

2ο Kosmira Trail Run 2024 ΔΙΑΔΡΟΜΗ 14KM

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 14KM	CP 14KM	FINISH 14KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	36	GR	ALEXANDROS TZOUMAKAS	-	THE NORTH FACE / FIFTH ELEMENT RUNNING TEAM	0:00:00.174(00:00:00)	0:35:17.414(00:35:17)	1:00:41.804(01:00:41)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	37	GR	XENOFON SARIGIANNIS	-	ΣΔ ΙΩΑΝΝΙΝΩΝ	0:00:00.064(00:00:00)	0:36:51.180(00:36:51)	1:03:46.280(01:03:46)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	16	Greek	GIANNIS STALIKAS	-		0:00:00.064(00:00:00)	0:38:17.447(00:38:17)	1:04:30.260(01:04:30)
4	4	1	M18-39	Male	47	GR	DIMITRIOS PAPANIKOS	-	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:01.704(00:00:00)	0:37:40.990(00:37:39)	1:06:41.444(01:06:39)
5	5	1	M50+	Male	27	Greek	ILIAS NATSIAS	-	ΣΔΙ	0:00:00.064(00:00:00)	0:39:17.110(00:39:17)	1:07:41.930(01:07:41)
6	6	2	M50+	Male	15	Greek	THEODOROS ARLETOS	-	SDIOANNINON	0:00:03.670(00:00:00)	0:40:47.047(00:40:43)	1:10:12.880(01:10:09)
7	7	1	M40-49	Male	43	GREEK	MANOLIS NOUSIS	-	ΣΔΙ	0:00:04.107(00:00:00)	0:43:51.720(00:43:47)	1:14:59.697(01:14:55)
8	8	2	M40-49	Male	10	Greek	KYRIAKOS VARSANIS	-	ANILIO	0:00:00.174(00:00:00)	0:44:33.514(00:44:33)	1:15:00.194(01:15:00)
9	9	3	M40-49	Male	28	Greek	CHRISTOS GIOTAKIS	-	ΣΔΙ	0:00:00.827(00:00:00)	0:44:15.207(00:44:14)	1:15:09.604(01:15:08)
10	10	4	M40-49	Male	21	Greek	KONSTANTINOS GIANNAROS	-		0:00:02.670(00:00:00)	0:44:16.554(00:44:13)	1:15:21.980(01:15:19)
11	11	2	M18-39	Male	42	GR	DIMITRIOS GKOREZIS	-		0:00:02.844(00:00:00)	0:44:24.774(00:44:21)	1:16:25.977(01:16:23)
12	12	5	M40-49	Male	6	Greek	THEODOROS TRIANTAFYLLOU	-		0:00:01.920(00:00:00)	0:45:21.327(00:45:19)	1:16:59.027(01:16:57)
13	13	3	M50+	Male	38	GR	GEORGIOS PAPADOPOULOS	-	ΑΓΣΙ	0:00:03.670(00:00:00)	0:46:02.804(00:45:59)	1:17:11.637(01:17:07)
14	14	6	M40-49	Male	44	GREEK	KAROLOS LAMPROU	-	ΣΔΙ	0:00:03.670(00:00:00)	0:44:07.984(00:44:04)	1:17:28.914(01:17:25)
15	15	3	M18-39	Male	17	Greek	PANOS RAPTIS	-		0:00:01.697(00:00:00)	0:46:05.444(00:46:03)	1:18:04.884(01:18:03)
16	16	7	M40-49	Male	40	GR	DANIEL XONTAI	-	ΣΔ ΙΩΑΝΝΙΝΩΝ	0:00:03.657(00:00:00)	0:46:04.204(00:46:00)	1:18:57.174(01:18:53)
17	17	4	M50+	Male	34	Greek	GENTIAN MENI	-	ΣΔΙ	0:00:03.657(00:00:00)	0:45:05.667(00:45:02)	1:19:12.884(01:19:09)
18	18	4	M18-39	Male	32	Greek	ALEXANDROS FOTIADIS	-	ΣΔΙ	0:00:05.530(00:00:00)	0:46:32.077(00:46:26)	1:19:53.514(01:19:47)
19	19	5	M18-39	Male	46	GR	NIKOLAOS KATSANOS	-		0:00:02.420(00:00:00)	0:48:26.340(00:48:23)	1:21:14.884(01:21:12)
20	20	8	M40-49	Male	45	GR	GEORGIOS NTINALEXIS	-		0:00:04.764(00:00:00)	0:47:57.514(00:47:52)	1:21:32.170(01:21:27)
21	21	6	M18-39	Male	26	Greek	PANAGIOTIS KOLOKOURIS	-		0:00:02.047(00:00:00)	0:48:20.094(00:48:18)	1:25:17.177(01:25:15)
22	22	5	M50+	Male	25	Greek	ALEXANDROS GIOTIS	-	3Π	0:00:03.110(00:00:00)	0:48:54.137(00:48:51)	1:26:30.014(01:26:26)

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23	23	9	M40-49	Male	23	Greek	GEORGE KATSIOS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:03.657(00:00:00)	0:51:15.190(00:51:11)	1:27:56.847(01:27:53)
24	24	7	M18-39	Male	14	Greek	NIKOS VARSANIS	-	ΑΝΗΛΙΟ	0:00:00.064(00:00:00)	0:49:25.520(00:49:25)	1:30:25.204(01:30:25)
25	25	8	M18-39	Male	31	Greek	VASILEIOS PETRIS	-	ΣΔΙ	0:00:00.174(00:00:00)	0:51:04.454(00:51:04)	1:30:25.660(01:30:25)
26	26	9	M18-39	Male	24	Greek	DIMITRIS POALAS	-	ΕΟΣ ΛΑΙΣΤΑΣ	0:00:04.764(00:00:00)	0:51:56.707(00:51:51)	1:31:33.927(01:31:29)
27	1	1	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	29	Greek	THEODORA ANASTASIADI	-	ΣΔΙ	0:00:02.844(00:00:00)	0:54:00.664(00:53:57)	1:32:34.104(01:32:31)
28	27	6	M50+	Male	20	Greek	KONSTANTINOS IOANNOU	-		0:00:02.844(00:00:00)	0:54:03.684(00:54:00)	1:32:35.697(01:32:32)
29	28	10	M40-49	Male	11	Greek	KONSTANTINOS TZAROYXIS	-	ΑΝΗΛΙΟ	0:00:02.420(00:00:00)	0:52:38.640(00:52:36)	1:34:11.604(01:34:09)
30	29	11	M40-49	Male	41	GREEK	NIKOLAOS KAZOUKAS	-		0:00:05.314(00:00:00)	0:55:15.814(00:55:10)	1:34:51.180(01:34:45)
31	2	2	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	48	GR	ELENI NTALAKA	-		0:00:02.844(00:00:00)	0:54:58.504(00:54:55)	1:35:40.384(01:35:37)
32	30	7	M50+	Male	7	Greek	KONSTANTINOS DELFAS	-	URSA	0:00:02.344(00:00:00)	0:56:15.907(00:56:13)	1:36:04.344(01:36:02)
33	3	3	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	39	GR	BEATA MAZURKIEWICH	-	ΣΔ ΙΩΑΝΝΙΝΩΝ	0:00:01.920(00:00:00)	0:56:05.277(00:56:03)	1:37:53.420(01:37:51)
34	4	4	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	5	Greek	FANI LIONTOU	-		0:00:04.764(00:00:00)	0:56:44.740(00:56:39)	1:38:57.694(01:38:52)
35	31	12	M40-49	Male	30	Greek	VASILEIOS CHRONIS	-	ΣΔΙ	0:00:03.657(00:00:00)	0:56:36.584(00:56:32)	1:42:01.984(01:41:58)
36	32	13	M40-49	Male	12	Greek	DIMITRIS STEFANOU	-		0:00:03.657(00:00:00)	1:03:18.617(01:03:14)	1:47:41.277(01:47:37)
37	33	8	M50+	Male	22	Greek	MICHAIL MAGEIRIAS	-	TOP TOP METSOVO	0:00:03.657(00:00:00)	0:59:36.074(00:59:32)	1:53:37.394(01:53:33)
38	34	10	M18-39	Male	13	Greek	DIMITRIOS POTONOS	-	PATH TO ULTRA	0:00:05.514(00:00:00)	1:08:49.520(01:08:44)	1:58:41.014(01:58:35)
39	5	5	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	18	British	FIONA FITZROY	-	SD IOANNINON	0:00:02.844(00:00:00)	1:11:39.957(01:11:37)	2:01:58.884(02:01:56)
40	35	11	M18-39	Male	2	Greek	DIMITRIS LIASKAS	-		0:00:05.967(00:00:00)	1:13:51.940(01:13:45)	2:06:31.430(02:06:25)
41	36	9	M50+	Male	8	Greek	BASILIS KAMARETSOS	-		0:00:03.657(00:00:00)	1:10:02.910(01:09:59)	2:07:44.377(02:07:40)