

1ος Αγώνας Δρόμου "Kotylaion Run" Kotylaion Run 10km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	33	Greek	AGGELOS ZIAKAS	-	kasimis training ΣΔΙ	0:00:02(00:00:00)	0:27:13(00:27:10)	0:35:55(00:35:52)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	162	GR	THANASIS KOSTOULAS	-		0:00:08(00:00:00)	0:27:44(00:27:36)	0:37:21(00:37:12)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	92	Greek	DIMITRIOS AVGITAS	-	SYLLOGOS DROMEON IOANNINON	0:00:01(00:00:00)	0:28:38(00:28:37)	0:37:48(00:37:47)
4	4	1	M30-39	Male	82	Greek	GEORGIOS STERTSIOS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:00(00:00:00)	0:29:14(00:29:13)	0:38:49(00:38:49)
5	5	2	M30-39	Male	166	GR	NIKOLAOS LOGOTHETIS	-		0:00:00(00:00:00)	0:30:37(00:30:37)	0:40:39(00:40:38)
6	6	3	M30-39	Male	116	Greek	LAMPROS PAPASIS	-		0:00:02(00:00:00)	0:31:19(00:31:17)	0:41:15(00:41:13)
7	7	4	M30-39	Male	103	Greek	KONSTANTINOS MOULARAS	-		0:00:00(00:00:00)	0:31:18(00:31:18)	0:41:18(00:41:17)
8	8	1	M50-59	Male	55	Greek	CHRISTOS GIOTAKIS	-	SYLLOGOS DROMEON IOANNINON	0:00:00(00:00:00)	0:31:19(00:31:18)	0:41:18(00:41:18)
9	9	2	M50-59	Male	73	Greek	KONSTANTINOS VENETIS	-	SYLLOGOS DROMEON IGOUMENITSAS	0:00:00(00:00:00)	0:31:32(00:31:32)	0:41:20(00:41:19)
10	10	1	M40-49	Male	156	GR	THEODOROS NAKOS	-		0:00:02(00:00:00)	0:31:29(00:31:27)	0:41:21(00:41:18)
11	11	1	M60+	Male	139	Greek	ILIAS NATSIAS	-	SYLLOGOS DROMEON IOANNINON	0:00:02(00:00:00)	0:31:22(00:31:20)	0:41:39(00:41:36)
12	12	1	M29-	Male	99	Greek	PANAGIOTIS PAPANDEOU	-	SYLLOGOS DROMEON IGOUMENITSAS	0:00:00(00:00:00)	0:31:28(00:31:27)	0:41:40(00:41:39)
13	13	3	M50-59	Male	65	Greek	IOANNIS DIAMANTIS	-	SYLLOGOS DROMEON IGOUMENITSAS	0:00:02(00:00:00)	0:31:30(00:31:27)	0:41:40(00:41:38)
14	14	4	M50-59	Male	101	Greek	THEODOROS ARLETOS	-	SYLLOGOS DROMEON IOANNINON	0:00:11(00:00:00)	0:31:24(00:31:13)	0:41:50(00:41:38)
15	15	5	M30-39	Male	69	Greek	EVANGELOS ATHANASIOU	-	SYLLOGOS DROMEON IGOUMENITSAS	0:00:00(00:00:00)	0:31:43(00:31:43)	0:42:00(00:42:00)
16	16	5	M50-59	Male	60	Greek	ALEXANDROS GIOTIS	-	SYLLOGOS DROMEON IOANNINON	0:00:02(00:00:00)	0:31:50(00:31:47)	0:42:09(00:42:06)
17	17	2	M40-49	Male	105	Greek	NIKOS KATSAPIS	-	Ayysaleoi Dromeis	0:00:00(00:00:00)	0:32:09(00:32:08)	0:42:33(00:42:32)
18	18	3	M40-49	Male	120	Greek	ALEKSANDROS LOUKAS	-	Ανεξάρτητος	0:00:03(00:00:00)	0:32:36(00:32:32)	0:43:33(00:43:29)
19	19	2	M29-	Male	87	Greek	IOANNIS VERGOS	-		0:00:03(00:00:00)	0:33:10(00:33:06)	0:43:38(00:43:34)
20	20	4	M40-49	Male	152	GR	GRIGORIOS KOSMAS	-		0:00:10(00:00:00)	0:33:00(00:32:50)	0:43:52(00:43:42)
21	21	3	M29-	Male	53	Greek	GEORGIOS FOTOS	-	SYLLOGOS DROMEON IOANNINON	0:00:00(00:00:00)	0:33:38(00:33:38)	0:44:16(00:44:15)
22	22	5	M40-49	Male	150	GR	GEORGIOS GKOGIANNOS	-	ΣΔΙ ΤΡΕΞΕ ΜΑΖΙ ΜΟΥ	0:00:00(00:00:00)	0:33:38(00:33:38)	0:44:16(00:44:15)
23	23	6	M50-59	Male	130	GR	DIMITRIOS ANDROUTSOS	-	ΣΔΙ	0:00:00(00:00:00)	0:33:38(00:33:38)	0:44:16(00:44:16)
24	24	7	M50-59	Male	49	Spanish	BERNARDO SANCHEZ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:02(00:00:00)	0:33:46(00:33:44)	0:44:42(00:44:40)
25	25	6	M40-49	Male	85	Greek	DIMITRIS PAPPAS	-		0:00:03(00:00:00)	0:34:06(00:34:03)	0:45:09(00:45:05)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
26	26	7	M40-49	Male	110	Greek	DANIEL XODAJ	-	SYLLOGOS DROMEON IOANNINON	0:00:08(00:00:00)	0:34:18(00:34:10)	0:45:35(00:45:26)
27	27	6	M30-39	Male	88	Greek	NIKOLAOS KOLIOS	-	Zarkadas teamSD Artas	0:00:00(00:00:00)	0:34:23(00:34:23)	0:45:35(00:45:35)
28	1	1	KΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	132	Greek	ELEFThERIA LAVARI	-	APEIROS	0:00:08(00:00:00)	0:34:39(00:34:30)	0:45:46(00:45:38)
29	28	8	M40-49	Male	106	Greek	IOANNIS NITSAS	-		0:00:06(00:00:00)	0:35:20(00:35:13)	0:46:05(00:45:59)
30	29	9	M40-49	Male	67	Greek	CHRISTOS CHANTZARAS	-	SYLLOGOS DROMEON IGouMENITSAS	0:00:01(00:00:00)	0:34:49(00:34:47)	0:46:16(00:46:15)
31	30	4	M29-	Male	102	Greek	XRISTOS PΑPαVASILEIOU	-		0:00:01(00:00:00)	0:35:04(00:35:03)	0:46:21(00:46:19)
32	31	8	M50-59	Male	75	Greek	MPAMPIS KARVELIS	-	Σ.Δ.ΙΟΑΝΝΙΝΩΝ	0:00:09(00:00:00)	0:35:14(00:35:05)	0:46:32(00:46:23)
33	32	10	M40-49	Male	12	Greek	PANAGIOTIS KONTAXIS	-	TSIMARI	0:00:04(00:00:00)	0:35:25(00:35:21)	0:47:00(00:46:55)
34	33	7	M30-39	Male	115	Greek	VASILEIOS PETRIS	-	ΣΔΙ	0:00:03(00:00:00)	0:35:14(00:35:10)	0:47:00(00:46:57)
35	34	8	M30-39	Male	64	Greek	DIMITRIS DROSOS	-		0:00:05(00:00:00)	0:35:21(00:35:16)	0:47:17(00:47:12)
36	35	11	M40-49	Male	28	Greek	CHRISTOS KOLIONASIOS	-		0:00:08(00:00:00)	0:35:48(00:35:39)	0:47:43(00:47:34)
37	36	2	M60+	Male	46	Greek	ALEHANDROS VOLLAS	-		0:00:09(00:00:00)	0:36:12(00:36:03)	0:48:01(00:47:51)
38	37	9	M50-59	Male	95	Greek	SPYRIDON TASIΟΥLAS	-		0:00:05(00:00:00)	0:36:01(00:35:55)	0:48:03(00:47:58)
39	38	12	M40-49	Male	91	Greek	IOANNIS TELAKIS	-		0:00:04(00:00:00)	0:36:11(00:36:06)	0:48:07(00:48:02)
40	39	13	M40-49	Male	163	GR	GIORGOS KOSTOULAS	-		0:00:03(00:00:00)	0:36:32(00:36:29)	0:48:07(00:48:03)
41	40	5	M29-	Male	98	Greek	KONSTANTINOS HAIYAN	-		0:00:07(00:00:00)	0:36:10(00:36:03)	0:48:10(00:48:02)
42	2	2	KΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	118	Greek	MARIA TSATSARONI	-	Zarkadas running team	0:00:04(00:00:00)	0:36:14(00:36:09)	0:48:13(00:48:08)
43	41	3	M60+	Male	171	GR	KONSTANTINOS KARASAS	-	ΜΟΥΡΓΚΑΝΑΣ ΔΡΑΣΙΣ	0:00:11(00:00:00)	0:37:00(00:36:48)	0:48:32(00:48:20)
44	3	3	KΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	58	Greek	GEORGIA SIOZIOU	-	SYLLOGOS DROMEON IOANNINON	0:00:01(00:00:00)	0:36:43(00:36:41)	0:49:03(00:49:01)
45	42	9	M30-39	Male	47	Greek	STATHIS NIKOLOPOULOS	-		0:00:09(00:00:00)	0:37:20(00:37:10)	0:49:13(00:49:04)
46	43	14	M40-49	Male	122	Greek	PETROS PEPONIS	-		0:00:02(00:00:00)	0:37:19(00:37:16)	0:49:36(00:49:33)
47	4	1	W30-39	Female	107	Greek	THOMAS KARAIKAKI	-		0:00:06(00:00:00)	0:37:43(00:37:37)	0:49:55(00:49:48)
48	44	10	M30-39	Male	168	GR	DIMITRIS POALAS	-		0:00:09(00:00:00)	0:37:25(00:37:15)	0:50:18(00:50:09)
49	45	10	M50-59	Male	56	Greek	GEORGIOS ERGATIS	-	SYLLOGOS DROMEON IOANNINON	0:00:05(00:00:00)	0:38:00(00:37:54)	0:50:19(00:50:13)
50	46	11	M30-39	Male	25	Greek	KONSTANTINOS BRIKOS	-		0:00:07(00:00:00)	0:38:25(00:38:17)	0:50:33(00:50:26)
51	5	2	W30-39	Female	86	Greek	NTORA TSOTSLI	-		0:00:02(00:00:00)	0:37:59(00:37:57)	0:50:37(00:50:34)
52	47	12	M30-39	Male	7	Greek	GIORGOS GOUNIS	-		0:00:06(00:00:00)	0:37:38(00:37:31)	0:50:39(00:50:33)
53	48	4	M60+	Male	161	GR	MATTHAIOS FOLINAS	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:08(00:00:00)	0:39:17(00:39:08)	0:51:56(00:51:48)

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54	49	13	M30-39	Male	52	Greek	VASILEIOS ANTONIOU	-	SYLLOGOS DROMEON IOANNINON	0:00:05(00:00:00)	0:39:17(00:39:12)	0:52:22(00:52:17)
55	50	15	M40-49	Male	109	Greek	LAMPROS FRAGKOS	-		0:00:07(00:00:00)	0:39:18(00:39:11)	0:52:34(00:52:27)
56	6	3	W30-39	Female	158	GR	VASILIKI MPAKA	-	ΣΔΥ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:00(00:00:00)	0:39:42(00:39:42)	0:52:36(00:52:36)
57	51	5	M60+	Male	93	Greek	KONSTANTINOS PLAKALIS	-		0:00:02(00:00:00)	0:40:26(00:40:24)	0:52:57(00:52:54)
58	52	11	M50-59	Male	24	Greek	IRAKLIS GKOUNTAS	-		0:00:07(00:00:00)	0:39:45(00:39:37)	0:53:04(00:52:57)
59	53	1	W40-49	Male	147	GR	VASI SKOPI	-		0:00:05(00:00:00)	0:40:02(00:39:56)	0:53:06(00:53:00)
60	54	12	M50-59	Male	126	Greek	VASILEIOS MILIONIS	-	SYLLOGOS DROMEON IOANNINON	0:00:09(00:00:00)	0:39:40(00:39:31)	0:53:11(00:53:02)
61	55	13	M50-59	Male	129	Greek	ANASTASIOS VRAKAS	-	SYLLOGOS DROMEON IOANNINON	0:00:02(00:00:00)	0:39:19(00:39:16)	0:53:15(00:53:12)
62	56	6	M29-	Male	29	Greek	DIMITRIOS KOUTLAS	-	SYLLOGOS DROMEON IOANNINON	0:00:03(00:00:00)	0:39:34(00:39:30)	0:53:25(00:53:21)
63	57	14	M50-59	Male	79	Greek	TRYFON DIMITRIOU	-		0:00:03(00:00:00)	0:40:13(00:40:09)	0:53:27(00:53:23)
64	7	1	W29-	Female	77	Greek	NIKOLETA PLOUMPI	-		0:00:06(00:00:00)	0:40:35(00:40:28)	0:53:46(00:53:39)
65	58	16	M40-49	Male	45	Greek	ANESTIS MICHALAKIS	-		0:00:08(00:00:00)	0:41:49(00:41:41)	0:54:00(00:53:52)
66	59	17	M40-49	Male	6	Greek	MICHALIS MICHAİL	-	Sep active Gold nutrition	0:00:07(00:00:00)	0:41:15(00:41:08)	0:54:03(00:53:56)
67	60	15	M50-59	Male	128	Greek	PRODROMOS PRODROMOU	-	SYLLOGOS DROMEON IOANNINON	0:00:06(00:00:00)	0:41:15(00:41:08)	0:54:04(00:53:58)
68	61	14	M30-39	Male	149	GR	THOMAS KITSAKIS	-	LOUKOUMANIA	0:00:08(00:00:00)	0:41:16(00:41:07)	0:54:05(00:53:57)
69	62	7	M29-	Male	138	Greek	IASONAS MANTZIOS	-		0:00:00(00:00:00)	0:40:00(00:39:59)	0:54:09(00:54:08)
70	63	8	M29-	Male	9	Greek	MICHALIS MICHALAKIS	-		0:00:03(00:00:00)	0:41:50(00:41:47)	0:54:12(00:54:09)
71	64	18	M40-49	Male	59	Greek	GEORGIOS AVGERIS	-	SYLLOGOS DROMEON IOANNINON	0:00:10(00:00:00)	0:41:18(00:41:07)	0:54:19(00:54:09)
72	65	19	M40-49	Male	170	GR	VASILIS CHRONIS	-	ΣΔΙ	0:00:03(00:00:00)	0:40:51(00:40:47)	0:54:21(00:54:17)
73	66	16	M50-59	Male	61	Greek	MOISIS GRAMMENIATIS	-	SYLLOGOS DROMEON IOANNINON	0:00:04(00:00:00)	0:41:15(00:41:11)	0:54:24(00:54:20)
74	8	2	W40-49	Female	41	Greek	LINA MPIZOU	-	TOROSIANCOACHINGΣΔΙ	0:00:06(00:00:00)	0:40:31(00:40:24)	0:54:34(00:54:27)
75	67	17	M50-59	Male	160	GR	DIMITRIOS ZAPSALIS	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:08(00:00:00)	0:41:02(00:40:53)	0:54:36(00:54:27)
76	68	18	M50-59	Male	164	GR	KONSTANTINOS KOSTIS	-		0:00:09(00:00:00)	0:41:44(00:41:35)	0:54:44(00:54:35)
77	9	4	W30-39	Female	169	GR	PANAGIOTA TZIORA	-		0:00:03(00:00:00)	0:41:13(00:41:09)	0:54:57(00:54:54)
78	69	19	M50-59	Male	50	Greek	ATHANASIOS KOUTERIS	-		0:00:08(00:00:00)	0:41:54(00:41:46)	0:55:20(00:55:12)
79	10	1	W50-59	Female	11	Greek	SYLVIA GOURGOULI	-		0:00:07(00:00:00)	0:41:34(00:41:27)	0:55:32(00:55:25)
80	70	20	M50-59	Male	19	Greek	KOSTAS PRENTZAS	-		0:00:12(00:00:00)	0:42:24(00:42:11)	0:55:41(00:55:28)
81	71	20	M40-49	Male	34	Greek	MICHAIL DOVAS	-		0:00:05(00:00:00)	0:41:29(00:41:24)	0:55:48(00:55:43)
82	72	15	M30-39	Male	30	Greek	NIKOS PAPPAS	-		0:00:09(00:00:00)	0:43:48(00:43:38)	0:55:55(00:55:45)
83	11	5	W30-39	Female	8	Greek	CHRYSA BALOMENOU	-		0:00:08(00:00:00)	0:42:38(00:42:30)	0:55:57(00:55:48)
84	73	21	M40-49	Male	3	Greek	IOANNIS GKOSIOS	-		0:00:11(00:00:00)	0:42:27(00:42:15)	0:56:07(00:55:56)

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85	74	9	M29-	Male	144	Greek	FILIPPOS FOUFAS	-		0:00:03(00:00:00)	0:41:56(00:41:53)	0:56:24(00:56:20)
86	75	22	M40-49	Male	36	Greek	ARISTEIDIS THEODORIS	-		0:00:04(00:00:00)	0:42:14(00:42:09)	0:56:36(00:56:31)
87	76	21	M50-59	Male	66	Greek	PANAGIOTIS PANOU	-	SYLLOGOS DROMEON IGOUMENITSAS	0:00:08(00:00:00)	0:42:36(00:42:28)	0:56:37(00:56:29)
88	77	16	M30-39	Male	5	Greek	ALEXANDROS FILIS	-		0:00:04(00:00:00)	0:43:39(00:43:34)	0:56:56(00:56:51)
89	12	2	W29-	Female	141	Greek	LAMPRINI CHITA	-		0:00:02(00:00:00)	0:42:32(00:42:30)	0:57:01(00:56:58)
90	78	17	M30-39	Male	142	Greek	CHRISTOS SIAMANTAS	-		0:00:03(00:00:00)	0:42:32(00:42:29)	0:57:01(00:56:58)
91	79	22	M50-59	Male	124	Greek	ALEXANDROS ALEXANDROU	-		0:00:08(00:00:00)	0:43:10(00:43:01)	0:57:02(00:56:53)
92	80	23	M50-59	Male	123	Greek	ALEXANDROS AVGERIS	-	POSEIDON IOANNINON	0:00:10(00:00:00)	0:43:20(00:43:09)	0:57:03(00:56:53)
93	13	3	W29-	Female	145	Greek	MARIA VLACHOU	-		0:00:02(00:00:00)	0:42:23(00:42:21)	0:57:04(00:57:01)
94	81	6	M60+	Male	159	GR	THEODOROS KARAGIORGOS	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:09(00:00:00)	0:43:50(00:43:41)	0:57:21(00:57:12)
95	82	10	M29-	Male	23	Greek	STEFANOS LAINAS	-		0:00:04(00:00:00)	0:43:49(00:43:44)	0:57:28(00:57:24)
96	83	24	M50-59	Male	157	GR	KONSTANTINOS BARBISIS	-		0:00:08(00:00:00)	0:43:24(00:43:15)	0:57:30(00:57:22)
97	84	23	M40-49	Male	89	Greek	POL KARALIS	-	Garmin Team	0:00:03(00:00:00)	0:42:49(00:42:45)	0:57:35(00:57:31)
98	85	25	M50-59	Male	76	Greek	CHRISTOS NOUSIS	-		0:00:00(00:00:00)	0:43:37(00:43:37)	0:57:57(00:57:57)
99	86	18	M30-39	Male	134	Greek	GIANNIS MAVROGIORGOS	-		0:00:05(00:00:00)	0:44:09(00:44:03)	0:58:13(00:58:07)
100	87	11	M29-	Male	133	Greek	AGGELOS RINAS	-		0:00:08(00:00:00)	0:44:11(00:44:03)	0:58:13(00:58:04)
101	88	19	M30-39	Male	27	Greek	THEODOROS GIANNOUTSOS	-		0:00:11(00:00:00)	0:43:48(00:43:36)	0:58:21(00:58:09)
102	89	24	M40-49	Male	136	Greek	PANAGIOTIS SIONIS	-	LOUKOUMANIA	0:00:13(00:00:00)	0:44:01(00:43:48)	0:58:29(00:58:15)
103	90	25	M40-49	Male	135	Greek	ELEFThERIOS Ntokos	-	LOUKOUMANIA	0:00:12(00:00:00)	0:44:01(00:43:49)	0:58:29(00:58:17)
104	91	12	M29-	Male	137	Greek	ELEFThERIOS BITCHAVAS	-	LOUKOUMANIA	0:00:14(00:00:00)	0:44:02(00:43:47)	0:58:30(00:58:15)
105	14	4	W29-	Female	14	Greek	LIZA SHUKU	-		0:00:00(00:00:00)	0:44:36(00:44:36)	0:58:48(00:58:48)
106	92	13	M29-	Male	20	Greek	ANTONIOS MERTZIOS	-		0:00:01(00:00:00)	0:44:46(00:44:45)	0:58:55(00:58:54)
107	15	2	W50-59	Female	125	Greek	SOFIA TSATSOUli	-	SYLLOGOS DROMEON IOANNINON	0:00:09(00:00:00)	0:44:21(00:44:11)	0:58:59(00:58:49)
108	93	26	M40-49	Male	83	Greek	IOANNIS BARMParousis	-	ΣΔΥ ΑΓΡINIΟΥ	0:00:03(00:00:00)	0:44:27(00:44:23)	0:59:08(00:59:04)
109	94	20	M30-39	Male	131	Greek	KONSTANTINOS PAPPAS	-		0:00:04(00:00:00)	0:44:14(00:44:10)	0:59:34(00:59:30)
110	95	7	M60+	Male	100	Greek	GIORGOS GIOTIS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:00(00:00:00)	0:45:32(00:45:31)	0:59:46(00:59:45)
111	96	27	M40-49	Male	1	Greek	STAVROS STAVROPOULOS	-		0:00:12(00:00:00)	0:45:28(00:45:15)	1:00:03(00:59:50)
112	97	21	M30-39	Male	38	Greek	VASILIS VLACHOS	-		0:00:11(00:00:00)	0:46:16(00:46:04)	1:00:11(01:00:00)
113	98	14	M29-	Male	108	Greek	IOANNIS PAKONSTANTINOY	-		0:00:05(00:00:00)	0:46:19(00:46:13)	1:00:37(01:00:32)
114	99	8	M60+	Male	22	Greek	SOKRATIS LAINAS	-		0:00:06(00:00:00)	0:46:09(00:46:03)	1:00:39(01:00:33)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
115	16	6	W30-39	Female	119	Greek	KONSTANTINA TSAGKALIDOU	-		0:00:00(00:00:00)	0:46:23(00:46:22)	1:01:26(01:01:26)
116	100	9	M60+	Male	127	Greek	VASILEIOS KALAMPOKIS	-	SYLLOGOS DROMEON IOANNINON	0:00:10(00:00:00)	0:46:23(00:46:13)	1:01:55(01:01:45)
117	17	3	W40-49	Female	117	Greek	VASO MPEKA	-		0:00:05(00:00:00)	0:46:14(00:46:09)	1:02:10(01:02:04)
118	101	28	M40-49	Male	155	GR	CHARALAMPOS TSAKALOS	-		0:00:15(00:00:00)	0:48:25(00:48:09)	1:02:44(01:02:28)
119	18	7	W30-39	Female	154	GR	NADINE ERDMANN	-		0:00:16(00:00:00)	0:48:26(00:48:10)	1:02:44(01:02:28)
120	19	4	W40-49	Female	39	Greek	IOANNA SIOTOU	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:04(00:00:00)	0:46:57(00:46:52)	1:02:47(01:02:42)
121	102	15	M29-	Male	167	GR	STEFANOS PANOU	-		0:00:08(00:00:00)	0:46:22(00:46:13)	1:02:59(01:02:51)
122	20	3	W50-59	Female	31	GR	EFI TZIMA	-	ΣΔΙ	0:00:04(00:00:00)	0:47:44(00:47:39)	1:03:10(01:03:05)
123	21	5	W40-49	Female	146	Greek	MARIA KEFALA	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:04(00:00:00)	0:46:56(00:46:52)	1:03:19(01:03:15)
124	103	16	M29-	Male	63	Greek	STAVROS KARAMICHAS	-		0:00:04(00:00:00)	0:47:42(00:47:37)	1:04:02(01:03:58)
125	22	6	W40-49	Female	151	GR	ELENI PAVLOU	-	ΣΔΙ	0:00:10(00:00:00)	0:48:23(00:48:12)	1:04:07(01:03:56)
126	23	4	W50-59	Female	21	Greek	VASILIKI MPAZIOU	-		0:00:04(00:00:00)	0:47:42(00:47:37)	1:04:15(01:04:10)
127	104	10	M60+	Male	40	Greek	VASILIS KARAGIANNIS	-		0:00:11(00:00:00)	0:48:03(00:47:52)	1:04:26(01:04:15)
128	105	29	M40-49	Male	18	Greek	STELIOS SIRIANOS	-		0:00:05(00:00:00)	0:47:10(00:47:05)	1:04:31(01:04:26)
129	24	8	W30-39	Female	114	Greek	MARIA TSIAMPOULA	-	Σύλλογος Δρομέων Άρτας	0:00:03(00:00:00)	0:49:30(00:49:26)	1:04:37(01:04:34)
130	106	17	M29-	Male	94	Greek	BASILIS THEOHARIS	-		0:00:04(00:00:00)	0:46:12(00:46:08)	1:04:38(01:04:34)
131	25	9	W30-39	Female	43	Greek	LAMBRINI GKARAMETSI	-		0:00:14(00:00:00)	0:49:39(00:49:25)	1:05:17(01:05:03)
132	107	26	M50-59	Male	35	Greek	BASILIS KAMARETSOS	-		0:00:13(00:00:00)	0:49:17(00:49:04)	1:06:05(01:05:52)
133	26	5	W50-59	Female	140	Greek	KALLIOPI ZOI	-		0:00:10(00:00:00)	0:50:14(00:50:04)	1:07:28(01:07:18)
134	108	30	M40-49	Male	57	Greek	DIMITRIOS MARKOULAS	-	SYLLOGOS DROMEON IOANNINON	0:00:06(00:00:00)	0:50:13(00:50:06)	1:07:52(01:07:46)
135	27	5	W29-	Female	97	Greek	RAFALIA DROUMPOURA	-		0:00:06(00:00:00)	0:50:23(00:50:17)	1:09:01(01:08:55)
136	28	6	W29-	Female	96	Greek	AIKATERINI TASIOULA	-		0:00:05(00:00:00)	0:50:23(00:50:18)	1:09:01(01:08:56)
137	29	7	W40-49	Female	10	Greek	IRINI BEZA	-		0:00:02(00:00:00)	0:52:28(00:52:26)	1:09:32(01:09:30)
138	30	6	W50-59	Female	2	Greek	HARIKLEIA PAPAILIA	-		0:00:10(00:00:00)	0:51:27(00:51:17)	1:09:49(01:09:38)
139	31	8	W40-49	Female	121	Greek	GEORGIAMARIA TZAMAKOU	-		0:00:11(00:00:00)	0:53:11(00:52:59)	1:11:28(01:11:16)
140	109	27	M50-59	Male	165	GR	APOSTOLOS ZAMPELIS	-		0:00:11(00:00:00)	0:54:00(00:53:48)	1:11:59(01:11:47)
141	110	18	M29-	Male	113	Greek	FILIPPOS KOLIONASIOS	-		0:00:06(00:00:00)	0:52:46(00:52:39)	1:13:35(01:13:29)
142	111	28	M50-59	Male	81	Greek	DIMITRIS PAPPAS	-		0:00:06(00:00:00)	0:54:46(00:54:39)	1:14:33(01:14:26)
143	32	7	W29-	Female	84	Greek	ELEFTHERIA ZIAVROU	-		0:00:04(00:00:00)	0:56:03(00:55:59)	1:16:29(01:16:25)
144	112	29	M50-59	Male	37	Greek	VASILEIOS MANTZIARAS	-		0:00:02(00:00:00)	0:57:35(00:57:33)	1:17:16(01:17:14)
145	33	9	W40-49	Female	112	Greek	EIRINI DEMERTZI	-	SYLLOGOS DROMEON IOANNINON	0:00:12(00:00:00)	0:59:21(00:59:08)	1:19:13(01:19:00)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	CP 10KM	FINISH 10KM
146	113	22	M30-39	Male	111	Greek	TILEMACHOS TZINEROS	-	SYLLOGOS DROMEON IOANNINON	0:00:12(00:00:00)	0:59:22(00:59:09)	1:19:16(01:19:03)
147	34	8	W29-	Female	4	Greek	OLGA KOSTI	-		0:00:10(00:00:00)	0:59:00(00:58:49)	1:19:21(01:19:10)
148	114	30	M50-59	Male	80	Greek	ALEXIOS AVDIS	-	SAUCONY RUNNING TEAM	0:00:07(00:00:00)	1:07:36(01:07:28)	1:30:49(01:30:41)
149	115	31	M40-49	Male	48	Greek	KONSTANTINOS ATHANASIOU	-		0:00:12(00:00:00)	1:09:47(01:09:35)	1:33:01(01:32:48)
150	116	19	M29-	Male	32	Greek	NIKOLAOS LAGOS DNF	-		0:00:04(00:00:00)	-	-

1ος Αγώνας Δρόμου “Kotylaion Run” Kotylaion Run 5km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	1097	Greek	MARIOS MANTZOS	-	ΓΣ ΑΠΟΛΛΩΝ ΣΜΥΡΝΗΣ	0:00:01(00:00:00)	0:08:26(00:08:25)	0:16:55(00:16:53)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	1180	GR	PETROS LOLIS	-		0:00:00(00:00:00)	0:09:18(00:09:17)	0:18:40(00:18:39)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	1152	Greek	TIMOTHEOS PATAKIOUTAS	-	ΕΝΟΠΛΕΣ ΔΥΝΑΜΕΙΣ	0:00:01(00:00:00)	0:09:20(00:09:18)	0:18:51(00:18:50)
4	4	1	M29-	Male	1098	Greek	GEORGIOS PANTOULAS	-	ΑΣ ΤΙΤΑΝΕΣ ΙΩΑΝΝΙΝΩΝ	0:00:01(00:00:00)	0:09:19(00:09:18)	0:18:58(00:18:57)
5	5	1	M30-39	Male	1023	Greek	CHRISTOS NASIS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:01(00:00:00)	0:09:47(00:09:45)	0:20:06(00:20:04)
6	6	2	M30-39	Male	1078	Greek	XENOFON KOSMAS	-	ioannis paragianopoulos	0:00:01(00:00:00)	0:09:50(00:09:48)	0:20:12(00:20:10)
7	7	1	M50-59	Male	1172	GR	NIKOLAOS THEOCHARIS	-	ΣΔΙ	0:00:01(00:00:00)	0:10:10(00:10:08)	0:20:29(00:20:27)
8	8	2	M29-	Male	1118	Greek	ALEXANDROS BLETSAS	-	PINDOS TEAM	0:00:00(00:00:00)	0:10:05(00:10:04)	0:20:40(00:20:39)
9	9	3	M30-39	Male	1015	Greek	CHRISTOS GOULAS	-	Form	0:00:03(00:00:00)	0:10:40(00:10:36)	0:21:09(00:21:05)
10	1	1	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	1125	Greek	AGGELIKI KOTSANI	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:02(00:00:00)	0:10:43(00:10:40)	0:21:33(00:21:31)
11	10	3	M29-	Male	1163	GR	EVANGELOS CHALKIAS	-	ΑΣ ΤΙΤΑΝΕΣ ΙΩΑΝΝΙΝΩΝ	0:00:01(00:00:00)	0:09:45(00:09:43)	0:21:40(00:21:38)
12	11	4	M29-	Male	1082	Greek	NIKOLAOS IOANNOU	-		0:00:03(00:00:00)	0:10:16(00:10:12)	0:21:43(00:21:39)
13	12	2	M50-59	Male	1051	Greek	PANAGIOTIS KOLIOS	-	SYLLOGOS DROMEON IOANNINON	0:00:00(00:00:00)	0:10:45(00:10:45)	0:22:06(00:22:05)
14	13	1	M40-49	Male	1022	Greek	BAGGELIS PAPADOPOULOS	-		0:00:01(00:00:00)	0:10:44(00:10:42)	0:22:21(00:22:20)
15	14	3	M50-59	Male	1014	Greek	KONSTANTINOS FILIPPOU	-		0:00:02(00:00:00)	0:10:47(00:10:45)	0:22:23(00:22:20)
16	15	5	M29-	Male	1010	Greek	KONSTANTINOS PAPPAS	-	MOLOS CAFE BAR IOA	0:00:01(00:00:00)	0:10:55(00:10:53)	0:22:30(00:22:28)
17	16	4	M30-39	Male	1012	Greek	KONSTANTINOS TSIMARIS	-	MOLOS CAFE BAR IOA	0:00:04(00:00:00)	0:11:04(00:11:00)	0:22:37(00:22:33)
18	17	1	M60+	Male	1094	Greek	ANDREAS PALIATSOS	-		0:00:02(00:00:00)	0:11:23(00:11:20)	0:22:40(00:22:38)
19	18	2	M60+	Male	1116	Greek	THEODOROS PAPAGIANNIS	-	SYLLOGOS DROMEON IOANNINON	0:00:01(00:00:00)	0:11:14(00:11:12)	0:22:48(00:22:47)
20	19	5	M30-39	Male	1033	Greek	SEBASTIANOS MITSIS	-		0:00:04(00:00:00)	0:11:12(00:11:08)	0:22:53(00:22:49)
21	20	2	M40-49	Male	1142	Greek	DIMITRIS GKOUlios	-	ΔΕΡΟΠΟΛΗ	0:00:04(00:00:00)	0:11:21(00:11:17)	0:22:57(00:22:53)
22	2	2	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	1185	GR	XARA KOSTOULA	-		0:00:00(00:00:00)	0:11:16(00:11:16)	0:23:05(00:23:05)
23	21	4	M50-59	Male	1048	Greek	CHRISTOS ZOGAKIS	-	SYLLOGOS DROMEON IOANNINON	0:00:01(00:00:00)	0:11:10(00:11:09)	0:23:12(00:23:11)
24	22	6	M29-	Male	1134	Greek	VASILIS KOLIONASIOS	-		0:00:06(00:00:00)	0:11:38(00:11:32)	0:23:14(00:23:07)
25	23	3	M40-49	Male	1149	Greek	KONSTANTINOS TSIAKOS	-		0:00:11(00:00:00)	0:12:15(00:12:03)	0:23:18(00:23:06)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
26	3	3	KΑTHΓOPIA ΓYNAIKΩN	Female	1092	Greek	MARIA RINI	-	ΣΔΙ	0:00:03(00:00:00)	0:12:04(00:12:00)	0:23:23(00:23:20)
27	24	7	M29-	Male	1105	Greek	VASILEIOS ALEXIOU	-	Goritsa youth association	0:00:11(00:00:00)	0:11:42(00:11:30)	0:23:23(00:23:12)
28	4	1	W40-49	Female	1100	Greek	BEATA MAZURKIEWICZ	-	SYLLOGOS DROMEON IOANNINON	0:00:01(00:00:00)	0:11:21(00:11:19)	0:23:35(00:23:34)
29	25	4	M40-49	Male	1072	Greek	STAVROS TZOVARAS	-		0:00:00(00:00:00)	0:11:46(00:11:46)	0:23:53(00:23:52)
30	26	5	M40-49	Male	1090	Greek	DIMITRIOS KALIARDAS	-		0:00:05(00:00:00)	0:11:46(00:11:40)	0:23:54(00:23:48)
31	27	8	M29-	Male	1087	Greek	EVANGELOS NTAKOUMIS	-		0:00:08(00:00:00)	0:11:54(00:11:46)	0:23:54(00:23:46)
32	28	5	M50-59	Male	1120	Greek	ILIAS ZIOGAS	-		0:00:00(00:00:00)	0:11:32(00:11:32)	0:24:01(00:24:01)
33	29	6	M30-39	Male	1034	Greek	VASILEIOS GKOURAS	-		0:00:12(00:00:00)	0:12:31(00:12:19)	0:24:02(00:23:49)
34	5	1	W50-59	Female	1127	Greek	ARETI AGGELI	-	SYLLOGOS DROMEON IOANNINON	0:00:00(00:00:00)	0:11:43(00:11:43)	0:24:12(00:24:12)
35	30	7	M30-39	Male	1146	Greek	DIMITRIOS BARELIS	-	MAKIS TEAM	0:00:01(00:00:00)	0:11:36(00:11:34)	0:24:18(00:24:16)
36	31	8	M30-39	Male	1037	Greek	VASILEIOS BAKOLAS	-		0:00:03(00:00:00)	0:12:10(00:12:06)	0:24:22(00:24:18)
37	32	9	M30-39	Male	1038	Greek	MANOLIS KALLIAREKOS	-		0:00:03(00:00:00)	0:12:09(00:12:06)	0:24:22(00:24:18)
38	6	1	W29-	Female	1079	Greek	TIA STOGIANNI	-	ioannis papagianopoulos	0:00:04(00:00:00)	0:12:41(00:12:36)	0:24:39(00:24:35)
39	33	6	M40-49	Male	1031	Greek	THODORIS KYRKOS	-		0:00:04(00:00:00)	0:12:17(00:12:12)	0:25:00(00:24:55)
40	34	10	M30-39	Male	1030	Greek	GIORGOS LAZOS	-		0:00:03(00:00:00)	0:12:53(00:12:50)	0:25:16(00:25:12)
41	7	1	W60+	Female	1077	Greek	TZENI KAZOUKA	-	Σ.Δ.ΙΩΑΝΝΙΝΩΝ	0:00:03(00:00:00)	0:12:41(00:12:37)	0:25:17(00:25:13)
42	8	2	W29-	Female	1104	Greek	KASSIANI MARINA BOZIARI	-		0:00:08(00:00:00)	0:12:36(00:12:28)	0:25:22(00:25:14)
43	35	6	M50-59	Male	1053	Greek	VASILIS EFTHIMIOU	-		0:00:08(00:00:00)	0:12:40(00:12:32)	0:25:43(00:25:35)
44	36	9	M29-	Male	1147	Greek	MICHALIS EFTHIMIOU	-		0:00:10(00:00:00)	0:12:41(00:12:31)	0:25:44(00:25:34)
45	37	7	M50-59	Male	1011	Greek	PANTELEIMON PAPPAS	-	MOLOS CAFE BAR IOA	0:00:04(00:00:00)	0:12:51(00:12:47)	0:25:45(00:25:41)
46	38	7	M40-49	Male	1162	GR	NIKOLAOS CHALKIAS	-	ΑΣ ΤΙΤΑΝΕΣ ΙΩΑΝΝΙΝΩΝ	0:00:00(00:00:00)	0:11:45(00:11:44)	0:25:52(00:25:52)
47	39	11	M30-39	Male	1153	Greek	MICHAIL ANDREADAKIS	-		0:00:12(00:00:00)	0:13:36(00:13:23)	0:26:06(00:25:53)
48	40	12	M30-39	Male	1148	Greek	ALEXANDROS KAKARANTZAS	-		0:00:04(00:00:00)	0:12:35(00:12:31)	0:26:15(00:26:11)
49	41	8	M50-59	Male	1126	Greek	HARALAMPOS THANOS	-		0:00:04(00:00:00)	0:12:40(00:12:35)	0:26:35(00:26:31)
50	42	10	M29-	Male	1013	Greek	STEFANOS LEKKAS	-	Σύλλογος Δρομέων Ηγουμενίτσας	0:00:06(00:00:00)	0:13:38(00:13:31)	0:26:38(00:26:32)
51	43	9	M50-59	Male	1113	Greek	ANDREAS LIAKOPOULOS	-	ΣΔΥ ΑΓΡΙΝΙΟΥ	0:00:08(00:00:00)	0:13:41(00:13:33)	0:26:57(00:26:49)
52	44	11	M29-	Male	1061	Greek	ATHANASIOS KARAMICHAS	-		0:00:06(00:00:00)	0:13:35(00:13:29)	0:27:15(00:27:08)
53	9	2	W40-49	Female	1003	Greek	DROSOULA KOLIOU	-		0:00:06(00:00:00)	0:13:35(00:13:28)	0:27:17(00:27:10)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
54	45	3	M60+	Male	1143	Greek	ANTONIOS NTOULAS	-	SYLLOGOS DROMEON IOANNINON	0:00:03(00:00:00)	0:13:25(00:13:22)	0:27:18(00:27:14)
55	10	2	W50-59	Female	1071	Greek	MAGDALINI SIANTOUFI	-	SYLLOGOS DROMEON IGOUMENITSAS	0:00:03(00:00:00)	0:13:39(00:13:36)	0:27:28(00:27:24)
56	46	10	M50-59	Male	1054	Greek	DIMITRIOS CHITAS	-		0:00:10(00:00:00)	0:13:28(00:13:18)	0:27:35(00:27:25)
57	11	3	W40-49	Female	1005	Greek	ELENI LANARA	-	TSIMARI	0:00:02(00:00:00)	0:13:45(00:13:42)	0:27:36(00:27:34)
58	47	4	M60+	Male	1121	Greek	ADAM VASILAKIS	-	Syllogos dromeon ioanninon	0:00:00(00:00:00)	0:13:17(00:13:17)	0:27:37(00:27:37)
59	12	3	W29-	Female	1145	Greek	ELPIDA PAPPAS	-		0:00:06(00:00:00)	0:13:12(00:13:05)	0:27:45(00:27:39)
60	13	4	W40-49	Female	1171	GR	CHRYSA KOLTSIDA	-		0:00:02(00:00:00)	0:13:58(00:13:55)	0:27:47(00:27:44)
61	14	5	W40-49	Female	1132	Greek	THEODORA GKOTSI	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:08(00:00:00)	0:14:01(00:13:53)	0:27:47(00:27:38)
62	48	12	M29-	Male	1156	GR	CHRISTOS KOSMAS	-		0:00:03(00:00:00)	0:12:19(00:12:15)	0:27:49(00:27:45)
63	15	3	W50-59	Female	1021	Greek	EVANGELIA KERAMIDA	-		0:00:00(00:00:00)	0:13:54(00:13:53)	0:27:58(00:27:58)
64	49	13	M29-	Male	1130	Greek	KONSTANTINOS CHILIARCHOS	-	SYLLOGOS DROMEON IOANNINON	0:00:03(00:00:00)	0:14:20(00:14:16)	0:28:11(00:28:08)
65	16	6	W40-49	Female	1084	Greek	ELENA TSEKA	-		0:00:08(00:00:00)	0:14:28(00:14:19)	0:28:53(00:28:45)
66	50	11	M50-59	Male	1129	Greek	DIMITRIOS CHILIARCHOS	-	SYLLOGOS DROMEON IOANNINON	0:00:02(00:00:00)	0:14:19(00:14:16)	0:28:56(00:28:53)
67	51	8	M40-49	Male	1076	Greek	PETROS PALASCHAS	-	Σ.Δ.ΙΩΑΝΝΙΝΩΝ	0:00:00(00:00:00)	0:13:34(00:13:34)	0:29:14(00:29:14)
68	17	4	W29-	Female	1106	Greek	KONSTANTINA LEFA	-	REVOLUTION FIT	0:00:10(00:00:00)	0:15:12(00:15:01)	0:29:30(00:29:20)
69	18	1	W30-39	Female	1027	Greek	ELENI MICAHLIDOU	-	ΠΑΝΑΘΗΝΑΪΚΟΣ	0:00:02(00:00:00)	0:14:17(00:14:14)	0:29:31(00:29:28)
70	52	9	M40-49	Male	1047	Greek	GEORGE KAMPOTAS	-		0:00:04(00:00:00)	0:13:37(00:13:32)	0:29:38(00:29:33)
71	53	14	M29-	Male	1040	Greek	APOSTOLIS ANAGNOSTOPOULOS	-		0:00:02(00:00:00)	0:13:36(00:13:34)	0:29:41(00:29:39)
72	54	15	M29-	Male	1017	Greek	KONSTANTINOS NOUTSOS	-		0:00:02(00:00:00)	0:15:09(00:15:06)	0:29:53(00:29:51)
73	55	12	M50-59	Male	1160	GR	DIMITRIOS NIKAS	-		0:00:11(00:00:00)	0:15:27(00:15:16)	0:30:06(00:29:54)
74	56	10	M40-49	Male	1018	Greek	CHRISTOS NOUTSOS	-		0:00:03(00:00:00)	0:15:09(00:15:06)	0:30:19(00:30:16)
75	19	5	W29-	Female	1095	Greek	ARSENIA DOKANIKI	-		0:00:05(00:00:00)	0:13:48(00:13:42)	0:30:22(00:30:16)
76	57	16	M29-	Male	1041	Greek	EFTYMIOS ANAGNOSTOPOULOS	-		0:00:08(00:00:00)	0:13:51(00:13:42)	0:30:24(00:30:15)
77	58	11	M40-49	Male	1039	Greek	STEFANOS ANAGNOSTOPOULOS	-		0:00:03(00:00:00)	0:16:04(00:16:00)	0:30:27(00:30:23)
78	59	17	M29-	Male	1168	GR	SOTIRIOS ANAGNOSTOPOULOS	-		0:00:01(00:00:00)	0:14:31(00:14:29)	0:30:28(00:30:26)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
79	20	2	W30-39	Female	1137	Greek	MARGARITA SFALTOU	-		0:00:14(00:00:00)	0:15:48(00:15:34)	0:30:37(00:30:23)
80	21	6	W29-	Female	1101	Greek	MARIA TRACHANA	-	SYLLOGOS DROMEON IOANNINON	0:00:03(00:00:00)	0:14:06(00:14:02)	0:30:43(00:30:40)
81	60	13	M30-39	Male	1138	Greek	MAKIS GOULAS	-	Equal Fitness Studio	0:00:02(00:00:00)	0:16:03(00:16:00)	0:30:48(00:30:46)
82	22	7	W40-49	Female	1045	Greek	AGATHI KONTI	-	KOYΤΣΕΛΙΟ	0:00:00(00:00:00)	0:15:21(00:15:21)	0:31:09(00:31:09)
83	23	8	W40-49	Female	1002	Greek	PANAGIOTA TSIMARI	-	TSIMARI	0:00:06(00:00:00)	0:15:16(00:15:10)	0:31:20(00:31:14)
84	24	2	W60+	Female	1115	Greek	MARIA GIOTI	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:07(00:00:00)	0:15:24(00:15:16)	0:31:27(00:31:19)
85	61	18	M29-	Male	1164	GR	KONSTANTINOS TZALLAS	-		0:00:02(00:00:00)	0:15:16(00:15:14)	0:31:29(00:31:27)
86	25	7	W29-	Female	1108	Greek	KATERINA LEFA	-	REVOLUTION FIT	0:00:10(00:00:00)	0:15:21(00:15:11)	0:31:41(00:31:30)
87	26	8	W29-	Female	1107	Greek	TERRY PALASCHA	-	REVOLUTION FIT	0:00:12(00:00:00)	0:15:19(00:15:07)	0:31:42(00:31:29)
88	27	4	W50-59	Female	1114	Greek	MARIA CHASIOTI	-	ΣΔΥ ΑΓΡΙΝΙΟΥ	0:00:08(00:00:00)	0:16:10(00:16:02)	0:31:44(00:31:36)
89	28	9	W29-	Female	1155	GR	CHRYSA MARKANTONATOU	-	ΣΔΙ	0:00:08(00:00:00)	0:15:35(00:15:27)	0:31:48(00:31:40)
90	29	9	W40-49	Female	1144	German	JULIANE HENKEL	-		0:00:08(00:00:00)	0:15:24(00:15:16)	0:31:56(00:31:48)
91	30	10	W40-49	Female	1026	Greek	OLGA PLIATSIKA	-		0:00:08(00:00:00)	0:15:30(00:15:21)	0:31:59(00:31:50)
92	62	12	M40-49	Male	1050	Greek	VASILEIOS VLETSAS	-	SYLLOGOS DROMEON IOANNINON	0:00:09(00:00:00)	0:15:47(00:15:37)	0:32:04(00:31:55)
93	31	11	W40-49	Female	1133	Greek	ELISAVET DIMITROPOULOU	-		0:00:05(00:00:00)	0:16:14(00:16:08)	0:32:10(00:32:05)
94	32	5	W50-59	Female	1083	Greek	EVI PAPAGEORGIOU	-	Σύλλογος δρομέων ιωαννινων	0:00:05(00:00:00)	0:16:13(00:16:07)	0:32:11(00:32:05)
95	63	13	M50-59	Male	1049	Greek	DIMITRIOS DEZOS	-	SYLLOGOS DROMEON IOANNINON	0:00:00(00:00:00)	0:16:13(00:16:13)	0:32:11(00:32:11)
96	33	3	W30-39	Female	1167	GR	EVANGELIA PAVLOU	-		0:00:02(00:00:00)	0:14:59(00:14:56)	0:32:37(00:32:34)
97	64	14	M50-59	Male	1019	Greek	VASILIS SIAMALEKAS	-	Allou Home	0:00:11(00:00:00)	0:15:58(00:15:47)	0:32:53(00:32:42)
98	34	12	W40-49	Female	1009	Greek	VASILIKI CHRONI	-		0:00:10(00:00:00)	0:16:31(00:16:20)	0:32:57(00:32:46)
99	65	5	M60+	Male	1119	Greek	GEORGIOS PAPANASTASIOU	-	Ανεξάρτητος	0:00:08(00:00:00)	0:16:40(00:16:31)	0:33:30(00:33:21)
100	66	19	M29-	Male	1028	Greek	MIXALIS KOKKINOS	-		0:00:09(00:00:00)	0:16:18(00:16:09)	0:34:08(00:33:58)
101	67	13	M40-49	Male	1029	Greek	CHRIS KOKKINOS	-	ΣΔΙ	0:00:09(00:00:00)	0:16:17(00:16:08)	0:34:08(00:33:59)
102	68	14	M30-39	Male	1173	GR	IOANNIS DASKALOS	-		0:00:10(00:00:00)	0:16:13(00:16:02)	0:34:13(00:34:02)
103	69	15	M50-59	Male	1140	Greek	IOANNIS TZIALLAS	-		0:00:00(00:00:00)	0:17:16(00:17:15)	0:34:16(00:34:15)
104	70	20	M29-	Male	1141	Greek	FILIPPOS TZIALLAS	-		0:00:01(00:00:00)	0:17:16(00:17:14)	0:34:16(00:34:15)
105	35	6	W50-59	Female	1057	Greek	GEORGIA KALAMPOKI	-	Κουτσελιό	0:00:00(00:00:00)	0:17:02(00:17:02)	0:34:18(00:34:18)
106	36	13	W40-49	Female	1081	Greek	ELPIDA GIANNOUTSOU	-		0:00:05(00:00:00)	0:17:18(00:17:12)	0:34:18(00:34:12)
107	37	14	W40-49	Female	1059	Greek	DAFNI EFTHYMIΟΥ	-		0:00:03(00:00:00)	0:17:18(00:17:14)	0:34:19(00:34:15)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
108	38	15	W40-49	Female	1060	Greek	EVANGELIA EFTHYMIΟΥ	-		0:00:06(00:00:00)	0:17:17(00:17:11)	0:34:19(00:34:13)
109	39	16	W40-49	Female	1122	Greek	AIKATERINI LIANOY	-	5 km	0:00:04(00:00:00)	0:17:18(00:17:13)	0:34:21(00:34:16)
110	40	10	W29-	Female	1016	Greek	ANNA GOULA	-	Form	0:00:05(00:00:00)	0:17:00(00:16:54)	0:34:29(00:34:23)
111	71	6	M60+	Male	1139	Greek	NIKOLAOS TATSIS	-	ΑΠΕΙΡΩΤΑΝ ΙΩΑΝΝΙΝΑ CERIGR	0:00:08(00:00:00)	0:16:52(00:16:44)	0:34:33(00:34:25)
112	41	11	W29-	Female	1004	Greek	MARIA BASILEIOY	-		0:00:08(00:00:00)	0:16:43(00:16:35)	0:34:58(00:34:50)
113	42	17	W40-49	Female	1103	Greek	LAMPRIINI TZOURTZOY	-	Σύλλογος δρομέων Άρτας	0:00:04(00:00:00)	0:16:49(00:16:44)	0:34:59(00:34:55)
114	43	12	W29-	Female	1007	Greek	MARINA TSIMOLOPOYLOY	-		0:00:04(00:00:00)	0:17:06(00:17:02)	0:35:06(00:35:02)
115	44	13	W29-	Female	1112	Greek	AMARILLIS PAPPΑ	-		0:00:01(00:00:00)	0:16:58(00:16:57)	0:35:26(00:35:24)
116	45	14	W29-	Female	1074	Greek	MARIA MAGGIOROU	-	SYLLOGOS DROMEON IOANNINON	0:00:01(00:00:00)	0:16:42(00:16:41)	0:35:26(00:35:25)
117	46	15	W29-	Female	1056	Greek	ARTEMIS NTOVA	-		0:00:07(00:00:00)	0:16:02(00:15:55)	0:35:30(00:35:23)
118	47	4	W30-39	Female	1096	Greek	EVANGELIA ZAIMI	-	ΣΔΙ	0:00:03(00:00:00)	0:17:01(00:16:58)	0:35:35(00:35:31)
119	48	7	W50-59	Female	1046	Greek	ELENI TAGA	-		0:00:11(00:00:00)	0:17:59(00:17:48)	0:35:36(00:35:24)
120	72	21	M29-	Male	1165	GR	KLEANDROS DASKALOS	-		0:00:09(00:00:00)	0:16:23(00:16:14)	0:35:37(00:35:28)
121	49	16	W29-	Female	1080	Greek	DANAI EVANGELIA PAPPΑ	-		0:00:05(00:00:00)	0:17:55(00:17:49)	0:35:38(00:35:32)
122	50	18	W40-49	Female	1135	Greek	VIOLETA MEHMETI	-		0:00:05(00:00:00)	0:17:20(00:17:14)	0:35:47(00:35:41)
123	73	16	M50-59	Male	1170	GR	IOANNIS TSIMARIS	-		0:00:03(00:00:00)	0:17:19(00:17:15)	0:35:49(00:35:46)
124	51	17	W29-	Female	1008	Greek	FOTEINI RAIKOU	-		0:00:07(00:00:00)	0:17:45(00:17:37)	0:35:55(00:35:47)
125	52	19	W40-49	Female	1169	GR	CHRISTINA SIMPA	-		0:00:02(00:00:00)	0:17:17(00:17:15)	0:35:59(00:35:57)
126	53	5	W30-39	Female	1174	GR	NEFELI GKOUNTI	-		0:00:09(00:00:00)	0:17:48(00:17:38)	0:36:06(00:35:56)
127	54	6	W30-39	Female	1183	UK	ANTA BLACK VELVET	-		0:00:11(00:00:00)	0:18:19(00:18:08)	0:36:13(00:36:01)
128	74	15	M30-39	Male	1184	GR	NIKOS RAGGOS	-		0:00:12(00:00:00)	0:18:18(00:18:05)	0:36:13(00:36:01)
129	55	20	W40-49	Female	1085	Greek	KATERINA ZIGOURI	-		0:00:06(00:00:00)	0:18:50(00:18:44)	0:36:19(00:36:13)
130	56	21	W40-49	Female	1043	Greek	SOTIRIA PAPAPETROU	-		0:00:05(00:00:00)	0:19:00(00:18:54)	0:36:20(00:36:14)
131	57	22	W40-49	Female	1089	Greek	OURANIA ATHANASIOY	-		0:00:09(00:00:00)	0:18:29(00:18:19)	0:36:20(00:36:10)
132	58	23	W40-49	Female	1088	Greek	MARIA PAPAGIANNOPOYLOY	-		0:00:04(00:00:00)	0:17:56(00:17:51)	0:36:20(00:36:16)
133	59	8	W50-59	Female	1044	Greek	SOULA MOKOU	-		0:00:00(00:00:00)	0:18:05(00:18:05)	0:36:22(00:36:21)
134	75	22	M29-	Male	1075	Greek	LABRINI VARGIOTI	-	SYLLOGOS DROMEON IOANNINON	0:00:07(00:00:00)	0:18:23(00:18:16)	0:36:31(00:36:23)
135	60	3	W60+	Female	1166	GR	GEORGIA ROPOKI	-		0:00:10(00:00:00)	0:18:04(00:17:53)	0:36:43(00:36:32)
136	76	7	M60+	Male	1159	GR	GEORGIOS GIANNIKOS	-		0:00:12(00:00:00)	0:18:32(00:18:20)	0:36:58(00:36:46)
137	61	9	W50-59	Female	1182	GR	AGGELIKI EYANGELIDOU	-		0:00:07(00:00:00)	0:18:24(00:18:16)	0:37:02(00:36:54)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
138	62	10	W50-59	Female	1052	Greek	LAMPRINI CHITA	-		0:00:01(00:00:00)	0:18:42(00:18:40)	0:37:44(00:37:42)
139	63	11	W50-59	Female	1062	Greek	ELENI RISTANI	-	SYLLOGOS DROMEON IOANNINON	0:00:06(00:00:00)	0:18:35(00:18:28)	0:38:24(00:38:17)
140	77	17	M50-59	Male	1063	Greek	DIMITRIOS DIAMANTIS	-	SYLLOGOS DROMEON IOANNINON	0:00:06(00:00:00)	0:18:36(00:18:29)	0:38:25(00:38:18)
141	64	12	W50-59	Female	1069	GR	VICKY TSOUNI	-	ΣΔΙ	0:00:08(00:00:00)	0:18:14(00:18:06)	0:38:34(00:38:26)
142	65	18	W29-	Female	1086	Greek	EIRINI-KASSIANI NTAKOUMI	-		0:00:09(00:00:00)	0:18:08(00:17:58)	0:38:53(00:38:43)
143	66	24	W40-49	Female	1175	GR	STAVROULA KALPAKA	-		0:00:10(00:00:00)	0:18:45(00:18:35)	0:38:59(00:38:49)
144	67	25	W40-49	Female	1020	Greek	VAGIA VASILIOU	-	Sylogos Dromeon Ioanninon	0:00:11(00:00:00)	0:19:07(00:18:56)	0:40:24(00:40:13)
145	68	7	W30-39	Female	1109	Greek	ANNA-SOFIA KYLONI	-	Πολιτιστικός Σύλλογος Ταρτούρος	0:00:14(00:00:00)	0:19:58(00:19:43)	0:40:31(00:40:17)
146	78	8	M60+	Male	1181	GR	SPYROS DAKOULAS	-		0:00:12(00:00:00)	0:20:19(00:20:06)	0:41:52(00:41:40)
147	69	26	W40-49	Female	1064	Greek	IFIGENEIA ROIMPA	-	SYLLOGOS DROMEON IOANNINON	0:00:06(00:00:00)	0:20:42(00:20:36)	0:42:33(00:42:27)
148	70	27	W40-49	Female	1066	Greek	KATERINA KOUTSOU	-	SYLLOGOS DROMEON IOANNINON	0:00:04(00:00:00)	0:20:44(00:20:40)	0:42:34(00:42:30)
149	71	13	W50-59	Female	1179	GR	SOFIA FARIDI	-		0:00:10(00:00:00)	0:21:41(00:21:31)	0:45:09(00:44:59)
150	72	28	W40-49	Female	1178	GR	EVANGELIA SAMARA	-		0:00:12(00:00:00)	0:23:52(00:23:40)	0:47:40(00:47:27)
151	73	29	W40-49	Female	1123	Greek	THALIA TOURMOUSOGLOU	-		0:00:01(00:00:00)	0:26:10(00:26:08)	0:53:16(00:53:14)
152	74	4	W60+	Female	1176	GR	ANASTASIA KOTIDOU	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:04(00:00:00)	0:26:08(00:26:03)	0:53:16(00:53:11)
153	75	5	W60+	Female	1177	GR	ELISAVET FOLINA	-	ΣΔΥ ΓΡΕΒΕΝΩΝ	0:00:04(00:00:00)	0:26:09(00:26:04)	0:53:16(00:53:12)
154	76	8	W30-39	Female	1124	Greek	AMALIA VASILEIOU	-	Tsimaris	-	-	1:11:18 (---:--)