

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
1	1	1	1	1077 MARINAKOU ANASTASIA Γυναίκα - 1996 (F) HERBALIFE	00:18:18 00:18:17	00:35:21 00: 35:20
2	2	1	1	1364 PAPADOGEORGOS CHRISTOS Άνδρας - 1994 (M30) PUMA GREECE	00:18:18 00:18:17	00:35:21 00: 35:20
3	3	1	2	1152 LAGOS MPAMPIS Άνδρας - 1995 (M) TEAM UA	00:18:21 00:18:19	00:35:39 00: 35:37
4	4	2	3	1517 THIMARAS GIANNIS Άνδρας - 1986 (M30)	00:18:45 00:18:44	00:36:53 00: 36:51
5	5	1	2	1554 TSOUPAKI IRINI Γυναίκα - 1994 (F30)	00:19:14 00:19:12	00:37:23 00: 37:21
6	6	3	4	1549 PALUVOS LAMPROS Άνδρας - 1994 (M30) Training Room	00:19:28 00:19:26	00:37:25 00: 37:23
7	7	2	5	1582 MOΥΣΤΑΚΑΡΙΑΣ ΙΩΑΝΝΗΣ Άνδρας - 1995 (M)	00:19:05 00:19:04	00:37:34 00: 37:33
8	8	2	3	1001 ALEXANDRIDOU STELLA Γυναίκα - 1994 (F30) Arla PROTEIN Team	00:19:28 00:19:26	00:37:43 00: 37:41
9	9	1	6	1068 CHOUVARDAS KONSTANTINOS Άνδρας - 1976 (M40) team garmin	00:19:27 00:19:27	00:37:51 00: 37:50
10	10	3	7	1159 CHRONOPOULOS DIMOS Άνδρας - 1996 (M) Vichy Team	00:19:30 00:19:28	00:37:53 00: 37:52
11	11	4	8	1497 ROUKLIOTIS GIORGOS Άνδρας - 1993 (M30)	00:19:16 00:19:14	00:38:16 00: 38:14
12	12	1	9	1162 TEKOS APOSTOLOS Άνδρας - 1972 (M50) Vichy Team	00:19:34 00:19:30	00:38:56 00: 38:52
13	13	4	10	1340 MOULLEC ADRIEN Άνδρας - 1999 (M)	00:20:33 00:20:19	00:40:32 00: 40:18
14	14	2	11	1002 CHRYSAFELIS APOSTOLOS Άνδρας - 1981 (M40) Arla PROTEIN Team	00:21:02 00:21:01	00:40:35 00: 40:35
15	15	5	12	1283 KATSOURAS ALEX Άνδρας - 1995 (M)	00:20:51 00:20:42	00:40:36 00: 40:28
16	16	5	13	1170 SIORAS GIORGOS Άνδρας - 1988 (M30) weightroomproject	00:20:43 00:20:42	00:40:50 00: 40:48
17	17	6	14	1511 Lehm Kasper Άνδρας - 1998 (M) Dutch Squad	00:20:43 00:20:33	00:40:52 00: 40:42
18	18	6	15	1116 SOYLIOTIS ELEYTHERIOS Άνδρας - 1994 (M30) IATRIKO RUNNING TEAM	00:21:18 00:21:06	00:41:20 00: 41:08
19	19	3	4	1163 TSOUROUKTZI ANASTASIA Γυναίκα - 1991 (F30) Vichy Team	00:21:55 00:21:45	00:41:28 00: 41:19
20	20	2	5	1005 FITSIOU ZOI Γυναίκα - 1995 (F) Arla PROTEIN Team	00:21:27 00:21:12	00:41:34 00: 41:19
21	21	2	16	1225 CHRISOVELONIS IOANNIS Άνδρας - 1973 (M50) PET TWINS	00:21:09 00:21:06	00:41:46 00: 41:43
22	22	1	17	2402 WATERIDGE STEVE Άνδρας - 1962 (M60)	00:21:41 00:21:36	00:42:32 00: 42:27
23	23	3	18	1073 KROMMIDAS VASILIS Άνδρας - 1970 (M50)	00:22:00 00:21:56	00:42:43 00: 42:39
24	24	4	19	1447 VARELAS CHARILAOS Άνδρας - 1968 (M50)	00:21:41 00:21:38	00:42:48 00: 42:45
25	25	3	20	1141 DIMITRAKOPOULOS ANDREAS Άνδρας - 1976 (M40) Salty Bag	00:21:48 00:21:46	00:43:09 00: 43:07
26	26	7	21	1254 PERPATARIS GIANNIS Άνδρας - 1989 (M30)	00:22:34 00:22:15	00:43:23 00: 43:04

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27	27	3	6	1018	KONTOU MILENA Γυναίκα - 2005 (F) Arla PROTEIN Team	00:21:47 00:21:33	00:43:26 00: 43:12
28	28	4	22	1215	BIKAKIS ANDREAS Άνδρας - 1977 (M40)	00:21:47 00:21:44	00:43:41 00: 43:39
29	29	8	23	1291	KONSTANTAGKAS ANASTASIOS Άνδρας - 1989 (M30)	00:22:49 00:22:31	00:43:52 00: 43:34
30	30	7	24	1519	CAZZARO LEONARDO Άνδρας - 2003 (M)	00:21:43 00:21:35	00:43:53 00: 43:45
31	31	5	25	1023	ΟΙΚΟΝΟΜΟΥ DIONYSIS Άνδρας - 1980 (M40) Arla PROTEIN Team	00:22:12 00:22:10	00:44:07 00: 44:05
32	32	9	26	1022	MARIOLAS IOANNIS Άνδρας - 1986 (M30) Arla PROTEIN Team	00:21:21 00:21:20	00:44:25 00: 44:23
33	33	10	27	1442	VAN CAMPEN MICHAEL Άνδρας - 1985 (M30) -	00:22:41 00:22:39	00:44:53 00: 44:51
34	34	11	28	1440	TZATZIMAKIS CHRISTOS Άνδρας - 1990 (M30) STAP	00:22:48 00:22:44	00:45:05 00: 45:02
35	35	6	29	1003	DIMAKIS THANOS Άνδρας - 1979 (M40) Arla PROTEIN Team	00:22:27 00:22:26	00:45:06 00: 45:05
36	36	4	7	1370	PAPATHANASIOU MARIANTHI Γυναίκα - 1998 (F) DRC ATHENS	00:22:43 00:22:41	00:45:07 00: 45:05
37	37	7	30	1508	SVOLIS VASILIS Άνδρας - 1984 (M40)	00:22:37 00:22:30	00:45:16 00: 45:09
38	38	12	31	1193	ALEXANDRIDIS ALEXANDROS Άνδρας - 1990 (M30)	00:22:40 00:22:39	00:45:25 00: 45:24
39	39	13	32	1226	CHRISOVELONIS KONSTANTINOS Άνδρας - 1985 (M30) PANELLINIOS G S	00:23:46 00:23:29	00:45:36 00: 45:19
40	40	14	33	1312	LAMPROPOULOS THEODORE Άνδρας - 1985 (M30)	00:23:47 00:23:32	00:45:38 00: 45:24
41	41	5	8	1102	MICHALA IRINI Γυναίκα - 1996 (F)	00:23:52 00:23:49	00:45:40 00: 45:37
42	42	5	34	1476	PREVEZIANOS VASILIS Άνδρας - 1966 (M50) CB SWIMMING	00:23:31 00:23:25	00:45:42 00: 45:36
43	43	1	9	1502	DALAKOURA MELANIE Γυναίκα - 1978 (F40) HERBALIFE	00:23:17 00:23:14	00:45:47 00: 45:44
44	44	8	35	1156	RUSH JUNIOR Άνδρας - 1979 (M40) TEAM UA	00:23:27 00:23:25	00:45:47 00: 45:45
45	45	15	36	1019	KOULOURIS DIMITRIS Άνδρας - 1991 (M30) Arla PROTEIN Team	00:23:07 00:23:07	00:45:51 00: 45:50
46	46	9	37	1531	MPITSIKAS IOANNIS Άνδρας - 1982 (M40) IATRIKO RUNNING TEAM	00:22:31 00:22:25	00:45:56 00: 45:50
47	47	8	38	1268	IOANNIDIS KONSTANTINOS Άνδρας - 2006 (M) DSA RUNNING TEAM	00:23:14 00:23:06	00:46:13 00: 46:06
48	48	6	39	1069	DEDELOUDIS CHRISTOS Άνδρας - 1973 (M50)	00:23:22 00:23:21	00:46:22 00: 46:20
49	49	10	40	1515	SAMARAS GIANNIS Άνδρας - 1983 (M40)	00:23:07 00:23:06	00:46:22 00: 46:20
50	50	16	41	1402	SOTIRIOU PARIS IOANNIS Άνδρας - 1989 (M30) STAP	00:22:59 00:22:55	00:46:52 00: 46:49
51	51	7	42	1568	PAPANIKOLAOU KONSTANTINOS Άνδρας - 1968 (M50)	00:24:07 00:24:01	00:46:57 00: 46:50
52	52	11	43	1572	KYPIAZIDHS ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M40)	00:25:58 00:25:38	00:47:02 00: 46:42

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53	53	9	44	1341	ΜΡΟΥΛΑΜΑΤΣΙΣ ΑΛΚΙΣ Άνδρας - 1995 (M)	00:23:51 00:23:46	00:47:14 00: 47:08
54	54	4	10	1055	RAPTI KONSTANTINA Γυναίκα - 1985 (F30) Avra Running Team	00:24:37 00:24:15	00:47:14 00: 46:52
55	55	17	45	1039	KALTSOS ILIAS Άνδρας - 1989 (M30) Avra Running Team	00:24:37 00:24:17	00:47:15 00: 46:54
56	56	10	46	1132	ALEXANDROU PANAGIOTIS Άνδρας - 2003 (M) OPENATHLON TEAM	00:23:14 00:23:02	00:47:16 00: 47:04
57	57	18	47	1204	ARION KONSTANTINOS Άνδρας - 1989 (M30)	00:24:09 00:24:07	00:47:18 00: 47:16
58	58	12	48	1122	ΣΑΡΡΗΣ ΑΠΟΣΤΟΛΗΣ Άνδρας - 1982 (M40) intermed	00:23:55 00:23:43	00:47:34 00: 47:21
59	59	13	49	1095	ZAFEIROPOULOS VASSILIS Άνδρας - 1981 (M40) CGS-Deloitte	00:24:48 00:24:42	00:47:35 00: 47:29
60	60	19	50	1574	ΛΑΜΠΕΡΙΔΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1989 (M30)	00:25:14 00:24:56	00:47:39 00: 47:22
61	61	8	51	1252	GIAGDZOGLU LEONIDAS Άνδρας - 1972 (M50) DSA RUNNING TEAM GIAGDZOGLU LEONIDAS	00:23:58 00:23:53	00:47:50 00: 47:45
62	62	11	52	1467	ZAVAROPOULOS ALEXANDROS Άνδρας - 1997 (M)	00:24:31 00:24:29	00:47:57 00: 47:54
63	63	5	11	1315	LERNER TAMARA Γυναίκα - 1991 (F30)	00:24:17 00:24:14	00:48:14 00: 48:11
64	64	9	53	1298	KOSTARAS MICHAIL Άνδρας - 1966 (M50)	00:24:27 00:24:25	00:48:15 00: 48:13
65	65	10	54	1543	KERKOULAS SPYROS Άνδρας - 1973 (M50)	00:24:54 00:24:49	00:48:18 00: 48:14
66	66	12	55	1427	TRAGOULIAS PANAGIOTIS Άνδρας - 1995 (M)	00:23:50 00:23:45	00:48:18 00: 48:14
67	67	14	56	1207	ATHANASOPOULOS KONSTANTINOS Άνδρας - 1982 (M40)	00:25:02 00:24:59	00:48:19 00: 48:16
68	68	6	12	1432	TSAOUTOU ALEXIA Γυναίκα - 1998 (F)	00:24:56 00:24:45	00:48:27 00: 48:16
69	69	13	57	1405	SPAGOULAKIS DIMITRIOS Άνδρας - 1998 (M)	00:25:05 00:24:39	00:48:28 00: 48:01
70	70	2	13	1153	NASTOU DIDA Γυναίκα - 1983 (F40) TEAM UA	00:25:20 00:25:05	00:48:33 00: 48:18
71	71	1	14	1546	SANTA ISABELLA Γυναίκα - 1971 (F50)	00:25:22 00:25:05	00:48:33 00: 48:16
72	72	15	58	1552	GRAND GREGORY Άνδρας - 1982 (M40)	00:26:01 00:25:40	00:48:34 00: 48:13
73	73	11	59	1240	DIMTSAS NIKOS Άνδρας - 1970 (M50) DIMAND	00:24:55 00:24:50	00:48:45 00: 48:39
74	74	16	60	1333	MECK DANIEL Άνδρας - 1981 (M40) -	00:25:06 00:24:36	00:48:54 00: 48:24
75	75	20	61	1241	DOUKAS THEODOROS Άνδρας - 1988 (M30)	00:24:35 00:24:20	00:48:55 00: 48:39
76	76	21	62	1534	HARDY ADRIEN Άνδρας - 1990 (M30)	00:24:01 00:23:48	00:48:57 00: 48:45
77	77	17	63	1266	HIRTAN MARIUS Άνδρας - 1978 (M40)	00:24:55 00:24:42	00:48:58 00: 48:45
78	78	14	64	1545	ROTH EDVIN Άνδρας - 2001 (M)	00:25:14 00:24:33	00:49:05 00: 48:24

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79	79	6	15	1537 POULAKI NAYA Γυναίκα - 1992 (F30)	00:24:45 00:24:44	00:49:17 00: 49:16
80	80	3	16	1499 KOUSTOUMPARDI ELINA Γυναίκα - 1980 (F40)	00:25:25 00:25:19	00:49:17 00: 49:12
81	81	12	65	1016 KLOTSAS ARISTEIDIS Άνδρας - 1965 (M50) Arla PROTEIN Team	00:24:24 00:24:19	00:49:26 00: 49:21
82	82	18	66	1399 SMYRLAKIS NIKOLAS Άνδρας - 1983 (M40)	00:25:23 00:25:04	00:49:37 00: 49:18
83	83	15	67	1118 KARACHALIOS ALEXANDROS Άνδρας - 1998 (M) intermed	00:25:59 00:25:53	00:49:38 00: 49:31
84	84	7	17	1410 STAMOPOULOU ELISAVET Γυναίκα - 1990 (F30)	00:24:57 00:24:53	00:49:41 00: 49:37
85	85	22	68	1403 SOULANIS SPIROS Άνδρας - 1992 (M30)	00:24:57 00:24:35	00:49:42 00: 49:19
86	86	16	69	1419 THEODOROU IASON Άνδρας - 2006 (M) DSA RUNNING TEAM	00:24:28 00:24:20	00:50:03 00: 49:54
87	87	7	18	1027 VANTELA ANNA Γυναίκα - 1997 (F) Arla PROTEIN Team	00:25:17 00:25:15	00:50:06 00: 50:03
88	88	8	19	1288 KITILI MARIA Γυναίκα - 1985 (F30) VG DISTANCE RUNNERS	00:25:45 00:25:37	00:50:06 00: 49:58
89	89	17	70	1435 TSITOS KONSTANTINOS MARIOS Άνδρας - 1995 (M)	00:27:14 00:26:32	00:50:07 00: 49:25
90	90	1	71	1345 NATSIOS ARBEN Άνδρας - 1959 (M65)	00:25:15 00:25:11	00:50:09 00: 50:06
91	91	18	72	1510 SKORDAS GIANNIS Άνδρας - 1998 (M)	00:25:30 00:25:27	00:50:11 00: 50:08
92	92	9	20	1011 GONIDI CHRISTINA Γυναίκα - 1994 (F30) Arla PROTEIN Team	00:25:25 00:25:15	00:50:14 00: 50:04
93	93	23	73	1080 POLIZOS VASILEIOS Άνδρας - 1987 (M30)	00:25:46 00:25:26	00:50:16 00: 49:55
94	94	24	74	1107 ΠΑΤΕΡΑΚΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1994 (M30)	00:25:49 00:25:46	00:50:18 00: 50:15
95	95	25	75	1584 KRISTIANSEN BREDE BORGEN Άνδρας - 1986 (M30)	00:27:10 00:26:28	00:50:18 00: 49:37
96	96	2	76	1021 LEMPESIS PANAGIOTIS Άνδρας - 1958 (M65) Arla PROTEIN Team	00:26:01 00:25:56	00:50:20 00: 50:15
97	97	10	21	1303 KOUTLA VIRNA Γυναίκα - 1988 (F30)	0:25:27	0:50:29
98	98	26	77	1014 KARYDIS ALEXANDROS Άνδρας - 1987 (M30) Arla PROTEIN Team	00:27:06 00:26:37	00:50:31 00: 50:02
99	99	27	78	1125 ΟΙΚΟΝΟΜΟΥ DIMITRIS Άνδρας - 1989 (M30) Melissa Pasta	00:25:00 00:24:38	00:50:32 00: 50:10
100	100	19	79	1464 XIROUCHAKIS ANTONIOS Άνδρας - 1976 (M40)	00:26:06 00:25:31	00:50:33 00: 49:58
101	101	19	80	1244 FENERIDIS VENIAMIN Άνδρας - 1996 (M)	00:25:47 00:25:28	00:51:07 00: 50:48
102	102	8	22	1360 PANAGOPOULOU FENIA Γυναίκα - 1995 (F)	00:26:42 00:26:30	00:51:15 00: 51:04
103	103	28	81	1117 GRAFAKOS STAVROS Άνδρας - 1992 (M30) intermed	00:26:39 00:26:27	00:51:18 00: 51:06
104	104	29	82	1101 LEVENTIS SPIROS Άνδρας - 1991 (M30)	00:25:54 00:25:49	00:51:19 00: 51:15
105	105	30	83	1295 KONTOGEOGOS GIANNIS Άνδρας - 1992 (M30)	00:26:40 00:26:01	00:51:22 00: 50:43

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106	106	20	84	1017 KOKOSOPOULOS CHRISTOFOROS Άνδρας - 1979 (M40) Arla PROTEIN Team	00:27:08 00:26:44	00:51:27 00: 51:03
107	107	31	85	1223 CHATZIS GIANNIS Άνδρας - 1987 (M30)	00:26:03 00:25:45	00:51:37 00: 51:20
108	108	21	86	1218 BRAHIMI KASTRIOT Άνδρας - 1975 (M40) ANDRIAKOS ANDRO	00:25:59 00:25:41	00:51:48 00: 51:29
109	109	4	23	1072 KOPINA ZARINA Γυναίκα - 1977 (F40)	00:27:38 00:27:34	00:51:50 00: 51:47
110	110	32	87	1490 KARAVIAS GEORGIOS Άνδρας - 1990 (M30)	00:26:51 00:26:35	00:51:56 00: 51:40
111	111	20	88	1337 MICHAILEDIS SPYROS Άνδρας - 1997 (M)	00:25:29 00:25:25	00:51:57 00: 51:52
112	112	2	89	1493 MOLARIS STAMATIOS Άνδρας - 1962 (M60)	00:26:52 00:26:34	00:51:59 00: 51:41
113	113	21	90	1522 PAPAPOLITIS SAVVAS Άνδρας - 1996 (M)	00:26:31 00:26:16	00:52:00 00: 51:46
114	114	11	24	1441 TZIOUKALIA FANI Γυναίκα - 1993 (F30)	00:27:40 00:27:02	00:52:06 00: 51:28
115	115	5	25	1353 ORFANOUDAKI ELENI Γυναίκα - 1976 (F40)	00:26:34 00:26:34	00:52:06 00: 52:06
116	116	22	91	1557 KAKOULIDIS LEFTERIS Άνδρας - 1983 (M40)	00:27:13 00:27:02	00:52:12 00: 52:02
117	117	22	92	1512 Jan Pastor Άνδρας - 1997 (M) Dutch Squad	00:26:36 00:26:04	00:52:17 00: 51:45
118	118	9	26	1131 ALEXANDROU EVA Γυναίκα - 2000 (F) OPENATHLON TEAM	00:26:20 00:26:08	00:52:19 00: 52:06
119	119	10	27	1472 ΤΣΟΚΑΝΗ ΜΑΡΙΑ Γυναίκα - 2003 (F) GEO DIALECTOS TEAM	00:26:40 00:26:30	00:52:27 00: 52:18
120	120	23	93	1228 CHRISTOFIS IOANNIS Άνδρας - 1997 (M)	00:26:24 00:26:21	00:52:29 00: 52:26
121	121	24	94	1219 CASSIMATIS ΙΑΚΟΒΟΣ Άνδρας - 1999 (M)	00:26:24 00:26:19	00:52:30 00: 52:25
122	122	13	95	1415 TAMBOURAS MICHAEL Άνδρας - 1965 (M50) ATHLETE TRAINING OAKA	00:26:18 00:26:05	00:52:33 00: 52:20
123	123	12	28	1565 ZOULI EIRINI Γυναίκα - 1994 (F30) TEAM UA	00:27:08 00:27:04	00:52:35 00: 52:31
124	124	13	29	1147 AGRIMANI STEFANIA Γυναίκα - 1994 (F30) TEAM UA	00:27:19 00:27:02	00:52:36 00: 52:18
125	125	11	30	1278 KARALI CHRISTINA Γυναίκα - 1999 (F) LCREW	00:27:09 00:26:52	00:52:36 00: 52:19
126	126	33	96	1287 KILBANE JAMES Άνδρας - 1992 (M30)	00:26:00 00:25:38	00:52:38 00: 52:16
127	127	14	97	1274 KARABOIKIS MANOS Άνδρας - 1974 (M50) MYATHLETE	00:27:52 00:27:39	00:52:38 00: 52:25
128	128	23	98	1369 PAPANDREOU NIKOLAOS Άνδρας - 1975 (M40) MYATHLETE	00:27:54 00:27:41	00:52:38 00: 52:26
129	129	34	99	1390 SAVVIDIS LAMPROS Άνδρας - 1994 (M30)	00:27:55 00:27:30	00:52:39 00: 52:14
130	130	2	31	1376 PATSOULAKI EVAGGELIA Γυναίκα - 1967 (F50) APS DROMEIS EBOIAS	00:26:23 00:26:20	00:52:42 00: 52:39
131	131	25	100	1489 ZAMPETAS ANTONIS Άνδρας - 1996 (M)	00:26:54 00:26:15	00:52:47 00: 52:08

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
132	132	6	32	1296	KORAKI ENKELEIDA Γυναίκα - 1976 (F40)	00:26:58 00:26:56	00:52:47 00: 52:46
133	133	14	33	1339	MORAKI ANNA Γυναίκα - 1992 (F30)	00:26:56 00:26:28	00:52:48 00: 52:20
134	134	26	101	1548	ΠΑΠΑΥΛΟΥ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 2000 (M)	00:27:10 00:26:49	00:52:50 00: 52:29
135	135	35	102	1265	ΗΑΚΚΕΛ ΜΑΡΤΟΝ Άνδρας - 1985 (M30)	00:26:32 00:26:17	00:52:54 00: 52:39
136	136	36	103	1272	ΚΑΚΛΙΣ ΔΙΜΙΤΡΙΟΣ Άνδρας - 1992 (M30)	00:26:38 00:26:33	00:52:57 00: 52:53
137	137	37	104	1480	Georgoulis Ilias Άνδρας - 1994 (M30) BCGreeks	00:26:58 00:26:39	00:52:59 00: 52:40
138	138	38	105	1429	ΤΡΙΠΟΔΑΚΙΣ ΦΙΛΙΠΠΟΣ Άνδρας - 1993 (M30)	00:28:44 00:28:22	00:53:01 00: 52:38
139	139	15	106	1470	ZUGIC RICHARD Άνδρας - 1972 (M50)	00:28:04 00:27:30	00:53:12 00: 52:38
140	140	24	107	1407	SPYROU SOTIRIOS Άνδρας - 1984 (M40)	00:27:04 00:26:49	00:53:18 00: 53:02
141	141	7	34	1509	KOLITA ARTEMIS Γυναίκα - 1983 (F40)	00:26:41 00:26:34	00:53:25 00: 53:18
142	142	16	108	1057	VASILEIOU AGAPIOS Άνδρας - 1968 (M50) Avra Running Team	00:27:31 00:27:25	00:53:29 00: 53:23
143	143	15	35	1161	ΜΑΥΡΙΔΙ ΝΙΚΟΛΕΤΑ Γυναίκα - 1994 (F30) Vichy Team	00:27:32 00:27:25	00:53:30 00: 53:22
144	144	3	109	1062	CHARATSIS EVANGELOS Άνδρας - 1962 (M60) CB SWIMMING	00:27:23 00:27:03	00:53:33 00: 53:14
145	145	39	110	1149	BADER MICHALIS Άνδρας - 1985 (M30) TEAM UA	00:27:44 00:27:16	00:53:36 00: 53:08
146	146	25	111	1188	BENOS PANAGIOTIS Άνδρας - 1979 (M40) ΑΚΡΟΠΟΣΘΙΑΚΟ΄Σ	00:27:34 00:26:56	00:53:37 00: 52:59
147	147	16	36	1564	ΑΥΡΙΛ ΜΑΤΗΙΕ Γυναίκα - 1987 (F30) TEAM UA	00:27:40 00:27:01	00:53:40 00: 53:02
148	148	40	112	1187	VERYVAKIS IOANNIS Άνδρας - 1993 (M30) Verydes	00:27:56 00:27:42	00:53:52 00: 53:38
149	149	41	113	1157	SYNODINOS NIKOS Άνδρας - 1989 (M30) TEAM UA	00:28:34 00:28:06	00:53:52 00: 53:25
150	150	42	114	1099	KONSTANTINIDIS ANDREAS Άνδρας - 1991 (M30)	00:27:07 00:27:02	00:53:58 00: 53:53
151	151	4	115	1267	ΙΛΙΟΠΟΥΛΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1964 (M60)	00:27:53 00:27:48	00:54:06 00: 54:00
152	152	26	116	1078	ΜΠΟΥΡΟΥΣΙΣ ΚΟΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1981 (M40)	00:27:38 00:27:34	00:54:09 00: 54:05
153	153	17	117	1318	LITSAS XENOFON Άνδρας - 1971 (M50) ATHLITIKI AKADHMIA ISTIEAS	00:28:33 00:28:13	00:54:11 00: 53:51
154	154	27	118	1139	ΤΣΟΛΤΟΣ ΣΠΥΡΙΔΟΝ Άνδρας - 2009 (M) OPENATHLON TEAM	00:27:16 00:26:44	00:54:13 00: 53:42
155	155	17	37	1527	ΑΛΒΑΡΕΖ ΛΕΙΡΕ Γυναίκα - 1993 (F30) DUTCH SQUAD	00:27:03 00:26:34	00:54:13 00: 53:44
156	156	12	38	1526	ΝΤΟΥΝΤΟΥΝΑΚΙ ΑΝΝΑ Γυναίκα - 1995 (F)	00:28:14 00:28:01	00:54:15 00: 54:02
157	157	43	119	1310	ΛΑΚΙΟΤΙΣ ΧΡΗΣΤΟΣ Άνδρας - 1992 (M30)	00:26:39 00:26:16	00:54:15 00: 53:52

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
158	158	18	120	1551	ΚΟΜΠΟΠΟΥΛΟΣ ΑΔΡΙΑΝΟΣ Άνδρας - 1965 (M50)	00:29:07 00:28:48	00:54:15 00: 53:55
159	159	13	39	1070	ΓΚΟΥΝΤΟΥΡΑ ΔΟΡΑ Γυναίκα - 1997 (F) BWIN	00:28:15 00:28:01	00:54:15 00: 54:01
160	160	44	121	5045	MASXALIDIS GEORGE Άνδρας - 1994 (M30) BWIN	00:27:59 00:27:35	00:54:18 00: 53:54
161	161	8	40	1423	THEODOSIOU KAROLINA Γυναίκα - 1982 (F40)	00:27:11 00:27:02	00:54:22 00: 54:14
162	162	18	41	1398	SMYRLAKI ELECTRA Γυναίκα - 1994 (F30) ROUFIDES RUNNING TEAM	00:29:10 00:28:53	00:54:24 00: 54:07
163	163	19	42	1120	PAPANASTASIOU NATALIA Γυναίκα - 1987 (F30) intermed	00:28:31 00:28:19	00:54:34 00: 54:22
164	164	27	122	1498	Vasilas Stylianos Άνδρας - 1984 (M40) Blackmile	00:27:46 00:27:39	00:54:36 00: 54:29
165	165	45	123	1208	AVLONITIS KONSTADINOS Άνδρας - 1992 (M30) KEEP FIT	00:28:50 00:28:38	00:54:37 00: 54:25
166	166	19	124	1422	THEODOSIADIS KOSTAS Άνδρας - 1969 (M50)	00:28:24 00:27:58	00:54:49 00: 54:22
167	167	14	43	1181	SIDERI SILIA Γυναίκα - 1995 (F) Meraklines	00:29:10 00:28:25	00:54:49 00: 54:04
168	168	20	44	1194	ALEXIADI AGAPI Γυναίκα - 1994 (F30)	00:28:10 00:27:43	00:54:51 00: 54:24
169	169	5	125	1450	VASILEIOS BAROUS Άνδρας - 1960 (M60)	00:28:25 00:27:44	00:54:52 00: 54:11
170	170	3	126	1004	DIMAS SOKRATIS Άνδρας - 1957 (M65) Arla PROTEIN Team	00:27:52 00:27:47	00:54:59 00: 54:54
171	171	28	127	1321	MACHAIRAS GEORGIOS Άνδρας - 1998 (M)	0:28:41	0:55:05
172	172	29	128	1013	KARAVIDAS EURIPIDIS Άνδρας - 1997 (M) Arla PROTEIN Team	00:28:05 00:27:46	00:55:07 00: 54:48
173	173	30	129	1037	KAKOURIS LEUTERIS Άνδρας - 1997 (M) Avra Running Team	00:27:15 00:27:08	00:55:10 00: 55:03
174	174	28	130	1301	KOTTEAS NIKOLAS Άνδρας - 1979 (M40) INTERNATIONAL COMMITTEE OF THE RED CROSS	00:27:41 00:27:20	00:55:17 00: 54:56
175	175	31	131	1082	KOLLIAS PANAGIOTIS Άνδρας - 1995 (M) Deloitte	00:28:32 00:27:59	00:55:19 00: 54:46
176	176	32	132	1561	NTENTOPOULOS PANAGIOTIS Άνδρας - 2010 (M) HELMEPA	00:30:31 00:29:46	00:55:20 00: 54:35
177	177	20	133	1468	ZINDROS GEORGIOS Άνδρας - 1972 (M50)	00:29:20 00:28:31	00:55:23 00: 54:33
178	178	33	134	1518	MARSH TED Άνδρας - 2000 (M)	00:29:25 00:29:07	00:55:24 00: 55:06
179	179	34	135	1389	SAKELLARIOU CHARIS Άνδρας - 1998 (M)	00:30:03 00:29:19	00:55:27 00: 54:43
180	180	35	136	1560	KONSTAS DIMITRIS Άνδρας - 2010 (M) HELMEPA	00:30:30 00:29:45	00:55:36 00: 54:51
181	181	15	45	1206	ARONI ANNA Γυναίκα - 1995 (F)	00:27:29 00:27:21	00:55:39 00: 55:31
182	182	21	137	1025	PATERAS KOSTAS Άνδρας - 1973 (M50) Arla PROTEIN Team	00:30:06 00:29:39	00:55:41 00: 55:15
183	183	16	46	1573	ΣΤΥΛΙΟΥ ΑΛΕΞΙΑ Γυναίκα - 1997 (F)	00:28:09 00:27:51	00:55:42 00: 55:24

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
184	184	46	138	1155 PANAGAKIS SOTIRIS Άνδρας - 1993 (M30) TEAM TECHNOGYM	00:27:50 00:27:33	00:55:51 00: 55:34
185	185	29	139	1306 KROUSTALIS DIMITRIOS Άνδρας - 1983 (M40)	00:28:11 00:27:54	00:55:53 00: 55:36
186	186	22	140	1322 MACKLIN ANDREW Άνδρας - 1967 (M50)	00:27:51 00:27:12	00:55:56 00: 55:17
187	187	3	47	1260 GKOVOSTI ALEXANDRA Γυναίκα - 1972 (F50) GALATSI RUNNERS	00:28:49 00:28:36	00:56:03 00: 55:49
188	188	47	141	1123 APOSTOLOU IOANNIS Άνδρας - 1986 (M30) Melissa Pasta	00:26:45 00:26:43	00:56:05 00: 56:03
189	189	36	142	1507 XANTHAKOS IOANNIS Άνδρας - 1995 (M)	00:29:00 00:28:26	00:56:06 00: 55:32
190	190	30	143	1316 LIAOS HARRIS Άνδρας - 1979 (M40)	00:28:20 00:27:56	00:56:07 00: 55:42
191	191	4	48	1237 DIMITRIADOU DIDO Γυναίκα - 1972 (F50)	00:29:26 00:29:09	00:56:08 00: 55:50
192	192	23	144	1230 CORNISH SIMON Άνδρας - 1966 (M50)	00:28:33 00:28:18	00:56:10 00: 55:55
193	193	31	145	1401 SO STEPHEN Άνδρας - 1975 (M40)	00:28:32 00:28:15	00:56:16 00: 56:00
194	194	37	146	1425 THILYZAS GEORGIOS Άνδρας - 2001 (M)	00:26:35 00:26:09	00:56:19 00: 55:53
195	195	48	147	1154 PACHIOU CHRIS Άνδρας - 1986 (M30) TEAM UA	00:27:48 00:27:32	00:56:22 00: 56:06
196	196	38	148	1136 KALITHRAKAS HRISTOS Άνδρας - 2009 (M) OPENATHLON TEAM	00:28:22 00:27:51	00:56:25 00: 55:54
197	197	49	149	1539 PEDRO PINTO Άνδρας - 1986 (M30)	00:29:04 00:28:21	00:56:25 00: 55:42
198	198	39	150	1514 GEORGAKOPOULOS PANAGIOTIS FOTIS Άνδρας - 1998 (M)	00:26:18 00:26:12	00:56:25 00: 56:20
199	199	17	49	1486 Niadi Eva Γυναίκα - 1995 (F) BCGreeks	00:29:37 00:29:08	00:56:30 00: 56:01
200	200	18	50	1145 SPURIDI IOANNA Γυναίκα - 1995 (F) Training Room	00:29:08 00:28:51	00:56:31 00: 56:14
201	201	40	151	1334 MELISSOURGOS IOANNIS Άνδρας - 2000 (M)	00:29:19 00:29:03	00:56:34 00: 56:17
202	202	19	51	1236 DIMITRAKOPOULOU MARIANNA-ELISAVET Γυναίκα - 1998 (F)	00:30:38 00:30:15	00:56:34 00: 56:12
203	203	41	152	1091 SKYVALAKIS GIANNIS Άνδρας - 1996 (M) Deloitte	00:30:02 00:29:29	00:56:35 00: 56:02
204	204	32	153	1140 VRAHATIS DIONISIOS Άνδρας - 1978 (M40) OPENATHLON TEAM	00:29:36 00:28:59	00:56:35 00: 55:58
205	205	21	52	1430 TRITSIMPIDA DORINA Γυναίκα - 1986 (F30) CGS TRIATHLON CLUB	00:28:41 00:28:23	00:56:37 00: 56:20
206	206	33	154	1307 KYRIAKOPOULOS ILIAS Άνδρας - 1978 (M40) DSA RUNNING TEAM	00:27:50 00:27:40	00:56:46 00: 56:36
207	207	6	155	1418 THEODOROU EVANGELOS Άνδρας - 1961 (M60) DSA RUNNING TEAM	00:27:59 00:27:48	00:56:46 00: 56:36
208	208	9	53	1530 PAVLOCHRISTOU GIOULI Γυναίκα - 1983 (F40)	00:28:51 00:28:40	00:56:47 00: 56:36
209	209	34	156	1214 BENOS ANGELOS Άνδρας - 1981 (M40)	00:27:56 00:27:16	00:56:48 00: 56:09

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
210	210	35	157	1541	REICHERT FELIX Άνδρας - 1983 (M40)	00:30:04 00:29:23	00:56:49 00: 56:08
211	211	5	54	1203	ARGYRIOY AGLAIA Γυναίκα - 1968 (F50)	00:28:52 00:28:47	00:56:52 00: 56:47
212	212	50	158	1443	VANTARAKIS IOANNIS Άνδρας - 1990 (M30)	00:28:26 00:27:59	00:56:52 00: 56:25
213	213	22	55	1529	THEOCHARAKI MARIA Γυναίκα - 1991 (F30)	00:28:21 00:28:10	00:57:00 00: 56:50
214	214	36	159	1383	RONTOGIANNIS NIKITAS Άνδρας - 1978 (M40) NIRON RUNNING TEAM	00:28:42 00:28:18	00:57:02 00: 56:38
215	215	10	56	1580	ΠΑΡΑΣΚΕΥΟΠΟΥΛΟΥ ΔΗΜΗΤΡΑ Γυναίκα - 1979 (F40)	00:29:16 00:28:40	00:57:09 00: 56:32
216	216	24	160	1104	XIGGOS ILIAS Άνδρας - 1971 (M50) ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΔΡΑΣ	00:29:42 00:29:30	00:57:12 00: 57:01
217	217	51	161	1247	FOURKIOTIS ILIAS Άνδρας - 1989 (M30)	00:28:46 00:28:40	00:57:14 00: 57:07
218	218	20	57	1175	ANΘΗ MARIANNA Γυναίκα - 1996 (F) Go!	00:28:36 00:28:15	00:57:14 00: 56:53
219	219	23	58	1411	STASINOPOULOU GEORGIA Γυναίκα - 1989 (F30)	00:29:09 00:28:43	00:57:15 00: 56:49
220	220	25	162	1083	KOUTSOPOULOS DIMITRIS Άνδρας - 1973 (M50) Deloitte	00:28:07 00:27:58	00:57:16 00: 57:07
221	221	37	163	1363	PAPADAMOS ELIAS Άνδρας - 1984 (M40)	00:29:11 00:28:54	00:57:20 00: 57:04
222	222	52	164	1317	LIOSIS VAGGELIS Άνδρας - 1985 (M30)	00:29:58 00:29:45	00:57:26 00: 57:12
223	223	38	165	1220	CHALYVIDIS IORDANIS Άνδρας - 1976 (M40)	00:29:33 00:29:21	00:57:29 00: 57:17
224	224	53	166	1349	TSIMANIS AGGELOS Άνδρας - 1992 (M30)	0:27:45	0:57:30
225	225	54	167	1229	CHRONOPOULOS ARGYRIS Άνδρας - 1991 (M30)	00:31:46 00:31:03	00:57:39 00: 56:56
226	226	26	168	1397	SKENTERIS TAXIARCHIS Άνδρας - 1971 (M50) ERMIS	00:30:51 00:30:08	00:57:42 00: 57:00
227	227	24	59	1146	XRONI ZETA Γυναίκα - 1993 (F30) Training Room	00:29:00 00:28:52	00:57:48 00: 57:41
228	228	55	169	1456	VERROIOPOULOS ANTONIS Άνδρας - 1994 (M30)	00:29:16 00:29:10	00:57:53 00: 57:46
229	229	39	170	1538	ALM ERIK Άνδρας - 1980 (M40)	00:29:44 00:29:02	00:57:53 00: 57:11
230	230	42	171	1463	WOUTERS MARIJN Άνδρας - 2000 (M) -	00:30:12 00:29:41	00:57:59 00: 57:28
231	231	25	60	1475	PAPADOPOULOU EVA Γυναίκα - 1993 (F30)	00:29:29 00:29:18	00:57:59 00: 57:48
232	232	40	172	1528	MAROUDAS DIONISIS Άνδρας - 1978 (M40)	00:28:55 00:28:43	00:58:00 00: 57:48
233	233	43	173	1372	PAPPAS ARIS Άνδρας - 2006 (M)	00:29:17 00:28:41	00:58:02 00: 57:25
234	234	21	61	1567	CHARITONIDI IOANNA Γυναίκα - 2001 (F)	00:29:52 00:29:39	00:58:06 00: 57:53
235	235	26	62	1198	ANASTASOPOULOU VALIA Γυναίκα - 1991 (F30)	00:31:45 00:31:03	00:58:11 00: 57:29
236	236	27	63	1121	KOYPETSI MIKAEΛA Γυναίκα - 1994 (F30) intermed	00:31:13 00:30:42	00:58:12 00: 57:41

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
237	237	6	64	1444	VARDAKA MARIA Γυναίκα - 1971 (F50) GRRUNNERS	00:29:48 00:29:36	00:58:20 00: 58:08
238	238	28	65	1544	ΒΕΛΛΗ ΟΛΓΑ Γυναίκα - 1986 (F30)	00:29:48 00:29:43	00:58:21 00: 58:16
239	239	22	66	1448	VARELTZIDI ALIKI Γυναίκα - 2002 (F)	00:30:23 00:29:58	00:58:22 00: 57:56
240	240	23	67	1524	SETZER NATASCHA Γυναίκα - 2024 (F) DUTCH SQUAD	00:29:42 00:29:11	00:58:22 00: 57:51
241	241	41	174	1179	KOSTOUROU GOGO Άνδρας - 1982 (M40) LITHOS TEAM	00:29:40 00:29:27	00:58:25 00: 58:12
242	242	24	68	1174	ΑΝΘΗ ΕΥΗ Γυναίκα - 2000 (F) Go!	00:30:24 00:30:04	00:58:27 00: 58:06
243	243	44	175	1109	MPOMPOLAS LEONIDAS Άνδρας - 2024 (M) HELMEPA	00:29:35 00:29:02	00:58:29 00: 57:56
244	244	7	69	1061	ΑΝΑΣΤΑΣΙΟΥ ΣΟΦΙΑ Γυναίκα - 1967 (F50) CB SWIMMING	00:29:49 00:29:44	00:58:31 00: 58:27
245	245	42	176	1311	LALOS ARISTEIDIS Άνδρας - 1981 (M40) AKROS	00:30:32 00:30:03	00:58:32 00: 58:02
246	246	25	70	1421	THEODOROU MYRTO Γυναίκα - 2000 (F) DSA RUNNING TEAM	00:29:14 00:29:05	00:58:34 00: 58:25
247	247	27	177	1556	KOUTSALAS KONSTANTINOS Άνδρας - 1973 (M50)	00:29:28 00:29:21	00:58:42 00: 58:35
248	248	45	178	1166	KYRITSI FANIS Άνδρας - 2006 (M) weightroomproject	00:30:55 00:30:25	00:58:42 00: 58:11
249	249	26	71	1182	VOLAKI ARIADNE Γυναίκα - 1995 (F) Meraklines	00:30:32 00:29:47	00:58:47 00: 58:02
250	250	46	179	1259	GKOUROGIANNIS IOANNIS Άνδρας - 2005 (M) ATHLETE TRAINING OAKA	00:29:24 00:29:10	00:58:52 00: 58:38
251	251	29	72	1065	ZACHARIADI NIKI Γυναίκα - 1986 (F30) CB SWIMMING	00:30:18 00:30:13	00:58:52 00: 58:48
252	252	27	73	1243	EFTHALITSIDOU ANASTASIA Γυναίκα - 1996 (F)	00:30:19 00:30:08	00:58:55 00: 58:44
253	253	28	74	1578	ROCANAS ALKISTI Γυναίκα - 1999 (F)	00:30:09 00:30:02	00:59:02 00: 58:55
254	254	11	75	1540	TOSTMANN ALMA Γυναίκα - 1980 (F40)	00:31:33 00:30:53	00:59:06 00: 58:25
255	255	30	76	1428	TRIMI ELENI Γυναίκα - 1990 (F30) ANNASTEAMA	00:30:40 00:30:18	00:59:10 00: 58:49
256	256	12	77	1439	TZANAKAKI CHRISTINA Γυναίκα - 1976 (F40)	00:30:58 00:30:23	00:59:19 00: 58:44
257	257	28	180	1532	KORRES KONSTANTINOS Άνδρας - 1968 (M50) Vichy Team	00:31:25 00:30:53	00:59:23 00: 58:51
258	258	31	78	1231	DE SOUZA ZENILDA Γυναίκα - 1985 (F30)	00:30:21 00:30:03	00:59:26 00: 59:08
259	259	56	181	1320	LOUZIOTIS MARIO Άνδρας - 1992 (M30)	00:29:30 00:29:07	00:59:29 00: 59:06
260	260	43	182	1180	ΛΩΜΗ ΕΦΗ Άνδρας - 1976 (M40) ManjuRun A Team	00:29:26 00:29:23	00:59:31 00: 59:29
261	261	57	183	1550	RAPTIS MAMOS Άνδρας - 1987 (M30)	00:29:58 00:29:30	00:59:34 00: 59:07
262	262	7	184	1053	NTALIANIS PETROS Άνδρας - 1964 (M60) Avra Running Team	00:29:05 00:29:00	00:59:36 00: 59:30

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
263	263	8	79	1110	POLITI SMARO Γυναίκα - 1970 (F50) HELMEPA	00:30:16 00:29:43	00:59:42 00: 59:09
264	264	47	185	1479	Spyrellis Nikolaos Angelos Άνδρας - 2000 (M) BCGreeks	00:29:23 00:29:07	00:59:54 00: 59:38
265	265	48	186	1434	TSINNAS KONSTANTINOS Άνδρας - 1998 (M)	00:31:56 00:31:12	01:00:04 00: 59:20
266	266	29	187	1453	VELIOTIS CHARALAMPOS Άνδρας - 1970 (M50)	00:30:50 00:30:22	01:00:04 00: 59:36
267	267	30	188	1202	APOSTOLOU KONSTANTINOS Άνδρας - 1971 (M50)	00:30:33 00:29:49	01:00:06 00: 59:22
268	268	58	189	1416	TARATSAS KOSTANTINOS Άνδρας - 1988 (M30)	00:30:44 00:30:08	01:00:06 00: 59:30
269	269	49	190	1585	ASPIOTIS DIMITRIS Άνδρας - 1995 (M)	00:31:24 00:30:57	01:00:18 00: 59:50
270	270	13	80	1323	MACKLIN SARAH Γυναίκα - 1975 (F40)	00:30:41 00:29:59	01:00:19 00: 59:37
271	271	29	81	1201	APOSTOLATOU ELENI Γυναίκα - 2000 (F)	00:31:31 00:30:45	01:00:20 00: 59:34
272	272	14	82	1097	GIANNOPOULOU IOANNA Γυναίκα - 1983 (F40)	00:31:16 00:30:54	01:00:23 01: 00:00
273	273	50	191	1382	REPPAS NIKOS Άνδρας - 1995 (M)	00:31:06 00:30:44	01:00:26 01: 00:05
274	274	44	192	1031	ATHANASIOU ANTONIOS Άνδρας - 1976 (M40) Avra Running Team	00:30:18 00:30:08	01:00:27 01: 00:17
275	275	32	83	1579	SOUTA ELPIDA Γυναίκα - 1990 (F30)	00:31:10 00:30:53	01:00:27 01: 00:10
276	276	59	193	1239	DIMITROKALLIS NIKOS Άνδρας - 1986 (M30)	00:29:51 00:29:22	01:00:28 00: 59:59
277	277	15	84	1533	PAPADIMITRIOU HEATHER Γυναίκα - 1976 (F40)	00:31:16 00:30:40	01:00:29 00: 59:53
278	278	30	85	1144	KAGIOULI MARIFEY Γυναίκα - 1999 (F) Training Room	00:32:55 00:32:10	01:00:30 00: 59:46
279	279	60	194	1406	SPANEAS DIMITRIOS Άνδρας - 1994 (M30)	00:30:43 00:30:29	01:00:34 01: 00:20
280	280	45	195	1325	MAKRIS KOSTAS Άνδρας - 1982 (M40) EYDAP	00:31:42 00:30:54	01:00:38 00: 59:50
281	281	51	196	5861	SERAFETINIDIS NIKOS Άνδρας - 1998 (M)	00:31:08 00:30:25	01:00:39 00: 59:56
282	282	61	197	1261	GLAROS DIMITRIS Άνδρας - 1990 (M30) TEAM ANDROS	00:31:07 00:30:47	01:00:39 01: 00:20
283	283	52	198	1192	AL BITAR GIOUSEF Άνδρας - 2002 (M)	00:32:06 00:31:25	01:00:48 01: 00:08
284	284	46	199	1129	GIANNOPOULOS KONSTANTINOS Άνδρας - 1983 (M40) melissa-kyriazopoulos team	00:32:00 00:31:31	01:00:56 01: 00:27
285	285	31	86	1455	VELIVASAKI EMMANOUELA Γυναίκα - 2000 (F)	00:30:24 00:30:09	01:00:59 01: 00:43
286	286	16	87	1098	GIATRA MARIA Γυναίκα - 1983 (F40)	00:31:21 00:31:03	01:01:01 01: 00:43
287	287	47	200	1329	MARKOULIS EVAGGELOS Άνδρας - 1977 (M40)	00:32:39 00:31:52	01:01:07 01: 00:20
288	288	17	88	1361	PAOLINOU ANA Γυναίκα - 1977 (F40)	00:31:59 00:31:37	01:01:09 01: 00:48

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
289	289	32	89	1400 SMYRLI LYDIA Γυναίκα - 1997 (F)	00:30:59 00:30:38	01:01:09 01: 00:49
290	290	31	201	1263 GOVAS ELIAS Άνδρας - 1974 (M50)	00:32:49 00:32:14	01:01:10 01: 00:36
291	291	32	202	1015 KATRODAVLIS KONSTANTINOS Άνδρας - 1973 (M50) Arla PROTEIN Team	00:30:30 00:30:12	01:01:14 01: 00:55
292	292	53	203	1379 PLAKOURAKIS LUCAS Άνδρας - 1996 (M)	00:30:49 00:30:44	01:01:17 01: 01:12
293	293	33	90	1523 ARTS JESSICA Γυναίκα - 1996 (F) DUTCH SQUAD	00:30:54 00:30:23	01:01:24 01: 00:52
294	294	33	91	1217 BOURI NIKOLETA Γυναίκα - 1989 (F30)	00:31:29 00:30:57	01:01:44 01: 01:12
295	295	54	204	1449 VASILAKIS MARIOS Άνδρας - 1996 (M)	00:35:06 00:34:38	01:01:44 01: 01:16
296	296	62	205	1246 FOKAS VASILIS Άνδρας - 1987 (M30)	00:32:17 00:31:40	01:01:48 01: 01:11
297	297	33	206	1351 NTAIS CHRISTOS Άνδρας - 1974 (M50)	00:32:59 00:32:28	01:01:52 01: 01:21
298	298	34	207	1471 ΜΠΑΖΑΙΟΣ ΑΝΔΡΕΑΣ Άνδρας - 1966 (M50)	00:30:16 00:30:01	01:02:03 01: 01:49
299	299	63	208	1375 PATSIS ATHANASIOS Άνδρας - 1987 (M30) OPAP RUNNING TEAM	00:32:32 00:31:56	01:02:05 01: 01:28
300	300	34	92	1501 KALOKYRI AGAPI Γυναίκα - 1996 (F)	00:31:38 00:31:34	01:02:06 01: 02:02
301	301	64	209	1577 KALPAKIDIS IOANNIS Άνδρας - 1994 (M30)	00:31:38 00:31:34	01:02:07 01: 02:02
302	302	48	210	1558 ΧΑΜΠΕΖΟΣ ΜΠΑΜΠΗΣ Άνδρας - 1984 (M40)	00:31:14 00:31:04	01:02:07 01: 01:57
303	303	18	93	1297 KOSTAKI EIRINI Γυναίκα - 1984 (F40)	00:32:01 00:31:19	01:02:08 01: 01:26
304	304	35	94	1176 ΛΙΑΡ ΓΕΩΡΓΙΑ Γυναίκα - 2000 (F) Go!	00:32:19 00:31:59	01:02:12 01: 01:52
305	305	35	211	1076 MANITAKIS EVAGGELOS Άνδρας - 1973 (M50)	00:33:14 00:32:28	01:02:13 01: 01:27
306	306	1	212	1445 VARDARAMATOS SOTIRIS Άνδρας - 1953 (M70+)	00:32:20 00:32:05	01:02:14 01: 01:59
307	307	49	213	1454 VELISSARAKOS STATHIS Άνδρας - 1982 (M40)	00:31:50 00:31:40	01:02:18 01: 02:07
308	308	36	95	1064 MICHALOPOULOU ATHINA Γυναίκα - 2003 (F) CB SWIMMING	00:32:54 00:32:29	01:02:19 01: 01:53
309	309	36	214	1373 PAPPAS DIMITRIS Άνδρας - 1972 (M50)	00:32:58 00:32:20	01:02:21 01: 01:44
310	310	37	96	1088 PAPADOPOULOU IOANNA Γυναίκα - 1998 (F) Deloitte	00:31:20 00:30:46	01:02:25 01: 01:51
311	311	19	97	1210 BALIOUSIS PENNY Γυναίκα - 1980 (F40)	00:33:03 00:32:40	01:02:31 01: 02:08
312	312	8	215	1251 GEROGIANNIS DIMITRIS Άνδρας - 1961 (M60)	00:32:27 00:31:55	01:02:36 01: 02:04
313	313	37	216	1437 TSOTSOS ATHANASIOS Άνδρας - 1967 (M50)	00:32:25 00:31:54	01:02:36 01: 02:06
314	314	20	98	1365 PAPADOPOULOU EVAGELIA Γυναίκα - 1977 (F40)	00:32:30 00:32:14	01:02:37 01: 02:22

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
315	315	38	217	1290	KLONIS DIMITRIS Άνδρας - 1968 (M50)	00:33:17 00:32:46	01:02:38 01: 02:08
316	316	50	218	1178	EPITROPAKI EVA Άνδρας - 1984 (M40) LITHOS TEAM	00:31:41 00:31:29	01:02:41 01: 02:29
317	317	21	99	1160	LEKKOU ELENI Γυναίκα - 1980 (F40) Vichy Team	00:32:27 00:31:54	01:02:45 01: 02:13
318	318	39	219	1386	ROTH SJOBLOM JONAS Άνδρας - 1967 (M50) -	00:31:39 00:31:00	01:02:50 01: 02:12
319	319	40	220	1385	ROTH ADAM Άνδρας - 1973 (M50) -	00:31:39 00:30:58	01:02:50 01: 02:09
320	320	38	100	1185	DIMA NTAIANA FOTEINI Γυναίκα - 1998 (F) τέκτων	00:32:04 00:31:40	01:02:55 01: 02:30
321	321	55	221	1186	VERYVAKIS GEORGIOS Άνδρας - 1995 (M) VERYDES	00:30:41 00:30:26	01:03:05 01: 02:50
322	322	41	222	1452	VAVOURAKIS EMMANOYHL Άνδρας - 1966 (M50)	00:32:58 00:32:38	01:03:11 01: 02:50
323	323	34	101	1525	ANTONIADI CONSTANTINA Γυναίκα - 1988 (F30)	00:33:01 00:32:31	01:03:17 01: 02:47
324	324	42	223	1105	ΛΑΛΙΩΤΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1972 (M50)	00:29:57 00:29:32	01:03:33 01: 03:08
325	325	65	224	1332	MAVROGIORGIS SPYROS Άνδρας - 1993 (M30)	00:34:43 00:34:05	01:03:35 01: 02:56
326	326	43	225	1012	KAMARATOS ELIAS Άνδρας - 1968 (M50) Arla PROTEIN Team	00:33:47 00:33:14	01:03:41 01: 03:07
327	327	56	226	1285	KERAMIDAS GEORGE Άνδρας - 2003 (M)	00:31:32 00:31:16	01:03:50 01: 03:33
328	328	57	227	1212	BEKAS KONSTANTINOS Άνδρας - 1995 (M)	00:34:07 00:33:28	01:03:53 01: 03:14
329	329	9	102	1350	NOUTSIA ASSIMINA Γυναίκα - 1968 (F50)	00:31:55 00:31:25	01:04:05 01: 03:35
330	330	66	228	1404	SOULANIS STEFANOS Άνδρας - 1991 (M30)	00:32:25 00:32:02	01:04:15 01: 03:52
331	331	22	103	1305	KOUTSOTHODOROU VIKI Γυναίκα - 1975 (F40) MYATHLETE	00:33:45 00:33:31	01:04:38 01: 04:24
332	332	44	229	1100	KOSSONAKOS SPYROS Άνδρας - 1965 (M50) DSA RUNNING TEAM	00:33:20 00:33:00	01:04:40 01: 04:20
333	333	45	230	1547	MITRAKAS ANDREAS Άνδρας - 1966 (M50)	00:32:06 00:31:35	01:04:50 01: 04:19
334	334	39	104	1167	MELISSARI MATINA Γυναίκα - 1997 (F) weightroomproject	00:34:34 00:34:00	01:05:01 01: 04:27
335	335	2	231	1566	RITSONIS NIKOLAOS Άνδρας - 1950 (M70+)	00:33:27 00:33:21	01:05:05 01: 04:58
336	336	23	105	1506	SOKKOU LYSANDRA Γυναίκα - 1981 (F40)	00:33:46 00:33:09	01:05:12 01: 04:35
337	337	35	106	1469	ZISIADI NINA Γυναίκα - 1990 (F30)	00:34:48 00:34:08	01:05:20 01: 04:40
338	338	4	232	1451	VASILIDIS GIANNIS Άνδρας - 1957 (M65)	00:33:02 00:32:38	01:05:20 01: 04:55
339	339	36	107	1473	GIATILI AIMILIA Γυναίκα - 1990 (F30)	00:34:47 00:34:07	01:05:21 01: 04:41
340	340	67	233	1575	KOKKINAKHΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1986 (M30)	00:34:47 00:34:22	01:05:23 01: 04:59

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
341	341	68	234	1576	ΜΠΙΣΧΙΩΤΗΣ ΚΩΣΤΑΣ Άνδρας - 1986 (M30)	00:34:46 00:34:22	01:05:23 01: 04:59
342	342	58	235	1299	KOTSELIS IOANNIS Άνδρας - 1995 (M)	00:32:22 00:31:50	01:05:24 01: 04:52
343	343	10	108	1380	PRODROMITI ADRIANA Γυναίκα - 1971 (F50) ANNASTEAMA	00:33:22 00:33:01	01:05:30 01: 05:09
344	344	51	236	1505	CHRISTOFIS GEORGIOS Άνδρας - 1981 (M40)	00:32:24 00:31:37	01:05:33 01: 04:46
345	345	37	109	1258	GKIOKA KONSTANTINA Γυναίκα - 1993 (F30)	-	01:05:34 01: 04:49
346	346	69	237	1168	PATRALIS VASILIS Άνδρας - 1992 (M30) weightroomproject	00:34:35 00:34:01	01:05:34 01: 05:00
347	347	38	110	1256	GIRAUDO MATHILDE Γυναίκα - 1986 (F30)	00:34:21 00:33:53	01:05:36 01: 05:07
348	348	40	111	1457	VERSTEEG FE Γυναίκα - 2000 (F) -	00:32:37 00:32:14	01:05:43 01: 05:20
349	349	11	112	1245	FLOUDA CHRISTINA Γυναίκα - 1974 (F50)	00:33:54 00:33:29	01:05:45 01: 05:21
350	350	41	113	1459	VOGIATZAKI AFRODITI Γυναίκα - 1999 (F)	00:35:01 00:34:41	01:05:46 01: 05:27
351	351	42	114	1184	ARAPI SARA Γυναίκα - 2001 (F) téktōn	00:33:00 00:32:36	01:05:48 01: 05:25
352	352	70	238	1222	CHANTES ASTERIOS Άνδρας - 1985 (M30)	00:32:38 00:32:24	01:05:52 01: 05:38
353	353	24	115	1292	KONSTANTINOU ANNA Γυναίκα - 1982 (F40)	00:32:39 00:32:24	01:05:52 01: 05:38
354	354	39	116	1151	KARASOVA ANASTASIA Γυναίκα - 1989 (F30) TEAM UA	00:33:06 00:32:39	01:05:54 01: 05:27
355	355	9	239	1224	CHOTZOGLOU EFSTRATIOS Άνδρας - 1960 (M60)	00:34:27 00:33:50	01:06:10 01: 05:33
356	356	52	240	1348	NIKOLAKIS FRAGKISKOS Άνδρας - 1978 (M40)	00:34:30 00:33:50	01:06:20 01: 05:39
357	357	12	117	1079	NIKOLAOU CHRISTINA Γυναίκα - 1968 (F50) RUN FOR AUTISM	00:34:01 00:33:34	01:06:22 01: 05:55
358	358	53	241	1302	KOURIS GIANNIS Άνδρας - 1979 (M40)	00:33:56 00:33:30	01:06:22 01: 05:56
359	359	25	118	1275	KARAGIANNAKI NIKI Γυναίκα - 1979 (F40)	00:33:40 00:33:01	01:06:35 01: 05:57
360	360	71	242	1233	DIAMANTIS PANAGIOTIS Άνδρας - 1994 (M30)	00:36:19 00:35:47	01:06:46 01: 06:14
361	361	1	119	1535	KARAKITSOU VASILIKI Γυναίκα - 1962 (F60) DSA RUNNING TEAM	00:34:10 00:33:49	01:06:53 01: 06:31
362	362	13	120	1553	SOUPOU ANGELIKI Γυναίκα - 1974 (F50)	00:33:37 00:33:13	01:07:01 01: 06:38
363	363	72	243	1484	Christakis Georgios Άνδρας - 1991 (M30) BCGreeks	00:34:06 00:33:49	01:07:08 01: 06:52
364	364	54	244	1308	KYRIAKOPOULOS IOANNHS Άνδρας - 1979 (M40) GERMANIKH SXOLH A8HNWN	00:33:33 00:33:23	01:07:24 01: 07:14
365	365	55	245	1581	ΠΑΠΑΓΙΑΝΝΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1979 (M40)	00:34:03 00:33:23	01:07:25 01: 06:45
366	366	73	246	1165	KOMPOGIORGAS NIKOS Άνδρας - 1985 (M30) weightroomproject	00:34:34 00:34:00	01:07:25 01: 06:50

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
367	367	56	247	1189	RUSSO VAGELIS Άνδρας - 1979 (M40) ΑΚΡΟΠΟΣΘΙΑΚΟ΄Σ	00:33:49 00:33:12	01:07:27 01: 06:50
368	368	26	121	1595	ΔΑΛΑΜΠΙΡΑ ΕΛΕΝΗ Γυναίκα - 1979 (F40)	00:35:14 00:34:36	01:07:28 01: 06:51
369	369	43	122	1387	ROUSSOU EIRINI Γυναίκα - 1995 (F) HOLMES PLACE	00:34:35 00:33:53	01:07:30 01: 06:48
370	370	40	123	1542	CHATTERJEE ALLEGRA Γυναίκα - 1993 (F30)	00:35:24 00:34:40	01:07:42 01: 06:58
371	371	57	248	1583	CHRISANTHAKOPOULOS VASILIS Άνδρας - 1984 (M40)	00:35:51 00:35:13	01:07:43 01: 07:05
372	372	59	249	1279	KARAVOKYRIS GEORGIOS Άνδρας - 1996 (M)	00:34:26 00:33:42	01:08:00 01: 07:17
373	373	41	124	1319	LONTOU ANTONIA Γυναίκα - 1989 (F30) KALAMATA RUNNING PROJECT	00:34:36 00:34:09	01:08:08 01: 07:41
374	374	46	250	1113	VAROTISIS MARIOS Άνδρας - 1966 (M50) Herbalife	00:34:24 00:33:36	01:08:08 01: 07:20
375	375	42	125	1354	ORMENAI MARKELLA Γυναίκα - 1989 (F30) KALAMATA RUNNING PROJECT	00:34:42 00:34:14	01:08:11 01: 07:43
376	376	14	126	1227	CHRISTODOULOU KATERINA Γυναίκα - 1968 (F50)	00:35:56 00:35:25	01:08:11 01: 07:41
377	377	43	127	1431	TSAMADOU ALEXANDRA Γυναίκα - 1986 (F30)	00:33:26 00:33:06	01:08:14 01: 07:54
378	378	58	251	1344	NAKOS VASILEIOS Άνδρας - 1978 (M40)	00:33:39 00:33:19	01:08:14 01: 07:54
379	379	5	252	1352	OFLYNN KIERAN Άνδρας - 1959 (M65)	00:35:48 00:35:31	01:08:26 01: 08:09
380	380	44	128	1571	ΣΑΚΕΛΑΡΙΔΟΥ ΜΑΡΙΑ Γυναίκα - 1993 (F30)	00:34:39 00:34:35	01:08:26 01: 08:23
381	381	45	129	1394	SIATRA VIVIAN Γυναίκα - 1988 (F30)	00:33:55 00:33:25	01:08:42 01: 08:12
382	382	44	130	1377	PETROULAKI MARGOT Γυναίκα - 1996 (F)	00:35:32 00:34:53	01:08:45 01: 08:07
383	383	47	253	1111	VAN DER LINDEN DAVE Άνδρας - 1967 (M50) HELMERPA	00:35:51 00:35:16	01:09:01 01: 08:25
384	384	59	254	1569	ALOUKOS IOANNIS Άνδρας - 1976 (M40)	00:35:35 00:35:10	01:09:05 01: 08:41
385	385	10	255	1063	MICHALOPOULOS STELIOS Άνδρας - 1962 (M60) CB SWIMMING	00:34:01 00:33:37	01:09:15 01: 08:51
386	386	27	131	1346	NAXAKI MARIA Γυναίκα - 1977 (F40)	00:34:19 00:33:44	01:09:30 01: 08:55
387	387	28	132	1328	MARKIDI APOSTOLIA Γυναίκα - 1976 (F40)	00:35:01 00:34:46	01:09:33 01: 09:18
388	388	29	133	1466	ZAKKA DIMITRA Γυναίκα - 1976 (F40) ATHLETE TRAINING OAKA	00:35:07 00:34:53	01:09:49 01: 09:35
389	389	46	134	1388	SACHINOGLU DAFNI Γυναίκα - 1993 (F30) K M LAW FIRM	00:34:53 00:34:51	01:09:49 01: 09:47
390	390	47	135	1338	MIKA ELENA Γυναίκα - 1993 (F30) ROADRUNNERS-MYRUNNER	00:35:36 00:35:14	01:09:58 01: 09:36
391	391	45	136	1504	Vietor Ann Christin Γυναίκα - 1995 (F)	00:35:31 00:34:47	01:10:05 01: 09:21
392	392	30	137	1359	PANAGOPOULOU KALLIOPI Γυναίκα - 1983 (F40)	00:35:25 00:35:02	01:10:08 01: 09:45

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
393	393	48	138	1391	SERGIOU ELENA Γυναίκα - 1992 (F30)	00:36:27 00:35:41	01:10:21 01: 09:35
394	394	11	256	1343	MUTUS HUSEYIN HILMI Άνδρας - 1962 (M60) -	00:35:10 00:35:00	01:10:24 01: 10:14
395	395	60	257	1250	GEORGAKOPOULOS NIKOS Άνδρας - 1977 (M40)	00:34:30 00:34:17	01:10:34 01: 10:22
396	396	48	258	1433	TSAPAS DIMITRIS Άνδρας - 1967 (M50)	00:36:16 00:35:29	01:10:50 01: 10:03
397	397	12	259	1235	DIMARAKIS GEORGIOS Άνδρας - 1962 (M60) DEUTSCHE SCHULE ATHEN	00:35:40 00:35:30	01:10:55 01: 10:45
398	398	49	139	1570	ΓΚΛΟΡΙΑ ΠΡΙΒΙΛΕΝΤΖΙΟ Γυναίκα - 1988 (F30)	-	1:11:07
399	399	61	260	1033	DALAMARAS ALEXIOS Άνδρας - 1983 (M40) Avra Running Team	00:34:37 00:34:29	01:11:14 01: 11:06
400	400	31	140	1559	PRAPA ANGELIKI Γυναίκα - 1984 (F40)	00:36:11 00:35:52	01:11:28 01: 11:09
401	401	50	141	1324	MAKRI EVA Γυναίκα - 1993 (F30)	00:36:26 00:35:45	01:11:29 01: 10:48
402	402	32	142	1284	KAZAGLI ANNA Γυναίκα - 1983 (F40) DSA RUNNING TEAM	00:35:49 00:35:39	01:11:30 01: 11:20
403	403	15	143	1262	GORATSA MIRANDA Γυναίκα - 1969 (F50) DSA RUNNING TEAM	00:36:39 00:36:16	01:11:30 01: 11:08
404	404	74	261	1216	BLANAS NIKOS Άνδρας - 1985 (M30)	00:36:02 00:35:39	01:11:32 01: 11:09
405	405	33	144	1563	ΛΕΚΚΑ ΜΑΡΩ Γυναίκα - 1984 (F40)	00:37:42 00:37:05	01:11:40 01: 11:03
406	406	6	262	1282	KATSARIS VASSILEIOS Άνδρας - 1958 (M65)	00:36:05 00:35:35	01:11:43 01: 11:13
407	407	46	145	1281	KATSARI ROZANNA Γυναίκα - 2002 (F)	00:35:31 00:34:59	01:11:43 01: 11:11
408	408	47	146	1200	ANTONOPOULOU ASPASIA Γυναίκα - 1996 (F)	00:37:54 00:37:14	01:11:46 01: 11:07
409	409	49	263	1126	BOUROUTSIDIS DIMITRIS Άνδρας - 1973 (M50) ALL FOR BLUE	00:36:41 00:36:06	01:12:00 01: 11:25
410	410	34	147	1221	CHANTE OLGA Γυναίκα - 1983 (F40)	00:36:26 00:36:12	01:12:01 01: 11:46
411	411	62	264	1313	LAMPROU LAZAROS Άνδρας - 1979 (M40)	00:36:22 00:36:08	01:12:01 01: 11:48
412	412	51	148	1483	Rountou Antonia Γυναίκα - 1993 (F30) BCGreeks	00:37:01 00:36:33	01:12:04 01: 11:36
413	413	75	265	1169	PORIoTIS ILIAS Άνδρας - 1993 (M30) weightroomproject	00:36:14 00:35:40	01:12:10 01: 11:36
414	414	63	266	1191	AGALIoTIS NIKOLAOS Άνδρας - 1975 (M40)	00:35:48 00:35:32	01:12:19 01: 12:02
415	415	52	149	1164	GIANNOULI NICOLE Γυναίκα - 1988 (F30) weightroomproject	00:36:16 00:35:41	01:12:20 01: 11:46
416	416	35	150	1249	GAKI KATERINA Γυναίκα - 1978 (F40)	00:37:27 00:37:16	01:12:32 01: 12:21
417	417	16	151	1366	PAPAGRIGORAKI MARIA Γυναίκα - 1974 (F50)	00:37:39 00:37:28	01:12:33 01: 12:22
418	418	76	267	1238	DIMITRIOU YANNIS Άνδρας - 1991 (M30)	00:34:41 00:34:02	01:12:54 01: 12:15
419	419	53	152	1008	GIAKOUMI TEREZA Γυναίκα - 1985 (F30) Arla PROTEIN Team	00:35:27 00:34:39	01:12:59 01: 12:11

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
420	420	77	268	1269	IOSIFIDIS HARIS Άνδρας - 1993 (M30)	00:35:17 00:34:47	01:13:12 01: 12:42
421	421	54	153	1331	MAVROEIDI EMMANOUELA Γυναίκα - 1994 (F30)	00:36:34 00:36:18	01:13:31 01: 13:15
422	422	48	154	1374	PATSALI GEORGIA Γυναίκα - 2000 (F)	00:37:16 00:36:33	01:13:48 01: 13:04
423	423	55	155	1412	STAVROPOULOU EVI Γυναίκα - 1987 (F30)	00:38:17 00:37:42	01:14:11 01: 13:36
424	424	56	156	5664	KOCHEILA ILEKTRA Γυναίκα - 1988 (F30)	00:37:11 00:37:03	01:14:12 01: 14:04
425	425	36	157	1414	STILZ DOMINIQUE Γυναίκα - 1977 (F40) GERMAN SCHOOL OF ATHENS RUNNING TEAM	00:35:18 00:35:09	01:14:18 01: 14:09
426	426	2	158	1195	ALEXOPOULOU ALEXANDRA Γυναίκα - 1961 (F60) DEUTSCHE SCHULE ATHEN	00:37:26 00:37:16	01:14:44 01: 14:33
427	427	57	159	1368	PAPAKONSTANTOPOULOU LIA Γυναίκα - 1991 (F30)	-	01:14:47 01: 14:01
428	428	64	269	1255	GIOUVANOULIS NIKOLAOS Άνδρας - 1975 (M40)	0:38:40	1:16:56
429	429	37	160	1355	PAITARIDOU RODAMI MARINA Γυναίκα - 1984 (F40)	00:38:02 00:37:14	01:17:01 01: 16:13
430	430	65	270	1289	KLEITSAKIS SERAFEIM Άνδρας - 1979 (M40)	00:38:04 00:37:16	01:17:03 01: 16:15
431	431	60	271	1460	VOLAKI FOTEINI Άνδρας - 1997 (M)	00:38:36 00:38:13	01:17:20 01: 16:57
432	432	61	272	1035	FOSTERIS SPYRIDON Άνδρας - 1997 (M) Avra Running Team	00:38:34 00:38:11	01:17:20 01: 16:57
433	433	62	273	1294	KONTOGEORGIS ANGELOS Άνδρας - 1996 (M)	00:38:48 00:38:25	01:17:21 01: 16:57
434	434	1	161	1347	NEOKLEOUS THEODORA Γυναίκα - 1955 (F65)	00:39:13 00:38:51	01:17:52 01: 17:31
435	435	58	162	1378	PIPERTZI KATERINA Γυναίκα - 1985 (F30)	00:40:11 00:39:29	01:18:01 01: 17:19
436	436	66	274	1059	ZOUNIS DIMITRIS Άνδρας - 1981 (M40) Avra Running Team	00:39:14 00:39:04	01:18:46 01: 18:36
437	437	17	163	1420	THEODOROU KONSTANTINA Γυναίκα - 1970 (F50)	00:39:08 00:38:59	01:19:18 01: 19:09
438	438	38	164	1134	GKOGKA GEORGIA Γυναίκα - 1975 (F40) OPENATHLON TEAM	00:40:46 00:40:04	01:19:48 01: 19:06
439	439	3	275	1071	KONSTANTOPOULOS ANDREAS Άνδρας - 1948 (M70+)	00:41:02 00:41:00	01:19:49 01: 19:46
440	440	18	165	1196	ALEXOPOULOU IOANNA Γυναίκα - 1973 (F50)	00:41:16 00:40:30	01:22:32 01: 21:47
441	441	39	166	1520	MAKRI SOFIA Γυναίκα - 1977 (F40)	00:42:29 00:41:51	01:23:35 01: 22:57
442	442	3	167	1536	KOZONI ELENI Γυναίκα - 1964 (F60) DSA RUNNING TEAM	00:43:49 00:43:28	01:25:58 01: 25:37
443	443	49	168	1458	VERSTEEG VEERLE Γυναίκα - 1997 (F) -	00:43:14 00:42:46	01:26:52 01: 26:24
444	444	67	276	1562	THEODOSIOU IOANNIS Άνδρας - 1980 (M40)	00:42:17 00:42:07	01:28:15 01: 28:05
445	445	50	277	1130	ALEXANDROU ANDREAS Άνδρας - 1967 (M50) OPENATHLON TEAM	00:51:19 00:50:44	01:41:29 01: 40:54