RUNNERS	0:00:07.097(00:00:00)	0:15:07.364(00:15:00)	0:29:19.784(00:29:12)
3	3	3	ALL	Male	514	GR	ΠΑΥΛΟΣ ΘΕΟΔΩΡΙΔΗΣ	-		0:00:03.097(00:00:00)	0:15:18.097(00:15:15)	0:30:24.384(00:30:21)
4	1	4	ALL	Female	542	GR	ΚΩΝΣΤΑΝΤΙΝΑ ΠΑΝΤΑΖΗ	-	ΜΑΡΑΘΩΝΟΔΡΟΜΟΙ ΣΕΡΡΩΝ	0:00:01.967(00:00:00)	0:15:31.914(00:15:29)	0:30:52.484(00:30:50)
5	4	5	ALL	Male	559	GR	ΓΙΩΡΓΟΣ ΤΟΥΡΤΟΥΡΑΣ	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:00.047(00:00:00)	0:15:44.467(00:15:44)	0:31:18.417(00:31:18)
6	5	6	ALL	Male	504	GR	ΧΡΗΣΤΟΣ ΑΝΔΡΕΑΔΗΣ	-	MISSION IMPOSSIBLE TEAM	0:00:03.097(00:00:00)	0:15:39.097(00:15:36)	0:31:31.404(00:31:28)
7	6	7	ALL	Male	565	GR	ΙΩΑΝΝΗΣ ΤΣΕΛΙΟΣ	-	ELEFTHEROUPOLI RUNNERS	0:00:01.467(00:00:00)	0:16:04.590(00:16:03)	0:31:38.584(00:31:37)
8	7	8	ALL	Male	518	GR	ΑΝΑΣΤΑΣΙΟΣ ΚΑΡΑΒΕΛΑΣ	-		0:00:02.280(00:00:00)	0:15:39.904(00:15:37)	0:32:00.767(00:31:58)
9	8	9	ALL	Male	539	GR	ΗΡΑΚΛΗΣ ΟΙΚΟΝΟΜΟΥ	-		0:00:03.250(00:00:00)	0:16:38.130(00:16:34)	0:33:35.237(00:33:31)
10	9	10	ALL	Male	579		ΙΩΑΝΝΗΣ ΤΑΣΤΣΟΓΛΟΥ	-		0:00:02.280(00:00:00)	0:16:32.727(00:16:30)	0:33:47.677(00:33:45)
11	10	11	ALL	Male	558	GR	ΧΑΡΑΛΑΜΠΟΣ ΤΟΥΛΚΕΡΙΔΗΣ	-	KARPOS	0:00:05.374(00:00:00)	0:17:02.764(00:16:57)	0:34:58.320(00:34:52)
12	11	12	ALL	Male	534	GR	ΘΕΟΧΑΡΗΣ ΝΑΝΟΣ	-	MISSION IMPOSSIBLE TEAM	0:00:00.187(00:00:00)	0:17:03.324(00:17:03)	0:35:02.080(00:35:01)
13	2	13	ALL	Female	507	GR	ΣΤΕΛΛΑ ΒΛΑΜΜΗ	-	INTERVAL TRAINING TEAM	0:00:00.874(00:00:00)	0:17:24.220(00:17:23)	0:35:21.767(00:35:20)
14	12	14	ALL	Male	572		ΙΩΑΝΝΗΣ ΓΕΩΡΓΑΚΕΛΟΣ	-		0:00:03.097(00:00:00)	0:17:53.374(00:17:50)	0:35:33.794(00:35:30)
15	13	15	ALL	Male	502	GR	ΔΙΟΝΥΣΗΣ ΑΛΕΞΙΑΔΗΣ	-	ΧΑΝΘΙ RUNNERS-ΣΔΥΝ	0:00:03.250(00:00:00)	0:17:48.254(00:17:45)	0:35:45.320(00:35:42)
16	14	16	ALL	Male	544	GR	ΠΑΝΑΓΙΩΤΗΣ ΠΑΠΑΔΟΠΟΥΛΟΣ	-	RYSIO RUNNING TEAM	0:00:05.374(00:00:00)	0:19:40.947(00:19:35)	0:36:26.510(00:36:21)
17	15	17	ALL	Male	506	GR	ΓΕΩΡΓΙΟΣ ΒΑΓΑΝΑΚΗΣ	-	ELEFTHEROUPOLI-RUNNERS	0:00:03.547(00:00:00)	0:18:52.470(00:18:48)	0:37:34.947(00:37:31)
18	3	18	ALL	Female	535	GR	ΕΥΦΡΟΣΥΝΗ ΝΑΝΟΥ	-	MISSION IMPOSSIBLE TEAM	0:00:00.187(00:00:00)	0:19:42.490(00:19:42)	0:38:17.797(00:38:17)
19	16	19	ALL	Male	578		ΠΑΝΑΓΙΩΤΗΣ ΚΑΡΑΣΑΚΑΛΙΔΗΣ	-		0:00:05.374(00:00:00)	0:18:57.087(00:18:51)	0:38:21.117(00:38:15)
20	17	20	ALL	Male	536	GR	ΓΙΩΡΓΟΣ ΝΤΟΜΠΡΟΣ	-		0:00:05.374(00:00:00)	0:18:37.097(00:18:31)	0:38:22.740(00:38:17)
21	18	21	ALL	Male	530	GR	ΑΠΟΣΤΟΛΟΣ ΜΗΤΣΟΥ	-		0:00:07.420(00:00:00)	0:19:13.660(00:19:06)	0:38:55.947(00:38:48)
22	19	22	ALL	Male	576		ΛΑΖΑΡΟΣ ΜΟΥΖΙΔΗΣ	-		0:00:03.250(00:00:00)	0:19:13.097(00:19:09)	0:39:20.470(00:39:17)
23	4	23	ALL	Female	520	GR	ΠΑΡΑΣΚΕΥΗ ΚΑΡΑΚΕΧΑΓΙΟΓΛΟΥ	-	ROAD RUNNERS OF KAVALA	0:00:00.047(00:00:00)	0:19:46.377(00:19:46)	0:39:23.220(00:39:23)
24	20	24	ALL	Male	552	GR	ΛΑΖΑΡΟΣ ΣΤΕΦΑΝΙΔΗΣ	-	ΘΕΣΣΑΛΟΝΙΚΗ	0:00:07.420(00:00:00)	0:19:18.204(00:19:10)	0:39:25.100(00:39:17)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 5K	2.5KM	Finish 5KM
25	21	25	ALL	Male	550	GR	ΒΑΧΙΤ ΣΕΡΗΦ	-		0:00:03.097(00:00:00)	0:18:39.097(00:18:36)	0:39:38.914(00:39:35)
26	22	26	ALL	Male	503	GR	ΝΙΚΟΛΑΟΣ ΑΝΑΣΤΑΣΙΑΔΗΣ	-	ELEFTHEROUPOLI RUNNERS	0:00:03.250(00:00:00)	0:18:49.824(00:18:46)	0:39:51.630(00:39:48)
27	23	27	ALL	Male	521	GR	ΠΕΡΙΚΛΗΣ ΚΑΡΑΜΑΝΩΛΗΣ	-	ELEFTHEROUPOLI RUNNERS	0:00:03.250(00:00:00)	0:18:38.097(00:18:34)	0:39:56.914(00:39:53)
28	5	28	ALL	Female	563	GR	ΑΝΝΑ ΜΑΡΙΑ ΤΣΑΚΙΡΙΔΟΥ	-	ΟΚΑΚ	0:00:04.097(00:00:00)	0:18:45.097(00:18:41)	0:40:19.454(00:40:15)
29	24	29	ALL	Male	580		ΠΑΡΑΣΚΕΥΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ	-		0:00:05.374(00:00:00)	0:19:34.097(00:19:28)	0:40:30.170(00:40:24)
30	6	30	ALL	Female	545	GR	ΠΕΠΗ ΠΑΣΤΟΓΙΑΝΝΗ	-	RYSIO RUNNING TEAM	0:00:05.374(00:00:00)	0:18:49.097(00:18:43)	0:40:31.374(00:40:26)
31	25	31	ALL	Male	523	GR	ΔΗΜΗΤΡΙΟΣ ΚΑΤΖΕΛΑΚΗΣ	-		0:00:03.547(00:00:00)	0:20:15.097(00:20:11)	0:40:38.957(00:40:35)
32	26	32	ALL	Male	522	GR	ΕΥΣΕΒΗΣ ΚΑΡΑΣΑΚΑΛΙΔΗΣ	-		0:00:05.374(00:00:00)	0:21:26.097(00:21:20)	0:40:47.024(00:40:41)
33	7	33	ALL	Female	548	GR	ΕΥΜΟΡΦΙΑ ΣΑΒΒΟΠΟΥΛΟΥ	-	MISSION IMPOSSIBLE TEAM	0:00:07.857(00:00:00)	0:20:17.097(00:20:09)	0:41:23.404(00:41:15)
34	27	34	ALL	Male	519	GR	ΔΗΜΗΤΡΗΣ ΚΑΡΑΚΕΧΑΓΙΟΓΛΟΥ	-	ΝΕΑ ΠΕΡΑΜΟΣ	0:00:02.280(00:00:00)	0:20:27.097(00:20:24)	0:41:49.157(00:41:46)
35	28	35	ALL	Male	562	GR	ΗΛΙΑΣ ΤΣΑΚΙΡΙΔΗΣ	-	ΟΚΑΚ	0:00:02.280(00:00:00)	0:19:33.477(00:19:31)	0:42:01.734(00:41:59)
36	29	36	ALL	Male	516	GR	ΧΑΡΑΛΑΜΠΟΣ ΚΑΜΑΛΙΔΗΣ	-		0:00:03.857(00:00:00)	0:20:19.097(00:20:15)	0:42:03.927(00:42:00)
37	30	37	ALL	Male	573		ΒΑΣΙΛΗΣ ΚΟΣΜΙΔΗΣ	-		0:00:08.764(00:00:00)	0:20:39.097(00:20:30)	0:42:10.664(00:42:01)
38	31	38	ALL	Male	508	GR	ΔΑΚΗΣ (ΜΑΥΡΟΥΔΗΣ) ΓΑΛΕΝΤΖΑΣ	-		0:00:08.420(00:00:00)	0:22:06.524(00:21:58)	0:42:36.064(00:42:27)
39	32	39	ALL	Male	543	GR	ΙΩΑΝΝΗΣ ΠΑΠΑΔΗΜΗΤΡΙΟΥ	-		0:00:06.734(00:00:00)	0:21:09.097(00:21:02)	0:42:51.390(00:42:44)
40	33	40	ALL	Male	567	GR	ΧΡΙΣΤΟΦΟΡΟΣ ΤΣΟΜΠΑΝΟΓΛΟΥ	-	ΧΡΥΣΟΥΠΟΛΗ	0:00:09.827(00:00:00)	0:22:09.097(00:21:59)	0:42:59.707(00:42:49)
41	34	41	ALL	Male	501	GR	ΧΡΗΣΤΟΣ ΑΒΕΣΤΑΣ	-		0:00:06.734(00:00:00)	0:20:03.097(00:19:56)	0:43:02.887(00:42:56)
42	35	42	ALL	Male	568	GR	ΒΑΣΙΛΗΣ ΦΩΤΙΑΔΗΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:03.097(00:00:00)	0:22:09.097(00:22:06)	0:43:20.374(00:43:17)
43	36	43	ALL	Male	569		ΧΡΗΣΤΟΣ ΞΑΝΘΟΠΟΥΛΟΣ	-		0:00:07.857(00:00:00)	0:21:47.864(00:21:40)	0:43:35.127(00:43:27)
44	37	44	ALL	Male	561	GR	ΝΙΚΟΛΑΟΣ ΤΣΑΚΙΡΗΣ	-	WINTERUN TIM	0:00:06.734(00:00:00)	0:20:39.097(00:20:32)	0:43:50.127(00:43:43)
45	8	45	ALL	Female	513	GR	ΧΑΡΑ ΖΛΑΤΑΝΗ	-	ΣΕΒΑΣ ΚΑΒΑΛΑΣ	0:00:03.250(00:00:00)	0:22:03.097(00:21:59)	0:44:05.257(00:44:02)
46	9	46	ALL	Female	532	GR	ΖΑΦΕΙΡΙΑ ΜΙΧΟΥ	-	MISSION IMPOSSIBLE TEAM	0:00:01.967(00:00:00)	0:21:35.187(00:21:33)	0:45:22.790(00:45:20)
47	38	47	ALL	Male	546	GR	ΣΤΕΦΑΝΟΣ ΠΕΞΑΡΑΣ	-		0:00:08.297(00:00:00)	0:22:56.097(00:22:47)	0:45:53.107(00:45:44)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 5K	2.5KM	Finish 5KM
48	10	48	ALL	Female	527	GR	ΡΕΝΑ ΚΥΡΓΙΔΟΥ	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:02.280(00:00:00)	0:22:38.547(00:22:36)	0:46:41.124(00:46:38)
49	11	49	ALL	Female	505	GR	ΜΕΛΙΝΑ ΑΝΔΡΕΑΔΟΥ	-	AQUA AEROBIC KAVALAS	0:00:02.280(00:00:00)	0:24:54.764(00:24:52)	0:48:11.157(00:48:08)
50	39	50	ALL	Male	570		ΑΝΕΣΤΗΣ ΤΣΙΜΙΝΗΣ	-		0:00:06.734(00:00:00)	0:24:14.090(00:24:07)	0:49:19.464(00:49:12)
51	12	51	ALL	Female	512	GR	MARIE LUISE ΖΑΡΑΦΙΑΔΟΥ	-	AQUA AEROBIC KAVALA	0:00:03.250(00:00:00)	0:24:23.630(00:24:20)	0:50:51.154(00:50:47)
52	13	52	ALL	Female	547	GR	ΑΝΑΣΤΑΣΙΑ ΠΕΡΠΕΡΙΔΟΥ	-	ΔΡΑΣΥ ΓΟΥΜΕΝΙΣΣΑΣ	0:00:06.734(00:00:00)	0:24:58.914(00:24:52)	0:51:53.370(00:51:46)
53	14	53	ALL	Female	566	GR	ΔΕΣΠΟΙΝΑ ΤΣΟΜΕΛΕΚΗ	-	ΔΡΑΣΥ ΓΟΥΜΕΝΙΣΣΑΣ	0:00:07.420(00:00:00)	0:25:02.927(00:24:55)	0:51:54.390(00:51:46)
54	40	54	ALL	Male	571		ΑΔΑΜ ΛΑΜΠΡΙΑΝΙΔΗΣ	-		0:00:10.234(00:00:00)	0:24:34.574(00:24:24)	0:52:26.474(00:52:16)
55	15	55	ALL	Female	515	GR	ΧΡΥΣΑ ΚΑΛΙΑΝΤΖΗ	-	ΣΕΒΑΣ ΚΑΒΑΛΑΣ	0:00:02.280(00:00:00)	0:25:48.697(00:25:46)	0:52:53.750(00:52:51)
56	41	56	ALL	Male	526	GR	ΜΟΥΡΑΤ ΚΙΡ ΜΟΥΡΑΤ	-	-	0:00:05.374(00:00:00)	0:23:37.567(00:23:32)	0:53:01.154(00:52:55)
57	16	57	ALL	Female	531	GR	ΚΑΤΕΡΙΝΑ ΜΗΤΣΟΥ	-		0:00:10.234(00:00:00)	0:25:45.364(00:25:35)	0:54:22.407(00:54:12)
58	17	58	ALL	Female	574		ΜΑΡΙΑ ΓΕΩΡΓΟΠΟΥΛΟΥ	-		0:00:07.420(00:00:00)	0:27:09.097(00:27:01)	0:58:08.474(00:58:01)
59	18	59	ALL	Female	564	GR	ΓΡΑΜΜΑΤΙΚΗ ΤΣΑΜΗ	-	ΧΡΥΣΟΥΠΟΛΗ (ΚΑΒΑΛΑΣ)	0:00:05.374(00:00:00)	0:29:39.487(00:29:34)	1:00:23.147(01:00:17)
60	19	60	ALL	Female	575		ΓΙΩΤΑ ΠΑΠΑΔΟΠΟΥΛΟΥ	-		0:00:08.764(00:00:00)	0:29:38.194(00:29:29)	1:03:20.867(01:03:12)
61	20	61	ALL	Female	533	GR	ΝΑΤΑΣΣΑ ΜΟΜΤΣΟΥ	-	AQUA AEROBICS KAVALA	0:00:03.857(00:00:00)	0:32:50.730(00:32:46)	1:04:51.974(01:04:48)
62	21	62	ALL	Female	582		ΣΟΦΙΑ ΤΡΑΧΑΝΙΔΟΥ	-		0:00:08.764(00:00:00)	0:29:39.097(00:29:30)	1:05:48.844(01:05:40)
63	22	63	ALL	Female	581		ΧΡΥΣΟΥΛΑ ΜΑΚΕΔΟΥ	-		0:00:01.204(00:00:00)	-	-