

## KASTRAKI TRAIL RUNNING 2024 ΔΙΑΔΡΟΜΗ 22KM

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 22KM	ANNOUNCEMENT 22KM	MIDPOINT 22KM	CP2 22KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	49	GR	ΔΗΜΗΤΡΙΟΣ ΣΕΛΕΤΗΣ	-	KASIMIS TRAINING / LA SPORTIVA	0:00:01.157(00:00:00)	0:49:52.777(00:49:51)	0:50:46.087(00:50:44)	1:24:47.087(01:24:45)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	47	GR	ΞΕΝΟΦΩΝ ΣΑΡΙΓΙΑΝΝΗΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:01.377(00:00:00)	-	0:52:06.087(00:52:04)	1:27:25.087(01:27:23)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	7	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΓΚΑΤΣΑΣ	-	SIATISTAMOUNTAINRUNNERS	0:00:01.267(00:00:00)	-	0:54:18.087(00:54:16)	1:29:12.087(01:29:10)
4	4	1	MEN18-39	Male	46	GR	ΔΗΜΗΤΡΗΣ ΚΑΡΑΚΟΥΛΑΚΗΣ	-	SIATISTA RUN	0:00:01.267(00:00:00)	-	0:56:26.087(00:56:24)	1:31:51.087(01:31:49)
5	5	2	MEN18-39	Male	26	GR	ΒΑΛΑΝΤΗΣ ΣΤΑΜΟΣ	-	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:02.640(00:00:00)	0:57:33.817(00:57:31)	-	1:36:33.087(01:36:30)
6	6	1	MEN40-49	Male	43	GR	ΣΤΕΡΓΙΟΣ ΑΝΑΣΤΑΣΙΑΔΗΣ	-	INTERVAL TEAM	0:00:03.020(00:00:00)	0:58:58.857(00:58:55)	1:00:23.314(01:00:20)	1:38:20.307(01:38:17)
7	7	2	MEN40-49	Male	5	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΓΙΑΝΝΑΡΟΣ	-		0:00:03.067(00:00:00)	1:00:12.324(01:00:09)	1:01:37.524(01:01:34)	1:39:58.924(01:39:55)
8	8	3	MEN40-49	Male	40	GR	ΓΕΩΡΓΙΟΣ ΤΣΟΜΠΙΚΟΣ	-		0:00:00.784(00:00:00)	1:00:44.294(01:00:43)	1:02:10.104(01:02:09)	1:42:16.944(01:42:16)
9	9	1	MEN50-59	Male	20	GR	ΜΙΧΑΗΛ ΠΑΣΙΑΚΟΣ	-	ΣΔΥΚ ΚΟΖΑΝΗΣ	0:00:02.707(00:00:00)	1:00:50.537(01:00:47)	1:02:17.877(01:02:15)	1:42:07.197(01:42:04)
10	10	2	MEN50-59	Male	1	GR	ΜΙΧΑΗΛΗΣ ΑΓΓΟΣ	-	ΚΟΥΡΚΟΥΡΙΚΙΣ TRAINING GROUP	0:00:01.484(00:00:00)	1:01:06.804(01:01:05)	1:02:32.257(01:02:30)	1:42:35.317(01:42:33)
11	11	4	MEN40-49	Male	3	GR	ΚΥΡΙΑΚΟΣ ΒΑΡΣΑΝΗΣ	-	ΑΝΗΛΙΟ	0:00:03.800(00:00:00)	1:01:53.787(01:01:49)	1:03:18.230(01:03:14)	1:44:05.540(01:44:01)
12	12	3	MEN50-59	Male	13	GR	ΑΓΑΜΕΜΝΩΝ ΜΑΓΑΛΙΟΥΛΗΣ	-	ΑΓΙΑ	0:00:02.110(00:00:00)	1:03:20.624(01:03:18)	1:04:21.380(01:04:19)	1:44:22.160(01:44:20)
13	13	4	MEN50-59	Male	42	GR	ΚΥΡΙΑΚΟΣ ΤΣΑΚΙΑΤΖΙΔΗΣ	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:03.410(00:00:00)	1:03:52.664(01:03:49)	1:05:28.737(01:05:25)	1:47:05.844(01:47:02)
14	14	5	MEN40-49	Male	8	GR	ΛΟΥΚΑΣ ΔΟΥΔΟΥΜΗΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΕΟΡΔΑΙΑΣ	0:00:04.347(00:00:00)	1:05:54.254(01:05:49)	1:07:28.684(01:07:24)	1:49:31.794(01:49:27)
15	1	1	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	9	GR	ΑΝΔΡΙΑΝΑ ΔΡΟΥΔΑΚΗ	-	ΓΡΕΒΕΝΑ	0:00:02.087(00:00:00)	1:07:07.714(01:07:05)	1:08:49.904(01:08:47)	1:50:50.684(01:50:48)
16	15	3	MEN18-39	Male	35	GR	ΛΕΩΝΙΔΑΣ ΤΣΙΛΗΣ	-		0:00:06.847(00:00:00)	1:05:55.734(01:05:48)	1:07:28.824(01:07:21)	1:50:13.190(01:50:06)
17	16	5	MEN50-59	Male	14	GR	ΑΝΔΡΕΑΣ ΜΑΡΚΑΚΗΣ	-	ΚΟΥΡΚΟΥΡΙΚΙΣ TRAINING TEAM	0:00:03.580(00:00:00)	1:07:59.650(01:07:56)	1:09:42.884(01:09:39)	1:54:03.200(01:53:59)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 22KM	ANNOUNCEMENT 22KM	MIDPOINT 22KM	CP2 22KM
18	17	6	MEN40-49	Male	23	GR	ΓΙΩΡΓΟΣ ΣΑΒΒΙΔΗΣ	-		0:00:06.190(00:00:00)	1:11:12.847(01:11:06)	1:12:54.040(01:12:47)	1:57:11.684(01:57:05)
19	18	7	MEN40-49	Male	34	GR	ΙΩΑΝΝΗΣ ΧΗΤΑΣ	-	URSA TEAM	0:00:01.924(00:00:00)	1:06:55.437(01:06:53)	1:08:26.254(01:08:24)	1:55:52.520(01:55:50)
20	19	8	MEN40-49	Male	36	GR	ΧΡΗΣΤΟΣ ΜΙΓΚΟΣ	-		0:00:02.087(00:00:00)	1:10:26.064(01:10:23)	1:12:11.844(01:12:09)	1:58:10.644(01:58:08)
21	20	4	MEN18-39	Male	12	GR	ΑΝΤΩΝΙΟΣ ΚΩΣΤΟΥΡΟΣ	-	ΠΑΤΡΑ	0:00:06.174(00:00:00)	1:03:43.684(01:03:37)	1:05:24.154(01:05:17)	1:52:24.764(01:52:18)
22	21	9	MEN40-49	Male	28	GR	ΚΩΣΤΑΣ ΤΖΑΡΟΥΧΗΣ	-	ΑΝΗΛΙΟ	0:00:04.440(00:00:00)	1:08:34.334(01:08:29)	1:10:11.477(01:10:07)	1:57:05.844(01:57:01)
23	22	10	MEN40-49	Male	16	GR	ΕΛΕΥΘΕΡΙΟΣ ΜΟΥΣΙΑΔΗΣ	-	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:00.094(00:00:00)	1:10:27.844(01:10:27)	1:12:03.990(01:12:03)	2:00:02.594(02:00:02)
24	23	11	MEN40-49	Male	11	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΝΤΟΜΗΤΡΟΣ	-	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΔΕΣΚΑΤΗΣ	0:00:03.087(00:00:00)	1:10:32.540(01:10:29)	1:12:13.527(01:12:10)	2:01:08.320(02:01:05)
25	24	12	MEN40-49	Male	4	GR	ΑΘΑΝΑΣΙΟΣ ΓΑΛΙΛΑΙΟΣ	-	SKYROS RUNNERS	0:00:02.087(00:00:00)	1:10:50.294(01:10:48)	1:12:24.980(01:12:22)	2:00:43.537(02:00:41)
26	25	1	MEN60-69	Male	41	GR	ΔΗΜΗΤΡΙΟΣ ΔΡΟΥΔΑΚΗΣ	-		0:00:02.470(00:00:00)	1:11:36.404(01:11:33)	1:13:19.374(01:13:16)	2:01:12.720(02:01:10)
27	26	1	MEN70+	Male	38	GR	ΜΑΤΘΑΙΟΣ ΦΩΛΙΝΑΣ	-	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:02.174(00:00:00)	1:12:14.417(01:12:12)	1:13:52.180(01:13:50)	2:03:08.904(02:03:06)
28	27	6	MEN50-59	Male	25	GR	ΚΩΣΤΑΣ ΣΤΑΓΙΑΣ	-	ΤΡΙΚΑΛΩΝ	0:00:06.300(00:00:00)	1:15:57.034(01:15:50)	1:17:33.794(01:17:27)	2:08:04.334(02:07:58)
29	28	5	MEN18-39	Male	27	GR	ΕΥΘΥΜΙΟΣ ΤΖΑΛΙΑΣ DNS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΚΟΖΑΝΗΣ	0:00:30.530(00:00:00)	1:14:08.170(01:13:37)	0:52:21.940(00:51:51)	2:06:42.647(02:06:12)
30	2	2	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	21	GR	ΑΘΗΝΑ ΠΗΤΤΑ	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:01.704(00:00:00)	1:15:37.970(01:15:36)	1:17:13.470(01:17:11)	2:08:08.654(02:08:06)
31	3	3	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	44	GR	ΡΑΝΙΑ ΣΑΛΤΑΡΗ	-	ΚΟΥΡΚΟΥΡΙΚΙΣ TRAINING GROUP	0:00:01.087(00:00:00)	1:19:12.214(01:19:11)	1:20:53.530(01:20:52)	2:13:05.104(02:13:04)
32	29	2	MEN60-69	Male	45	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΖΟΥΡΑΣ	-		0:00:03.424(00:00:00)	1:17:03.180(01:16:59)	1:18:55.577(01:18:52)	2:09:25.344(02:09:21)
33	30	13	MEN40-49	Male	39	GR	FATMIR ALLUSHI	-		0:00:00.767(00:00:00)	1:14:35.677(01:14:34)	1:16:07.127(01:16:06)	2:11:48.610(02:11:47)
34	31	3	MEN60-69	Male	22	GR	ΝΙΚΟΛΑΟΣ ΡΟΔΟΣΝΙΩΤΗΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΒΕΡΟΙΑΣ	0:00:03.814(00:00:00)	1:18:19.360(01:18:15)	1:20:06.214(01:20:02)	2:14:01.300(02:13:57)
35	32	7	MEN50-59	Male	31	GR	ΣΠΥΡΙΔΩΝ ΤΣΑΓΚΑΛΙΔΗΣ	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:04.907(00:00:00)	1:21:29.397(01:21:24)	1:23:07.910(01:23:03)	2:15:39.164(02:15:34)
36	4	1	WOMEN40-54	Female	37	GR	ΕΛΙΝΑ ΒΟΙΚΟΓΛΟΥ	-	ΣΔΥΘ	0:00:03.784(00:00:00)	1:21:03.404(01:20:59)	1:22:51.514(01:22:47)	2:16:02.110(02:15:58)
37	33	4	MEN60-69	Male	29	GR	ΙΩΑΝΝΗΣ ΤΖΗΚΑΣ	-	ΣΔΥΚΟΖΑΝΗΣ	0:00:06.160(00:00:00)	1:21:21.294(01:21:15)	1:23:05.790(01:22:59)	2:17:00.747(02:16:54)
38	34	8	MEN50-59	Male	19	GR	ΓΕΩΡΓΙΟΣ	-	ΤΡΕΧΑΛΑΚΗΔΕΣ ΣΕΡΒΙΩΝ	0:00:02.624(00:00:00)	1:21:07.174(01:21:04)	1:22:53.804(01:22:51)	2:16:13.137(02:16:10)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 22KM	ANNOUNCEMENT 22KM	MIDPOINT 22KM	CP2 22KM
39	35	14	MEN40-49	Male	18	GR	ΠΑΠΑΧΑΡΙΣΗΣ ΑΚΗΣ ΠΑΠΑΔΕΛΗΣ	-	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:06.644(00:00:00)	1:21:19.930(01:21:13)	1:23:05.807(01:22:59)	2:16:54.464(02:16:47)
40	36	6	MEN18-39	Male	33	GR	ΝΙΚΟΛΑΟΣ ΧΑΤΖΙΑΠΟΣΤΟΛΟΥ	-		0:00:06.300(00:00:00)	1:21:22.434(01:21:16)	1:23:04.624(01:22:58)	2:33:51.094(02:33:44)
41	37	9	MEN50-59	Male	2	GR	ΓΕΩΡΓΙΟΣ ΑΝΔΡΕΟΠΟΥΛΟΣ	-	ΣΔΟΕΟΡΔΑΙΑΣ	0:00:06.017(00:00:00)	1:20:39.187(01:20:33)	1:22:29.544(01:22:23)	2:16:50.534(02:16:44)
42	38	5	MEN60-69	Male	10	GR	ΚΥΡΙΑΚΟΣ ΚΙΛΗΣ	-	ΣΔΟΕ	0:00:03.020(00:00:00)	1:23:33.327(01:23:30)	1:25:23.620(01:25:20)	2:19:47.770(02:19:44)
43	39	10	MEN50-59	Male	6	GR	ΠΑΝΤΕΛΗΣ ΓΙΝΟΠΟΥΛΟΣ	-	ΒΕΕFIT	0:00:05.190(00:00:00)	1:24:35.947(01:24:30)	1:26:56.247(01:26:51)	2:22:12.347(02:22:07)
44	40	6	MEN60-69	Male	15	GR	ΘΩΜΑΣ ΜΠΟΥΖΜΠΑΣ	-	ΤΡΕΧΑΛΑΚΗΔΕΣ ΣΕΡΒΙΩΝ	0:00:01.087(00:00:00)	1:22:17.574(01:22:16)	-	2:23:36.887(02:23:35)
45	5	1	WOMEN18-39	Female	48	GR	ΕΛΠΙΔΑ ΜΠΙΡΜΠΙΛΗ	-	SKLAVENITIS RUNNING TEAM	0:00:06.080(00:00:00)	1:22:59.467(01:22:53)	1:24:55.560(01:24:49)	2:22:09.500(02:22:03)
46	6	2	WOMEN40-54	Female	32	GR	ΙΩΑΝΝΑ ΧΑΡΙΤΙΔΟΥ	-	ΣΔΟΕ	0:00:05.204(00:00:00)	1:32:33.220(01:32:28)	-	-
47	41	7	MEN60-69	Male	30	GR	ΣΤΑΥΡΟΣ ΤΟΚΑΤΛΙΔΗΣ	-	ΒΕΕFIT	0:00:05.440(00:00:00)	1:40:12.477(01:40:07)	1:42:12.167(01:42:06)	-
48	42	2	MEN70+	Male	50	GR	ΓΙΑΝΝΗΣ ΔΡΟΥΔΑΚΗΣ	-	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:07.364(00:00:00)	1:40:13.734(01:40:06)	1:42:16.707(01:42:09)	2:33:57.494(02:33:50)
49	43	1	ALL	Male	53		ΝΙΚΟΣ ΜΑΝΕΛΑΡΙ	-		-	2:24:34.664 (-:-:-)	2:25:53.334 (-:-:-)	-
50	44	2	ALL	Male	52		ΕΡΙΟΝ ΚΟΝΙ	-		-	2:25:38.057 (-:-:-)	2:27:08.894 (-:-:-)	-