

1ο Helicon Mountain Race 2025 4) Helicon Entry Trail 5k +200m

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	FINISH 5KM
1	1	1	ALL	Male	4027	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΖΗΝΔΡΟΣ	-	ΑΚΟΛ	0:00:00.096(00:00:00)	0:34:38.900(00:34:38)
2	2	2	ALL	Male	4069	GR	ΗΛΙΑΣ ΤΟΛΙΑΣ	-		0:00:00.096(00:00:00)	0:38:35.863(00:38:35)
3	3	3	ALL	Male	4021	GR	ΘΑΝΟΣ ΓΚΟΒΑΡΗΣ	-	LEVADEIA RUNNERS TEAM	0:00:00.096(00:00:00)	0:45:27.810(00:45:27)
4	4	4	ALL	Male	4035	GR	ΒΑΣΙΛΕΙΟΣ ΚΟΛΕΤΣΙΟΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:00.706(00:00:00)	0:50:01.240(00:50:00)
5	1	5	ALL	Female	4071	GR	ΣΤΕΛΛΑ ΜΑΚΡΗ	-		0:00:03.070(00:00:00)	0:50:29.130(00:50:26)
6	5	6	ALL	Male	4074	GR	ΓΕΩΡΓΙΟΣ ΚΥΡΙΑΚΟΠΟΥΛΟΣ	-		0:00:00.706(00:00:00)	0:50:30.350(00:50:29)
7	2	7	ALL	Female	4062	GR	ΝΕΦΕΛΗ ΝΕΡΤΙΛΑ ΤΣΕΛΑ	-	ΑΛΙΑΡΤΟΣ	0:00:02.716(00:00:00)	0:51:02.326(00:50:59)
8	6	8	ALL	Male	4065	GR	ΠΑΝΑΓΙΩΤΗΣ ΤΣΙΟΥΜΠΡΗΣ	-		0:00:04.526(00:00:00)	0:51:30.420(00:51:25)
9	7	9	ALL	Male	4073	GR	ΓΙΩΡΓΟΣ ΠΑΠΑΓΕΩΡΓΙΟΥ	-	ROMIPA	0:00:03.070(00:00:00)	0:52:48.350(00:52:45)
10	8	10	ALL	Male	4050	GR	ΑΘΑΝΑΣΙΟΣ ΝΤΑΝΑΚΟΣ	-	NEA ARTAKI	0:00:01.236(00:00:00)	0:55:54.070(00:55:52)
11	3	11	ALL	Female	4040	GR	ΕΛΕΝΗ ΚΡΗΤΙΚΟΠΟΥΛΟΥ	-	GALATSI RUNNERS	0:00:00.096(00:00:00)	0:56:12.533(00:56:12)
12	9	12	ALL	Male	4056	GR	ΝΙΚΟΛΑΣ ΣΑΝΔΑΛΗΣ	-		0:00:02.413(00:00:00)	0:56:15.236(00:56:12)
13	10	13	ALL	Male	4015	GR	ΑΛΕΞΑΝΔΡΟΣ ΒΡΑΚΑΣ	-	ΧΑΛΚΙΔΑ	0:00:01.093(00:00:00)	0:56:32.440(00:56:31)
14	11	14	ALL	Male	4059	GR	ΠΑΝΑΓΙΩΤΗΣ ΣΟΦΑΝΗΣ	-	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΔΡΟΜΕΩΝ ΛΙΒΑΔΕΙΑΣ	0:00:08.673(00:00:00)	0:56:42.410(00:56:33)
15	12	15	ALL	Male	4024	GR	ΠΑΝΑΓΙΩΤΗΣ ΔΗΜΗΤΡΕΛΟΣ	-	ΕΟΣ ΛΙΒΑΔΕΙΑΣ	0:00:02.716(00:00:00)	0:57:05.156(00:57:02)
16	4	16	ALL	Female	4058	GR	ΒΑΣΙΛΙΚΗ ΣΙΔΕΡΙΑ	-	ΚΡΙΕΚΟΥΚΙ	0:00:00.096(00:00:00)	0:58:14.510(00:58:14)
17	13	17	ALL	Male	4020	GR	ΑΘΑΝΑΣΙΟΣ ΓΚΙΖΙΜΗΣ	-	ΛΙΒΑΔΕΙΑ	0:00:00.096(00:00:00)	0:59:01.646(00:59:01)
18	14	18	ALL	Male	4034	GR	ΔΗΜΗΤΡΙΟΣ ΚΑΡΥΟΦΙΛΗΣ	-	ΛΙΒΑΔΕΙΑ	0:00:00.340(00:00:00)	0:59:23.670(00:59:23)
19	15	19	ALL	Male	4053	GR	ΠΑΝΑΓΙΩΤΗΣ ΠΛΑΤΙΤΣΑΣ	-	ΕΟΣ ΛΙΒΑΔΕΙΑΣ	0:00:03.483(00:00:00)	0:59:48.540(00:59:45)
20	5	20	ALL	Female	4057	GR	ΑΓΓΕΛΙΚΗ ΣΙΔΕΡΙΑ	-	ΚΡΙΕΚΟΥΚΙ	0:00:00.096(00:00:00)	0:59:57.643(00:59:57)
21	6	21	ALL	Female	4041	GR	ΚΑΤΕΡΙΝΑ ΚΡΗΤΙΚΟΥ	-		0:00:00.340(00:00:00)	1:00:28.230(01:00:27)
22	16	22	ALL	Male	4014	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΒΙΡΒΙΛΗΣ	-	TSEKOS RACING TEAM	0:00:06.770(00:00:00)	1:01:40.296(01:01:33)
23	17	23	ALL	Male	4010	GR	ΑΥΜΑΝ ΑΜΠΟΥΝΤΑΜΠ	-		0:00:06.770(00:00:00)	1:01:54.253(01:01:47)
24	18	24	ALL	Male	4064	GR	ΧΡΗΣΤΟΣ ΤΣΕΤΣΟΣ	-		0:00:01.723(00:00:00)	1:02:38.900(01:02:37)
25	19	25	ALL	Male	4032	GR	ΔΗΜΟΣΘΕΝΗΣ ΚΑΠΠΑΣ	-	Ε.Ο.Σ ΛΙΒΑΔΕΙΑΣ	0:00:02.143(00:00:00)	1:02:38.900(01:02:36)
26	7	26	ALL	Female	4009	GR	ΤΑΓΡΙΝΤ ΑΛΑΡΚΑΝ	-		0:00:05.023(00:00:00)	1:04:05.950(01:04:00)
27	8	27	ALL	Female	4061	GR	ΕΛΕΝΑ ΤΡΙΑΝΤΑΦΥΛΛΟΥ	-		0:00:04.333(00:00:00)	1:04:39.810(01:04:35)
28	20	28	ALL	Male	4025	GR	ΑΘΑΝΑΣΙΟΣ ΔΙΑΜΑΝΤΗΣ	-	TSEKOS RACING TEAM	0:00:08.673(00:00:00)	1:06:03.940(01:05:55)
29	21	29	ALL	Male	4066	GR	ΚΟΡΝΕΛ ΤΣΙΠΙΛΕΑΓΚΑ	-		0:00:04.526(00:00:00)	1:06:06.266(01:06:01)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	FINISH 5KM
30	22	30	ALL	Male	4002	GR	ANASTASIS HOLEVAS	-	SDYM THIVA	0:00:01.236(00:00:00)	1:06:07.366(01:06:06)
31	23	31	ALL	Male	4008	GR	ΙΩΑΝΝΗΣ ΑΓΓΕΛΗΣ	-		0:00:05.313(00:00:00)	1:07:31.626(01:07:26)
32	9	32	ALL	Female	4072	GR	ΜΑΡΙΑ ΘΕΟΔΩΡΟΠΟΥΛΟΥ	-		0:00:00.096(00:00:00)	1:07:49.343(01:07:49)
33	10	33	ALL	Female	4054	GR	ΜΑΡΙΑ ΡΟΥΠΑΚΙΑ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:00.096(00:00:00)	1:07:49.406(01:07:49)
34	11	34	ALL	Female	4055	GR	ΜΑΡΙΑΝΝΑ ΣΑΚΑΡΟΓΛΟΥ	-		0:00:08.673(00:00:00)	1:08:04.206(01:07:55)
35	12	35	ALL	Female	4018	GR	ΣΟΦΙΑ ΓΙΟΒΡΗ	-		0:00:04.333(00:00:00)	1:08:10.983(01:08:06)
36	24	36	ALL	Male	4030	GR	ΣΕΡΑΦΕΙΜ ΚΑΛΠΟΥΖΟΣ	-	Σ.Δ.Υ.Μ ΘΗΒΑΣ	0:00:01.916(00:00:00)	1:08:55.496(01:08:53)
37	13	37	ALL	Female	4039	GR	ΣΟΝΙΑ ΚΟΥΤΣΟΒΑΣΙΛΗ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:01.723(00:00:00)	1:09:18.400(01:09:16)
38	14	38	ALL	Female	4060	GR	ΙΟΥΛΙΑ ΣΩΤΗΡΙΟΥ	-		0:00:06.770(00:00:00)	1:09:28.420(01:09:21)
39	25	39	ALL	Male	4006	GR	VOLODYMUR SNIHUR	-		0:00:06.770(00:00:00)	1:09:28.523(01:09:21)
40	15	40	ALL	Female	4001	GR	ANGELIKI CHATZIGIA	-		0:00:03.070(00:00:00)	1:09:44.706(01:09:41)
41	26	41	ALL	Male	4036	GR	ΚΩΣΤΑΣ ΚΟΤΣΙΡΑΣ	-	ΧΑΛΚΙΔΑ	0:00:00.473(00:00:00)	1:10:06.000(01:10:05)
42	27	42	ALL	Male	4037	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΥΚΟΥΒΙΝΟΣ	-	EVIAS POLICE RUNNING TEAM	0:00:03.070(00:00:00)	1:10:47.270(01:10:44)
43	28	43	ALL	Male	4042	GR	ΣΤΕΦΑΝΟΣ ΚΩΝΣΤΑΝΤΕΛΟΣ	-		0:00:05.023(00:00:00)	1:11:08.986(01:11:03)
44	16	44	ALL	Female	4068	GR	ΙΩΑΝΝΑ ΚΟΥΤΣΟΠΕΤΡΟΥ	-		0:00:06.770(00:00:00)	1:11:25.703(01:11:18)
45	29	45	ALL	Male	4033	GR	ΣΤΕΛΙΟΣ ΚΑΡΟΥΝΤΖΟΣ	-	NORTHBIKE	0:00:05.313(00:00:00)	1:11:28.820(01:11:23)
46	17	46	ALL	Female	4052	GR	ΕΡΙΚΑΙΤΗ ΠΑΠΑΛΑΜΠΡΟΥ	-	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΔΡΟΜΕΩΝ ΛΙΒΑΔΕΙΑΣ	0:00:01.916(00:00:00)	1:11:33.926(01:11:32)
47	30	47	ALL	Male	4067	GR	ΙΩΑΝΝΗΣ ΨΙΜΟΠΟΥΛΟΣ	-	ΑΘΗΝΑ	0:00:02.413(00:00:00)	1:14:41.180(01:14:38)
48	31	48	ALL	Male	4019	GR	ΔΗΜΗΤΡΗΣ ΓΚΑΜΟΥΛΟΣ	-	35Τ.ΚΟΡΑΙΔΑ	0:00:04.333(00:00:00)	1:16:17.670(01:16:13)
49	32	49	ALL	Male	4047	GR	ΒΑΣΙΛΕΙΟΣ ΝΙΚΟΛΥ	-		0:00:06.770(00:00:00)	1:17:30.660(01:17:23)
50	18	50	ALL	Female	4017	GR	ΟΛΓΑ ΓΙΑΝΟ	-		0:00:04.526(00:00:00)	1:17:33.113(01:17:28)
51	33	51	ALL	Male	4038	GR	ΧΡΗΣΤΟΣ ΚΟΥΤΕΛΙΔΑΣ	-		0:00:06.770(00:00:00)	1:18:16.236(01:18:09)
52	34	52	ALL	Male	4063	GR	ΣΠΥΡΟΣ ΤΣΕΛΕΜΕΓΚΟΣ	-		0:00:06.770(00:00:00)	1:25:33.573(01:25:26)
53	19	53	ALL	Female	4028	GR	ΑΛΙΚΗ ΘΑΝΟΥ	-		0:00:04.760(00:00:00)	1:29:44.916(01:29:40)
54	35	54	ALL	Male	4070	GR	ΕΥΑΓΓΕΛΟΣ ΘΕΟΔΩΡΙΔΗΣ	-		0:00:08.673(00:00:00)	1:32:04.740(01:31:56)
55	36	55	ALL	Male	4013	GR	ΝΙΚΟΣ ΒΑΧΛΙΩΤΗΣ	-		0:00:00.473(00:00:00)	1:40:56.643(01:40:56)
56	20	56	ALL	Female	4023	GR	ΟΥΡΑΝΙΑ ΔΗΜΑΚΗ	-	ΛΑΡΙΣΑ	0:00:00.473(00:00:00)	1:41:01.183(01:41:00)
57	21	57	ALL	Female	4004	GR	RAFAELA KERATZI	-		0:00:08.673(00:00:00)	1:42:54.560(01:42:45)
58	37	58	ALL	Male	4016	GR	ΠΣΑΕ-ΜΜΕ Γ	-		0:00:08.673(00:00:00)	2:00:18.510(02:00:09)
59	38	59	ALL	Male	4022	GR	ΠΣΑΕ-ΜΜΕ Δ	-		0:00:09.033(00:00:00)	2:00:18.860(02:00:09)
60	39	60	ALL	Male	4026	GR	ΠΣΑΕ-ΜΜΕ Ε	-		0:00:08.673(00:00:00)	2:00:19.076(02:00:10)