

7o Grammos Mountain Run 2025 GMR 21km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 21KM	CP1 21KM	CP2 21KM	FINISH 21KM
1	1	1	M18-49	Male	127	GREEK	ALEXANDROS TZOUMAKAS	-	FIFTH ELEMENT/THE NORTH FACE	0:00:00.127(00:00:00)	0:29:42.390(00:29:42)	1:49:02.570(01:49:02)	2:22:07.883(02:22:07)
2	1	1	W18-49	Female	58	Greek	CHRISTINA GIAZITZIDOU	-	SALOMON HELLAS	0:00:00.127(00:00:00)	0:32:56.957(00:32:56)	1:57:48.447(01:57:48)	2:32:33.830(02:32:33)
3	2	2	M18-49	Male	121	Greek	XENOFON SARIGIANNIS	-	ΣΔΙ / MOUNTAIN TRAINING SOLUTIONS	0:00:00.873(00:00:00)	0:30:12.063(00:30:11)	1:55:48.030(01:55:47)	2:33:33.393(02:33:32)
4	3	3	M18-49	Male	83	Greek	KONSTANTINOS GIANNOPOULOS	-	DYNAFIT GREECE	0:00:00.127(00:00:00)	0:30:36.137(00:30:36)	1:57:43.627(01:57:43)	2:35:12.737(02:35:12)
5	4	4	M18-49	Male	35	Greek	PETROS TZENERALIS	-	MAD GOATS	0:00:02.707(00:00:00)	0:31:59.720(00:31:57)	2:03:20.190(02:03:17)	2:40:59.560(02:40:56)
6	5	5	M18-49	Male	19	Greek	NIKOLAOS PAPAVASILEIOU	-	Konitsa team	0:00:02.743(00:00:00)	0:34:46.070(00:34:43)	2:03:36.660(02:03:33)	2:42:26.913(02:42:24)
7	6	6	M18-49	Male	110	Greek	GIANNIS STALIKAS	-		0:00:01.973(00:00:00)	0:33:03.260(00:33:01)	2:05:19.410(02:05:17)	2:43:07.240(02:43:05)
8	2	2	W18-49	Female	46	Greek	LEMONIA PANAGIOTOU	-	KASIMIS TRAINING /LA SPORTIVA TEAM GREECE/ NEVERSECOND	0:00:02.227(00:00:00)	0:33:25.897(00:33:23)	2:03:59.950(02:03:57)	2:43:27.607(02:43:25)
9	7	7	M18-49	Male	28	Greek	PARASKEVAS CHRYSOVITSANOS	-	The functional department	0:00:01.807(00:00:00)	0:33:57.760(00:33:55)	2:08:09.043(02:08:07)	2:48:50.563(02:48:48)
10	8	8	M18-49	Male	64	Greek	IOANNIS LOLOS	-		0:00:03.217(00:00:00)	0:33:39.330(00:33:36)	2:08:51.317(02:08:48)	2:49:15.417(02:49:12)
11	9	9	M18-49	Male	45	Greek	CHRISTOS KYRIAZAKOS	-	Evogymmykonos	0:00:02.227(00:00:00)	0:33:07.913(00:33:05)	2:07:41.840(02:07:39)	2:49:57.637(02:49:55)
12	10	1	M50+	Male	87	Greek	GEORGIOS NTEMKAS	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:00.127(00:00:00)	0:34:12.370(00:34:12)	2:07:56.353(02:07:56)	2:50:26.070(02:50:25)
13	11	10	M18-49	Male	22	Greek	KONSTANTINOS GIANNAROS	-		0:00:02.227(00:00:00)	0:37:55.280(00:37:53)	2:12:49.680(02:12:47)	2:51:32.437(02:51:30)
14	12	11	M18-49	Male	94	Greek	IOANNIS MARIOLAS	-		0:00:02.720(00:00:00)	0:35:33.307(00:35:30)	2:13:00.963(02:12:58)	2:52:10.480(02:52:07)
15	13	12	M18-49	Male	128	GR	NIKOLAOS PAPOUTSIS	-		0:00:02.957(00:00:00)	0:33:31.030(00:33:28)	2:09:51.907(02:09:48)	2:53:35.783(02:53:32)
16	14	13	M18-49	Male	79	Greek	MICHAEL BITOS	-		0:00:03.217(00:00:00)	0:38:15.353(00:38:12)	2:14:15.303(02:14:12)	2:54:36.397(02:54:33)
17	15	2	M50+	Male	123	Greek	DIMITRIOS ANDROUTSOS	-	ΣΔΙ	0:00:03.547(00:00:00)	0:38:05.573(00:38:02)	2:18:26.433(02:18:22)	3:00:25.690(03:00:22)
18	16	14	M18-49	Male	133	Greek	KAROLOS LAMPROU	-	ΣΔΙ	0:00:03.547(00:00:00)	0:34:15.670(00:34:12)	2:12:21.160(02:12:17)	3:02:31.890(03:02:28)
19	17	15	M18-49	Male	113	Greek	KONSTANTINOS MASTORAS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:09.580(00:00:00)	0:36:15.737(00:36:06)	2:15:22.427(02:15:12)	3:02:53.740(03:02:44)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 21KM	CP1 21KM	CP2 21KM	FINISH 21KM
20	18	16	M18-49	Male	81	Greek	DIMITRIOS MILONAS	-	TzanetakisLab	0:00:04.150(00:00:00)	0:36:53.247(00:36:49)	2:18:57.557(02:18:53)	3:03:32.057(03:03:27)
21	19	17	M18-49	Male	71	Greek	FILIPPOS GEORGIU	-		0:00:09.413(00:00:00)	0:39:05.700(00:38:56)	2:21:03.733(02:20:54)	3:04:05.160(03:03:55)
22	3	3	W18-49	Female	104	Greek	ANDRIANA DROUDAKI	-	SDY GREVENON	0:00:02.707(00:00:00)	0:37:22.687(00:37:19)	2:21:53.970(02:21:51)	3:04:38.367(03:04:35)
23	20	18	M18-49	Male	9	Greek	IOANNIS GAROUFAS	-	goji berry team	0:00:11.890(00:00:00)	0:40:40.170(00:40:28)	2:20:52.790(02:20:40)	3:05:59.477(03:05:47)
24	21	3	M50+	Male	42	Greek	ATHANASIOS GEORGAKIS	-	Δρομείς Φαναρίου	0:00:05.727(00:00:00)	0:38:36.953(00:38:31)	2:25:17.740(02:25:12)	3:11:03.170(03:10:57)
25	22	19	M18-49	Male	101	Greek	NTANIEL HONTAI	-	Σύλλογος Δρομέων Ιωαννίνων	0:00:05.237(00:00:00)	0:38:10.900(00:38:05)	2:23:03.457(02:22:58)	3:11:04.907(03:10:59)
26	23	4	M50+	Male	97	Greek	KONSTANTINOS VENETIS	-	ΣΔ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:06.763(00:00:00)	0:37:53.833(00:37:47)	2:22:59.780(02:22:53)	3:15:41.547(03:15:34)
27	4	4	W18-49	Female	59	Greek	NIKOLETA TZAVARA	-	Kasimis training explorer society tnf	0:00:06.763(00:00:00)	0:39:04.417(00:38:57)	2:22:56.777(02:22:50)	3:15:42.850(03:15:36)
28	24	20	M18-49	Male	92	Greek	IOANNIS TSOLIS	-		0:00:02.720(00:00:00)	0:38:13.020(00:38:10)	2:28:11.860(02:28:09)	3:17:32.853(03:17:30)
29	25	5	M50+	Male	40	Greek	DIMITRIOS GERASIMOS KOUROUKLIS	-		0:00:03.547(00:00:00)	0:40:03.777(00:40:00)	2:32:40.307(02:32:36)	3:19:59.717(03:19:56)
30	26	21	M18-49	Male	82	Greek	ANTONIS VOULGARIDIS	-	Kourkourikis Training Group	0:00:05.727(00:00:00)	0:40:36.307(00:40:30)	2:33:24.283(02:33:18)	3:20:55.563(03:20:49)
31	27	22	M18-49	Male	41	Greek	ANDREAS CHASKIS	-		0:00:06.763(00:00:00)	0:39:50.863(00:39:44)	2:36:04.030(02:35:57)	3:22:53.237(03:22:46)
32	28	23	M18-49	Male	129	GR	MICHAIL MPIZIOS	-		0:00:05.727(00:00:00)	0:39:22.690(00:39:16)	2:30:00.490(02:29:54)	3:23:33.647(03:23:27)
33	29	24	M18-49	Male	32	Greek	IOANNIS VRYSIS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:08.207(00:00:00)	0:44:30.853(00:44:22)	2:39:32.807(02:39:24)	3:25:01.833(03:24:53)
34	5	5	W18-49	Female	17	Greek	VALENTINA TILIOU	-	ΑΠΣ ΤΡΙΑΣ	0:00:00.127(00:00:00)	0:39:09.497(00:39:09)	2:35:08.013(02:35:07)	3:26:04.013(03:26:03)
35	30	25	M18-49	Male	53	Greek	ATHANASIOS PAPAMICHAIL	-	ΣΜΑΧ φειδιπίδης	0:00:02.743(00:00:00)	0:37:47.727(00:37:44)	2:34:27.470(02:34:24)	3:26:44.783(03:26:42)
36	31	26	M18-49	Male	105	Greek	IOANNIS KOTSIS	-		0:00:08.207(00:00:00)	0:33:24.360(00:33:16)	2:39:47.253(02:39:39)	3:27:40.643(03:27:32)
37	32	27	M18-49	Male	115	Greek	GEORGE KATSIOS	-	ΣΔΙ	0:00:08.207(00:00:00)	0:44:36.113(00:44:27)	2:39:43.483(02:39:35)	3:29:37.867(03:29:29)
38	33	28	M18-49	Male	130	Greek	VASILEIOS PISPAS	-		0:00:10.830(00:00:00)	0:39:57.947(00:39:47)	2:40:12.457(02:40:01)	3:32:23.627(03:32:12)
39	34	29	M18-49	Male	39	Greek	IOANNIS CHASIOTIS	-		0:00:14.510(00:00:00)	0:48:00.677(00:47:46)	2:42:30.737(02:42:16)	3:33:27.423(03:33:12)
40	35	6	M50+	Male	30	Greek	THEODOROS KAPOULIDIS	-		0:00:03.547(00:00:00)	0:39:31.063(00:39:27)	2:46:23.103(02:46:19)	3:38:49.700(03:38:46)
41	36	30	M18-49	Male	8	Greek	ANASTASIOS GKIGKILAS	-		0:00:14.130(00:00:00)	0:42:49.877(00:42:35)	2:49:48.247(02:49:34)	3:40:33.260(03:40:19)
42	37	7	M50+	Male	16	Greek	GEORGIOS	-	ΑΟ Μεσσοτόπου Λέσβου	0:00:03.967(00:00:00)	0:41:45.283(00:41:41)	2:50:26.010(02:50:22)	3:42:20.707(03:42:16)

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ZAGKOULIS													
43	38	8	M50+	Male	134	GREEK	MENI GKENTIAN	-		0:00:10.397(00:00:00)	0:45:05.497(00:44:55)	2:44:04.020(02:43:53)	3:45:26.633(03:45:16)
44	39	31	M18-49	Male	119	Greek	PANAGIOTIS KROMMYDAS	-	ΣΔΙ	0:00:09.720(00:00:00)	0:43:17.960(00:43:08)	2:51:51.543(02:51:41)	3:45:27.533(03:45:17)
45	40	9	M50+	Male	131	Greek	MATTHAIOS FOLINAS	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:01.227(00:00:00)	0:42:23.910(00:42:22)	2:50:55.253(02:50:54)	3:45:36.650(03:45:35)
46	41	32	M18-49	Male	55	Albanian	ARMAND BAKALLI	-	Çufo fitness	0:00:01.973(00:00:00)	0:44:09.460(00:44:07)	2:50:32.837(02:50:30)	3:46:21.673(03:46:19)
47	42	33	M18-49	Male	61	Greek	ATHANASIOS KOUTRAS	-	33 RUNNING ENGINNERING TEAM	0:00:16.447(00:00:00)	0:47:58.947(00:47:42)	2:56:21.403(02:56:04)	3:46:23.553(03:46:07)
48	43	34	M18-49	Male	56	Greek	GRIGORIOS MOULaidis	-	KONITSA TEAM	0:00:11.543(00:00:00)	0:45:01.043(00:44:49)	2:52:45.213(02:52:33)	3:48:30.697(03:48:19)
49	44	35	M18-49	Male	76	Greek	GEORGIOS KOSTARAS	-		0:00:11.890(00:00:00)	0:44:38.630(00:44:26)	2:55:19.387(02:55:07)	3:50:53.687(03:50:41)
50	6	6	W18-49	Female	78	Greek	PANAGIOTA PATSI	-	Δρομείς Φαναρίου	0:00:02.707(00:00:00)	0:43:44.530(00:43:41)	2:56:51.820(02:56:49)	3:52:36.913(03:52:34)
51	45	36	M18-49	Male	103	Greek	EFSTATHIOS PAPPAS	-	Race Factory Derekas Endurance coaching	0:00:06.763(00:00:00)	0:41:40.640(00:41:33)	2:55:05.837(02:54:59)	3:54:43.653(03:54:36)
52	46	10	M50+	Male	66	Greek	VASILEIOS ANAGNOSTOPOULOS	-	ΜΕΛΙΣΣΑ ΚΙΚΙΖΑΣ	0:00:06.763(00:00:00)	0:41:38.160(00:41:31)	2:54:57.473(02:54:50)	3:54:54.277(03:54:47)
53	47	11	M50+	Male	111	Greek	DIMITRIS MICHAİL	-		0:00:05.727(00:00:00)	0:45:20.777(00:45:15)	2:59:39.807(02:59:34)	3:54:55.677(03:54:49)
54	7	1	W50+	Female	69	Greek	IRA VINOÜ	-	Mountain lovers corfu	0:00:09.580(00:00:00)	0:47:16.677(00:47:07)	3:02:39.970(03:02:30)	3:57:34.203(03:57:24)
55	48	12	M50+	Male	68	Greek	BASILEIOS LOUKANARIS	-	Mountain lovers corfu	0:00:09.580(00:00:00)	0:47:18.823(00:47:09)	3:02:13.880(03:02:04)	3:57:35.310(03:57:25)
56	49	37	M18-49	Male	18	Greek	EVAGGELOS KETESIDIS	-	ENDURANCE TRAINING SOLUTIONS	0:00:05.467(00:00:00)	0:44:08.517(00:44:03)	2:59:37.510(02:59:32)	3:58:32.033(03:58:26)
57	50	13	M50+	Male	24	Greek	ARISTOTELIS KECHAGIAS	-	ΣΚΑ ΔΡΑΜΑΣ	0:00:05.467(00:00:00)	0:44:26.797(00:44:21)	3:07:06.280(03:07:00)	4:00:50.270(04:00:44)
58	51	38	M18-49	Male	80	Greek	NIKOLAOS KYPARISSIS	-	33 Running Team Ζεύς Πιερίας	0:00:14.130(00:00:00)	0:49:46.317(00:49:32)	3:02:22.993(03:02:08)	4:00:58.533(04:00:44)
59	52	39	M18-49	Male	27	Greek	GIORGOS NTEMIRIS	-		0:00:09.720(00:00:00)	0:48:58.433(00:48:48)	3:02:44.873(03:02:35)	4:01:02.173(04:00:52)
60	53	14	M50+	Male	135	GREEK	NIKOLAOS THEOCHARIS	-		0:00:09.580(00:00:00)	0:45:54.087(00:45:44)	3:03:11.857(03:03:02)	4:02:17.353(04:02:07)
61	54	15	M50+	Male	112	Greek	ALEXANDROS STAVROU	-		0:00:05.727(00:00:00)	0:48:01.960(00:47:56)	3:08:38.477(03:08:32)	4:03:10.750(04:03:05)
62	55	40	M18-49	Male	75	Greek	DIMITRIOS FEREDINOS	-		0:00:05.797(00:00:00)	0:48:09.653(00:48:03)	3:13:22.000(03:13:16)	4:03:11.423(04:03:05)

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63	56	41	M18-49	Male	20	Greek	MARGARITIS DOUROS	-	33RunningEngineeringTeam Jt Coaching	0:00:15.030(00:00:00)	0:47:56.970(00:47:41)	3:03:08.707(03:02:53)	4:03:33.677(04:03:18)
64	57	42	M18-49	Male	44	Greek	CHRISTOS ARGYROPOULOS	-		0:00:10.397(00:00:00)	0:45:01.940(00:44:51)	3:02:00.910(03:01:50)	4:03:35.430(04:03:25)
65	58	43	M18-49	Male	57	Greek	ANTONIS MITSAKOS	-		0:00:06.763(00:00:00)	0:44:11.687(00:44:04)	3:00:08.407(03:00:01)	4:03:56.477(04:03:49)
66	59	44	M18-49	Male	118	Greek	DIMITRIOS VRANIAS	-	ΣΔΙ	0:00:03.713(00:00:00)	0:40:32.937(00:40:29)	2:59:06.873(02:59:03)	4:05:22.707(04:05:18)
67	60	16	M50+	Male	125	Greek	AGGELOS PAPPAS	-	ΣΔΙ	0:00:10.397(00:00:00)	0:48:11.690(00:48:01)	3:03:15.787(03:03:05)	-
68	61	45	M18-49	Male	93	Greek	KONSTANTINOS AFKOS	-		0:00:10.610(00:00:00)	0:48:05.890(00:47:55)	3:07:38.640(03:07:28)	-
69	62	17	M50+	Male	122	Greek	FOTIS KAZIANIS	-	ΣΔΙ	0:00:17.650(00:00:00)	0:59:52.203(00:59:34)	3:07:51.433(03:07:33)	-
70	63	46	M18-49	Male	21	Greek	ALEXANDROS KOUTSOHRISTOS	-		0:00:03.217(00:00:00)	0:46:39.087(00:46:35)	3:10:16.547(03:10:13)	-
71	8	2	W50+	Female	65	Greek	ANDRONIKI GEORGIOU	-	ΜΕΛΙΣΣΑ ΚΙΚΙΖΑΣ	0:00:05.467(00:00:00)	0:47:25.183(00:47:19)	3:12:30.430(03:12:24)	-
72	64	47	M18-49	Male	72	Greek	ANASTASIPS VRADIS	-	Kourkourikis training run with the goats	0:00:09.580(00:00:00)	-	3:13:37.807(03:13:28)	-
73	65	48	M18-49	Male	63	Greek	SPIROS KEFALINOS	-	mountain lovers corfu	0:00:08.207(00:00:00)	0:50:52.707(00:50:44)	3:14:55.777(03:14:47)	-
74	66	49	M18-49	Male	107	Greek	BASILIS SAKARIDIS	-		0:00:12.430(00:00:00)	0:48:14.950(00:48:02)	3:15:55.387(03:15:42)	-
75	67	50	M18-49	Male	54	Greek	DIMITRIOS RAFAILIDIS	-		0:00:05.727(00:00:00)	-	3:16:37.297(03:16:31)	-
76	68	18	M50+	Male	120	Greek	NIKOLAOS VASSIS	-	ΣΔΙ	0:00:09.720(00:00:00)	-	3:16:39.803(03:16:30)	-
77	69	51	M18-49	Male	12	Greek	ATHANASIOS DOLIAS	-		0:00:10.397(00:00:00)	0:48:43.960(00:48:33)	3:16:52.113(03:16:41)	-
78	9	7	W18-49	Female	11	Greek	NIKOLETTA MARKIDI	-		0:00:11.543(00:00:00)	0:48:32.177(00:48:20)	3:16:57.637(03:16:46)	-
79	70	52	M18-49	Male	91	Greek	EFTHYMIOS TZALIAS	-	ΣΔΥΚ	0:00:11.543(00:00:00)	0:48:17.517(00:48:05)	3:17:02.643(03:16:51)	-
80	71	19	M50+	Male	62	Greek	VASILEIOS ORFANOS	-		0:00:08.207(00:00:00)	0:47:45.793(00:47:37)	3:17:35.747(03:17:27)	-
81	72	20	M50+	Male	124	Greek	KONSTANTINOS NTINALEXIS	-	ΣΔΙ	0:00:06.763(00:00:00)	0:47:27.890(00:47:21)	3:19:30.353(03:19:23)	-
82	73	53	M18-49	Male	26	Greek	DIMITRIS ALMPANIS	-		0:00:11.890(00:00:00)	0:50:36.113(00:50:24)	3:19:34.513(03:19:22)	-
83	74	54	M18-49	Male	100	Greek	ALEXANDROS ZOIS	-		0:00:15.287(00:00:00)	0:48:34.263(00:48:18)	3:20:14.577(03:19:59)	-
84	75	55	M18-49	Male	89	Greek	XRISTOS GKONTIKOULIS	-		0:00:13.913(00:00:00)	0:50:45.857(00:50:31)	3:20:40.587(03:20:26)	-
85	76	56	M18-49	Male	117	Greek	MICHALIS MICHAIL	-	ΣΔΙ	0:00:09.580(00:00:00)	0:48:07.430(00:47:57)	3:22:29.087(03:22:19)	-
86	77	21	M50+	Male	43	Greek	NIKOS	-	evogymmykonos	0:00:02.227(00:00:00)	0:49:08.477(00:49:06)	3:24:12.423(03:24:10)	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 21KM	CP1 21KM	CP2 21KM	FINISH 21KM
TRIANTAFYLLOU													
87	10	8	W18-49	Female	70	Greek	ELENI NTALAKA	-		0:00:10.397(00:00:00)	0:52:19.150(00:52:08)	3:24:59.387(03:24:48)	-
88	78	22	M50+	Male	5	Greek	GEORGIOS LIOLIOS	-		0:00:06.763(00:00:00)	0:50:30.273(00:50:23)	3:25:38.817(03:25:32)	-
89	79	57	M18-49	Male	99	Greek	PANAGIOTIS MAVROGIANNIS	-	ΜΑΡΑΘΩΝΟΔΡΟΜΟΙ ΔΡΟΜΕΙΣ ΑΡΓΟΛΙΔΟΣ	0:00:08.207(00:00:00)	0:50:12.817(00:50:04)	3:25:52.187(03:25:43)	-
90	80	23	M50+	Male	109	Greek	GEORGIOS HASKIS	-	Fifth Element	0:00:08.207(00:00:00)	0:48:25.947(00:48:17)	3:26:05.047(03:25:56)	-
91	81	24	M50+	Male	85	Greek	NIKOLAOS LABIRIS	-	Corfu Mountain Trail	0:00:09.580(00:00:00)	0:50:47.437(00:50:37)	3:26:06.820(03:25:57)	-
92	82	58	M18-49	Male	102	Greek	SPIROS KROKIDAS DNF	-	Endurance training solutions	0:00:00.670(00:00:00)	0:33:21.337(00:33:20)	-	-
93	11	9	W18-49	Female	74	Greek	DESPOINA PAPADOPOULOU	-	AllTerrainRunners By Theodorakakos Dimitrios	0:00:01.973(00:00:00)	0:47:55.483(00:47:53)	-	-
94	83	25	M50+	Male	90	Greek	ATHANSIOS KOULETSAS DNF	-	FAGU VINTU	0:00:13.913(00:00:00)	0:49:00.103(00:48:46)	-	-
95	84	26	M50+	Male	38	Greek	ATHANASIOS THEODOSOPOULOS	-		0:00:09.720(00:00:00)	0:49:21.887(00:49:12)	-	-
96	85	59	M18-49	Male	48	Greek	MEGAKLIS KYRIAZIS	-		0:00:11.543(00:00:00)	0:49:34.927(00:49:23)	-	-
97	86	60	M18-49	Male	37	Greek	COSTAS MITROPOULOS	-		0:00:13.493(00:00:00)	0:49:39.030(00:49:25)	-	-
98	87	61	M18-49	Male	67	Greek	STEFANOS KRITSIMAS	-		0:00:13.913(00:00:00)	0:50:27.443(00:50:13)	-	-
99	12	10	W18-49	Female	86	Greek	SOFIA ANDRIOTI	-		0:00:09.580(00:00:00)	0:51:04.977(00:50:55)	-	-
100	88	62	M18-49	Male	23	Greek	KONSTANTINOS KIOUBARELOS	-	Currere Sine Finibus	0:00:13.493(00:00:00)	0:51:13.537(00:51:00)	-	-
101	89	27	M50+	Male	98	Greek	DIMITRIOS ZAPSALIS	-	Δρομείς Υγείας Γρεβενών	0:00:07.767(00:00:00)	0:52:06.897(00:51:59)	-	-
102	13	3	W50+	Female	126	Greek	EFI TZIMA	-	ΣΔΙ	0:00:06.673(00:00:00)	0:52:10.263(00:52:03)	-	-
103	90	28	M50+	Male	132	Greek	THEODOROS KARAGIORGOS	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:09.720(00:00:00)	0:52:13.150(00:52:03)	-	-
104	91	29	M50+	Male	25	Greek	GIANNIS NOMIKOS	-	Dromois syroy	0:00:08.977(00:00:00)	0:53:27.683(00:53:18)	-	-
105	92	63	M18-49	Male	49	Greek	NIKOS CHATZIAPOSTOLOU	-		0:00:11.543(00:00:00)	0:53:29.603(00:53:18)	-	-
106	14	11	W18-49	Female	106	British	DINA GURUNG	-		0:00:13.493(00:00:00)	0:57:00.107(00:56:46)	-	-
107	93	64	M18-49	Male	4	French	GREGORY FAGOT	-		0:00:15.030(00:00:00)	0:57:09.950(00:56:54)	-	-
108	94	30	M50+	Male	108	Greek	SOKRATIS NAOUM TEZAPSIDIS	-		0:00:10.397(00:00:00)	0:57:56.767(00:57:46)	-	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 21KM	CP1 21KM	CP2 21KM	FINISH 21KM
109	15	4	W50+	Female	114	Greek	ARETI AGGELI	-	ΣΔΙ	0:00:16.710(00:00:00)	0:59:41.403(00:59:24)	-	-
110	16	12	W18-49	Female	36	Greek	VICKY ARAMPATZI	-		0:00:13.367(00:00:00)	1:00:01.253(00:59:47)	-	-
111	17	5	W50+	Female	33	Greek	IOANNA ELENi VOUDOURI	-	KOURKOURIKIS TRAINING GROUP	0:00:14.130(00:00:00)	1:00:03.220(00:59:49)	-	-
112	95	31	M50+	Male	34	Greek	ODYSSEAS SPYROGLOU	-	KOURKOURIKIS TRAINING GROUP	0:00:14.130(00:00:00)	1:00:07.797(00:59:53)	-	-
113	96	32	M50+	Male	6	Greek	IOANNIS FILIPPOU	-	ΣΑΦΑΝΣ	0:00:03.217(00:00:00)	1:00:10.120(01:00:06)	-	-
114	97	65	M18-49	Male	96	Greek	PETROS PETRIDIS	-	Bear Lover	0:00:16.560(00:00:00)	1:00:15.693(00:59:59)	-	-
115	18	13	W18-49	Female	29	Greek	AIKATERINI DOUKA	-		0:00:13.913(00:00:00)	1:05:13.340(01:04:59)	-	-
116	98	66	M18-49	Male	73	Greek	SOTIRIOS PETROPOULOS	-	AllTerrainRunners By Theodorakakos Dimitrios	0:00:02.707(00:00:00)	1:07:51.027(01:07:48)	-	-
117	99	33	M50+	Male	13	Greek	THEOCHARIS MANOUSARIDIS	-	TIMELESS	0:00:08.437(00:00:00)	1:20:00.060(01:19:51)	-	-